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TV&Satellite week

25-31 July 2020

PLUS 5-PAGE WEEKLY GUIDE
NETFLIX prime BBC iPlayer Disney+ and more...

NEW

THE UMBRELLA ACADEMY

The superhero family are back to save the world

FRIDAY ON NETFLIX

NEW DRAMA

PRODIGAL SON
Michael Sheen's most chilling role yet

MUPPETS NOW
Kermit, Miss Piggy and the gang return

NEW COMEDY

NEW DRAMA

A SUITABLE BOY
Passion and politics in a lavish new series

HotList This week's 28

Saturday 25

Britain's Greatest Olympic Moments

***SPORT** BBC1 HD, 1.15pm*

Clare Balding and Gabby Logan count down the top 25 moments from Britain's Olympics history, including Ann Packer's 800m win at Tokyo 1964 (above).

Laurel Canyon

***DOCUMENTARY** Sky Documentaries HD, 9pm*

A profile of the musicians who made their mark in the Hollywood Hills community, including stars such as Eagles (above) and Joni Mitchell.

The Last Wave

***DRAMA** BBC4 HD, 9pm & 9.50pm*

In this supernatural French drama, set during a surfing competition in Biarritz, a huge wave engulfs all the participants. One by one, the surfers discover that they have been changed by the event.

Diana vs the Tabloids

***DOCUMENTARY** Channel 5 HD, 9.15pm*

A look at the Princess of Wales' complex relationship with the press, examining the deal she made with newspaper editors after her divorce from Prince Charles.

■ Full listings start on **p35**

Sunday 26

Fort Salem

***SUPERNATURAL DRAMA** BBC3 Online*

A new supernatural thriller follows three witches who train in combat magic and come up against a terrorist organisation known as the Spree. *See Your Watchlist, page 17*

Premier League

***FOOTBALL** Sky One HD & Sky Sports HD, kick-offs 4pm*

It's the final day of the season, with stand-out ties including Leicester City v Manchester United, West Ham v Aston Villa, and Chelsea v Wolves.

S.W.A.T.

***DRAMA** Sky One HD, 9pm*

Daniel 'Hondo' Harrelson (Shemar Moore) is back as series three begins with the team working with a senior LAPD Hollywood Division officer to try to stop a serial bomber.

A Suitable Boy

***DRAMA** BBC1 HD, 9pm*

EDITOR'S CHOICE Based on the novel by Vikram Seth, this drama tells of a student coming of age in the era of Indian independence. *See feature, page 6*

■ Full listings start on **p45**

Monday 27

Murder, Mystery and My Family

***DOCUMENTARY** BBC1 HD, 10am*

As the series returns, barristers Sasha Wass and Jeremy Dein reopen an investigation into an infamous Victorian poisoning. Continues all week.

EastEnders: Secrets from the Square

***SOAP** BBC1 HD, 8pm*

Stacey Dooley talks to Adam Woodyatt and Gillian Taylforth, AKA Ian Beale and mum Kathy, as they recall their first meeting at rehearsals in 1984.

Anthony

***DRAMA** BBC1 HD, 8.30pm*

A moving new Jimmy McGovern drama reveals the life that Anthony Walker could have lived had he not been murdered in a racist attack in 2005. *See feature, page 12*

The Confessions of Thomas Quick

***DOCUMENTARY** C4 HD, 10pm*

Sture Bergwall, known as Thomas Quick, was described as Sweden's Hannibal Lecter after confessing to 30 murders. However, were his confessions reliable?

■ Full listings start on **p55**

Tuesday 28

Bake Off: The Professionals

***COOKERY** C4 HD, 8pm*

LAST ONE! The final of the baking contest sees the best three teams challenged to produce edible chocolate hats and a historical banquet.

Joanna Lumley's Unseen Adventures

***TRAVELOGUE** ITV HD, 9pm*

In this new series, Joanna Lumley shares some previously unseen footage from her travels, beginning with a look at her journey from Japan to Siberia.

Prodigal Son

***DRAMA** Sky One HD, 9pm*

EDITOR'S CHOICE Michael Sheen stars as a prolific serial killer, whose son uses his homicidal heritage to help solve murder cases. *See feature, page 11*

Our Baby: A Modern Miracle

***DOCUMENTARY** C4 HD, 10pm*

Following Jake and Hannah Graf on their journey to become Britain's most prominent transgender parents with the birth of baby Millie in April this year.

■ Full listings start on **p65**

Facebook.com/TVSatelliteWeekMagazine

best shows

PROGRAMME DISRUPTION
Due to the coronavirus outbreak, programmes may face late disruption or cancellation

25 – 31 July 2020

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The dysfunctional superhero siblings are back for series two of *The Umbrella Academy*

6 TV week
Including new drama *A Suitable Boy*, based on the bestselling novel, the BAFTA TV Awards, Jimmy McGovern's new drama *Anthony* and Michael Sheen as a serial killer in *Prodigal Son*

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This week's big stories

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Including *Muppets Now* and supernatural drama *Fort Salem*

20 Documentaries
Including *Anne: The Princess Royal at 70* and *Our Baby: A Modern Miracle*

22 Films
Horror thriller *Sea Fever*

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World Snooker Championship

35 TV guide
Day-by-day TV listings

105 Kids' TV

106 Coming Soon

Wednesday 29

Inside the World's Toughest Prisons

DOCUMENTARY *Netflix*

As series four begins, Raphael Rowe spends a week behind bars at Tacumbú Prison in Paraguay, one of the most dangerous and overcrowded in the world.

Great Continental Railway Journeys

TRAVELOGUE *BBC2 HD, 8pm*

Michael Portillo begins his new series with an emotional journey through Spain, exploring the fascist regime of the 1930s that forced his father into exile.

Anne: The Princess Royal at 70

DOCUMENTARY *ITV HD, 9pm*

To mark Princess Anne's 70th birthday, this documentary looks at her sporting triumphs and her tireless charity work.

See documentaries, page 20

Coroner

CRIME DRAMA *Sky Witness HD, 9pm*

Serinda Swan returns in the hit Canadian drama as widowed coroner Jenny Cooper, who, at the start of the second series, is investigating a devastating fire in a low-income apartment block.

Full listings start on **p75**

Thursday 30

Celebrity MasterChef

COOKERY *BBC1 HD, 7.30pm & 8.30pm*

LAST ONE! The series concludes with a second semi-final and then the final, with the last three attempting to cook a faultless three-course meal for the judges.

Escape to the Chateau: Make Do and Mend

FACTUAL *C4 HD, 8pm*

Escape to the Chateau's Dick and Angel Strawbridge go online to help families across the UK with practical advice and imaginative ways to solve DIY dilemmas.

The Secret World of Your Rubbish

DOCUMENTARY *Channel 5 HD, 8pm*

A new documentary follows people dedicated to keeping Britain tidy, including the aptly named Crapper and Sons, who run a landfill site in Wiltshire.

Mrs America

DRAMA *BBC2 HD, 10pm*

LAST ONE! The drama charting the struggle for and against the passing of the Equal Rights Amendment in America draws to a close in election year 1979.

Full listings start on **p85**

Friday 31

The Umbrella Academy

SUPERHERO DRAMA *Netflix*

EDITOR'S CHOICE As series two begins, the superhero siblings find themselves in Dallas, Texas, in the 1960s, in the middle of a doomsday scenario. *See feature, page 4*

Muppets Now

COMEDY *Disney+*

Kermit the Frog, Fozzie Bear, Miss Piggy and the lovable gang of Muppets are back for a new series. Guests will include RuPaul, Taye Diggs and Linda Cardellini.

See Your Watchlist, page 14

Charlie's Angels

ACTION COMEDY *Sky Premiere HD, 12.30pm & 8pm*

Kristen Stewart, Ella Balinska and Naomi Scott are called into action when a young systems engineer blows the whistle on a dangerous technology.

BAFTA TV Awards

AWARDS *BBC1 HD, 7pm*

Richard Ayoade hosts with *The Crown*, *Gentleman Jack* and *Chernobyl* all in the running for honours in an awards night postponed from earlier in the year due to coronavirus. *See feature, page 8*

Full listings start on **p95**

SCHEDULE CHANGE

In the Long Run

Due to extended coverage of the Liverpool v Chelsea Premier League match, Sky moved the start date of *In the Long Run* from Wednesday 22 July to Thursday 23 July after we went to press with last week's issue. Sky are sorry for any confusion caused by the change.

ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: NETFLIX, SKY, ©2020 DISNEY AND ITS RELATED ENTITIES, BBC. HOTLIST WORDS: JIM FONE. HOTLIST PHOTOS: GETTY, PA IMAGES, ©2020 DISNEY AND ITS RELATED ENTITIES

BRAVE new world

Robert Sheehan and Tom Hopper on the superhero drama's return that sees the team in unfamiliar territory

NEW SUPERHERO DRAMA

The Umbrella Academy

From Friday 31 July, 10 episodes as a box set, Netflix

The first season of comic-book drama *The Umbrella Academy* ended with the dysfunctional superhero Hargreeves siblings not only failing in their mission to prevent an impending apocalypse, but inadvertently causing it.

So using the abilities of one of their number, Five (Aidan Gallagher), to travel through space and time, they all leapt through a portal to try once more to save the world. But again, things didn't go according to plan.

Season two opens with the siblings having been transported back to Dallas, Texas, in the early 1960s, but not together. They are scattered over a three-year time period and must find each other again – and quickly – because there's a fresh apocalypse brewing and they only have a week to stop it.

While Luther (Tom Hopper) is boxing in back rooms to earn his keep, Allison (Emmy Raver-Lampman) is married, active in the civil-rights movement and has made a conscious decision to stop using her powers. Diego (David Castañeda) is in a sanatorium after trying to warn of the assassination of President John F Kennedy, while Vanya (Ellen Page) can't remember who she is, and Klaus (Robert Sheehan) has become a cult leader.

TV&Satellite Week chatted to Hopper, 35, and Sheehan, 32, to find out more…

Where do we find your characters at the start of season two?

Hopper: We're in a situation we've not found ourselves in before, away from The Umbrella Academy, and having to fend for ourselves a bit.

How does Klaus, who is such a flamboyant character, fit in with this time period?

Sheehan: Klaus has been off drugs for quite some time. He's spent a fair bit of time on his own. I wanted him to have that sort of sorrow of sobriety hanging over him. But that's not to say that Klaus isn't taking full advantage of the time – the show might even hint at him being an instrumental figure in bringing in the aesthetics of the 60s.

Tom, you have to wear a bodysuit to play Luther, who has the upper body of an ape. What's that like?

Hopper: It's got its positives and its negatives. We shoot through the very, very hot and the very, very cold weather in Toronto – and the hot days are definitely harder. But you crack on with it and it really helps me feel what it's like to be Luther. He isn't comfortable in that body either – he's an awkward, smaller man in a huge body – so as soon as I put that suit on and I'm immediately uncomfortable in it, it makes me feel more like Luther.

The siblings land in America at various points the early 1960s. It's a very interesting period in history…

Sheehan: Our show's always harping on about the apocalypse, so I thought it was clever to choose the early 60s because they had the Cuban Missile Crisis in 1962 and they were living in a genuinely apocalyptic world. Everybody thought every day would be their last day.

Hopper: It's quite apt that it's coming out at this section of the year, after everything we've gone through and what's going on in the world. I just hope to God that this world doesn't have The Umbrella Academy trying to save them!

How has it been going to events such as Comic-Con and seeing people dressed up as your *Umbrella Academy* characters?

Sheehan: It's so lovely and dedicated. Two weeks before lockdown, me and my agent went to Chicago for one of these events – and if we didn't get corona there, it's a pure lottery, because I hugged, like, two or three thousand people in two days! The costumes are so impressive, it's all part of their community – they get together and try to one up each other. It's great.

WORDS: STEVEN PERKINS. PHOTOS: NETFLIX

Robert Sheehan (Klaus) and Tom Hopper (Luther)

The siblings must reunite

Who's new? A guide to this season's fresh faces...

Lila
Ritu Arya
A fellow patient with Diego Hargreeves in the sanatorium, Lila joins him when he breaks out, but can she be trusted?

Sissy
Marin Ireland
The brave young mother gives Vanya support and somewhere to live while she tries to regain her memories.

Harlan
Justin Paul Kelly
Sissy's non-verbal son forms an unexpected bond with Vanya while she stays with the family in 1963.

Raymond
Yusuf Gatewood
Allison's husband is also in the civil-rights movement, but there are things he doesn't know about his new wife.

Elliot
Kevin Rankin
The alien obsessive witnesses The Umbrella Academy's separate arrivals and helps Five find his siblings.

'Lata is colourful, confident and full of life'
TANYA MANIKTALA

Forbidden *love*

A tale of **passion and politics** comes to the screen in BBC1's lavish new drama set in 1950s India

NEW DRAMA
A Suitable Boy
Sunday, BBC1 HD, 9pm

When it comes to turning great works of literature into compelling, unmissable TV dramas, no one does it better than Andrew Davies.

The veteran writer has a long list of hits to his name, from *Pride and Prejudice* and *Tipping the Velvet* to more recent series such as *War & Peace* and *Les Misérables*.

So who better to bring Vikram Seth's 1993 novel *A Suitable Boy* to the screen in a lavish six-part series featuring sumptuous costumes, stylish weddings and stunning locations?

Set in 1951, shortly after India's independence from Britain, *A Suitable Boy* follows the parallel stories of free-spirited young literature student Lata Mehra and enchanting courtesan Saeeda Bai.

We first meet Lata as her widowed mother Rupa tries to arrange a suitable match for her youngest daughter.

Rupa is basking in the success of eldest daughter Savita's marriage to university lecturer Pran. However, Lata defies her mother's wishes and becomes involved with three very different suitors over the course of several months.

'Lata is colourful, confident and full of life,' says newcomer Tanya Maniktala, who plays her. 'She is on a journey to find herself – despite what her mother wants for her – and she will do exactly what her heart says. She's an open-minded girl and not afraid of making mistakes.'

Lata's three suitors couldn't be more different – Kabir is a Muslim boy she meets in the university library, Amit is a poet and author, and Haresh is a shoe manufacturer.

'Haresh is the most unsuitable suitor of them all. They have nothing in common but they do share a vulnerability,' laughs Maniktala. 'Lata is very passionate with Kabir, while she and Amit are very like-minded and connect through books and words.'

Elsewhere, the series also examines the relationship between Pran's charming but reckless younger brother, Maan, and courtesan Saeeda Bai, a woman who is twice his age. The pair embark on a passionate affair, which could lead to scandal for Maan's politician father at a pivotal moment in his career.

Maan falls for courtesan Saeeda

WORDS: ELAINE REILLY. PHOTOS: BBC

Lata with her three suitors, Amit, Haresh and Kabir

Lata and her mum Rupa have very different ideas

'Saeeda Bai is completely overwhelmed when Maan, a young boy from a respectable political family, falls madly in love with her,' reveals *Life of Pi* actor Tabu, who plays the glamorous courtesan.

'She tries to protect herself from his love, because she knows the danger. But when he brings her a book because she's fond of poetry, she realises his love is pure. She gives in to that feeling of being respected and desired by a man, not for sex or entertainment, but because he values her as a person with a spirit.'

As post-partition tensions build between Muslim and Hindu communities, and India's first national democratic election looms, everyone is drawn into a critical moment in history and choices have to be made.

POLITICAL UPHEAVAL

'The political background plays a vital part in all their lives,' explains Maniktala. 'Everyone is affected by partition and its aftermath.'

'Saeeda Bai's life is very affected by the political changes,' adds Tabu. 'Courtesans lived on the patronage of powerful people and politicians. As things begin to change, the whole culture of courtesanship starts to diminish.'

With the original novel stretching to over 590,000 words and including more than a hundred characters, Davies had his work cut out adapting it into a six-part series, but he was helped by the author himself, who took a keen interest in the project.

'Vikram Seth was on set often and he was so helpful whenever we wanted to ask him more details,' says Maniktala. 'The way Andrew has adapted the script from the novel is amazing. You do not feel like this immense novel could be transformed to six hours on TV, but he has done a brilliant job.'

But will the series also include Davies' trademark raciness?

'Yes, we have all that!' laughs Tabu. 'A lot of the characters are exploring their sexuality. Plus, there is amazing music, beautiful costumes, wonderful make-up and hair – it almost feels like a Bollywood movie!'

WHO'S WHO?

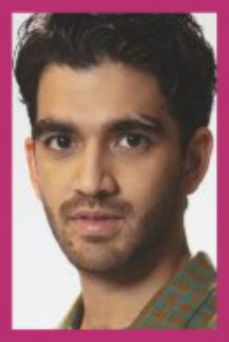
Lata Mehra
Tanya Maniktala

The spirited student begins three romances over 18 months. Who will she ultimately decide to spend the rest of her life with?

Rupa Mehra
Mahira Kakkar

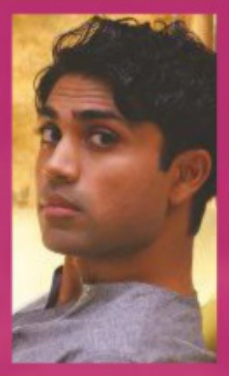
While getting married is the last thing on Lata's mind, her mum sets about finding a husband for her youngest daughter.

Kabir Durrani
Danesh Razvi



The Muslim boy begins a passionate, but frowned upon, affair with Hindu girl Lata. Will there be repercussions?

Amit Chatterji
Mikhail Sen



Lata connects with poet Amit on an intellectual level, but will a love of books prove to be enough to sustain a long-term relationship?

Haresh Khanna
Namit Das

Lata catches the eye of self-assured shoe manufacturer Haresh when she's sent to Calcutta after a failed attempt to run away with Kabir.

Maan Kapoor
Ishaan Khatter

The well-connected, impetuous young man devotes himself to courtesan Saeeda Bai, but with serious consequences for his nearest and dearest.

Saeeda Bai
Tabu

The mesmerising courtesan is shocked by her feelings for Maan. However, she has a secret that must be protected at all costs.

BAFTAs' big battles

The **stars and shows going head-to-head** in the main categories at this year's socially distanced TV awards ceremony...

NEW AWARDS
BAFTA TV Awards
Friday, BBC1 HD, 7pm

The wait for this year's BAFTA TV Awards has been a little longer than usual. Originally scheduled for 17 May, the ceremony was postponed due to the coronavirus outbreak.

While it's now back on the calendar for this Friday, the 2020 awards will look very different – Richard Ayoade will host from a closed studio and the nominees will attend virtually. Here's our guide to the big battlegrounds in this year's contest…

LEADING ACTOR

Jared Harris may not have taken home an Emmy for his role as real-life investigator Valery Legasov in Sky Atlantic's nuclear-plant disaster drama *Chernobyl*, but he's favourite to win the BAFTA. He's up against two fellow first-time nominees – Callum Turner for BBC1's surveillance drama *The Capture* and Takehiro Hira for BBC2's crime thriller *Giri/Haji*. Stephen Graham, meanwhile, picks up his second Leading Actor nomination (after *This Is England '90* in 2016) as a man trying to make sense of buried childhood traumas in C4's *The Virtues*.

LEADING ACTRESS

Could it be two in a row for Jodie Comer? She scooped the award for her role as psychopathic assassin Villanelle in the BBC's *Killing Eve* last year, and since then she's won an Emmy, making her the favourite this year. But she's up against Suranne Jones (who won for *Doctor Foster* in 2016) as 19th-century lesbian landowner Anne Lister in *Gentleman Jack*, Samantha Morton as a woman drowning in debt in C4's *I Am Kirsty* and two-time Oscar-winner Glenda Jackson as a woman living with dementia in BBC1's *Elizabeth Is Missing*.

Host Richard Ayoade

DRAMA SERIES

It could be third time lucky for Netflix's lavish Royal Family drama *The Crown*, which is predicted to take home the prize this year after missing out on in 2017 and 2018. C4's apocalyptic dark comedy *The End of the F***ing World* picks up its second nomination, after losing to *Peaky Blinders* in 2018, while *Gentleman Jack* and *Giri/Haji* are first-time nominees.

SINGLE DRAMA

This is a very strong category for the BBC with nominations for BBC1's heart-rendering dementia drama *Elizabeth Is Missing*; BBC2 real-life legal drama *Responsible Child* about two brothers accused of murdering their abusive stepfather; and BBC3 Online's *The Left Behind*, which explored the rise of the far-right in Britain's post-industrial towns. C4's *Brexit: The Uncivil War*, about the Vote Leave campaign, completes the line-up.

MINI-SERIES

After triumphing in this category at the Emmys, *Chernobyl* looks very much the front runner, but three home-grown hits will give it a run for its money: ITV's true-crime drama *A Confession* starring Martin Freeman, about the investigation into the murders of Sian O'Callaghan and Becky Godden-Edwards; BBC1 thriller *The Victim* starring Kelly Macdonald as a grieving mother; and Shane Meadows' *The Virtues* on C4.

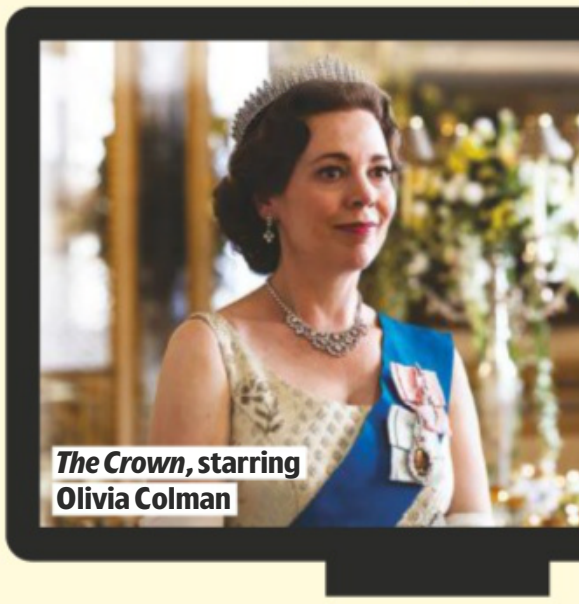
INTERNATIONAL

Sky Atlantic's *Succession*, centring on a powerful and dysfunctional media family, will be hard to beat in this category, having pulled off the admirable feat of delivering a second season that was even more favourably received than the first one. However, don't bet against Netflix's *When They See Us*, the story of five juveniles wrongly convicted of the sexual assault of a female jogger in Central Park in 1989. Netflix's *Unbelievable* – about the investigation into a series of rapes in Washington State and Colorado from 2008 to 2011 – and Sky Atlantic's edgy teen drama *Euphoria* are outside bets.

SCRIPTED COMEDY

C4's reputation for quality comedy precedes it in this category, with three out of the four nominees coming from the channel. Both *Derry Girls* and *Stath Lets Flats* were nominated in this category last year, losing out to Julia Davis' *Sally4Ever* on Sky Atlantic, and return for another shot alongside *Catastrophe*'s final series – also on its second nomination, after losing to *This Country* in 2018. But can any of them see off the formidable challenge of Phoebe Waller-Bridge's all-conquering BBC comedy *Fleabag*?

Takehiro Hira from *Giri/Haji*



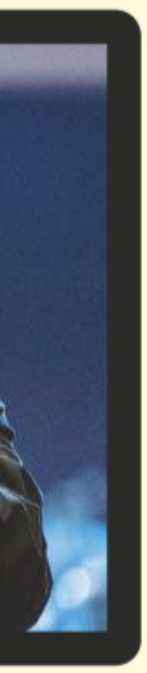
The Crown, starring Olivia Colman

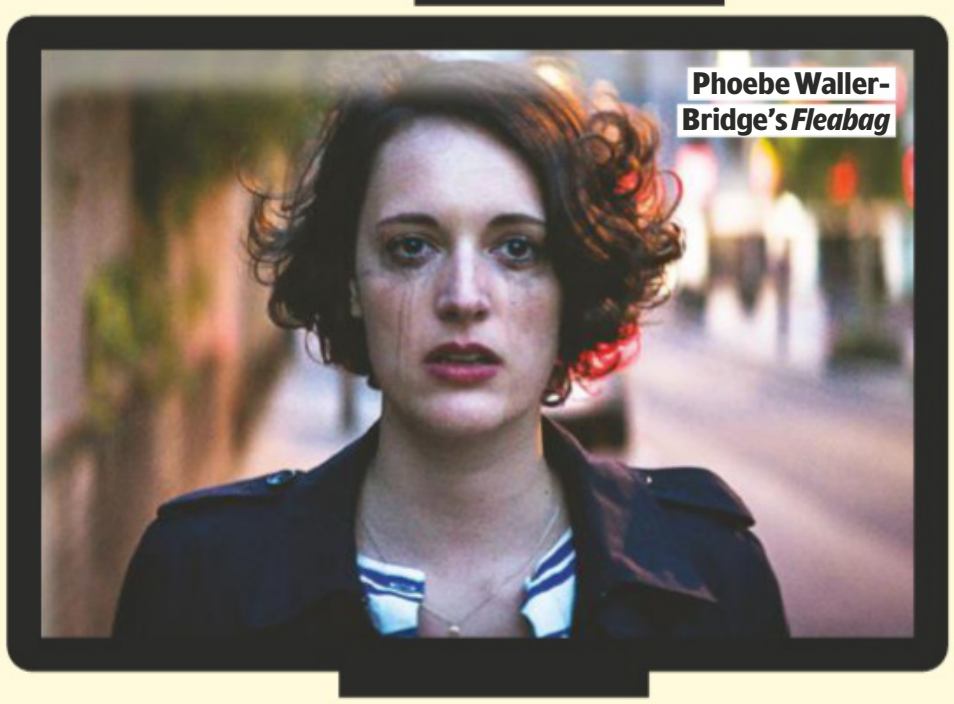
WORDS: STEVEN PERKINS, ALISON SLADE. PHOTOS: BAFTA, BBC, ITV, NETFLIX, SKY, GETTY, HBO

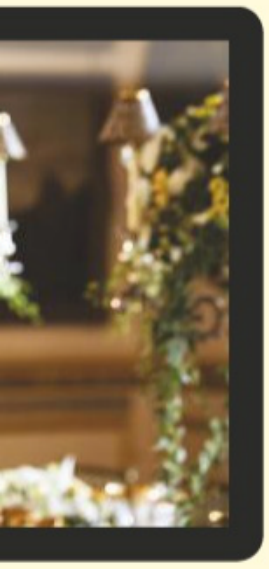
Succession

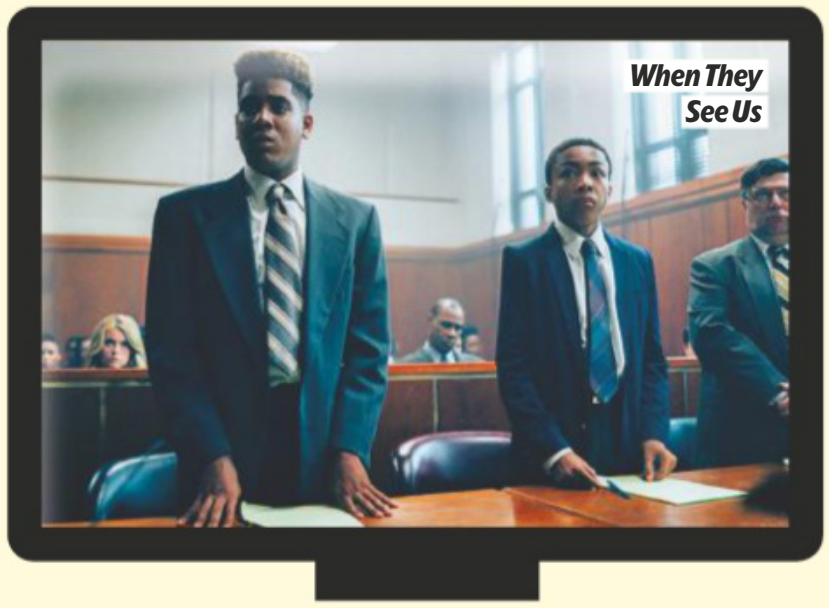
Jared Harris in *Chernobyl*

Killing Eve's Jodie Comer




Phoebe Waller-Bridge's *Fleabag*




When They See Us

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Gary lies lifeless on the cobbles

CORONATION STREET

Is killer Gary dead?

If ever there was proof needed that Gary was still in love with Sarah, this is it. Sarah's panicked after finally sussing that her ex-boyfriend murdered loan shark Rick Neelan, and as she runs off while calling 999, she fails to notice an oncoming car.

Gary knows that if she were killed, she'd take his secret to her grave. But rather than protect himself, he protects her; pushing her out of the path of the vehicle and getting struck in the process.

Sarah's horrified as Gary lays lifeless on the cobbles, and she begs him to wake up. Over at Weatherfield General, she tells hubby Adam and Gary's fiancée Maria how Gary saved her life, but Adam is suspicious when eyewitness Tyrone recalls how he saw Gary chasing Sarah, and her scarpering from him. Sarah insists Ty is mistaken, but Adam senses his wife is lying. Is she trying to protect her dodgy ex?

And if so, is that because she's still in love with Gary, too?

Gary pushes Sarah safely out of the way

PLUS Geoff's former victim, Elaine, agrees to give evidence against him in court, Aggie is forced to self-isolate when her colleague displays COVID-19 symptoms, and Sean loses his rag as Mary indulges in some Italian balcony singing.

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ALSO IN THE SOAPS THIS WEEK...

EMMERDALE

Jamie (right) dupes Andrea into thinking he wants her, Charity and Sarah overhear Priya talking to Kirin's sister, Moira finds out about Rhona and Nate's partnership, and there's a charged moment between Victoria and Luke.

EASTENDERS

The show is temporarily off-air, but fans can see Adam Woodyatt and Gillian Taylforth (Ian and Kathy) in *EastEnders: Secrets from the Square*, plus watch the 'Who killed Lucy?' story from 2015 near its climax (right).

DAZZLING INSIDE OUT HOOP EARRINGS

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Sins of the father

The Silence of the Lambs meets *Mindhunter* in a twisted new thriller starring **Michael Sheen**

NEW DRAMA
Prodigal Son
Tuesday, Sky One HD, 9pm

After recent appearances in *Quiz* and *Staged*, Michael Sheen is back this week in his most chilling role yet – as a serial killer in new US drama *Prodigal Son*.

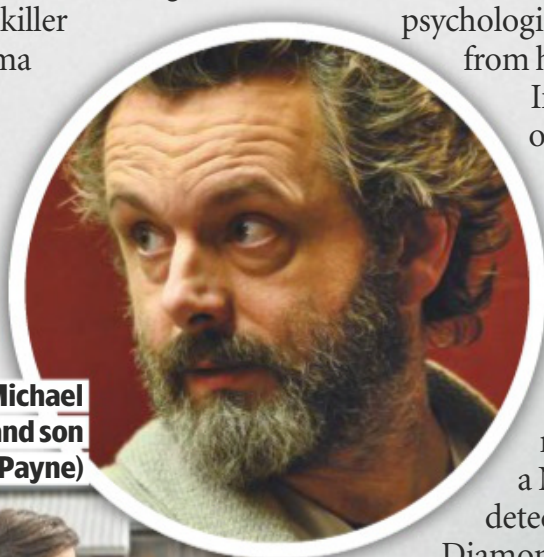
The actor plays Dr Martin Whitly, AKA The Surgeon, a brilliant Manhattan doctor incarcerated in a psychiatric hospital after committing 23 gruesome murders several years ago.

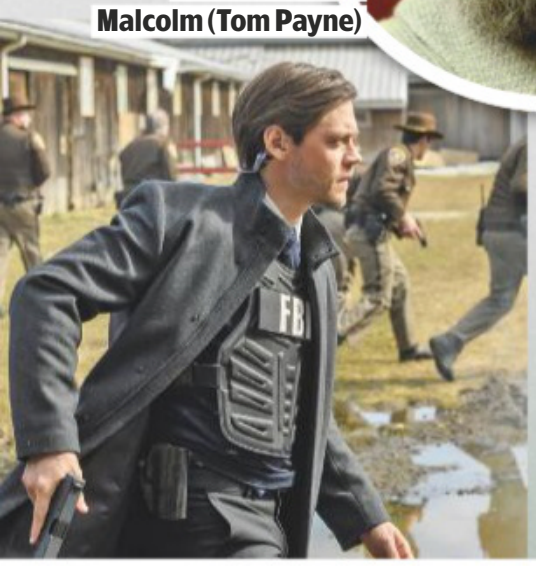
Meanwhile, his wife, Jessica (*Scandal*'s Bellamy Young), and two children, now adults, continue to deal with the psychological fallout from his crimes.

In this week's opener, his criminal-profiler son Malcolm (*The Walking Dead*'s Tom Payne) is recruited by a New York detective (Lou Diamond Phillips) to help solve ongoing murder cases in the city, using the insight from his father's actions.

However, as Malcolm visits his father to take advice on the cases, he is haunted by nightmares and lives in fear that he will also succumb to the same sociopathic impulses.

Here, Sheen, 51, reveals more about his challenging role…





Whitly (Michael Sheen) and son Malcolm (Tom Payne)

What can you tell us about *Prodigal Son*? It is kind of a modern Gothic drama. There's repressed, under-the-surface horror and an almost operatic feel. It is really dark. There is a procedural aspect to it, and also this domestic drama threaded through the series. It asks, what if Hannibal Lecter was Clarice Starling's dad?

What is the relationship like between Whitly and Malcolm? Whitly has done some of the most awful things and yet seems to be a loving father. There's an interesting dynamic between father and son; if the character's done the things he's done, is he capable of feeling love?

How did you approach the role? People always say it must be fun to play a big villain but this is about something that's real; these things happen. This is a horrible, destructive, painful, grief-filled landscape. There is nothing fun about it. But I liked the challenge of playing someone who seems very likeable and charming. He uses that disguise like animals do – bright colours to lure prey.

What research did you do? I watched a couple of documentaries, including on Harold Shipman. It looked at how a doctor, someone trusted, could be doing terrible things.

How did you switch off after playing such an evil character? If the subject matter has an innate risk to it, it doesn't matter how you approach it. It will affect you. You have to embrace that, but I don't do this stuff lightly.

You liked…

Sherlock on BBC1

This BAFTA-winning reimagining of the Sherlock Holmes stories starred Benedict Cumberbatch as the famous sleuth and Martin Freeman as his assistant, Dr John Watson. It's been more than three years since we saw the pair on screen, but fans hope the series will return for a fifth season.

Now try this…

Enola Holmes on Netflix

Adapted by Jack Thorne, this one-off mystery is set in 1884 England and stars *Stranger Things*' Millie Bobby Brown as Enola Holmes, the teenage sister of Sherlock (Henry Cavill) and Mycroft (Sam Claflin). When her mother (Helena Bonham Carter) disappears, Enola turns sleuth to discover her whereabouts.

WORDS: RICHARD MCCLURE. PHOTOS: SKY, BBC, NETFLIX, FOX

Look Who's Back...

A familiar face appearing in a new show this week

Dick Strawbridge

Escape to the Chateau: Make Do and Mend

NEW Thursday, C4 HD, 8pm

1998

Ex-Army officer Dick Strawbridge is best known for his C4 series *Escape to the Chateau* (2016-2019). It followed him and wife Angel in their quest to restore a 19th-century French castle. He began his TV career in 1998 competing on C4's *Scrapheap Challenge*, which he went on to host. In 2006, he fronted *It's Not Easy Being Green* and he's also appeared on *Coast*, *The Biggest Little Railway in the World* and *Trainspotting Live*. In 2010, he took part in *Celebrity MasterChef*.

HIS NEW SHOW

Strawbridge, 60, and his wife are back for this new four-part series, which sees them offering tips to families looking for imaginative ways to solve their DIY dilemmas using what they have to hand. The series is filmed entirely by the Strawbridges at their chateau, and they will also communicate online with families looking for practical advice and solutions. 'Between the two of us, we have nearly a century's worth of "make do and mend" experience,' says Strawbridge.

Dick and Angel Strawbridge

WORDS: HANNAH DAVIES, IAN MACEWAN, RICHARD MCCLURE. PHOTOS: BBC, C4, CBS, SKY

Toheeb Jimoh plays murdered Anthony Walker

A life cut short

A powerful drama imagines the life **Anthony Walker**, the Liverpool teenager killed in a racist attack, might have led

NEW DRAMA

Anthony

Monday, BBC1 HD, 8.30pm

It's 15 years since Liverpool teenager Anthony Walker was killed in a brutal racist attack that robbed him of a bright future.

On the night of 29 July 2005, the A-level student was at a bus stop with his girlfriend and cousin when he was racially abused, chased and attacked by Michael Barton, brother of footballer Joey Barton, and Paul Taylor, who killed Anthony with an ice axe.

To mark the 15th anniversary of the murder, writer Jimmy McGovern has created a powerful drama, starring Toheeb Jimoh in the title role, that imagines the life Anthony might have led had he lived, and re-creates the shocking events of that tragic night.

Liverpudlian McGovern, whose 1996 TV film *Hillsborough* dramatised the 1989 football stadium tragedy, vividly recalls the shock waves felt in his native city following Anthony's death.

REVULSION

'It had such an impact,' says the *Cracker* creator. 'The sense of outrage was enormous, with everybody marching wanting to be associated with the Walker family and their grief. It was akin to Hillsborough in that regard.'

The drama was inspired by conversations McGovern had with Anthony's devout mother Gee – played by Rakie Ayola – who forgave her son's killers.

'She's got the most powerful Christian faith of anybody I've ever met,' says McGovern. 'When she said she forgave those two young men, my God, the city of Liverpool was just overwhelmed with feeling. She's an amazing woman.'

McGovern already knew Gee, having previously approached her to help him with other writing projects. 'Every time I needed to talk about loss or grief, I went to Gee Walker first,' he recalls. 'She was really forthcoming and generous. And then one day, Gee

Rakie Ayola as Anthony's mother

Standing at the bus stop with girlfriend Louise (Tilita Whittick-Knight)

Fictional events include Anthony marrying a wife, played by Julia Brown

said to me, "It's my turn now." And you don't say no to Gee!'

The highly original format of the drama blends fact with fiction.

'I'd been thinking about World War One, and what those men who died might have achieved in their lives. And that got me thinking about Anthony,' says McGovern, 70.

STOLEN YEARS

Actor Jimoh, who plays Anthony, was deeply affected by his story.

'Everyone spoke about how joyous and kind Anthony was, and how much love for life he had. I was painfully aware that, had I been born at a different time, and been at that bus stop in Liverpool, that could have been me,' he explains.

'Hopefully I'm going to get married and do all these things that Anthony didn't get to do. I took a lot from that.'

Jimoh believes that, coming at the height of the Black Lives Matter movement, this retelling of Anthony's story seems particularly timely.

> 'It had such an impact. The sense of outrage was enormous'
>
> JIMMY McGOVERN

'The fact that they coincide is brilliant,' he says. 'Now this film gets to be a part of a bigger conversation about our society's struggles with racism. A lot of people look at the Black Lives Matter movement and think it's [just] an American problem. It isn't.'

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Serinda Swan as Jenny Cooper

NEW Coroner

Wednesday, Sky Witness HD, 9pm

The Canadian drama moves to Sky Witness for its second eight-part season. It follows recently widowed coroner Jenny Cooper (Serinda Swan), who tries to uncover the reasons for suspicious deaths in Toronto. In the second season, Jenny faces a period of upheaval, with her son turning 18 and leaving the nest, and her father's dementia worsening. In the opening episode, she connects with a woman who's lost everything in a fire – but does danger lie ahead? 'On one side of her life, Jenny is incredibly capable, but on the other side, she is losing her mind,' says Swan. 'All these aspects in Jenny's life are coming to a head, and you watch her trauma spring up in new ways.'

NEW MacGyver

Sunday, Sky One HD, 8pm

As the show returns for a fourth run, *Lost*'s Henry Ian Cusick (left) joins as Russ Taylor, who recruits former Phoenix Foundation members Mac, Riley, Bozer, Matty and Desi to hunt down a bioweapon. The new season also features *The Walking Dead*'s Xander Berkeley as shady Department of Defense general John Acosta, who recruits Mac to steal a highly classified project from a military lab.

NEW S.W.A.T.

Sunday, Sky One HD, 9pm

Shemar Moore returns as Daniel 'Hondo' Harrelson in the third season of the drama, which sees the team work with Lt Piper Lynch from LAPD Hollywood Division as they race to stop a serial bomber using drones as detonation devices. Later in the run, the team hunt the dangerous leader of a doomsday cult...

NEW The Last Wave

Saturday, BBC4 HD, 9pm & 9.50pm

David Kammenos and Marie Dompnier star in this six-part French-language drama. During a surfing contest in Biarritz, competitors are engulfed by a huge wave. As the days pass, they begin to return home dazed and confused, with no memory of the event – then they each learn that they now possess inexplicable powers.

MUPPET mania

The **evergreen puppets** offer up more mirth and mayhem in their new show

Disney+ Muppets Now

NEW *Genre:* *Comedy* *Available:* *Friday 31 July*
Season: *1* *Episodes:* *6 (released weekly)*
Runs: *25min* *TVSW says:* *Fun for all the family*

Kermit the Frog, Miss Piggy and the rest of the gang have been brightening up our lives for over 40 years, ever since they first showcased their madcap, mischievous antics and infectious exuberance in their debut TV series, *The Muppet Show*, back in 1976.

Since then, they have graced the silver screen in an array of blockbuster movies and now, four years after their last TV show, they are let loose in their first-ever unscripted series *Muppets Now*.

The six-part magazine-style show streams weekly on Disney+ and sees put-upon gofer Scooter desperately trying to deliver the episodes on time as the other Muppets 'helpfully' chip in with unwelcome ideas for the series and demands for alterations.

Fozzie Bear (below) gets ready to meet a special guest

CELEBRITY GUESTS

'It's an incredible show that is wild and funny and features some new friends,' reveals Kermit. 'Scooter is very busy. I hope that nobody drove him crazy with last-minute requests or notes but I did have some thoughts…'

The series features a variety of entertaining segments hosted by the Muppets. Cookery comes under the spotlight courtesy of the useless and incomprehensible Swedish Chef, who goes head-to-head with an array of celebrity foodies, including *Spy Kids* actor Danny Trejo, in culinary challenges.

Meanwhile, bespectacled scientist Dr Bunsen Honeydew and his taciturn, luckless assistant Beaker conduct a host of off-the-wall experiments and irrepressible Pépe the King Prawn presents *Pépe's Unbelievable Game Show*.

Several other famous faces taking part in the series include Hollywood star Seth Rogen and *Parks and Recreation*'s Aubrey Plaza and, in the first episode, Kermit interviews RuPaul for in-depth chat show *Mup Close and Personal*. But Kermit's attempts at serious questioning are sabotaged as the other Muppets are also keen to talk to the *Drag Race* star.

'Ru and I are both fashion role models, so I wanted to know what Ru's clothes say about him,' explains the irrepressible Miss Piggy, who

Kermit and Miss Piggy return alongside lots of familiar faces

Bunsen and Beaker with Joe the Legal Weasel

takes centre stage in her own fitness and beauty slot *Lifesty*, which she swiftly renames *Lifestyle*.

The temperamental porcine diva's glitzy vlog, overseen by sinister Uncle Deadly, sees *Dead to Me*'s Linda Cardellini offer advice on how to live your best life and stay trim, while Piggy tries out various treatments with *Private Practice*'s Taye Diggs, including a face-slapping massage.

'I started the vlog to give back to the people who love me the most – everyone!' says Miss Piggy. 'I was so excited to try new things with Taye. We have fabulous panel discussions and answer questions from the fans, so I don't have to think up more than one question.'

What we're watching...

A sneak peek at what's being watched by our team

Period drama

Birdsong

Season: 1 Episodes: 2
Runs: 85min

Eddie Redmayne stars in an exquisite adaptation of Sebastian Faulks' novel. He plays British World War One officer Stephen Wraysford, who recalls his affair with Frenchwoman Isabelle Azaire (Clémence Poésy) in 1910.

Comedy

Staged

Season: 1 Episodes: 6
Runs: 15-18min

One of the most enjoyable lockdown comedies we've seen. David Tennant and Michael Sheen clearly relish their roles as fictionalised versions of themselves, as they prepare to rehearse a play via video calls.

Documentary

#Anne Frank - Parallel Stories

Runs: 94min

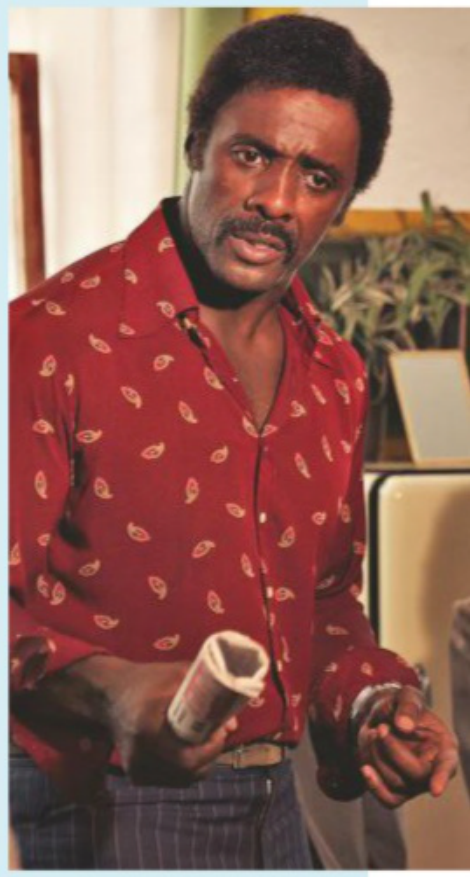
Dame Helen Mirren tells the moving story of Anne Frank through her diary alongside those of five Holocaust survivors, who were also deported to concentration camps as adolescents, but survived and lived their lives.

Drama

Guerrilla

Season: 1 Episodes: 6 Runs: 60min

In the Long Run's Idris Elba and *Penny Dreadful: City of Angels*' Rory Kinnear are among the cast of this powerful drama about black activism in early 1970s London. Written and co-directed by *12 Years a Slave* Oscar-winner John Ridley, the six-part series centres around a couple (Freida Pinto and Babou Ceesay) whose relationship and values are tested when they set out to free a political prisoner and launch a radical movement.



Reality

Say I Do

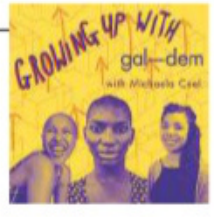
Season: 1 Episodes: 8 Runs: 53-58min

In this feel-good reality series from the creator of *Queer Eye*, three wedding experts (a fashion designer, an interior decorator and a chef) create surprise dream weddings in less than a week for eight lucky couples.

What we're listening to...

The podcasts the *TVSW* team are tuning in to

Growing up with gal-dem



Michaela Coel, star and creator of BBC series *I May Destroy You*, recently dropped in for a chat on this weekly pod about growing up, hosted by Liv Little and Charlie Brinkhurst-Cuff. The rising star discussed old diary entries, text messages and letters as she pondered the lessons of youth.

Still Watching: Mrs America

Vanity Fair critics Joanna Robinson and Richard Lawson discuss every episode of BBC2 drama *Mrs America*, which tells the story of the movement to ratify the Equal Rights Amendment in the 1970s. Stars of the show, including Cate Blanchett, Rose Byrne and Tracey Ullman, also drop in to chat about the series.

How to get podcasts

1. On your smartphone go to the app store and type 'podcast app'.
2. Download one of the podcast players (you may find there's one pre-installed on your phone).
3. Open the player and type in the name of a podcast or an area that interests you – for example, 'comedy'.
4. Choose a podcast and press play.

WORDS: CAREN CLARK, JUDY EWENS, SEAN MARLAND. PHOTOS: BBC, BRITBOX, ©2020 DISNEY AND ITS RELATED ENTITIES, NETFLIX, SKY

Watch it or dodge it

What the critics are saying about the latest releases...

Hanna

prime

Genre: Drama Season: 2 Episodes: 8 Runs: 46-52min

The second season of the action thriller about a rebellious teenager, Hanna (Esmé Creed-Miles), who discovers that she's a genetically enhanced super-soldier, has impressed critics. 'It's a perfect binge,' enthused one. 'It is still an action-packed romp in its second season, but it also grows into a fascinating exploration of identity, family and loyalty,' said another.

Hamilton

Disney+

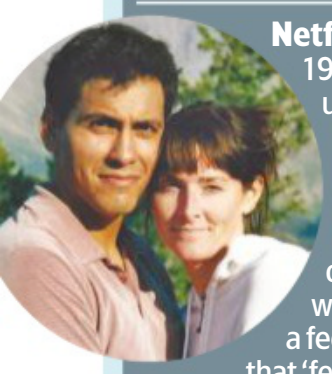
Genre: Musical Runs: 160min

Would a version of Lin-Manuel Miranda's smash-hit musical, filmed at the Richard Rodgers Theatre with the original Broadway cast, translate to the small screen? The answer has been a resounding yes from critics. 'It isn't exactly like going to the theatre, but it still delivers a theatrical thrill,' said one review of the story of penniless immigrant Alexander Hamilton, who became one of America's Founding Fathers. 'It has lost none of its punch on the small screen – in fact, it hits harder than ever,' said another.

Unsolved Mysteries

NETFLIX

Genre: Documentary Season: 1 Episodes: 6 Runs: 39-53min



Netflix's reboot of the classic 1980s documentary series about unexplained mysteries has had a mixed response from critics – ranging from 'sleek and streamlined' to 'some episodes move slower than others'. The lack of a host, which the original had, 'leads to a feeling of repetition' in a show that 'feels generic'.

For fans of zombies...

Fear the Walking Dead

prime

NEW *Genre: Horror drama Available: Wednesday 29 July Season: 5 Episodes: 16 Runs: 42-45min*

The fifth season of the spin-off to *The Walking Dead* includes a crossover episode between the two shows as the group led by Alicia Clark (Alycia Debnam-Carey) and Morgan Jones (Lennie James) search for other survivors of the apocalypse and try to make up for their wrongdoings.

If you like documentaries...

Inside the World's Toughest Prisons

NETFLIX

NEW *Genre: Documentary Available: Wednesday 29 July Season: 4 Episodes: 4*

Investigative journalist Raphael Rowe visits maximum-security prisons in Paraguay, Germany, Mauritius and Lesotho to find out about the power structures in these hostile environments.

Good Girls

NETFLIX

NEW *Genre: Comedy drama Available Sunday 26 July Season: 3 Episodes: 11 Runs: 41-44min*
TVSW says: Get set for surprises...

The dark comedy drama returns for a third run following the criminal exploits of three suburban mums. Picking up after Beth (Christina Hendricks) shot gangster Rio in season two's finale, Beth begins a new venture, printing counterfeit money with Annie (Mae Whitman) and Ruby (Retta). In the opening episode, a guilt-stricken Beth befriends Rhea, the mother of Rio's child, played by *Orange Is the New Black*'s Jackie Cruz – but is the gangster really dead? 'This year the women are trying to take over the crime world,' says Hendricks. 'They are like, "Well, we're already in it, we might as well be really good at it."'

Beyoncé stars in the spectacular

Black Is King

Disney+

NEW *Genre: Musical drama Available: Friday 31 July*
TVSW says: A real showstopper

This new 'visual album' from Grammy-winning superstar Beyoncé is based on music from *The Lion King: The Gift*, the soundtrack to Disney's 2019 film that Beyoncé curated and which featured several African artists. The story picks up where *The Gift* left off, weaving together influences and traditions from across the continent as it tells the tale of a young black king's journey to reclaim his throne. 'It has been my passion project for the past year,' says Beyoncé. 'I wanted to present elements of black history and African tradition, with a modern twist and a universal message about what it truly means to find your self-identity and build a legacy.'

Witches Abigail, Raelle and Tally

Charmed forces

Three young witches sign up for the US military in a supernatural action series

BBC THREE Fort Salem

NEW *Genre:* *Supernatural drama* *Available:* *Sun 26 July* *Season:* *1* *Episodes:* *10* *Runs:* *41-51 min*
TVSW says: *Magic in the military*

Imagine how much more powerful the US military would be if it had highly-trained witches leading their troops into battle with supernatural weapons and tactics…

That's the premise of *Fort Salem*, BBC3 Online's new drama set in an alternate, present-day USA after witches cut a deal with the government over 300 years ago to stop their persecution at the Salem witch trials by agreeing to fight for their country.

The show follows the journeys of three young recruits who enlist for basic training in combat magic at the Fort Salem military academy.

Strait-laced Abigail (Ashley Nicole Williams) comes from a long line of distinguished army veterans, kind-hearted Tally (Jessica Sutton) has enlisted despite her mother's disapproval, and Raelle (Taylor Hickson) is there to investigate the death of her mother in the line of duty.

Their instructor at Fort Salem is General Sarah Alder (Lyne Renée), a centuries-old sorceress who is the top-ranked witch in the US military.

NEW CHALLENGES

'How well you do in basic training determines your future,' says creator Eliot Laurence. 'Raelle walks in with a huge chip on her shoulder, but you'll see her grow a lot. All the characters change over time.'

As the series begins, General Alder warns of a dangerous threat from the Spree, a terrorist witch organisation that is using curses and mass murder to stop witches being conscripted.

Lyne Renée as General Sarah Alder

'The Spree began in the 1960s by protesting about witches in the army,' reveals Hickson. 'They were saying, "Let our people go." These protests have got more drastic and dangerous. It becomes a witch-on-witch battle.'

All of *Fort Salem*'s young stars had to spend time learning fighting skills for the show's big action scenes.

'There was intensive training before this and we had to pick up a new skill called rope dart, which is a long-forgotten martial art,' reveals Hickson.

'Years ago, when poor Asian farmers needed something to protect themselves, they tied a dart or a knife at the end of a rope, and swung it in hands-on combat. I can't see myself using that anywhere else in my life, but it's a very interesting addition to my skill set.'

EVERYONE'S TALKING ABOUT…

We point you towards the TV moments you won't want to miss on catch-up

BBC iPlayer There She Goes

Everyone's talking about…
Emily (Jessica Hynes) and Simon (David Tennant) celebrating Presidents' Day to distract Rosie (Miley Locke) from her Christmas obsession in the BBC2 comedy.

BBC iPlayer Bears About the House

Everyone's talking about…
rescued sun bear cub Mary delightfully playing in water, watched by surrogate dad Giles Clark, in BBC2's documentary.

Sky box sets NOW TV Miracle Workers: Dark Ages

Everyone's talking about…
Daniel Radcliffe's spoilt Prince Chauncley feebly trying to impress his father (Peter Serafinowicz) in Sky Comedy's medieval romp.

Sky box sets NOW TV The Plot Against America

Everyone's talking about…
the Levin family getting a shocking taste of anti-Semitism as they enter a non-Jewish neighbourhood in Sky Atlantic's drama series.

WORDS: CAREN CLARK, JUDY EWENS, RICHARD MCCLURE. PHOTOS: AMAZON PRIME VIDEO, AMC, BBC, HBO, ©2020 DISNEY AND ITS RELATED ENTITIES, NETFLIX, SKY, TRAVIS MATTHEWS

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NEW releases

The best of the week's new shows...

NETFLIX

SUNDAY 26 JULY

Good Girls

In season three of the dark comedy drama, the suburban mothers-turned-criminals begin a new illegal enterprise – printing counterfeit money. *Mad Men*'s Christina Hendricks, *Parks and Recreation*'s Retta and Mae Whitman star.

TUESDAY 28 JULY

Last Chance U

The documentary series, exploring the American-football programme in US colleges, moves to Laney College in Oakland, California, for its fifth season, where it chronicles the ups and downs on and off the field.

WEDNESDAY 29 JULY

Inside the World's Toughest Prisons

Journalist Raphael Rowe once again finds out what life is really like in some of the world's toughest prisons in season four of the docuseries.

The Hater

Polish thriller about a disgraced law student who gets a job at an amoral PR company where he excels at social-media smear campaigns – but there are serious consequences to his virtual vitriol.

The Speed Cubers

Documentary on the rivalry and friendship between Rubik's cube-solving champions Max Park and Feliks Zemdegs.

The Hater

THURSDAY 30 JULY

Transformers: War for Cybertron Trilogy – Siege

Animated series based on the Hasbro toys franchise. On the planet Cybertron, a civil war rages between the Autobots and Decepticons.

The Pirates Who Don't Do Anything: A VeggieTales Movie

Animated family adventure film. Three modern-day misfits find themselves back in the 17th century, where they learn about being pirates.

FRIDAY 31 JULY

The Umbrella Academy

The superhero siblings are transported to Dallas in different years in the 1960s – including 10 days before John F Kennedy's assassination in 1963 – in the show's second season. See feature, page 4.

Seriously Single

South African comedy about a woman who, after being dumped by a man she thought was the one, is persuaded by her best friend to embrace the single life.

Vis a Vis: El Oasis (AKA Locked Up)

The latest series of the Spanish prison drama centring on a naive woman who is sentenced to seven years in jail after her boss and lover manipulates her into embezzling company funds.

prime video

WEDNESDAY 29 JULY

Fear the Walking Dead

Lennie James stars in season five of the post-apocalyptic horror drama and spin-off from *The Walking Dead*.

OUT NOW

Breathe: Into the Shadows

A desperate father will go to any lengths to find his kidnapped daughter in this psychological crime thriller from India starring Bollywood superstar Abhishek Bachchan.

Disney+

FRIDAY 31 JULY

Muppets Now *(released weekly)*

The Muppets' first original series for Disney+. See feature, page 14.

Black Is King

This visual album from Beyoncé is based on music from *The Lion King: The Gift*, the soundtrack to Disney's 2019 film that was curated by the singer. It's the tale of a young black king's journey to reclaim his throne.

Lucy Hale stars in *Katy Keene*

britbox

THURSDAY 30 JULY

The Trouble with Maggie Cole

Dawn French takes the title role of a local busybody whose idle gossip in her picturesque fishing village spirals out of control in this comedy drama.

Louis Theroux documentaries

A collection of more than 40 episodes from the film-maker's most well-known series including *Dark States*, *Extreme Love*, *When Louis Met...*, and *Weird Weekends*.

OTHER SERVICES

SATURDAY 25 JULY

Katy Keene BBC iPLAYER

This *Riverdale* spin-off follows four New Yorkers, including Katy Keene (Lucy Hale), as they try to make it in the worlds of fashion and Broadway.

Life in a Day 2020 YOUTUBE ORIGINALS

Directors Sir Ridley Scott and Kevin Macdonald reunite 10 years after their first *Life in a Day* documentary to capture the lives of people around the world on a single day.

SUNDAY 26 JULY

Fort Salem BBC3 ONLINE

Supernatural series about a trio of young witches. See feature, page 17.

MONDAY 27 JULY

Straight Forward ACORN TV

When her father is shot dead, a con woman believes the hit was ordered by her crime boss, so she flees to New Zealand in this Danish thriller.

The Restaurant ACORN TV

Season one of the period Swedish drama following the lives of the Löwander family and the popular Stockholm restaurant they run.

ALSO AVAILABLE

Race Revolution? Britain After George Floyd BBC3 ONLINE

Reporter Daniel Henry follows the campaign for equality for the black British community in the wake of George Floyd's killing in America. Out on Wednesday 22 July.

Last chance to see...

A round-up of the big TV shows leaving streaming services this week

SATURDAY 25 JULY

BBC iPlayer 8 Days: To the Moon and Back

A look at the Apollo 11 mission to the moon, featuring previously classified cockpit audio plus dramatic reconstruction, archive footage and CGI.

FRIDAY 31 JULY

BBC iPlayer Ian Hislop's Stiff Upper Lip: An Emotional History of Britain

The presenter investigates how the Duke of Wellington may have played a vital part in our emotional reticence.

FRIDAY 31 JULY

NETFLIX New Blood

Crime drama created by Anthony Horowitz and starring Mark Strepan and Ben Tavassoli as investigators tracing the links between a series of deaths of drug-trial participants. Mark Addy co-stars.

WORDS: JUDY EWENS, RICHARD MCCLURE. PHOTOS: BBC, NETFLIX

Documentaries

A royal milestone

Princess Anne gives a rare interview ahead of her 70th birthday

NEW PROFILE

Anne: The Princess Royal at 70

Wednesday, ITV HD, 9pm

As Princess Anne prepares to celebrate her 70th birthday on 15 August, an ITV documentary shines a rare spotlight on the Queen's only daughter.

'It's a revealing portrait of a remarkable woman,' says royal biographer and the programme's producer Robert Hardman, who has spent a year filming the Princess Royal, enjoying unprecedented access as she carries out royal duties, plays with her grandchildren and relaxes at her Gloucestershire home, Gatcombe Park.

'The Princess has been in the public eye since she was born, but guards her privacy,' he says. 'She doesn't do many interviews, so it was wonderful to chat to her. She's a very impressive and funny woman.'

Anne (left) with the Royal Family in 1972

The Confessions of Thomas Quick

Monday, C4 HD, 10pm

Under the assumed name of Thomas Quick, Swedish psychiatric patient Sture Bergwall confessed to more than 30 murders and was convicted of eight. He later withdrew his confessions and had all eight verdicts quashed. This film tells his bizarre story.

Murder, Mystery and My Family

Monday-Friday, BBC1 HD, 10am

On 11 May 1889, Liverpool cotton broker James Maybrick died with traces of arsenic in his liver and his wife, Florence, was found guilty of his murder. In Monday's episode of this daily series, barristers Sasha Wass and Jeremy Dein investigate whether she was wrongly convicted.

Joanna Lumley's Unseen Adventures

Tuesday, ITV HD, 9pm

***Ab Fab* star** Joanna Lumley has been on numerous adventures for her TV travelogues. Now, in a three-part series, she shares previously unseen footage of her trips, starting with Japan, Hong Kong, China, Mongolia and Siberia.

WORDS: HANNAH DAVIES, REBECCA FLETCHER, IAN MACEWAN.
PHOTOS: BBC, C4, GETTY, ITV

Princess Anne in Tibet in 1992

PRINCESS-IN-WAITING

The 90-minute film shows Princess Anne recalling her homeschooling days, before deciding to go to school herself, the first daughter of a British monarch to do so. 'We talked to her old school friends, who remember her being fun and popular,' says Hardman. 'She didn't go to university because she thought she could have an equally fulfilling education by getting involved in royal duties and supporting the Queen.'

COOL BRITANNIA

In the late 60s and early 70s, the princess cut a dash on the UK and world stage, while quietly modernising the monarchy.

'The public hadn't had a royal princess since Princess Margaret, but she was of the time when princesses wore hats and cut ribbons to open hospitals,' says Hardman. 'Anne wore trousers to engagements and she'd much rather visit a tweed mill in the Hebrides than go to Milan Fashion Week.'

OLYMPIC GLORY

Princess Anne was also a champion sportswoman and the first member of the Royal Family to compete in the Olympics, in Montreal in 1976 as part of the British eventing team. She won the BBC Sports Personality of the Year in 1971 and was instrumental in securing London's winning bid for the 2012 Olympic Games. 'She's on the International Olympic Committee with Sebastian Coe,' says Hardman. 'He pays tribute to the big part she played in delivering the games.'

DUTY-BOUND

Regularly cited as the hardest-working royal, Princess Anne carried out 506 engagements in 2019, and is involved with more than 300 charities, organisations and military regiments.

'She'll pack in five events a day, and we followed her on a few, which was exhausting,' says Hardman. 'We'd start the day in London, go to Lancashire, and she'd end the evening at a charity dinner in Scotland.

'Her work ethic is incredible. She told me she prefers going to places off the beaten track, even if that means sleeping in a tent in a refugee camp overseas – which princesses didn't previously do.'

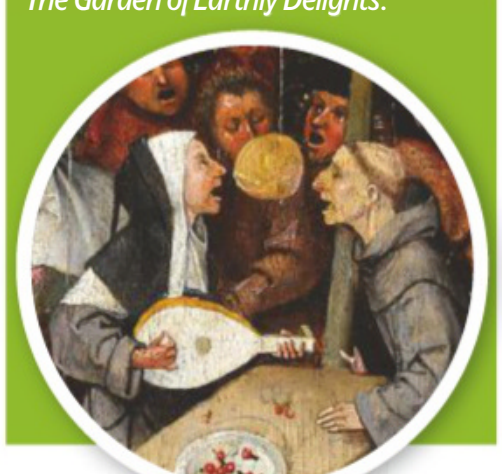
Great Continental Railway Journeys

Wednesday, BBC2 HD, 8pm

Michael Portillo, whose Spanish father was forced into exile by General Franco's regime, takes an emotional trip across Spain, visiting Salamanca, Madrid, Zaragoza and Huesca in a bid to find out more about his family's past and Spain under Franco's fascists.

DID YOU KNOW?

The work of Hieronymus Bosch, who died in 1516, is seen as a vital precursor to the 20th century's surrealist movement. **Exhibition on Screen, Monday, Sky Arts HD, 7pm,** examines the fantastical visions of the Dutch artist, including *The Garden of Earthly Delights*.



Parents Jake and Hannah Graf

Our miracle baby!

Jake and Hannah Graf, Britain's first transgender parents, tell their story

NEW REAL LIFE

Our Baby: A Modern Miracle

Tuesday, C4 HD, 10pm

For some couples, becoming parents can be a complicated process, but for Jake and Hannah Graf, it's been a real roller coaster.

The couple from London, who married in 2018, are both transgender. Jake transitioned in 2008, while Hannah, then a captain in the Army, came out as transgender in 2013.

They had always wanted children, and Jake even had his eggs harvested and fertilised via a sperm donor before fully transitioning.

'I wanted to be a parent since I was about 20,' says Jake, 41, a writer and actor who recently appeared in the film *Colette*.

'I grew up knowing I was different, and never feeling I'd ever find love or anyone who'd have a baby with me – or if it would even be possible.'

This documentary follows the couple's year-long journey to parenthood, beginning with their search for their surrogate, a mum-of-two from Belfast.

There are all the ups and downs of tests and scans, as well as Hannah's worries about not having a genetic link to their unborn child.

But the biggest drama came in March this year when, three weeks before their baby's due date, Britain went into lockdown. The couple made a mad dash to Belfast and then self-isolated.

'The whole thing was a whirlwind,' says Jake. 'We ended up away from all our family and friends for three weeks awaiting this special moment.'

SURGE OF LOVE

Baby Millie finally arrived on 14 April by C-section. Although Jake and Hannah weren't present due to coronavirus restrictions, they've brought Millie home and are still amazed that they're now parents, despite all the obstacles.

'When I held Millie for the first time, I felt such a surge of love,' says Hannah, 33. 'I hope we're an example to other trans people to say, "These things are possible."'

Films *This week's*

reviewed by **Jason Best**

PREMIERE OF THE WEEK

Hermione realised it was true that worse things happen at sea

Hermione Corfield is out of her depth in an ocean-going chiller

SEA FEVER

HORROR THRILLER

Saturday, Sky Premiere HD, 2.15pm & 9.45pm ★★★★

Imagine a cross between *Alien*, *The Thing* and *Contagion* set on a fishing trawler and you'll have something approaching a handhold on this elusively suggestive horror thriller from Irish writer-director Neasa Hardiman. An unexpectedly timely movie, too, with themes of infection and confinement that can't help but touch a raw nerve with viewers living in the time of Coronavirus.

The trawler in question, the *Niamh Cinn Óir*, sets sail from the West of Ireland on a make-or-break fishing trip for debt-strapped husband-and-wife skippers Gerard (Dougray Scott) and Freya (Connie Nielsen) and their crew.

Also on board is withdrawn marine biology student Siobhán (Hermione Corfield). More comfortable in the lab, Siobhán is not happy to be there and the superstitious crew aren't thrilled by her presence either. She's a redhead, traditionally unlucky for sailors.

Sure enough, the trawler soon sails into trouble. In pursuit of a profitable shoal of fish, the boat hits something mysterious that holds it fast. Before long, Siobhán is scraping an odd, sticky-green goo off the hull and the crew begin falling victim to a strange malaise…

Sea Fever isn't in the same league as its classic genre precursors – the characters aren't as memorable, for a start. But Hardiman creates an effectively claustrophobic mood, and studs the action with terse, laconic dialogue. 2019, 15, 90MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

COMEDY

Babysplitters

Wednesday, Sky Premiere HD, 2pm & 10pm ★★★

Faced with relentlessly ticking biological clocks, two thirtysomething couples come up with a radical scheme to overcome the issues preventing them from taking the plunge into parenthood – they decide to conceive and share one baby between them.

As you'd expect, things don't go exactly to plan in writer-director Sam Friedlander's charmingly farcical indie comedy starring Danny Pudi, Emily Chang, Eddie Alfano and Maiara Walsh. 2019, 15, 119MIN

ANIMATED FANTASY

Boonie Bears: Blast Into the Past

Monday, Sky Premiere HD, 6am & 6.10pm ★★

The sixth spin-off movie from the Chinese animated kids' series finds cuddly forest bears Bramble and Briar and their human frenemy Vick travelling back to prehistoric times, where they get into a variety of perilous scrapes.

It's a busily colourful adventure that owes a good deal to the *Ice Age* movies and other Hollywood animal escapades. 2019, U, 90MIN

NEW RELEASE EVERY DAY premieres

Bill could be Tahar's friend in need

DRAMA

The Kindness of Strangers

Tuesday, Sky Premiere HD, 2.45pm & 9.45pm ★★★

Escaping her abusive cop husband in an early-morning flit, naive, unworldly Clara (Zoe Kazan) takes her two young children to Manhattan 'for a vacation'. As she tries to conceal the desperateness of their situation, her path criss-crosses those of a handful of other lonely souls, namely shrewd ex-con Marc (Tahar Rahim) and his lovelorn attorney (Jay Baruchel), over-worked ER nurse Alice (Andrea Riseborough), jobless country hick Jeff (Caleb Landry Jones) and the diffident owner of a faded Russian restaurant (Bill Nighy).

This fable-like ensemble drama about kindness and forgiveness from Danish writer-director Lone Scherfig (maker of *An Education*, *The Riot Club* and *Their Finest*) isn't as successful as her earlier films and didn't find much favour among critics, but if you can accept the story's contrivances and occasional whimsy it proves engaging and uplifting. 2019, 15, 117MIN

FANTASY ADVENTURE

Otherworld

Thursday, Sky Premiere HD, 2pm & 9.45pm ★

Jessica Falkholt's lonely outcast has the power to absorb fear from the people she touches and uses the ability to act as a kind of secret vigilante of love. However, her gift comes at a dangerous cost to herself.

Falkholt's tragic death in a car crash before the film's release undoubtedly put paid to any ideas of a teen adventure fantasy franchise, but the story is so feeble the project probably wouldn't have got off the ground anyway. 2018, 15, 87MIN

DRAMA

Them That Follow

Sunday, Sky Premiere HD, 1.10pm & 8pm ★★★

Olivia Colman is a startling presence in this drama, playing a zealous follower of Walton Goggins' hellfire preacher in a remote community of God-fearing Pentecostals, who test their faith with deadly snakes.

Trouble brews when Goggins' daughter (Alice Englert) finds herself torn between her disbelieving childhood sweetheart (Thomas Mann) and one of her father's most fervent acolytes (Lewis Pullman). The film is sober, slow moving and claustrophobic, but still packs quite a bite. 2018, 15, 98MIN

Alice wondered if she was losing her religion

Kristen, Ella and Naomi had earned their wings

ACTION COMEDY

Charlie's Angels

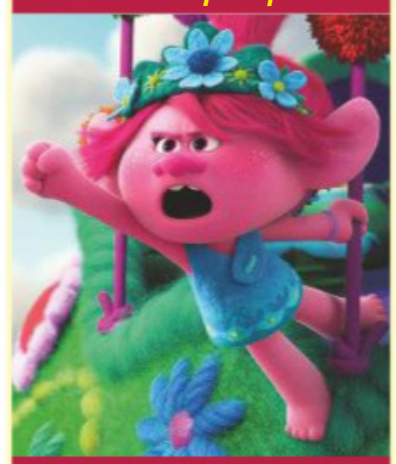
Friday, Sky Premiere HD, 12.30pm & 8pm ★★

The campy 1970s TV series gets another reboot with a globetrotting action comedy starring Kristen Stewart, Ella Balinska and Naomi Scott as operatives for the mysterious Townsend Agency.

Here, Stewart and Balinska's fearless Angels take Scott's computer whiz in hand as she attempts to thwart dodgy dealings in a tech company – but the plot is rot and the action even sillier. It's great to see female spies taking charge in a typically macho genre, so it's a shame the results are so glossily vacuous. 2019, 12, 118MIN

PAY-PER-VIEW HIGHLIGHTS

*The pick of the week's films on **Sky**, **Virgin** and other platforms*



ANIMATED ADVENTURE

Trolls World Tour

Available from Monday ★★★

Sex ●●● Violence ●●● Language ●●●

Those unstoppably cheerful creatures with the sticky up hair return for another colourful musical adventure – and this time Funk, Country, Techno, Classical and Rock are thrown into the Pop mix as Anna Kendrick's perky Poppy and Justin Timberlake's droopy Branch set out to unify six Troll tribes with very different musical tastes. Alas, Queen Barb (Rachel Bloom), brash leader of the Rock trolls, wants to stamp out all other forms of music and achieve total hard rock domination. The ensuing adventure isn't as much fun as the first movie, but it does throw up some amusing scrapes for our heroes. 2020, U, 91 MIN

COMEDY DRAMA

Military Wives

Available all week ★★★

Sex ●●● Violence ●●● Language ●●●

Kristin Scott Thomas and Sharon Horgan are gloriously on song in a funny, feelgood film inspired by Gareth Malone's chart-topping choir of army wives. With their soldier husbands away facing peril in Afghanistan, Scott Thomas's posh Kate and Horgan's earthy Lisa form a prickly, awkward partnership as the leaders of a morale-boosting choir of their fellow army spouses. Blending humour, heart and more than a little pathos, *The Full Monty* director Peter Cattaneo hits all the right notes. 2019, 12, 112MIN

FilmFinder The pick of the week at a glance

Family

Astro Kid ★★★

Saturday, Sky Animation HD, 2.55pm

Perils and pitfalls await a 10-year-old boy and his robot companion when they are stranded on an untamed planet in a bright and breezy animated space adventure. 2019, PG, 90MIN

Zootropolis ★★★★

Saturday, BBC1 HD, 5pm

In a world populated by talking animals, a rabbit cop teams up with a con-artist fox and the result is an entertaining comedy adventure that will delight kids and film buffs alike. 2016, PG, 108MIN

Despicable Me ★★★★

Monday, Sky Animation HD, 8pm

Steve Carell provides the voice of a would-be criminal mastermind who plans to steal the Moon in an entertaining animated romp that is as inventive as it is offbeat. 2010, U, 95MIN

The Angry Birds Movie 2 ★★★

Friday, Sky Premiere HD, 6.15pm

The flightless featherbrains are back for a second adventure, and this time they have to team up with their adversaries from Pig Island. 2019, U, 97MIN

Drama

Mickey and the Bear ★★★★

Monday, Sky Drama HD, 10.10pm

Taking time out from her life to care for her traumatised war veteran father, Camila Morrone's teenager dreams of escaping her home town in this beguiling, well-acted story. 2018, 15, 86MIN

Parkland ★★★

Monday, Film4 HD, 11.40pm

The subject of many a conspiracy thriller and earnest drama, the assassination of President Kennedy is here approached by focusing on the individuals involved that day in 1963. 2013, 15, 94MIN

Ida ★★★★

Tuesday, Film4 HD, 10.45pm

Set in the 1960s, this Oscar-winning Polish film, shot in moody black and white, stars Agata Trzebuchowska as a young nun whose family hides a dark secret. Subtitled. 2013, 12, 82MIN

Only the Brave ★★★

Thursday, Film4 HD, 6.25pm

Based on real events, this spirited story revolving around the Arizona firefighters battling a spreading blaze boasts Josh Brolin, Miles Teller and Jeff Bridges among its stellar cast. 2017, 12, 133MIN

Thriller

Operation Chromite ★★★

Tuesday, AMC HD, 10.55pm

Lee Jung-jae heads a stirring Korean War story, a fictionalised account of real events, which also features Liam Neeson as the American general Douglas MacArthur. Subtitled. 2016, 15, 108MIN

Imperium ★★★★

Wednesday, AMC HD, 11pm

Confronting the issue of right-wing extremism head on, this tense political drama stars Daniel Radcliffe as an FBI agent reluctantly working undercover in a radical group. 2016, 15, 106MIN

EDITOR'S CHOICE

Sicario ★★★★

Saturday, C4 HD, 11.35pm

Emily Blunt delivers a brilliant performance as a doggedly upright yet all too vulnerable FBI agent whose eyes are opened to the murky realities of the war on drugs in a queasily gripping thriller. She joins a government task force led by Josh Brolin's deceptively laid-back, flip-flop-wearing agent, blurring ethical lines as they criss-cross the US-Mexico border. The film's pervading sense of dread and unease keeps us on edge throughout. 2015, 15, 121 MIN

Classic

The Seceret Life of Walter Mitty ★★★★

Tuesday, Sony Classic, 9pm

The mercurial talents of Danny Kaye are showcased to the full in a witty fantasy adventure about a man who daydreams his life away. 1947, U, 104MIN

The Dirty Dozen ★★★★

Wednesday, TCM HD, 6.20pm

Lee Marvin's US Army major leads a band of convicts behind enemy lines to wreak death and destruction on the Nazis in an oft-copied gung-ho World War Two adventure. 1967, 15, 150MIN

Defence of the Realm ★★★★

Thursday, Talking Pictures, 6.50pm

A truly gripping British political thriller starring Gabriel Byrne as a journalist who uncovers a scandal involving an MP (Ian Bannen). 1985, PG, 96MIN

Poltergeist ★★★★★

Friday, BBC1 HD, 10.45pm (regions vary)

'They're here!' little Heather O'Rourke informs us just before she disappears into a TV set, initiating one of the most nerve-shredding ghost stories since *The Haunting*. 1982, 15, 114MIN

Films may be edited for television. The running times given are those of the original cinema releases.

PHOTO: ALAMY

Weekend movies

Saturday 25 July

FACT-BASED DRAMA

The Post

C4 HD, 9.15pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Steadfast newspaper publisher Kay Graham (Meryl Streep) and crusading *Washington Post* editor Ben Bradlee (Tom Hanks) team up to expose the lies of President Nixon's US government over Vietnam, paving the way for Watergate, in Steven Spielberg's fact-based drama set in 1971. It makes for gripping viewing, even though we know the outcome. It is a rousing salute to the news media, too – the notion of embattled journalists going up against a paranoid and duplicitous president certainly has a topical ring. 2017, 12, 116MIN

Tom and Meryl hoped the evidence wasn't paper-thin

ANIMATED COMEDY

Zootropolis

BBC1 HD, 5pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Cute and clever in equal measure, this animated fantasy is guaranteed to please kids and adults alike. The setting supplies the cuteness, an exuberantly anthropomorphic world populated by animals of every stripe, who walk on their hind legs, wear clothes and display all too recognisably human traits. The clever script, meanwhile, combines sight gags, satire and a cunning mystery plot with some wholesome moral lessons about diversity. 2016, PG, 108MIN

DRAMA

Luce

Sky Premiere HD, 11.30pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Played with cryptic charisma by Kelvin Harrison Jr, the title character of this absorbing drama is a former child soldier in Eritrea who has been raised in comfort in the US by a well-heeled couple (Naomi Watts and Tim Roth. Ten years later, he is stirring up trouble with the desire and dexterity to push people's buttons. The film is very well acted, endlessly stimulating and timely. *Also on Sunday-Tuesday*. 2019, 15, 110MIN

COMEDY DRAMA

Just Jim

BBC2 HD, 11.55pm ★★★

Sex ●●● Violence ●●● Language ●●●

Best known as the puppyish hero of quirky 2010 indie movie *Submarine*, Craig Roberts makes his bow as writer and director as well as starring in this similarly offbeat coming-of-age comedy drama. He plays a put-upon teenager whose life picks up after an enigmatic, impossibly cool American called Dean (Emile Hirsch) moves in next door and becomes his mentor. If the story is a little flimsy then the visuals are always stylish and inventive. 2015, 15, 84MIN

Also on Saturday

Sea Fever
Sky Premiere HD, 2.15pm & 9.45pm ★★★
In too deep. See review, page 22.

Astro Kid
Sky Animation HD, 2.55pm ★★★
He has lift-off!

Iron Man 3
BBC1 HD, 10.20pm ★★★★
Robert Downey Jr steels himself.

The Black String
Sky Sci-Fi & Horror HD, 11.25pm ★★★
Frankie Muniz acts rashly.

Sicario
C4 HD, 11.35pm ★★★★
Emily Blunt makes war on drugs.

Full listings start on p35

Sunday 26 July

ACTION COMEDY

The Hitman's Bodyguard

C4 HD, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Ryan Reynolds and Samuel L Jackson play chalk 'n' cheese frenemies in this freewheeling action-comedy thriller. Reynolds is a finicky professional bodyguard and Jackson is the cool assassin he must escort from prison to give evidence in court against Gary Oldman's vicious Eastern European dictator. The film is far too scattershot, but the stars' chemistry keeps the show on the road, with Reynolds' prissy, seat-belt-on, safety-first attitude colliding comically with Jackson's breezy nonchalance at every turn. 2017, 15, 115MIN

For now, Samuel and Ryan were just killing time

ANIMATED ADVENTURE

Minuscule

Sky Animation HD, 2.20pm ★★★★

Sex ●●● Violence ●●● Language ●●●

A motley crew of insects join forces for a rescue mission when a ladybird is accidentally shipped from the south of France to the Caribbean after getting trapped inside a cardboard box. Inserting its minimalist computer-animated protagonists into live-action landscapes, this entertaining comedy adventure uses an array of expressive peeps, whines and whistles to bring its characters to life. 2018, U, 92MIN

COMEDY DRAMA

Palm Beach

Sky Cinema Comedy HD, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Actress turned director Rachel Ward takes the helm for a leisurely ensemble comedy drama in which a group of old friends reunite for a birthday in the Sydney suburb of the title. For the most part the film's mood is good-humoured and laidback, allowing us to relish enjoyable turns by a string of screen veterans, including Bryan Brown, Sam Neill, Greta Scacchi, Richard E Grant and Jacqueline McKenzie. 2018, 15, 100MIN

DRAMA

Goat

Film4 HD, 11.40pm ★★★

Sex ●●● Violence ●●● Language ●●●

Left traumatised by a violent carjacking, Ben Schnetzer's college student attempts to put the experience behind him by joining the campus fraternity to which his brother belongs, but the group's brutal initiation rituals prove an equally grim ordeal. This unflinching indie drama is a tough watch at times, but Schnetzer does a fine job as the troubled hero and gets good support from pop star Nick Jonas, who plays his conflicted brother. 2016, 15, 98MIN

Also on Sunday

Them That Follow
Sky Premiere HD, 1.10pm & 8pm ★★★
Altared snakes.

Three Days of the Condor
Sky Thriller HD, 1.10pm ★★★★
A bad day at the office for Robert.

Planes, Trains and Automobiles
Sky Cinema Comedy HD, 2.10pm ★★★★
Steve and John travel in hope.

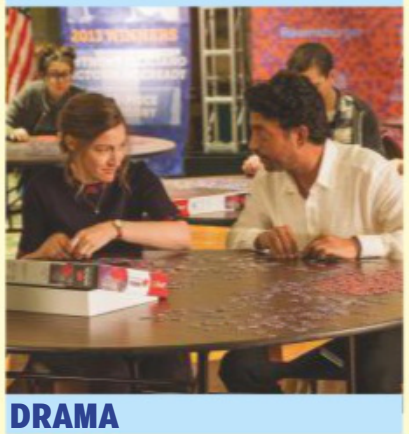
The Salesman
BBC2 HD, 12.10am ★★★★
The play's the thing in Tehran.

Still Alice
C4 HD, 12.30am ★★★★
Juianne Moore is not herself.

Full listings start on p45

NEW MOVIES ON NETFLIX

Our pick of this week's films



DRAMA

NETFLIX Puzzle

From Thursday ★★★★

Sex ●●● Violence ●●● Language ●●●

You might expect a story about a mousy, self-effacing woman who blooms after she discovers a hidden talent for competitive jigsaw puzzling to be deadly dull, yet this low-key film proves gently absorbing and surprisingly touching. Kelly Macdonald is a perfect fit for the role of a buttoned-up housewife, and she gets terrific support from Irrfan Khan as the rich and reclusive inventor who becomes her puzzle partner. 2018, 15, 101 MIN

ACTION FANTASY

NETFLIX The Old Guard

Showing all week ★★★★

Sex ●●● Violence ●●● Language ●●●

Charlize Theron plays the indestructible badass leader of a small band of immortals in a terrifically entertaining action thriller fantasy. She also brings a bone-weary melancholy to the role, which adds a surprising degree of depth and soul to the bloodshed as her jaded heroine inducts a bewildered new immortal (KiKi Layne) into the ranks, while trying to evade the attentions of Chiwetel Ejiofor's shifty ex-CIA agent. 2020, 15, 125MIN

FACT-BASED DRAMA

NETFLIX BlacKkKlansman

Showing all week ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Spike Lee takes on the story of black undercover cop Ron Stallworth, who infiltrated the Ku Klux Klan in the early-1970s. Stallworth (John David Washington) fools the Klan into believing he is white over the phone – and then gets his colleague Flip Zimmerman (Adam Driver) to impersonate him. The film mixes mocking comedy with scorching satire. 2018, 15, 135MIN

Weekday movies over page

Weekday movies

Monday 27 July

ANIMATED FANTASY

The Princess and the Frog

Sky Disney HD, 9.50am & 6pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Harking back to its golden era of the 1990s and maybe even further back to *Snow White*, *Bambi* and *Dumbo*, Disney's neat spin on the classic Frog Prince story is a delightfully old-fashioned, traditional cartoon. Anika Noni Rose provides the sweet voice of Disney's first black princess, Tiana, and the New Orleans-set story follows what happens after she kisses the frog prince Naveen (Bruno Campos), who doesn't much like being a tiny green thing. Randy Newman's songs are no great shakes, but the film oozes charm and a sense of fun. 2009, U, 97MIN

FANTASY ADVENTURE

The Hunger Games

5Star, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Author Suzanne Collins' plucky and resourceful fictional heroine Katniss Everdeen (played by Jennifer Lawrence) lives in a nightmarish future America where 24 youngsters fight to the death in a contest that combines reality TV with the gladiatorial games of ancient Rome. With a premise that recalls *The Running Man* and *Battle Royale*, the film is far from original, but it is thrilling and involving and the futuristic setting is vividly realised. 2012, 12, 142MIN

MYSTERY THRILLER

Unknown

Channel 5 HD, 11.05pm ★★★

Sex ●●● Violence ●●● Language ●●●

Liam Neeson stars in an outlandish thriller, which rushes through its twists and turns at such a pace that you scarcely have time to draw breath, let alone ponder the implausibility of the plot. Awakening after four days in a coma following a car crash, Neeson's scientist discovers his identity is in question and, with only Diane Kruger's taxi driver to turn to, finds himself dodging assassins as he sets out to unravel the truth. 2011, 12, 113MIN

DRAMA

Mickey and the Bear

Sky Drama HD, 10.10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Camila Morrone plays Mickey, the teenage heroine of this thoughtful coming-of-age drama, who is the carer for her Iraq War veteran father (James Badge Dale), with whom she lives in a battered trailer. Saddled with a swaggering, selfish jerk of a boyfriend (Ben Rosenfield), her dream is to enrol in college in San Diego. This absorbing film marks an assured debut for writer-director Annabelle Attanasio. 2018, 15, 86MIN

Also on Monday

Boonie Bears: Blast Into the Past
Sky Premiere HD, 6.10pm ★★★
An animated furry tale from China.

The Pirates! In an Adventure with Scientists
Sky Animation HD, 6.20pm ★★★★
Aardman puts out to sea.

Son of Paleface
Sony Classic, 7.05pm ★★★★
Bob Hope goes West.

Despicable Me
Sky Animation HD, 8pm ★★★★
Gru is so bad he's good.

Parkland
Film4 HD, 11.40pm ★★★
An infamous day in Dallas.

Full listings start on p55

Tuesday 28 July

COMEDY THRILLER

Keeping Up with the Joneses

Film4 HD, 6.45pm ★★★

Sex ●●● Violence ●●● Language ●●●

The worlds of mid-American suburbia and international espionage collide with a bang in a silly but engaging spy comedy, whose sparky cast makes up for a predictable script. Isla Fisher and Zach Galifianakis play the story's meek cul-de-sac dwelling hero and heroine, who discover that their impossibly perfect new neighbours (Jon Hamm and Gal Gadot) are actually undercover spies. It's not hard to work out where the story is heading, but the four leads' nimble rapport should be enough to keep you on board. 2016, 12, 105MIN

ROMANTIC DRAMA

Before We Go

Film4 HD, 4.55pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Chris Evans took a break from his superhero duties as Captain America in the Marvel Cinematic Universe to direct and star in this intimate and determinedly low-key romantic drama about two strangers set adrift together one night in Manhattan. Alice Eve is winningly abrasive as the woman whose life goes into freefall when she gets her purse stolen and misses her train, while Evans is perfectly cast as the nice-guy busker who offers to help her out. 2014, 12, 91 MIN

WAR THRILLER

Operation Chromite

AMC HD, 10.55pm ★★★

Sex ●●● Violence ●●● Language ●●●

Set during the Korean War in 1950, this South Korean war movie is an unmistakably old-fashioned affair, full of stiff-upper-lipped derring-do, and really rather gripping. Liam Neeson plays gruff American commander General MacArthur in the English-language scenes, but it is Korean heart-throb Lee Jung-jae who is the film's daring hero, leading a commando team into enemy territory in the communist North. Subtitled. 2016, 15, 108MIN

DRAMA

Ida

Film4 HD, 10.45pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Polish-born, British-based film-maker Pawel Pawlikowski returns to his homeland for a moving drama, superbly shot in black and white, about a young novice (Agata Trzebuchowska) in 1960s Poland who uncovers a dark family secret dating back to World War Two as she prepares to become a nun. Winner of the Best Film award at the 2013 London Film Festival and the Oscar for Best Foreign Language Film in 2015. Subtitled. 2013, 12, 82MIN

Also on Tuesday

The Kindness of Strangers
Sky Premiere HD, 9.45pm ★★★
Zoe Kazan has to get away.

The Secret Life of Walter Mitty
Sony Classic, 9pm ★★★★
Danny Kaye leads a fantasy life.

The Beguiled
TCM HD, 11.40pm ★★★★
Clint Eastwood goes to school.

Harry Potter and the Philosopher's Stone
Sky Harry Potter HD, 6.30pm ★★★★
He's a thumping good wizard.

Straw Dogs
Horror, 9pm ★★★
James and Kate are under attack.

Full listings start on p65

Wednesday

ROMANTIC DRAMA

Cold War

Film4 HD, 9pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Polish director Pawel Pawlikowski's terrific, bittersweet love story is inspired by the lives of his own parents. Shot in sensuous black-and-white, the film charts the passionate, ill-starred romance of Tomasz Kot's dashing

SCI-FI THRILLER

Ad Astra

Sky Hits HD, 6.50pm ★★★

Sex ●●● Violence ●●● Language ●●●

Brad Pitt is despatched into outer space in an ambitiously epic but slightly disappointing sci-fi adventure. Pitt is an astronaut travelling to the furthest reaches of the solar system to find his missing father (Tommy Lee Jones), a mission on which, it appears, the very survival of mankind hangs. The film delivers some stunning images and a handful of genuinely exciting episodes, but the philosophical script is too slow moving. 2019, 12, 123MIN

DRAMA

The Last Black Man in San Francisco

Sky Hits HD, 11.15pm ★★★★

Sex ●●● Violence ●●● Language ●●●

With a languid, shaggy doggish narrative, this strange, beautiful drama follows Jimmie Fails, an African-American who is a third-generation San Franciscan, but is finding it increasingly difficult to find his place in a city where money and hipsters have invaded every corner. With a wonderful, eclectic soundtrack, this semi-arthouse love letter to the Californian city is as captivating as it is singular. 2019, 15, 121 MIN

29 July

musician and Joanna Kulig's sultry singer, back and forth across Europe from 1949 to 1964. The charismatic stars have electrifying chemistry, but the music against which the ups and downs of their characters' relationship plays out makes an equal impact, as it evolves from rough-hewn folk to smoky nightclub jazz. Subtitled. 2018, 15, 88MIN

Joanna didn't realise Tomasz had dozed off

CRIME DRAMA

Alpha: The Right to Kill

Film4 HD, 12.25am ★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE There's a scuzzy feel and sweaty authenticity to this Filipino crime drama set amid the slums of Manila, where a bent cop and his drug-dealing snitch are attempting to play both ends against the middle. As the men's paths criss-cross in the aftermath of a violent police raid, the story rams home the corruption and hypocrisy behind the Philippine government's crackdown on illegal drugs. Subtitled. 2018, 15, 96MIN

Also on Wednesday

Akeelah and the Bee
Film4 HD, 1.50pm ★★★★
Keke Palmer spells it out.

The Dirty Dozen
TCM HD, 6.20pm ★★★★
Lee Marvin takes some bad boys behind enemy lines.

Cat Ballou
Sony Classic, 9pm ★★★★
Jane Fonda turns outlaw.

Babysplitters
Sky Premiere HD, 10pm ★★★
These couples' family planning could be ill-conceived.

Imperium
AMC HD, 11pm ★★★
Daniel Radcliffe takes an unwilling right turn.

Full listings start on p75

Thursday 30 July

ACTION THRILLER

Jack Ryan: Shadow Recruit

Film4 HD, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Star Trek's Chris Pine steps into the shoes of Alec Baldwin, Harrison Ford and Ben Affleck to play quick-witted CIA analyst Jack Ryan. This slick spy adventure takes author Tom Clancy's patriotic hero back to the start of his career, as his CIA handler (Kevin Costner) sends him on an undercover mission to Moscow. The plot is fairly hackneyed, with standard-issue office break-ins and routine car chases, but Pine does an excellent job in the lead and gets splendid support from Keira Knightley as his intrepid girlfriend. 2014, 12, 105MIN

Chris's new job would have him Russian around

ACTION DRAMA

Only the Brave

Film4 HD, 6.25pm ★★★

Sex ●●● Violence ●●● Language ●●●

A suitably gruff and gritty Josh Brolin heads an elite team of Arizona firefighters who tackle wildfires with dogged bravado in this stirring real-life disaster movie. The drama is a little hamstrung by its fidelity to actual events, but the men's rowdy camaraderie comes across vividly and the excellent special effects mean the blazes look terrifyingly real. Miles Teller, Jeff Bridges, Jennifer Connelly and Andie MacDowell lend sterling support. 2017, 12, 133MIN

COMEDY DRAMA

Bad Education

Sky Hits HD, 7pm ★★★

Sex ●●● Violence ●●● Language ●●●

A razor-edged movie telling the outrageous true story of a scandal involving the embezzlement of school funds. Hugh Jackman plays charming school district superintendent Frank Tassone, who is aided by his second-in-command Pam Gluckin (Allison Janney). When an accounting discrepancy crops up, though, it seems Gluckin has been a committing fraud... Director Cory Finley handles the material with a sure, deft hand. 2019, 15, 108MIN

COMEDY

Good Boys

Sky Premiere HD, 8pm ★★★

Sex ●●● Violence ●●● Language ●●●

This sweary comedy finds three innocent 12-year-old boys (Jacob Tremblay, Keith L Williams and Brady Noon) getting into a series of surprisingly raunchy scrapes after a mishap with a grown-up's drone. The best friends skip school to put things right, but their mission turns into a series of wild escapades involving stolen drugs, misidentified sex toys and pursuit by a pair of livid teenage girls. *Also on Friday*. 2019, 15, 90MIN

Also on Thursday

Harry Potter and the Chamber of Secrets
Sky Harry Potter HD, 2.45pm ★★★★
It's year two at Hogwarts.

Defence of the Realm
Talking Pictures, 6.50pm ★★★★
Gabriel Byrne delves into politics.

Predator
Sky Action HD, 8pm ★★★★
Arnie rumbles in the jungle.

22 Jump Street
Comedy Central HD, 9pm ★★★
Jonah and Channing jump to it.

Becoming Jane
BBC4 HD, 9pm ★★★★
Anne Hathaway is lost in Austen.

Full listings start on p85

Friday 31 July

CRIIME COMEDY

The Heat

C4 HD, 10pm ★★★

Sex ●●● Violence ●●● Language ●●●

The buddy-cop movie gets a female-friendly makeover, with Sandra Bullock and Melissa McCarthy proving more than a match for the men in this knockabout crime comedy. Bullock's uptight FBI agent does everything by the book while Melissa McCarthy's foul-mouthed and aggressive Boston cop throws the rules – and sometimes even the suspects – out of the window. Helmed by *Bridesmaids* director Paul Feig, the film is crude and rude, but it is great fun watching the stars striking comic sparks off each other. 2013, 15, 117MIN

Melissa and Sandra stood for law and disorder

ANIMATED COMEDY

The Angry Birds Movie 2

Sky Premiere HD, 6.15pm ★★★

Sex ●●● Violence ●●● Language ●●●

Those flightless birds from the addictive video game series are still spitting feathers in their second animated movie – but this time hot-headed avian Red (voiced by Jason Sudeikis) and his chums on Bird Island have to join forces with their porcine foes from Pig Island to meet the common threat posed by icy Eagle Island. The jokes are a bit hit and miss, but the zippy animation brings the story home. 2019, U, 97MIN

ROMANTIC COMEDY

Nick & Norah's Infinite Playlist

Sony Movies, 7.10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

A charming oddball romcom in which Michael Cera plays high-school student Nick, the one straight member of a gay band who has just been dumped by his bitchy girlfriend (Alexis Dziena). He meets the gorgeous Norah (Kat Dennings), and the film follows the mismatched couple as they enjoy a long sleepless night together in New York as they hit the streets in search of the venue of a secret rock concert. 2008, 12, 89MIN

CRIME THRILLER

Maniac

Horror, 10.50pm ★★★

Sex ●●● Violence ●●● Language ●●●

Elijah Wood finally buries all traces of *The Lord of the Rings*' loveable hobbit Frodo with his role as a deranged psycho-killer who restores mannequins by day and stalks, murders and scalps women by night. Forcing us to see the action from the point of view of Wood's odious character, this shockingly gruesome remake of William Lustig's notorious 1980 slasher movie is stylishly shot but, unsurprisingly, often very hard to watch. 2012, 18, 87MIN

Also on Friday

Harry Potter and the Prisoner of Azkaban
Sky HP HD, 1.55pm ★★★★★
Things are getting Sirius.

The Lego Movie
Sky Animation HD, 4.10pm ★★★★
Build your own world.

Charlie's Angels
Sky Premiere HD, 8pm ★★
The action women are back.

Poltergeist
BBC1 HD, 10.45pm ★★★★★
This house is not clean.

We Have Always Lived in the Castle
Sky Drama HD, 11.55pm ★★★
There's a dark family secret.

Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

Defending champion Judd Trump

World Snooker Championship

As snooker's top stars finally gather at the Crucible, six-time world champion and BBC expert **Steve Davis** predicts a classic tournament

LIVE SNOOKER

From Friday, BBC2 HD

Having originally been scheduled for mid-April, snooker's World Championship finally gets underway on Friday at its traditional venue of the Crucible Theatre in Sheffield.

Judd Trump will be defending the title after claiming his first victory in the tournament last year, while a top-class field also includes five-time winner Ronnie O'Sullivan; Mark Williams, who is aiming for a fourth title; and Stephen Maguire, who claimed the Tour Championship title last month.

As we went to press, promoter Barry Hearn was hopeful that some fans would be allowed inside the Crucible, depending on the latest government guidelines.

We spoke to BBC expert Steve Davis, 62, about what we can expect over the next two weeks…

CRUCIBLE COMEBACK

'It's wonderful that the World Championship is back at the Crucible – it feels like another step to normality. Whether it takes place in front of an audience or behind closed doors, it is going to be a fantastic tournament. It's a shame Marco Fu and some of the Chinese players have decided not to travel over to the UK, but this is as strong a field as there has ever been.'

Ronnie O'Sullivan

TRUMP TOWERS

'Judd Trump is defending the title after winning his first World Championship last year in an amazing final against John Higgins that saw Trump make seven centuries. Players often stumble when defending the title, but Judd has developed an astonishing consistency. He's matured into a fantastic all-rounder and has won a record six ranking titles this season.'

ROCKET MAN

'Ronnie O'Sullivan crashed out in the first round at the Crucible last year, but he's still among the favourites. This year's World Championship feels like a fresh start, rather than the culmination of the season, and that could work to Ronnie's advantage. He is one of the few players who can perform without much preparation or

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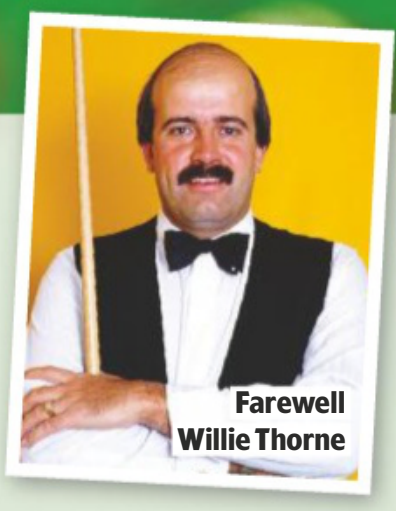
THE MAIN EVENT


Farewell Willie Thorne

matchplay. He has that amazing raw talent.'

REMEMBERING WILLIE

'I hope we get the chance to take a moment at the Crucible to say farewell to Willie Thorne, who died last month. It's hard to even think about the fact that he is no longer around. He was a larger-than-life character who gave joy to so many people. Nobody was ever bored in Willie's company.'

The great LeBron James

LIVE BASKETBALL

NBA restart

From Thursday, Sky Sports Arena HD & Sky Sports Main Event HD

After a hiatus of nearly five months, the NBA tips off again on Thursday, with all games being played at Disney World in Orlando, Florida. The best 22 of the league's 30 teams will play eight games to finish the regular season before the traditional 16-team playoffs. The action gets underway with a double-header featuring Utah Jazz and the New Orleans Pelicans followed by the LA Clippers versus city rivals LA Lakers, whose roster includes the legendary LeBron James.

Eoin Morgan

LIVE CRICKET

England v Ireland: First ODI

Thu, Sky Sports Cricket HD & Sky Sports Main Event HD, play starts 2pm

Ahead of their Test series against Pakistan, England host Ireland in three one-day internationals at Southampton – a series that was originally scheduled for September. The sides met for 50 overs in Dublin last year, with Jofra Archer making his England debut as captain Eoin Morgan led his team to a four-wicket victory following an unbeaten half-century from Ben Foakes.

LIVE GOLF

WGC St Jude Invitational

From Thursday, Sky Sports Golf HD & Sky Sports Main Event HD

Brooks Koepka is set to defend his title when the third World Golf Championships event takes place in Memphis. Last year, he took home a cheque for $1.745 million as he overcame Rory McIlroy in the final round. On this side of the Atlantic, the English Open returns to the European Tour after a break of 18 years when the Forest of Arden Club hosts the second event in the UK Swing (from Thu, Sky Sports Golf HD).

American Brooks Koepka

Liverpool's Mo Salah

LIVE FOOTBALL

Premier League

Sun, Sky Sports HD & BT Sport HD

The Premier League season comes to an end on Sunday after 92 games crammed into 40 days. The live games had yet to be decided as we went to press but champions Liverpool sign off with a trip to Newcastle United, where Mohamed Salah will be looking to score in his fifth game running against the Magpies, who have impressed since the restart.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE This week's sport on TV

Due to the ongoing coronavirus outbreak, sporting events are subject to disruption or cancellation

Baseball
The MLB season begins, with Washington Nationals pitcher Steven Strasburg back in action

PHOTO: PA IMAGES

AUSTRALIAN RULES

LIVE Port Adelaide Power v St Kilda Saints
Sat 10.30am BT Sport 1

LIVE West Coast Eagles v Collingwood Magpies
Sun 6.30am BT Sport 3

LIVE Fremantle Dockers v Geelong Cats
Mon 10.30am BT Sport 2

BASEBALL

LIVE Chicago Cubs v Milwaukee Brewers
Sat 6pm BT Sport/ESPN

LIVE Chicago White Sox v Minnesota Twins
Sat 7pm BT Sport 2

LIVE Los Angeles Dodgers v San Francisco Giants
Sat 9pm; Sun 3am BT Sport/ESPN

LIVE Washington Nationals v New York Yankees
Sat 12m't BT Sport/ESPN; Sun 6.30pm BT Sport 3

LIVE San Diego Padres v Arizona Diamondbacks
Sun 9pm BT Sport 1

LIVE New York Mets v Atlanta Braves
Sun 12m't BT Sport/ESPN

LIVE San Francisco Giants v Los Angeles Dodgers
Mon 8.30pm BT Sport 1

LIVE Tampa Bay Rays v Atlanta Braves
Mon 11.30pm BT Sport/ESPN; Tue 11.30pm BT Sport 1

LIVE Washington Nationals v Toronto Blue Jays
Tue 9pm BT Sport/ESPN

LIVE Houston Astros v New York Mets
Tue 2am BT Sport/ESPN

LIVE Texas Rangers v Arizona Diamondbacks
Wed 9pm BT Sport 1

LIVE New York Yankees v Philadelphia Phillies
Wed 12m't BT Sport/ESPN

LIVE Houston Astros v Los Angeles Dodgers
Wed 12m't BT Sport 2

LIVE Cincinnati Reds v Chicago Cubs
Thu 11pm BT Sport 1

LIVE Atlanta Braves v Tampa Bay Rays
Thu 12m't BT Sport/ESPN

LIVE Milwaukee Brewers v St Louis Cardinals
Fri 7pm BT Sport 3

LIVE New York Yankees v Boston Red Sox
Fri 12m't BT Sport/ESPN

BASKETBALL

LIVE New Orleans Pelicans v Utah Jazz
Thu 11.30pm Sky Sports Arena
The NBA season restarts. See p29.

LIVE Los Angeles Lakers v Los Angeles Clippers
Thu 2am Sky Sports Main Event & Sky Sports Arena

LIVE Brooklyn Nets v Orlando Magic
Fri 7.30pm Sky Sports Arena

LIVE Milwaukee Bucks v Boston Celtics
Fri 11.30pm Sky Sports Arena

LIVE Dallas Mavericks v Houston Rockets
Fri 2am Sky Sports Main Event & Sky Sports Arena

BOXING

LIVE Fight Night
Sat 7.15pm; Fri 7pm BT Sport 1
Coverage of two bouts.

COMBAT SPORTS

LIVE UFC Fight Night Prelims
Sat 11pm BT Sport 2

LIVE Robert Whittaker v Darren Till
Sat 1am BT Sport 2
Coverage of the UFC middleweight bout from Yas Island, Abu Dhabi, plus undercard.

LIVE MMA
Fri 1.30pm Premier Sports 1
Coverage of a live bout.

CRICKET

LIVE England v West Indies
Sat-Tue 10.30am Sky Sports Main Event & Sky Sports Cricket
Days two to five of the third and final Test at Old Trafford in Manchester.

LIVE Dream11 ECS Cricket
Mon-Thu 7.55am, 9.55am, 11.55am, 1.55pm, 3.55pm; Fri 7.55am, 9.55am, 12.55pm, 2.55pm FreeSports
European T10 competition.

LIVE England v Ireland
Thu 1.30pm Sky Sports Main Event & Sky Sports Cricket
The first one-day international in the three-match series. See p29.

DARTS

LIVE World Matchplay
Sat 8pm; Sun 8.30pm Sky Sports Main Event & Sky Sports Action
Tournament action from Milton Keynes, with the final on Sunday.

GOLF

LIVE British Masters
Sat 1.30pm Sky Sports Golf
The fourth and final day of the European Tour event in Newcastle.

LIVE The 3M Open
Sat 5.30pm, Sun 1pm Sky Sports Golf; Sat 10pm, Sun 10.30pm Sky Sports Main Event
Days three and four of the PGA Tour event in Blaine, Minnesota.

LIVE English Open
Thu & Fri 12noon, 3pm Sky Sports Golf; Thu 12noon, Fri 3pm Sky Sports Main Event
The European Tour event begins at the Forest of Arden Hotel & Country Club in Warwickshire.

LIVE WGC St Jude Invitational
Thu & Fri 6pm Sky Sports Golf; Thu 10pm, Fri 6pm Sky Sports Main Event
The World Championships event begins in Tennessee. See p29.

HORSE RACING

LIVE Racing from Ascot
Sat 1.25pm ITV; Sun 1.30pm ITV4
Coverage from Ascot, plus races from York and the Curragh.

LIVE Glorious Goodwood
Tue-Fri 1.30pm ITV
The first four days of the prestigious meeting, with races including the Goodwood Cup (Tue), Sussex Stakes (Wed) and Nassau Stakes (Thu).

LACROSSE

LIVE Major League Lacrosse
Sun 7pm BT Sport/ESPN
Action from the United States.

MOTORCYCLING

LIVE MotoGP
Sat 8am, 11am; Sun 7.15am BT Sport 2
Practice, qualifying and warm-ups for the Grand Prix of Andalucia.

LIVE MotoE: GP of Andalucia
Sat 3pm; Sun 8.45am BT Sport 2
Coverage from Jerez, with qualifying on Saturday and the race on Sunday.

LIVE Moto3: GP of Andalucia
Sun 9.30am BT Sport 2
From Jerez (race starts 10am).

LIVE Moto2: GP of Andalucia
Sun 11am BT Sport 2
From Jerez (race starts 11.20am).

LIVE MotoGP: Grand Prix of Andalucia
Sun 12.30pm BT Sport 2
Coverage from the Circuito de Jerez (race starts 1pm).

LIVE Grudziadz v Gorzow
Sun 3.30pm Premier Sports 2
Polish speedway coverage.

LIVE Czestochowa v Leszno
Sun 6.15pm Premier Sports 2

LIVE Leszno v Gorzow
Fri 5pm FreeSports

LIVE Zielona Gora v Rybnik
Fri 7.30pm Premier Sports 1

MOTORSPORT

LIVE GT World Challenge Europe
Sun 12noon Sky Sports F1
The GT season begins at Imola, Italy.

LIVE Formula 1
Fri 10.55am, 2.55pm C4; Fri 11am, 2.45pm Sky Sports F1
Practice sessions ahead of the British Grand Prix at Silverstone.

LIVE Formula 2
Fri 12.50pm, 4.55pm Sky Sports F1
Practice and qualifying sessions.

LIVE Formula 3
Fri 2pm Sky Sports F1
The qualifying session at Silverstone.

NETBALL

LIVE Pulse v Stars
Sat 6am Sky Sports Mix
ANZ Premiership coverage.

LIVE Tactix v Stars
Sun 6am Sky Sports Mix

LIVE Steel v Mystics
Sun 8am Sky Sports Mix

LIVE Mystics v Magic
Mon 8am Sky Sports Main Event, Sky Sports Arena & Sky Sports Mix

LIVE Tactix v Stars
Thu 8am Sky Sports Main Event, Sky Sports Arena & Sky Sports Mix

RUGBY LEAGUE

LIVE New Zealand Warriors v Sydney Roosters
Sat 6am Sky Sports Main Event & Sky Sports Arena

LIVE Cronulla-Sutherland Sharks v St George Illawarra Dragons
Sat 8.30am Sky Sports Main Event & Sky Sports Arena

LIVE Canberra Raiders v South Sydney Rabbitohs
Sat 10.35am Sky Sports Arena

LIVE Newcastle Knights v Canterbury-Bankstown Bulldogs
Sat 5am Sky Sports Arena

LIVE Gold Coast Titans v Penrith Panthers
Sun 7.05am Sky Sports Main Event & Sky Sports Arena

LIVE St George Illawarra Dragons v South Sydney Rabbitohs
Thu 10.50am Sky Sports Arena

LIVE Wests Tigers v New Zealand Warriors
Fri 9am Sky Sports Main Event & Sky Sports Arena

LIVE Brisbane Broncos v Cronulla-Sutherland Sharks
Fri 10.55am Sky Sports Main Event & Sky Sports Arena

LIVE Sydney Roosters v Gold Coast Titans
Fri 5.55am Sky Sports Main Event & Sky Sports Arena

RUGBY UNION

LIVE Crusaders v Hurricanes
Sat 7.30am Sky Sports Action
Super Rugby Aotearoa coverage.

LIVE Western Force v Brumbies
Sat 10.10am Sky Sports Action
Super Rugby AU action.

LIVE Blues v Chiefs
Sat 4am Sky Sports Main Event & Sky Sports Action
A Super Rugby Aotearoa clash.

LIVE Western Force v Rebels
Fri 10am Sky Sports Action
Super Rugby AU coverage.

SNOOKER

LIVE World Championship Qualifying
Sat & Sun 1.30pm, 7pm Euro1

LIVE World Championship
Fri 10am BBC2; 1pm BBC2 (Wales 1.15pm); 7pm BBC2 (not NI)
The tournament begins at Sheffield's Crucible Theatre. See p28.

TENNIS

LIVE Premier Tier British Tour
Sat 11am; Sun 9.30am BBC Red Button 1
Tournament coverage from the National Tennis Centre, Roehampton.

Football planner »»

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Item	Description	Price	Qty	Subtotal
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680019	**Additional Orange Tree** - 1-1.2m tall potted Tree	£29.99		
680020	**Additional Lemon Tree** - 1-1.2m tall potted Tree	£29.99		
These SPECIAL OFFERS go perfectly with your Citrus Tree Collection				
350017	**Potato Growing Kit "Second Cropping"** Growing Kit **SAVE £20.00 MORE THAN HALF PRICE!**	£17.95		
150006	**Pair of Giant Plant Fleeces** (1.6 x 1.2m) Protect Your Trees From Winter Frosts	£8.99		
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Football planner

Due to the ongoing coronavirus outbreak, football matches are subject to disruption or cancellation

Saturday 25

LIVE Sydney FC v Western United
8am BT Sport 1
All the action from Australia's Hyundai A-League as Sydney FC welcome Western United to the Leichhardt Oval.

LIVE Vanarama National League Play-off Semi-final
2pm BT Sport 1 (kick-off 2.30pm)
A place in the National League play-off final is up for grabs as Harrogate Town face the winners of the Elimination Round Match A.

LIVE Brescia v Parma
4.10pm Premier Sports 2 (kick-off 4.15pm)
Coverage of Italy's Serie A from the Stadio Mario Rigamonti, as the race for the Scudetto continues.

LIVE Vanarama National League Play-off Semi-final
4.45pm BT Sport 1 (kick-off 5pm)
All the action as Notts County battle it out with the winners of Elimination Round Match B for a place in the National League play-off final.

LIVE Rangers v Coventry City
5pm Premier Sports 1 (kick-off 5.15pm)
Coverage of the pre-season friendly from Ibrox as Scottish football gears up to return.

LIVE Genoa v Inter Milan
6.25pm Premier Sports 2 (kick-off 6.30pm)
Italian top-flight action from the Luigi Ferraris Stadium.

LIVE Brann v Kristiansund BK
7.25pm Eurosport 2 (kick-off 7.30pm)
Coverage of a match from the Norwegian top flight.

LIVE Napoli v Sassuolo
8.40pm Premier Sports 1 (kick-off 8.45pm)
The race for the Scudetto continues as Napoli welcome Sassuolo to the San Paolo Stadium.

LIVE MLS is Back Tournament Round of 16
1am FreeSports
Coverage of the opening Round of 16 fixture as the MLS is Back Tournament moves from the group stage to a knockout competition. Philadelphia Union or Orlando City will face the Wild Card team from Group C, D or E.

LIVE MLS is Back Tournament Round of 16
3.30am FreeSports
All the action from the second Round of 16 fixture, which comes from ESPN Wide World of Sports Complex in Florida.

Sunday 26

LIVE Wellington Phoenix v Adelaide United
6.30am BT Sport 1 (kick-off 8am)
Action from the Hyundai A-League, Australia's top football division as Adelaide United travel to New Zealand to face Wellington.

LIVE FC Midtjylland v AaB Aalborg
11.55am FreeSports (kick-off 12noon)
Coverage of the Danish Superliga encounter from the MCH Arena.

LIVE Gillette Soccer Special
1pm Sky Sports Premier League
Jeff Stelling introduces pre-match reports and news of all this afternoon's goals as they go in, while expert studio guests keep their eye on all the big games and talking points. Plus, a classified results round-up from all of today's fixtures.

LIVE Premier League
All the matches from the final day of the Premier League will be screened live across Sky Sports and BT Sport. The broadcasters were unable to confirm which channel each game would appear on when our magazine went to press.

LIVE Arsenal v Watford
Sky Sports or BT Sport (kick-off 4pm)

LIVE Burnley v Brighton
Sky Sports or BT Sport (kick-off 4pm)

LIVE Chelsea v Wolves
Sky Sports or BT Sport (kick-off 4pm)

LIVE Crystal Palace v Tottenham Hotspur
Sky Sports or BT Sport (kick-off 4pm)

LIVE Everton v Bournemouth
Sky Sports or BT Sport (kick-off 4pm)

LIVE Leicester City v Manchester United
Sky Sports or BT Sport (kick-off 4pm)

LIVE Manchester City v Norwich City
Sky Sports or BT Sport (kick-off 4pm)

LIVE Newcastle v Liverpool
Sky Sports or BT Sport (kick-off 4pm)

LIVE Southampton v Sheffield United
Sky Sports or BT Sport (kick-off 4pm)

LIVE West Ham v Aston Villa
Sky Sports or BT Sport (kick-off 4pm)

LIVE Final Score
5pm BBC1
Jason Mohammad introduces reports and reaction as the 2019-20 top-flight season reaches its climax. Analysis comes from Garth Crooks and Dion Dublin.

LIVE Sky Bet Championship Play-off Semi-final First Leg
6pm Sky Sports Football; 6.30pm Sky Sports Main Event (kick-off 6.30pm)
Coverage of the first semi-final of the Championship play-offs as the third-placed team in the division meet the team that finished sixth.

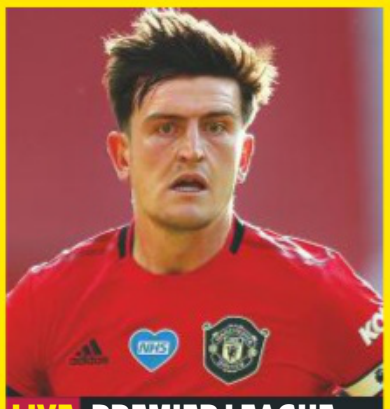
LIVE Serie A
6.25pm Premier Sports 1 (kick-off 6.30pm)
Action from a top game from Italy's Serie A, as the race for the Scudetto continues.

LIVE PREMIER LEAGUE

Chelsea v Wolves

Sunday, Sky Sports HD or BT Sport HD, kick-off 4pm

There could still be a lot to play for in the hunt for European places as the sides sign off the season at Stamford Bridge. They served up an entertaining game at Molineux in September when Blues striker Tammy Abraham scored a hat-trick and an own goal in a 5-2 win.

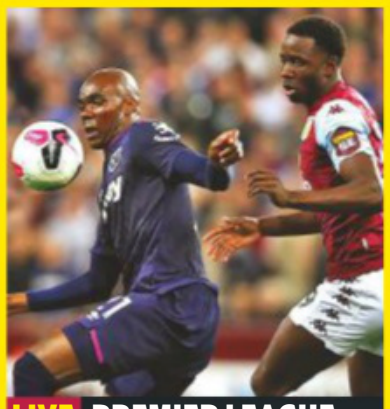


LIVE PREMIER LEAGUE

Leicester City v Manchester United

Sunday, Sky Sports HD or BT Sport HD, kick-off 4pm

United defender Harry Maguire will hope to extend his former club's dire record in this fixture. The Foxes have won just one of the sides' last 23 meetings, with United forward Marcus Rashford scoring the winner in both of the last two.



LIVE PREMIER LEAGUE

West Ham United v Aston Villa

Sunday, Sky Sports HD or BT Sport HD, kick-off 4pm

Depending on recent results, this could be a huge game at the London Stadium as the claret-and-blue relegation rivals seek to maintain Premier League status, with Hammers boss David Moyes promising his team will fight 'to the last kick'.

LIVE Premier League Tonight
6.30pm BT Sport 1
Jake Humphrey is joined by an expert panel to round-up all the big talking points from today's games, plus manager and player reaction.

LIVE FK Haugesund v Rosenborg
7.25pm Eurosport 2 (kick-off 7.30pm)
Coverage of the Norwegian Eliteserien encounter comes from Haugesund Stadion.

LIVE Juventus v Sampdoria
8.40pm Premier Sports 1 (kick-off 8.45pm)
Italian Serie A action from the Allianz Stadium in Turin.

Match of the Day
10.30pm BBC1
Gary Lineker presents highlights of the final round of Premier League fixtures, with the curtain coming down on the 2019-20 campaign almost 12 months after it began. With opinion and analysis from Alan Shearer and Ian Wright.

LIVE MLS is Back Tournament Round of 16
1.30am FreeSports
Coverage of the third Round of 16 fixture, which comes live from ESPN Wide World of Sports Complex in Florida.

LIVE MLS is Back Tournament Round of 16
4am FreeSports
All the action from the fourth Round of 16 fixture as the MLS tournament reaches its knockout stages.

Monday 27

LIVE Central Coast Mariners v Western Sydney Wanderers
10.30am BT Sport 1
Action from Australia's Hyundai A-League as struggling Central Coast Mariners welcome Western Sydney Wanderers to the Central Coast Stadium.

LIVE Sky Bet Championship Play-off Semi-final First Leg
7pm Sky Sports Football (kick-off 7.45pm)
Live coverage as the teams that finished 4th and 5th in the table clash in the first leg of the second Championship play-off semi-final.

LIVE Serie A
8.40pm Premier Sports 1 (kick-off 8.45pm)
All the action from a key game in the Italian top-flight.

LIVE MLS is Back Tournament Round of 16
1.30am FreeSports
Action from the fifth MLS Round of 16 fixture at the ESPN Wide World of Sports Complex in Florida.

LIVE MLS is Back Tournament Round of 16
4am FreeSports
Coverage of the sixth Round of 16 encounter from the MLS.

Tuesday 28

LIVE Melbourne Victory v Brisbane Roar
10.30am BT Sport 1
Hyundai A-League action from the Melbourne Rectangular Stadium as struggling Victory face a tough test against Brisbane Roar.

LIVE Parma v Atalanta
6.25pm Premier Sports 1 (kick-off 6.30pm)
Coverage from Italy's top-flight as high-flying Atalanta continue their hunt for a European spot against mid-table Parma.

LIVE Inter Milan v Napoli
8.40pm Premier Sports 1 (kick-off 8.45pm)
Serie A action as Inter look to enhance their chances of securing European football for next season by beating Napoli.

LIVE MLS is Back Tournament Round of 16
1am FreeSports
Coverage of the seventh Round of 16 encounter.

LIVE MLS is Back Tournament Round of 16
3.30am FreeSports
The eighth Round of 16 fixture.

Wednesday 29

LIVE Serie A
6.25pm Premier Sports 1 (kick-off 6.30pm)
A key game from Italy's top-flight.

LIVE Serie A
6.25pm Premier Sports 2 (kick-off 6.30pm)
All the action from an Italian top-flight meeting.

LIVE Sky Bet Championship Play-off Semi-final Second Leg
7pm Sky Sports Football (kick-off 7.45pm)
Action from the second leg of the play-off semi-final.

LIVE Serie A
8.40pm Premier Sports 1 (kick-off 8.45pm)
Coverage from Italy's top division.

LIVE Serie A
8.40pm Premier Sports 2 (kick-off 8.45pm)
Italian Serie A action.

Thursday 30

LIVE Adelaide United v Perth Glory
10.30am BT Sport 1
Action from the Hyundai A-League.

LIVE Serie A
6.25pm Premier Sports 1 (kick-off 6.30pm)
A top game from Italy, as the race for the Scudetto continues.

LIVE Sky Bet Championship Play-off Semi-final Second Leg
7pm Sky Sports Football (kick-off 7.45pm)
Coverage of the second leg of the play-off semi-final.

LIVE Serie A
8.40pm Premier Sports 1 (kick-off 8.45pm)
Coverage from a key Italian top-flight encounter.

LIVE MLS is Back Tournament Quarter-final
1am FreeSports
Coverage of the first quarter-final in the special MLS tournament being held in place of the regular season.

Friday 31

LIVE Western Sydney Wanderers v Wellington Phoenix
10.30am BT Sport 1
The Hyundai A-League clash.

LIVE PSG v Lyon
7.30pm BT Sport 2 (kick-off 7.45pm)
Coverage of the French League Cup final from the Stade de France.

LIVE MLS is Back Tournament Quarter-final
12.30am FreeSports
Coverage of the second last eight game in the MLS tournament.

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Saturday

25 July

Evening Planner

Sport

Britain's Greatest Olympic Moments
BBC1 HD, 1.15pm
A countdown of GB's top 25 Games, featuring London 2012's gold haul

Documentary

Laurel Canyon
Sky Documentaries HD, 9pm
A look at the artists who revolutionised LA's 1960s music scene, including Joni Mitchell and Crosby, Stills, Nash & Young

Drama

The Last Wave
BBC4 HD, 9pm & 9.50pm
A group of surfers are charged with weird powers after a cloud and wave envelop them in a supernatural French thriller

Documentary

Diana vs the Tabloids
Channel 5 HD, 9.15pm
Exploring the pact that the Princess of Wales made to keep the press at bay, and the circumstances surrounding her death

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.05 Celebrity...	7.30 Pointless Celebrities		8.25 Casualty	9.10 Peter Crouch: Save Our Summer		10.00 News	10.20 Film: Iron Man 3
102 BBC2		7.15 Today at the Test: England v West Indies		8.15 American History's Biggest Fibs with...	9.15 World Cup 1966: Alfie's Boys			
103 ITV	‹ 6.25 Ninja...	7.25 The Voice Kids			9.00 Film: You Only Live Twice			
104 CHANNEL 4		7.15 Skeletons of the Mary Rose: The New...		8.15 How to Build British: The London Cab	9.15 Film: The Post			
105 CHANNEL 5	‹ 6.25 Jane McDonald: Cruising...	7.45 Anne at 70: The Best Queen We Never Had?			9.15 Diana vs the Tabloids			10.15 When Talent Shows Go...
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Film: Twister			
ENTERTAINMENT								
116 BBC4	7.00 This Farming Life		8.00 The Riviera: A History in Pictures		9.00 The Last Wave			
118 ITV2	‹ 6.45 Film: Tomb Raider				9.00 Film: Pitch Perfect			
136 MORE4	‹ 6.55 Four in a Bed		8.00 Kirstie and Phil's Love It or List It		9.00 24 Hours in A&E			
135 E4	‹ 6.20 Film: The Hunger Games: Mockingjay – Part 2				9.00 Film: X-Men 2			
107 SKY WITNESS	7.00 Blue Bloods				9.00 9-1-1		10.00 Law & Order: Special Victims Unit	
108 SKY ATLANTIC	7.00 CSI				9.00 Band of Brothers			
110 GOLD	‹ 6.50 Only Fools and Horses				9.00 Michael McIntyre's Comedy Roadshow		10.00 Mrs Brown's Boys	10.40 Smack...
111 DAVE		7.20 Would I Lie to You?	8.00 Not Going Out				10.00 Mock the Week	
119 ITV3	7.05 Midsomer Murders							
120 ITV4	‹ 6.10 Rugby World Cup 2003 Relived				9.00 Film: Gran Torino			
112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's Big Show		9.00 Film: My Super Ex-Girlfriend			
152 SYFY	‹ 6.00 Film: Black Knight		8.00 Pandora		9.00 Film: Need for Speed			
109 W	‹ 6.40 Outnumbered		8.00 Inside the Ambulance				10.00 The Catherine Tate Show	
113 SKY COMEDY	7.00 30 Rock				9.00 Our Cartoon...	9.35 Insecure		10.10 Miracle Workers: Dark Ages
124 FOX	7.00 NCIS: New Orleans		8.00 NCIS		9.00 APB		10.00 Family Guy	
122 SKY ARTS	‹ 6.15 Pink Floyd...	7.30 U2 Experience – Live in Berlin			9.00 Pet Shop Boys: Inner Sanctum – The Super Tour			
DOCUMENTARY								
125 DISCOVERY	7.00 Gold Divers		8.00 G.A.S. Extreme Customs		9.00 Outback Truckers		10.00 Spies Beneath Berlin	
162 ANIMAL PLANET	7.00 Nature's Strangest Mysteries: Solved		8.00 Saved By the Barn		9.00 The Zoo		10.00 Legends of the Wild	
129 NAT GEO	7.00 Airport Security: Peru							
123 SKY HISTORY	7.00 Forged in Fire		8.00 Secret History of Humans		9.00 North Korea: Dark Secrets			
155 YESTERDAY	7.00 Sounds of the Seventies				9.00 Royal Murder Mysteries		10.00 Royals on the Frontline	
166 EDEN	7.00 Jungle Planet		8.00 Close Up with Hippos		9.00 The Zoo			
FILMS - Sky Cinema								
301 PREMIERE	‹ 5.50 Ad Astra		8.00 Good Boys			9.45 Sea Fever		
303 HITS	‹ 5.30 Just Go...	7.30 Crawl			9.00 Gemini Man			
304 GREATS	‹ 6.10 O Brother, Where Art Thou?		8.00 Speed				10.00 The Wolf of Wall Street	
307 DISNEY	‹ 6.00 Dumbo		8.00 Ratatouille				10.00 Prince of Persia: The Sands of Time	
306 FAMILY	‹ 6.05 Johnny English Reborn		8.00 Dora and the Lost City of Gold				10.00 Father of the Bride	
308 ACTION	‹ 6.10 Beverly Hills Cop		8.00 Glass					10.15 The Punisher
309 COMEDY	‹ 6.00 Miss Congeniality 2: Armed and...		8.00 Bad Therapy			9.50 Stuber		
310 THRILLER	7.00 Rear Window				9.00 The Birds			
311 DRAMA	‹ 5.45 Evita		8.00 As Good As It Gets					10.30 The Green Mile
312 SCI-FI	‹ 6.50 Captain America: The First Avenger				9.00 Star Wars: The Rise of Skywalker			
302 HARRY POTTER	‹ 6.50 Harry Potter: A Who's...	7.45 Harry Potter and the Philosopher's Stone						10.20 Harry Potter and the...
313 FILM4		7.10 Home Again			9.00 Chaos			
315 TCM MOVIES	‹ 6.15 Rio Lobo			8.20 The Pelican Brief				
SPORT								
401 MAIN EVENT		7.15 Cricket Debate	8.00 World Matchplay Darts – Live: Coverage of the semi-finals from Marshall Arena				10.00 PGA Tour Golf – Live	
402 PREMIER LEAGUE	7.00 The Tyler Archives		8.00 Gary Neville's Soccerbox				10.00 Life of Ryan: Caretaker Manager	
403 FOOTBALL	7.00 EFL Championship Highlights						10.00 MLS...	10.30 SPFL Highlights
404 CRICKET		7.15 Cricket Debate	8.00 Test Cricket		9.00 Cricket Debate		10.00 Test Cricket	
413 BT SPORT 1		7.15 BT Sport Fight Night – Live: Boxing action						
414 BT SPORT 2	7.00 MLB – Live: Chicago White Sox v Minnesota Twins: From Guaranteed Rate Field (Start-time 7.10pm)						10.00 UFC Live Fight Night Preview	

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Saturday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.30 **The Great Food Guys** New edition 3/8. Nick Nairn and Dougie Vipond cook a Buddha bowl with onion bhajis. (S)(AD)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 NEW **Britain's Greatest Olympic Moments** A look back at the top 25 moments from Britain's Summer Olympics history. (S)
4.30 **The Farmer's Llamas** Shaun the Sheep causes mayhem at a country fair. (S)(R)(AD)
5.00 FILM **Zootropolis** Disney's animated comedy featuring the voices of Ginnifer Goodwin, Jason Bateman and Idris Elba. (S)(AD) (2016, PG, 100min) ★★★★

9.10 Peter Crouch: Save Our Summer

6 PM
6.40 **BBC News** (S)
6.55 **Local News** (S)

7 PM
7.05 **Celebrity Mastermind** 3/10. With Paul Chuckle, Amanda Henderson, Geoff Norcott and Levi Roots. (S)(R)
7.30 **Pointless Celebrities** New edition A special Olympics edition of the general knowledge quiz, featuring Anthony Ogogo, Helen Glover and Matthew Pinsent. (S)

8 PM
8.25 **Casualty** Ethan battles his PTSD and throws himself into action after a dangerous incident at Holby Comic Con. (S)(AD)

9 PM
9.10 **Peter Crouch: Save Our Summer** Series finale 8/8. Mo Farah and Jamie Redknapp go head-to-head in a Sporting Fix finale. (S)
■ Repeated on Monday

10 PM
10.00 **BBC News** (S)
10.20 FILM **Iron Man 3** Comic-book action adventure sequel with Robert Downey Jr and Gwyneth Paltrow. (S)(AD) (2013, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **Hot Property** New edition 6/8. With Milan from Glasgow. (S)
12.55 FILM **In the Dark Half** British horror starring Jessica Barden, Tony Curran and Georgia Henshaw. (S) (2012, 15, 80min) ★★★
2.15 **Weather for the Week Ahead** (S)
2.20 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.45 AM **Marrying Mum and Dad** (S)(R)
7.15 **Wild & Weird** (S)(R)
7.30 **All Over the Place: UK** (S)(R)
8.00 **The Dengineers** (S)(R)
8.30 **Deadly 60** (S)(R)
9.00 **Britain's Most Sensational Backyard Builds** (S)(R)(AD)
10.00 **Bears About the House** (S)(R)(AD)
11.00 **Wild West: America's Great Frontier** (S)(R)(AD)
12.00 NOON **Nigellissima** (S)(R)(AD)
12.30 PM **Money for Nothing** (S)(R)
1.15 **Escape to the Country** (S)(R)(AD)
2.15 **Hugh's Wild West** (S)(R)(AD)
3.15 **Animals with Cameras** (S)(R)(AD)
4.15 **Amazing Hotels: Life Beyond the Lobby** A visit to The Torridon in the Scottish Highlands. (S)(R)(AD)
5.15 **Inside Central Station** Series finale 6/6. Music festival revellers descend on the station. (S)(AD)

8.15 American History's Biggest...

6.15 **A House Through Time** 4/4. David Olusoga concludes the house's story, revealing how it was once almost demolished, then became a home for creative people, and meeting the current owner. (S)(R)(AD)
7.15 **Today at the Test: England v West Indies** Action from the second day's play of the third Test in the three-game series, held at Old Trafford. (S)
8.15 NEW TO BBC2 **American History's Biggest Fibs with Lucy Worsley** 1/3. How US history has been manipulated, beginning with the American Revolution. *Previously on BBC4.* (S)
9.15 **World Cup 1966: Alfie's Boys** David Jason presents a documentary about how Alf Ramsey put together the England football team that won the 1966 World Cup. (S)(R)(AD)
10.45 **Match of Their Day** New edition A special episode dedicated to Jack Charlton, the World Cup winner and former Republic of Ireland manager, who died earlier this month at the age of 85. (S)
11.25 **TOTP2: The 60s** Mark Radcliffe narrates the first of three 1960s specials, including songs by The Foundations, Julie Driscoll, Sandie Shaw and Procol Harum. (S)(R)
11.55 FILM **Just Jim** Comedy drama with Emile Hirsch and Craig Roberts. A lonely Welsh teenager befriends his American neighbour, who gives him some lessons in how to be cool. (S) (2015, 15, 80min) ★★★
1.15 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
9.25 **James Martin's Saturday Morning** With Tom Kerridge. (S)(R)
11.35 **John and Lisa's Weekend Kitchen** New edition Dishes perfect for enjoying outdoors. (S)
12.40 PM **James Martin's American Adventure** 8/10. The chef explores Salem. (S)(R)(AD)
1.10 **ITV News** (S)
1.25 LIVE **ITV Racing** Coverage of the 3.35 King George V Stakes from Ascot, which is supported by four other races. Plus, four races from York, including the 2.40 Skybet Stakes. (S)
4.30 **Tipping Point: Best Ever Finals** Memorable endgames. (S)(R)
5.00 **The Masked Singer US** New edition Fox, Ladybug, Flower, Tree and Rottweiler perform. (S)

5.00 The Masked Singer US

6.00 **ITV News** (S)
6.20 **Local News** (S)
6.25 **Ninja Warrior UK** 8/8. Competitors test their strength, speed and courage in the final of the obstacle-course challenge, hosted by Ben Shephard, Rochelle Humes and Chris Kamara. (S)(R)(AD)
7.25 **The Voice Kids** New edition Emma Willis presents the junior version of the talent contest, as will.i.am, Danny Jones, Pixie Lott and Paloma Faith give youngsters, aged from seven to 14, a chance at stardom. (S)
■ Repeated tomorrow
9.00 FILM **You Only Live Twice** James Bond adventure starring Sean Connery. When international crime syndicate SPECTRE intercept an American space capsule in orbit, the Russians get the blame. With the world on the brink of World War Three, British agent James Bond is sent to Japan to investigate. With Donald Pleasence. (S)(AD) (1967, PG, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.15 **ITV News** (S)
11.35 **Play to the Whistle** 3/6. Host Holly Willoughby and team captains Frank Lampard and Bradley Walsh are joined by guests Sam Quek, Rob Beckett and Jake Humphrey. (S)(R)
12.35 AM **Ideal World**
3.00 **Babushka** Game show hosted by Rylan Clark-Neal. (S)(SL)(R)
3.50 **to 6.00** AM **Nightscreen**

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

5.50 AM **Mike & Molly** (S1) (S)(R)
6.35 **Everybody Loves Raymond** 8-10/26. Triple bill. (S3) (S)(R)(AD)
7.55 **Frasier** 19&20/24. (S4) (S)(R)(AD)
8.45 **The Big Bang Theory** (S)(R)(AD)
10.30 **The Simpsons** (S)(R)(AD)
12.55 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.30 **Jimmy's Forest** Series finale 4/4. A thick layer of snow covers the wood as winter arrives. (S)(AD)
4.35 **A Place in the Sun** A North Yorkshire couple search for a holiday home in Oliva, Spain. (S)(R)
5.20 Jonnie Irwin heads to Tenerife to help husband and wife Robin and Teresa. (S)(R)
5.55 **Grand Designs** Kevin McCloud follows Matt and Sophie from Sussex as they build a giant family house of fun. (S)(R)(AD)

9.15 The Post

6.45 **News** (S)
7.15 **Skeletons of the Mary Rose: The New Evidence** Scientists use isotope and DNA analysis to identify the crew of Henry VIII's flagship, many of whom were of African origin, and trace their surviving descendants. (S)(R)(AD)
8.15 **How to Build British: The London Cab** New edition Charting the step-by-step process of the construction of an electric London taxi. (S)(AD)
9.15 FILM PREMIERE **The Post** Steven Spielberg's fact-based drama starring Meryl Streep and Tom Hanks. In 1971, American newspapers race to expose a government cover-up of Vietnam War secrets. With Sarah Paulson, Bob Odenkirk and Tracy Letts. (S)(AD) (2017, 12, 140min) ★★★★ *See review, page 25.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.35 FILM **Sicario** Crime drama starring Emily Blunt and Josh Brolin. (S)(AD) (2015, 15, 125min) ★★★★
1.40 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
2.30 **Hollyoaks** (S)(SL)(R)(AD)
3.25 **This Is Us** 1/18. Pilot episode of the drama starring Mandy Moore. (S1) (S)(SL)(R)(AD)
4.15 **Undercover Boss Australia** (S)(R)
5.05 **to 6.00** AM **Fifteen to One** (S)(R)

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
10.00 **SpongeBob SquarePants** New episode (S)
10.10 **Ryan's Mystery Playdate** New episode (S)
10.25 **Access** Showbiz news. (S)
10.30 **Friends** 23&24/24. (S1) (S)(R)
11.25 **Friends** 1-3/24. (S2) (S)(R)
12.55 PM **Police Interceptors** A stolen car is recovered. (S)(R) **1.55** A man is assaulted in the street by his wife. (S)(R) **2.55** A man is threatening to commit suicide. (S)(R)
3.55 **The Flying Scotsman: Pride of Britain** The history of the locomotive. (S)(R)
5.20 **News** (S)
5.25 **Jane McDonald & Friends** 2/9. With Duncan James and Michelle Gayle. (S)(R)

6.25 Jane McDonald: Cruising...

6.25 **Jane McDonald: Cruising Iceland** New edition Previously unseen highlights of the singer's trip to Iceland aboard the *Ocean Diamond*, which began life as a ferry. (S)

7.45 **Anne at 70: The Best Queen We Never Had?** Documentary exploring the life of the Queen's only daughter, who represented Britain in the 1976 Olympics and survived a kidnapping attempt in 1974. (S)(R)

9.15 NEW **Diana vs the Tabloids** A look at the Princess of Wales' relationship with the press and the deal she made with newspaper editors after her divorce from Prince Charles. (S)
10.15 NEW **When Talent Shows Go Horribly Wrong** Bust-ups with judges, live disasters and behind-the-scenes scandals. (S)

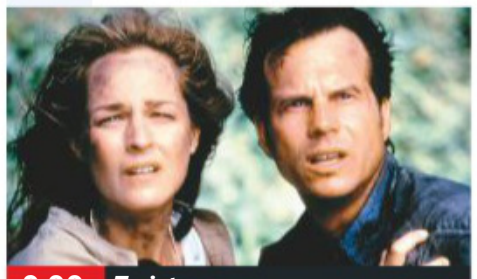
12.20 AM **Greatest Ever TV Blunders** Memorable TV outtakes. (S)(R)
1.15 **21.co.uk Live Casino Show**
3.15 **The Yorkshire Vet** Julian Norton is called to a heifer that is in agony. (S)(R)(AD)
4.05 **Concorde: 120 Seconds to Disaster – 20 Years On** (S)(R)
4.55 **Wildlife SOS** (S)(SL)(R)
5.20 **Great Artists** (S)(SL)(R)
5.50 **to 6.00** AM **Access** (S)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **RSPCA Animal Rescue** (R)
9.00 **Modern Family** (S8) (S)(R)
11.00 **Soccer AM** With John Fendley.
12.00 NOON **NCIS: Los Angeles** (S)(R)
1.00 PM **NCIS: Los Angeles** (S)(R)
3.00 **Harry Potter: A Who's Who of the Wizarding World** The greatest characters in the movie franchise. (R)
4.00 **The Simpsons** *Wild Barts Can't Be Broken:* Chief Wiggum enforces a curfew. (S)(R) **4.30** *Sunday, Cruddy Sunday:* With the guest voices of Dan Marino and Dolly Parton. (S)(R) **5.00** *Homer to the Max:* Homer changes his name. With the voice of Ed Begley Jr. (S)(R) **5.30** *The Wettest Stories Ever Told:* The family recall stories about disasters at sea. (S)(R)



9.00 Twister

6.00 **The Simpsons** *Girls Just Want to Have Sums:* With the voice of Frances McDormand. (S)(R) **6.30** *Regarding Margie:* Marge bumps her head and loses her memory. (S)(R)

7.00 **The Simpsons** *The Monkey Suit:* Lisa defies a new ruling that bans the teaching of evolution. (S)(R) **7.30** *Homer and Marge Turn a Couple Play:* With the voice of Mandy Moore. (S)(R)

8.00 **A League of Their Own** Geri Horner, John Terry and Josh Widdicombe join Jamie Redknapp, Andrew Flintoff and Romesh Ranganathan, with James Corden asking the questions. (S)(R)(AD)

9.00 FILM **Twister** Disaster movie starring Helen Hunt and Bill Paxton as an estranged married couple of meteorologists who reunite to chase tornadoes across the American Midwest. With Jami Gertz and Cary Elwes. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.15 **Cricket's Funniest Moments** Comical clips. (S)(R)
12.15 AM **Brit Cops: Rapid Response** Officers on patrol. (S)(R)(AD)
1.20 **The Force: North East** Police hunt for a man wanted for domestic violence. (S)(R)
2.25 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** (S3) (S)(R)
4.00 **to 6.00** AM **Stop, Search, Seize** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
10.20pm Shane: For the Love of the Game (S)(R) **11.20** FILM Iron Man 3: Comic-book action adventure sequel. (S)(AD) (2013, 12, 120min) ★★★★ **1.20am** Hot Property New edition (S) **1.55-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
6.15pm Gardening Together with Diarmuid Gavin (S)(R) **6.45-7.15pm** Our Farming Life (S)(R)
WALES
Sky **971**, Freesat **971**
10.00-11.00am A Highland Haven: Natural World (S)(R) **5.15pm** Garden Rescue (S)(R) **5.45** Inside Central Station (S)(R)(AD) **6.45-7.15pm** Go Fish! with Will Millard (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Cefn Gwlad (AD) **11.00** Cwpwrdd Epic Chris **11.30** Cegin Bryn: Yn Ffrainc **12.00noon** Adre **12.30pm** Cymry ar Gynfas **1.00** Ar Werth (AD) **1.30** Cynefin **2.30** Y Fets (AD) **3.30** Codi Hwyl **4.00** Sgwrs Dan y Lloer **4.30** Caru Siopa (AD) **5.00** Ynys Adra **5.15** Olobobs **5.20** Crwbanod Ninja **5.45** Gêm Gartre **6.15** Ras E-Seiclo Tim Ineos **7.15** Newyddion S4C **7.30** C'mon Midffild **8.00** Miwsig Fy Mywyd New edition (AD) **9.00** Noson Lawen Eisteddfod Mynwy **10.30** Elis James – 'Nabod y Teip **11.00-11.35pm** Galw Nain Nain Nain

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **This Farming Life** 8/12. John hires extra help for the lambing season.
8.00 **The Riviera: A History in Pictures** As 1.10am.
9.00 NEW SERIES **The Last Wave** *Five Hours:* 1/6. Supernatural French drama starring David Kammenos. **9.50** New episode *The Return:* 2/6. The survivors discover they are endowed with strange powers, while the cloud is about to appear again. Subtitled. (S1)
10.40 **Memories: Andrew Lloyd Webber – Imagine...** Alan Yentob talks to the composer about his autobiography *Unmasked*.

12.10 AM **This Farming Life**
1.10 **The Riviera: A History in Pictures** 1/2. Documentary following in the footsteps of artists who lived and painted on the Cote d'Azur, famous for its sunny climate. With Richard E Grant.
2.10 **to 3.10** AM **Rome Unpacked**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 **A Place in the Sun: Winter Sun** Triple bill.
12.35 PM **Location, Location, Location** From Bath.
1.35 **Bake Off: The Professionals**
2.40 **Come Dine with Me**
5.20 **Four in a Bed** The Golf House on the Isle of Wight. **5.50** From the New Inn pub in St John's Wood, London.

6.25 **Four in a Bed** The Bunkroom hostel in Chester. **6.55** An afternoon of tenpin bowling. **7.25** The winning guest house is announced.
8.00 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help a couple in Bury St Edmunds.
9.00 **24 Hours in A&E** Patients treated at King's College Hospital, London, include a man who was stabbed in his home and an elderly woman who was injured in a fall. **10.00** A man arrives with a potentially deadly swelling of his main artery, which could burst at any moment.

11.05 **Sarah Millican: Thoroughly Modern Millican Live** Stand-up comedy from 2012.
12.10 AM **8 Out of 10 Cats Does Countdown**
1.10 **24 Hours in A&E**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Totally Bonkers Guinness World Records**
7.35 **The Ellen DeGeneres Show** Triple bill.
10.05 **Dress to Impress**
12.05 PM **Take Me Out**
1.35 **Funniest Ever You've Been Framed! Gold**
2.35 FILM **A Cinderella Story** Romantic comedy starring Hilary Duff. (2004, PG, 95min) ★★
4.40 FILM **Zookeeper** Comedy starring Kevin James. (2011, PG, 101min) ★★

6.45 FILM **Tomb Raider** Action adventure starring Alicia Vikander. A kickboxing heiress risks her life to save her missing father when she discovers a clue to his location. With Dominic West and Walton Goggins. (2018, 12, 118min) ★★★
9.00 FILM **Pitch Perfect** Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. With Skylar Astin and Rebel Wilson. (2012, 12, 112min) ★★★★

11.10 **Family Guy** Double bill of the animated comedy.
12.10 AM **American Dad!**
1.05 **The Cleveland Show**
2.05 **Don't Hate the Playaz**
2.50 **to 3.15** AM **Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Melissa & Joey**
8.20 **Ramsay's Kitchen Nightmares USA**
10.20 **Don't Tell the Bride**
12.30 PM FILM **Hotel for Dogs** Family comedy with Emma Roberts and Jake T Austin. (2009, U, 95min) ★★★
2.35 **Rude(ish) Tube Shorts**
2.50 **The Big Bang Theory** Seven episodes, including at: **5.50** 24/24. Howard awaits the shuttle launch and reflects on the events of the previous few days. (S5)

6.20 FILM **The Hunger Games: Mockingjay – Part 2** Sci-fi adventure sequel starring Jennifer Lawrence and Donald Sutherland. Katniss Everdeen leads her allies in a final battle to bring down the despotic President Snow. (2015, 12, 134min) ★★★★
9.00 FILM **X-Men 2** Fantasy adventure sequel starring Patrick Stewart, Hugh Jackman and Ian McKellen. After a mutant attacks the US president, a hard-line army general gets the go-ahead to tackle the supposed mutant menace. (2002, 12, 133min) ★★★★

11.40 **Celebrity Gogglebox USA** Reviews of *Jaws*.
12.40 AM **Gogglebox: The Best Bits** Memorable critiques.
1.40 **First Dates**
3.40 **to 6.00** AM **Don't Tell the Bride**

+1 hour 235 | 146 | 28 | 123

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **The Real A&E**
9.00 **Air Rescue**
10.00 **Paramedics Australia**
12.00 NOON **Sun, Sea and A&E** A man arrives at the hospital with injuries to his face.
1.00 PM **Send in the Dogs** Officers with the Metropolitan Police Dog Unit use sniffer spaniels as they conduct drug searches on the streets of Camden.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

10.00 Law & Order: SVU

7 PM
7.00 **Blue Bloods** *The Art of War:* 22/22. Danny must find the gang member responsible for a shooting close to home. (S5)

8 PM
8.00 **Blue Bloods** *Cutting Losses:* 1/22. Erin enlists Danny to help her with a case involving her ex-husband, Jack. (S8)

9 PM
9.00 **9-1-1** *Christmas Spirit:* 10/18. Bobby receives some shocking news, and Maddie takes steps to find closure. (S3)

10 PM
10.00 **Law & Order: Special Victims Unit** *Man Up:* 1/24. The team investigate an assault on a 15-year-old boy. (S20)
11.00 **Law & Order: Special Victims Unit** 2/24. (S20)
12.00 M'T **Law & Order: Special Victims Unit** 3/24. (S20)
1.00 AM **Blue Bloods** As 7.00pm.
2.00 As shown at 8.00pm.
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Elementary** (S1)
9.00 **Blue Bloods** (S2)
1.00 PM **Blue Bloods** 19/22. Jamie risks ruining his undercover work to save a child's life. (S2)
2.00 **CSI** 1/17. The team search for the abducted Sara.
3.00 4/17. A teenager is found hanging from a tree.
4.00 5/17. An actor is found dead on a film set.
5.00 7/17. A student falls to her death at university.
6.00 8/17. Hodges tests his lab technician colleagues. (S8)

9.00 Band of Brothers

7.00 **CSI** *Lying Down with Dogs:* 10/17. The murder of a respected socialite is linked to illegal dog fighting.
8.00 **CSI** *Bull:* 11/17. Grissom and Willows investigate two deaths that took place during a bull riding competition. (S8)
9.00 **Band of Brothers** *The Breaking Point:* 7/10. Having beaten the Germans at Bastogne, an exhausted Easy Company are ordered to take the nearby town of Foy.
10.10 *The Last Patrol:* 8/10. Winters ignores a direct order. (S1)
11.20 **The Sopranos** *Kennedy and Heidi:* 18/21. Tony grows suspicious of Christopher's erratic driving, while AJ has a setback. (S6)
12.35 AM **Dexter** 6&7/12. (S5)
3.00 **Elementary** 4/24. (S2)
4.00 **to 6.00** AM **Fish Town**

+1 hour 208

GOLD

110 110 810 124 310 392

7.05 AM **Porridge: Inside Out**
7.50 **The Green Green Grass**
8.30 **Porridge**
9.05 **Are You Being Served?**
9.50 **Only Fools and Horses**
1.05 PM **Dad's Army**
1.45 **Gavin & Stacey**
2.20 **Only Fools and Horses** Five episodes, including at:
4.40 Del becomes a showbiz entrepreneur after discovering a Tom Jones-style singer.
5.45 Del is invited to a school reunion at the Nag's Head.
6.50 Uncle Albert is mugged.

9.00 Michael McIntyre's...

7.55 **Only Fools and Horses** Rodney and Albert begin to worry the flat will get overcrowded as the birth of Del Boy Jr approaches.
9.00 **Michael McIntyre's Comedy Roadshow** With Patrick Kielty, Neil Delamere, Jeff Green and Kerry Godliman.
10.00 **Mrs Brown's Boys** Agnes fears she is being sent to a nursing home.
10.40 **Smack the Pony** Comedy sketch show.
11.15 **Smack the Pony** Double bill of the comedy sketch show, with Fiona Allen, Doon Mackichan and Sally Phillips.
12.25 AM **Smack the Pony**
12.55 **Michael McIntyre's Comedy Roadshow** As 9.00pm.
1.55 **to 4.00** AM **Smack the Pony**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Agatha Christie's Marple**
7.55 **Coronation Street**
9.35 **Agatha Christie's Marple**
11.35 **Agatha Christie's Poirot**
12.45 PM **A Touch of Frost**
2.55 **Agatha Christie's Poirot** *Hercule Poirot's Christmas:* The sleuth tries to unravel a Christmas murder mystery.
5.05 **Midsomer Murders** *The Incident at Cooper Hill:* Mysterious lights are seen in the sky over Cooper Hill, and a forest ranger suffers a strange death.

7.05 Midsomer Murders

7.05 **Midsomer Murders** *The Killings of Copenhagen:* Barnaby and Nelson team up with a pair of detectives in Copenhagen to investigate the murder of a factory boss. With Ann Eleonora Jørgensen, Birgitte Hjort Sørensen and Sanjeev Bhaskar.
9.00 **Midsomer Murders** *Dark Autumn:* The killing of a postman rocks the town of Goodman's Land and sends Barnaby on the trail of a vengeful murderer – but Sgt Troy is distracted by the attentions of local PC Jay Nash. Guest stars Robert Glenister.
11.00 **Law & Order: UK** 6/7. An arson attack on a Turkish social club leaves 17 people dead. With Charles Kay. (S1)
12.05 AM **Law & Order: UK** (S1&2)
2.15 **Barging Round Britain with John Sergeant**
2.45 **to 3.20** AM **That's My Boy**

+1 hour 219 174 58 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Snooker v Darts**
6.05 **Only When I Laugh**
6.30 **Dempsey and Makepeace**
9.30 **ITV Racing: The Opening Show** A look ahead to today's racing at Ascot.
10.30 **The Big Match Revisited**
11.35 **The Professionals**
12.40 PM **FILM Escape to Victory** World War Two drama. (1981, PG, 111min) ★★
2.55 **FILM The Towering Inferno** Disaster drama starring Steve McQueen and Paul Newman. (1974, 12, 165min) ★★★★

9.00 Gran Torino

6.10 **Rugby World Cup 2003 Relived** New edition Another chance to see the semi-final between France and England at Stadium Australia, Sydney.
9.00 **FILM Gran Torino** Drama directed by and starring Clint Eastwood. A bigoted widower is forced to confront his own prejudices after he is reluctantly drawn into the lives of his immigrant neighbours. (2008, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **FILM Windtalkers** Wartime drama starring Nicolas Cage as a Marine sergeant charged with protecting a young Navajo Indian. With Adam Beach and Christian Slater. (2002, 15, 134min) ★★★
2.05 **to 2.40** AM **The Protectors**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Grand Tours of Scotland** Paul Murton visits the island Barra.
7.30 **Test Drive** 2/8. Today's three teams tour Ayr.
8.00 **Corner Shop Cook-Off** 3/6. Chef Gary Maclean goes up against Glasgow chef Julie Lin MacLeod.
9.00 **Brian Cox's Russia** 2/2. The actor finds out how Scotland's own Robert Burns is a Russian hero.
10.00 **FILM Not Another Happy Ending** Romantic comedy, starring Karen Gillan and Stanley Weber. (2013, 12, 100min) ★★★
11.40 **The Story of Bits and Pieces** The story behind the massive party anthem adopted by the Tartan Army.
11.55 PM **to 12.00** M'T **Loop** New edition

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **The Dog Whisperer**
1.00 PM **The Dog Whisperer**
3.00 **Stargate SG-1** (S6)
7.00 **Stargate SG-1** *Shadow Play:* 7/22. Jonas begs the Pentagon to help save the people of his home planet. (S6)
8.00 **Road Wars** The Road Crime Unit track a car loaded with drugs.
9.00 **Condor** *If It Serves a Greater Good:* 2/10. Joe makes a discovery in the hunt for the mole. (S2)
10.00 **In the Long Run** 1/6. Walter's mother arrives in London. (S3)
10.30 **The Blacklist** *Twamie Ullulaq:* 14/18. A case becomes personal for Agent Park. (S7)
11.30 **The Russell Howard Hour** Double bill.
1.30 AM **A League of Their Own** Triple bill.
4.30 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Wild Vets**

Pick

159 159 895 165 11 144 147

6.00 AM **Nothing to Declare**
10.30 **Nothing to Declare UK**
11.00 **Road Wars**
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **Brit Cops: Frontline Crime UK**
2.00 **Air Ambulance ER**
4.00 **Caught on Dashcam**
6.00 **Highway Cops** New editions Double bill of the series following the work of police officers in New Zealand.
7.00 **Caught Red Handed** Triple bill of editions.
9.00 **Road Wars**
10.00 **Brit Cops: Rapid Response** Police officers on patrol.
11.00 **Banged Up Abroad**
12.00 M'T **The Force: North East**
1.00 AM **Brit Cops: War on Crime**
2.00 **Banged Up Abroad**
4.00 **to 6.00** AM **Highway Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Last Stop Garage**
8.00 **Top Gear**
9.00 **Rick Stein's Long Weekends** In Bordeaux.
10.00 **American Pickers**
12.00 NOON **Storage Hunters**
1.00 PM **Storage Hunters**
2.00 **Border Force: America's Gatekeepers**
3.00 **Border Interceptors**
4.00 **Top Gear** Double bill.
6.00 **Would I Lie to You?**
6.40 **Would I Lie to You? – The Unseen Bits**
7.20 **Would I Lie to You?**
8.00 **Not Going Out**
10.00 **Mock the Week** With Ed Byrne and Olga Koch.
10.40 With Ed Gamble.
11.20 With Rob Beckett.
12.00 M'T **Have I Got a Bit More News for You**
1.00 AM **Red Dwarf** 3/6. (S5)
1.40 **Jon Richardson: Ultimate Worrier**
3.35 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Most Ridiculous Cops and Robbers**
8.35 **Most Ridiculous: Man vs Beast**
9.00 **Friends** Nine episodes of the US sitcom.
1.30 PM **FILM Mean Girls 2** Teen comedy sequel. (2011, 12, 92min) ★
3.30 **Friends** Nine more episodes of the sitcom.
8.00 **Michael McIntyre's Big Show** The host is joined by guests Kylie Minogue and Bradley Walsh.
9.00 **FILM My Super Ex-Girlfriend** Fantasy comedy. (2006, 12, 96min) ★★★
11.00 **Jason Manford Live**
12.00 M'T **Russell Howard's Good News**
1.00 AM **Your Face or Mine**
3.00 **Your Face or Mine: Celebrity Special**
3.30 **Michael McIntyre's Big Show** As 8.00pm.
4.15 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **The Real Housewives of Atlanta**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Be Tasty**
12.10 PM **The Real Housewives of Atlanta**
1.05 **Ferne McCann: First Time Mum**
5.00 **Dinner Date**
7.00 **Dinner Date** Jess from Essex looks for love.
8.00 Candice chooses three blind dates from five potential partners.
9.00 **Botched** Paul Nassif helps a mother out of a 'snotty' situation.
10.00 **Totally Unbelievable** A selection of bust-ups between famous people.
11.00 **Vanderpump Rules** The reunion continues with Andy Cohen chatting to the cast.
11.55 PM **to 12.50** AM **The Real Housewives of Atlanta**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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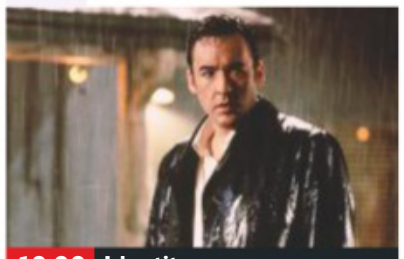
25 July Saturday

Alibi

132 132 826 | 126 212 | 312 | 382

7.10 AM **Murdoch Mysteries** (S9)
12.00 NOON **Death in Paradise** Triple bill of episodes. (S1)
4.00 PM **Inspector Alleyn Mysteries** *The Nursing Home Murder:* A cabinet minister begins receiving death threats and later dies in suspicious circumstances while being operated on at a nursing home.
6.05 **Death in Paradise** 8/8. A murder uncovers a case of money-laundering and secret identity. With John Thomson and Adrian Dunbar. (S1)



10.00 Identity

7.20 **Death in Paradise** *A Murder on the Plantation:* 1/8. The owner of a plantation is found with a machete in his back. Guest stars Stephanie Beacham and Tom Ward. **8.40** *An Unholy Death:* 2/8. A young nun is found dead in a smoke-filled bedroom in her convent, but what seems to be a tragic accident caused by a lit cigarette is turned on its head by Richard. (S2)
10.00 FILM **Identity** Mystery thriller starring John Cusack and Ray Liotta. (2003, 15, 90min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **The Coroner** 3/10. A volunteer in the Lighthaven lifeboat crew drowns following a hoax call-out, and Jane suspects foul play, despite Davey's scepticism. (S2)
1.00 AM **The Coroner** 4&5/10. (S2)
3.00 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 | 375

6.00 AM FILM **Atlantic Rim** Sci-fi. (2013, PG, 84min) ★★
8.00 **Teleshopping**
11.00 **Fact or Faked: Paranormal Files**
12.00 NOON FILM **Arctic Apocalypse** (2018) ★★
2.00 PM FILM **The Librarian II: Return to King Solomon's Mines** Fantasy sequel. (2006, PG, 90min) ★★★
4.00 FILM **Collision Earth** Sci-fi. (2020, PG, 90min) ★★
6.00 FILM **Black Knight** Comedy. (2001, PG, 95min) ★★

9.00 Need for Speed

FILM Black Knight (film started at 6.00pm) SEX ●●● VIOLENCE ●●● LANG ●●●
8.00 **Pandora** *Hurricane:* 10/13. Ralen is accused of sabotaging the *Tereshkova*, and put on trial for his life. (S1)
9.00 FILM **Need for Speed** Action adventure starring Aaron Paul, Dominic Cooper and Imogen Poots. An ex-convict returns to the illegal street racing circuit to get revenge for his unjust imprisonment. (2014, 12, 130min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T FILM **Kill Bill: Vol 2** The concluding half of the thriller. (2004, 18, 136min) ★★★
3.00 AM **Fact or Faked: Paranormal Files**
4.00 **to 6.00** AM FILM **Crystal Inferno** Action adventure. (2017, 15, 120min) ★

+1 hour 252 229

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **The Bill**
11.00 **Tipping Point**
12.00 NOON **Tipping Point**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Double Down** Jonathan and Drew help a musician who is ready to settle down in Nashville. **5.00** Favourite moments and a collection of bloopers.
6.00 **Outnumbered** Ben and Pete go on a camping trip. **6.40** Crossed lines of communication cause trouble for the Brockmans.

10.00 The Catherine Tate Show

7.20 **Outnumbered** First-ever episode. The children cause chaos when Sue loses her car keys.
8.00 **Inside the Ambulance** Ann and Steve are called to help a woman and it becomes clear she is having a heart attack.
9.00 **Inside the Ambulance** Nic and Carla visit a woman who has a painful infected foot following surgery.
10.00 **The Catherine Tate Show** Lauren gets a tattoo of her boyfriend. **10.40** Paul Whitehouse appears as Sam's dad.
11.20 **The Catherine Tate Show**
12.00 M'T **Stacey Dooley in the USA** Stacey meets girls who are preparing to face time in America's only prison boot camp for women.
1.00 AM **Fat and Fatter**
1.50 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121 | 320 | 385

8.00 AM **Everybody Hates Chris**
10.30 **The Mindy Project** (S2)
1.00 PM **The Mindy Project** (S2)
2.00 **30 Rock** Ten episodes of the sitcom, including at: **5.00** 5/22. Kenneth leaves *TGS* to start work on a new page assignment. **5.30** 6/22. Liz and Criss celebrate Valentine's Day. **6.00** 7/22. Jenna suffers performance anxiety. **6.30** 8/22. Jack stands up for the rights of rich people after being mugged. (S6)

8.30 30 Rock

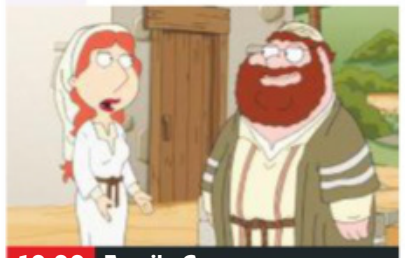
7.00 **30 Rock** 9/22. Liz receives an inappropriate proposition on Leap Day. **7.30** 10/22. Guest stars Susan Sarandon. (S6)
8.00 **30 Rock** 11/22. Jack clashes with Hank Hooper's granddaughter. **8.30** 12/22. Hazel acts as peacekeeper. (S6)
9.00 **Our Cartoon President** 1/10. Cartoon Trump is impeached. (S3)
9.35 **Insecure** 5/10. Issa works around the clock. (S4)
10.10 **Miracle Workers: Dark Ages** 2/10. (S2)
10.40 FILM **Role Models** Comedy. (2008) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Girls** 8/12. Jessa's friend Jasper pays her a visit. **1.15** 9/12. Hannah receives a request from her mother. **1.50** 10/12. Shoshanna meddles in Jessa and Jasper's relationship. (S3)
2.25 **Girls** (S3)
3.35 **to 5.00** AM **The Mindy Project**

+1 hour 228 186 141

FOX

124 124 821 | 157 199

8.00 AM **Bull** 9/22. (S3)
9.00 **The Mentalist** (S4)
1.00 PM **Bones** Four episodes of the crime drama, including at: **4.00** 13/22. The team investigate a serial killer who keeps his victims months after their death. (S11)
5.00 **NCIS** 8/24. DiNozzo helps his old flame Jeanne Benoit. (S13)
6.00 **NCIS: New Orleans** 14/24. The team reunite with journalist Oliver Crane after the source for his latest vigilante story is murdered. (S5)



10.00 Family Guy

7.00 **NCIS: New Orleans** *The Terminator Conundrum:* 2/20. The team investigate the crash of a private plane. (S6)
8.00 **NCIS** *Day in Court:* 9/24. A petty officer risks all in trying to prove he did not murder his ex-girlfriend. (S13)
9.00 **APB** *Above and Beyond:* 5/12. A man goes to extreme lengths in the pursuit of justice for his daughter. (S1)
10.00 **Family Guy** 8/22. Peter tells the story of Christmas – with a twist. **10.30** 9/22. Chris is sent to space camp. (S11)
11.00 **American Dad!** 14/19. Stan flees to the mountains. **11.30** 15/19. Stan sets up a date for Deputy Director Bullock. (S3)
12.00 M'T **Family Guy** (S11)
3.00 AM **American Dad!** (S3)
4.00 **to 5.00** AM **Bull**

+1 hour 224 158

Saturday

7 PM
8 PM
9 PM
10 PM

Sony Channel

157 189 48 142

6.00 AM **Hart to Hart**
12.00 NOON **Hart to Hart: Harts in High Season**
2.00 PM **Hart to Hart**
4.00 **Murder She Wrote: The Last Free Man** Mystery drama spin-off.
7.30 **Memories of M*A*S*H** Shelley Long introduces a selection of highlights from the classic comedy as well as interviews with the cast and crew.
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **Hart to Hart: Harts in High Season** Romantic mystery.
3.00 **M*A*S*H** 15/24. (S3)
3.30 **Agatha Christie's Partners in Crime** (S1)
4.20 **The Agatha Christie Hour** 9/10. (S1)
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Echoing an Era: Simon Rattle and the Berliner**
7.30 **Tales of the Unexpected**
10.00 **Discovering**
3.00 PM **Imelda May: Live at Baloise Session**
4.30 **David Gilmour: Live in Gdansk**
6.15 **Pink Floyd – Live at Pompeii**
7.30 **U2 Experience – Live in Berlin** A concert by the band at the Mercedes-Benz Arena.
9.00 **Pet Shop Boys: Inner Sanctum – The Super Tour** Performances by the duo during their residency at the Royal Opera House.
11.15 **Manic Street Preachers: Live at Nynex**
1.15 AM **Suede: Live at the Royal Albert Hall**
3.15 FILM **Sign o' The Times** Prince's 1987 tour. (1987, 15, 85min) ★★★★
4.45 **to 6.00** AM **Anoushka Shankar in Concert**

4seven

137 143 203 47 127

9.00 AM **Celebrity Snoop Dogs** Inside the homes of a Labradoodle and two American spaniels.
9.30 **Come Dine with Me**
12.00 NOON **Sun, Sea and Selling Houses**
5.00 PM **Ramsay's Kitchen Nightmares USA**
7.00 **Ramsay's Kitchen Nightmares USA** Gordon visits one of the filthiest restaurants he has ever seen. **8.00** Gordon visits a failing Greek restaurant in Queens, New York.
9.00 **Celebrity Gogglebox** The best moments from the first series.
10.00 **Naked Attraction** A 60-year-old entertainer hopes to find the perfect partner.
11.05 **Paramedics: Britain's Lifesavers**
12.10 AM **24 Hours in A&E**
1.15 **Grand Designs**
2.15 **to 4.45** AM **Come Dine with Me**

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote**
7.05 **Murder, She Wrote** *JB As in Jailbird:* Jessica finds herself on a murder charge. **8.05** *A Little Night Work:* A priceless necklace is stolen. **9.05** *Mr Penroy's Vacation:* Cabot Cove is thrust into the limelight.
10.05 **Law & Order: Special Victims Unit** *Wanderlust:* 5/22. A writer is found dead. **11.05** *Sophomore Jinx:* 6/22. A college student is found dead following a struggle, and it soon emerges that a campus basketball player had previously raped her. (S1)
12.00 M'T **Law & Order: Special Victims Unit**
1.50 AM **Castle** (S7)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **Two and a Half Men**
12.25 PM FILM **Are We Done Yet?** Comedy sequel. (2007, PG, 91min) ★★
2.15 FILM **The Addams Family** Spooky black comedy. (1991, PG, 95min) ★★★★
4.25 FILM **Addams Family Values** Ghoulish black comedy sequel. (1993, PG, 92min) ★★★★
6.15 FILM **Godzilla** Hollywood remake of the Japanese monster movie, starring Matthew Broderick (1998, PG, 139min) ★★★
9.00 FILM **An Officer and a Gentleman** Romantic drama with Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
11.35 FILM **The Mothman Prophecies** Chiller. (2001, 12, 118min) ★★★
2.00 **to 4.00** AM **Airport 24/7: Thailand**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **Where the Heart Is**
9.00 **Lovejoy**
11.00 **Sharpe**
1.00 PM **Doctor Who**
4.00 **Last of the Summer Wine** Christmas special from 1995.
5.20 **Still Open All Hours**
6.00 **The Brokenwood Mysteries** *Playing the Lie:* The owner of the Brokenwood Golf Club is poisoned.
8.00 **Father Brown** *The Wrath of Baron Samdi:* The clerical sleuth encounters a voodoo priest who is intent on winning back the woman he loves.
9.00 **New Tricks** *Good Morning Lemmings:* The case of a murdered graffiti artist is reopened.
10.20 **Men Behaving Badly**
11.00 **Doctor Who** (S2)
2.00 **to 4.00** AM **Where the Heart Is**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SATURDAY

Documentaries

CBS Drama

147 197 67 134

7.30 AM **Tomorrow's World**
8.00 **Teleshopping**
9.00 **Walker, Texas Ranger**
2.00 PM **Medical Detectives**
4.00 **Judge Judy**
9.00 **Psychic Private Eyes** Psychic mediums assist Tom Walker to identify his grandfather.
10.00 **Medium** *Being Joey Carmichael:* 15/16. Allison's dreams help Scanlon catch a killer. **11.00** *Drowned World:* 16/16. Allison helps a couple who believe their house is haunted. (S4) **12.00** M'T *Soul Survivor:* 1/19. Allison's visions identify a dead man as a murderer. **1.00** AM *Things to Do in Phoenix When You're Dead:* 2/19. Allison comes into contact with a ghost who witnessed a series of murders. (S5)
2.00 **Medium** 3/19. (S5)
3.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **The Key of David**
9.00 **Father Dowling Mysteries**
10.00 **The Fugitive** (S1)
12.05 PM **Scorpion** (S1)
2.00 **NCIS** (S5&9)
7.00 **Scorpion** *Father's Day:* 7/22. The team are asked to investigate when three convicts break out of prison. **8.00** *Risky Business:* 8/22. The team look into a blogger's murder. (S1)
9.00 **NCIS** *Royals and Loyals:* 4/24. The team look into a petty officer's murder. **10.00** *Dead Air:* 5/24. A radio DJ and a naval officer are killed. **11.00** *Cracked:* 6/24. Abby becomes personally involved in a murder case. (S8)
12.00 M'T **NCIS** (S8)
2.00 AM **Scorpion** (S1)
3.50 **Matlock** 7/25. (S1)
4.40 **Mission: Impossible**
5.30 **to 6.00** AM **Dog Patrol**

Challenge

160 164 46 146

7.00 AM **Total Wipeout**
9.00 **Wheel of Fortune**
11.30 **Dale's Supermarket Sweep** Seven editions.
3.00 PM **Strike It Lucky** Quiz show in which three teams of two compete to answer questions and move across a series of screens, while avoiding the dreaded Hot Spots.
5.20 **Blankety Blank** Comedy quiz show with celebrity guests.
6.00 **The Chase** Quiz show hosted by Bradley Walsh.
8.00 **The Chase Celebrity Special** Astrologer Russell Grant, Atomic Kitten singer Liz McClarnon, *Loose Women*'s Sherrie Hewson and entertainer Des O'Connor compete to win thousands of pounds for charity.
9.00 **The Chase**
11.00 **Bullseye**
4.00 **to 6.00** AM **The Chase**

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers: Inside Jokes**
7.00 **Teleshopping**
9.00 **The Middle**
1.10 PM **Bob's Burgers**
3.00 **The King of Queens**
8.00 **Friends** 23/24. Carol gives birth. (S1) **8.30** 7/24. Rachel confesses all to Ross. **9.00** 21/24. Chandler and Ross face up totwo bullies. (S2) **9.30** 18/25. Frank makes an announcement. (S3) **10.00** 15/24. With Susan Sarandon. (S7)
10.30 **Friends**
12.00 M'T **South Park**
2.00 AM **Michael McIntyre's Big Show** From London's Theatre Royal, with Kylie Minogue and Bradley Walsh.
3.00 **Two and a Half Men**
3.50 **Fresh Off the Boat**
4.35 **The Middle**
5.15 **to 6.00** AM **Friends**

Sky Documentaries

114 114 814 277 353 368

6.00 AM **The Directors**
8.00 **The Guest Wing**
1.10 PM **Glen Campbell: I'll Be Me**
3.10 **Elvis Presley: The Searcher**
6.55 **Hitsville: The Making of Motown** The history and origins of Motown.
9.00 **NEW SERIES Laurel Canyon** The famed musicians who made history in the Hollywood Hills community.
10.45 **FILM The Kid Stays in the Picture** Documentary about legendary Hollywood film producer Robert Evans, the playboy head of Paramount Studios during its 1970s heyday. (2002, 15, 93min) ★★★
12.35 AM **The Trade**
1.40 **The Look of Silence**
3.45 **My Icon: Jonnie Peacock**
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

Sky Nature

130 130 893 279 385 372

6.00 AM **The Wild Wild East**
7.00 **Extreme Africa**
12.00 NOON **Africa's Underwater Wonders**
5.00 PM **Micro Monsters with David Attenborough**
8.00 **Africa's Hunters** A 13-year-old leopard faces a challenge.
9.00 **Attack and Defend** New editions Looking at dragonflies, scorpions and other animals that prey on insects. **9.30** Creatures that have evolved as hunters.
10.00 **Wild Tales from the Farm** The rams battle for dominance.
11.00 **Macro Worlds**
12.00 M'T **Africa's Hidden Kingdoms**
1.00 AM **Dogs: An Amazing Animal Family**
2.00 **Africa's Hunters**
3.00 **Attack and Defend**
4.00 **to 6.00** AM **Great Parks of Africa**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **News: Daily Pop**
10.30 **Dating: No Filter**
11.00 **Model Squad**
2.00 PM **Botched**
6.00 **Celebrity Game Face**
7.00 **Hollywood Medium with Tyler Henry** Hollywood's go-to medium shares his supernatural gift.
9.00 **True Hollywood Story** Navigating the dangers of fame, and the pitfalls that open up.
10.00 **Keeping Up with the Kardashians** Kim becomes too friendly with Khloe's ex. **11.00** Kim and Kourtney head to Armenia to baptise their children.
12.00 M'T **Keeping Up with the Kardashians**
2.00 AM **Teleshopping**
3.00 **Mariah's World**
4.00 **to 5.00** AM **Rob & Chyna**

Food Network

140 285 41 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **The Pioneer Woman**
11.00 **Burgers, Brew & 'Que**
1.30 PM **Rachel Khoo: My Swedish Kitchen**
2.00 **Rachel Allen: Bake!**
3.00 **James Martin: Yorkshire's Finest**
4.30 **Martin's Brittany**
5.00 **River Cottage Veg**
7.00 **Gordon's Great Escape**
8.00 **James Martin's United Cakes of America**
9.00 **Man v Food with Casey Webb** New editions Casey's adventure takes him to Green Bay. **9.30** Casey Webb's edible expedition brings him to Columbus, Ohio.
10.00 **Man v Food**
11.30 **Man v Food with Casey Webb**
12.00 M'T **Mystery Diners**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Flipping Virgins**
8.45 **Property Virgins**
12.15 PM **19 Kids & Outnumbered: Bringing Up Bates**
5.00 **The Real Housewives of Beverly Hills**
7.00 **Storage Wars**
9.00 **Ghost Hunters** A man sells a mansion with a dark history to his skeptical best friend
10.00 **My Ghost Story: Caught on Camera** Creepy footage of a wheelchair moving on its own.
10.55 **Celebrity Ghost Stories UK** With Terry Nutkins, Jan Leeming, Yvette Fielding and Nancy Sorrell.
11.50 **Ghost Hunters**
12.45 AM **My Ghost Story: Caught on Camera**
1.40 **Celebrity Ghost Stories UK** As 10.55pm.
2.35 **to 4.00** AM **Storage Wars**

Paramount Network

150 187 150 31 132

9.00 AM **The Gadget Show**
10.00 **WWE SmackDown Highlights** New edition
11.00 **Criminals: Caught on...**
11.30 **Access**
11.40 **Extreme Weather: Caught on Camera**
12.35 PM **World's Deadliest Weather** Double bill.
2.35 **FILM Seven Men from Now** Western. (1956, U, 77min) ★★★
4.20 **FILM First Knight** Romantic drama. (1995, PG, 134min) ★★
7.00 **FILM The Forbidden Kingdom** Fantasy. (2008, 12, 104min) ★★★★
9.00 **FILM RocknRolla** Comedy. (2008, 15) ★★
11.20 **FILM The Football Factory** Violent drama. (2004, 18, 91min) ★
1.05 AM **The X-Files**
3.00 **19-2**
3.55 **Star**
4.40 **Now That's Funny!**
5.25 **Criminals: Caught on...**
5.50 **to 6.00** AM **Access**

Sky Crime

121 121 819 136 135

6.00 AM **Road Wars**
7.00 **Highway Patrol**
11.00 **Stop, Search, Seize**
1.00 PM **UK Border Force**
3.00 **999 Frontline**
4.00 **Brit Cops: Rapid Response**
6.00 **Snapped** Double bill.
8.00 **Killer in My Village** A man stabbed to death by a former friend.
9.00 **World's Most Evil Killers** Two cousins who murdered 10 girls and women.
10.00 **Who Killed Garrett Phillips?** The trial into the 2011 murder of a 12-year-old boy.
11.30 **Britain's Most Evil Killers** Levi Bellfield.
12.30 AM **Britain's Most Evil Killers** Triple bill.
3.30 **Brit Cops: Rapid Response**
4.30 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
5.00 PM **Unsolved Mysteries**
7.00 **Medical Detectives**
8.00 **Click for Murder** A profile of Joshua Davies, who killed his ex-girlfriend.
9.00 **Ice Cold Killers** On an icy January morning, a murdered woman is found dumped in the snow. **10.00** An entire family vanishes in the dead of winter from Nebraska.
11.00 **Medical Detectives** The capture of a multiple rapist and murderer. **11.30** A British couple are reported missing.
12.00 M'T **Medical Detectives**
1.00 AM **Ice Cold Killers**
3.00 **Scandal Made Me Famous**
3.50 **Unsolved Mysteries**
5.15 **Dog Patrol**
5.40 **to 6.00** AM **Judge Judy**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In North Wales.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Four editions.
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **Cops UK: Bodycam Squad** Double bill.
4.00 **Helicopter ER**
9.00 **Trending Fear** New edition The team are thrown into paranormal chaos in a haunted New Jersey town.
10.00 **Paranormal Investigators** An investigator searches for the ghost of a violent prisoner in Michigan.
11.00 **Kindred Spirits**
12.00 M'T **Ghost Adventures: Quarantine**
1.00 AM **Help! My House Is Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Cops UK: Bodycam Squad**

Blaze

164 216 63 162

6.00 AM **UFO Hunters**
8.00 **Alaska Off-Road Warriors** Butch and Bill look to extend their lead.
9.00 **WW2 Treasure Hunters**
10.00 **Auction Hunters**
2.00 PM **Pawn Stars**
7.00 **American Restoration**
8.00 **Counting Cars** Danny tries to turn a 1930s car into a hot rod. **8.30** Grandpa has a short-lived lucky streak.
9.00 **Alaska Off-Road Warriors** The heights of the trip push the drivers to breaking point.
10.00 **In Search Of** Experts go in search of King Solomon's Mines and the Ark of the Covenant.
11.00 **Weird or What? with William Shatner**
12.00 M'T **Nazi Weird War Two**
1.00 AM **Barbarians Rising**
2.00 **Swamp People**
3.00 **Wicked Tuna**
5.00 **to 6.00** AM **American Restoration**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: Atlanta**
12.00 NOON **Say Yes to the Dress: Lancashire**
1.00 PM **Curvy Brides Boutique** Double bill.
3.00 **Dr Pimple Popper**
5.00 **Say Yes to the Dress: UK** Double bill.
6.00 **Say Yes to the Dress: America** Double bill.
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Curvy Brides Boutique** Helen fears being an older bride.
9.00 **Say Yes to the Dress: Best Bits**
10.00 **Dr Pimple Popper**
11.00 **Say Yes... Lancashire**
12.00 M'T **Curvy Brides Boutique** As 8.00pm.
1.00 AM **Say Yes to the Dress: Best Bits**
2.00 **Dr Pimple Popper**
3.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT

153 152 54 133

9.10 AM **The Dog Rescuers with Alan Davies**
12.05 PM **Secret Scotland with Susan Calman** Six editions including at: **5.00** Comedian Susan Calman concludes her journey in Ayrshire and on the Isle of Arran.
6.00 **Ben Fogle: New Lives in the Wild** Ben travels to Restoration Island on the Great Barrier Reef. **7.00** A couple who hiked 4,000 miles to get to their new home. **8.00** A family living as hunter-gatherers in an area that is a two-day trek from a road.
9.00 **The Two Ronnies: In Their Own Words** The lives and careers of the comedy duo.
11.00 **How They Built Concorde**
12.00 M'T **to 4.00** AM **The Dog Rescuers with Alan Davies**

Quest

144 144 831 169 12 114 172

6.00 AM **Border Control: Spain** Double bill.
7.00 **HMS Ark Royal**
8.00 **Wheeler Dealers**
3.00 PM **Plane Reclaimers**
4.00 **Gold Divers**
5.00 **Aussie Gold Hunters**
6.00 **Vintage Voltage**
7.00 **Salvage Hunters: The Restorers** French polisher Alex struggles with an old billiards table that proves difficult to restore.
8.00 **Salvage Hunters**
9.00 **The Repair Shop**
10.00 **World's Greatest Motorcycle Rides**
11.00 **Aussie Gold Hunters**
12.00 M'T **Gold Divers**
1.00 AM **Secrets Underground**
2.00 **American Chopper**
3.00 **Desert Car Kings**
4.00 **Countdown to Collision**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **Bondi Vet**
9.00 **My 600lb Life: Where Are They Now?**
11.00 **My 600lb Life**
1.00 PM **Disappeared**
2.00 **Say Yes... UK**
3.00 **Say Yes to the Dress**
6.00 **Long Island Medium**
8.00 **Hoarding: Buried Alive**
9.00 **Murder on CCTV** New edition A loving wife and mother found murdered.
10.00 **Welcome to Killer Town** Patricia Mills, who was killed in a house fire.
11.00 **The Murder Tapes** New edition Steven Galvin.
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Iron Resurrection**
12.00 NOON **Mighty Planes** The CP140 Aurora returns to prove its worth as a submarine killer. **1.00** PM A profile of the T-38 Talon two-seater jet. **2.00** The CC115 Buffalo. **3.00** The Super Guppy. **4.00** A profile of the versatile Nolinor aircraft. **5.00** The best aircraft featured in all three series.
6.00 **Deadliest Catch** For the first time, Junior has to call on the chase boat to rescue them.

11.00 SAS: Who Dares Wins

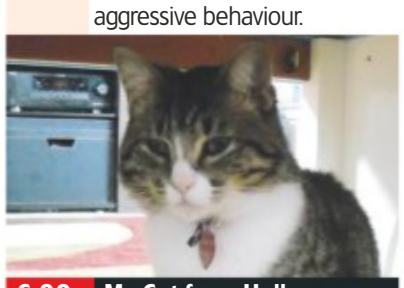
7.00 **Gold Divers** Shawn claws closer to the top of the gold count, and Emily leaves her father to tend on the *Eroica*.
8.00 **G.A.S. Extreme Customs** Classic car restorations with Galphin Motors, where the team specialise in historic restorations.
9.00 **Outback Truckers** Justin Harrison is put in a precarious situation when his gear box fails while high up on a mountain.
10.00 **Spies Beneath Berlin** Britain and America's efforts to tap into Soviet communications during the Cold War.
11.00 **SAS: Who Dares Wins** Ant and his team test the 12 remaining recruits by sowing distrust among them.
12.00 M'T **Outback Truckers**
1.00 AM **Homestead Rescue** Five editions of the series.
5.30 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Pit Bulls & Parolees**
12.00 NOON **Animal Cops San Francisco** Four editions.
4.00 PM **My Cat from Hell** A cat named Penny Lane disapproves of her owner's room-mate. **5.00** Behaviourist Jackson Galaxy helps a family whose once-cuddly kitten has matured into a demonic feline. **6.00** A couple are concerned about starting a family because of their cat's aggressive behaviour.


6.00 My Cat from Hell

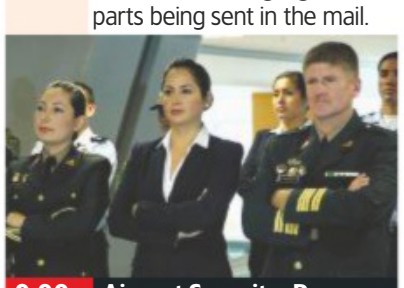
7.00 **Nature's Strangest Mysteries: Solved** A moth drinks from a bird's eye. **7.30** A dung beetle rolls a ball in a straight line.
8.00 **Saved By the Barn** Dan welcomes over a dozen exotic farm animals, and Lola the goat is ready to walk again.
9.00 **The Zoo** A turtle struggles to get along with the crocodiles, and a grizzly bear has a serious foot injury.
10.00 **Legends of the Wild** Damian Duffy and Matt Hoffman trek into some of the world's most dangerous areas.
11.00 **Pit Bulls & Parolees** Tia is pleased to find a couple to adopt a puppy – until she finds they have a pool. If she can't teach the dog to swim, the adoption cannot go ahead.
12.00 M'T **Pit Bulls & Parolees**
4.40 AM **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **To Catch a Smuggler: JFK Airport** Triple bill.
11.00 **Ultimate Airport Dubai**
3.00 PM **To Catch a Smuggler** A frequent visitor to Colombia is questioned at Miami Airport. **4.00** An elderly woman arriving at JFK from Peru is suspected of carrying drugs. **5.00** Customs officials search a passenger with a suspicious story and new suitcase. **6.00** An investigation is launched into illegal gun parts being sent in the mail.


9.00 Airport Security: Peru

7.00 **Airport Security: Peru** Behind the scenes at Jorge Chavez Airport in Lima, which is Peru's largest travel hub.
8.00 **Airport Security: Peru** Police officers in Lima race to locate a suspect, who is found in an unlikely location.
9.00 **Airport Security: Peru** A divorced couple deny travelling together, but carry identical bags filled with cocaine.
10.00 **Airport Security: Peru** A woman caught transporting drugs reveals she has also been sent to work as a prostitute.
11.00 **Airport Security: Peru**
12.00 M'T **Airport Security: Peru**
2.00 AM **Ultimate Airport Dubai** The 55-mile long baggage system breaks down, and 200 volunteers take part in a test of the brand new concourse.
3.00 **Car S.O.S** An Audi Quattro.
4.00 **to 5.00** AM **Ancient X Files**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **Ancient Aliens**
8.00 **Jesus: His Life**
10.00 **Treasures Decoded**
11.00 **Lost Gold of WWII**
12.00 NOON **Mystery Weapons**
1.00 PM **Gold Hunters: The Legend of the Superstition Mountains** Six editions of the series, including at: **4.00** The treasure hunt takes a sinister turn. **5.00** A map gives the team members their next vital clue. **6.00** The team pursue their $200,000 payday.

6.00 Gold Hunters: The...

7.00 **Forged in Fire** The smiths forge daggers, before the two finalists recreate Arya Stark's Needle from *Game of Thrones*.
8.00 **Secret History of Humans** The dangers of improved connectivity. **8.30** How nature can threaten mankind.
9.00 **North Korea: Dark Secrets** Documentary lifting the lid on the complicated history and extreme politics that left the North Korean people suffering famines, labour camps and public executions.
11.00 **Deadliest Warrior** Experts explore the prowess of spartans and ninjas by enacting hypothetical battles.
12.00 M'T **Secret History of Humans** Double bill.
1.00 **to 6.00** AM **Gold Hunters: The Legend of the Superstition Mountains**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **Walking Through History: Norman Conquest of Pembrokeshire**
7.10 **Walking Through History: Nazi Occupation – Channel Islands**
8.00 **Sounds of the Seventies**
10.00 **Steam Train Britain**
1.00 PM **Wild Arabia** Six editions of the series, including at: **5.00** Exploring the mountains of Dhofar in Oman. **6.00** The changes across the Arabian peninsula since the discovery of oil.

4.00 Wild Arabia

7.00 **Sounds of the Seventies** Music by The Who, Queen and David Bowie. **7.30** With Aretha Franklin and Michael Jackson.
8.00 **Sounds of the Seventies** Featuring music by Free and Dr Feelgood. **8.30** With Kate Bush and The Carpenters.
9.00 **Royal Murder Mysteries** Crimes involving members of royal families, starting with an earl shot dead in a hedonistic hideaway.
10.00 **Royals on the Frontline** The highs and lows of Prince Harry and Prince William's roles in the armed forces.
11.00 **Abandoned Engineering**
12.00 M'T **Britain's Biggest Warship Goes to Sea**
1.00 AM **Walking Through History: Norman Conquest of Pembrokeshire**
2.00 **to 3.00** AM **Walking Through History: Nazi Occupation...**

+1 hour 255 200 75

Saturday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 257

6.00 AM **Wildest Indochina**
8.00 **Expedition Unknown: Hunt for Extraterrestrials**
10.00 **NASA's Unexplained Files** Triple bill.
1.00 PM **NASA's Unexplained Files**
6.00 **Truth Behind the Moon Landing** Conspiracy theories concerning the 1969 moon landing. **7.00** Experts investigate if the Nazis were involved in the Apollo space programme. **8.00** More fascinating conspiracy theories.
9.00 **Make It to the Moon: The Unsung Heroes of Apollo** Double bill.
11.00 **Greatest Events of World War II**
1.00 AM **NASA's Unexplained Files**
3.00 **to 6.00** AM **Truth Behind the Moon Landing**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
11.30 **Jungle Planet**
1.00 PM **Jungle Planet**
2.00 **Close Up with Hippos**
3.00 **The Zoo**
5.30 **Jungle Planet**
8.00 **Close Up with Hippos**
9.00 **The Zoo** The keepers move the crocodiles into their new home. **9.30** An elderly rhino has health problems. **10.00** Sandra Molloy travels to Indonesia in search of Sulawesi crested macaques. **10.30** A hippo falls ill. **11.00** An Asian bull elephant prepares to move to France.
11.30 **Jungle Planet**
2.00 AM **Close Up with Hippos**
3.00 **Jungle Planet**
4.40 **Close Up with Hippos**
5.30 **to 6.00** AM **Jungle Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Monster Croc Wrangler** Eight editions.
12.00 NOON **Shark Men**
1.00 PM **World's Biggest Tiger Shark**
2.00 **Raging Bull Shark**
3.00 **What The Shark?**
4.00 **Big Sharks Rule**
5.00 **Shark Swarm**
6.00 **Volcano Sharks**
7.00 **What The Shark?**
8.00 **Mega Hammerhead: Ultimate Predator**
9.00 **World's Biggest Great White? Expedition Hawaii** Three great white sharks spotted off the coast of Oahu.
10.00 **Sharks Vs Dolphins: Blood Battle**
11.00 **What The Shark?**
12.00 M'T **Big Sharks Rule**
1.00 AM **Great White Code Red**
2.00 **World's Biggest Tiger Shark**
3.00 **Raging Bull Shark**
4.00 **to 5.00** AM **What The Shark?**

Sky History 2

163 163 894 272 330 390

8.00 AM **Great Britons**
9.00 **Jesus: His Life**
10.00 **Monsterquest**
1.00 PM **Soviet Storm: WWII in the East** Seven editions of the series.
8.00 **Lost Worlds** Edinburgh's dark side, revealing stories from a bloody history of grave-robbing and body-snatching.
9.00 **The Great Martian War 1913-1917** Fictionalised documentary telling the story of an alternative version of the First World War as a conflict between the human race and an alien invasion from Mars.
11.00 **Bible Secrets Revealed** Experts examine 'the promised land.'
12.00 M'T **Great Britons**
1.00 AM **Jesus: His Life**
2.00 **The Great Martian War 1913-1917** As 9.00pm.
4.00 **to 5.00** AM **Lost Worlds**

PBS America

174 273 91 155

8.00 AM **Beautiful Serengeti**
8.35 **Plane Resurrection**
11.55 **The Dark Side of Crocs**
1.00 PM **Beautiful Serengeti**
1.35 **Secrets of the Solar System**
2.45 **Deepwater Disaster – The Untold Story**
3.55 **Survivor**
5.10 **The Dark Side of Crocs**
6.15 **Secrets of the Solar System**
7.30 **Deepwater Disaster – The Untold Story** The work of the engineers who stemmed the flow of the Gulf of Mexico oil leak.
8.40 **Black Panthers: Vanguard of the Revolution** The rise and fall of the black nationalist party.
11.00 **Plane Resurrection** Double bill of editions.
1.30 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **On the Case with Paula Zahn**
8.00 **Killer in Plain Sight**
11.00 **Motive to Murder**
12.00 NOON **Fear Thy Neighbour**
2.00 PM **Crimes That Shook Britain**
3.00 **Nightmare in Suburbia**
4.00 **Homicide: Hours to Kill**
5.00 **Homicide Hunter**
6.00 **Buried in the Backyard**
7.00 **Accused: Guilty or Innocent?**
8.00 **Murder Masterminds**
9.00 **Sex, Lies and Murder**
10.00 **Cruise Ship Killers**
11.00 **50 Ways to Kill Your Lover**
12.00 M'T **Court Cam**
1.00 AM **Police Patrol**
2.00 **Sex, Lies and Murder**
3.00 **Crimes That Shook Britain**
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SATURDAY Films

Saturday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Bad Therapy** (2020) ★★
7.45 **The Angry Birds Movie 2**
9.30 **Two Tails** Animated adventure. (2018, U, 75min) ★
10.50 **Palm Beach** Comedy drama. (2018, 15, 100min) ★★★
12.35 PM **Good Boys** As 8.00pm.
2.15 **PREMIERE Sea Fever**
3.55 **Top Ten: Animation**
4.10 **The Angry Birds Movie 2** Animation. (2019, U) ★★★
5.50 **Ad Astra** Sci-fi drama. (2019, 12, 123min) ★★★

9.45 Sea Fever

8 PM **8.00** **Good Boys** Comedy with Jacob Tremblay and Keith L Williams. Three lads skip school and embark on an epic journey while attempting to make their way home for a party. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.45** **PREMIERE Sea Fever** Thriller starring Connie Nielsen. A trawler crew tackle a parasite in their water supply. (2019, 15, 95min) ★★★★ *See review, page 22*
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.30** **Luce** Thriller starring Naomi Watts and Octavia Spencer. A teacher suspects a student might be hiding a secret. (2019, 15, 109min) ★★★★
1.30 AM **Becoming** Fantasy thriller with Toby Kebbell, Penelope Mitchell and Jason Patric. (2019, 15, 98min) ★★
3.15 **Ad Astra** As 5.50pm.
5.30 **Top Ten: Pride**
5.45 **to 6.00** AM **Top Ten: Must-see Movies**

Sky Cinema Disney

307 307 847 405 505

6.15 AM **Brother Bear** Animation. (2003, U, 85min) ★★★
7.55 **Bedknobs and Broomsticks** Fantasy, as shown at 2.20am.
9.55 **Remember the Titans** Drama, as shown at 4.25am.
11.55 **Dumbo** As shown at 6.00pm.
1.50 PM **Ratatouille** As 8.00pm.
3.45 **National Treasure** Adventure, as shown at 12.00m't.
6.00 **Dumbo** Fantasy starring Colin Farrell and Eva Green. (2019, PG, 112min) ★★★

6.00 Dumbo

8.00 **Ratatouille** Animation with the voices of Patton Oswalt, Lou Romano and Ian Holm. A rat who dreams of becoming a gourmet chef teams up with a downtrodden kitchen boy to take Paris by storm. (2007, U, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Prince of Persia: The Sands of Time** Fantasy starring Jake Gyllenhaal. In ancient Persia, a young prince seizes a dagger that can turn back time but must go on the run after being framed for an assassination. (2010, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **National Treasure** Adventure. (2004) ★★★★
2.20 AM **Bedknobs and Broomsticks** Disney fantasy. (1971, U, 117min) ★★★★
4.25 **to 6.30** AM **Remember the Titans** Drama. (2000) ★★★

Sky Cinema Family

306 306 846 406 506

7.05 AM **Paul Blart: Mall Cop**
8.45 **Bernie the Dolphin**
10.25 **Johnny English Reborn** Comedy, as shown at 6.05pm.
12.15 PM **Dora and the Lost City of Gold** As shown at 8.00pm.
2.10 **Father of the Bride** As 10pm.
4.00 **Annie** Musical remake. (2014, PG, 115min) ★★★
6.05 **Johnny English Reborn** Comedy sequel with Rowan Atkinson and Gillian Anderson. (2011, PG, 101min) ★★★

6.05 Johnny English Reborn

8.00 **Dora and the Lost City of Gold** Family adventure starring Isabela Moner. Dora finds herself leading a quest to save her parents and solve the impossible mystery behind a lost city of gold. With Eva Longoria. (2019, PG, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Father of the Bride** Comedy starring Steve Martin as a harassed father preparing for his daughter's wedding. With Diane Keaton and Kimberly Williams. (1991, PG, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Annie** Musical remake. (2014, PG, 115min) ★★★
2.10 AM **School Spirits** Comedy. (2017, PG, 88min) ★★
3.50 **Bernie the Dolphin** Adventure. (2018, U) ★★
5.30 **to 7.10** AM **Paul Blart: Mall Cop** Comedy starring Kevin James. (2009, PG, 91min) ★

Sky Cinema Action

308 308 848 407 507

6.00 AM **Beverly Hills Cop**
8.00 **Journey 2: The Mysterious Island** As shown at 4.20am.
9.45 **Kick-Ass** Action thriller. (2010, 15, 117min) ★★★
11.45 **Fast & Furious** Action thriller. (2009, 12, 107min) ★★★
1.40 PM **Fast & Furious 5** Thriller. (2011, 12, 130min) ★★★
3.55 **Fast & Furious 6** Thriller. (2013, 12, 128min) ★★★
6.10 **Beverly Hills Cop** Comedy. (1984, 15, 105min) ★★★★★

6.10 Beverly Hills Cop

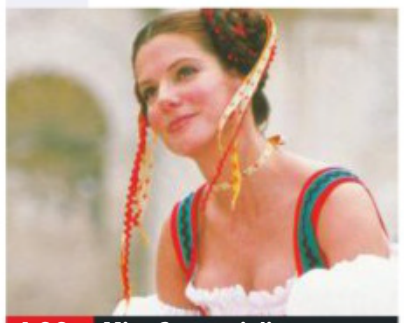
8.00 **Glass** Fantasy thriller starring James McAvoy, Bruce Willis and Samuel L Jackson. Many years after his encounter with Mr Glass, a security guard uses his supernatural abilities to track a man with 24 personalities. (2019, 15, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Punisher** Action thriller starring Tom Jane and John Travolta. A grieving ex-cop launches a series of attacks on a psychopathic crook. (2004, 18, 123min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **300** Epic adventure. (2006, 15, 116min) ★★★★
2.25 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
4.20 **to 6.10** AM **Journey 2: The Mysterious Island** Fantasy. (2012, PG, 94min) ★★★

Sky Cinema Comedy

309 309 849 408 508

6.45 AM **Miss Congeniality**
8.45 **Miss Congeniality 2: Armed and Fabulous** As 6.00pm.
10.45 **Sorry to Bother You** Comedy, as shown at 11.35pm.
12.40 PM **Benchwarmers 2: Breaking Balls** As 1.35am.
2.15 **Stuber** As shown at 9.50pm.
4.00 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
6.00 **Miss Congeniality 2: Armed and Fabulous** Comedy. (2005, 12, 113min) ★★


4.00 Miss Congeniality

8.00 **Bad Therapy** Comedy starring Alicia Silverstone and Rob Corddry. A troubled couple seeks out a marriage counsellor, but there is more to her than meets the eye. (2020, 15, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Stuber** Action comedy starring Dave Bautista. A wild journey ensues for an Uber driver when he picks up a cop on the hunt for a vicious killer. (2019, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.35 **Sorry to Bother You** Comedy with Lakeith Stanfield, Tessa Thompson and Danny Glover. (2018, 15, 111min) ★★★★
1.35 AM **Benchwarmers 2: Breaking Balls** Comedy with Chris Klein and Jon Lovitz. (2019, 12, 90min) ★
3.15 **Bad Therapy** As 8.00pm.
5.05 **to 7.05** AM **Our Man Flint** Comedy starring James Coburn and Lee J Cobb. (1966, PG, 107min) ★★★

primetime

Sky Cinema Hits

303 403 503

7.30 AM **Tooth Fairy** (2010) ★★
9.20 **The Kid Who Would Be King** Fantasy. (2019, PG) ★★★
11.25 **The Chronicles of Narnia: The Voyage of the Dawn Treader** Fantasy. (2010, PG) ★★★
1.25 PM **Ghostbusters** Comedy. (1984, 12, 105min) ★★★★
3.20 **Captain Marvel** (2019) ★★★
5.30 **Just Go With It** Romantic comedy. (2011, 12, 116min) ★

7.30 **Crawl** Horror thriller starring Kaya Scodelario and Barry Pepper. A woman who attempts to save her father during a hurricane, finds herself trapped in a rapidly flooding house. (2019, 15, 87min) ★★★
9.00 **Gemini Man** Action drama starring Will Smith and Mary Elizabeth Winstead. An ageing assassin is targeted by a mysterious enemy that seems able to anticipate his every move. (2019, 12, 117min) ★★

11.00 **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
1.20 AM **Ma** Horror. (2019, 15) ★★★
3.05 **Pacific Rim** Sci-fi action thriller. (2013, 12, 131min) ★★★
5.20 **to 7.10** AM **The Nutcracker and the Four Realms** Fantasy. (2018, PG, 99min) ★★★

Sky Cinema Greats

304 304 845 404 504

7.05 AM **Snow White and the Seven Dwarfs** (1937) ★★★★★
8.35 **The Golden Child** Adventure fantasy. (1986, PG, 93min) ★★
10.15 **The Goonies** (1985) ★★★★
12.15 PM **Sister Act** Comedy. (1992, PG, 102min) ★★★★
2.00 **Sister Act 2: Back in the Habit** Comedy. (1993, PG) ★★
3.50 **Zulu** Epic historical adventure. (1963, PG, 138min) ★★★★★

6.10 **O Brother, Where Art Thou?** Comedy starring George Clooney and John Turturro. (2000, 12, 106min) ★★★★
8.00 **Speed** Action thriller starring Keanu Reeves. An LA cop tries to save the passengers on a bus that's wired to explode. (1994, 15, 105min) ★★★★★
10.00 **The Wolf of Wall Street** Fact-based drama starring Leonardo DiCaprio. A stockbroker gets rich through illegal trading. (2013, 18, 176min) ★★★★

1.00 AM **Scarface** Crime thriller. (1983, 18, 163min) ★★★★
3.50 **Raising Arizona** Crime comedy. (1987, 12, 92min) ★★★★★
5.30 **to 7.55** AM **Wall Street: Money Never Sleeps** Oliver Stone's business drama sequel. (2010, 12, 132min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.35 AM **Ladybug** (2018) ★★
8.05 **Flying the Nest** Animation. (2018, U, 82min) ★★
9.40 **Tarzan** (1999) ★★★★
11.20 **The Road to El Dorado**
1.00 PM **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
2.55 **Astro Kid** Animated adventure. (2019, PG, 89min) ★★★
4.30 **The Secret Life of Pets 2** Animation. (2019, U) ★★★

6.00 **Spider-Man: Into the Spider-Verse** Animation with the voice of Shameik Moore. (2018, PG, 117min) ★★★★
8.00 **Surf's Up** Animated mockumentary featuring the voices of Shia LaBeouf, Jeff Bridges and Zooey Deschanel. (2007, PG, 85min) ★★★★
9.40 **Asterix: The Secret of the Magic Potion** Animated advenure with the voices of Christian Clavier and Guillaume Briat. (2018, PG, 87min) ★★★

11.20 **Luis and the Aliens** Animated comedy. (2018, U, 86min) ★★
1.00 AM **A Stork's Journey** Animation. (2017, U, 85min) ★★
2.35 **Up and Away** (2018) ★★
4.10 **The Road to El Dorado** Animation. (2000, U) ★★
5.55 **to 7.30** AM **Luis and the Aliens**

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.05 **Close Up**
7.35 **Hollywood's Best Directors**
8.05 **Ten Wanted Men** (1955) ★★★
9.40 **The Dirty Dozen** Adventure. (1967, 15, 150min) ★★★★
12.40 PM **The Lusty Men** (1952) ★★
3.00 **Advance to the Rear** Comedy. (1963, b/w, PG, 93min) ★
5.05 **I Killed Wild Bill Hickock** Western. (1956, PG) ★★

6.15 **Rio Lobo** Howard Hawks' US Civil War Western starring John Wayne, Jennifer O'Neill and Jack Elam. A Union colonel vows to discover the traitor responsible for the death of his best friend. (1970, PG, 110min) ★★★
8.20 **The Pelican Brief** Conspiracy thriller based on John Grisham's bestseller, starring Julia Roberts as a law student who puts her life in danger when she solves the murders of two judges. (1993, 12, 141min) ★★

11.10 **The Fugitive** (1993) ★★★★
1.50 AM **It's a Gift** Comedy. (1934, b/w, PG, 73min) ★★★★
3.00 **Close Up**
5.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Glimpses: Rollercoaster**
6.05 **She Shall Have Music** (1935)
7.40 **Runaround** 1/6. (S1)
8.10 **Sir Francis Drake** 6/26. (S1)
8.40 **The House in Nightmare Park**
10.30 **Hawkeye & the Last of the...**
11.00 **Phantom from Space** (1953) ★
12.30 PM **Circumstantial Evidence**
1.40 **Champion** (1949) ★★★★
3.40 **At the Earth's Core** (1976)
5.30 **The Adventures of Sir Lancelot**

6.00 **The Turners of Prospect Road** Comedy starring Wilfrid Lawson. (1947, b/w, PG, 89min) ★★
7.10 **The Black Orchid** Drama with Sophia Loren and Anthony Quinn. An Italian widower woos a gangster's widow, while she resists his advances. (1958, b/w, PG, 97min) ★★★
9.00 **Framed** Thriller starring Joe Don Baker. A man vows revenge on the corrupt cops who framed him and sent him to prison. (1974, 18, 100min) ★★

11.10 **Home of the Brave** (1949) ★★
12.55 AM **The Man Who Loved Redheads** (1954) ★★★
2.40 **Climb Up the Wall**
4.00 **The Rivals of Sherlock Holmes**
5.00 **Bognor** 6/18. (S1)
5.30 **to 6.00** AM **Overseas Press Club – Exclusive!**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

310 310 850 409 509

6.00 AM **Vertigo** As 4.45pm.
8.20 **The Birds** As shown at 9pm.
10.30 **Psycho** Horror chiller. (1960, b/w, 15, 109min) ★★★★★
12.30 PM **Panic Room** As 11.00pm.
2.30 **Marnie** Hitchcock's thriller. (1964, 15, 130min) ★★★
4.45 **Vertigo** Classic thriller. (1958, PG, 128min) ★★★★★
7.00 **Rear Window** Classic Hitchcock suspense thriller starring James Stewart. (1954, PG, 112min) ★★★★★

7.00 Rear Window

Rear Window (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

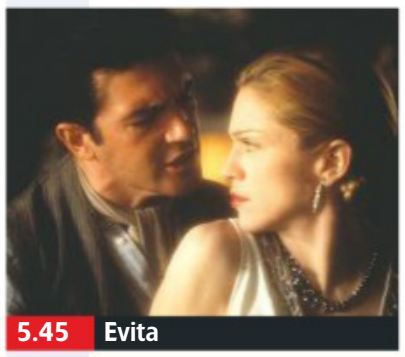
9.00 **The Birds** Alfred Hitchcock's classic horror chiller starring Tippi Hedren and Rod Taylor. Thousands of birds suddenly start attacking people in a California town for no apparent reason. (1963, 15, 118min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Panic Room** Thriller starring Jodie Foster and Forest Whitaker. A woman and her daughter are trapped in a hidden chamber in their home by three burglars. (2002, 15, 112min) ★★★
1.00 AM **Se7en** Thriller with Brad Pitt and Morgan Freeman. (1995, 18, 127min) ★★★★
3.10 **Rear Window** As 7.00pm.
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

311 311 851 410 510

6.00 AM **The Flood** Drama. (2019, 15, 99min) ★★★
7.40 **Obey** British drama. (2018, 15, 100min) ★★
9.20 **Evita** As shown at 5.45pm.
11.35 **As Good As It Gets** As 8pm.
1.55 PM **An Officer and a Gentleman** As 1.45am.
4.00 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
5.45 **Evita** Musical with Madonna and Antonio Banderas. (1996, PG, 134min) ★★★


5.45 Evita

8.00 **As Good As It Gets** Comedy starring Jack Nicholson and Helen Hunt. A misanthropic and neurotic novelist gradually rediscovers his humanity when events draw him unwillingly closer to his next-door neighbour, and a single mother working as a waitress in a café. (1997, 15, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **The Green Mile** Supernatural prison drama with Tom Hanks and Michael Clarke Duncan. A Depression-era prison guard encounters a death row inmate who possesses a magical gift. (1999, 18, 189min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.45 AM **An Officer and a Gentleman** Romantic drama. (1981, 15, 125min) ★★★★
4.05 **to 6.00** AM **Love Story** As shown at 4.00pm.

Sky Cinema Sci-Fi/Horror

312 411 511

6.30 AM **Thor** As 4.50pm.
8.30 **The Darkest Minds** Thriller. (2018, 12, 104min) ★★
10.30 **Howard... A New Breed of Hero** Comedy. (1986) ★★★
12.30 PM **Star Wars: The Rise of Skywalker** As shown at 9pm.
2.55 **The Dead Don't Die** Comedy horror. (2019, 15, 104min) ★★
4.50 **Thor** Fantasy. (2011) ★★★
6.50 **Captain America: The First Avenger** Action fantasy. (2011, 12, 123min) ★★★

6.50 Captain America: The...

Captain America: The First Avenger (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

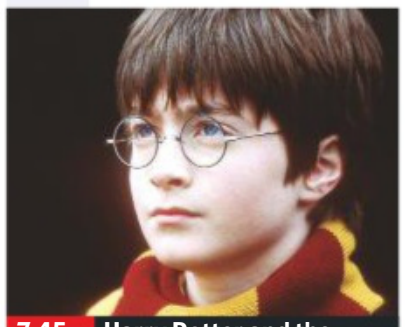
9.00 **Star Wars: The Rise of Skywalker** Fantasy adventure starring Daisy Ridley and Adam Driver. Rey and the surviving members of the resistance face the evil First Order once more. With Oscar Isaac. (2019, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **The Black String** Horror mystery starring Frankie Muniz and Blake Webb. (2018, 15, 93min) ★★★
1.10 AM **Overlord** Action thriller starring Jovan Adepo. (2018, 18, 110min) ★★★
3.15 **Friday the 13th Part VIII: Jason Takes Manhattan** Horror with Jensen Daggett. (1989, 18, 100min) ★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Harry Potter

302 402 502

6.30 AM **Harry Potter and the Goblet of Fire** As 3.30am.
9.10 **Harry Potter and the Order of the Phoenix** (2007) ★★★
11.30 **Harry Potter and the Half-Blood Prince** (2009)
2.05 PM **Harry Potter and the Deathly Hallows: Part I**
4.35 **Harry Potter and the Deathly Hallows: Part II** (2011)
6.50 **Harry Potter: Who's Who...**
7.45 **Harry Potter and the Philosopher's Stone** (2001)


7.45 Harry Potter and the...

Harry Potter and the Philosopher's Stone (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Harry Potter and the Chamber of Secrets** Fantasy starring Daniel Radcliffe. The boy wizard confronts a dark force that is terrorising Hogwarts School. (2002, PG, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Harry Potter and the Prisoner of Azkaban** Fantasy with Daniel Radcliffe. (2004, PG, 142min) ★★★★★
3.30 **to 6.10** AM **Harry Potter and the Goblet of Fire** Fantasy starring Daniel Radcliffe. (2005, 12, 157min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Rugrats Movie** Children's animated comedy. (1998, U, 80min) ★★★
12.40 PM **Epic** Animated fantasy. (2013, U, 98min) ★★★
2.45 **Shrek the Third** Animation. (2007, U, 88min) ★★★★
4.30 **Hulk** Sci-fi starring Eric Bana. (2003, 12, 138min) ★★
7.10 **Home Again** Romance starring Reese Witherspoon. (2017, 12, 97min) ★★★

7.10 Home Again

Home Again (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Chaos** Police conspiracy thriller starring Jason Statham and Ryan Phillippe. When a bank heist ends in chaos, a veteran cop and his rookie partner uncover a complex conspiracy. With Wesley Snipes. (2005, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.10 **Blades of Glory** Slapstick sports comedy starring Will Ferrell and Jon Heder. Two ice skating rivals who have been banned from the sport for life make a comeback. (2007, 12, 93min) ★★★
1.05 **to 3.30** AM **Horns** Horror based on Joe Hill's novel, starring Daniel Radcliffe. (2013, 15, 115min) ★★★

11 PM

+1 hour 314 430 45 301

Horror

317 149 70 138

8.00 AM **Treasure Guards** Adventure starring Anna Friel, Raoul Bova and Volker Bruch. (2011, PG, 90min) ★★
10.00 **First Wave** (S3)
3.00 **Journey to the Center of the Earth** Sci-fi starring Greg Evigan. (2008, 12, 87min) ★
4.45 **Princess of Mars** Sci-fi adventure with Antonio Sabato Jr. (2009, 12, 90min) ★★

6.40 **King Arthur and the Knights of the Round Table** Fantasy starring Sara Malakul Lane. An evil enchantress vows to destroy every descendant of Arthur and his knights. (2017, 15, 85min) ★
8.30 **Tales from the Darkside** Supernatural anthology.
9.00 **The 6th Day** Sci-fi thriller starring Arnold Schwarzenegger. A charter pilot is cloned by a corporation in an attempt to cover up an assassination. (2000, 15, 124min) ★★★

11.20 **Jackals** Horror with Johnathon Schaech. (2017, 15, 85min) ★★
1.05 AM **Martyrs** Horror remake. (2015, 18, 83min) ★
2.50 **to 4.30** AM **Bite** Horror. (2015, 18, 88min) ★★

+1 hour 318 202 139

Sony Movies Classic

319 424 50 303

6.00 AM **The Set Up** Boxing drama. (1949, b/w, PG, 72min) ★★★★
7.30 **The Ugly Duckling** (1959) ★★
9.15 **My Favourite Brunette** (1947)
11.05 **First Men in the Moon** (1964)
1.15 PM **A Weekend with Lulu** Comedy. (1961, PG, 91min) ★★
3.05 **The Wackiest Ship in the Army** Comedy. (1960, U) ★★★
5.10 **Dad's Army** Classic comedy. (1971, U, 95min) ★★★★

7.05 **The Admirable Crichton** Satirical comedy starring Kenneth More as an Edwardian butler stranded with his employers on a desert island. With Diane Cilento and Cecil Parker. (1957, U, 93min) ★★★
9.00 **To Sir, with Love** Drama with Sidney Poitier as a novice teacher at a tough London school who battles to win the respect of his students. With Suzy Kendall and Judy Geeson. (1966, PG, 105min) ★★

11.10 **The Pumpkin Eater** (1964) ★★
1.20 AM **The Gorgon** (1964) ★★★
3.00 **Mayflower: The Pilgrims' Adventure** Drama. (1979) ★
4.35 **to 6.00** AM **What a Carve Up!** Comedy. (1961, b/w, U) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.10 AM **Stand Your Ground** Fact-based drama with Francine Locke. (2013, PG, 107min) ★★
1.30 PM **The Alamo** Epic Western starring Dennis Quaid, Billy Bob Thornton and Jason Patric. (2004, 12, 137min) ★★★
4.10 **Tracker** Period action drama with Ray Winstone, Temuera Morrison and Gareth Reeves. (2010, 12, 101min) ★★★

6.15 **Master and Commander: The Far Side of the World** Epic adventure with Russell Crowe. The captain of a British warship leads his crew in pursuit of a heavily armed French privateer. (2003, 12, 138min) ★★★★
9.00 **Face/Off** Action thriller starring John Travolta and Nicolas Cage. An FBI agent has the face of a comatose terrorist grafted on to his own in order to assume the man's identity. With Joan Allen. (1997, 18, 133min) ★★★★

11.45 **I Am Wrath** Crime thriller. (2016, 15, 90min) ★★
1.45 AM **The Night Listener** Mystery thriller. (2006, 15, 81min) ★★★
3.30 **to 6.00** AM **Julie & Julia** Comedy. (2009, 12) ★★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Cornered** (1945) ★★★
8.00 **Back to Bataan** War drama. (1945, b/w, PG, 97min) ★
9.45 **Flying Leathernecks** Action drama. (1951, PG, 102min) ★★
11.55 **She Wore a Yellow Ribbon** Western. (1949, U) ★★★★
2.00 PM **The Shepherd of the Hills** Western. (1941, PG, 98min) ★★
4.05 **North to Alaska** Western. (1960, U, 122min) ★★★

6.35 **The Undefeated** Western starring John Wayne and Rock Hudson as Union and Confederate colonels who join forces after the American Civil War. (1969, PG, 120min) ★★★
9.00 **Sniper: Special Ops** Action thriller with Steven Seagal and Tim Abell. A soldier disobeys orders and leads his men on a mission to rescue a friend who has been trapped behind enemy lines. With Rob Van Dam. (2016, 15, 82min) ★★

10.50 **The Hunt for Eagle One** Thriller. (2006, 15, 88min) ★★
12.40 AM **In Hell** Action thriller. (2003, 18, 93min) ★★
2.30 **to 4.00** AM **Absolute Fear** Thriller. (2012, 12, 91min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **A Different Kind of Christmas** Drama. (1996) ★★
9.00 **The Sweetest Christmas** (2017)
11.00 **With Love, Christmas** Festive drama. (2017, PG, 90min) ★★
1.00 PM **A Shoe Addict's Christmas** Fantasy. (2018, PG, 90min) ★★
3.00 **Merry & Bright** Romantic drama. (2019, U, 84min) ★★
5.00 **Christmas at Pemberley Manor** Drama. (2018, U) ★★

7.00 **Reunited at Christmas** Romantic drama starring Nikki Deloach. A novelist with writer's block and her boyfriend gain a new perspective on the Christmas season. With Mike Faiola. (2018, PG, 84min) ★★
9.00 **Two Turtle Doves** Festive drama starring Nikki Deloach. A doctor regains her belief in Christmas miracles when she encounters an adorable little girl and her disheartened father. (2019, pG, 120min) ★★

11.00 **Christmas at Graceland** Festive romance. (2018, U, 85min) ★★
1.00 AM **A Very Country Christmas** Drama. (2017, PG, 90min) ★★
3.00 **to 5.00** AM **A Puppy for Christmas** Comedy. (2016) ★

+1 hour 326 420

SATURDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **5.55** AM **LIVE NRL New Zealand Warriors v Sydney Roosters.** Coverage from Central Coast Stadium. Kick-off **6.00am**.
- **7.55** **Super League Gold**
- **8.30** **LIVE NRL Cronulla-Sutherland Sharks v St George Illawarra Dragons.** From Netstrata Jubilee Stadium. Kick-off **8.30am**.
- **10.25** **Super League Gold**
- **10.30** **LIVE Test Cricket England v West Indies.** Coverage of the second day's play of the third and final Test in the series, taking place at Emirates Old Trafford.
- **7.00** PM **Test Cricket Bitesize**
- **7.15** **Cricket Debate**
- **8.00** **LIVE World Matchplay Darts** Coverage of day eight at Marshall Arena in Milton Keynes, featuring the semi-finals in the competition won last year by Rob Cross.
- **10.00** **LIVE PGA Tour Golf** The third day of the 3M Open from TPC Twin Cities in Blaine, Minnesota.
- **11.00** **Sky Sports News**
- **4.00** **to 7.00** AM **LIVE Super Rugby Blues v Chiefs.** All the action from Eden Park in Auckland. Kick-off **4.35am**.

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **Premier League Years**
- **9.00** **Premier League Preview**
- **9.30** **Premier League World**
- **10.00** **Gary Neville's Soccerbox**
- **11.00** **Soccer AM** Football magazine.
- **12.00** NOON **PL Retro** As 12.00m't.
- **2.00** PM **Gary Neville's Soccerbox**
- **3.00** **Best PL Goals: Manchester United** Memorable strikes.
- **3.30** **Best PL Goals: Manchester City** Memorable goals.
- **4.00** **Best PL Goals: Liverpool**
- **4.30** **Best PL Goals: Chelsea**
- **5.00** **Best PL Goals: Arsenal**
- **6.00** **The Tyler Archives**
- **8.00** **Gary Neville's Soccerbox** The presenter talks to Michael Owen.
- **10.00** **Life of Ryan: Caretaker Manager** Focusing on Ryan Giggs' four matches in charge of Manchester United at the end of the 2013/2014 season.
- **12.00** M'T **PL Retro** A look back at Manchester United v Manchester City from the 2010/2011 season.
- **2.00** AM **Premier League Years**
- **4.00** **Best PL Goals 97/98**
- **5.00** **Best PL Goals: Man Utd v Everton** Memorable goals.
- **5.30** **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **EFL Greatest Games**
- **6.45** **SPFL Greatest Games**
- **7.00** **Football's Greatest Players**
- **7.30** **Football Countdowns**
- **8.00** **Football Years**
- **8.30** **EFL Greatest Games**
- **9.15** **SPFL Greatest Games**
- **9.30** **Football's Greatest Players**
- **10.00** **Championship Season Review 14/15** A look back at action from the 2014/2015 season.
- **11.00** **Soccer AM** Football magazine.
- **12.00** NOON **EFL Championship Highlights** Back-to-back action.
- **7.00** PM **EFL Championship Highlights** Back-to-back action.
- **10.00** **MLS Round-Up Show** A review of the latest round of Major League Soccer fixtures.
- **10.30** **SPFL Highlights** Rangers v Celtic from September 2019.
- **11.00** **EFL Greatest Games**
- **12.00** M'T **EFL Cup Final 08**
- **1.00** AM **EFL Play Off Final C'Ship 18/19** Action from Derby County v Aston Villa at Wembley Stadium.
- **2.00** **EFL Play Off Finals League 1 18/19** Charlton Athletic v Sunderland at Wembley Stadium.
- **3.00** **One2Eleven: Ryan Giggs**
- **3.15** **to 6.00** AM **EFL Cup Retro 12**

Sky Sports Cricket

404 404 858 | 514 504

- **6.00** AM **Ashes Memories**
- **7.00** **Talking Cricket: Windrush**
- **7.30** **The Cricket Lockdown Vodcast** Discussion show.
- **8.30** **Test Cricket** England v West Indies: Action from the opening day of the third and final Test.
- **9.30** **Cricket Debate**
- **10.15** **Test Cricket Bitesize**
- **10.30** **LIVE Test Cricket England v West Indies.** Coverage of the second day's play of the third and final Test in the series, taking place at Emirates Old Trafford.
- **7.00** PM **Test Cricket Bitesize** Action from England v West Indies.
- **7.15** **Cricket Debate** Discussion on England v West Indies.
- **8.00** **Test Cricket** England v West Indies: Action from day two of the third and final Test in the series, held at Emirates Old Trafford.
- **9.00** **Cricket Debate** As 7.15pm.
- **9.45** **Test Cricket Bitesize** As 7pm.
- **10.00** **Test Cricket** As 8.00pm.
- **11.00** **Cricket Debate** As 7.15pm.
- **11.45** **Test Cricket Bitesize** As 7pm.
- **12.00** M'T **Ashes Memories**
- **1.00** AM **Best of the 2016 Blast**
- **5.00** **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **PGA Tour Golf** Highlights of day two of the 3M Open at TPC Twin Cities in Blaine, Minnesota.
- **10.00** **European Tour Golf**
- **11.00** **Nick Dougherty's Tee Time Tips** Expert golf tips.
- **11.45** **Golf Pass with Rory McIlroy** Rory discusses his favourite golf courses around the world.
- **12.15** PM **European Tour Golf** Highlights of the third day's play of the British Masters at Close House in Newcastle.
- **1.15** **PGA Tour Profiles**
- **1.30** **LIVE European Tour Golf** Coverage of the fourth and final day of the British Masters at Close House in Newcastle, where the European Tour makes its return.
- **5.30** **LIVE PGA Tour Golf** Coverage of the third day's play of the 3M Open from TPC Twin Cities in Blaine, Minnesota.
- **11.00** **European Tour Golf** Highlights of the fourth and final day's play of the British Masters.
- **12.00** M'T **British Masters Masterclass**
- **12.30** AM **European Tour Golf**
- **4.30** **British Masters Masterclass**
- **5.30** **to 6.00** AM **The Golf Fitness Show**

BT Sport 1

413 413 867 | 527 | 408 430

- **6.00** AM **Sailing to Tokyo**
- **6.30** **Champions League Magazine**
- **7.00** **Badminton Unlimited**
- **7.30** **ESPN FC** Football news.
- **8.00** **LIVE Hyundai A-League Sydney FC v Western United.** Coverage from Bankwest Stadium. Kick-off **8.00am**.
- **10.00** **Champions League Magazine**
- **10.30** **LIVE AFL Port Adelaide Power v St Kilda Saints.** From Adelaide Oval. Bounce-up **10.40am**.
- **1.30** PM **Premier League Preview**
- **2.00** **LIVE Vanarama National League Harrogate Town v Boreham Wood or FC Halifax Town.** A National League play-off semi-final. Kick-off **2.30pm**.
- **4.45** **LIVE Vanarama National League Notts County v Yeovil Town or Barnet.** Coverage of a National League play-off semi-final. Kick-off **5.00pm**.
- **7.15** **LIVE BT Sport Fight Night** Coverage of a top bout.
- **11.00** **BT Sport Films: Cornered**
- **12.00** M'T **Vanarama National League**
- **3.00** AM **AFL** Port Adelaide v St Kilda.
- **5.00** **Ligue 1 Goals of the Season**
- **5.30** **to 6.00** AM **Sailing to Tokyo**

BT Sport 2

414 414 868 | 528 | 409 431

- **6.00** AM **BT Sport Goals Reload**
- **6.30** **PL Legends: Teddy Sheringham**
- **7.00** **The Outdoor Sports Show**
- **7.30** **MotoE Highlights**
- **7.45** **MotoGP: ICYMI**
- **8.00** **LIVE MotoGP** The third free practice session ahead of the Grand Prix of Andalucia.
- **11.00** **LIVE MotoGP** Qualifying ahead of the Grand Prix of Andalucia.
- **3.00** PM **LIVE MotoE** Coverage of the MotoE Grand Prix of Andalucia qualifying session.
- **4.00** **Fishing: On The Bank**
- **5.00** **Hyundai A-League**
- **6.30** **Premier League Preview**
- **7.00** **LIVE MLB Chicago White Sox v Minnesota Twins.** All the action from the American League encounter at Guaranteed Rate Field. Start-time **7.10pm**.
- **10.00** **UFC Live Fight Night Preview**
- **11.00** **LIVE UFC** All the action from the UFC Fight Night Prelims.
- **1.00** AM **LIVE UFC Robert Whittaker v Darren Till.** Coverage of UFC Fight Night from the UFC Fight Island facility in Abu Dhabi, United Arab Emirates.
- **4.30** **to 6.00** AM **Hyundai A-League**

BT Sport 3

417 417 869 | 529 | 410 432

- **6.00** AM **Premiership Rugby Top Tries 15/16** Memorable tries.
- **6.30** **Sport In Focus: Bayern Munich**
- **7.30** **Wembley Gold**
- **8.00** **WWE NXT Highlights**
- **9.00** **WWE Friday Night SmackDown** Wrestling action.
- **10.30** **Classic Premier League**
- **12.30** PM **Classics in Europe**
- **1.00** **Classic Premiership Rugby** Back-to-back action, including at: **5.00** Action from Exeter Chiefs v Saracens in the 2018/2019 Gallagher Premiership final.
- **5.30** **Champions League Magazine**
- **6.00** **Badminton Unlimited**
- **6.30** **The Outdoor Sports Show**
- **7.00** **AFL** Action from Port Adelaide Power v St Kilda Saints.
- **9.00** **WWE Friday Night SmackDown** Wrestling action.
- **10.30** **WWE NXT Highlights**
- **11.30** **ESPN Classic Boxing** A look back at Mike Tyson's bouts against John Alderson, Ricardo Spain and Lorenzo Canady.
- **12.00** M'T **ESPN Classic Boxing**
- **3.00** AM **WRC Review: Rally Finland**
- **4.00** **The Outdoor Sports Show**
- **4.30** **to 6.00** AM **Isolation eRacing Series**

Sky Sports Action

407 407 861 | 517 507

- **6.00** AM **Super Rugby Classics**
- **7.00** **Rugby Stars Quiz: Biggar v George**
- **7.30** **LIVE Super Rugby Crusaders v Hurricanes.** Kick-off **8.05am**.
- **10.10** **LIVE Super Rugby Western Force v Brumbies.** Kick-off **10.15am**.
- **12.15** PM **Head To Head Quiz: Rugby v Cricket**
- **1.00** **World Matchplay Darts**
- **4.00** **A Little Bit of Fry and Waddell**
- **5.00** **Super Rugby**
- **6.45** **Rugby Union Retro**
- **7.00** **The Rise of Fallon Sherrock**
- **7.30** **MVG: The Story So Far**
- **8.00** **LIVE World Matchplay Darts** Coverage of the semi-finals from Marshall Arena in Milton Keynes.
- **10.00** **Anthony Joshua: 1989–2014**
- **11.00** **Bellator MMA**
- **12.00** M'T **Boxing Gold**
- **12.30** AM **Fights of the Decade**
- **12.45** **Boxing Gold**
- **1.00** **Super Rugby**
- **2.45** **Rugby Union Retro**
- **3.00** **Super Rugby Classics**
- **4.00** **to 7.00** AM **LIVE Super Rugby Blues v Chiefs.** From Eden Park. Kick-off **4.35am**.

Sky Sports Mix

145 145 838 | 520 510

- **6.00** AM **LIVE ANZ Premiership Netball Pulse v Stars.** Coverage of the match from the seventh round of fixtures, taking place at Auckland Netball Centre. Centre-pass **6.00am**.
- **7.30** **History of the Netball World Cup** A look back at past stagings of the tournament.
- **8.30** **Netball World Cup** England v New Zealand: Action from the second semi-final in 2019.
- **11.00** **Netball World Cup** England v South Africa: Action from the bronze-place match in 2019.
- **12.30** PM **Netball World Cup** New Zealand v Australia: Action from the 2019 final at the M&S Bank Arena in Liverpool.
- **3.30** **ANZ Premiership Netball** Action from Pulse v Stars.
- **5.00** **LIVE WNBA** Basketball action.
- **7.30** **NBA: Sounds of the Finals 2018** Golden State Warriors v Cleveland Cavaliers.
- **8.00** **LIVE WNBA** Basketball action.
- **10.30** **Netball World Cup** Action from South Africa v Australia.
- **1.00** AM **Netball World Cup**
- **5.30** **to 6.00** AM **Game Changers Revisited**

BT Sport/ESPN

423 423 872 | 530 | 411 434

- **6.00** AM **ESPN FC** Football news.
- **6.30** **Pardon the Interruption**
- **7.00** **MLB: Rockies @ Rangers**
- **10.00** **ESPN FC** Football news.
- **10.30** **Pardon the Interruption**
- **11.00** **MLB: Brewers @ Cubs**
- **2.00** PM **MLB: Angels @ Athletics**
- **5.00** **MLB Classic: All-Star 1977**
- **5.30** **Pardon the Interruption**
- **6.00** **LIVE MLB Chicago Cubs v Milwaukee Brewers.** From Wrigley Field. Start-time **6.05pm**.
- **9.00** **LIVE MLB Los Angeles Dodgers v San Francisco Giants.** Coverage from Dodger Stadium. Start-time **9.10pm**.
- **12.00** M'T **LIVE MLB Washington Nationals v New York Yankees.** Coverage from Nationals Park. Start-time **12.15am**.
- **3.00** AM **MLB Classic: Baseball Seasons 1995**
- **4.00** **Baseball Seasons 1997**
- **5.00** **to 6.00** AM **MLB: 50 Most Incredible Collisions**

Eurosport 1

410 410 864 | 521 | 412 435

- **6.00** AM **Superbikes: Whit & Friends**
- **7.00** **Snooker Vodcast**
- **7.30** **Snooker: World Championship**
- **9.00** **World Superbikes**
- **9.30** **Superbikes: Whit & Friends**
- **10.30** **Superbikes: MotoAmerica**
- **11.30** **Snooker: World Champs Final 2014** O'Sullivan v Selby.
- **1.30** PM **LIVE Snooker: World Championship** Coverage of day five of qualifying from the Crucible Theatre in Sheffield.
- **5.00** **Snooker Vodcast: The Debate**
- **6.00** **Snooker: World Championship**
- **7.00** **LIVE Snooker: World Championship** Day five of qualifying at the Crucible Theatre.
- **10.30** **Snooker: World Championship**
- **12.00** M'T **World Poker Tour: Alpha 8**
- **1.00** AM **Superbikes: Whit & Friends**
- **2.00** **Cycling: Strade Bianche**
- **3.00** **Hall of Fame – London 2012**
- **4.00** **Snooker Vodcast: The Debate**
- **4.30** **to 6.00** AM **Snooker: World Championship**

Eurosport 2

411 411 865 | 522 | 413 436

- **7.00** AM **Return to 2012: Road Cycling** With Bradley Wiggins.
- **9.00** **Snooker: World Championship**
- **10.30** **Snooker Vodcast: The Debate**
- **11.00** **Return to 2012: Athletics**
- **1.00** PM **Return to 2012: Rowing**
- **3.00** **Return to 2012: Super Saturday** As shown at 10.00pm
- **5.00** **Return to 2012: Combat Sports**
- **7.00** **Cycling: Paris-Roubaix**
- **7.25** **LIVE Football: Eliteserien Brann v Kristiansund BK.** At Brann Stadion. Kick-off is at 7.25.
- **9.25** **Olympics: Legends Live On** The life of Michael Johnson.
- **10.00** **Return to 2012: Super Saturday** Greg Rutherford and Mo Farah join Orla Chennaoui to look back at the historic night.
- **12.00** M'T **Return to 2012: Combat Sports**
- **2.00** AM **Olympics: Hall of Fame**
- **3.00** **Best of Bikes**
- **5.00** **to 7.00** AM **Australian Superbikes**

Sky Sports Arena

408 408 862 | 518 508

- **5.55** AM **LIVE NRL New Zealand Warriors v Sydney Roosters.**
- **7.55** **Super League Gold**
- **8.30** **LIVE NRL Cronulla-Sutherland Sharks v St George Illawarra Dragons.** Kick-off **8.30am**.
- **10.25** **Super League Gold**
- **10.35** **LIVE NRL Canberra Raiders v South Sydney Rabbitohs.**
- **12.30** PM **Betfred Super League**
- **12.45** **S/Lge Retro: Magic Weekend**
- **3.00** **S/Lge: World Club Series '16**
- **3.30** **ANZ Premiership Netball**
- **5.00** **LIVE WNBA** Basketball action.
- **7.30** **NBA: Sounds of the Finals**
- **8.00** **LIVE WNBA** Basketball action.
- **10.30** **NBA Retro Games: 2012 Minnesota vs. Oklahoma City**
- **12.30** AM **NBA: Boston @ Oklahoma**
- **2.15** **NBA: Minnesota @ LA Clippers**
- **4.00** **Betfred Super League**
- **5.00** **to 6.55** AM **LIVE NRL Newcastle Knights v Canterbury-Bankstown Bulldogs.** Kick-off **5.00am**.

Sky Sports F1

406 406 860 | 516 506

- **6.00** AM **The Home of F1**
- **11.00** **Austrian F1 GP Highlights**
- **12.00** NOON **Styrian F1 GP Highlights** Action from the Styrian Grand Prix.
- **1.00** PM **Hungarian F1 GP Highlights** Action from the Hungarian Grand Prix.
- **2.00** **Austrian F1 Grand Prix**
- **4.10** **Diversity In Motorsport**
- **4.40** **Karun Drives the W10**
- **4.50** **Jenson's Memories**
- **5.00** **Styrian F1 Grand Prix**
- **7.15** **The Notebook: Styria**
- **7.45** **Lewis in the W196 with Martin**
- **7.55** **Alfa Romeo 1950**
- **8.00** **Hungarian F1 Grand Prix** The Hungarian Grand Prix.
- **10.15** **The Notebook: Hungary**
- **10.45** **Small Talk with Lewis Hamilton**
- **11.00** **Hungarian F1 GP Highlights**
- **12.00** M'T **Carlos Sainz v Lando Norris**
- **12.30** AM **Box Box Box: Red Bull's First Win**
- **1.00** **to 6.00** AM **The Home of F1**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Sunday

26 July

Evening Planner

Football

Premier League
BT Sport 1 HD, Sky One, Main Event HD & Premier League HD, kick-offs 4pm
Leicester v Man Utd and Chelsea v Wolves are among the final-day games

Drama

S.W.A.T.
Sky One HD, 9pm
The team are tasked with stopping a bomber who is using drones to drop his explosives at the start of series three

Drama

A Suitable Boy
BBC1 HD, 9pm
Andrew Davies' adaptation of Vikram Seth's novel set in a newly independent India, starring newcomer Tanya Maniktala

OnDemand

BBC THREE

Fort Salem
Available 6am
A supernatural thriller set in an alternative America, where witches serve in the army, with Ashley Nicole Williams

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Countryfile		8.00 Antiques Roadshow		9.00 A Suitable Boy		10.00 News	10.30 Match of the...
102 BBC2	7.00 Today at the Test: England v West Indies		8.00 Dragons' Den		9.00 The Misadventures of Romesh...		10.00 Louis Theroux: Life and Death in LA	
103 ITV	7.00 The Durrells		8.00 Downton Abbey					10.20 Long Lost Family...
104 CHANNEL 4	7.00 Escape to the Chateau		8.00 Hitler's Supercars		9.00 Film: The Hitman's Bodyguard			
105 CHANNEL 5	7.00 Rich Kids, Skint Holiday		8.00 Filthy Britain SOS		9.00 Rich House, Poor House		10.00 Bargain-Loving Brits in the Sun	
106 SKY ONE	7.00 The Simpsons		8.00 MacGyver		9.00 S.W.A.T.		10.00 Condor	
ENTERTAINMENT								
116 BBC4	7.00 BBC Proms Classics				9.05 Beethoven's Fidelio: The Royal Opera			
118 ITV2	◂ 6.35 Film: Jurassic World				9.00 Family Guy			
136 MORE4	◂ 6.55 Come Dine with Me		8.00 Grand Designs		9.00 999: On the Front Line – Paramedic...		10.00 Call the Cops	
135 E4	◂ 6.55 The Big...	7.25 Film: Ice Age			9.00 Batwoman		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Ghost Whisperer				9.00 FBI		10.00 Coroner	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 The Sopranos			
110 GOLD	◂ 5.45 Only Fools and Horses			8.25 Dad's Army	9.00 Mrs Brown's Boys	9.45 Hold the Sunset		
111 DAVE	7.00 Top Gear		8.00 The Misadventures of Romesh...		9.00 Have I Got a Bit More News for You		10.00 QI XL	
119 ITV3	7.00 Agatha Christie's Poirot		8.00 Long Lost Family		9.00 Prince Charles: Inside the Duchy of...		10.00 Sanditon	
120 ITV4	◂ 5.20 Rugby World Cup 2003 Relived				9.00 Film: Space Cowboys			
112 COMEDY CENTRAL	7.00 Film: The Mask				9.00 Film: The Longest Yard			
152 SYFY	7.00 Film: The Librarian III: The Curse of the Judas Chalice				9.00 Film: The Shanghai Job			
109 W	7.00 999 Rescue Squad				9.00 Stacey Dooley in the USA		10.00 Inside the Ambulance	
113 SKY COMEDY	7.00 Parks and Recreation				9.00 Gary Gulman: The Great Depresh			10.30 Silicon Valley
124 FOX	7.00 NCIS		8.00 NCIS: New Orleans		9.00 NCIS		10.00 American Dad!	10.30 Family Guy
122 SKY ARTS	◂ 6.15 Joan Baez: Live in New York		8.00 Paul Weller: May Love Travel with You		9.00 The Pretenders: Austin City Limits			10.15 Bob Dylan: 30th...
DOCUMENTARY								
125 DISCOVERY	7.00 How Do Animals Do That		8.00 Living with Maneaters				10.00 In Search of Monsters	
162 ANIMAL PLANET	7.00 Alaska: The Last Frontier		8.00 Crikey! It's the Irwins		9.00 Homestead Rescue		10.00 Amanda to the Rescue	
129 NAT GEO	7.00 Airport Security: Brazil							
123 SKY HISTORY	7.00 WWII's Most Daring Raids				9.00 Pirate Island			
155 YESTERDAY	7.00 Bangers and Cash		8.00 'Allo 'Allo!				10.00 Chris Tarrant: Extreme Railway...	
166 EDEN	7.00 Pangolins – The World's Most Wanted...		8.00 Whale Wisdom		9.00 Wild North			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.15 The Angry Birds Movie 2		8.00 Them That Follow			9.45 Good Boys		
303 HITS	◂ 6.50 Downton Abbey				9.00 Aquaman			
304 GREATS	◂ 5.30 2001: A Space Odyssey		8.00 Full Metal Jacket				10.00 First Blood	
307 DISNEY	◂ 6.00 Aladdin			8.10 Mary Poppins Returns				10.25 Enchanted
306 FAMILY		7.20 King Ralph			9.00 Johnny English Strikes Again			
308 ACTION	◂ 6.20 Transporter 2		8.00 Fast & Furious Presents Hobbs & Shaw					10.20 Crank
309 COMEDY	7.00 Yesterday				9.00 Palm Beach			
310 THRILLER	◂ 6.55 Argo				9.00 Zero Dark Thirty			
311 DRAMA	◂ 5.55 The Twilight Saga: Breaking Dawn...		8.00 The Twilight Saga: Breaking Dawn – Part 2					10.10 Mapplethorpe
312 SCI-FI	◂ 5.50 Oblivion		8.00 Ant-Man				10.00 Venom	
302 HARRY POTTER	◂ 6.15 Fantastic Beasts: The Crimes of Grindelwald			8.30 Harry Potter and the Philosopher's Stone				
313 FILM4	◂ 6.55 Eddie the Eagle				9.00 Star Trek Into Darkness			
315 TCM MOVIES	◂ 6.25 Rio Bravo				9.00 Hang 'Em High			
SPORT								
401 MAIN EVENT	◂ 6.30 EFL – Live: The first leg of a play-off semi-final			8.30 World Matchplay Darts – Live: Coverage of the final from Marshall Arena				10.30 Golf – Live
402 PREMIER LEAGUE	7.00 Premier League Icons		8.00 Gary Neville's Soccerbox		9.00 Best PL Goals 2018/19		10.00 Ronaldo	
403 FOOTBALL	◂ 6.00 EFL – Live				9.00 Bielsa: El Loco...	9.30 EFL Play Off Final League 1 19/20		10.30 SPFL Highlights
404 CRICKET		7.15 Cricket Debate	8.00 Test Cricket		9.00 Cricket Debate		10.00 Test Cricket	
413 BT SPORT 1	◂ 6.30 PL Tonight	7.30 MotoGP		8.30 MotoGP...	9.00 MLB – Live: San Diego Padres v Arizona Diamondbacks (Start-time 9.10pm)			
414 BT SPORT 2	◂ 6.15 Golazzo: The...	7.30 The Football Archives: UEFA Champions League				9.30 UFC		

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

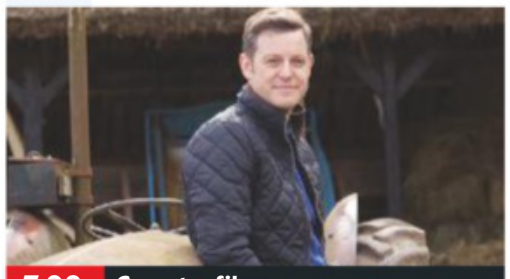
Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Sunday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Sunday Morning Live** New edition Exploring the ethical and religious issues of the day. (S)
11.00 **Homes Under the Hammer** (S)(R)
12.00 NOON **Bargain Hunt** (S)(R)(AD)
1.00 PM **BBC News** (S)
1.15 **Songs of Praise** New edition Rev Kate Bottley is on Crosby Beach to celebrate the 15th anniversary of Antony Gormley's *Another Place* sculptures. (S)
1.50 **Lifeline** New edition (S)
2.00 **Escape to the Country** (S)(R)(AD)
2.45 **Money for Nothing** (S)(R)
3.30 **Garden Rescue** (S)(R)
4.15 **Home Is Where the Art Is** (S)(R)
5.00 **Final Score** Reports and reaction from the final round of fixtures in the Premier League. (S)


7.00 Countryfile

6 PM
6.30 **BBC News** (S)
6.45 **Local News** (S)

7 PM
7.00 **Countryfile** New edition Matt Baker and Anita Rani visit Chichester Harbour, finding out about the projects that help to protect local populations of oysters, terns and seals. (S)

8 PM
8.00 **Antiques Roadshow** Fiona Bruce presents the show from Crathes Castle in Aberdeenshire, where the items brought in to be valued include a royal portrait that is not all that it seems. (S)(R)

9 PM
9.00 NEW SERIES **A Suitable Boy** 1/6. Andrew Davies' adaptation of Vikram Seth's novel following the story of a university student coming of age in India in 1951. Stars Tanya Maniktala. *See feature, page 6.* (S1) (S)(AD)

10 PM
10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **Match of the Day** Gary Lineker presents highlights of the final round of Premier League fixtures. (S)

12.10 AM **Looking for Alaska** New episodes *I'll Show You That It Won't Shoot – Johnny Ace:* 5/8. (S)
1.00 *We Are All Going – William McKinley:* 6/8. (S1) (S)
1.50 **Weather for the Week Ahead** Seven-day forecast. (S)
1.55 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **The A to Z of TV Cooking** (R)
6.45 **The Instant Gardener** (S)(R)
7.30 **Countryfile** (S)(R)
8.30 **Gardeners' World** (S)(R)
9.30 **Beechgrove** New edition (S)
10.00 **Saturday Kitchen Best Bites** (R)
11.30 **Rick Stein's Spain** (S)(R)(AD)
12.30 PM **The Good Cook** (S)(R)(AD)
1.00 **The Best Dishes Ever** (S)(R)
1.50 **Stories of Us** New edition 2/8. Rev Kate Bottley and Ashley John-Baptiste discover methods of self-expression. (S)
2.50 **Victoria Falls: Natural World** (R)
3.40 **David Attenborough's Natural Curiosities** Exploring nature's evolutionary anomalies. (S)(R)(AD)
4.10 FILM **Deep Impact** Disaster movie starring Robert Duvall, Téa Leoni and Elijah Wood. (S) (1998, 12, 110min) ★★★★

9.00 The Misadventures of Romesh...

6 PM
6.00 **Greece with Simon Reeve** 1/2. The presenter takes a tour of Greece, travelling from the islands of the Aegean to Athens and learning how the Greek people are coping with their country's crises. (S)(R)

7 PM
7.00 **Today at the Test: England v West Indies** Highlights of day three of the third Test in the three-game series, held at Old Trafford. (S)

8 PM
8.00 **Dragons' Den** Two entrepreneurs set up a bar to promote their range of drinks. Other plans put before the panel include a pipe-fitting tool and a range of men's cosmetics. (S)(R)(AD)

9 PM
9.00 **The Misadventures of Romesh Ranganathan: From My Sofa** Series finale 3/3. Romesh catches up with friends from Colombia, Haiti and Ethiopia. (S)
■ Repeated on Tuesday

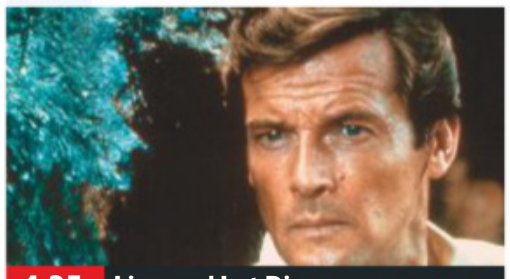
10 PM
10.00 **Louis Theroux: Life and Death in LA** 2/3. Louis explores the American attitude to death at a medical centre in West Hollywood, where he meets people battling against serious illnesses. (S)(R)

11.05 **Semi-Detached** Real-time sitcom pilot about a man suffering the worst 20 minutes of his life. (S)(R)
11.25 **Frankie Boyle Live: Excited for You to See and Hate This** (S)(R)
12.10 AM FILM **The Salesman** Iranian drama starring Shahab Hosseini. Subtitled. (2016, 12) ★★★★
2.10 **Sign Zone: Once Upon a Time in Iraq** 1/5. Documentary. (S)(R)(AD)
3.10 **Sign Zone: Holby City** (S)(R)(AD)
4.10 **to 6.30** AM **Previews**

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
7.30 **Scrambled!**
8.30 **Martin & Roman's Sunday Best!** New edition With guests James Bay and Phyllis Logan. (S)
9.25 **John and Lisa's Weekend Kitchen** Outdoor dishes. (S)(R)
10.20 **Beautiful Baking with Juliet Sear** Focusing on dough. (S)(R)
11.20 **Inside Britain's Food Factories** How potatoes become crisps. (S)(R)
11.55 **Wonders of the Coast Path** (S)(R)
12.25 PM **ITV News** (S)
12.30 **The Voice Kids** (S)(R)
2.00 **The Masked Singer US** (S)(R)
2.55 **Paul O'Grady for the Love of Dogs: What Happened Next** (S)(R)
4.00 **Coronation Street: Villains** (S)(R)
4.25 FILM **Live and Let Die** James Bond adventure with Roger Moore. (S)(AD) (1973, PG, 135min) ★★★★


4.25 Live and Let Die

6 PM
6.40 **ITV News** (S)
6.50 **Local News** (S)

7 PM
7.00 **The Durrells** 4/6. Louisa takes desperate measures when Leslie is accused of armed robbery, and Gerry turns his bedroom into a centre for scientific learning. With Leslie Caron. (S1) (S)(R)(AD)

8 PM
8.00 **Downton Abbey** 3/9. Mr Carson and Mrs Hughes' wedding arrives, bringing with it a few unexpected guests. Meanwhile, as tensions mount over the hospital takeover, Isobel offends a friend. (S)(R)(AD)

9 PM
9.00 **Downton Abbey** 4/9. An old friend returns in unexpected circumstances, Baxter faces a dilemma, Thomas struggles to fill Carson's shoes, and a crisis takes Anna and Mary to London. (S6) (S)(R)(AD)

10 PM
10.05 **ITV News** (S)
10.20 **Long Lost Family: What Happened Next** 3/3. Davina McCall and Nicky Campbell follow three stories of sons coming to terms with the past. (S)(R)(AD)

11.15 **Gone to Pot: American Road Trip** 1/3. Linda Robson, Pam St Clement, Christopher Biggins, John Fashanu and Bobby George go on a road trip across America to explore the pros and cons of legalising marijuana. (S)(R)(AD)
12.10 AM **Ideal World**
3.00 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.00 AM **Everybody Loves Raymond** 11-13/26. (S3) (S)(R)(AD)
7.15 **The Big Bang Theory** (S)(R)(AD)
8.30 **Bake Off: The Professionals** 9/10. Four teams battle it out for a place in the final. (S)(R)(AD)
9.30 **Sunday Brunch** New edition With guests Dotty, Ronan Keating and Sports Team. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
2.25 **Couples Come Dine with Me** (R)
3.25 **A Place in the Sun** (S)(R)
4.30 **Best of Crufts: Best in Show** Series finale 5/5. Clare Balding and her team of experts celebrate what winning at Crufts means to breeders, broadcasters and dog-lovers the world over. (S)(AD)
5.30 **The Supervet** 1/6. A Jackahuahua puppy is in need of emergency spinal surgery. (S)(R)(AD)

9.00 The Hitman's Bodyguard

6 PM
6.30 **News** (S)

7 PM
7.00 **Escape to the Chateau** 4/8. The couple gear up for one of the year's biggest events – Angel Adoree's parents' 50th wedding anniversary, which involves inviting more than 100 people to a party. (S)(R)(AD)

8 PM
8.00 NEW **Hitler's Supercars** Documentary charting the rise of Nazi Germany's Silver Arrow Grand Prix and speed record cars of the 1930s. (S)(AD)

9 PM
9.00 FILM **The Hitman's Bodyguard** Comedy action thriller starring Ryan Reynolds and Samuel L Jackson. A man is hired to protect a hitman about to testify at the International Criminal Court. (S)(AD) (2017, 15, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.20 NEW SERIES **The Adulterer: Walter Presents** Dutch thriller. Subtitled. *All episodes on All 4.* (S3)
12.30 AM FILM **Still Alice** Drama. (S) (2014, 12, 100min) ★★★★
2.10 **Ramsay's Kitchen Nightmares USA** In Pennsylvania. (S)(R)
3.00 **Couples Come Dine with Me** (R)
3.55 **George Clarke's Amazing Spaces**
4.55 **Fifteen to One** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
10.10 **SpongeBob SquarePants** New episode (S)
10.20 **Ryan's Mystery Playdate** New episode (S)
10.35 **Access** Showbiz news. (S)
10.40 **WWE Raw Highlights** (S)
11.40 **Friends** 4/24. (S2) (S)(R)
12.10 PM **Friends** 5&6/24. (S2) (S)(R)
1.05 **Murder, She Wrote** (S)(R)
3.05 **Nightmare Tenants, Slum Landlords** A couple who unwittingly rented a property to a trickster. (S)(R)
4.05 The story of a woman's prolonged battle with her negligent landlord. (S)(R)
5.05 **Can't Pay? We'll Take It Away!** Two agents face a heartbreaking repossession in Merseyside. (S)(R)

8.00 Filthy Britain SOS

6.00 Can't Pay? We'll Take It Away! Brian O'Shaughnessy is assaulted in a doorstep confrontation. (S)(R)
6.55 News (S)(R)
7.00 Rich Kids, Skint Holiday 4/6. Luxury-loving Hattie is less than ecstatic to be heading off on a wild adventure holiday with Pete, his partner Louise and their two girls. (S)(R)
8.00 Filthy Britain SOS New edition 9/10. Midlands-based pest exterminators Chris and Mark take on some elusive mice causing havoc in an unexpected location. (S)
9.00 Rich House, Poor House 1/7. Families from Salisbury and Hampshire, each from opposite ends of the wealth divide, see how the other half lives as they swap homes and budgets for a week. (S)(R)
10.00 Bargain-Loving Brits in the Sun 1/8. A couple search for a bar they can rent. (S)(R)
10.55 Holiday Love Cheats Stories of holiday romances gone wrong. (S)(R)
11.55 **The Bubble Wrap Boy: Extraordinary People** (S)(R)
12.55 AM **Access** Showbiz news. (S)
1.05 **21.co.uk Live Casino Show**
3.00 **Access** Showbiz news. (S)
3.10 **The Yorkshire Vet** (S)(R)
4.00 **Building Britain's Canals** The Grand Union Canal. (S)(SL)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **House Doctor** (R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Hour of Power** (R)
7.00 **RSPCA Animal Rescue** (S)(R)
9.00 **Modern Family** Six episodes of the sitcom, including at: **11.30** 12/22. Cam and Mitch urge Lily, Haley and Sal to stand up to their men. (S8) (S)(R)
12.00 NOON **The Simpsons** *I'm with Cupid:* With Elton John. (S)(R) **12.30** PM *Marge Simpson in 'Screaming Yellow Honkers':* Marge's driving habits come under scrutiny. (S)(R)
1.00 PM **Premier League's Greatest Moments** Jamie Carragher reveals his greatest Premier League moments. (S)(R)
3.00 LIVE **Premier League** Coverage of a match from the final day of the top-flight season. Kick-off is at 4.00.

8.00 MacGyver

6.00 The Simpsons *The Mook, the Chef, the Wife and Her Homer:* With the voices of Metallica. (S)(R) **6.30** *Jazzy and the Pussycats:* Bart becomes a jazz drummer. (S)(R)
7.00 The Simpsons *Please Homer, Don't Hammer 'Em:* Marge starts a carpentry business. (S)(R) **7.30** *Treehouse of Horror XVII:* Springfield becomes the target for aliens. (S)(R)
8.00 NEW SERIES **MacGyver** *Fire & Ashes & Legacy = Phoenix:* 1/20. Return of the action adventure. An ex-MI6 agent recruits Mac, Riley, Bozer, Matty and Desi to hunt down a bioweapon. (S4) (S)
9.00 NEW SERIES **S.W.A.T.** *Fire in the Sky:* 1/21. Return of the crime drama. The team work with an LAPD officer to stop a serial bomber who is using drones as detonation devices. (S3) (S)(AD)
10.00 Condor *If It Serves a Greater Good:* 2/10. Joe makes a discovery while chasing the mole, and also comes to the realisation he is not the only one with a possible lead. (S2) (S)(R)
11.00 **Hawaii Five-0** 1/22. A new ally helps McGarrett when mob bosses are targeted. (S10) (S)(R)
12.00 M'T **NCIS: Los Angeles** 1/22. Kensi and Deeks are trapped in a mobile CIA unit. (S11) (S)(R)
1.00 AM **The Blacklist** 14/18. A case becomes personal for Agent Alina Park. (S7) (S)(R)
2.00 **The Force: North East** (S)(R)
3.00 **to 6.00** AM **Road Wars** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
No variations
N. IRELAND
Sky 953, Virgin 863, Freesat 957
3.30pm Garden Rescue (S)(R) **4.00-5.00pm** Tide (S)(R)
WALES
Sky 952, Virgin 864, Freesat 964
2.00pm Scrum V Classics (S) **3.30** The Story of Wales: The Making of Wales (S)(R) **4.30-5.00pm** Tudur's TV Flashback (S)(R)

BBC2

N. IRELAND
Sky 972, Freesat 969
8.00-9.00pm Sport Re-run: The O'Neill Years and the Euros (S) **10.00** NEW Nazi sa Ghaeltacht (S) **11.00** Louis Theroux: Life and Death in LA (S)(R)(AD) **12.05-12.10am** Wild on Water – Greyabbey Mud Flats (S)(R)
WALES
Sky 971, Freesat 971
3.40pm FILM Deep Impact (S) (1998, 12, 110min) ★★★★ **5.30** Greece with Simon Reeve (S)(R) **6.30-7.00pm** The Story of the Royal Welsh Show (S)(R)

ITV

No variations

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **8.50** Penblwyddi Cyw New edition **8.55** Pen-Blwydd Pwy? New edition **9.00** Dim Ysgol: Maesincla **10.00** Creaduriaid Gwyllt Affrica **11.00** Oedfa Dechrau Canu Dechrau Canmol New edition **11.30** Dal Ati **12.30pm** Glan Llyn **1.00** Heno Aur **1.30** Sgwrs Dan y Lloer **2.00** 04 Wal **2.30** 04 Wal **3.00** Celwydd Noeth **3.30** Celwydd Noeth **4.00** Ty am Ddim **5.00** Waliau'n Siarad **5.55** Anturiaethau Cymro yn Affrica **6.20** Merched yr Awr **7.15** Newyddion S4C **7.30** Dechrau Canu Dechrau Canmol **8.00** Ail Agor Ysgol Maesincla New edition **9.00** Clwb Rygbi: Super Rugby Aotearoa **10.00** Lowri Morgan: Her 333 **10.30-11.35pm** Pandemig: 1918/2020

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **BBC Proms Classics** The John Wilson Orchestra and the Maida Vale singers perform music from famous Broadway musicals, including *Porgy and Bess*, *West Side Story*, *Show Boat* and *Fiddler on the Roof*.
9.05 NEW **Beethoven's Fidelio: The Royal Opera** Antonio Pappano conducts a production of Beethoven's only opera, *Fidelio*, from the Royal Opera House, a story of risk and triumph against the backdrop of revolution. David Butt Philip plays the political prisoner Florestan, and Lise Davidsen his wife Leonore, who is disguised as 'Fidelio'.
11.20 **Royal Opera House: The Re-Opening** Highlights of the Royal Opera House's first performances after lockdown, featuring a world premiere from choreographer Wayne MacGregor and classic opera arias.
12.50 AM **Sings Musicals**
1.50 **to 3.50** AM **Classic EastEnders**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Car S.O.S**
12.00 NOON **Come Dine with Me** From Cambridge.
2.40 PM **Four in a Bed**
5.20 **Come Dine with Me** An evening of Asian food on the first night in Wakefield. **5.55** Disco fanatic Joel hosts the second party. **6.25** A host hopes to impress with her main course of 'bunny delight'.
6.55 **Come Dine with Me** A shoeless window cleaner hosts the fourth party. **7.25** A hairdresser hosts the final dinner party.
8.00 **Grand Designs** One of the biggest houses the programme has ever seen.
9.00 **999: On the Front Line – Paramedic Abuse** New edition A look at some of the abuse paramedics have to deal with, including a man thought to be having a fit, who verbally abuses and spits at the paramedics who are trying to help him.
10.00 **Call the Cops** Specialist teams are sent to deal with a potential armed siege.
11.05 **999: What's Your Emergency?**
12.05 AM **Ramsay's Kitchen Nightmares USA**
1.05 **999: On the Front Line – Paramedic Abuse**
2.10 **Call the Cops**
3.15 **to 3.40** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Totally Bonkers Guinness World Records**
7.20 **The Ellen DeGeneres Show** Double bill.
8.55 **Dress to Impress**
12.00 NOON **Masked Singer US**
1.00 PM **Catchphrase**
2.00 **I Love You've Been Framed! Gold**
3.05 FILM **The Flintstones** Comedy. (1994, U) ★★
4.50 FILM **Chicken Run** Animated comedy. (2000, U, 84min) ★★★★
6.35 FILM **Jurassic World** Adventure with Chris Pratt. A safari park for genetically engineered dinosaurs creates a new species – which quickly escapes. (2015, 12, 124min) ★★★★
9.00 **Family Guy** *Amish Guy:* 7/23. The Griffins meet an Amish community. (S10) **9.30** *420:* 12/16. Brian starts a campaign. (S7) **10.00** *Big Man on Hippocampus:* 10/22. Peter bangs his head and develops amnesia. **10.30** *Dial Meg for Murder:* 11/22. Brian discovers Meg has a secret boyfriend. (S8)
11.00 **Family Guy**
11.30 **American Dad!**
12.25 AM **The Cleveland Show**
1.25 **Don't Hate the Playaz**
2.10 **Release the Hounds**
3.05 **to 3.15** AM **Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Supernanny USA**
10.00 **Don't Tell the Bride**
12.00 NOON FILM **Flushed Away** Animated adventure with the voice of Hugh Jackman. (2006, U, 85min) ★★★★
1.40 PM **Rude(ish) Tube Shorts** Internet clips.
1.55 **The Goldbergs**
3.55 **The Big Bang Theory** Five editions of the comedy.
6.25 **The Big Bang Theory**
7.25 FILM **Ice Age** Animated comedy adventure featuring the voices of Ray Romano and Denis Leary. (2002, U, 81min) ★★★★
9.00 **Batwoman** New episode *A Secret Kept from All the Rest:* 18/20. Jacob and the Crows go searching for the newest homicidal threat to the city, and Kate starts questioning the loyalty of everyone around her just when she needs them. (S1)
10.00 **Naked Attraction** A man wants to find a partner who shares his love of adventure.
11.00 **Naked Attraction**
12.05 AM **Supernatural** New episode 18/20. (S14)
1.05 **The Big Bang Theory**
2.05 **Gogglebox**
3.00 **Batwoman**
3.50 **Don't Tell the Bride**
4.45 **to 6.00** AM **Hollyoaks**

+1 hour 235 | 146 | 28 | 123

Sunday primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
9.00 **Customs UK** A passenger at Bristol Airport is caught smuggling cigarettes. **9.30** Three passengers are caught with 87kg of tobacco.
10.00 **Paramedics: Australia** Triple bill of the documentary.
1.00 PM **UK Border Force** Officers search UK-bound lorries for illegal immigrants.
2.00 **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.

7.00 Ghost Whisperer

7 PM

7.00 **Ghost Whisperer** *The Book of Changes:* 23/23. Melinda begins receiving ominous messages from the watcher ghost. (S4)

8 PM

8.00 **Ghost Whisperer** *Birthday Presence:* 1/22. Melinda's son is haunted by a woman who died on the day he was born. (S5)

9 PM

9.00 **FBI** *American Idol:* 3/19. The team investigate when a presidential candidate is targeted with a car bomb. (S2)

10 PM

10.00 **Coroner** *The Suburbs:* 7/8. While the coroner's building is on lockdown, Jenny encounters a blast from past. (S1)
11.00 **Law & Order: Special Victims Unit** 4/24. (S20)
12.00 M'T **Law & Order: Special Victims Unit** 5/24. (S20)
1.00 AM **Ghost Whisperer** As 7.00pm and 8.00pm.
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Elementary** 3&5/24. (S2)
8.00 **CSI** Five episodes. (S8)
1.00 PM **CSI** 17/17. Warrick is accused of murder. (S8) **2.00** 1/24. Warrick is shot. **3.00** 2/24. Grissom hunts the killer of a school guidance counsellor. (S9)
4.00 **Blue Bloods** 20/22. Danny and Jackie protect a witness. **5.00** 21/22. Frank puts Jamie under house arrest. **6.00** 22/22. Frank tries to prevent a biological weapons attack on New York City. (S2)

9.00 The Sopranos

7.00 **Blue Bloods** *Unwritten Rules:* 1/22. A robbery results in the death of an officer and Frank vows to imprison the suspect.
8.00 **Blue Bloods** *The City That Never Sleeps:* 2/22. A film star is stabbed while shadowing Danny as research for a role. (S4)
9.00 **The Sopranos** *The Second Coming:* 19/21. AJ takes drastic action to end his misery, while Meadow is threatened by one of Phil's men. **10.10** *The Blue Comet:* 20/21. A case of mistaken identity leaves an innocent family dead. (S6)
11.15 **Dexter** 8/12. (S5)
12.20 AM **Californication** 1/12. (S1)
12.55 **Perry Mason** 5/8. **2.00** New episode 6/8. (S1)
3.10 **Richard E Grant's Hotel Secrets** Sexy hideaways.
4.05 **The Guest Wing**
5.00 **to 6.00** AM **The British**

+1 hour 208

GOLD

110 110 810 124 310 392

7.00 AM **Henry IX**
7.35 **Porridge: Inside Out**
8.30 **Only Fools and Horses**
1.15 PM **Only Fools and Horses** As shown at 7.05pm. **2.25** Del is invited to a school reunion at the Nag's Head. **3.35** Uncle Albert falls victim to muggers. **4.40** Rodney and Albert begin to worry the flat will get overcrowded once Raquel and Del's baby arrives. **5.45** The Trotter brothers' finances hit an all-time low.

9.45 Hold the Sunset

7.05 **Only Fools and Horses** Rodney ties the knot with Cassandra, while Del tries to dodge a bashing from the Driscoll brothers over some stolen mobiles.
8.25 **Dad's Army** Captain Mainwaring puts the defence of the realm before personal pride.
9.00 **Mrs Brown's Boys** Agnes fears her family are planning to send her to a nursing home.
9.45 **Hold the Sunset** Comedy starring Alison Steadman and John Cleese. **10.25** Phil and Roger try to outshine each other on Edith's birthday.
11.05 **Smack the Pony** Double bill of the comedy sketch show, with Fiona Allen, Doon Mackichan and Sally Phillips.
12.05 AM **Smack the Pony**
1.15 **Hold the Sunset** As 10.25pm.
1.55 **Smack the Pony**
2.50 **to 4.00** AM **Green Wing**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **That's My Boy**
7.00 **Coronation Street**
8.25 **Emmerdale**
9.55 **Agatha Christie's Poirot**
11.05 **A Touch of Frost**
1.05 PM **Agatha Christie's Marple**
3.05 **Lewis** *Your Sudden Death Question:* A college quiz weekend leads to murder. With Alan Davies, Timothy West and Nicholas Farrell.
5.05 **Midsomer Murders** *The Ballad of Midsomer County:* A folk song seems to be the inspiration for a murder.

10.00 Sanditon

7.00 **Agatha Christie's Poirot** *The Kidnapped Prime Minister:* The UK's prime minister and his secretary are kidnapped in France.
8.00 **Long Lost Family** A woman hopes to trace the youngest birth mother the programme has ever encountered.
9.00 **Prince Charles: Inside the Duchy of Cornwall** The documentary examines Charles's legacy for the Duchy.
10.00 **Sanditon** 1/8. Drama, adapted from the unfinished Jane Austen novel, with Rose Williams and Theo James. (S1)
11.00 **Vanity Fair** 1/7. Adaptation of the classic novel. (S1)
12.00 M'T **Law & Order: UK** (S2)
2.05 AM **Paul O'Grady's Animal Orphans**
3.05 **Agatha Christie's Poirot**
4.10 **That's My Boy**
4.40 **to 5.50** AM **Emmerdale**

+1 hour 219 174 58 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport**
6.10 **The Professionals**
8.50 **The Sweeney**
9.55 **Auto Mundial**
10.25 **The Big Match Revisited**
11.30 **Columbo**
1.30 PM **LIVE ITV Racing** Coverage of today's meetings at Ascot, York and the Curragh.
4.00 **Monster Carp**
5.00 **World of Sport**
5.20 **Rugby World Cup 2003 Relived** New edition Australia v England in the final at Stadium Australia in Sydney.

11.30 Columbo

Rugby World Cup 2003 Relived (started at 5.20pm)
8.00 **Long Lost Family**
9.00 **FILM Space Cowboys** Sci-fi action adventure directed by and starring Clint Eastwood. Four maverick astronauts are brought out of retirement to repair a malfunctioning Russian satellite. With Tommy Lee Jones. (2000, PG, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **FILM Fargo** Black comedy thriller starring Frances McDormand as a heavily pregnant police chief on the trail of an inept, but murderous, pair of kidnappers. (1995, 18, 98min) ★★★★
1.45 **to 2.50** AM **The Sweeney**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Sportscene Classics** New edition A look at Great Britain's women's curling bronze medal at the 2014 Winter Olympics in Sochi.
9.00 **Children of the Devolution** 2/2. Allan Little heads to the pub to discuss how the smoking ban affected different generations.
10.00 **Still Game** 3/6. Tam's win at cards has major repercussions for all of Craiglang, and Jack and Victor try to restore order by staging the perfect sting. (S3)
10.30 **Gary: Tank Commander** 2/6. The lads defy orders while transporting a tank back to the barracks. (S2)
11.00 PM **to 12.00** M'T **Seven Days**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Triple bill.
10.00 **Babylon 5** (S5)
1.00 PM **Babylon 5** (S5)
3.00 **Stargate SG-1** (S6)
7.00 **Stargate SG-1** *Unnatural Selection:* 12/22. Part two of two. Thor asks for help. (S6)
8.00 **Grey's Anatomy** *Put on a Happy Face:* 21/21. Link tries to get Amelia to take it easy. (S16)
9.00 **Station 19** *Dream a Little Dream of Me:* 13/14. Vic gets the crew together for a charity calendar photo shoot. (S3)
10.00 **9-1-1** *Christmas Spirit:* 10/18. Bobby receives some shocking news, and Maddie takes steps to find closure. (S3)
11.00 **How to Get Away with Murder** 8/15. (S6)
12.00 M'T **FBI** 3/19. (S2)
1.00 AM **Sun, Sea and A&E**
5.00 **to 6.00** AM **Wild Vets**

Pick

159 159 895 165 11 144 147

6.00 AM **Border Patrol**
8.00 **UK Border Force**
9.00 **Highway Patrol**
10.30 **Highway Cops**
12.00 NOON **Neighbourhood Blues** Five editions.
3.00 PM **LIVE Premier League** A match from the final day of the season. Kick-off at 4.00. *Freesat viewers can only see football on Pick HD.*
6.00 **NEW Nick Knowles in Japan** The TV presenter explores the country.
7.00 **Stop, Search, Seize**
8.00 **Nothing to Declare**
9.00 **World's Most Evil Killers** The crimes of American serial killer Dennis Rader.
10.00 **Murders That Shocked the Nation** The crimes of Peter Manuel.
11.00 **The Force: North East**
1.00 AM **Banged Up Abroad**
4.00 **to 6.00** AM **Motorway Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Last Stop Garage**
8.00 **Rick Stein's Long Weekends** In Bordeaux.
9.00 **Eat Your Heart Out**
10.00 **Top Gear** Double bill.
12.00 NOON **American Pickers**
1.00 PM **Drug Wars**
2.00 **Storage Hunters**
4.00 **Would I Lie to You?**
4.40 **Would I Lie to You? – The Unseen Bits**
5.20 **Would I Lie to You?**
6.00 **Scrapyard Supercar**
7.00 **Top Gear**
8.00 **The Misadventures of Romesh Ranganathan**
9.00 **Have I Got a Bit More News for You**
10.00 **QI XL** With Aisling Bea.
11.00 **Live at the Apollo**
12.00 M'T **Mock the Week**
12.40 AM **Have I Got a Bit More News for You**
1.40 **The Misadventures...**
2.35 **Judge Romesh**
3.35 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Friends**
1.30 PM **Naughty Toddlers Caught on Camera**
2.30 **Michael McIntyre's Big Show** The host is joined by guests Kylie Minogue and Bradley Walsh.
3.30 **Friends**
7.00 **FILM The Mask** Fantasy comedy starring Jim Carrey. A meek bank clerk is transformed into a green-faced superhero when he puts on a bewitched mask. With Cameron Diaz. (1994, PG, 101min) ★★★★
9.00 **FILM The Longest Yard** Comedy remake starring Adam Sandler. (2005, 12, 113min) ★★
11.15 **FILM Jackass 2.5** Comedy sequel. (2007, 18, 64min) ★
12.45 AM **Al Murray's Great British Pub Quiz**
1.45 **South Park** (S7)
4.15 **to 5.00** AM **Friends**

+1 hour 212 133 119

ITV Be

131 119 179 26 118

7.00 AM **The Real Housewives of Atlanta**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Unboxed**
12.45 **The Real Housewives of New York City**
5.20 **Growing Up Chrisley**
6.15 **Bachelor in Paradise** New edition Hannah G has a revelation to share with one of her suitors.
8.00 **Celebrity Dinner Date** With *Hollyoaks* actor Andrew Hayden-Smith.
9.00 **The Real Housewives of Atlanta** New edition NeNe hosts a Bye Wig party where the women reveal their natural hair.
10.00 **Botched** A transgender pop star has surgery on her ears before she shoots a music video.
11.00 **Atlanta Plastic**
11.55 PM **to 12.50** AM **Married to Medicine: Houston**

+1 hour 231 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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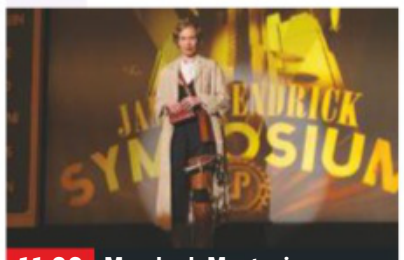
132 132 826 | 126 212 | 312 | 382

7.10 AM **Murdoch Mysteries** (S9)
10.00 **Death in Paradise** (S1)
2.00 PM **The Doctor Blake Mysteries** 3&4/10. (S5)
4.00 **The Coroner** 3/10. A volunteer in the Lighthaven lifeboat crew drowns following a hoax call-out. **5.00** 4/10. A local journalist tries to convince the people of Lighthaven there is a big cat on the moors. **6.00** 5/10. Mick is suspected of murder when a rival landlord is found dead. (S2)


11.00 Murdoch Mysteries

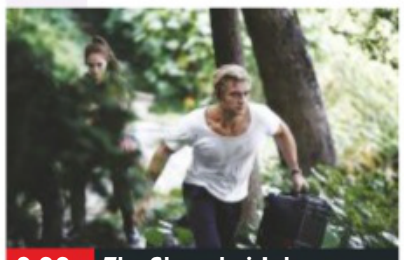
7.00 **Unforgettable** *Game On:* 10/13. Carrie investigates the murder of a talented computer programmer. (S4)
8.00 **Reef Break** *Despot:* 7/13. A mysterious general arrives on The Reef with a collection of stolen art and jewellery. (S1)
9.00 **Stumptown** *The Dex Factor:* 13/18. Dex goes undercover as a potential buyer to help Hoffman and Grey. (S1)
10.00 **Miss Scarlet and the Duke** 1/6. Crime drama set in Victorian London, starring Kate Phillips and Stuart Martin. (S1)
11.00 **Murdoch Mysteries** 11&12/18. Double bill. (S13)
1.00 AM **The Doctor Blake Mysteries** 3/10. Lucien looks into a man's sexuality for clues into his death. (S5)
2.15 **The Assets** 2/8. (S1)
3.00 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 | 375

6.00 AM **FILM The Librarian II: Return to King Solomon's Mines** Fantasy sequel. (2006, PG, 90min) ★★★
8.00 **Teleshopping**
11.00 **FILM Atlantic Rim 2** Action adventure sequel. (2018, PG, 99min) ★★
1.00 PM **FILM Megalodon** Thriller. (2018, 15, 105min) ★
3.00 **FILM Crystal Inferno** Action adventure. (2017, 15) ★
5.00 **FILM Black Knight** Comedy starring Martin Lawrence. (2001, PG, 95min) ★★


9.00 The Shanghai Job

7.00 **FILM The Librarian III: The Curse of the Judas Chalice** Adventure sequel starring Noah Wyle. A librarian who guards magical artefacts must stop a group of criminals who want to unleash evil vampires onto Earth. (2008, PG, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **FILM The Shanghai Job** Action thriller starring Orlando Bloom. A private security agent has to escort a valuable antique out of Shanghai, but is ambushed during the journey. With Lei Wu. (2017, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Spides** 6/8. (S1)
12.00 M'T **The Leftovers** (S2)
2.20 AM **FILM The Last Sharknado: It's About Time** Adventure. (2018, 15) ★★
4.10 **to 6.00** AM **FILM Merlin and the War of the Dragons** Fantasy. (2008, 15) ★★★

+1 hour 252 229

W

109 109 809 | 125 211 | 311 | 383

6.20 AM **Flip or Flop**
6.45 **Tipping Point**
10.40 **Doctor Who** 2&3/14. (S7)
12.40 PM **Doctor Who** Four episodes, including at: **4.00** 7/14. The Doctor teams up with Clara to tackle a wi-fi menace. (S7)
5.00 **Outnumbered** Ben and Pete go on a camping trip. **5.40** Crossed lines of communication cause trouble for the Brockmans. **6.20** The children cause chaos when Sue loses her car keys.

9.00 Stacey Dooley in the USA

7.00 **999 Rescue Squad** A suspected acid attack on the streets of Bradford leads to a busy shift for the crew.
8.00 **999 Rescue Squad** A police chase ends with a spectacular crash and five trapped teens in the wreckage.
9.00 **Stacey Dooley in the USA** Stacey visits 'Shock', America's only prison boot camp specifically for women.
10.00 **Inside the Ambulance** Ann and Steve are called to help a woman and it becomes clear she is having a heart attack.
11.00 **Inside the Ambulance** Helping a man who has just found out he has been exposed to HIV.
12.00 M'T **One Born: What Happened Next?**
1.00 AM **Amazing Hotels: Life Beyond the Lobby**
1.50 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121 | 320 | 385

8.00 AM **Everybody Hates Chris**
9.30 **The Mindy Project** (S2)
1.30 PM **Parks and Recreation** Eleven episodes, including at: **5.00** 2/24. Leslie discovers a suspicious plant growing in the pit. Guest stars Louis CK. **5.30** 3/24. Leslie is asked to judge a beauty pageant. **6.00** 4/24. Ann helps Leslie brush up her dating skills. **6.30** 5/24. Leslie welcomes representatives from the Parks Department of Pawnee's sister city in Venezuela. (S2)

9.00 Gary Gulman: The Great...

7.00 **Parks and Recreation** 6/24. Leslie volunteers to help build a playground. **7.30** 7/24. Leslie targets a teenage prankster. (S2)
8.00 **Parks and Recreation** 8/24. Leslie crosses paths with Ron's ex-wife Tammy. **8.30** 9/24. A city hall mural is vandalised. (S2)
9.00 **Gary Gulman: The Great Depresh** Stand-up performance by the comedian, in which he reflects on his struggles with depression.
10.30 **Silicon Valley** 5/8. Erlich hires a graffiti artist to design the company's logo. (S1)
11.05 **Silicon Valley** 6/8. Richard employs a freelance consultant. (S1)
11.40 **Veep** 5/10. (S6)
12.15 AM **Veep** 6/10. (S6)
12.50 **Lewis Black: Black on Broadway** Stand-up show.
2.05 **The Mindy Project** (S2)
4.00 **to 5.00** AM **Everybody Hates Chris**

+1 hour 241 185 130

FOX

124 124 821 | 157 199

8.00 AM **Bull** 10/22. (S3)
9.00 **The Mentalist** 1/22. (S5)
10.00 **Bones** Five episodes. (S11)
3.00 PM **NCIS: New Orleans** (S5)
4.00 **NCIS** 10/24. The Secretary of the US Navy seeks to save the life of a sailor with leukaemia. **5.00** 11/24. Ducky is assaulted by a man who has information about his long-dead half-brother. **6.00** 12/24. The first instalment of a two-part crossover with *NCIS: New Orleans*. (S13)

4.00 NCIS

7.00 **NCIS** *Déjà Vu:* 13/24. The team suspect foul play when a seaman who was set to testify before a grand jury dies. (S13)
8.00 **NCIS: New Orleans** *The Terminator Conundrum:* 2/20. The team investigate the crash of a private plane. (S6)
9.00 **NCIS** *Decompressed:* 14/24. A deep-sea diver is murdered on the job, and his co-workers all become suspects. (S13)
10.00 **American Dad!** 9/22. Jeff, Francine and Roger start their own bus tour business. (S16)
10.30 **Family Guy** 16/22. (S11)
11.00 **Family Guy** 17/21. Peter, Quagmire and Joe take an eventful trip to Canada. (S12) **11.30** 14/22. Lois is forced to look for a job. (S11)
12.00 M'T **Family Guy** (S11)
2.30 AM **American Dad!** (S3&4)
4.00 **to 5.00** AM **Bull**

+1 hour 224 158

Sunday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Touched by an Angel** Triple bill. (S5)
9.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote**
7.00 **Murder, She Wrote: A Story to Die For** Jessica Fletcher and a fellow author investigate the death of a Soviet dissident responsible for revealing KGB secrets. Stars Angela Lansbury and Richard Crenna.
10.00 **Classic Who Wants To Be A Millionaire? The People Play** Double bill of the interactive big-prize quiz hosted by Chris Tarrant.
12.00 M'T **Celebrity Who Wants to Be a Millionaire?** Quiz show.
1.00 AM **Hart to Hart**
3.00 **M*A*S*H** 16/24. (S3)
3.30 **Touched by an Angel**
5.00 **Sony Movie News Extra**
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **John Eliot Gardiner Conducts Mendelssohn & Schumann**
7.35 **Tales of the Unexpected**
10.00 **Comedy Legends**
1.00 PM **Comedy Legends**
3.00 **Culture Club: Live at Baloise Session**
4.45 **Santana: Greatest Hits Live at Montreux**
6.15 **Joan Baez: Live in New York**
8.00 **Paul Weller: May Love Travel with You** The singer-songwriter performs at London's Royal Festival Hall.
9.00 **NEW The Pretenders: Austin City Limits** A live performance by the band.
10.15 **Bob Dylan: 30th Anniversary Concert** A performance from 1992 celebrating the singer's career.
12.15 AM **Dire Straits: Alchemy 1983**
2.15 **Comedy Legends**
4.15 **to 6.00** AM **Discovering**

4seven

137 143 203 47 127

9.00 AM **Couples Come Dine with Me** Double bill.
11.00 **A Place in the Sun**
3.00 PM **Ramsay's Kitchen Nightmares USA**
7.00 **Ramsay's Kitchen Nightmares USA** Gordon visits beachside eatery Barefoot Bob's in Hull, Massachusetts. **8.00** Gordon revisits three of his most difficult American cases.
9.00 **Grand Designs** Building a giant family house of fun in Sussex.
10.00 **Celebrity Gogglebox** The best moments from the first series.
11.05 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help two couples looking for homes in York.
12.10 AM **Paramedics: Britain's Lifesavers**
1.15 **Bake Off: The Professionals**
2.20 **to 4.45** AM **Four in a Bed**

5USA

141 141 153 21 129

9.00 AM **Criminals: Caught on Camera**
9.25 **Columbo: Murder in Malibu** Murder mystery.
11.25 **Columbo: Dagger of the Mind** Crime mystery.
1.25 PM **Columbo: Short Fuse** Crime mystery.
2.55 **Columbo: Make Me a Perfect Murder** Mystery.
5.00 **Columbo: By Dawn's Early Light** Mystery.
7.00 **Columbo: Candidate for Crime** Mystery.
9.00 **Law & Order: Criminal Intent** *Legacy:* 19/22. A student's apparent suicide turns out to be murder. (S7)
10.00 **Law & Order: Special Victims Unit** *Uncivilised:* 7/22. A sex offender is suspected of murder. (S1)
10.55 **Law & Order: Special Victims Unit** (S1&18)
1.50 AM **Castle** (S7)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **Access**
8.10 **Two and a Half Men**
9.55 **Can't Pay? We'll Take It Away!** Triple bill.
12.55 PM **Can't Pay? We'll Take It Away!** Triple bill.
5.00 **Nightmare Tenants, Slum Landlords**
7.00 **Nightmare Tenants, Slum Landlords** Double bill of editions.
9.00 **FILM John Wick** Action thriller starring Keanu Reeves. (2014, 15, 101min) ★★★★
11.05 **FILM PREMIERE Kickboxer: Vengeance** Action thriller remake starring Alain Moussi. (2016, 18, 90min) ★★
1.00 AM **Fare Dodgers: At War with the Law**
2.00 **Hoarders: Stockpile Avalanche**
3.05 **Ian Huntley: 5 Mistakes That Caught the Killer**
3.55 **to 4.00** AM **Access**

+1 hour 228 186 141

Drama

143 130 20 158

7.30 AM **The Bill**
11.20 **Cranford: Return to Cranford** 1&2/2. (S2)
3.20 PM **Call the Midwife**
6.00 **Keeping Up Appearances** Richard demonstrates his electrical skills. **6.40** Hyacinth helps with an OAP day-trip. **7.20** Hyacinth prepares for the Mayor's annual fancy-dress ball.
8.00 **Death in Paradise** *The Perfect Murder:* 6/8. A volleyball player is murdered. (S4)
9.20 **My Life Is Murder** *Lividity in Lycra:* 3/10. The CFO of a huge hospitality company is found dead. (S1)
10.20 **Rebus** *Black and Blue:* Detective inspector John Rebus goes on the trail of a copycat serial killer.
12.25 **to 4.00** AM **The Last Post**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBS Drama

147 197 67 134

7.30 AM **The Key of David**
8.00 **Teleshopping**
9.00 **Diagnosis Murder**
2.00 PM **Unsolved Mysteries**
6.00 **Matlock** *The Fortune – Part Two:* 11/19. Billy persuades Matlock to defend him in court. **7.00** *The Debt:* 12/19. Leanne's ex-husband Peter is charged with murder. **8.00** *The Revenge:* 13/19. Matlock witnesses a robbery at a convenience store. **9.00** *The Obsession:* 14/19. While in hospital, Matlock tries to remove his thoughts from the case of a TV celebrity accused of murdering a therapist. **10.00** *The Divorce:* 15/19. A once content couple engage in a bitter divorce. (S7)
11.00 **CSI: Miami** (S4)
4.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **Tomorrow's World**
9.00 **The Fugitive** (S1)
12.10 PM **Scorpion** (S1)
2.00 **NCIS** (S11&12)
7.00 **Scorpion** *Rogue Element:* 9/22. Cabe's ex-wife asks for help. **8.00** *Talismans:* 10/22. The team help the Navy SEALs to find a missing jet. (S1)
9.00 **NCIS: Los Angeles** *Crimeleon:* 15/24. The team investigate when two pharmaceutical executives are killed. **10.00** *Blye, K – Part One:* 16/24. Kensi is a suspect in the murder of a Marine sergeant. **11.00** *Blye, K – Part Two:* 17/24. Kensi goes in search of her father's killer. (S3)
12.00 M'T **NCIS: Los Angeles**
2.00 AM **Scorpion**
3.50 **Matlock** 12/25. (S1)
4.40 **Mission: Impossible**
5.30 **to 6.00** AM **Dog Patrol**

Challenge

160 164 46 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune** Three contestants compete to solve word puzzles in the spin-the-wheel game show.
11.30 **Catchphrase** Game show in which contestants try to deduce everyday phrases and sayings from visual clues.
1.00 PM **Bruce's Price Is Right** Double bill.
2.00 **Bruce Forsyth's Play Your Cards Right**
3.00 **Pointless** Quiz show in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions. Hosted by Alexander Armstrong.
5.00 **The Chase** Quiz show hosted by Bradley Walsh.
11.00 **Classic Who Wants to Be a Millionaire?**
2.00 **to 6.00** AM **The Chase**

Comedy Central Extra

127 182 308

6.00 AM **Friends**
7.00 **Teleshopping**
9.00 **Bob's Burgers**
1.00 PM **Everybody Loves Raymond** (S3&4)
5.00 **Two and a Half Men**
7.00 **Friends** 23/24. Carol finally gives birth. (S1) **7.30** 7/24. Rachel confesses all to Ross. **8.00** 21/24. Chandler and Ross face up to two bullies. (S2) **8.30** 18/25. Phoebe's half-brother Frank makes an announcement. (S3)
9.00 **Friends** (S8&9)
11.00 **Gary and His Demons**
12.00 M'T **Bob's Burgers**
1.00 AM **Lee Evans: The Ultimate Experience**
2.45 **Kevin Bridges Live in Glasgow**
3.35 **Two and a Half Men**
3.55 **Most Ridiculous Cops and Robbers**
4.15 **Most Ridiculous: Man vs Beast**
4.40 **to 6.00** AM **The Middle**

Sky Documentaries

114 114 814 277 353 368

6.00 AM **The Directors**
9.00 **Discovering**
12.00 NOON **Discovering**
1.00 PM **Discovering**
2.00 **Battle of the Sexes**
3.40 **John McEnroe: In The Realm of Perfection**
5.25 **Love Means Zero**
7.10 FILM **Ali & Cavett: The Tale of the Tapes** Recalling Muhammad Ali's many appearances on *The Dick Cavett Show*. (2018, PG, 95min) ★★★
9.00 FILM **Anvil! The Story of Anvil** Music documentary. (2008, 15, 90min) ★★★★
10.40 **Richard Pryor: Omit the Logic** A profile of the pioneering comedian.
12.25 AM **The Newburgh Sting** A 2009 New York bomb plot.
2.05 **Mike Tyson: Undisputed Truth**
3.50 **to 6.00** AM **Richard E Grant's Hotel Secrets**

Sky Nature

130 130 893 279 385 372

6.00 AM **The Wild Wild East**
8.00 **Ocean Parks**
1.00 PM **Tales from Zambia** Six editions, including at: **6.00** New edition Why animals have evolved the way they have.
7.00 **Making David Attenborough's Flying Monsters**
8.00 **Wild Tales from the Farm** Series finale The cows enjoy holiday treats and a concert.
9.00 **Monkeys: An Amazing Animal Family**
10.00 **Mysteries of the Mekong** Vietnam.
11.00 **Making David Attenborough's Flying Monsters**
12.00 M'T **Wild Tales from the Farm** As 8.00pm.
1.00 AM **Into the Wild: India**
2.00 **Brazil Untamed**
3.00 **Monkeys: An Amazing Animal Family**
4.00 **to 6.00** AM **The Wild Wild East**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians** Six editions, including at: **4.00** Kim anxiously preps for the launch of her new beauty line. **5.00** Kim takes on homelessness in Los Angeles. **6.00** Kim can't handle her new puppy.
7.00 **Celebrity Game Face** Shot-from-home special.
8.00 **Botched** Terry Dubrow assists a fitness fanatic by fixing her 'lady lumps'.
9.00 **Hollywood Medium with Tyler Henry** With Cesar Millan.
11.00 **True Hollywood Story**
12.00 M'T **Very Cavallari**
1.00 AM **The Platinum Life**
2.00 **Teleshopping**
3.00 **Mariah's World**
4.00 **to 5.00** AM **Revenge Body with Khloe Kardashian**

Food Network

140 285 41 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **The Pioneer Woman**
11.00 **Barefoot Contessa – Back to Basics**
1.00 PM **Barefoot Contessa – Back to Basics**
1.30 **Rachel Khoo: My Swedish Kitchen**
2.00 **Rachel Allen: Bake!**
3.00 **James Martin's Brittany** Four editions.
5.00 **River Cottage: Summer's Here**
7.00 **Nigel Slater's Real Food Show** Double bill.
8.00 **Rachel Khoo's Simple Pleasures** Double bill.
9.00 **Paul Hollywood: City Bakes** In Palermo. **10.00** The celebrity baker visits LA.
11.00 **Diners, Drive-Ins and Dives** Double bill.
12.00 M'T **Mystery Diners**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Police Patrol**
11.15 **Little Women: Atlanta**
3.05 PM **Bring It!**
5.00 **Dance Moms** Abby gets the girls in the spirit for a graveyard routine. **6.00** Abby auditions a new dancer to be a part of the team heading to Nationals. **7.00** Kalani, Kendall and Nia compete in solos. **8.00** The girls struggle with a ballet routine. **9.00** Explosive battles break out between some of the mothers.
10.00 FILM **Sinister Minister** Thriller starring Nikki Howard. When a single mother falls for a church minister, she believes her life is finally on the up – but little does she realise he is a killer. (2017, 12, 89min) ★★
11.45 **Little Women: Atlanta**
3.30 **to 4.00** AM **Police Patrol**

Paramount Network

150 187 150 31 132

9.00 AM **Police Interceptors**
1.00 PM FILM **The Hallelujah Trail** Comedy. (1965, U, 167min) ★★★
3.55 FILM **McLintock!** Comedy Western, an updated version of *The Taming of the Shrew*. (1963, U, 127min) ★★★
6.30 FILM **Major Dundee** Sam Peckinpah Western. (1964, PG, 117min) ★★★
9.00 FILM **F/X 2: The Deadly Art of Illusion** Thriller starring Bryan Brown. (1991, 15, 107min) ★★
11.10 FILM **Once Upon a Time in Mexico** Epic action thriller. (2003, 15, 102min) ★★★
1.15 AM FILM **Phone Booth** Suspense thriller. (2002, 15, 79min) ★★★★
2.55 **The X-Files**
4.35 **Now That's Funny!**
5.25 **Criminals: Caught on Camera** CCTV footage.
5.50 **to 6.00** AM **Access**

Sky Crime

121 121 819 136 135

6.00 AM **Road Wars**
7.00 **Motorway Patrol**
11.00 **Highway Patrol**
12.00 NOON **Highway Cops**
1.00 PM **Brit Cops: Rapid Response**
3.00 **Road Wars**
6.00 **Snapped**
7.00 **Britain's Most Evil Killers** A woman who stabbed her fiancé to death in 1996. **8.00** The crimes of serial killer Colin Ireland.
9.00 **Who Killed Garrett Phillips?** Part two of two. The trial into the 2011 murder of a 12-year-old boy.
11.00 **Killer in My Village**
12.00 M'T **Killer Families**
1.00 AM **World's Most Evil**
2.00 **The Death of Diane Mciver: Deadly Detour**
3.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

CBS Reality

146 148 66 135

7.30 AM **Tomorrow's World**
8.00 **The Key of David**
8.30 **The Lord's Challenge**
9.00 **Judge Judy**
5.00 PM **Egg Factor** New edition Kacy and Jack search for an egg donor.
6.00 **Airline** Double bill.
7.00 **Medical Detectives** Clues from a dog help to solve a murder case. **7.30** The murder of a TV producer.
8.00 **Click for Murder** The millionaire businessman who killed his partner.
9.00 **Ice Cold Killers** A police officer is shot and killed on midnight patrol. **10.00** A nurse vanishes into the Wisconsin night.
11.00 **Medical Detectives**
1.00 AM **Ice Cold Killers**
3.00 **City in Fear**
3.50 **Unsolved Mysteries**
5.15 **Dog Patrol**
5.40 **to 6.00** AM **Judge Judy**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **DIY SOS: The Big Build**
11.00 **Antiques Road Trip**
4.00 PM **A Place in the Sun: Winter Sun**
8.00 **Sarah Beeny's Renovate Don't Relocate** The renovation expert helps frustrated homeowners transform their homes.
9.00 **Embarrassing Bodies** Pixie McKenna helps a man with a six-year posterior problem that started with a tiny hair, while Christian Jessen advises a transitioning transsexual.
10.00 **Dr Pimple Popper** A woman with elf-like growths on her ears.
11.00 **Helicopter ER**
12.00 M'T **Road Cops**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Ancient Aliens**
8.00 **Wicked Tuna**
9.00 **Swamp People**
10.00 **American Restoration**
11.00 **Hardcore Pawn**
3.00 PM **Storage Wars**
7.00 **WW2 Treasure Hunters** A top-secret arms supply depot in Northamptonshire.
8.00 **Captain Cook's Pacific with Sam Neill** In Canada and Alaska.
9.00 **Nazi Weird War Two** Performance enhancing drugs used by Nazis.
10.00 **Barbarians Rising** Disputes leave an opening for the Goth tribes, led by Alaric
11.05 **Toughest Prisons**
12.05 AM **Air Crash: Disasters Uncovered**
1.05 **Forged with Steele**
2.00 **Parking Wars**
3.00 **Mountain Men**
5.00 **to 6.00** AM **American Restoration**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: Atlanta**
10.00 **Say Yes to the Dress**
1.00 PM **Say Yes to the Dress** Four editions.
3.00 **Say Yes to the Dress: UK** Four editions.
5.00 **Sweet Home Sextuplets**
6.00 **Outdaughtered: Busby Quints**
7.00 **90 Day Fiancé: The Other Way** Deavan has doubts before moving back to South Korea.
8.00 **90 Day Fiancé: Loren and Alexi Baby Special**
9.00 **90 Day Fiancé** New edition A special edition focusing on Paul and Karine's relationship.
12.00 M'T **90 Day Fiancé: Happily Ever After? (Pillow Talk)**
1.00 AM **90 Day Fiancé**
4.00 **Say Yes... Atlanta**
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hour 233 172

5SELECT

153 152 54 133

9.10 AM **The Gadget Show**
10.05 FILM **The Fallen Idol** Drama. (1948, b/w, PG, 91min) ★★★
12.00 NOON FILM **Sparrows Can't Sing** Comedy. (1962, b/w, PG) ★★
2.00 PM **Ancient Mysteries: The Search for Atlantis**
3.00 **America's Hidden Pyramid City: Ancient Mysteries**
4.00 **Ancient Mysteries: The Truth About the Holy Grail**
5.00 **The Dead Sea Treasure Map Mystery**
6.00 **Babel: The Real Stairway to Heaven**
7.00 **The Undiscovered Secrets of Petra**
8.00 **Stonehenge: The Final Mystery**
9.00 FILM **Cold Mountain** Romantic epic. (2003, 15, 152min) ★★★
12.00 M'T **World War II...**
1.00 **to 4.00** AM **The Dog Rescuers**

Quest

144 144 831 169 12 114 172

6.00 AM **Robson Green: Ultimate Catch**
7.00 **Chasing Classic Cars**
8.00 **Vintage Voltage**
9.00 **Salvage Hunters: The Restorers**
10.00 **American Pickers**
1.00 PM **Find It, Fix It, Flog It**
3.00 **Born Mucky: Life on the Farm**
4.00 **Border Control: Spain**
5.00 **Chasing Classic Cars**
6.00 **Plane Reclaimers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **The Repair Shop**
10.00 **Salvage Hunters: The Restorers**
11.00 **Hunting Hitler**
12.00 M'T **Mummies Unwrapped**
1.00 AM **What On Earth?**
2.00 **American Chopper**
3.00 **Desert Car Kings**
4.00 **Countdown to Collision**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **Bondi Vet**
9.00 **My 600lb Life: Where Are They Now?**
11.00 **My 600lb Life**
1.00 PM **Disappeared**
2.00 **Say Yes... UK**
3.00 **Say Yes... Atlanta**
6.00 **Long Island Medium**
8.00 **The Nolans Go Cruising** The musical siblings explore Marseille.
9.00 **Born to Kill?** Gerald and Charlene Gallego.
10.00 **My 600lb Life: Where Are They Now?** Alicia's relationship with her boyfriend is questioned.
12.00 M'T **Crime Stories**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Wheeler Dealers** Twelve editions, including at:
3.00 PM Mike unearths a 1973 Toyota Celica and almost everything needs work.
4.00 The team work on a Mercedes Benz E55 AMG.
5.00 Mike gets nostalgic in a 1985 Merkur XR4Ti, also knows as the Ford Sierra.
6.00 Homestead Rescue The Raneys try to save a mother and her daughter from a rampant moose, and Marty builds a bridge across a creek.

10.00 In Search of Monsters

7.00 How Do Animals Do That The transformation of caterpillars is explored.
7.30 Asking why some cats are cross-eyed.

8.00 Living with Maneaters Across India, people struggle to live alongside leopards, tigers, and lions. This documentary reveals how passion, tradition and new ideas help one of humanity's oldest conflicts.

10.00 In Search of Monsters Experts analyse new evidence that could prove the beast known as Chupacabra is real.

11.00 The Alaska Triangle
12.00 M'T **Serial Killer Tiger at Large** Hunters head out to find a man-eating tigress in northern India, after 10 people are found dead.
1.00 AM **Wheeler Dealers**
5.30 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **My Cat from Hell**
12.00 NOON **Alaskan Bush People**
4.00 PM **Nature's Strangest Mysteries: Solved** Why 25,000 honeybees swarm a hot dog stand in the middle of Times Square.
4.30 What narwhals use their extraordinary tusks for.
5.00 The Zoo A grizzly bear has a foot injury and seven penguins waddle into the colony.
6.00 Saved By the Barn Dwight the cow is taken to Indiana to undergo hydrotherapy.

9.00 Homestead Rescue

7.00 Alaska: The Last Frontier Otto and Eivin fix the homestead's fences to contain their herd of cows.

8.00 Crikey! It's the Irwins Robert takes on the challenge of relocating one of the zoo's most aggressive crocodiles.

9.00 Homestead Rescue The Raneys visit a homestead in Oregon where the hungry family see their livestock more like pets.

10.00 Amanda to the Rescue Amanda helps to find a home for a French bulldog puppy with suspected hydrocephalus.

11.00 My Cat from Hell Jackson Galaxy helps Jeff, a photographer whose business is at risk because of his blood-thirsty cat, Buster.
12.00 M'T **My Cat from Hell**
4.40 AM **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **To Catch a Smuggler: JFK Airport** Triple bill.
11.00 Ultimate Airport Dubai
3.00 PM **To Catch a Smuggler** Cans of fruit in luggage contain a suspicious powder.
4.00 The team at Miami International Airport find a package of ecstasy in the post.
5.00 A suspicious passenger arrives into LAX with a story that does not add up.
6.00 HSI investigates a suspicious baggage handler at JFK Airport in New York.

6.00 To Catch a Smuggler

7.00 Airport Security: Brazil Contraband is found in packets of hair bleach, and a woman hides drugs in her underwear.

8.00 Airport Security: Brazil A woman smuggles cocaine, and a man's photos of the Pope act as a hiding place for drugs.

9.00 Airport Security: Brazil Two traffickers are caught with bricks of cocaine branded in the same unusual way.

10.00 Airport Security: Brazil A man has capsules taped to his body, and a woman's empty backpacks arouse suspicion.

11.00 Airport Security: Peru A woman claims she was tricked into smuggling and a passenger tries to strike a deal with the customs staff.
12.00 M'T **Airport Security: Peru**
2.00 AM **Ultimate Airport Dubai**
3.00 **Car S.O.S** With Stirling Moss.
4.00 **to 5.00** AM **Ancient X Files**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **Highway Thru Hell**
8.00 Gold Hunters: The Legend of the Superstition Mountains Triple bill.
11.00 Forged in Fire
12.00 NOON **Pawn Stars**
5.00 PM **Treasures Decoded** The Sphinx, one of the great treasures of Ancient Egypt.
6.00 Amazon Gold Hunters Darryl and John struggle to evade predators as they try to retrieve the excavator, while the rest of the crew have their first taste of 'gold fever'.

9.00 Pirate Island

7.00 WWII's Most Daring Raids A mission to take out four German howitzers about to assault Utah Beach.

8.00 WWII's Most Daring Raids How British paratroopers launched a raid in order to capture Hitler's radar equipment.

9.00 Pirate Island Following explorers as they dig and dive for treasure in and around the coral ringed Isle Saint Marie, the infamous lair of some of the 18th century's most ruthless pirates.

11.00 Last Days of the Nazis A portrait of the Third Reich and World War Two through the stories of German war criminals and party officials.
12.00 M'T **Arctic Alone**
1.30 AM **Hitler's War**
2.30 **Pirate Island** As 9.00pm.
4.30 **to 6.00** AM **Arctic Alone**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **Walking Through History: King John's Ruin – Peak District**
7.10 Walking Through History
8.00 WW2 – Battles for Europe
9.00 Narrow Escapes of World War Two Four editions.
1.00 PM **Bangers and Cash** Six editions, including at:
5.00 Four VW camper vans pitch up at the auction house looking for a new home.
6.00 Three MGs from the 70s turn up at the garage, still covered in original factory wax.

7.00 Bangers and Cash

7.00 Bangers and Cash A Chevy Corvette that started its journey in Saudi Arabia makes its way to Thornton le Dale.

8.00 'Allo 'Allo! Rene assists the Resistance as they plot to blow up a railway.
8.35 While on a sabotage mission, Rene is captured by General Von Klinkerhoffen.
9.15 Rene faces the task of arranging a funeral for himself.

10.00 Chris Tarrant: Extreme Railway Journeys Chris travels through southern Africa from Cape Town to the Victoria Falls.

11.00 Bangers and Cash Dave gets a surprise when he opens the bonnet of a fast Ford.
12.00 M'T **Bangers and Cash**
1.00 AM **Walking Through History: King John's Ruin – Peak District**
2.00 **to 3.00** AM **Walking Through History**

+1 hour 255 200 75

Sunday

7 PM

8 PM

9 PM

10 PM

Disc. History

171 257

6.00 AM **Wildest Indochina**
8.00 Expedition Unknown: Hunt for Extraterrestrials
10.00 NASA's Unexplained Files Triple bill.
1.00 PM **NASA's Unexplained Files**
6.00 Truth Behind the Moon Landing A crash that involved Neil Armstrong.
7.00 The disappearance of tapes from the Apollo 11 moon landing.
8.00 Claims about the US flag on the Moon.
9.00 Spies in Space
10.00 One Giant Leap: A Neil Armstrong Tribute The legacy of the astronaut.
11.00 Greatest Events of World War II
1.00 AM **NASA's Unexplained Files**
3.00 **to 6.00** AM **Truth Behind the Moon Landing**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **Wild North**
12.00 NOON **Tall & Tiny: Nature's Extremes**
1.00 PM **Pangolins – The World's Most Wanted Animal**
2.00 Whale Wisdom
3.00 Wild North
6.00 Tall & Tiny: Nature's Extremes
7.00 Pangolins – The World's Most Wanted Animal Efforts to save the world's most illegally trafficked animal.
8.00 Whale Wisdom The surprising cognitive skills of these ocean giants.
9.00 Wild North
12.00 M'T **Tall & Tiny: Nature's Extremes**
1.00 AM **Pangolins – The World's...** As 7.00pm.
2.00 Whale Wisdom
3.00 Wild North
5.30 **to 6.00** AM **Jungle Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Monster Fish**
12.00 NOON **Shark Men**
1.00 PM **Tiger Shark Terror**
2.00 Shark Vs Whale
3.00 Most Wanted Sharks
4.00 700 Sharks
5.00 Great White Code Red
6.00 Monster Fish: Extreme Sharks
7.00 Shark Swarm Large scale shark migrations.
8.00 Most Wanted Sharks The most photographed sharks in the world.
9.00 When Sharks Attack
10.00 Volcano Sharks An island in the Indian Ocean that has become a hot spot for sharks.
11.00 World's Biggest Tiger Shark
12.00 M'T **When Sharks Attack** Double bill.
2.00 AM **United Sharks of America**
3.00 Shark Vs Whale
4.00 **to 5.00** AM **Most Wanted Sharks**

Sky History 2

163 163 894 272 330 390

8.00 AM **Lost Worlds**
9.00 Bible Secrets Revealed
10.00 Captain Cook's Pacific with Sam Neill
1.00 PM **Captain Cook's Pacific with Sam Neill**
4.00 Ancient Assassins
6.00 Ancient Aliens Experts check out structures built to mirror the constellations.
7.00 UFO sightings near nuclear facilities.
8.00 Clash of the Gods Examining the inspiration for the Minotaur's labyrinth.
9.00 The legend of the Greek king Odysseus.
10.00 The Search for the Tesla Files Nikola Tesla's final residence, The New Yorker Hotel.
11.00 History's Most Notorious
12.00 M'T **Ancient Aliens**
2.00 AM **Clash of the Gods**
4.00 **to 5.00** AM **The Search for the Tesla Files**

PBS America

174 273 91 155

8.00 AM **Beautiful Serengeti**
8.30 Hurricane Harvey Heroes
9.35 Flying Dreams: Women Airforce Pilots of WWII
10.40 Bristol Scout: Rebuilding History
11.55 Hurricane Harvey Heroes
1.00 PM **Flying Dreams: Women Airforce Pilots of WWII**
2.10 Bristol Scout: Rebuilding History
3.15 Student Athlete
5.15 The Civil War Battles waged during 1864.
6.40 Summer in 1864.
8.05 The surrender of the Confederacy.
9.35 Lincoln's death.
11.00 Flying Dreams: Women Airforce Pilots of WWII
12.10 AM **Bristol Scout: Rebuilding History**
1.30 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 Unusual Suspects
10.00 Murder for Hire
11.00 A Killer's Mistake
12.00 NOON **Homicide Hunter** Double bill.
2.00 PM **The First 48**
3.00 Cruise Ship Killers
7.00 Homicide Hunter
8.00 Crimes That Shook Britain A look at the murder of estate agent Suzy Lamplugh.
9.00 The Jail: 60 Days In
10.00 I Am a Killer
11.00 Accused: Guilty or Innocent?
12.00 M'T **Jo Frost on Britain's Killer Kids**
1.00 AM **What the Killer Did Next** Investigating Saima Khan's murder.
2.00 Crimes That Shook Britain As 8.00pm.
3.00 The First 48
4.00 **to 6.00** AM **Homicide Hunter**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SUNDAY Films

Sunday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Palm Beach** (2018) ★★★
7.45 **Luce** Thriller. (2019) ★★★★
9.40 **The Angry Birds Movie 2**
11.25 **Bad Therapy** Comedy drama. (2020, 15, 97min) ★★
1.10 PM **PREMIERE Them That Follow** As 8.00pm.
2.55 **Good Boys** As 9.45pm.
4.35 **Sea Fever** Thriller. (2019, 15, 95min) ★★★★
6.15 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 97min) ★★★

8.00 Them That Follow

8 PM

8.00 **PREMIERE Them That Follow** Thriller starring Olivia Colman. In an Appalachian community, a pastor's daughter holds a secret that threatens to tear her community apart. (2019, 15, 98min) ★★★ *See review, pg 23*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 **Good Boys** Comedy starring Jacob Tremblay. Three lads skip school while trying to make their way home for a party. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.25 **Ad Astra** Sci-fi drama starring Brad Pitt, Tommy Lee Jones and Donald Sutherland. (2019, 12, 123min) ★★★
1.30 AM **The Beast** Drama starring Sung-min Lee starring Daniel Choi. (2019, 18, 130min) ★★★
3.45 **Becoming** Fantasy thriller with Toby Kebbell and Jason Patric. (2019, 15, 98min) ★★
5.30 **to 6.00** AM **Extremely Wicked, Shockingly Evil and Vile: Special**

Sky Cinema Disney

307 307 847 405 505

6.30 AM **Bedtime Stories** Fantasy. (2008, PG, 99min) ★★★
8.15 **The Little Mermaid** Disney animated musical. (1989, U, 87min) ★★★★★
9.45 **Aladdin** As 6.00pm.
11.55 **The Game Plan** As 2.25am.
1.55 PM **Enchanted** As 10.25pm.
3.50 **National Treasure: Book of Secrets** Adventure caper. (2007, PG, 119min) ★★★
6.00 **Aladdin** Action fantasy. (2019, PG, 128min) ★★★★

6.00 Aladdin

8.10 **Mary Poppins Returns** Musical fantasy starring Emily Blunt. In 1930s London, the practically perfect nanny returns, using her magical skills to dazzle the Banks family once again. With Dick Van Dyke. (2018, U, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Enchanted** Romantic fantasy comedy starring Amy Adams and Patrick Dempsey. An animated fairy-tale princess ends up in New York in human form and falls in love with a lawyer. (2007, PG, 107min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **National Treasure: Book of Secrets** As 3.50pm.
2.25 **The Game Plan** Comedy starring Dwayne Johnson. (2007, U, 105min) ★★★
4.20 **to 6.35** AM **Mary Poppins Returns** As 8.10pm.

Sky Cinema Family

306 306 846 406 506

7.10 AM **The Addams Family**
9.05 **MouseHunt** As 3.50am.
10.50 **King Ralph** As 7.20pm.
12.40 PM **Confessions of a Teenage Drama Queen** Comedy. (2004, PG) ★★
2.20 **Johnny English Strikes Again**
4.00 **Beverly Hills Chihuahua 2** Comedy. (2011, U, 80min) ★
5.40 **Beverly Hills Chihuahua 3: Viva La Fiesta!** Comedy sequel. (2012, U, 85min) ★★
7.20 **King Ralph** Comedy. (1991) ★

9.00 Johnny English Strikes...

King Ralph (film started at 7.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Johnny English Strikes Again** Spy comedy starring Rowan Atkinson. A sinister cyber attack sees the secret agent sent on an adventure in the South of France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **The Addams Family** Spooky black comedy starring Raul Julia, Anjelica Huston and Christopher Lloyd. (1991, PG, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Beverly Hills Chihuahua 2** Comedy, as 4.00pm.
2.10 **Beverly Hills Chihuahua 3: Viva La Fiesta!** As 5.40pm.
3.50 **MouseHunt** Slapstick comedy. (1997, PG, 98min) ★★★★
5.40 **to 7.20** AM **Confessions of a Teenage Drama Queen**

Sky Cinema Action

308 308 848 407 507

6.10 AM **Dragon – The Bruce Lee Story** As 2.30pm.
8.20 **Beverly Hills Cop II**
10.15 **Fast & Furious Presents Hobbs & Shaw** As 8.00pm.
12.35 PM **Kick-Ass 2** Action thriller. (2013, 15, 103min) ★★
2.30 **Dragon – The Bruce Lee Story** Biopic. (1993, 15) ★★★
4.35 **The Transporter** Thriller. (2002, 15, 88min) ★★★
6.20 **Transporter 2** Action thriller. (2005, 15, 88min) ★★★

4.35 The Transporter

8.00 **Fast & Furious Presents Hobbs & Shaw** Action adventure starring Dwayne Johnson and Jason Statham. Luke Hobbs and Deckard Shaw must put their differences aside and team up to stop a major terror threat. (2019, 12, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Crank** Thriller starring Jason Statham and Jose Pablo Cantillo. (2006, 18, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Beverly Hills Cop II** Action comedy sequel starring Eddie Murphy and Brigitte Nielsen. (1987, 15, 99min) ★★★
1.40 AM **District 9** Satirical sci-fi action thriller starring Sharlto Copley and Jason Cope. (2009, 15, 112min) ★★★★
3.35 **Iron Fury!** Russian drama with Alexander Petrov. Subtitled. (2018, 12, 139min) ★★
5.30 **to 6.00** AM **Sky Cinema Preview – July 2020**

Sky Cinema Comedy

309 309 849 408 508

7.05 AM **A Very Bad Day**
8.35 **Palm Beach** As 9.00pm.
10.25 **Along Came Polly** Comedy, as shown at 5.25pm.
12.10 PM **Yesterday** As 7.00pm.
2.10 **Planes, Trains and Automobiles** As 12.25am.
3.55 **Johnny English** Comedy. (2002, PG, 88min) ★★★
5.25 **Along Came Polly** Comedy. (2003, 12, 90min) ★★★
7.00 **Yesterday** Music comedy. (2019, 12, 113min) ★★★

9.00 Palm Beach

Yesterday (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Palm Beach** Comedy drama starring Bryan Brown, Richard E Grant and Sam Neill. A group of lifelong friends reunite for a party at Sydney's Palm Beach. (2018, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **A Serial Killer's Guide to Life** Comedy adventure starring Katie Brayben. (2019, 15, 81min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★
2.10 **A Very Bad Day** Comic drama. (2017, 15, 81min) ★★★
3.50 **A Serial Killer's Guide to Life** Comedy, as 10.50pm.
5.30 **to 7.10** AM **Johnny English** Comedy, as 3.55pm.

primetime

Sky Cinema Hits

303 403 503

7.10 AM **Mr Popper's Penguins** Comedy starring Jim Carrey. (2011, PG, 94min) ★★★
8.50 **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★
10.30 **Downton Abbey** As 6.50pm.
12.40 PM **Aquaman** As 9.00pm.
3.05 **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★
4.50 **Gemini Man** Action drama. (2019, 12, 117min) ★★

6.50 **Downton Abbey** Drama based on the TV series, starring Hugh Bonneville, Michelle Dockery and Maggie Smith. The Crawley family prepare for a royal visit. (2019, PG, 122min) ★★★★
9.00 **Aquaman** Adventure starring Jason Momoa, Nicole Kidman and Willem Dafoe. The human-born heir to the kingdom of Atlantis, embarks on a quest to prevent a war between the worlds of ocean and land. (2018, 12, 143min) ★★★

11.30 **Bad Education** Drama. (2019, 15, 108min) ★★★★
1.30 AM **Whiplash** Music drama. (2014, 15, 104min) ★★★★★
3.25 **Lizzie** Thriller. (2018,) ★★★★
5.20 **to 7.15** AM **Fantastic Four** Fantasy with Jessica Alba. (2005, PG, 104min) ★★

Sky Cinema Greats

304 304 845 404 504

7.55 AM **Armageddon** Sci-fi fantasy. (1998, 12, 151min) ★★
10.30 **Gone With the Wind** Epic American Civil War drama. (1939, PG, 224min) ★★★★★
2.15 PM **Spartacus** Historical epic starring Kirk Douglas. (1960, PG, 184min) ★★★★★
5.30 **2001: A Space Odyssey** Stanley Kubrick's sci-fi epic. (1968, U, 136min) ★★★★★

8.00 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama starring Matthew Modine as a GI in the thick of the action at the battle for Hue in 1968. With Vincent D'Onofrio. (1987, 15, 115min) ★★★★★
10.00 **First Blood** Action adventure starring Sylvester Stallone. A Vietnam veteran runs foul of some small-town cops and triggers off a full-scale manhunt. With Richard Crenna. (1982, 15, 93min) ★★★★

11.40 **Rambo: First Blood Part II** Action sequel. (1985, 15) ★★★
1.25 AM **Rambo III** Action sequel. (1987, 18, 101min) ★★★
3.15 **Serpico** Crime drama. (1973, 18, 130min) ★★★★
5.30 **to 7.25** AM **Broken Arrow** Thriller. (1996, 15, 108min) ★★

Sky Cinema Animation

305 305 412 500 514

7.30 AM **Finding Nemo** (2003)
9.20 **Up and Away** (2018) ★★
10.55 **Astro Kid** (2019) ★★★
12.40 PM **Polar Squad** (2019)
2.20 **Minuscule** Animated adventure. (2018, U, 92min) ★★★★
4.00 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★
6.00 **Surf's Up** Animation. (2007, PG, 85min) ★★★★

7.30 **How to Train Your Dragon: The Hidden World** Animated fantasy adventure featuring the voice of Jay Baruchel. Viking warrior Hiccup and his dragon Toothless attempt to protect their village from a dark threat. (2019, PG, 104min) ★★★★
9.30 **The Pirates! In an Adventure with Scientists** Rollicking stop-motion comedy adventure featuring the voices of Hugh Grant and Martin Freeman. (2012, U, 87min) ★★★★

11.15 **Scooby-Doo** Comedy. (2002, PG, 86min) ★
12.55 AM **Scooby-Doo 2: Monsters Unleashed** Comedy sequel. (2004, PG, 93min) ★★★
2.40 **The Stolen Princess** Animation. (2018, PG, 85min) ★★★
4.25 **to 6.10** AM **Minuscule**

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Film Directors** Double bill.
6.55 **Close Up**
7.25 **Animal Crackers** (1930)
9.15 **The Searchers** (1956)
11.45 **Oregon Passage** (1957) ★★
1.30 PM **Apache Territory** (1958)
3.00 **3 Godfathers** Western. (1948, U, 106min) ★★★
5.05 **Saddle Tramp** Western. (1950, U, 77min) ★★

6.25 **Rio Bravo** Western starring John Wayne. A sheriff has help from a group of misfits to defend his jail from a band of villains. (1959, PG, 140min) ★★★★
9.00 **Hang 'Em High** Revenge Western starring Clint Eastwood. Saved by chance from being hanged by a lynch mob, a cowboy is determined to hunt down the men who nearly killed him. (1967, 18, 114min) ★★★★
11.20 **Exit Wounds** Thriller. (2001) ★
1.25 AM **Riding Shotgun** (1954) ★★

2.45 **Close Up**
3.45 **Hollywood's Best Film Directors** Double bill.
4.45 **Off Set** With Ben Miller.
5.00 **to 6.00** AM **Hollywood's Best Film Directors** Double bill.

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Flood Tide** (1934) ★★
7.15 **The Adventures of William Tell**
7.45 **Diamond City** (1949) ★★
9.30 **The Secret Tunnel** (1948) ★★
10.30 **Hawkeye & the Last of the Mohicans** 22/39. (S1)
11.00 **The Release** 27/30. (S5)
11.30 **The Early Bird** (1965) ★★
1.30 PM **Johnny Come Lately**
3.30 **The Three Worlds of Gulliver**
5.30 **The Adventures of Robin Hood**

6.00 **What's the Next Job?**
6.25 **Funny Face** Romantic musical starring Fred Astaire and Audrey Hepburn. A photographer falls for a model while in Paris. (1956, U, 103min) ★★★★★
8.30 **Bognor**
9.00 **Sunday Night at the London Palladium** Jimmy Tarbuck hosts.
10.05 **Hurry Sundown** Melodrama focusing on the tensions affecting a post-war farming community. Stars Michael Caine. (1967, PG, 170min) ★★

12.55 AM **The Deadly Affair** Thriller. (1966, PG, 107min) ★★★
3.10 **Shoulder Arms** Comedy. (1918, b/w, U, 35min) ★★★★
4.00 **The Rivals of Sherlock Holmes**
5.00 **Bognor** 7/18. (S1)
5.30 **to 6.00** AM **Overseas Press Club – Exclusive!**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

310 310 850 409 509

6.00 AM **The International** Thriller, as shown at 4.55pm.
8.10 **The Recruit** Spy thriller. (2003, 12, 115min) ★★★
10.20 **Zero Dark Thirty** As 9.00pm.
1.10 PM **Three Days of the Condor** Conspiracy thriller. (1975, 15, 118min) ★★★★
3.10 **Salt** As 11.40pm.
4.55 **The International** Thriller. (2009, 15, 113min) ★★★
6.55 **Argo** Fact-based thriller. (2012, 15, 120min) ★★★★

4.55 The International

Argo (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

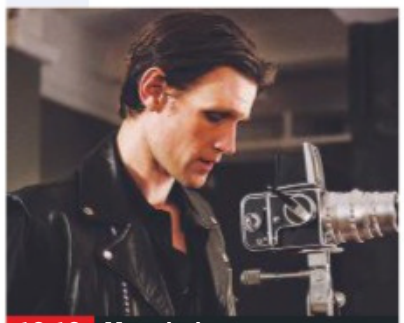
9.00 **Zero Dark Thirty** Kathryn Bigelow's fact-based drama starring Jessica Chastain. Following the 9/11 terrorist attacks, a CIA agent becomes the driving force behind the hunt for Osama bin Laden. (2012, 15, 157min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Salt** Thriller starring Angelina Jolie. A CIA agent goes on the run after a Russian defector convinces her superiors that she's a double agent. (2010, 12, 99min) ★★★
1.30 AM **The Operative** Thriller starring Diane Kruger. (2019, 15, 116min) ★★★
3.30 **Three Days of the Condor** Conspiracy thriller, as 1.10pm.
5.30 **to 6.00** AM **Sky Cinema Preview – July 2020**

Sky Cinema Drama

311 311 851 410 510

6.00 AM **Serenity** (2019) ★★★
8.00 **10 Things We Should Do Before We Break Up**
9.30 **Sometimes Always Never**
11.15 **Twilight** Thriller. (2008) ★★★
1.25 PM **The Twilight Saga: New Moon** Romantic fantasy. (2009, 12, 125min) ★★★
3.45 **The Twilight Saga: Eclipse** Thriller. (2010, 12) ★★★
5.55 **The Twilight Saga: Breaking Dawn – Part 1** Romantic thriller. (2011, 12, 117min) ★★


10.10 Mapplethorpe

8.00 **The Twilight Saga: Breaking Dawn – Part 2** Supernatural romance thriller starring Kristen Stewart. Bella and Edward's half-human, half-vampire daughter becomes the target of a powerful vampire clan. (2012, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Mapplethorpe** Biopic of the photographer Robert Mapplethorpe, starring Matt Smith. (2018, 18, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Sometimes Always Never** Comedy drama. (2018, 12, 91min) ★★★★
1.45 AM **10 Things We Should Do Before We Break Up** Drama starring Christina Ricci. (2018, 12, 74min) ★★
3.10 **Bah Humduck! A Looney Tunes Christmas**
4.05 **to 6.00** AM **Field of Dreams** Fantasy starring Kevin Costner. (1989, PG, 106min) ★★★★★

Sky Cinema Sci-Fi/Horror

312 411 511

6.00 AM **Jason and the Argonauts** Adventure. (1963, U) ★★★★
7.50 **Red Sonja** Fantasy. (1985) ★
9.25 **Blade Runner: The Final Cut** Sci-fi thriller. (1982) ★★★★★
11.25 **Big Trouble in Little China** Fantasy starring Kurt Russell. (1986, 15, 100min) ★★★
1.20 PM **Venom** As 10.00pm.
3.20 **Minority Report** Sci-fi thriller. (2002, 12, 145min) ★★★★
5.50 **Oblivion** Epic sci-fi adventure. (2013, 12, 124min) ★★★★

10.00 Venom

8.00 **Ant-Man** Superhero adventure starring Paul Rudd, Michael Douglas and Evangeline Lilly. A thief uses a suit that gives him the power to shrink to help a scientist recover his stolen invention. (2015, 12, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

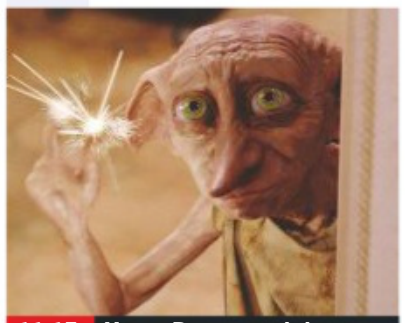
10.00 **Venom** Fantasy adventure starring Tom Hardy and Riz Ahmed. (2018, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Us** Horror thriller starring starring Lupita Nyong'o. (2019, 15, 116min) ★★★★
1.55 AM **Halloween** John Carpenter's classic shocker starring Jamie Lee Curtis and Donald Pleasence. (1978, 18, 92min) ★★★★★
3.30 **Friday the 13th** Horror sequel starring Jared Padalecki. (2009, 18, 97min) ★★
5.15 **to 6.00** AM **Sky Cinema Preview – July 2020**

Sky Cinema Harry Potter

302 402 502

6.10 AM **Harry Potter and the Order of the Phoenix** (2007)
8.30 **Harry Potter and the Half-Blood Prince** (2009)
11.15 **Harry Potter and the Deathly Hallows: Part I**
1.45 PM **Harry Potter and the Deathly Hallows: Part II** Fantasy. (2011, 12) ★★★★★
4.00 **Fantastic Beasts and Where to Find Them** (2016) ★★★★
6.15 **Fantastic Beasts: The Crimes of Grindelwald** (2018) ★★★


11.15 Harry Potter and the...

8.30 **Harry Potter and the Philosopher's Stone** Fantasy adventure based on JK Rowling's book, starring Daniel Radcliffe as the famous boy wizard, who does not learn of his magical heritage until his 11th birthday. With Emma Watson, Rupert Grint, Robbie Coltrane and Richard Harris. (2001, PG, 152min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Harry Potter and the Chamber of Secrets** Fantasy starring Daniel Radcliffe. (2002, PG, 161min) ★★★★
2.00 AM **Harry Potter and the Prisoner of Azkaban** Fantasy adventure sequel starring Daniel Radcliffe. (2004, PG, 142min) ★★★★★
4.30 **to 7.15** AM **Harry Potter and the Goblet of Fire** Fantasy starring Daniel Radcliffe. (2005, 12, 157min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Shark Tale** Animation. (2004, U, 90min) ★★★★
12.50 PM **Capture the Flag** Animated sci-fi adventure. (2015, PG, 94min) ★★★
2.40 **Home Alone 3** Comedy sequel. (1997, PG, 102min) ★
4.50 **Monster Trucks** Fantasy. (2016, PG, 104min) ★★
6.55 **Eddie the Eagle** Biopic of ski jumper Eddie Edwards. (2016, PG, 103min) ★★★

6.55 Eddie the Eagle

Eddie the Eagle (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Star Trek Into Darkness** Sci-fi adventure sequel starring Chris Pine, Zachary Quinto and Benedict Cumberbatch. The *USS Enterprise* pursues a rogue Federation officer with a secret past. (2013, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.40 **Goat** Fact-based drama starring Ben Schnetzer. A traumatised student joins his brother's college fraternity, only to endure a series of brutal initiation rituals. (2016, 15, 98min) ★★★
1.45 **to 3.55** AM **Chevalier** Greek comedy starring Yiorgos Kendros. Partly subtitled. (2015, 18, 105min) ★★★★

11 PM

+1 hour 314 430 45 301

Horror

317 149 70 138

8.00 AM **King Arthur and the Knights of the Round Table** Fantasy. (2017, 15, 85min) ★
10.00 **Star Trek: The Next Generation** 6-10/26. (S3)
3.00 PM **The Last Sharknado: It's About Time** Sci-fi adventure. (2018, 15, 90min) ★★
4.45 **Megalodon** Giant shark thriller starring Michael Madsen. (2018, 15, 105min) ★

6.40 **Beyond Loch Ness** Monster movie starring Brian Krause, Carrie Genzel and Niall Matter. (2008, 15, 91min) ★★
8.30 **Tales from the Darkside** *Inside The Closet:* A woman is warned never to open the small door in her closet.
9.00 **Final Girl** Thriller with Abigail Breslin. Four teenage boys who murder girls for sport discover their latest target is an assassin who intends to kill them all. (2015, 15, 81min) ★★

10.45 **Hellbound: Hellraiser II** Horror sequel. (1989, 18, 96min) ★★
12.40 AM **The Lesson** Thriller. (2015, 18, 94min) ★★
2.40 **to 4.30** AM **Mega Piranha** Thriller. (2010, 15, 89min) ★★

+1 hour 318 202 139

Sony Movies Classic

319 424 50 303

6.00 AM **The Secret Life of Walter Mitty** Fantasy. (1947, U) ★★★★
8.15 **On the Waterfront** Drama. (1954, b/w, PG) ★★★★★
10.30 **The Taming of the Shrew** Comedy with Elizabeth Taylor. (1967, U, 126min) ★★★★
12.55 PM **Titanic** Disaster drama. (1953, b/w, PG, 94min) ★★★
3.00 **Gandhi** Oscar-winning biopic. (1982, PG, 188min) ★★★★★

6.45 **What a Way to Go!** Black comedy starring Shirley MacLaine as a small-town girl who gets progressively richer as successive wealthy husbands die. (1964, PG, 111min) ★★
9.00 **We'll Meet Again** Musical starring Vera Lynn. A singer tries to persuade a classical composer to join her in making popular music in World War Two. (1943, b/w, U, 83min) ★★
10.45 **Tom Jones** Period comedy. (1963, 12, 129min) ★★★★

1.20 AM **The Mouse That Roared** Comedy. (1959, U, 85min) ★★★
3.00 **Appointment in London** War drama. (1952, b/w, U) ★★★
4.35 **to 6.00** AM **Tomorrow We Live** War drama. (1942) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Garage Sale Mystery** Crime drama with Lori Loughlin.
10.45 **Garage Sale Mystery: All That Glitters** Mystery drama.
12.35 PM **Bridge to Terabithia** Fantasy adventure. (2007, PG, 95min) ★★★★★
2.30 **Upside Down** Fantasy. (2012, 12, 115min) ★★
4.30 **Real Steel** Sci-fi action drama. (2011, 12, 121min) ★★★

7.00 **Push** Sci-fi thriller starring Chris Evans. Two fugitives from a secret government agency that imprisons people with paranormal abilities travel to Hong Kong to track down a fellow runaway. With Dakota Fanning (2008, 12, 111min) ★
9.00 **The 5th Wave** Sci-fi adventure starring Chloe Grace Moretz. A teenage girl tries to protect her younger brother in a world devastated by a series of alien attacks. (2015, 15, 112min) ★★

11.20 **Elysium** Sci-fi action thriller. (2013, 15, 107min) ★★★★
1.40 AM **Dog Eat Dog** Thriller. (2015, 18, 93min) ★★
3.45 **to 6.00** AM **Tracker** Drama. (2010, 12, 101min) ★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **The Panzer**
6.55 **Station West** (1948) ★★★
8.50 **Best of the Badmen** (1951)
10.35 **Trail Street** Western. (1947) ★★
12.20 PM **A Lawless Street** (1955)
2.00 **The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
3.45 **The Tall T** Western with Richard Boone. (1957, PG, 78min) ★★
5.25 **Forty Guns** Cult Western. (1957, b/w, PG, 76min) ★★★

7.05 **The Virginian** Western starring Trace Adkins and Ron Perlman. An orphan is raised by a cattle baron and trained to uphold the law, but begins to realise his mentor has a hidden agenda. (2014, 12, 90min) ★★
9.00 **Killing Salazar** Adventure starring Steven Seagal. A team of DEA agents are assigned to protect a dangerous drug lord and take refuge in a luxury hotel while they await extraction. (2016, 15, 95min) ★★

11.05 **Sniper 3** Action thriller sequel. (2003, 15, 87min) ★★
12.50 AM **Wyatt Earp's Revenge** Western. (2012, 12, 88min) ★★
2.40 **to 4.00** AM **The Last Rites of Ransom Pride** (2010) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **A Cinderella Christmas**
9.00 **Holiday for Heroes** Romantic drama. (2019, PG, 120min) ★★
11.00 **A Twist of Christmas** Romantic drama. (2018, PG, 90min) ★★
1.00 PM **Christmas on the River** Comedy. (2019, PG, 88min) ★★
3.00 **Christmas at the Plaza** Comedy. (2019, PG, 84min) ★★
5.00 **All About Christmas Eve** Drama. (2012, PG, 71min) ★★

7.00 **Christmas at Holly Lodge** Romantic drama starring Alison Sweeney. The owner of a struggling inn in the mountains begins to fall for a man sent to assess the value of the property. (2017, U, 90min) ★★
9.00 **Christmas Bells Are Ringing** Drama starring Emilie Ullerup. A freelance photographer enlists the help of an old childhood friend to meet the deadline for a big Christmas shoot. (2018, PG, 90min) ★★

11.00 **A Heavenly Christmas** Drama. (2016, U, 92min) ★★★
1.00 AM **The Real St Nick** Festive romance. (2012, PG, 85min) ★
3.00 **to 5.00** AM **A Song for Christmas** Drama. (2017) ★★

+1 hour 326 420

Sunday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

7.00 AM **Super League Gold**
7.05 **LIVE NRL Gold Coast Titans v Penrith Panthers.** Coverage of the match from the 11th round of fixtures, taking place at Cbus Super Stadium. Kick-off **7.05am**.
9.00 **The Women's Football Show**
10.00 **My Icon: Ebony Rainford-Brent**
10.15 **Test Cricket Bitesize**
10.30 **LIVE Test Cricket England v West Indies.** Day three of the third and final Test in the series, held at Emirates Old Trafford.
3.00 PM **LIVE Premier League** Coverage of a match from the final day of the top-flight season. Kick-off **4.00pm**.
6.30 **LIVE EFL** Coverage of the first leg of a play-off semi-final from the Championship.
8.30 **LIVE World Matchplay Darts** Coverage of the final of the tournament on day nine from Marshall Arena in Milton Keynes.
10.30 **LIVE PGA Tour Golf** Coverage of the fourth and final day's play of the 3M Open from TPC Twin Cities in Blaine, Minnesota.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **Premier League Icons**
10.00 **The Sunday Supplement**
11.30 **Premier League Icons**
12.00 NOON **Gary Neville's Soccerbox** The presenter talks to former teammate Wayne Rooney.
1.00 PM **Gillette Soccer Special**
3.00 **LIVE Premier League** Coverage of a match from the final day of the top-flight season. Kick-off **4.00pm**.
7.00 **Premier League Icons** A profile of Dennis Bergkamp. **7.30** Ole Gunnar Solskjaer.
8.00 **Gary Neville's Soccerbox** The host is joined by Steven Gerrard.
9.00 **Best PL Goals 2018/19**
10.00 **Ronaldo** An in-depth look at the life of Portugal superstar Cristiano Ronaldo, from his childhood to the height of his footballing fame.
12.00 M'T **PL Retro** Arsenal v Leicester City from 2017.
2.00 AM **Premier League Years**
4.00 **PL Best Goals 98/99**
5.00 **Best PL Goals: Newcastle v Liverpool** Memorable strikes.
5.30 **to 6.00** AM **PL 100 Club: England's Finest**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
6.45 **SPFL Greatest Games**
7.00 **Football's Greatest Players**
7.30 **Football Countdowns**
8.00 **Football Years**
8.30 **MLS Round-Up Show**
9.00 **The Women's Football Show**
10.00 **The Sunday Supplement**
11.30 **EFL Play Off Final L1 19/20**
12.30 PM **Bielsa: El Loco & Leeds**
1.00 **Gillette Soccer Special**
3.00 **LIVE Premier League** A match from the final day of the top-flight season. Kick-off **4.00pm**.
6.00 **LIVE EFL** Coverage of the first leg of a play-off semi-final in the Championship.
9.00 **Bielsa: El Loco & Leeds** A look at the impact Marcelo Bielsa has had on Leeds United.
9.30 **EFL Play Off Final L1 19/20** Action from Oxford United v Wycombe Wanderers.
10.30 **SPFL Highlights**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Final 09**
1.00 AM **EFL Play Off Finals C'Ship 05/06** Leeds United v Watford.
2.00 **EFL Play Off Finals L2 18/19**
3.00 **Championship Review 13/14**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Ashes Memories**
7.00 **Talking Cricket: Dennis Waight**
7.30 **The Cricket Lockdown Vodcast**
8.30 **Test Cricket** England v West Indies: Action from the second day of the third and final Test.
9.30 **Cricket Debate**
10.15 **Test Cricket Bitesize**
10.30 **LIVE Test Cricket England v West Indies.** Coverage of day three of the third and final Test in the series, taking place at Emirates Old Trafford.
7.00 PM **Test Cricket Bitesize** Action from England v West Indies.
7.15 **Cricket Debate** Discussion on England v West Indies.
8.00 **Test Cricket** England v West Indies: Action from day three of the third and final Test, held at Emirates Old Trafford.
9.00 **Cricket Debate** As 7.15pm.
9.45 **Test Cricket Bitesize** As 7pm.
10.00 **Test Cricket** As 8.00pm.
11.00 **Cricket Debate** As 7.15pm.
11.45 **Test Cricket Bitesize**
12.00 M'T **Ashes Memories**
1.00 AM **Best of the 2016 Blast** Sussex Sharks v Somerset.
5.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **PGA Tour Golf** Action from day three of the 3M Open at TPC Twin Cities in Blaine, Minnesota.
11.30 **Nick Dougherty's Tee Time Tips** Nick offers tips and advice on improving your game.
11.45 **European Tour Golf** As shown at 11.00pm.
12.45 PM **PGA Tour Profiles**
1.00 **LIVE PGA Tour Golf** Coverage of the featured groups on the fourth and final day of the 3M Open from TPC Twin Cities in Blaine, Minnesota.
6.00 **LIVE PGA Tour Golf** Further coverage of the fourth and final day of the 3M Open from TPC Twin Cities in Blaine, Minnesota.
11.00 **European Tour Golf** Highlights of the fourth and final day's play of the British Masters from Close House in Newcastle.
12.00 M'T **Nick Dougherty's Tee Time Tips** Expert golf tips.
12.30 AM **Golf Pass with Rory McIlroy** Rory discusses his favourite golf courses.
1.00 **European Tour Golf** As 11pm.
2.00 **European Tour Golf** Triple bill.
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **UEFA Champions League Magazine** News and features.
6.30 **LIVE Hyundai A-League Wellington Phoenix v Adelaide United.** At Bankwest Stadium. Kick-off **6.30am**.
8.30 **ESPN FC** Football news.
9.00 **WWE Raw Highlights**
10.00 **WWE NXT UK**
11.00 **Premier League Match Pack**
11.30 **Premier League Preview**
12.00 NOON **Too Good to Go Down**
1.30 PM **ESPN FC** Football news.
2.00 **Premier League Match Pack**
2.30 **Premier League Preview**
3.00 **LIVE Premier League** A match from the final day of the top-flight season. Kick-off **4.00pm**.
6.30 **Premier League Tonight**
7.30 **MotoGP** The MotoGP race at the Grand Prix of Andalucia.
8.30 **MotoGP Chequered Flag**
9.00 **LIVE MLB San Diego Padres v Arizona Diamondbacks.** The National League match from Petco Park. Start-time **9.10pm**.
12.00 M'T **30 for 30: Playing For The Mob** Documentary.
1.30 AM **I Hate Christian Laettner**
3.00 **30 for 30: Broke**
4.30 **to 6.00** AM **Hyundai A-League**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **FIM Speedway Highlights**
7.00 **MotoE Highlights**
7.15 **LIVE MotoGP** Warm-ups ahead of the Grand Prix of Andalucia.
8.45 **LIVE MotoE** The MotoE Grand Prix of Andalucia race.
9.30 **LIVE MotoGP** Coverage of the Moto3 race at the Grand Prix of Andalucia. Start-time **10.00am**.
11.00 **LIVE MotoGP** Coverage of the Moto2 race at the Grand Prix of Andalucia. Start-time **11.20am**.
12.30 PM **LIVE MotoGP** The MotoGP race at the Grand Prix of Andalucia. Start-time **1.00pm**.
2.00 **MotoGP Chequered Flag**
2.30 **Football Outposts – Europe**
3.30 **LIVE Premier League** A match from the final day of the top-flight season. Kick-off **4.00pm**.
6.15 **Golazzo: The Football Italia Story** Documentary.
7.15 **What Went Down: Steve Clarke**
7.30 **The Football Archives: UEFA Champions League**
9.30 **UFC Fight Night** Whittaker v Till.
12.30 AM **UFC: Johnson v Cejudo II**
1.30 **UFC: The Ultimate Fighter**
2.30 **AFL** West Coast v Collingwood.
4.30 **to 6.00** AM **Hyundai A-League**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **The Outdoor Sports Show**
6.30 **LIVE AFL West Coast Eagles v Collingwood Magpies.** At Optus Stadium. Start-time **6.35am**.
9.30 **Vanarama National League** Action from the National League play-off semi-finals.
12.30 PM **Beyond the Boundary** A look at the Australian Women's successful 2019 Ashes campaign.
2.30 **MotoGP Classics: Silverstone 2013** The British Grand Prix.
3.30 **MotoGP Classics: Silverstone 2014** The British Grand Prix.
4.30 **Cricket: BBL Final 2017/18** Action from Adelaide Strikers v Hobart Hurricanes.
5.30 **MLB Ultimate Lineup**
6.30 **LIVE MLB Washington Nationals v New York Yankees.** The inter-league match from Nationals Park.
9.00 **WWE SmackDown Highlights**
10.00 **WWE NXT** Wrestling action.
11.45 **WWE Monday Night Raw**
2.15 AM **What I Wore: Jamie Vardy**
2.30 **Champions League Magazine**
3.00 **WRC Review: Rally Germany**
4.00 **Badminton Unlimited**
4.30 **to 6.00** AM **Isolation eRacing Series**

Sky Sports Action

407 407 861 | 517 507

7.00 AM **Rugby Union Retro**
7.30 **World Matchplay Darts**
9.30 **Rugby Union Retro**
10.00 **Super Rugby** Blues v Chiefs.
11.45 **Rugby Retro: Jamie Heaslip**
12.00 NOON **NFL: Race To The Super Bowl 16/17** Atlanta Falcons v Seattle Seahawks.
1.00 PM **NFL: Race To The Super Bowl 16/17** New England Patriots v Houston Texans.
2.00 **NFL: Race To The Super Bowl 16/17** Action from Atlanta Falcons v Green Bay Packers.
3.00 **LIVE Premier League** A match from the final day of the top-flight season. Kick-off **4.00pm**.
6.00 **MVG: The Story So Far**
6.30 **World Matchplay Darts** Action from the semi-finals.
8.30 **LIVE World Matchplay Darts** Coverage of the final of the tournament on day nine from Marshall Arena in Milton Keynes.
10.30 **Super Rugby** Blues v Chiefs.
12.15 AM **Rugby Union Retro**
12.30 **MVG: The Story So Far**
1.00 **World Matchplay Darts**
4.30 **Rugby Union Retro**
5.00 **to 6.00** AM **Super Rugby Classics**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **LIVE ANZ Premiership Netball Tactix v Stars.** Coverage from Auckland Netball Centre. Centre-pass **6.00am**.
7.30 **I'm Game**
7.45 **Deconstruct: Mikki Austin**
8.00 **LIVE ANZ Premiership Netball Steel v Mystics.** Coverage from Auckland Netball Centre. Centre-pass **8.00am**.
9.30 **PL Legends: Juninho**
10.00 **Premier League Years**
12.00 NOON **PL Legends: Alan Shearer** A profile of the striker.
12.30 PM **PL Legends: Robert Pires**
1.00 **NFL: Race To The Super Bowl 16/17** Double bill of action.
3.00 **LIVE Premier League** A match from the final day of the top-flight season. Kick-off **4.00pm**.
6.00 **PL Legends: Juninho**
6.30 **PL Legends: Alan Shearer**
7.00 **The Women's Football Show**
8.00 **LIVE WNBA** Basketball action.
10.30 **Premier League Years**
12.30 AM **NFL: Race To The Super Bowl 16/17** Triple bill of action.
3.30 **NFL Super Bowl LI Highlights**
5.30 **to 6.00** AM **NFL Special: Brett Favre Meets Patrick Mahomes**

BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **MLB Classic: Finding Babe Ruth**
7.30 **MLB Classic: Tears of Joy**
8.30 **MLB: Twins @ White Sox**
11.30 **MLB: Giants @ Dodgers**
2.30 PM **ESPN FC** Football news.
3.00 **MLB: Yankees @ Nationals**
6.00 **NHRA Drag Racing Highlights**
7.00 **LIVE Major League Lacrosse** The latest action from Major League Lacrosse.
9.30 **In Depth with Graham Bensinger** John Paul DeJoria.
10.00 **ESPN SportsCenter – The Superstars**
11.00 **Baseball Tonight**
12.00 M'T **LIVE MLB New York Mets v Atlanta Braves.** Coverage of the National League match from Citi Field. Start-time **12.08am**.
3.00 **to 6.00** AM **LIVE MLB Los Angeles Dodgers v San Francisco Giants.** The National League match from Dodger Stadium. Start-time **3.08am**.

Eurosport 1

410 410 864 | 521 | 412 435

6.00 AM **Superbikes: Whit & Friends**
7.00 **European Rally Championship**
7.30 **Snooker Vodcast: The Debate**
8.00 **Snooker: World Championship**
9.30 **Superbikes: BSB Lockdown Lowdown** With Brad Jones.
10.30 **Football: Eliteserien**
11.30 **Snooker: World Champs Final**
1.30 PM **LIVE Snooker: World Championship** Coverage of the afternoon session on day six of qualifying at the Crucible Theatre.
5.00 **Snooker Vodcast: The Debate**
6.00 **Snooker: World Championship**
7.00 **LIVE Snooker: World Championship** Coverage of the evening session on day six of qualifying at the Crucible Theatre.
10.30 **Snooker: World Championship**
12.00 M'T **World Poker Tour: Alpha 8**
1.00 AM **Superbikes: Whit & Friends**
2.00 **Snooker: World Championship**
3.30 **Snooker Vodcast** Discussion.
4.00 **to 6.00** AM **Cycling: Tour of Flanders**

Eurosport 2

411 411 865 | 522 | 413 436

7.00 AM **Return to 2012: Rowing**
9.00 **Return to... Super Saturday**
11.00 **Return to 2012: Aquatics**
1.00 PM **Return to... Gymnastics**
3.00 **Return to 2012: Track Cycling**
5.00 **Return to 2012: Road Cycling**
7.00 **Cycling: Strade Bianche**
7.25 **LIVE Football FK Haugesund v Rosenborg.** Coverage of the Norwegian top-flight match taking place at Haugesund Stadion. Kick-off **7.25pm**.
9.25 **Olympics: Legends Live On** Former swimmer Ian Thorpe.
10.00 **Return to 2012: Track Cycling** Chris Hoy and Joanna Rowsell join host Orla Chennaoui to relive Team GB's golden moments in the velodrome from London 2012.
12.00 M'T **Return to 2012: Cycling**
2.00 AM **World Superbikes: Hockenheim 1996**
2.30 **Superbikes: Whit & Friends**
4.30 **to 6.30** AM **World Superbikes 2019**

Sky Sports Arena

408 408 862 | 518 508

6.55 AM **Super League Gold**
7.05 **LIVE NRL Gold Coast Titans v Penrith Panthers.** Coverage of the match from the 11th round of fixtures, taking place at Cbus Super Stadium. Kick-off **7.05am**.
9.00 **Super League Gold**
9.30 **ANZ Premiership Netball**
11.00 **Super Rugby Classics**
3.00 PM **LIVE Premier League** Coverage of a match from the final day of the top-flight season. Kick-off **4.00pm**.
6.00 **NBA: Kidd & Hill**
8.00 **LIVE WNBA** Basketball action.
10.30 **NBA: San Antonio @ LA Clippers** Action from Los Angeles Clippers v San Antonio Spurs.
12.30 AM **World Club Series Rugby League Highlights**
1.30 **S/Lge Retro** London Broncos v Canberra Raiders from 1997.
3.30 **World Club Series Rugby League Highlights**
4.00 **to 6.00** AM **Super Rugby**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Hungarian F1 GP Highlights**
12.00 NOON **LIVE GT World Challenge Europe Imola.** Coverage of the first round of the season, held at Autodromo Enzo e Dino Ferrari in Imola, Italy.
3.00 PM **LIVE Premier League** Coverage of a match from the final day of the top-flight season. Kick-off **4.00pm**.
6.00 **Lewis & Martin: Secret Cinema**
6.30 **Ferrari Challenge Barcelona: Hlts** Action from Barcelona.
7.30 **Carlos Sainz v Lando Norris**
8.00 **Austrian F1 GP Highlights**
9.00 **Styrian F1 GP Highlights**
10.00 **Hungarian F1 GP Highlights**
11.00 **Jenson's F1 Memories 2009 Part 1** With Jenson Button.
11.30 **Lewis & Martin: Secret Cinema**
12.00 M'T **Ferrari Challenge Barcelona: Hlts**
12.30 AM **The Inside Line**
1.00 **to 6.00** AM **The Home of F1**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD VIRGIN HD BT HD

Monday

27 July

Evening Planner

Documentary

Murder, Mystery and My Family
BBC1 HD, 10am
QCs Jeremy Dein and Sasha Wass investigate an 1889 Liverpool poisoning

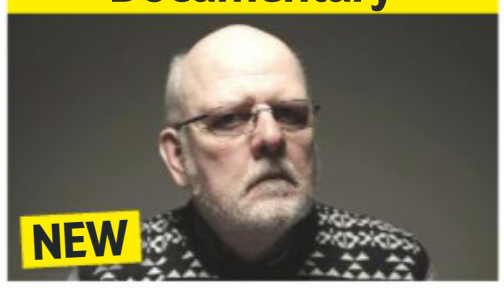
Soap

EastEnders: Secrets from the Square
BBC1 HD, 8pm
Gillian Taylforth and Adam Woodyatt tell Stacey Dooley about being the Beales

Drama

Anthony
BBC1 HD, 8.30pm
Jimmy McGovern's story of the life Anthony Walker could have lived – if he hadn't been murdered in a racist attack

Documentary



The Confessions of Thomas Quick
C4 HD, 10pm
An account of Sweden's infamous serial killer, whose case took a surprising turn

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 China's...	8.00 EastEnders...	8.30 Anthony			10.00 News	
102 BBC2	7.00 Today at the Test: England v West Indies		8.00 Our Friend...	8.30 University...	9.00 Once Upon a Time in Iraq		10.00 Mock the Week	10.30 Sorry
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Birds of a...	8.30 Coronation...	9.00 Long Lost Family Special: Born...		10.00 News	
104 CHANNEL 4	7.00 News		8.00 Devon and Cornwall		9.00 Paramedics: Britain's Lifesavers		10.00 The Confessions of Thomas Quick	
105 CHANNEL 5	7.00 Traffic Cops		8.00 Ultimate Police Interceptors		9.00 Shoplifters: At War with the Law		10.00 Police Code Zero: Officer Under Attack	
106 SKY ONE	7.00 The Simpsons				9.00 A League of Their Own: European...		10.00 Film: Crank	
ENTERTAINMENT								
116 BBC4	7.00 Egyptian...	7.30 The Joy of...	8.00 The Golden Age of Steam Railways		9.00 Thailand: Earth's Tropical Paradise		10.00 Jet Set – Timeshift	10.40 Games...
118 ITV2	7.00 You've Been Framed! Gold		8.00 Roswell, New Mexico		9.00 Family Guy			
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 Car S.O.S.		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks@25	7.30 Married at First Sight Australia			9.00 Supernanny USA		10.00 Celebs Go Virtual...	10.35 First Dates
107 SKY WITNESS	7.00 Paramedics Australia		8.00 Ghost Whisperer		9.00 Criminal Minds		10.00 The InBetween	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Perry Mason		10.10 True Blood	
110 GOLD		7.20 Dad's Army		8.40 Gavin & Stacey	9.15 Live at the Apollo		10.20 Peep Show	
111 DAVE	7.00 Richard Osman's...	7.40 Would I Lie to You?			9.00 Live at the Apollo		10.00 QI	
119 ITV3	7.00 Agatha Christie's Poirot		8.00 Endeavour				10.00 Law & Order: UK	
120 ITV4	◂ 5.15 European Cup Revisited		8.00 European Cup Winners: Liverpool		9.00 Harry's Heroes: Euro Having a Laugh			10.35 Film: Metro
112 COMEDY CENTRAL	7.00 Friends		8.00 Fresh Off the Boat		9.00 Naughty Toddlers Make You Laugh...		10.00 Bob's Burgers	
152 SYFY	7.00 Marvel's Runaways		8.00 Project Blue Book		9.00 Fact or Faked: Paranormal Files		10.00 Film: The Thing	
109 W	7.00 Top Chef		8.00 Inside the Ambulance		9.00 Emma Willis: Delivering Babies		10.00 One Born Every Minute Australia	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Miracle...	9.30 Flight of the...	10.05 Last Week Tonight...	10.40 Girls
124 FOX	7.00 NCIS						10.00 NCIS: New Orleans	
122 SKY ARTS	7.00 Exhibition on Screen		8.00 Portrait Artist of the Year 2020		9.00 André Rieu: Welcome to My World		10.00 Frank Sinatra: The Voice of America	
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Texas Metal		9.00 G.A.S. Extreme Customs		10.00 Street Outlaws: Memphis	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 Alaska: The Last Frontier				10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Gathering Storm		9.00 X-Ray Earth		10.00 Oz Doomsday Flood: Caught on...	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Salvage Kings		9.00 Lost Gold of WWII		10.00 Amazon Gold Hunters	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Chris Tarrant: Extreme Railway Journeys		9.00 Bangers and Cash			
166 EDEN	7.00 Wild Africa		8.00 Yellowstone		9.00 The Zoo	9.30 Jungle Planet	10.00 Mountain Gorilla	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.10 Boonie Bears: Blast Into the Past		8.00 Good Boys			9.45 Them That Follow		
303 HITS	7.00 Maleficent: Mistress of Evil				9.00 Rocketman			
304 GREATS	◂ 5.50 Star Wars: Episode IV – A New Hope		8.00 Star Wars: Episode V – The Empire Strikes Back				10.10 Star Wars: Episode VI – Return...	
307 DISNEY	◂ 6.00 The Princess and the Frog	7.50 Frozen II				9.50 A Goofy Movie		
306 FAMILY	◂ 6.20 Babe		8.00 Tomorrowland: A World Beyond				10.20 Breakthrough	
308 ACTION	◂ 5.40 The Rock		8.00 Godzilla				10.05 Robert the Bruce	
309 COMEDY	◂ 5.55 Crazy, Stupid, Love		8.00 Forgetting Sarah Marshall				10.00 Undercover Brother 2	
310 THRILLER		7.15 Miss Bala			9.00 No Country for Old Men			
311 DRAMA	◂ 5.55 Twilight		8.00 Indecent Proposal				10.10 Mickey and the Bear	
312 SCI-FI	7.00 Men in Black: International				9.00 Avengers: Endgame			
302 HARRY POTTER	◂ 5.15 Harry Potter and the Philosopher's...		8.00 Harry Potter and the Chamber of Secrets					
313 FILM4	◂ 6.45 The Huntsman: Winter's War				9.00 Mission: Impossible – Rogue Nation			
315 TCM MOVIES	◂ 6.25 The Cowboys				9.00 Westworld			
SPORT								
401 MAIN EVENT		7.15 Cricket Debate	8.00 Sky Sports News		9.00 89			10.45 PL...
402 PREMIER LEAGUE	7.00 PL Greatest Games		8.00 Gary Neville's Soccerbox		9.00 89			10.45 PL...
403 FOOTBALL	7.00 EFL – Live: The first leg of a play-off semi-final						10.00 SPFL Greatest...	10.30 MLS...
404 CRICKET		7.15 Cricket Debate	8.00 Test Cricket		9.00 Cricket Debate		10.00 Test Cricket	
413 BT SPORT 1	7.00 Hyundai A-League			8.30 MLB – Live: San Francisco Giants v Los Angeles Dodgers: From Oracle Park				
414 BT SPORT 2	◂ 6.30 MotoGP	7.30 MotoGP...	8.00 Meet The Managers		9.00 Fishing: On The Bank		10.00 WWE Ruthless Aggression	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Monday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 NEW SERIES **Murder, Mystery and My Family** 1/10. An infamous Victorian poisoning case. (S)(AD)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Close Calls: On Camera** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 NEW SERIES **The Heights** 1/30. A revelation is circulated among the residents. (S2) (S)(AD)
2.15 **Impossible** Game show. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** New edition In Leicestershire. (S)(AD)
4.30 **Antiques Road Trip** (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

3.45 Home Is Where the Art Is

7 PM

7.00 The One Show
Alex Jones and Michael Ball present the topical show. (S)

7.30 China's Coronavirus Cover-Up – Panorama
New edition Investigating whether China hid crucial information about COVID-19. (S)

8 PM

8.00 EastEnders: Secrets from the Square
New edition 6/14. Adam Woodyatt and Gillian Taylforth join Stacey Dooley. (S)(AD)

8.30 NEW Anthony
Jimmy McGovern's drama imagining what life may have held for Anthony Walker if the teenager had not been murdered in a racist attack in 2005. Stars Toheeb Jimoh, Julia Brown and Rakie Ayola. *See feature, page 12*. (S)(AD)

9 PM

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.45 Enterprice
New episode *Crazy South:* 2/5. Kazim and Jeremiah record a promotional song for their business. (S2) (S)

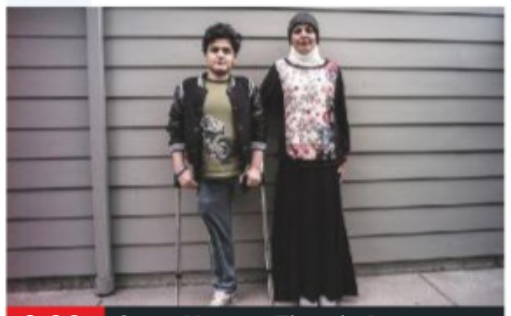
11.10 **Canada's Drag Race** New edition 4/10. The contestants take on an eco-inspired design challenge. (S)
12.10 AM **Peter Crouch: Save Our Summer** 8/8. Jamie Redknapp and Mo Farah go head-to-head in a Sporting Fix finale. (S)(R)
12.55 **Weather for the Week Ahead** (S)
1.00 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **The Repair Shop: Fixing Britain** A tram seat. (S)(R)(AD)
7.15 **Food: Truth or Scare** (S)(R)
8.00 **Sign Zone: Antiques Roadshow** From Piece Hall in Halifax. (S)(R)
9.00 **Lost Land of the Tiger** (S)(R)
10.00 **BBC News** (S)
1.00 PM **The Boss** Quiz show. (S)(R)
1.45 **David Attenborough's Natural Curiosities** Animals with amazing abilities for finding their way. (S)(R)
2.15 FILM **Laura** Mystery starring Gene Tierney and Dana Andrews. (S) (1944, b/w, PG, 90min) ★★★★★
3.45 **Put Your Money Where Your Mouth Is** In West Sussex. (S)(R)
4.15 **Madagascar** (S)(R)(AD)
5.15 **Flog It!** From Newby Hall. (S)(R)
6.00 **Eggheads** Quiz show. (S)(R)
6.35 **Meerkat Manor** 1/13. Shakespeare is bitten by a snake. (S)(R)(AD)


9.00 Once Upon a Time in Iraq

7.00 Today at the Test: England v West Indies
Action from day four of the third Test in the three-game series, held at Old Trafford. (S)

8.00 Our Friend Victoria
3/6. Michael Ball looks at Victoria Wood's views on sex and relationships. (S)(R)

8.30 University Challenge
New edition Linacre College, Oxford v The Open University. (S)

9.00 Once Upon a Time in Iraq
New edition 3/5. The story of the Battle of Fallujah is told through the eyewitness accounts of reporter Dexter Filkins and photographer Ashley Gilbertson, as well as soldiers and civilians. (S)(AD)

10.00 Mock the Week
With Ed Gamble, Rachel Parris and Kerry Godliman. (S)(R)

10.30 Sorry
Comedy short written by and starring Lolly Adefope. (S)(R)

10.45 Newsnight (S)

11.25 **Weather** (S)
11.30 NEW TO BBC2 **Britannia's Burning: Fire on the Bridge** The story of the blaze that ravaged the railway bridge in 1970. *Previously shown on BBC1 Wales*. (S)
12.30 AM **Sign Zone: Countryfile** (S)(R)
1.30 **Sign Zone: Home Is Where the Art Is** From Shropshire. (S)(R)(AD)
2.15 **Sign Zone: Ambulance** (S)(R)
3.15 **Sign Zone: Celebrity MasterChef** 7/15. With Amar Latif. (S)(R)(AD)
4.15 **to 6.05** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Celebrity interviews and studio debate. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team head to Blackpool, where items include some Moorcroft pottery, a power hammer and a selection of football medals. (S)(R)
3.00 **Tenable** Five Manchester market workers take part. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Coronation Street

7.00 Emmerdale
Cain and Moira grow closer, while Charity is frustrated by another dead end. (S)(AD)

7.30 Coronation Street
Yasmeen wakes up in hospital after a heart attack. (S)(AD)

8.00 Birds of a Feather
Dorien's book group discuss *Crime and Punishment*. (S)(R)

8.30 Coronation Street: Partnerships
New edition 4/8. Classic pairings from the soap. (S)(AD)

9.00 NEW Long Lost Family Special: Born Without Trace – What Happened Next
Catching up with three foundlings to find out how their lives have changed since they discovered the truth about their pasts. (S)(AD)

10.00 ITV News (S)
10.30 Local News (S)
10.45 Broadchurch
8/8. The community struggle to come to terms with revelations surrounding Danny Latimer's death. (S1) (S)(R)(AD)

11.50 **Unforgettable World Cup Goals** A rundown of the best 50 goals from the FIFA World Cup. (S)(R)
12.40 AM **All Elite Wrestling: Dynamite** Hard-hitting action from the world of All Elite Wrestling. (S)
1.30 **Ideal World**
3.00 **Parveen's Indian Kitchen** A guide to authentic Indian food. (S)(SL)(R)
3.50 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 8&9/26. (S10) (S)(R)
7.20 **Everybody Loves Raymond** 14-16/26. (S3) (S)(R)(AD)
8.40 **Frasier** 21&22/24. (S4) (S)(R)(AD)
9.45 **The Big Bang Theory** (S)(R)(AD)
10.35 **Ramsay's Kitchen Nightmares USA** In Colorado. (S)(R)
11.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
2.10 **Countdown: Champion of Champions** Game show. (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** Hampshire couple Kevin and Linda seek a home in Alicante. (S)(R)
5.00 **Four in a Bed** From Oaklea Barns Guest House in Merseyside. (S)(R)
5.30 **Come Dine with Me** (S)(R)
6.00 **The Simpsons** Double bill of the animated comedy. (S)(R)(AD)

9.00 Paramedics: Britain's Lifesavers

7.00 News (S)

8.00 Devon and Cornwall
New edition 4/8. Trawlerman Dave sets out to sea from Brixham in search of cuttlefish, while Mark and Isobelle hope to make a success of their new dairy farm on the edge of Bodmin Moor. (S)(R)(AD)

9.00 Paramedics: Britain's Lifesavers
Series finale 3/3. The paramedics come to the aid of the staff of care homes, where the COVID-19 virus is claiming the lives of many residents. (S)
■ Repeated tomorrow

10.00 NEW TO C4
The Confessions of Thomas Quick
Documentary focusing on Sweden's most notorious serial killer, who openly confessed to a range of crimes. *Previously shown on Apple TV*. (S)(AD)

12.00 M'T **24 Hours in A&E** (S)(R)(AD)
12.55 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.50 **Couples Come Dine with Me**(R)
2.45 **Bake Off: The Professionals** 9/10. The semi-final. (S)(SL)(R)(AD)
3.40 **Kirstie: Keep Crafting and Carry On** An origami project. (S)(SL)(R)
4.35 **The Fantastical Factory of Curious Craft** (S)(SL)(R)(AD)
5.30 **Kirstie's Handmade Treasures**
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Can't Pay? We'll Take It Away!** Parking fines. (S)(R)
12.10 PM **News** (S)
12.15 **Nightmare Tenants, Slum Landlords** (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM PREMIERE A Black Hearted Killer** Thriller. (S) (2020, PG, 105min) ★★
4.00 **Friends** 9&10/24. (S2) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Terese reveals she has bribed a cop. (S)(R)(AD)
6.00 **Home and Away** Ziggy is shocked to see Maggie return with Ben. (S)(R)(AD)
6.30 **News** (S)

9.00 Shoplifters: At War with the...

7.00 Traffic Cops 2/5. Police from Derbyshire are on a campaign to round up criminals on the run, and an officer joins a high-speed pursuit of a man who is wanted across two counties. (S)(R)

8.00 Ultimate Police Interceptors New edition Highlights of the documentary following a specialist pursuit team using an array of cars equipped with technology for catching law-breakers. (S)

9.00 Shoplifters: At War with the Law New edition 3/6. Security personnel at a Coventry shopping centre receive a tip-off from Birmingham that an organised criminal gang are heading their way. (S)

10.00 Police Code Zero: Officer Under Attack 2/4. A PC fights for his life after a driver deliberately runs him down, while an officer tries to persuade a violent man to hand over his distressed baby. (S)(R)

11.05 **FILM Unknown** Conspiracy thriller starring Liam Neeson. (S) (2011, 12, 130min) ★★★
1.15 AM **21.co.uk Live Casino Show**
3.15 **The Yorkshire Vet** (S)(R)
4.00 **Building Britain's Great Canals: A Transport Revolution** (S)(SL)(R)
4.50 **Wildlife SOS** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **House Doctor** (R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal 999** (S)(R)(AD)
7.00 **The Flash** 8/23. (S2) (S)(R)
8.00 **Supergirl** 11/22. (S2) (S)(R)
9.00 **The Simpsons** (S)(R)
10.00 **Brit Cops: Rapid Response** Officers on patrol. (S)(R)(AD)
11.00 **NCIS: Los Angeles** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **Brit Cops: Rapid Response** Documentary. (S)(R)(AD)
4.00 **Modern Family** (S8) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **The Simpsons** *Mom and Pop Art:* Homer becomes an acclaimed artist. (S)(R)
6.00 *Please Homer, Don't Hammer 'Em:* Marge starts a carpentry business. (S)(R)
6.30 *GI (Annoyed Grunt)* Homer is duped into enlisting in the army. (S)(R)

10.00 Crank

7.00 The Simpsons *Moe 'n' a Lisa:* Lisa helps Moe become a poet. (S)(R) **7.30** *Ice-Cream of Margie (With the Light Blue Hair)* Homer is fired from the power plant and becomes an ice-cream man. (S)(R)

8.00 The Simpsons *The Haw-Hawed Couple:* Homer becomes addicted to one of Lisa's books. (S)(R) **8.30** *The Wife Aquatic:* The family go away to Marge's favourite childhood holiday destination. (S)(R)

9.00 A League of Their Own: European Road Trip 4/6. Jamie Redknapp and Andrew Flintoff head to Italy, where they take on a pasta-making challenge before a penalty shoot-out at the San Siro. (S)(R)(AD)

10.00 FILM Crank Thriller with Jason Statham. A hitman learns he has been poisoned by a chemical that will kill him unless he keeps his adrenaline levels at their peak. (2006, 18) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.45 **Condor** 2/10. Joe makes a new discovery in the hunt for the mole. (S2) (S)(R)
12.45 AM **The Force: North East** (R)
1.50 **Road Wars** (S)(R)
2.55 **Brit Cops: Rapid Response** Documentary following police officers on patrol. (S)(R)(AD)
4.00 **Highway Patrol** (S)(R)(AD)
5.00 **Futurama** (S)(R)
5.30 **to 6.00** AM **Animal House** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
7.30-8.00pm Gardening Together with Diarmuid Gavin New edition (S) **10.45** China's Coronavirus Cover-Up – Panorama New edition (S) **11.15** NI on The One Show (S)(R) **11.45** Enterprice New episode (S) **12.10am** Canada's Drag Race New edition (S) **1.10** Peter Crouch: Save Our Summer (S)(R) **1.55-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
3.45-6.00pm LIVE Irish Cup Semi Final (S) **7.00** Our Friend Victoria (S)(R) **7.30 LIVE** Irish Cup Semi Final (S) **10.00-10.30** Tír na nÓg (S)(R) **11.30pm-12.30am** Today at the Test: England v West Indies (S)

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Cymoedd Roy Noble **12.30pm** Heno Aur **1.00** Heno **1.30** Ar Werth (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Ras E-Seiclo Tim Ineos **4.00** Awr Fawr **5.00** Stwnsh **6.00** Clwb Rygbi: Super Rugby Aotearoa **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00 NEW SERIES** Sgwrs Dan y Lloer **8.25** Garddio a Mwy New edition **8.55** Newyddion S4C a'r Tywydd **9.00** Ffermio New edition **9.30** Rygbi: Clasuron Bermuda: 2018 **10.00** Drych **11.00-11.35pm** Nyrsys (AD)

TV&Satellite week
New issue on sale tomorrow

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Egyptian Journeys with Dan Cruickshank** 1/6. The culture of the Ancient Egyptians.
7.30 **The Joy of Painting** New edition 5/52. A scene that emphasises a slow river winding through foliage.
8.00 **The Golden Age of Steam Railways** 1/2. A bid to rescue Britain's narrow-gauge railways.
9.00 **Thailand: Earth's Tropical Paradise** 1/3. The wildlife and culture of the nation.
10.00 **Jet Set – Timeshift** The jet set's glamorous heyday.
10.40 **Games Britannia** 2/3. The social and political impact of board games in Britain.
11.40 **Dan Cruickshank: At Home with the British**
12.40 AM **A History of Art in Three Colours** 3/3. A look at white's perceived values.
1.40 **The Joy of Painting**
2.10 **Egyptian Journeys with Dan Cruickshank**
2.40 **to 3.40** AM **Thailand: Earth's Tropical Paradise**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.15 **A Place in the Sun: Winter Sun** In Florida.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: DIY**
1.15 **Building the Dream**
2.20 **Four in a Bed** Five editions.
4.55 **The Secret Life of the Zoo** Endangered black rhino Kitani meets a new mate.
5.55 **The Supervet**
6.55 **Escape to the Chateau: DIY** Paul and Karen rent out their chateau as a holiday gite, while the Strawbridges try to keep costs down when shopping for baths.
7.55 **Grand Designs** An intrepid pair want to build a New Zealand-style hill house in Worcestershire.
9.00 **Car S.O.S** The duo travel to Leicestershire to rescue a Jaguar E-Type.
10.00 **24 Hours in A&E** A father and son arrive with life-threatening injuries caused when they were attacked at a family birthday party by gatecrashers, one of whom was armed with a samurai sword.
11.05 **The World's Most Extreme** The natural forces that shape the world.
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **Building the Dream**
2.15 **24 Hours in A&E**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Ellen DeGeneres**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.00 **You've Been Framed!**
9.25 **Supermarket Sweep**
10.25 **Ellen's Game of Games**
11.20 **Dress to Impress**
12.25 PM **Emmerdale**
12.55 **Coronation Street**
1.30 **You've Been Framed!**
2.00 **Ellen DeGeneres Show**
2.55 **Ellen's Game of Games** New edition Game show.
3.50 **Supermarket Sweep**
4.55 **Dress to Impress**
6.00 **You've Been Framed! Gold** Four editions.
8.00 **Roswell, New Mexico** Series finale 13/13. Liz realises she can't save everyone she loves from the threat at CrashCon. (S2)
9.00 **Family Guy** *Extra Large Medium:* 12/22. Peter and Lois visit a psychic. **9.30** *Go, Stewie, Go:* 13/22. Stewie has a TV audition. **10.00** *Peter-Assment:* 15/22. Peter decides to become a paparazzo. (S8) **10.30** *Meg & Quagmire:* 10/23. Meg and Quagmire become a couple. (S10)
11.00 **Family Guy**
11.30 **American Dad!**
12.25 AM **The Cleveland Show**
1.25 **Through the Keyhole**
2.30 **to 3.25** AM **Release the Hounds: Famous & Freaked**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **The Goldbergs**
7.00 **Couples Come Dine with Me** Essex couples compete.
8.00 **Don't Tell the Bride**
9.00 **Married at First Sight Australia**
10.30 **Melissa & Joey**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **The Goldbergs**
4.00 **Brooklyn Nine-Nine**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory**
7.00 NEW SERIES **Hollyoaks@25** Jennifer Metcalfe and Nick Pickard introduce a 1999 episode.
7.30 **Married at First Sight Australia** New edition Nadia questions Anthony's integrity, while Simon and Alene reveal that they more than like each other.
9.00 **Supernanny USA** New edition Jo Frost helps a struggling military family.
10.00 NEW SERIES **Celebs Go Virtual Dating** Famous faces go on socially distanced dates.
10.35 **First Dates**
11.40 **Buffy the Vampire Slayer**
1.40 AM **The Big Bang Theory**
2.30 **Gogglebox**
3.25 **Supernanny USA**
4.15 **Don't Tell the Bride**
5.05 **to 6.00** AM **Couples Come Dine with Me**

+1 hour 235 | 146 | 28 | 123

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **UK Border Force**
10.00 **Blue Bloods** 16/22. (S2)
11.00 **Elementary** 21/24. (S3)
12.00 NOON **Law & Order** 13/24. Briscoe and Green investigate the case of a gay man beaten to death during the abduction of his adopted son. (S11)
1.00 PM **Blue Bloods** 17/22. (S2)
2.00 **CSI** 12/23. (S4)
3.00 **Paramedics: Australia** (S2)
4.00 **Nothing to Declare**

7.00 Paramedics Australia

7 PM

7.00 Paramedics Australia New edition Following Australia's emergency service heroes as they battle to save lives.

8 PM

8.00 Ghost Whisperer *Dead Man's Ridge:* 16/22. Melinda helps Andrea's friend find his missing brother. (S1)

9 PM

9.00 Criminal Minds *False Flag:* 9/22. Two members of a Roswell conspiracy group die in quick succession. (S13)

10 PM

10.00 The InBetween *Where the Shadows Fall:* 3/10. Cassie encounters the spirit of a young boy in need of help. (S1)
11.00 **Criminal Minds** 9/24. (S9)
12.00 M'T **Ghost Whisperer** (S1)
1.00 AM **9-1-1** 10/18. (S3)
2.00 **Coroner** 7/8. (S1)
3.00 **Elementary** 20/24. (S3)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** From Ireland.
7.00 **Fish Town**
8.00 **The British**
9.00 **Elementary** 5/24. (S2)
10.00 **CSI** Triple bill. (S8&9)
1.00 PM **Elementary** 6/24. (S2)
2.00 **Blue Bloods** 1&2/22. (S4)
4.00 **CSI** 4/24. A drug baron's daughter is found dead. **5.00** 5/24. A murder is linked to sadomasochism. **6.00** 6/24. The team searches for a child who witnessed a murder. (S9)

9.00 Perry Mason

7.00 Blue Bloods *To Protect and Serve:* 3/22. The suspect in a murder trial holds Erin's courtroom at gunpoint.

8.00 Blue Bloods *The Truth About Lying:* 4/22. Frank clashes with the NYPD's new inspector general. With Bebe Neuwirth. (S4)

9.00 Perry Mason New episode *Chapter 6:* 6/8. Origin story of the famed criminal defence lawyer, starring Matthew Rhys. (S1)

10.10 True Blood *Burning Down the House:* 10/12. Sookie manages to reverse Eric's memory loss. (S4)
11.20 **True Blood** 11/12. Sookie tries to thwart Marnie's plan to bewitch Bill, Eric and Pam into a suicide march. (S4)
12.30 AM **Dexter** 9/12. (S5)
1.40 **The Plot Against America** 3&4/6. Double bill. (S1)
4.00 **to 6.00** AM **Urban Secrets**

+1 hour 208

GOLD

110 110 810 124 310 392

7.30 AM **Citizen Khan**
8.00 **Keeping Up Appearances**
8.40 **Porridge**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
12.00 NOON **Keeping Up...**
12.40 PM **Dad's Army**
1.20 **Porridge**
2.00 **Are You Being Served?**
2.40 **Keeping Up Appearances**
3.20 **Dad's Army**
4.00 **Last of the Summer Wine**
6.00 **Are You Being Served?**
6.40 **Porridge**

8.40 Gavin & Stacey

7.20 Dad's Army Captain Mainwaring puts the defence of the realm before personal pride.

8.00 Dad's Army Mainwaring discovers he is not a commissioned officer.

8.40 Gavin & Stacey The wedding day arrives, and Nessa debates whether to share her big secret.

9.15 Live at the Apollo Alan Carr introduces stand-up routines from Francesca Martinez and Nish Kumar.

10.20 Peep Show Mark tries to stop Jeremy and Nancy getting married.
10.55 Smack the Pony
11.25 **Smack the Pony**
12.00 M'T **Smack the Pony**
12.30 AM **Live at the Apollo** As shown at 9.15pm.
1.30 **Peep Show** As 10.20pm.
2.05 **Green Wing**
2.55 **to 4.00** AM **My Favourite Sketch**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.00 **Heartbeat**
9.05 **Bless This House**
9.35 **Rising Damp**
10.05 **That's My Boy**
10.40 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple**
5.55 **Heartbeat** *Mackerel Sky:* An ex-con with a score to settle arrives in the village.

11.00 Scott & Bailey

7.00 Agatha Christie's Poirot *The Adventure of the Western Star:* A Belgian film star receives a series of mysterious threats.

8.00 Endeavour *Confection:* A chocolate factory owner is murdered during a fox hunt. When a couple from a nearby village are also found dead, Endeavour uncovers a vicious campaign of gossip and rumour.

10.00 Law & Order: UK *Sacrifice:* 4/6. A man is attacked and his kidney is surgically removed. Guest stars Denis Lawson. (S2)
11.00 **Scott & Bailey** 5/8. Janet comes face-to-face with the man who left her fighting for life just months earlier – serial killer Geoff Hastings. (S2)
12.00 M'T **Inspector Morse**
2.15 **to 3.25** AM **Agatha Christie's Poirot**

+1 hour 219 174 58 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.15 **Robin of Sherwood**
8.15 **Dempsey and Makepeace**
9.20 **Minder**
10.20 **The Professionals**
11.25 **The Sweeney**
12.30 PM **The Saint**
1.35 **Robin of Sherwood**
2.40 **Dempsey and Makepeace**
3.45 **Minder**
4.50 **World of Sport**
5.15 **European Cup Revisited** New edition Manchester United v Benfica from 1968.

9.00 Harry's Heroes...

European Cup Revisited (started at 5.15pm)

8.00 European Cup Winners Charting the emergence of Liverpool as a football super power under manager Bob Paisley.

9.00 Harry's Heroes: Euro Having a Laugh 1/3. Harry Redknapp takes his team of ex-England players on a European tour, beginning in France.

10.35 FILM **Metro** Action thriller with Eddie Murphy. (1997, 18, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.55 AM **Car Crash Global: Caught on Camera** Dash-cam video footage of a host of astonishing accidents, spectacular smashes and enthralling escapes from roads all over the world.
1.55 **to 2.55** AM **Minder**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As BBC2 except:**
12.00 NOON **This Is BBC Scotland**
1.30 PM **Sign Zone: The Last Explorers**
2.30 **Sign Zone: Beechgrove**
3.00 **Sign Zone: Great Escapes with Colin and Justin**
3.25 **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Beechgrove**
7.30 **Mini Disco Divas**
8.00 **Scottish Vets Down Under** New edition An attacked possum.
8.30 **Fish Town**
9.00 **The Nine**
10.00 **River City Rewind** New episode Gabriel tries to get rid of Sean.
11.00 **Rewind 2000s**
11.15 NEW **Spoken Word** A selection of short films featuring poets.
11.45 PM **to 12.15** AM NEW **Red Hill**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules**
12.00 NOON **The Chef's Line**
1.00 PM **America's Next Top Model** Double bill.
3.00 **Babylon 5** (S5)
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S6)
8.00 **MacGyver** *Fire & Ashes & Legacy = Phoenix:* 1/20. Return of the action adventure. (S4)
9.00 **S.W.A.T.** *Fire in the Sky:* 1/21. Return of the crime drama. (S3)
10.00 **NCIS: Los Angeles** *Random on Purpose:* 9/24. Abby Sciuto from the Washington office helps in the hunt for a serial killer. (S1)
11.00 **Sun, Sea and A&E**
2.00 AM **Duck Quacks Don't Echo** With Gabby Logan.
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Neighbourhood Blues**
12.00 NOON **Motorway Patrol**
1.00 PM **Road Wars**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security USA**
5.00 **Neighbourhood Blues**
6.00 **Star Trek: The Next Generation** 2/26. (S6)
7.00 **Hawaii Five-0**
8.00 **Merlin** 4/13. (S5)
9.00 **Britain's Most Evil Killers** The crimes of Peter Sutcliffe.
10.00 **Killer Colleagues**
11.00 **CSI** 18/25. (S5)
12.00 M'T **Brit Cops: War on Crime**
1.00 AM **Road Wars**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Last Stop Garage**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
12.00 NOON **Cop Car Workshop**
1.00 PM **Abandoned Engineering**
2.00 **Eddie Eats America**
3.00 **Rick Stein: From Venice to Istanbul**
4.00 **Top Gear** Double bill.
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.40 **Would I Lie to You?**
9.00 **Live at the Apollo** With Rich Hall, Mark Watson and Andrew Maxwell.
10.00 **QI** Double bill.
11.20 **Taskmaster**
12.20 AM **Mock the Week**
1.00 **Would I Lie to You?**
1.40 **Red Dwarf** 4/6. (S5)
2.15 **QI** With Julia Zemiro.
2.50 **Red Dwarf** 5/6. (S11)
3.30 **to 4.00** AM **The Indestructibles**

+1 hour 211 131

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Bob's Burgers**
10.00 **Everybody Loves Raymond** (S3)
11.00 **The King of Queens**
12.00 NOON **My Wife and Kids**
1.00 PM **Friends** (S9)
8.00 **Fresh Off the Boat** 3&4/19. (S4)
9.00 **Naughty Toddlers Make You Laugh Out Loud** Compilation of amusing clips of toddlers appearing on the internet.
10.00 **Bob's Burgers** New episodes 15/22. Linda and Tina agree to help Gayle with her new workshop. **10.30** 16/22. Linda and Teddy dye all of the food and drink in the restaurant green. (S10)
11.00 **Jason Manford Live**
12.00 M'T **Russell Howard's Good News**
2.00 AM **South Park** (S8)
3.25 **to 5.00** AM **Friends**

+1 hour 212 133 119

ITV Be

131 119 179 26 118

7.00 AM **The Bachelor USA**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **Real Housewives of Beverly Hills**
1.25 **Million Dollar Listing: NYC** Ryan ponders a risky career move.
2.30 **The Only Way Is Essex**
3.10 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date** With Chaand from London.
9.00 **Chrisley Knows Best**
10.00 **Botched by Nature** A young mother born with pectus excavatum has difficulty with her worsening condition.
11.00 **Marriage Boot Camp: Reality Stars**
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S2)
9.00 **Father Brown** As 10.00pm.
10.00 **New Tricks** As 11.00pm.
12.00 NOON **Major Crimes** (S4)
1.00 PM **Unforgettable** 18/22. (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** (S2)
3.00 **Murdoch Mysteries** 6/19. A politician is poisoned. **4.00** 7/19. Murdoch looks into a 30-year-old murder. **5.00** 8/19. A student dies in a professor's opium den. (S9)
6.00 **Major Crimes** 8/23. The team work with an FBI agent. (S4)

9.00 Unforgettable

7.00 **Unforgettable** *End Games:* 21/22. When Morgan is found dead, Carrie finds herself under suspicion of murder. (S1)
8.00 **Shakespeare & Hathaway – Private Investigators** 7/10. The duo investigate a missing persons case. (S2)
9.00 **Unforgettable** *About Face:* 11/13. The death of a homeless man exposes a kidnapping and murder. (S4)
10.00 **Father Brown** *The Two Deaths of Hercule Flambeau:* The sleuth races to protect the Iron Crown of Lombardy.
11.00 **New Tricks** *Roots*: The team and their new boss investigate an immigrant's murder. **12.10** AM *Wild Justice:* An investigation leaves Sasha facing a moral dilemma.
1.20 **Murdoch Mysteries** (S11)
3.10 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **Star Trek: Voyager** (S5)
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S5)
1.00 PM **Star Trek: Voyager** (S5)
3.00 **Star Trek: Deep Space Nine**
5.00 **Star Trek: The Next Generation** *Disaster:* 5/26. Troi takes over as captain after Picard becomes trapped in a lift following a collision between the *Enterprise* and a quantum filament. **6.00** *The Game:* 6/26. The crew become addicted to a dangerous new game. (S5)

9.00 The Thing

7.00 **Marvel's Runaways** *Metamorphosis:* 6/10. The kids try to get footage of the Pride's past sacrifices from their computers. (S1)
8.00 **Project Blue Book** *The Green Fireballs:* 6/10. A missile base comes close to being completely destroyed. (S1)
9.00 **Fact or Faked: Paranormal Files** Reports of a ghostly figure seated in the balcony of a theatre.
9.00 **FILM The Thing** Sci-fi horror thriller starring Mary Elizabeth Winstead. (2011, 15, 102min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Star Trek: The Next Generation** As 5pm & 6pm.
2.00 **Fact or Faked: Paranormal Files** A UFO sighting.
3.00 **Spides** 6/8. (S1)
4.00 **Marvel's Runaways** As 7pm.
5.00 **to 6.00** AM **Project Blue Book**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.15 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Who Do You Think You Are?**
12.00 NOON **My Dream Home**
1.00 PM **Tipping Point** Triple bill.
4.00 **My Dream Home** Drew and Jonathan Scott help a couple to find a suburban home close to family. **5.00** The duo help a couple find a property in their preferred school district.
6.00 **Tipping Point** Game show hosted by Ben Shephard.

7.00 Top Chef

7.00 **Top Chef** New edition 11/14. Padma Lakshmi hosts as America's most promising chefs compete against one another.
8.00 **Inside the Ambulance** A girl is reluctant to let paramedics examine her cut head, and a student needs medical help.
9.00 **Emma Willis: Delivering Babies** Emma works as a maternity care assistant and learns about the daily routines of midwives.
10.00 **One Born Every Minute Australia** Following returning parents Joan and Frank who are expecting their fifth child.
11.00 **Inside the Ambulance** A girl suffers life-threatening breathing difficulties, and a man experiences chest pains.
12.00 M'T **One Born Every Minute**
1.00 AM **Amazing Hotels: Life Beyond the Lobby**
1.50 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S2)
10.30 **30 Rock** Triple bill. (S6)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S2)
2.30 **Everybody Hates Chris** (S4)
3.30 **Parks and Recreation** (S2)
5.00 **30 Rock** 14/22. Jack and Liz have a difference of opinion. **5.30** 15/22. Tracy accepts a film role just to pay his taxes. **6.00** 16/22. Liz fills out a self-evaluation form. (S6)
6.30 **Modern Family** 5/24. (S2)

9.00 Miracle Workers: Dark...

7.00 **Modern Family** (S2)
7.30 **The Mindy Project** 16/22. Mindy discovers a video of her and ex-boyfriend Tom on the internet. (S2)
8.00 **The Mindy Project** 17/22. Danny and Mindy begin dating. **8.30** 18/22. Mindy idolises a doctor. (S2)
9.00 **Miracle Workers: Dark Ages** New episode *Road Trip:* 3/10. (S2)
9.30 **Flight of the Conchords** 8/10. Guest stars Lucy Lawless. (S2)
10.05 **Last Week Tonight with John Oliver** New edition
10.40 **Girls** 1/10. Shoshanna gets a reality check. (S4)
11.15 **Girls** 2/10. Hannah settles into life in Iowa and attends her first writers' workshop seminar, where she receives unexpected feedback. (S4)
11.50 **Entourage** 20/20. (S3)
12.30 AM **Vice Principals** 2/9. (S2)
1.10 **Bored to Death** 8/8. (S3)
1.50 **Parks and Recreation** (S2)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S4)
9.00 **Bones** 18/22. (S11)
10.00 **Bull** 13/22. (S3)
11.00 **NCIS** 14/24. (S13)
12.00 NOON **Bones** (S11)
2.00 PM **The Mentalist** 1/22. (S5)
3.00 **NCIS** 19/24. (S13)
4.00 **Bull** 14/22. (S3)
5.00 **Bones** 21/22. The team investigate why a precious diamond was found in a corpse's mouth. (S11)
6.00 **The Mentalist** 2/22. Jane meets a girl who claims to be his daughter. (S5)

5.00 Bones

7.00 **NCIS** *React:* 15/24. The Secretary of the Navy's daughter is kidnapped. Guest stars Leslie Hope and Christina Chang.
8.00 **NCIS** *Loose Cannons:* 16/24. Gibbs' surgeon, Dr Cyril Taft, helps the team investigate a raid on a naval base.
9.00 **NCIS** *After Hours:* 17/24. A seemingly simple case continues to haunt the agents after it has been closed. (S13)
10.00 **NCIS: New Orleans** *Crab Mentality:* 15/24. The team investigate murders linked to a construction company. (S5)
11.00 **American Dad!** (S4)
12.00 M'T **Family Guy** (S11)
12.30 AM **Family Guy** (S11)
1.00 **American Dad!** (S4)
2.00 **Family Guy** (S11&12)
3.00 **American Dad!** (S4)
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Monday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 19/24. (S1)
7.10 **Hart to Hart** (S1)
9.10 **Days of Our Lives**
10.00 **Hart to Hart** 5/23. (S1)
11.00 **Murder, She Wrote**
12.00 NOON **Due South** (S1)
1.00 PM **Hart to Hart** (S1)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** 15/24. Frank proposes to Hot Lips. **7.30** 16/24. Henry must deliver a sex education lecture. (S3)
8.00 **Randall and Hopkirk (Deceased)** *When the Spirit Moves You:* 16/26. A big-time crook threatens Jeff. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H** (S10)
2.00 **Charlie's Angels** (S5)
3.00 **M*A*S*H** 17/24. (S3)
3.30 **Due South** 3/26. (S3)
4.15 **Sony Movie News Extra**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Celtic Woman: Songs from the Heart**
7.45 **Bob Fosse: It's Showtime**
9.00 **Tales of the Unexpected**
10.00 **Portrait Artist of the Year 2017**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Comedy Legends**
3.00 **Portrait Artist of the Year 2017**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **NEW Exhibition on Screen** Artist Hieronymus Bosch.
8.00 **Portrait Artist of the Year 2020**
9.00 **André Rieu: Welcome to My World**
10.00 **Frank Sinatra: The Voice of America**
12.00 M'T **Ludovico Einaudi: Elements – Live**
1.15 AM **Comedy Legends**
2.15 **Discovering**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **Four in a Bed**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** (S4)
4.00 **Ramsay's Kitchen Nightmares USA**
5.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Location, Location, Location** From York.
9.00 **George Clarke's Amazing Spaces**
10.00 **The Real EastEnders** The world as seen through the eyes of children growing up on the Isle of Dogs.
11.05 **Paramedics: Britain's Lifesavers**
12.10 AM **How to Build British: The London Cab**
1.15 **Devon and Cornwall**
2.20 **Jimmy's Forest**
3.20 **A Place in the Sun**
4.15 **to 4.45** AM **Four in a Bed**

5USA

141 141 153 21 129

9.00 AM **Access**
9.10 **Rookie Blue**
11.10 **Law & Order**
1.05 PM **Law & Order**
5.05 **NCIS** 22&23/24. (S13)
7.00 **NCIS: New Orleans** *Aftershocks:* 1/24. A sniper targets events across New Orleans. **8.00** *Suspicious Minds:* 2/24. A navy intelligence analyst is implicated in a murder. (S3)
9.00 **NCIS** *Keep Your Friends Close:* 14/24. The team are forced to work with former FBI agent Tobias Fornell. (S15)
10.00 **Law & Order: Special Victims Unit** *Stocks and Bondage:* 9/22. An investment analyst is found hanged. (S1)
10.55 **Law & Order: Special Victims Unit** (S1&18)
1.50 AM **Castle** (S7)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **Will & Grace**
9.10 **My Wife and Kids**
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Benefits Britain: Life on the Dole** Double bill.
9.00 **FILM The Hunger Games** Sci-fi adventure based on the novel by Suzanne Collins, starring Jennifer Lawrence. In a nightmarish future America, a 16-year-old girl volunteers to take her sister's place in a savage televised tournament. (2012, 12, 136min) ★★★★
11.45 **Skin A&E** Double bill.
1.45 AM **Shoplifters & Proud**
2.50 **Will & Grace** (S8)
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Howard decides to leave Pearl.
8.00 **Death in Paradise** *The Complex Murder:* 1/8. An environmentalist is shot dead on his boat. **9.20** *One For the Road:* 2/8. The island's governor is poisoned at her leaving party. (S5)
10.40 **New Tricks**
12.00 M'T **Silent Witness**
2.10 AM **The Bill**
3.10 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBS Drama

147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 10/25. (S4)
12.00 NOON **CSI: NY** (S2)
12.55 PM **The High Chaparral**
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *About Last Night:* 4/19. Allison suspects she has committed a crime. (S5)
10.00 **CSI: Miami** *Payback:* 11/25. Horatio hunts for a rapist. (S4)
11.00 **Unsolved Mysteries** The stories of a casino owner who suffered a gruesome fate and a swimming pool that provided vital evidence in cracking an unsolved murder case.
12.00 M'T **Judge Judy**
1.00 AM **ER** 7/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Hoarders**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** 10/30. (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 22/26. (S3)
2.05 **CSI: Miami** 8/21. (S6)
3.00 **NCIS** 2/24. (S12)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** 11/30. (S1)
6.00 **Perry Mason**
7.05 **NCIS** 5/24. (S11)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *Enemies Domestic:* 9/24. The safe house is attacked and Eli goes missing. (S8)
10.00 **NCIS: Los Angeles** *Patriot Acts:* 20/24. A former Marine is suspected of creating a chemical bomb. (S3)
11.00 **NCIS** 6/24. (S11)
12.00 M'T **CSI: Miami** (S6)
1.00 AM **NCIS** (S8&11)
3.00 **Walker, Texas Ranger**
3.50 **The Fugitive** (S1)
4.40 **Mission: Impossible**
5.30 **to 6.00** AM **Dog Patrol**

Challenge

160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
2.30 **Deal or No Deal** High-stakes game show with Noel Edmonds.
4.00 **Weakest Link**
5.00 **The Cube** *Loose Women*'s Sherrie Hewson and Lisa Maxwell and former co-panellist Denise Welch take on the Cube.
6.00 **Pointless** Quiz hosted by Alexander Armstrong.
7.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **Weakest Link**
5.00 **to 6.00** AM **Pointless**

Comedy Central Extra

127 182 308

6.00 AM **Friends**
7.00 **Teleshopping**
9.00 **Wipeout USA**
11.00 **Friends**
1.00 PM **Bob's Burgers**
2.15 **Two and a Half Men**
3.10 **The King of Queens**
5.00 **The Middle**
7.00 **Everybody Loves Raymond** 7-10/24. (S4)
9.00 **Russell Howard's Good News** The comedian's perspective on the news.
10.00 **South Park** 2/14. Jimmy buys steroids for the Special Olympics. (S8) **10.30** 5/14. Kyle works with Cartman on his latest venture. (S15)
11.00 **South Park**
12.00 M'T **Bob's Burgers**
1.00 AM **South Park**
2.00 **Kevin Bridges Live**
3.00 **Russell's Good News**
3.45 **Tosh.0**
4.05 **Bob's Burgers**
4.30 **South Park**
5.15 **to 6.00** AM **The Middle**

Sky Documentaries

114 114 814 277 353 368

6.00 AM **Battle of the Sexes**
7.40 **My Icon: Libby Clegg**
8.00 **Richard E Grant's Hotel Secrets** In Berlin.
9.00 **Discovering: Doris Day**
10.00 **The Directors**
11.00 **Harrow: A Very British School**
12.00 NOON **The Guest Wing**
1.00 PM **Richard E Grant's...**
2.00 **Elvis Presley: The Searcher**
4.00 **Discovering**
5.00 **The Directors**
6.00 **Harrow: A Very...**
7.00 **The Guest Wing**
8.00 **The Seventies**
9.00 **NEW Kill Chain: The Cyber War on America's Elections**
10.45 **Pariah: The Lives and Death of Sonny Liston**
12.45 AM **FILM The Act of Killing** Documentary. (2012, 15) ★★★★
3.15 **PL Legends: Di Canio**
4.00 **Discovering**
5.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

Sky Nature

130 130 893 279 385 372

6.00 AM **The Wild Wild East** New editions
7.00 **Monkey Life**
8.00 **NEW SERIES Wild Latin America**
9.00 **Kenya Wildlife Diaries**
10.00 **NEW SERIES Wild Castles**
11.00 **Arctic Secrets**
12.00 NOON **NEW SERIES Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Wild Latin America**
3.00 **Kenya Wildlife Diaries**
4.00 **Wild Castles**
5.00 **Arctic Secrets**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **Into the Wild: India** New edition
9.00 **Brazil Untamed** New edition
10.00 **Africa's Wild Horizons**
11.00 **Arctic Secrets**
12.00 M'T **Macro Worlds**
1.00 AM **Land of Primates**
2.00 **Into the Wild: India**
3.00 **to 6.00** AM **Highlights**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
9.00 **Total Bellas**
10.00 **Botched**
11.00 **Keeping Up with the Kardashians**
3.00 PM **Kourtney and Kim Take Miami**
4.00 **Hollywood Medium with Tyler Henry**
6.00 **Keeping Up with the Kardashians** Six editions, including at: **9.00** Kourtney takes her grudge against Kris to a new level.
10.00 **Botched** A top executive wants to downsize her million-dollar breasts. **11.00** Terry Dubrow has his hands full with an reality star's real-world uni-boob situation.
12.00 M'T **Temptation Island**
1.00 AM **Wags Miami**
2.00 **Teleshopping**
3.00 **Mariah's World**
4.00 **to 5.00** AM **Total Divas**

Food Network

140 285 41 148

6.00 AM **Friday Night Feast**
7.00 **Trisha's Southern Kitchen** New editions
8.00 **Giada Entertains**
9.00 **Val's Home Cooking**
10.00 **Girl Meets Farm**
12.00 NOON **Friday Night Feast** Double bill.
2.00 PM **Martin: Delicious**
3.00 **Ainsley's Market Menu**
4.00 **Burgers, Brew & 'Que** New editions
5.00 **The Pioneer Woman**
5.30 **The Pioneer Woman: Home Sweet Home** New edition
6.00 **Hugh's Scandimania**
7.00 **Rachel Khoo's Simple Pleasures** Double bill.
8.00 **River Cottage: Summer's Here**
9.00 **Bikers' Mississippi**
10.00 **Bikers' Best of British**
11.00 **Mystery Diners**
12.00 M'T **Man v Food**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Flipping Virgins**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **19 Kids & Outnumbered: Bringing Up Bates**
11.45 **Police Patrol**
1.10 PM **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins** New editions Double bill.
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** New editions Double bill.
9.30 **Knightfall**
10.30 **Storage Wars**
11.20 **Hardcore Pawn**
12.15 AM **Pawn Stars**
12.45 **Police Patrol**
1.40 **Flipping Virgins**
2.35 **Hardcore Pawn**
3.30 **to 4.00** AM **Police Patrol**

Paramount Network

150 187 150 31 132

9.10 AM **The A-Team**
10.10 **Knight Rider** 8/24. (S2)
11.15 **FILM Chuka** Western. (1967, PG, 105min) ★★
1.25 PM **FILM The Key** World War Two melodrama. (1958, b/w, 12, 134min) ★★★
4.00 **The A-Team** (S5)
6.00 **Traffic Cops**
7.00 **Police Interceptors**
8.00 **Trucking Hell** New edition Men and women working in the heavy recovery business.
9.00 **FILM The Glimmer Man** Action thriller starring Steven Seagal. (1996, 18, 91min) ★
10.50 **FILM Force of Execution** Thriller. (2013, 15, 95min) ★★
12.55 AM **19-2**
2.55 **Airwolf**
3.50 **Star**
4.35 **Now That's Funny!**
5.25 **Criminals: Caught on Camera** CCTV footage.
5.50 **to 6.00** AM **Access**

Sky Crime

121 121 819 136 135

6.00 AM **Road Wars**
7.00 **Highway Patrol**
8.00 **Canada's Front Line**
9.00 **Send in the Dogs**
10.00 **Road Wars**
11.00 **Brit Cops: Rapid Response**
12.00 NOON **Highway Patrol**
1.00 PM **Killer Families**
2.00 **How I Caught the Killer**
3.00 **Nothing to Declare**
4.00 **Road Wars**
5.00 **Brit Cops: Rapid Response**
6.00 **Murder of Diane Kyne**
7.00 **Snapped**
8.00 **Killer Lovers**
9.00 **NEW SERIES A Wedding and a Murder**
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **World's Most Evil**
2.00 AM **Snapped**
3.00 **Killer Lovers**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A woman is thought to have accidentally shot herself in the head. **7.30** A woman dies after appearing to suffer side-effects from prescribed drugs.
8.00 **Something's Killing Me** A man abruptly became ill when he experienced seizures and his skin turned yellow.
9.00 **It Takes a Killer**
10.00 **The Mind of a Murderer** Dr Michelle Ward delves into the case of Jason Bohn.
11.00 **Murderers and Their Mothers**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Mind of a Murderer**
3.00 **City in Fear**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Countryside 999**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** In Cornwall.
9.00 **A Place in the Sun: Winter Sun**
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer** As 8.00am.
2.00 **Escape to the Country**
3.00 **Countryside 999**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **Ambulance**
10.00 **Helicopter ER** New edition The medics tend to a 37-year-old runner who has collapsed.
11.00 **Paranormal Lockdown with Nick Groff**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
9.00 **Conspiracy Files: Unsealed** Double bill.
10.00 **Ancient Aliens**
11.00 **Air Emergency**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
4.00 **Alien Files: Unsealed**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers**
9.00 **WW2 Treasure Hunters** In Belgium.
10.00 **Storage Wars**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Wicked Tuna**
4.00 **Mountain Men**
5.00 **to 6.00** AM **Storage Wars: Texas**

TLC

133 133 827 167 323 377

6.00 AM **Randy's Wedding Rescue**
7.00 **Say Yes to the Dress: Randy Knows Best**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes... Australia**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Sweet Home Sextuplets** New edition
9.00 **Say Yes... Atlanta**
10.00 **Cake Boss**
11.00 **Dr Pimple Popper**
12.00 M'T **Sweet Home Sextuplets**
1.00 AM **Say Yes... Atlanta**
2.00 **Cake Boss**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT

153 152 54 133

9.10 AM **FILM Deadly B&B** Thriller with Aria Pullman and Angie Patterson. (2018, 12, 90min) ★
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Dog Rescuers with Alan Davies**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Our Yorkshire Farm**
10.00 **Secret Scotland with Susan Calman**
11.00 **The Dog Rescuers with Alan Davies**
1.00 AM **Conspiracy: The Lockerbie Plot**
2.00 **World's Deadliest Weather: Caught on Camera**
3.00 **Building Britain's Railways with Chris Tarrant**
3.50 **to 4.00** AM **Access**

Quest

144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **The Salvager**
7.10 **Deadliest Catch**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **The Repair Shop**
11.00 **Chasing Classic Cars**
12.00 NOON **Goblin Works Garage**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **MotoGP 2020 Highlights** New edition
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters** New edition
10.00 **Gold Divers**
11.00 **EFL on Quest**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **Desert Car Kings**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **French Collection**
8.00 **Posh Pawn**
9.00 **Animal Cops Phoenix**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **True Crime with Aphrodite Jones**
4.00 **Say Yes to the Dress: UK** Six editions.
7.00 **Long Lost Family US**
8.00 **The Nolans Go Cruising** The siblings explore Marseille.
9.00 **Sister Wives**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **FBI Case Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

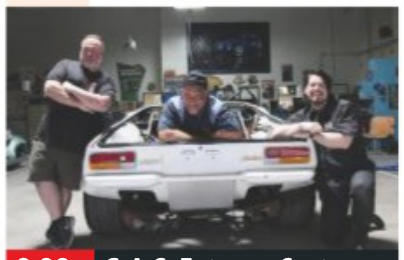
+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Richard Hammond's Big**
8.00 **Insane Pools: Off the Deep End** A couple's dream pool.
9.00 **Alaska: The Last Frontier**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**



9.00 G.A.S. Extreme Customs

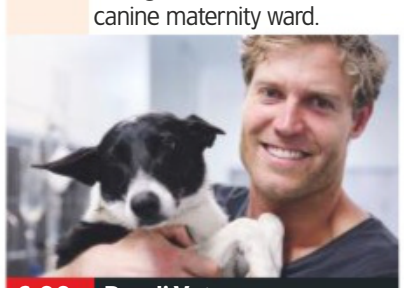
7.00 **Outback Truckers** A delayed flight to an Outback town threatens to leave a mobile heart clinic without a doctor.
8.00 **Texas Metal** Bill and the gang are back under the hood of the 2018 Camaro ZL1, rebuilding the engine to add more power.
9.00 **G.A.S. Extreme Customs** New edition Comedian Jeff Dunham wants period-correct parts for his rare 1970s sports van.
10.00 **Street Outlaws: Memphis** New edition Ronnie Pace and his team from Texas call out JJ and MSO.
11.00 **Fast N' Loud**
12.00 M'T **G.A.S. Extreme Customs**
1.00 AM **Street Outlaws: Memphis**
2.00 **Deadliest Catch**
3.00 **G.A.S. Extreme Customs**
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cops Detroit**
7.00 **Miami Animal Police**
8.00 **Pit Bulls & Parolees**
10.00 **Amanda to the Rescue**
12.00 NOON **Air Jaws 2**
1.00 PM **My Cat from Hell**
2.00 **How Do Animals Do That**
2.30 **Dogs 101: New Tricks**
3.00 **Miami Animal Police**
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **The Zoo**
6.00 **Bondi Vet** Chris has an all-night marathon in a canine maternity ward.



6.00 Bondi Vet

7.00 **Animal Cops Philadelphia** A group of rookies learn the ropes at SPCA's Humane Law Enforcement.
8.00 **Alaska: The Last Frontier** The Kilchers take Thanksgiving off the homestead and onto Atz Senior's floating home.
9.00 **Alaska: The Last Frontier** The first of three specials, featuring an insight into Otto Kilcher's unusual take on life.
10.00 **Animal Cops Houston** The team discover a shocking case of animal cruelty when a neglected horse suffers a fatal injury.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **How Do Animals Do That**
2.00 **Alaska: The Last Frontier**
3.00 **Animal Cops Houston**
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Primal Survivor**
9.00 **Ultimate Supercar**
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
1.00 PM **WW2: Hell Under the Sea** The largest convoy battle of World War Two.
2.00 **Nazi Megastructures**
3.00 **Drain the Oceans** Shocking secrets of the Cold War.
4.00 **Car S.O.S** Double bill.
6.00 **Drain the Oceans: Deep Dive** The team explore the watery graves of passenger ships and war machines.

8.00 Gathering Storm

7.00 **Air Crash Investigation** A dramatic reconstruction of how Singapore Airlines flight 006 came to crash at Taiwan Airport.
8.00 **Gathering Storm** New edition A journey along America's North East during a deadly Atlantic fishing season.
9.00 **X-Ray Earth** Scientists investigate the potential destruction when a megaquake hits the region of Cascadia.
10.00 **Oz Doomsday Flood: Caught on Camera** The severe floods and tropical cyclones that hit Australia in 2011.
11.00 **Air Crash Investigation** Two pilots survive a crash which kills 37 passengers, and claim bad weather was to blame.
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: Peru**
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Ancient X Files**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Flipping Bangers**
11.00 **Ancient Aliens**
12.00 NOON **Curse of Skinwalker Ranch**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** A rare keepsake from Seinfeld sends John O'Hurley into the shop.
6.00 **Swamp People**

10.00 Amazon Gold Hunters

7.00 **Forged in Fire** Bladesmiths must recreate a legendary weapon – Attila the Hun's Sword of Mars.
8.00 **Salvage Kings** A salvage team tear down buildings and race against the clock to pull out anything valuable left behind.
9.00 **Lost Gold of WWII** New edition Another promising clue leads Rick to believe they are on the right track.
10.00 **Amazon Gold Hunters** New edition Tim Evans leads the boys on a journey up the perilous Cuyuni River.
11.00 **Storage Wars** Darrell and Brandon clash at an auction.
11.30 **Storage Wars**
12.00 M'T **The UnXplained**
1.00 AM **Salvage Kings**
2.00 **Curse of Skinwalker Ranch**
3.00 **Forged in Fire**
4.00 **Swamp People**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **Medieval Murder Mysteries** Juan Borgia.
7.10 **Abandoned Engineering**
8.00 **Forbidden History**
9.00 **Nazi Hunters**
10.00 **Bangers and Cash**
11.00 **Abandoned Engineering**
12.00 NOON **Bangers and Cash**
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **Warbird Workshop**
4.00 **Abandoned Engineering**
5.00 **Narrow Escapes of WW2**
6.00 **Nazi Hunters**

8.00 Chris Tarrant: Extreme...

7.00 **Great British Railway Journeys** A journey from Ledbury to Holyhead. **7.30** The world's first iron bridge in Shropshire.
8.00 **Chris Tarrant: Extreme Railway Journeys** Chris visits Azerbaijan and Georgia, exploring Tbilisi's vintage metro system.
9.00 **Bangers and Cash** Derek dives into the lost Jowett marque, as a Bradford-built 1952 Javelin finds an unexpected home.
10.00 **Bangers and Cash** Derek struggles to get his message across on a rare trip abroad to pick up a Bentley.
11.00 **Porridge** Fletcher yearns for some peace and quiet. **11.40** Fletch spends time in the prison's infirmary.
12.20 AM **Porridge**
1.00 **Narrow Escapes of World War Two**
2.00 **to 3.00** AM **Medieval Murder Mysteries**

+1 hour 255 200 75

7 PM
8 PM
9 PM
10 PM

Disc. History

171 257

6.00 AM **Wildest Europe**
7.00 **Secrets Underground**
8.00 **Combat Dealers**
9.00 **Greatest Events of World War II**
10.00 **Wings of War**
11.00 **Secrets Underground**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the...**
3.00 **Combat Dealers**
5.00 **Wings of War**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs...**
10.00 **American Titans**
11.00 **Silicon Valley: The Untold Story**
12.00 M'T **Expedition...**
1.00 AM **America: Facts vs...**
2.00 **American Titans**
3.00 **Silicon Valley: The...**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Mountain Gorilla**
11.00 **Life in the Undergrowth**
12.00 NOON **Natural Curiosities**
1.00 PM **Wild Africa**
2.00 **Yellowstone**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Mountain Gorilla**
5.00 **Life in the...**
6.00 **Natural Curiosities**
7.00 **Wild Africa**
8.00 **Yellowstone**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Mountain Gorilla**
11.00 **Life in the...**
12.00 M'T **Natural Curiosities**
1.00 AM **Wild Africa**
2.00 **Yellowstone**
3.00 **The Zoo**
3.25 **Jungle Planet**
3.50 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Kingdom of the White Wolf** Triple bill.
12.00 NOON **Wild Animal A&E**
1.00 PM **Predator In Paradise** Triple bill.
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Snakes in the City** A spitting cobra takes aim at Siouxsie's face.
7.00 **The Hidden Kingdoms of China** A snow leopard teaches its cub vital life lessons.
8.00 **Wolf vs Bear** A mother grey wolf clashes with deadly brown bears on a remote swamp in Finland.
9.00 **The Pack** The story of a pack of wolves reintroduced to Yellowstone Park.
10.00 **Alaska Animal Rescue**
11.00 **Monster Fish**
12.00 M'T **Animals Gone Wild**
2.00 **to 5.00** AM **Predator In Paradise**

Sky History 2

163 163 894 272 330 390

8.00 AM **Doomsday: Ways the World Will End**
9.00 **The Secret History of Air Force One**
10.00 **WW2 Treasure Hunters**
11.00 **Life After People**
12.00 NOON **Ancient Aliens**
2.00 PM **Jurassic Fight Club**
3.00 **Where Did It Come From?** A look at Egyptian masterpieces.
4.00 **Soviet Storm: WWII in the East**
5.00 **Architects of Darkness**
6.00 **Doomsday: 10 Ways the World Will End**
7.00 **WW2 Treasure Hunters** A top-secret arms supply depot in Northamptonshire.
8.00 **Ancient Discoveries**
9.00 **The Real Vikings**
10.00 **Clash of the Gods**
12.00 M'T **Ancient Aliens**
2.00 AM **The Real Vikings**
3.00 **WW2 Treasure Hunters** As 7.00pm.
4.00 **to 5.00** AM **Ancient Discoveries**

PBS America

174 273 91 155

8.00 AM **Beautiful Serengeti**
8.30 **The Gunpowder Plot**
9.35 **Saints and Sinners: A Millennium of Monasteries**
10.50 **Byzantium: A Tale of Three Cities**
11.55 **Building Star Trek**
1.00 PM **Beautiful Serengeti**
1.35 **The Gunpowder Plot**
2.35 **Saints and Sinners: A Millennium of Monasteries**
3.55 **Byzantium: A Tale of Three Cities**
5.05 **Building Star Trek**
6.15 **The Gunpowder Plot**
7.20 **Saints and Sinners: A Millennium of Monasteries**
8.40 **Byzantium: A Tale of Three Cities**
9.50 **Building Star Trek**
11.00 **Saints and Sinners...**
12.20 AM **Byzantium...**
1.30 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **Murdertown**
1.00 PM **Nightmare in Suburbia**
2.00 **Secrets of the Morgue**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer**
9.00 **999: Killer on the Line**
10.00 **Crimes That Shook Britain** Examining the crimes of Peter Tobin.
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos** Kirsty Treloar.
1.00 AM **Nightmare in Suburbia**
2.00 **Murdertown**
3.00 **Secrets of the Morgue**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

MONDAY Films

Monday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **PREMIERE Boonie Bears: Blast into the Past**
7.35 **The Angry Birds Movie 2**
9.15 **Top Ten: Harry Potter**
9.30 **Bad Therapy** (2020) ★★
11.15 **Becoming** Fantasy. (2019) ★★
1.00 PM **Good Boys** As 8.00pm.
2.45 **Palm Beach** (2018) ★★★
4.30 **The Angry Birds Movie 2**
6.10 **PREMIERE Boonie Bears: Blast into the Past** Animation. (2019) ★★ *See review, pg 22*
7.45 **Top Ten: Must-see Movies**

6.10 Boonie Bears: Blast into...

8 PM

8.00 **Good Boys** Comedy with Jacob Tremblay and Keith L Williams. Three lads skip school and embark on an epic journey while attempting to make their way home for a party. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 **Them That Follow** Thriller starring Olivia Colman and Kaitlyn Dever. In an Appalachian community, a pastor's daughter holds a secret. (2019, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.30 **Sea Fever** Thriller with Connie Nielsen and Dougray Scott. A trawler crew are marooned. (2019, 15, 95min) ★★★★
1.15 AM **The Beast** Drama starring Sung-min Lee and Jae-myung Yoo. (2019, 18, 130min) ★★★
3.30 **Luce** Thriller starring Naomi Watts and Octavia Spencer. (2019, 15, 109min) ★★★★
5.30 **Top Ten: Tom Hanks**
5.45 **to 6.00** AM **Top Ten: Harry Potter**

11 PM

Sky Cinema Disney

307 307 847 405 505

6.35 AM **The Little Mermaid** (1989)
8.05 **Ice Princess** As 11.15pm.
9.50 **The Princess and the Frog**.
11.30 **Frozen II** As 7.50pm.
1.25 PM **The Nutcracker and the Four Realms** As 1.05am.
3.10 **Tinker Bell and the Lost Treasure** (2009) ★★★
4.35 **Tinker Bell and the Great Fairy Rescue** (2010) ★★★
6.00 **The Princess and the Frog** Animated. (2009) ★★★★
7.50 **Frozen II** (2019) ★★★★

6.00 The Princess and the Frog

Frozen II (film started at 7.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **A Goofy Movie** Animation with the voices of Bill Farmer and Jason Marsden. Goofy takes his teenage son on an old-fashioned fishing trip. (1995, U, 78min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Ice Princess** Teen drama with Michelle Trachtenberg, Joan Cusack and Kim Cattrall. (2004, U, 92min) ★★★
1.05 AM **The Nutcracker and the Four Realms** Fantasy adventure starring Mackenzie Foy. (2018, PG, 99min) ★★★
2.55 **Tinker Bell and the Lost Treasure** As 3.10pm.
4.25 **Tinker Bell and the Great Fairy Rescue** As 4.35pm.
5.55 **to 7.25** AM **A Goofy Movie**

Sky Cinema Family

306 306 846 406 506

7.20 AM **The Adventures of Sharkboy and Lavagirl**
9.05 **Babe** As shown at 6.20pm.
10.50 **Herbie Goes Bananas** Comedy. (1980, U, 93min) ★
12.35 PM **Breakthrough**
2.35 **The Adventures of Sharkboy and Lavagirl** Fantasy. (2005, U, 93min) ★★★
4.20 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
6.20 **Babe** Comedy drama. (1995, U, 92min) ★★★★★

10.20 Breakthrough

8.00 **Tomorrowland: A World Beyond** Fantasy starring George Clooney and Britt Robertson. A teenage inventor discovers a mysterious futuristic world, and attempts to uncover its secrets. With Hugh Laurie. (2015, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Breakthrough** Drama starring Chrissy Metz. When her adopted son falls through the ice on a frozen lake, Joyce Smith refuses to give up hope of an unlikely recovery. (2019, 12, 116min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Mean Girls 2** Comedy starring Meaghan Jette Martin, Jennifer Stone and Maiara Walsh. (2011, 12, 92min) ★
2.10 **Tomorrowland: A World Beyond** As shown at 8.00pm.
4.30 **to 6.30** AM **Jumanji** Fantasy, as shown at 4.20pm.

Sky Cinema Action

308 308 848 407 507

6.00 AM **Pearl Harbor** Romantic drama. (2001, 12, 183min) ★
9.05 **The Bourne Legacy** Thriller. (2012, 12, 129min) ★★★
11.20 **Beverly Hills Cop 3**
1.05 PM **King Arthur** Adventure. (2004, 12, 126min) ★★★
3.15 **Enemy of the State** Conspiracy thriller. (1998, 15, 127min) ★★★★
5.40 **The Rock** Thriller with Sean Connery and Nicolas Cage. (1996, 15, 136min) ★★★★

5.40 The Rock

8.00 **Godzilla** Thriller starring Aaron Taylor-Johnson and Bryan Cranston. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. With Ken Watanabe. (2014, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Robert the Bruce** Drama with Angus Macfadyen. The 14th-century King of Scots rebuilds his life after military defeats. (2019, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **The Bouncer** Thriller. (2018, 15, 94min) ★★★
1.40 **Beverly Hills Cop 3** Comedy. (1994, 15, 104min) ★★
3.25 **Judge Dredd** Sci-fi action thriller. (1995, 15, 95min) ★★
5.05 **to 6.30** AM **LEGO DC Comics Super Heroes: Justice League – Gotham City Breakout** Animation. (2016, U, 75min) ★★

Sky Cinema Comedy

309 309 849 408 508

7.10 AM **Lez Bomb** As 3.05am.
8.50 **Crazy, Stupid, Love**
10.55 **A Simple Wedding**
12.35 PM **Sword of Trust** As 1.20am.
2.20 **Undercover Brother 2** Comedy, as shown at 10pm.
4.00 **Johnny English Reborn** Comedy with Rowan Atkinson and Gillian Anderson. (2011, PG, 101min) ★★★
5.55 **Crazy, Stupid, Love** Romantic comedy starring Steve Carell. (2011, 12, 117min) ★★★★

8.00 Forgetting Sarah Marshall

8.00 **Forgetting Sarah Marshall** Comedy with Jason Segel and Kristen Bell. A recently dumped man encounters his ex-girlfriend with her new boyfriend at a Hawaiian resort. With Mila Kunis and Russell Brand. (2008, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Undercover Brother 2** Comedy starring Michael Jai White, Barry Bostwick and Vince Swann. (2019, 12, 84min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **A Simple Wedding** Romantic comedy starring Tara Grammy. A young Iranian-American woman goes to great lengths to appease her parents. (2019, 12, 88min) ★★
1.20 AM **Sword of Trust** Comedy drama starring Marc Maron. (2019, 15, 88min) ★★★
3.05 **Lez Bomb** Comedy. (2018, 12, 90min) ★★
4.50 **to 6.45** AM **Johnny English Reborn** As shown at 4.00pm.

primetime

Sky Cinema Hits

303 403 503

7.15 AM **Little** Comedy with Regina Hall. (2019, 12, 109min) ★★
9.10 **Maleficent: Mistress of Evil** Fantasy, as shown at 7.00pm.
11.10 **The Mummy** Action adventure. (1999, 15, 124min) ★★★
1.20 PM **Rocketman** As 9.00pm.
3.25 **Annabelle Comes Home** Horror, as shown at 11.05pm.
5.20 **Holmes & Watson** Comedy. (2018, 12, 90min) ★

7.00 **Maleficent: Mistress of Evil** Fantasy adventure sequel starring Angelina Jolie and Elle Fanning. Maleficent and Aurora begin to question the complex family ties that bind them. (2019, PG, 119min) ★★★
9.00 **Rocketman** Biopic with Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback, covering his days growing up in 1950s Britain. (2019, 15, 121min) ★★★

11.05 **Annabelle Comes Home** Horror. (2019, 15, 106min) ★★★
1.00 AM **Mary Queen of Scots** Drama. (2018, 15, 124min) ★★
3.15 **Night School** Comedy. (2018, 15, 111min) ★★
5.20 **to 7.45** AM **The Mask of Zorro** Adventure. (1998, PG) ★★★★

Sky Cinema Greats

304 304 845 404 504

7.25 AM **The Royal Tenenbaums** Comedy. (2001, 15) ★★★
9.20 **Tootsie** Comedy. (1982) ★★★★
11.20 **Ben-Hur** Roman epic. (1959, PG, 212min) ★★★★★
3.05 PM **The Bridge on the River Kwai** World War Two drama. (1957, PG, 161min) ★★★★★
5.50 **Star Wars: Episode IV – A New Hope** Sci-fi adventure. (1977, U, 124min) ★★★★★

8.00 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi starring Harrison Ford. As Darth Vader's imperial forces pursue the Rebel Alliance, Luke Skywalker continues his training. (1980, U, 124min) ★★★★★
10.10 **Star Wars: Episode VI – Return of the Jedi** Sci-fi with Harrison Ford and Carrie Fisher. Princess Leia sets out to rescue space pilot Han Solo from the clutches of the monstrous Jabba the Hutt. (1983, U, 133min) ★★

12.30 AM **Carlito's Way** Thriller with Al Pacino and Sean Penn. (1993, 18, 145min) ★★★★
3.00 **Boys Don't Cry** Tragic drama. (1999, 18, 117min) ★★★★
5.05 **to 7.20** AM **Speed 2: Cruise Control** Action thriller sequel. (1997, PG, 125min) ★★

Sky Cinema Animation

305 305 412 500 514

6.10 AM **The Stolen Princess** (2018)
7.55 **Polar Squad** Animated comedy. (2019, U, 92min) ★★
9.45 **Thumbelina** As 11.40pm.
11.25 **The Princess and the Dragon**
12.55 PM **Scooby-Doo** (2002) ★
2.35 **Scooby-Doo 2: Monsters Unleashed** (2004) ★★★
4.20 **How to Train Your Dragon: The Hidden World** Animation. (2019, PG, 104min) ★★★★

6.20 **The Pirates! In an Adventure with Scientists** Animation featuring the voices of Hugh Grant and Martin Freeman. (2012, U, 87min) ★★★★
8.00 **Despicable Me** Animated comedy featuring the voices of Steve Carell and Jason Segel. (2010, U, 94min) ★★★★
9.50 **Despicable Me 2** Animation with the voices of Steve Carell. The reformed super-villain falls in love with a secret agent. (2013, U, 97min) ★★★

11.40 **Thumbelina** Animation. (1994, U, 83min) ★★
1.20 AM **The Princess and the Dragon** Animated adventure. (2018, U, 75min) ★
2.50 **Wheely** Animated. (2018) ★
4.35 **to 6.20** AM **Spy Cat** Animated comedy. (2018, U, 92min) ★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.00 **Off Set** As shown at 8.50pm.
7.10 **To Each His Own** (1946) ★★★
9.30 **Big Jake** Western. (1971) ★★★
11.50 **Gunsmoke in Tucson** (1958)
1.30 PM **Fighter Squadron** War drama. (1948, U, 96min) ★★
3.30 **Apache War Smoke** Western. (1952, b/w, U, 68min) ★★
5.00 **Canyon River** Western. (1956, U, 85min) ★★

6.25 **The Cowboys** Western starring John Wayne as an ageing rancher who reluctantly enlists 11 young boys to help him on a cross-country cattle drive. (1971, 12, 128min) ★★★
8.50 **Off Set** *Jamie Cullum – Part Two:* Singer Jamie Cullum discusses his influences.
9.00 **Westworld** Sci-fi thriller about an adult theme park where tourists act out their wildest fantasies with the aid of robots. (1973, 15, 89min) ★★★★

10.55 **The Fog** Chiller. (1979) ★★★
12.45 AM **Inside the Walls of Folsom Prison** Drama. (1951) ★★
2.15 **Off Set**
2.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Front Line Kids** (1942) ★★
7.30 **Dateline Diamonds** (1965) ★★
9.00 **Sir Francis Drake** 7/26. (S1)
9.30 **The Night We Dropped a Clanger** Comedy. (1959) ★★
11.15 **Stolen Assignment** (1955) ★★
12.30 PM **Convoy** (1940) ★★★
2.15 **West Riding 1945**
2.30 **Night Boat to Dublin** (1945)
4.20 **Love on the Dole** Drama. (1941, b/w, PG, 100min) ★★★

6.20 **So Long at the Fair** Mystery starring Jean Simmons and Dirk Bogarde, set in 1889 Paris. (1950, b/w, U, 86min) ★★★
8.00 **Hannay** Richard saves the life of a politician's wife in Monte Carlo. Stars Dermot Crowley.
9.00 **Special Branch** A spy is killed in Canada and Craven must find out what connection he had with a young au-pair in London.
10.00 **The Gentle Touch** Maggie struggles to deal with her son's interest in pornography.

11.05 **And Soon the Darkness** Chiller. (1970, 18, 98min) ★★★
1.05 AM **The Kitchen** (1961) ★★
2.40 **Undercover Girl** (1957) ★★
4.00 **The Rivals of Sherlock Holmes**
5.00 **Bognor** 8/18. (S1)
5.30 **to 6.00** AM **Overseas Press Club – Exclusive!**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

310 310 850 409 509

6.00 AM **The Standoff at Sparrow Creek** As shown at 1.25am.
7.45 **Galveston** As 5.35pm.
9.30 **The Mexican** As 11.10pm.
11.45 **Miss Bala** As 7.15pm.
1.40 PM **No Country for Old Men**
3.55 **The Padre** Crime drama. (2018, 15, 98min) ★★★
5.35 **Galveston** Action thriller. (2018, 15, 91min) ★★★
7.15 **Miss Bala** Crime drama starring Gina Rodriguez. (2019, 15, 104min) ★★

11.10 The Mexican

Miss Bala (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **No Country for Old Men** Dark crime thriller with Tommy Lee Jones, Javier Bardem and Josh Brolin. A dogged lawman and a ruthless contract killer pursue a Texan who has made off with $2million in drug money. (2007, 15, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **The Mexican** Action comedy starring Brad Pitt and Julia Roberts. A crook attempts to retrieve a valuable pistol from across the Mexican border. (2001, 15, 123min) ★★
1.25 AM **The Standoff at Sparrow Creek** Thriller starring James Badge Dale and Chris Mulkey. (2018, 15, 88min) ★★★★
3.10 **The Padre** As 3.55pm.
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

311 311 851 410 510

6.00 AM **Summer Night** As 4.10pm.
7.40 **Everybody Knows** Drama. (2018, 15, 133min) ★★★★
9.55 **Breath** As 2.00am.
12.00 NOON **Indecent Proposal**
2.10 PM **Billionaire Boys Club**
4.10 **Summer Night** Romantic comedy starring Ian Nelson. (2018, 12, 98min) ★★★
5.55 **Twilight** Supernatural romance starring Kristen Stewart and Robert Pattinson. (2008, 12, 122min) ★★★

10.10 Mickey and the Bear

8.00 **Indecent Proposal** Romantic drama starring Robert Redford, Demi Moore and Woody Harrelson. An enigmatic gambler offers a hard-up yuppie couple $1million if the wife will consent to spend one night with him. (1993, 15, 117min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Mickey and the Bear** Drama starring Camila Morrone. (2019, 15, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Billionaire Boys Club** Drama starring Ansel Elgort. A group of men in 1980s LA hatch a plan to get-rich-quick with a Ponzi scheme. With Taron Egerton. (2018, 15, 108min) ★
2.00 AM **Breath** Drama starring Elizabeth Debicki, Samson Coulter and Richard Roxburgh. (2017, 15, 115min) ★★★
4.05 **to 6.00** AM **I Can Only Imagine** Biopic drama. (2018, PG, 110min) ★★

Sky Cinema Sci-Fi/Horror

312 411 511

6.00 AM **Star Wars: The Clone Wars** Animation. (2008) ★★
7.50 **The Predator** As 5.00pm.
9.50 **Men in Black: International**
12.00 NOON **Avengers: Endgame**
3.05 PM **Happy Death Day 2U** Horror starring Jessica Rothe. (2019, 15, 100min) ★★★★
5.00 **The Predator** Sci-fi thriller. (2018, 15, 107min) ★★★
7.00 **Men in Black: International** Sci-fi with Chris Hemsworth. (2019, 12, 114min) ★★

7.00 Men in Black: International

Men in Black: International (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Avengers: Endgame** Fantasy starring Robert Downey Jr and Chris Evans. Iron Man, Captain America, Thor and the reunited heroes make a last stand against the evil Thanos after he wiped out half of all life in the galaxy. With the aid of old friends and new allies, they risk everything to restore order. (2019, 12, 181min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **Halloween** Horror starring Jamie Lee Curtis. (2018, 18, 106min) ★★★★
1.55 **Evil Dead 2** Horror sequel. (1987, 18, 85min) ★★★
3.25 **The Final Conflict** Horror chiller. (1981, 18, 108min) ★★
5.20 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Harry Potter

302 402 502

7.15 AM **Harry Potter and the Order of the Phoenix**
9.45 **Harry Potter and the Half-Blood Prince** (2009)
12.30 PM **Harry Potter and the Deathly Hallows: Part I** Fantasy. (2010, 12) ★★★★
3.00 **Harry Potter and the Deathly Hallows: Part II** Fantasy. (2011, 12) ★★★★★
5.15 **Harry Potter and the Philosopher's Stone** Fantasy. (2001, PG, 152min) ★★★★

10.45 Harry Potter and the...

8.00 **Harry Potter and the Chamber of Secrets** Fantasy adventure with Daniel Radcliffe, Rupert Grint and Emma Watson. The boy wizard and his friends confront a mysterious dark force that is terrorising their school. With Kenneth Branagh and Robbie Coltrane. (2002, PG, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Harry Potter and the Prisoner of Azkaban** Fantasy adventure sequel starring Daniel Radcliffe, Rupert Grint and Emma Watson. (2004, PG, 142min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.15 AM **Harry Potter and the Goblet of Fire** Fantasy. (2005, 12, 157min) ★★★
4.00 **to 6.30** AM **Harry Potter and the Order of the Phoenix** Fantasy adventure. (2007, 12, 132min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Arthur's Hallowed Ground** Drama. (1986, PG) ★★
12.35 PM **The Thirty Nine Steps** Classic adventure thriller. (1978, PG, 102min) ★★★
2.45 **Carry On Regardless** Comedy. (1961, b/w, PG) ★★★
4.35 **The Choice** Romantic drama. (2016, 12, 109min) ★★
6.45 **The Huntsman: Winter's War** Fantasy with Chris Hemsworth. (2016, 12, 114min) ★★★

9.00 Mission: Impossible...

The Huntsman: Winter's War (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Mission: Impossible – Rogue Nation** Spy thriller with Tom Cruise and Jeremy Renner. The agents of the Impossible Mission Force become fugitives in order to bring down a shadowy society of assassins. (2015, 12, 131min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.40 **Parkland** John F Kennedy assassination drama which documents the shooting of the US president on 22 November, 1963 and the three days that followed. (2013, 15, 92min) ★★★
1.30 **to 3.35** AM **Captive** Fact-based drama starring Kate Mara and David Oyelowo. (2015, 12, 97min) ★★

11 PM

+1 hour 314 430 45 301

Horror

317 149 70 138

8.00 AM **Under the Dome** (S3)
9.00 **Star Trek: The Next Generation** 10/26. (S3)
10.00 **Star Trek** 9/30. (S1)
11.00 **Beyond Loch Ness** Monster thriller. (2008, 15, 91min) ★★
1.00 PM **Mammoth** Sci-fi thriller. (2006, 12, 90min) ★★★
3.00 **Mutant X** 3/22. (S1)
4.00 **The 7th Voyage of Sinbad** Fantasy. (1958, U) ★★★★

6.00 **Star Trek** *Dagger of the Mind:* 10/30. A maniac boards the *USS Enterprise*. (S1)
7.00 **Star Trek: The Next Generation** *The Hunted:* 11/26. Picard goes on a manhunt. (S3)
8.00 **First Wave** *Beneath the Black Sky:* 20/22. Foster meets a mysterious stranger. (S3)
9.00 **Flatliners** Sci-fi thriller starring Kiefer Sutherland. Medical students risk their lives when they experiment with death. (1990, 15, 114min) ★★★

11.15 **Beyond the Gates** Thriller. (2016, 15, 95min) ★★
12.50 AM **Let Her Out** Horror. (2016, 15, 89min) ★★★
2.35 **to 4.30** AM **Patchwork** Horror comedy. (2015, 15, 84min) ★★

+1 hour 318 202 139

Sony Movies Classic

319 424 50 303

6.00 AM **Lady Luck** (1946) ★★★
7.50 **Rhythm Serenade** (1943) ★★
9.40 **The Princess and the Pirate** Comedy. (1944, U, 94min) ★★★
11.35 **The Great Lover** (1949) ★★
1.15 PM **My Favourite Brunette** Comedy. (1947, b/w, PG) ★★★
3.05 **Road to Rio** Comedy. (1947, b/w, U, 100min) ★★★★
5.10 **Road to Bali** Musical comedy. (1952, U, 91min) ★★★★

7.05 **Son of Paleface** Comedy Western with Bob Hope and Roy Rogers as a tenderfoot and a goverment agent competing for the attentions of a bandit. With Jane Russell and Bill Williams. (1952, U, 95min) ★★★★
9.00 **How to Steal a Million** Crime comedy with Audrey Hepburn and Peter O'Toole. The daughter of an art forger asks a burgler to steal one of her father's fakes from a museum. (1966, U, 120min) ★★★

11.30 **Neighbors** Comedy. (1981) ★★
1.20 AM **The Gorgon** (1964) ★★★
3.00 **Mayflower: The Pilgrims' Adventure** Drama. (1979) ★
4.35 **to 6.00** AM **Tomorrow We Live** Drama. (1942, b/w, U) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Lost Letter Mysteries: From the Heart** Drama.
11.00 **Badge of Betrayal** Thriller. (2014, PG, 95min) ★★
1.00 PM **Another Man's Wife** Thriller. (2011, PG, 86min) ★★
2.50 **Status: Unknown** Thriller. (2014, PG, 86min) ★★
4.30 **Stepmom** Drama starring Julia Roberts and Susan Sarandon. (1998, 12, 121min) ★★★

7.05 **Little Nikita** Espionage thriller with Sidney Poitier and River Phoenix. An American teenager discovers that his parents are 'sleepers' – Soviet agents planted in the US 20 years earlier. (1988, 15, 92min) ★★★
9.00 **Get Carter** US remake of the British crime thriller starring Sylvester Stallone. A Las Vegas mobster returns to his home in Seattle to attend his brother's funeral and investigate his death. (2000, 15, 102min) ★★★

11.15 **Hitman: Redemption** Thriller. (2019, 15, 104min) ★★★
1.30 AM **Faster** Action thriller. (2010, 15, 97min) ★★★
3.35 **to 6.00** AM **I Dreamed of Africa** Biopic. (2000, 12) ★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Anything for a Friend** Western. (1973, 12, 90min) ★★
7.50 **One Against One – No Mercy** Western. (1968, PG, 90min) ★★
9.30 **The Giants of Thessaly** (1960)
11.15 **The Double** Thriller. (2011) ★★
1.05 PM **Return of the Bad Men** Western. (1948, b/w, PG) ★★
2.55 **The Devil at 4 O'Clock** (1961)
5.25 **Operation Cross Eagles** Drama. (1969, 12, 90min) ★★

7.10 **Trial by Fire** Action drama with Brooke Burns and Erin Karpluk. A firefighter gets a baptism of fire while training to become the first woman accepted onto an elite 'smokejumping' team. (2008, PG, 110min) ★★
9.00 **The Marine 5: Battleground** Drama starring Mike 'The Miz' Mizanin. An Emergency Medical Technician gets caught up in protecting a person of interest from a ruthless biker gang. (2017, 15, 91min) ★★

10.50 **The Hunt for Eagle One** Adventure. (2006, 15) ★★
12.35 AM **Swelter** Crime drama. (2013, 15, 96min) ★★
2.35 **to 4.00** AM **Runaway** Thriller. (2014, 12, 84min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **A Christmas Visitor** (2002)
9.00 **Christmas at Pemberley Manor** Drama. (2018, U) ★★
11.00 **Hope at Christmas** Festive drama. (2018, PG, 120min) ★★
1.00 PM **A Shoe Addict's Christmas** Fantasy. (2018, PG, 90min) ★★
3.00 **A Rose for Christmas** Drama. (2017, U, 120min) ★★
5.00 **My Christmas Love** Comedy. (2016, PG, 120min) ★★

7.00 **A Christmas Duet** Romantic comedy starring Chaley Rose, Rome Flynn and Teryl Rothery. A music duo who have not played together for years are reunited at Christmas time. (2019, PG, 100min) ★★
9.00 **Christmas Homecoming** Drama starring Julie Benz and Michael Shanks. A war widow and an injured soldier join forces to save the town's military museum with a Christmas fundraiser. (2017, U, 90min) ★★

11.00 **The Christmas Card** Romantic drama. (2006, PG, 84min) ★★
1.00 AM **Christmas Bells Are Ringing** Drama. (2018, PG) ★★
3.00 **to 5.00** AM **Mr Christmas** Drama. (2017, U, 95min) ★★

+1 hour 326 420

MONDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Sky Sports News**
8.00 **LIVE ANZ Premiership Netball Mystics v Magic.** Coverage from Auckland Netball Centre. Centre-pass **8.00am**.
9.30 **My Icon: Kate and Helen Richardson-Walsh**
9.45 **My Icon: Keegan Hirst**
10.00 **My Icon: Sophie Cook**
10.15 **My Icon: Callum Skinner and Chris Hughton**
10.30 **LIVE Test Cricket England v West Indies.** Coverage of the fourth day of the third and final Test in the series, taking place at Emirates Old Trafford.
7.00 PM **Test Cricket Bitesize** Action from England v West Indies.
7.15 **Cricket Debate** Discussion on England v West Indies.
8.00 **Sky Sports News**
9.00 **89** The story of one of football's most dramatic triumphs – when Arsenal went to Liverpool on the final day of the 1988/1989 First Division season needing a two-goal victory to win the league.
10.45 **PL Greatest Games** Liverpool v Arsenal from 2004.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Ian Wright**
7.30 **PL Legends: Sol Campbell**
8.00 **Best PL Goals: Liverpool v Man Utd** Memorable strikes.
8.30 **Best PL Goals: Chelsea v Man Utd** Memorable goals.
9.00 **Premier League 100 Club**
9.30 **PL 100 Club: Harry Kane**
10.00 **Premier League Years**
12.00 NOON **Best PL Goals 00/01**
1.00 PM **Premier League Years**
3.00 **Best PL Goals 02/03**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **PL Legends: Sol Campbell**
6.30 **PL Legends: Robert Pires**
7.00 **PL Greatest Games**
8.00 **Gary Neville's Soccerbox**
9.00 **89** Documentary.
10.45 **PL Greatest Games**
11.00 **Best PL Goals: Liverpool v Man Utd** Memorable goals.
11.30 **Premier League Icons**
12.00 M'T **Best PL Goals 07/08**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 12/13**
5.00 **Best PL Goals: Chelsea**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
6.45 **SPFL Greatest Games**
7.00 **Football's Greatest Players**
7.30 **Football Countdowns**
8.00 **Football Years**
8.30 **EFL Greatest Games**
9.00 **SPFL Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **EFL Play Off Final L2 17/18**
12.00 NOON **EFL Greatest Games**
12.45 PM **SPFL Greatest Games**
1.00 **EFL** Action from the first leg of a Championship play-off semi-final.
4.00 **EFL Greatest Games**
4.15 **SPFL Greatest Games**
4.30 **Football's Greatest Players**
5.00 **Football Countdowns**
5.30 **Football Years**
6.00 **Championship Review 14/15**
7.00 **LIVE EFL** Coverage of the first leg of a play-off semi-final from the Championship.
10.00 **SPFL Greatest Games**
10.30 **MLS Round-Up Show**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Final 12**
1.00 AM **EFL Play Off Finals C'Ship**
3.00 **Championship Season Review**
4.00 **to 6.00** AM **EFL Cup Retro 14**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Ashes Memories**
7.00 **Masterclass: Curtly Ambrose**
7.30 **Best of Sky Cricket Vodcast**
8.30 **Test Cricket** England v West Indies: Action from day three of the third and final Test, taking place at Emirates Old Trafford.
9.30 **Cricket Debate**
10.15 **Test Cricket Bitesize**
10.30 **LIVE Test Cricket England v West Indies.** Coverage of the fourth day's play of the third and final Test in the series, taking place at Emirates Old Trafford.
7.00 PM **Test Cricket Bitesize** Action from England v West Indies.
7.15 **Cricket Debate** Discussion on England v West Indies.
8.00 **Test Cricket** England v West Indies: Action from day four of the third and final Test in the series, held at Emirates Old Trafford.
9.00 **Cricket Debate** As 7.15pm.
9.45 **Test Cricket Bitesize** As 7pm.
10.00 **Test Cricket** As 8.00pm.
11.00 **Cricket Debate** As 7.15pm.
11.45 **Test Cricket Bitesize** As 7pm.
12.00 M'T **Ashes Memories**
1.00 AM **Best of the 2016 Blast**
5.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **European Tour Golf**
7.00 **Nick Dougherty's Tee Time Tips**
7.30 **British Masters Masterclass**
8.00 **European Tour Golf** Extended action from the fourth and final day's play of the British Masters at Close House in Newcastle.
12.00 NOON **PGA Tour Golf** Extended action from the fourth and final day's play of the 3M Open at TPC Twin Cities in Blaine, Minnesota.
5.00 PM **Nick Dougherty's Tee Time Tips** Expert golf tips.
5.30 **Golf Pass with Rory McIlroy**
6.00 **European Tour Golf** Action from the final day of the British Masters.
7.00 **PGA Tour Golf** A review of all four days of the 3M Open.
8.00 **Feherty Talks To Henrik Stenson** A chat with the golfer.
9.00 **PGA Tour Golf** As 7.00pm.
10.00 **European Tour Golf** As 6pm.
11.00 **PGA Tour Golf** As 7.00pm.
12.00 M'T **Feherty Talks To Henrik Stenson** A chat with the golfer.
1.00 AM **Nick Dougherty's Tee Time Tips** Expert golf tips.
1.30 **Golf Pass with Rory McIlroy**
2.00 **World Golf Championships**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Premier League**
9.00 **Premier League Review**
10.00 **ESPN FC** Football news.
10.30 **LIVE Hyundai A-League Central Coast Mariners v Western Sydney Wanderers.** Coverage of the Australian top-flight clash from Central Coast Stadium. Kick-off **10.30am**.
12.30 PM **MotoE Highlights**
12.45 **What I Wore: Jamie Vardy**
1.00 **Meet The Managers**
2.00 **Premier League** Action from the final day of the top-flight season.
5.00 **Premier League Review**
6.00 **ESPN FC** Football news.
6.30 **PL 100: Teddy Sheringham**
7.00 **Hyundai A-League** Action from Central Coast Mariners v Western Sydney Wanderers.
8.30 **LIVE MLB San Francisco Giants v Los Angeles Dodgers.** Coverage of the National League encounter from Oracle Park.
11.30 **MLB: Prime 9 Unique Uniforms**
12.00 M'T **WWE SmackDown Highlights** Wrestling action.
1.00 AM **LIVE WWE Monday Night Raw** Wrestling coverage.
4.15 **Ligue 1 Goals of the Season**
4.30 **to 6.00** AM **30 for 30: Tommy**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **BT Sport Goals Reload**
6.30 **MotoGP**
9.30 **MotoGP Chequered Flag**
10.00 **Badminton Unlimited**
10.30 **LIVE AFL Fremantle Dockers v Geelong Cats.** All the action from the match at Optus Stadium. Bounce-up **11.10am**.
1.30 PM **Vanarama National League**
4.30 **MotoGP** The Moto3 race at the Grand Prix of Andalucia.
5.30 **MotoGP** The Moto2 race at the Grand Prix of Andalucia.
6.30 **MotoGP** The MotoGP race at the Grand Prix of Andalucia.
7.30 **MotoGP Chequered Flag**
8.00 **Meet The Managers** Focusing on Gareth Southgate, Steve Clarke and Ryan Giggs.
9.00 **Fishing: On The Bank**
10.00 **WWE Ruthless Aggression**
11.00 **WWE Raw Highlights**
12.00 M'T **UEFA Champions League Magazine** News and features.
12.30 AM **The Outdoor Sports Show**
1.00 **AFL** Action from Fremantle Dockers v Geelong Cats.
3.00 **Fishing: On The Bank**
4.00 **UEFA Champions League Magazine** News and features.
4.30 **to 6.00** AM **Hyundai A-League**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **The Outdoor Sports Show**
6.30 **UEFA Champions League Magazine** News and features.
7.00 **WWE SmackDown Highlights**
8.00 **WWE NXT UK** Wrestling action.
9.00 **The Big Match Revisited – 1976/77** Classic action.
10.00 **UEFA Champions League Magazine** News and features.
10.30 **Classic Premier League**
12.30 PM **Liverpool: Team of the 80s**
1.30 **Manchester United Classics**
2.30 **MotoGP Classics: Losail 2014**
3.30 **MotoGP Classics: Barcelona 2014** The Catalan Grand Prix.
4.30 **UEFA Champions League – Classics** Triple bill of action.
6.00 **Football Archives: UCL 08/09**
7.00 **Football Archives: UCL 09/10**
7.00 **V8 Supercars Highlights**
9.00 **UFC Ultimate Submissions**
9.30 **UFC** Action from Robert Whittaker v Darren Till.
12.30 AM **UFC: The Ultimate Fighter**
1.30 **UFC Ultimate Submissions**
2.00 **UFC 200 Greatest Fighters of All Time**
3.00 **WRC Review: Rally Turkey**
4.00 **WRC Classic: Signature Stages**
4.30 **to 6.00** AM **Isolation eRacing Series**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **NFL: America's Game**
8.00 **World Matchplay Darts**
10.00 **Pro Box Classics** Action from Jim McDonnell v Azumah Nelson.
11.00 **Pro Box Classics** Action from Chris Eubank v Dan Sherry.
12.00 NOON **NBC's Pro-Football Talk** With Mike Florio and Chris Simms.
2.00 PM **NFL: Race To The Super Bowl 19/20** Double bill.
4.00 **NFL Super Bowl LIV** Kansas City Chiefs v San Francisco 49ers.
6.00 **World Matchplay Darts** Another chance to see the final of the tournament from Marshall Arena in Milton Keynes.
8.00 **NFL: A Football Life** Focusing on the career of Bill Cowher.
9.00 **Savage Sam: Sam Eggington Story** The boxer's bouts against Frankie Gavin, Paulie Malignaggi and Ceferino Rodriguez.
9.30 **Fight Night** Sam Eggington v Frankie Gavin: Action from the welterweight bout at the Genting Arena in Birmingham, as home favourite Eggington defended his British and Commonwealth belts.
1.00 AM **NFL: America's Game**
2.00 **World Matchplay Darts**
4.00 **to 6.00** AM **Pro Box Classics**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Fighting Fit 2020**
7.30 **Fit In 5: Strength**
7.40 **Fit In 5: Abs & Core 2**
7.50 **Fit In 5: Challenger**
8.00 **LIVE ANZ Premiership Netball Mystics v Magic.** Coverage from Auckland Netball Centre. Centre-pass **8.00am**.
9.30 **Game Changers Revisited**
10.00 **PGA Tour Golf** Action from the final day's play of the 3M Open.
3.00 PM **My Icon**
4.00 **Sporting Greats**
4.30 **School of Golf**
5.00 **Fighting Fit 2020**
5.30 **Fit In 5: Strength**
5.40 **Fit In 5: Abs & Core 2**
5.50 **Fit In 5: Challenger**
6.00 **ANZ Premiership Netball**
7.30 **Test Cricket** England v West Indies: Action from all five days of the third and final Test in the series, held at Emirates Old Trafford.
12.30 AM **Chronicles of a Champion Golfer** A profile of Gary Player.
1.00 **Feherty Talks To Henrik Stenson** A chat with the golfer.
2.00 **World Golf Championships**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **In Depth with Graham Bensinger** Sporting interview.
7.00 **ESPN SportsCenter**
7.15 **College Football Classics**
9.00 **MLB Prime 9: All '90s Team**
9.30 **MLB: Yankees @ Nationals**
12.30 PM **ESPN FC** Football news.
1.00 **ESPN SportsCenter**
1.15 **Baseball Tonight**
2.15 **MLB: Braves @ Mets**
5.15 **MLB: Giants @ Dodgers**
8.15 **ESPN FC** Football news.
8.45 **ESPN SportsCenter**
9.00 **In Depth with Graham Bensinger** Sporting interviews.
9.30 **Major League Lacrosse**
11.30 **LIVE MLB Tampa Bay Rays v Atlanta Braves.** Coverage from Truist Park. Start-time **11.40pm**.
2.30 AM **MLB: Greatest Postseason Home Runs**
3.45 **College Basketball Classics**
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

Eurosport 1

410 410 864 | 521 | 412 435

6.00 AM **Snooker: World Championship**
7.30 **European Rally Championship**
8.00 **Norwegian Football**
9.00 **Climbing World Champs**
11.00 **Snooker: World Champs Final**
1.00 PM **LIVE Snooker: World Championship** The afternoon session on day seven of qualifying at the Crucible Theatre, Sheffield.
4.30 **Snooker Vodcast: The Debate**
5.00 **Norwegian Football**
6.00 **Snooker: World Championship**
7.00 **LIVE Snooker: World Championship** Coverage of the evening session on day seven.
10.00 **Snooker: World Championship**
11.30 **Snooker Vodcast: O'Sullivan**
12.00 M'T **World Poker Tour: Alpha 8**
1.00 AM **Olympics: Hall of Fame**
2.00 **Snooker: World Championship**
3.30 **Snooker Vodcast: The Debate**
4.00 **Cycling: Milan-San Remo**
5.00 **to 6.00** AM **Cycling: Amstel Gold Race**

Eurosport 2

411 411 865 | 522 | 413 436

6.30 AM **World Superbikes: 2015 Review** The 2015 season.
8.00 **Snooker: World Championship**
9.30 **Snooker Vodcast: The Debate**
10.00 **World Superbikes** Triple bill.
1.00 PM **Superbikes: MotoAmerica**
2.00 **Speedway: European Championship** From Poland.
3.00 **Motorcycling: Cookstown 100**
4.00 **World Superbikes: Imola 2001**
5.00 **Speedway: European Championship** From Poland.
6.00 **Superbikes: Whit & Friends** Action from the 1993 Brands Hatch British Superbikes meeting.
8.00 **Motorcycling: Armoy Road Races** Action from the 2019 event in County Antrim.
9.00 **World Superbikes** Triple bill.
12.00 M'T **World Superbikes: 2015 Review** The 2015 season.
1.30 AM **World Superbikes**
2.00 **Best of Bikes – Brands Hatch**
2.30 **Superbikes: Whit & Friends**
4.30 **to 6.30** AM **World Superbikes**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Super League Gold**
7.00 **Super Rugby Classics**
8.00 **LIVE ANZ Premiership Netball Mystics v Magic.** Coverage from Auckland Netball Centre. Centre-pass **8.00am**.
9.30 **Netball World Cup 2019**
11.15 **NBA Champions: 2009**
12.30 PM **NBA: Sounds of the Finals**
1.00 **Super Rugby**
3.00 **Super League Highlights**
4.00 **Super League Super 8s**
4.15 **Netball World Cup 2019**
6.00 **ANZ Premiership Netball** Action from Mystics v Magic.
7.30 **NBA: LA Lakers @ Brooklyn**
9.15 **NBA: Milwaukee @ Charlotte**
11.00 **Shaq: The Big Conversation**
12.00 M'T **Super League Highlights**
1.00 AM **Sporting Heroes: Gary Newbon Interviews AP McCoy**
2.00 **Netball World Cup 2019**
3.45 **NBA Champions: 2009**
5.00 **to 6.00** AM **Allen Iverson: The Answer**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Austrian F1 GP: Practice 1**
12.45 PM **Austrian F1 GP: Practice 2**
2.30 **Austrian F1 GP: Practice 3**
3.55 **Austrian F1 GP: Qualifying**
5.40 **Lewis Hamilton: Opening Up**
5.55 **Alfa Romeo 1950**
6.00 **Austrian F1 Grand Prix** Action from the Austrian Grand Prix.
8.10 **F1 Cars Through 1000 Races**
8.15 **The Notebook**
8.45 **Alfa Romeo 1950**
8.50 **Jenson's Memories: Canada 2011** Jenson Button looks back at the 2011 Canadian Grand Prix.
9.00 **F1 Classic Races** A look back at the 1981 British Grand Prix.
9.45 **F1 Classic Races** A look back at the 1986 British Grand Prix.
10.30 **Jenson's F1 Memories 2009 Part 1** With Jenson Button.
11.00 **Johnny & Damon Relive '95**
11.25 **When Toto Met Lewis**
12.00 M'T **Austrian F1 GP Highlights**
1.00 **to 6.00** AM **The Home of F1**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

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Tuesday

28 July

Evening Planner

Cookery

Bake Off: The Professionals – The Final
C4 HD, 8pm
The winning baker is crowned after the best three teams create edible hats

Travelogue

Joanna Lumley's Unseen Adventures
ITV HD, 9pm
Joanna looks back on her travels, sharing behind-the-scenes footage and outtakes

Drama

Prodigal Son
Sky One HD, 9pm
A police profiler catches murderers using the knowledge of his own serial killer father in a thriller starring Tom Payne

Documentary

Our Baby: A Modern Miracle
C4 HD, 10pm
Following Jake and Hannah Graf, the UK's first transgender parents

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders: Who Killed Lucy Beale?		8.30 Holby City		9.30 Mrs Brown's...	10.00 News	
102 BBC2	7.00 Today at the Test: England v West Indies		8.00 Amazing Hotels: Life Beyond the Lobby		9.00 The Rise of the Murdoch Dynasty		10.00 Live at the Apollo	
103 ITV	7.00 Doc Martin		8.00 Who Wants to Be a Millionaire?		9.00 Joanna Lumley's Unseen Adventures		10.00 News	
104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals – The Final		9.00 24 Hours in A&E		10.00 Our Baby: A Modern Miracle	
105 CHANNEL 5	7.00 Dogs Behaving (Very) Badly		8.00 This Week on the Farm		9.00 Our Yorkshire Farm		10.00 Peter Kay Comedy Genius: In His...	
106 SKY ONE	7.00 The Simpsons		8.00 Rob & Romesh vs Cricket: South Africa		9.00 Prodigal Son		10.00 The Twilight Zone	
ENTERTAINMENT								
116 BBC4	7.00 Egyptian...	7.30 The Joy of...	8.00 The Golden Age of Steam Railways		9.00 Empire of the Tsars: Romanov Russia...		10.00 Russia on Four Wheels	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Superstore		9.00 Family Guy			
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 Britain's Most Historic Towns		10.00 999: On the Front Line – Paramedic...	
135 E4	7.00 Hollyoaks@25	7.30 Married at First Sight Australia			9.00 The Inbetweeners		10.05 8 Out of 10 Cats	
107 SKY WITNESS	7.00 Paramedics Australia		8.00 Ghost Whisperer		9.00 9-1-1		10.00 Coroner	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 The Plot Against America			
110 GOLD		7.20 Dad's Army		8.40 Fawlty Towers		9.25 Gavin & Stacey	10.00 Not Going Out	
111 DAVE	7.00 Richard Osman's...	7.40 Would I Lie to You?			9.00 Live at the Apollo		10.00 This Country	
119 ITV3	7.00 Agatha Christie's Poirot		8.00 Endeavour				10.00 Law & Order: UK	
120 ITV4	◂ 5.30 1999 Champions League Final...		8.00 European Cup Winners: Nottingham...		9.00 Harry's Heroes: Euro Having a Laugh			10.30 Film: Space...
112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans: Roadrunner		10.00 Al Murray's Great British Pub Quiz	
152 SYFY	7.00 Marvel's Runaways		8.00 Project Blue Book		9.00 Spides		10.00 Film: The Shanghai Job	
109 W	7.00 Top Chef		8.00 Inside the Ambulance		9.00 One Born Every Minute Australia		10.00 Inside the Operating Theatre	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Insecure	9.35 Our Cartoon President	10.15 Room 104	
124 FOX	7.00 NCIS				9.00 American Dad!	9.30 Family Guy		
122 SKY ARTS	7.00 Tate Britain's Great Art Walks		8.00 Landscape Artist of the Year 2019		9.00 Portrait Artist of the Year 2020		10.00 The Pretenders: Austin City Limits	
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Mighty Ships		9.00 Deadliest Catch		10.00 All on the Line	
162 ANIMAL PLANET	7.00 Animal Cops Houston		8.00 The Zoo		9.00 Alaska: The Last Frontier		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Save the Titanic: Treasures from the...		9.00 Expedition Amelia		10.00 Shipwreck Graveyard	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Salvage Kings		9.00 The UnXplained		10.00 Mystery Weapons	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 David Jason: Planes, Trains and...		9.00 Porridge			
166 EDEN	7.00 Wild Africa		8.00 Yellowstone		9.00 The Zoo	9.30 Jungle Planet	10.00 Mountain Gorilla	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.20 The Angry Birds Movie 2		8.00 Good Boys			9.45 The Kindness of Strangers		
303 HITS	7.00 The Kitchen				9.00 Alita: Battle Angel			
304 GREATS	◂ 5.30 Star Wars: Episode III – Revenge of...		8.00 The Shawshank Redemption					10.30 Terminator 2...
307 DISNEY	◂ 6.00 The Lion King		8.00 Cars				10.00 Prom	
306 FAMILY	7.00 Babe: Pig in the City			8.50 Dumbo				
308 ACTION	◂ 4.55 King Kong		8.00 Lethal Weapon				10.00 Lethal Weapon 2	
309 COMEDY	◂ 6.00 3 Men and a Baby		8.00 Identity Thief				10.00 CRSHD	
310 THRILLER	7.05 The Wolf Hour				9.00 Manhunter			
311 DRAMA	◂ 5.45 The Twilight Saga: New Moon		8.00 Days of Thunder				10.00 Wall Street: Money Never Sleeps	
312 SCI-FI	◂ 6.45 The Matrix Revolutions				9.00 Captain Marvel			
302 HARRY POTTER	◂ 6.30 Harry Potter and the Philosopher's Stone					9.15 Harry Potter and the Chamber of Secrets		
313 FILM4	◂ 6.45 Keeping Up with the Joneses				9.00 Snatched			10.45 Ida
315 TCM MOVIES	◂ 5.55 Son of a...	7.30 Oregon Passage			9.00 The Fugitive			
SPORT								
401 MAIN EVENT		7.15 Cricket Debate	8.00 Sky Sports News		9.00 Take the Ball, Pass the Ball			
402 PREMIER LEAGUE	7.00 PL Greatest Games		8.00 Gary Neville's Soccerbox		9.00 Take the Ball, Pass the Ball			
403 FOOTBALL	7.00 EFL League 2 Play-off Final		8.00 EFL Play Off Final League 1 19/20		9.00 Best Moments...	9.30 Best Moments...	10.00 SPFL Greatest...	10.30 Old Firm...
404 CRICKET		7.15 Cricket Debate	8.00 Test Cricket		9.00 Cricket Debate		10.00 Test Cricket	
413 BT SPORT 1	7.00 Hyundai A-League			8.30 ESPN FC	9.00 WWE Monday Night Raw			
414 BT SPORT 2	◂ 5.30 30 for 30...	7.30 Inside Sailing	8.00 Fishing: On The Bank		9.00 Shoulder to Shoulder			10.30 Bundesliga...

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Tuesday

BBC1

101 101/115 801 101 108 1 101 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Murder, Mystery and My Family** New edition 2/10. The case of a soldier convicted of murdering a friend on New Year's Eve. (S)(AD)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Close Calls: On Camera** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode 2/30. Ash wants to earn some cash, but needs a car to do it. (S2) (S)(AD)
2.15 **Impossible** Game show. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** (S)(R)
4.30 **Antiques Road Trip** (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.30 Holby City

7 PM

7.00 The One Show
A mix of nationwide reports and studio chat. (S)

7.30 EastEnders: Who Killed Lucy Beale?
The double-length 30th anniversary episode of the soap, in which Lucy Beale's murderer is unmasked. Dot is determined to do the right thing as Nick's body is found. (S)(R)(AD)

8 PM

8.30 Holby City
Cameron is concerned that charismatic locum Drew Nicholson-Heath is out to expose him, so he resorts to his old tricks of playing the hero, but is almost caught out. Guest stars John Barrowman. (S)(AD)

9 PM

9.30 Mrs Brown's Boys
6/6. Agnes tries to make friends with Dermot's mother-in-law Hillary. (S2) (S)(R)

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.45 How's Your Head, Hun? With Michelle Visage
New edition 4/8. With fashion designer Marc Jacobs and comedian Celeste Barber. (S)

11.15 **Hayley Goes...** New edition 2/6. Hayley Pearce takes on the challenge of no sex for a month. (S)
11.50 **Dear NHS Superstars** A selection of famous faces pay tribute to the work of the NHS. (S)(R)
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.05 AM **Pointless** Quiz show. (S)(R)
6.50 **Murder, Mystery and My Family** 1/10. Historical cases. (S)(R)(AD)
7.35 **Meerkat Manor** (S)(R)(AD)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **Lost Land of the Tiger** (S)(R)
10.00 **BBC News** (S)
12.50 PM **Lifeline** (S)(R)
1.00 **The Boss** Quiz show. (S)(R)
1.45 **David Attenborough's Natural Curiosities** (S)(R)(AD)
2.20 **FILM The Miracle of the Bells** Melodrama starring Fred MacMurray, Valli and Frank Sinatra (S) (1948, b/w, U, 115min) ★★★
4.15 **Madagascar** (S)(R)(AD)
5.15 **Flog It!** From the Ulster Folk and Transport Museum, Belfast. (S)(R)
6.00 **Eggheads** Quiz show. (S)(R)
6.35 **Meerkat Manor** 2/13. Flower's pups come under threat. (S)(R)(AD)

8.00 Amazing Hotels: Life Beyond...

7.00 Today at the Test: England v West Indies
Action from the fifth and final day's play of the third and concluding Test of the series, held at Old Trafford. (S)

8.00 Amazing Hotels: Life Beyond the Lobby
New edition 3/6. Monica Galetti and Giles Coren visit Schloss Elmau, a hotel deep in the Bavarian Alps, where they attend a performance by world-renowned musicians. (S)(AD)

9.00 The Rise of the Murdoch Dynasty
Series finale 3/3. Examining Rupert Murdoch's involvement in the 2016 US elections and the EU Referendum, which saw the media mogul rising in prominence. (S)(AD)

10.00 Live at the Apollo
Hal Cruttenden introduces stand-up sets by Tom Stade and Justin Moorhouse. (S)(R)
10.45 Newsnight (S)

11.25 **Weather** (S)
11.30 **The Misadventures of Romesh Ranganathan: From My Sofa**
3/3. Romesh catches up with old friends from Colombia, Haiti and Ethiopia. (S)(R)
12.30 AM **Sign Zone: The Repair Shop: Fixing Britain** (S)(R)(AD)
1.15 **Sign Zone: Beechgrove**
Easy-to-grow strawberries. (S)(R)
1.45 **Sign Zone: Celebrity MasterChef**
A mass catering task. (S)(R)(AD)
2.45 **to 6.05** AM **Previews** (S)

ITV

103 103/176 803 103 103/113 3 103 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat and lifestyle features. (S)
12.30 PM **Loose Women** Celebrity interviews and topical debate. (S)
1.00 **ITV News** (S)
1.20 **Local News** (S)
1.30 **LIVE ITV Racing: Glorious Goodwood** Ed Chamberlin and Francesca Cumani host coverage of day one of the meeting, including the 3.15 Goodwood Cup, and supporting races at 1.45, 2.15, 2.45 and 3.45. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

1.30 Racing: Glorious Goodwood

7.00 Doc Martin
All My Trials: 8/8. Martin prepares to face his hearing, while a visitor to Portwenn returns to research her family tree and seek the doctor's advice. Guest stars Sigourney Weaver. (S8) (S)(R)(AD)

8.00 Who Wants to Be a Millionaire?
Jeremy Clarkson hosts as more players try to win the jackpot with four lifelines – Ask the Audience, Phone a Friend, 50:50 and Ask the Host – at their disposal. (S)(R)

9.00 NEW SERIES Joanna Lumley's Unseen Adventures
1/3. Unseen footage from Joanna's travelogues, beginning with a look at her journey from Japan to Siberia, which took her across China and Mongolia. (S)(AD)

10.00 ITV News (S)
10.30 Local News (S)
10.45 Madeleine McCann: The Hunt for the Prime Suspect
Julie Etchingham investigates the latest developments in the McCann case. (S)(R)(AD)

11.45 **Tenable** Warwick Davis hosts as a women and her four children tackle questions about top 10 lists, then try to score a perfect 10 in the final round to take home the prize money. (S)(R)
12.40 AM **Ideal World**
3.00 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder**
Criminal barrister Robert Rinder takes on real-life cases in a studio courtroom. (S)(SL)(R)

+1 hour 203 114 33 112

CHANNEL 4

104 104/138 804 104 104/141 4 104 104

6.30 AM **Cheers** 10&11/26. (S10) (S)(R)
7.20 **Everybody Loves Raymond** 17-19/26. (S3) (S)(R)(AD)
8.40 **Frasier** 23&24/24. (S4) (S)(R)(AD)
9.40 **The Big Bang Theory** (S)(R)(AD)
10.35 **Ramsay's Kitchen Nightmares USA** In California. (S)(R)
11.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
2.10 **Countdown: Champion of Champions** Game show. (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses**
A couple from Derby who would like a villa in Alicante. (S)(R)
5.00 **Four in a Bed** At The Guest House Worsthorne in Lancashire.(S)(R)
5.30 **Come Dine with Me** (S)(R)
6.00 **The Simpsons** Double bill of the animated comedy. (S)(R)(AD)

9.00 24 Hours in A&E

7.00 News (S)

8.00 Bake Off: The Professionals – The Final
Series finale 10/10. Liam Charles and Tom Allen host the final of the baking contest, with the best three teams challenged to produce edible hats to be worn in a catwalk show. (S)(AD)

9.00 24 Hours in A&E
New edition Patients include a builder who fell into a hole on site, a woman who has collapsed twice within a week and an ex-convict who has suffered a seizure. (S)(AD)

10.00 NEW Our Baby: A Modern Miracle
Documentary following transgender couple Hannah and Jake Graf as they start a family, from their first meeting with a surrogate to their baby's birth in the middle of lockdown. (S)(AD)

11.00 **Paramedics: Britain's Lifesavers**
12.05 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
12.55 **Couples Come Dine with Me** (R)
1.45 **George Clarke's Amazing Spaces**
2.40 **FILM Inside Llewyn Davis** Drama. (S) (2013, 15, 105min) ★★★★★
4.25 **Fifteen to One** (S)(R)
5.15 **All Star Driving School** (S)(R)
5.40 **Kirstie's Vintage Gems** (S)(R)
5.50 **to 6.30** AM **Countdown: Champion of Champions** (S)(R)

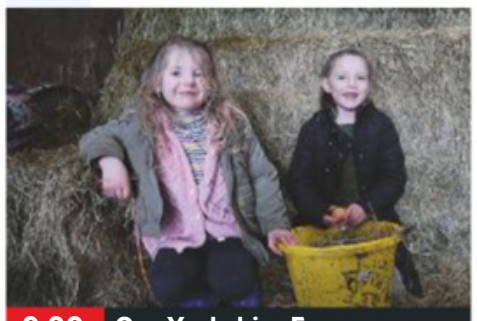
+1 hour 204 142 15 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Can't Pay? We'll Take It Away!** Unpaid rent. (S)(R)
12.10 PM **News** (S)
12.15 **Nightmare Tenants, Slum Landlords** (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM PREMIERE Friends Who Kill** Thriller with Natalie Brown. (S) (2020, 12, 105min) ★★
4.00 **Friends** 11&12/24. (S2) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Emmett flees from the scene of the crime. (S)(R)
6.00 **Home and Away** Maggie and Ben deliberate over the future of their marriage. (S)(R)(AD)
6.30 **News** (S)



9.00 Our Yorkshire Farm

7.00 Dogs Behaving (Very) Badly 5/10. A couple's life has turned upside down since they adopted three dogs from Mexico, while a police officer is being held hostage in his own home. (S)(R)

8.00 This Week on the Farm New edition 7/8. An orphaned goat from North Yorkshire is in need of a new home, while Julian Norton from *The Yorkshire Vet* joins the show to demonstrate the art of blade shearing. (S)

9.00 Our Yorkshire Farm New edition 3/6. All nine children return home for Christmas. Clemmy has her hands full nursing a calf, while Clive has fixed up an ancient contraption to cook the festive roast. (S)

10.00 Peter Kay Comedy Genius: In His Own Words Celebrating the career of the comedian, featuring interviews with Peter himself as well as friends and colleagues Pete Waterman and Bobby Davro. (S)(R)

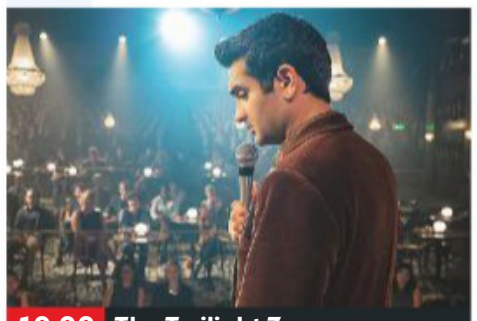
12.05 AM **Utterly Outrageous X-Rated Comedy** (S)(R)
1.00 **21.co.uk Live Casino Show**
3.00 **Access** Showbiz news. (S)
3.10 **The Yorkshire Vet** (S)(R)(AD)
4.00 **Building Britain's Canals** The creation of the Kennet & Avon Canal. (S)(SL)(R)
4.45 **World's Most Pampered Pets** Spoilt family pets. (S)(SL)(R)
5.35 **to 6.00** AM **House Doctor** (R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal 999** (S)(R)(AD)
7.00 **The Flash** 9/23. (S2) (S)(R)
8.00 **Supergirl** 12/22. (S2) (S)(R)
9.00 **The Simpsons** (S)(R)
10.00 **Brit Cops: Rapid Response** Officers on patrol. (S)(R)(AD)
11.00 **NCIS: Los Angeles** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **Brit Cops: Rapid Response** Documentary. (S)(R)(AD)
4.00 **Modern Family** (S8) (S)(R)
5.00 **Futurama** (S)(R)
5.30 **The Simpsons** *The Old Man and the C Student:* Bart does community service. (S)(R)
6.00 *Treehouse of Horror XVII:* Springfield becomes the target of an alien invasion. (S)(R)
6.30 *Revenge Is a Dish Best Served Three Times:* Three stories of revenge. (S)(R)



10.00 The Twilight Zone

7.00 The Simpsons *Little Big Girl:* Bart forms a relationship with a teenage girl in a nearby town. (S)(R) **7.30** *Springfield Up:* Homer borrows Mr Burns' summer mansion. Featuring the voice of Eric Idle. (S)(R)

8.00 Rob & Romesh vs Cricket: South Africa 3/4. Rob Beckett and Romesh Ranganathan go to Cape Town to see England play a Test match and get a lesson from former captain Kevin Pietersen. (S)(R)(AD)

9.00 NEW SERIES Prodigal Son *Pilot:* 1/20. Crime drama starring Tom Payne and Michael Sheen. A criminal psychologist hired by the NYPD has to consult with his serial killer father on a case. *See feature, page 11*. (S1)

10.00 The Twilight Zone *The Comedian:* 1/10. A stand-up comedian incorporates details about people he knows into his routines, unaware that each joke leads to someone being erased from existence. (S)(R)

11.10 **Road Wars** (S)(R)
12.10 AM **MacGyver** 1/20. (S4) (S)(R)
1.10 **Micky Flanagan Thinking Aloud** The difference between an underdog and a loser. (S)(R)
2.10 **Brit Cops: Rapid Response** (R)
3.05 **Hawaii Five-0** 11/22. Danger looms for Chin. (S4) (S)(R)
4.00 **Highway Patrol** (S)(R)(AD)
5.00 **Futurama** (S)(R)
5.30 **to 6.00** AM **Animal House** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
12.15-1.00pm Politics Scotland Special (S) **10.45** Disclosure: The Care Home Scandal New edition (S) **11.30** How's Your Head, Hun? with Michelle Visage New edition (S) **12.00m't** Hayley Goes... New edition (S) **12.35am** Dear NHS Superstars (S)(R) **1.35** Weather for the Week Ahead (S) **1.40-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.45pm My First Home (S)(R) **11.15** How's Your Head, Hun? with Michelle Visage New edition (S) **11.45** Hayley Goes... New edition (S) **12.20am** Dear NHS Superstars (S)(R) **1.20-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am Bargain Hunt (S)(R)(AD) **12.30-1.00pm** Wales Today Coronavirus Update New edition (S) **10.45** Hayley Goes... New edition (S) **11.15-11.50pm** How's Your Head, Hun? with Michelle Visage New edition (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Codi Hwyl **12.30pm** Datganiad Dyddiol COVID-19 New edition **1.00** Heno **1.30** Ffermio **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Ail Agor Ysgol Maesincla **4.00** Awr Fawr **5.00** Stwnsh **6.00** Natur a Ni **6.30 NEW** Stori Pel-Droed Cymru **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Priodasau Cwmderi **8.55** Newyddion S4C a'r Tywydd **9.00** Cefn Gwlad New edition (AD) **10.00** Tewach Na Dwr New episode **11.15-11.50pm** Bad Achub Porthdinllaen (AD)

TV&Satellite week
New issue on sale today

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Egyptian Journeys with Dan Cruickshank** 2/6. The life of British archaeologist Howard Carter.
7.30 **The Joy of Painting** New edition 6/52. Painting a summer mountain scene.
8.00 **The Golden Age of Steam Railways** 2/2. Further efforts to rescue Britain's standard-gauge railways.
9.00 **Empire of the Tsars: Romanov Russia with Lucy Worsley** 2/3. The extraordinary reign of Catherine the Great.
10.00 **Russia on Four Wheels** 2/2. Justin Rowlatt spends time with bear hunters and visits a large arms fair.
11.00 **The Last Wave** 1&2/6. French drama starring David Kammenos. Subtitled. (S1)
12.40 AM **There She Goes**
1.40 **The Joy of Painting**
2.10 **Egyptian Journeys with Dan Cruickshank**
2.40 **to 3.40** AM **Empire of the Tsars: Romanov Russia with Lucy Worsley**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.15 **A Place in the Sun: Winter Sun** In Florida.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: DIY**
1.15 **Building the Dream**
2.20 **Four in a Bed** Five editions.
4.55 **The Secret Life of the Zoo** Two of Chester's zebras are about to give birth.
5.55 **The Supervet**
6.55 **Escape to the Chateau: DIY** Wild boars cause chaos around one couple's chateau.
7.55 **Grand Designs** Kevin McCloud meets an architect and shed fanatic who plans to transform an old agricultural building in Co Down.
9.00 **Britain's Most Historic Towns** Alice Roberts explores the history of Oxford during the Civil War, when the city became a power base for the Royalist forces and a rival capital for nine years of conflict.
10.00 **999: On the Front Line – Paramedic Abuse** Some of the abuse paramedics have to deal with.
11.05 **Sarah Millican: Home Bird Live** Stand-up show.
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **Building the Dream**
2.15 **Ramsay's Kitchen Nightmares USA**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Ellen DeGeneres Show**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.00 **You've Been Framed!**
9.25 **Supermarket Sweep**
10.25 **Ellen's Game of Games**
11.20 **Dress to Impress**
12.25 PM **Emmerdale**
12.55 **Coronation Street**
1.30 **You've Been Framed!**
2.00 **Ellen DeGeneres Show**
2.55 **Ellen's Game of Games** New edition Game show.
3.50 **Supermarket Sweep**
4.55 **Dress to Impress**
6.00 **You've Been Framed!**
8.00 **Superstore** 1/22. A robot co-worker is introduced. **8.30** 2/22. Amy struggles to gather glowing character testimonies for Mateo. (S5)
9.00 **Family Guy** *Quagmire's Dad:* 21/22. Quagmire's father visits Quahog. **9.30** *The Splendid Source:* 20/22. Peter, Quagmire and Joe travel to Virginia. **10.00** *Partial Terms of Endearment:* 14/22. Lois faces a dilemma. (S8) **10.30** *The Blind Side:* 11/23. The Griffins have a new staircase installed. (S10)
11.00 **Family Guy** 12/23. With the voice of Judy Greer. (S10)
11.30 **American Dad!**
12.25 AM **The Cleveland Show**
1.25 **Superstore**
2.20 **to 3.15** AM **The Almost Impossible Gameshow**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **The Goldbergs**
7.00 **Couples Come Dine with Me** From Brighton.
8.00 **Don't Tell the Bride**
9.00 **Married at First Sight Australia** Reality series.
10.30 **Melissa & Joey**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **The Goldbergs**
4.00 **Brooklyn Nine-Nine**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks@25** New episode Lucy tries to seduce Rob.
7.30 **Married at First Sight Australia** New edition The couples are brought back together for one final dinner party before they head home to deliberate over the renewal of their vows.
9.00 **The Inbetweeners** 1/6. Simon is eager to participate in Carli's fashion show. **9.35** 2/6. Simon tries to impress a girl. (S3)
10.05 **8 Out of 10 Cats** With Joe Swash, Angela Scanlon and Jamali Maddix.
11.05 **Buffy the Vampire Slayer**
1.05 AM **The Big Bang Theory**
2.00 **Gogglebox**
2.55 **First Dates**
3.50 **Don't Tell the Bride**
4.45 **to 6.00** AM **Couples Come Dine with Me**

+1 hour 235 | 146 | 28 | 123

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **UK Border Force**
10.00 **Blue Bloods** 17/22. (S2)
11.00 **Elementary** 22/24. (S3)
12.00 NOON **Law & Order** 14/24. When a pregnant loan officer is murdered, the trail leads to a professional basketball player. Guest stars Chris Cody. (S11)
1.00 PM **Blue Bloods** 18/22. (S2)
2.00 **CSI** 13/23. (S4)
3.00 **Paramedics Australia**
4.00 **Nothing to Declare**

9.00 9-1-1

7 PM
7.00 **Paramedics Australia** New edition Following Australia's emergency service heroes as they battle to save lives.

8 PM
8.00 **Ghost Whisperer** *Demon Child:* 17/22. Melinda encounters the ghost of a boy who is terrorising his family. (S1)

9 PM
9.00 **9-1-1** New episode *Seize the Day:* 11/18. The team respond to an emergency call when a sky diving trip goes wrong. (S3)

10 PM
10.00 **Coroner** *Bridges:* 8/8. Following a co-worker's death, Jenny and McAvoy discover clues that lead them to a serial killer. (S1)
11.00 **Criminal Minds** 10/24. (S9)
12.00 M'T **Ghost Whisperer** (S1)
1.00 AM **Grey's Anatomy** (S16)
2.00 **Station 19** 13/14. (S3)
3.00 **Blue Bloods** 19/22. (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** The French Riviera.
7.00 **Fish Town**
8.00 **The British**
9.00 **Elementary** 6/24. (S2)
10.00 **CSI** Triple bill. (S9)
1.00 PM **Elementary** 7/24. (S2)
2.00 **Blue Bloods** 3&4/22. (S4)
4.00 **CSI** 7/24. Grissom is reacquainted with the 'miniatures killer'. **5.00** 8/24. A TV talent show contestant is murdered. **6.00** 9/24. Grissom announces he is leaving the team. (S9)

9.00 The Plot Against America

7.00 **Blue Bloods** *Lost and Found:* 5/22. Frank tries to help an NYPD chaplain arrested for drink-driving.

8.00 **Blue Bloods** *Growing Boys:* 6/22. Jamie has to defend his conduct following the death of a teenager. (S4)

9.00 **The Plot Against America** New episode *Part 5:* 5/6. Herman looks to make a challenge in court, while Bess gives Herman an ultimatum. **10.10** Series finale *Part 6:* 6/6. Riots and conspiracies spread across the country. (S1)
11.40 **Six Feet Under** 10/13. Arthur and Ruth's relationship hits the rocks. (S3)
12.45 AM **Six Feet Under** (S3)
1.55 **Penny Dreadful: City of Angels** 4/10. (S1)
3.05 **CSI** 3/24. (S9)
4.00 **to 6.00** AM **The Guest Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.00 AM **Porridge: Inside Out**
7.30 **Keeping Up Appearances**
8.40 **Porridge**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
12.00 NOON **Keeping Up...**
12.40 PM **Gavin & Stacey**
1.20 **Porridge**
2.00 **Are You Being Served?**
2.40 **Keeping Up Appearances**
3.20 **Dad's Army**
4.00 **Last of the Summer Wine**
6.00 **Are You Being Served?**
6.40 **Porridge**

6.40 Porridge

7.20 **Dad's Army** Mainwaring discovers he is not a commissioned officer.

8.00 **Dad's Army** The platoon take charge of a large naval gun.
8.40 **Fawlty Towers** An abrasive woman comes to stay at the hotel.
9.25 **Gavin & Stacey** The happy couple are welcomed home after their honeymoon.

10.00 **Not Going Out** Lee imagines having the perfect life with Lucy. **10.40** Tim becomes part of a band at work.
11.20 **Fawlty Towers** As 8.40pm.
12.00 M'T **Gavin & Stacey**
12.40 AM **Not Going Out**
2.00 **Green Wing** Mac struggles to adjust to his new role, and Martin hires a private eye.
3.00 **to 4.00** AM **Johnny Vegas: My Favourite Sketch**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.00 **Heartbeat**
9.05 **Rising Damp**
10.05 **That's My Boy**
10.40 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple**
5.55 **Heartbeat** *Absent Friends:* Merton organises a search of the moors after a farming couple are reported missing.

8.00 Endeavour

7.00 **Agatha Christie's Poirot** *How Does Your Garden Grow?* A murder gives rise to rumours of a communist conspiracy.

8.00 **Endeavour** *Deguello:* The detective investigates the murder of a librarian, and suspicion immediately falls on two professors connected to each other. As Endeavour and Thursday dig deeper, they uncover a web of professional rivalries.

10.00 **Law & Order: UK** *Love and Loss:* 5/6. Brooks and Devlin look into the death of a girl who was working as a mule. (S2)
11.00 **Scott & Bailey** 6/8. Rachel meets Sean's son, putting her off the idea of marriage, while Janet turns down Andy's invitation for a drink. (S2)
12.00 M'T **Inspector Morse**
2.15 **to 3.25** AM **Agatha Christie's Poirot**

+1 hour 219 174 58 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.15 **Robin of Sherwood**
8.10 **Dempsey and Makepeace**
9.15 **Minder**
10.20 **The Professionals**
11.20 **The Sweeney**
12.30 PM **The Saint**
1.35 **Robin of Sherwood**
2.40 **Dempsey and Makepeace**
3.45 **Minder**
5.00 **Banks of England**
5.30 **1999 Champions League Final Revisited** New edition

10.30 Space Cowboys

1999 Champions League Final Revisited (started at 5.30pm)

8.00 **European Cup Winners** Looking at Football manager Brian Clough's success in Europe with Nottingham Forest.

9.00 **Harry's Heroes: Euro Having a Laugh** 2/3. The second leg of the tour takes the boys to Italy, where they're holing up at a traditional Palazzo.

10.30 **FILM Space Cowboys** Sci-fi action adventure directed by and starring Clint Eastwood. (2000, PG, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.05 AM **The Sweeney** Regan and Carter uncover a plot to smuggle gold bars disguised as weights for an international strongman competition.
2.00 **to 3.00** AM **Lethal Weapon**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As BBC2 except:**
12.00 NOON **This Is BBC Scotland**
12.15 PM **Politics Scotland Special**
1.15 **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Great Escapes with Colin and Justin** 3/8. Scale of design.
7.25 **Beechgrove Repotted**
7.30 **The Great Food Guys** Nick Nairn and Dougie Vipond cook a Buddha bowl with onion bhajis.
8.00 **Corner Shop Cook-Off** 4/6. Gary Maclean goes up against Fife chef Jamie Scott. Presented by Clare Grogan.
9.00 **The Nine**
10.00 **Scots in China** 1/2. Neil Oliver explores modern China by meeting Scots living and working there.
11.00 **to 12.00** M'T **Children of the Devolution**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules**
11.00 **My Kitchen Rules: US**
12.00 NOON **The Chef's Line**
1.00 PM **America's Next Top Model** Double bill.
3.00 **Babylon 5** (S5)
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S6)
8.00 **The Flash** *Rogue Air:* 22/23. Barry calls on some familiar faces. (S1)
9.00 **SEAL Team** *No Man's Land:* 15/22. Mandy confronts the owner of the red Mercedes. (S1)
10.00 **The Russell Howard Hour** With documentary maker Louis Theroux.
11.00 **Prodigal Son** 1/20. (S1)
12.00 M'T **9-1-1** 11/18. (S3)
1.00 AM **Sun, Sea and A&E**
2.00 **A Town Called Eureka**
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Neighbourhood Blues**
12.00 NOON **Motorway Patrol**
1.00 PM **Road Wars**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security USA**
5.00 **Neighbourhood Blues**
6.00 **Star Trek: The Next Generation** 3/26. (S6)
7.00 **Hawaii Five-0**
8.00 **Merlin** 5/13. (S5)
9.00 **Killer Colleagues** New edition 6/10.
10.00 **Britain's Most Evil Killers**
11.00 **CSI** 19/25. (S5)
12.00 M'T **Brit Cops: War on Crime**
1.00 AM **Road Wars**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Last Stop Garage**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
12.00 NOON **Cop Car Workshop**
1.00 PM **Abandoned Engineering**
2.00 **Top Gear: Top Fails**
3.00 **Rick Stein: From Venice to Istanbul**
4.00 **Top Gear** Double bill.
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.40 **Would I Lie to You?**
9.00 **Live at the Apollo** With Ed Byrne, Geoff Norcott and Angela Barnes.
10.00 **This Country** (S2)
11.10 **Taskmaster**
12.15 AM **Mock the Week**
12.55 **Would I Lie to You?**
1.35 **Red Dwarf** 5/6. (S5)
2.10 **This Country**
3.20 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Bob's Burgers**
10.00 **Everybody Loves Raymond** (S4)
11.00 **The King of Queens**
12.00 NOON **My Wife and Kids**
1.00 PM **Friends** (S9)
9.00 **Lee Evans: Roadrunner** A performance recorded at London's O2 during the energetic comedian's 2011 tour.
10.00 **Al Murray's Great British Pub Quiz** Teams from London and Glasgow compete.
11.00 **Bob's Burgers** 1/21. Louise helps Gene stage his *Die Hard* musical. **11.30** 2/21. Tina begins a romance with a ghost living in the Belchers' basement. (S5)
12.00 M'T **Russell Howard's Good News**
2.00 AM **South Park** (S7)
3.00 **The Daily Show** New edition Talk show.
3.25 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **The Bachelor USA**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **Real Housewives of Beverly Hills**
1.25 **Million Dollar Listing: NYC** Fredrik is hired.
2.30 **The Only Way Is Essex**
3.10 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **The Real Housewives of Atlanta**
10.00 **Marriage Boot Camp: Reality Stars** New edition Porsha and Dennis prepare for their newborn baby.
11.00 **Don't Be Tardy**
11.55 PM **to 12.55** AM **The Only Way Is Essexmas 2015**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S2)
9.00 **Inspector George Gently**
11.00 **New Tricks** As 12.00m't.
12.00 NOON **Major Crimes** (S4)
1.00 PM **Unforgettable** 19/22. (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** (S2)
3.00 **Murdoch Mysteries** 9/19. The detective finds himself in the middle of a bank heist. **4.00** 10/19. An Arctic explorer arrives in town. **5.00** 11/19. The team look into the murder of a golfer. (S9)
6.00 **Major Crimes** 9/23. (S4)

10.00 Inspector George Gently

7.00 **Unforgettable** *Man in the Woods:* 22/22. Carrie's latest case brings back painful memories of her sister's murder. (S1)
8.00 **Shakespeare & Hathaway – Private Investigators** 8/10. The duo try to discover an amnesiac's identity. (S2)
9.00 **Miss Scarlet and the Duke** 2/6. Eliza must prove the innocence of a man found at a murder scene. (S1)
10.00 **Inspector George Gently** Pilot episode of the crime drama starring Martin Shaw as the eponymous 1960s detective.
12.00 M'T **New Tricks** *Bermondsey Boy:* An old friend asks Gerry to investigate the murder of his grandson, and a newly divorced Sasha is forced to work with her ex-husband.
1.20 AM **Murdoch Mysteries** (S11)
3.10 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **Star Trek: Voyager** (S5)
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S5)
1.00 PM **Star Trek: Voyager** (S5)
3.00 **Star Trek: Deep Space Nine** 11&12/26. Double bill. (S5)
5.00 **Star Trek: The Next Generation** *Unification – Part One:* 7/26. Picard and Data are determined to discover why Spock has undertaken an unauthorised mission. **6.00** *Unification – Part Two:* 8/26. Picard and Spock clash. With Leonard Nimoy. (S5)

9.00 Spides

7.00 **Marvel's Runaways** *Refraction:* 7/10. A future Chase warns Victor against using the fistigons. (S1)
8.00 **Project Blue Book** *The Scoutmaster:* 7/10. A group of scouts witness something hovering in the woods. (S1)
9.00 **Spides** New episode *Gemini:* 7/8. Mitosch causes great damage at the lab, making Torsen's creatures furious. (S1)
10.00 **FILM** **The Shanghai Job** Action thriller starring Orlando Bloom and Lei Wu. (2017, 15, 95min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Spides** As 9.00pm.
1.00 AM **Star Trek: The Next Generation** As 5pm & 6pm.
3.00 **Fact or Faked: Paranormal Files** A ghostly figure.
4.00 **Marvel's Runaways** 7/10. (S1)
5.00 **to 6.00** AM **Project Blue Book**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.15 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Who Do You Think You Are?**
12.00 NOON **My Dream Home**
1.00 PM **Tipping Point** Triple bill.
4.00 **My Dream Home** Drew and Jonathan Scott help a woman looking for a fresh start to find a modern property as her new home. **5.00** Turning ramshackle properties into dream homes.
6.00 **Tipping Point** Game show hosted by Ben Shephard.

9.00 One Born Every Minute...

7.00 **Top Chef** New edition 12/14. Padma Lakshmi hosts as America's most promising chefs compete against one another.
8.00 **Inside the Ambulance** Paramedics help a woman with dementia – but must earn her trust before she will let them in.
9.00 **One Born Every Minute Australia** Following returning parents Joan and Frank who are expecting their fifth child.
10.00 **Inside the Operating Theatre** A four-year-old girl has an operation to have squints in both eyes realigned.
11.00 **Inside the Ambulance** Paramedics treat a 94-year-old man showing signs of a stroke.
12.00 M'T **One Born Every Minute**
1.00 AM **Amazing Hotels: Life Beyond the Lobby**
1.50 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S2)
10.30 **30 Rock** Triple bill. (S6)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S2)
2.30 **Everybody Hates Chris** (S4)
3.30 **Parks and Recreation** (S2)
5.00 **30 Rock** 17/22. Jack's mother ruins his big day. **5.30** 18/22. Criss discovers Liz's adoption plans. **6.00** 20/22. Angie's reality show returns. (S6)
6.30 **Modern Family** 7/24. (S2)

9.35 Our Cartoon President

7.00 **Modern Family** (S2)
7.30 **The Mindy Project** 19/22. Peter encourages Mindy to think more like a man in her personal life. (S2)
8.00 **The Mindy Project** 20/22. Danny befriends a Rabbi. **8.30** 21/22. Danny feels jealous when Mindy starts dating a police officer. (S2)
9.00 **Insecure** New episode *Lowkey Done:* 6/10. (S4)
9.35 **Our Cartoon President** New episode 2/10. Cartoon Trump cons the country. (S3)
10.15 **Room 104** 2/12. (S1)
10.50 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.50 **Entourage** 1/12. Billy and Eric clash over keeping the *Medellin* project on track, while Drama tries to get a part in the film. (S4)
12.30 AM **Vice Principals** 3&4/9. Double bill of episodes. (S2)
1.50 **Parks and Recreation** 13-15/24. Triple bill. (S2)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S4)
9.00 **Bones** 20/22. (S11)
10.00 **Bull** 14/22. (S3)
11.00 **NCIS** 16/24. (S13)
12.00 NOON **Bones** (S11)
2.00 PM **The Mentalist** 2/22. (S5)
3.00 **NCIS** 17/24. (S13)
4.00 **Bull** 15/22. (S3)
5.00 **Bones** 1/22. First episode of the crime drama. (S1)
6.00 **The Mentalist** 3/22. A bank employee is murdered during a robbery and the CBI try to track down the killer. (S5)

9.00 American Dad!

7.00 **NCIS** *Scope:* 18/24. The team must ask a traumatised serviceman to relive the events of a brutal ambush in Iraq.
8.00 **NCIS** *Reasonable Doubts:* 19/24. A navy officer's tangled love-life is exposed after he is murdered. (S13)
9.00 **American Dad!** New episode 10/22. The family learn Tuttle is a Korean reality TV star. (S16)
9.30 **Family Guy** 6/12. (S6)
10.00 **Family Guy** 7/12. Meg falls for a medical student. **10.30** 8/12. Peter puts out a fire at a fast-food restaurant. (S6)
11.00 **American Dad!** (S4)
12.00 M'T **Family Guy** (S11)
12.30 AM **Family Guy** (S11)
1.00 **American Dad!** (S4)
2.00 **Family Guy** (S11)
3.00 **American Dad!** (S4)
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Tuesday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 20/24. (S1)
7.10 **Hart to Hart** (S1)
9.10 **Days of Our Lives**
10.00 **Hart to Hart** 8/23. (S1)
11.00 **Murder, She Wrote**
12.00 NOON **Due South** (S1)
1.00 PM **Hart to Hart** (S1)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** 17&18/24. (S3)
8.00 **Randall and Hopkirk (Deceased)** *Somebody Just Walked Over My Grave:* 17/26. Jeff stumbles across a kidnap plot. (S1)
9.00 **Classic Who Wants to Be a Millionaire?** Triple bill of the big-prize quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H** (S10)
2.00 **Charlie's Angels** (S5)
3.00 **M*A*S*H** 18/24. (S3)
3.30 **Due South** 4/26. (S3)
4.15 **Sony Movie News Extra**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Renée Fleming: Legends of Opera**
7.00 **2Cellos at Sydney Opera House**
9.00 **Tales of the Unexpected**
10.00 **Portrait Artist of the Year 2017**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Comedy Legends**
3.00 **Portrait Artist of the Year 2017**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **Tate Britain's Great Art Walks**
8.00 **Landscape Artist of the Year 2019**
9.00 **Portrait Artist of the Year 2020**
10.00 **Pretenders: Austin City Limits**
11.15 **CMA Fest 2019**
1.15 AM **The Animal Symphony**
2.15 **Discovering**
4.05 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **Four in a Bed**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier**
4.00 **Ramsay's Kitchen Nightmares USA**
5.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Escape to the Chateau** Dick and Angel prepare for Angel's parents' wedding anniversary.
9.00 **Celebrity Gogglebox** The best moments from the first series.
10.00 **Naked Attraction** An entertainer hopes to find the perfect partner.
11.05 **The Supervet**
12.10 AM **Grand Designs**
2.20 **Bake Off: The Professionals – The Final**
3.25 **A Place in the Sun**
4.20 **to 4.50** AM **Four in a Bed**

5USA

141 141 153 21 129

9.10 AM **Rookie Blue**
11.10 **Law & Order**
1.05 PM **Law & Order**
5.05 **NCIS** 24/24. (S13)
6.05 **NCIS: New Orleans**
9.00 **Law & Order: Criminal Intent** *Last Rites:* 21/22. A priest persuades Logan to reopen a murder case that pits him against an ambitious assistant district attorney. (S7)
10.00 **Law & Order: Special Victims Unit** *Bad Blood:* 11/22. A politician's son is found killed on the roof of his apartment. **10.55** *Russian Love Poem:* 12/22. The murder of a millionaire prompts an investigation into his private life. (S1)
11.55 **Law & Order: Special Victims Unit** (S18)
1.50 AM **Castle**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **Will & Grace**
9.10 **My Wife and Kids**
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Robbing Your Relatives**
8.00 **Can't Pay? We'll Take It Away!** Del and Dael need to reclaim £3,500 after a rental van was returned damaged.
9.00 **Fare Dodgers: At War with the Law** Dan solves the case of a long-running scam.
10.00 **Filthy House SOS**
11.00 **FILM** **Scream 3** Stalk-and-slash thriller starring Neve Campbell. (2000, 18, 118min) ★★
1.20 AM **Skin A&E**
2.25 **Will & Grace**
3.15 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Foggy decides to go trekking.
8.00 **Death in Paradise** *Posing in Murder:* 3/8. A fashion model is killed. **9.20** *A Personal Murder:* 4/8. Dwayne receives a text message from beyond the grave. (S5)
10.40 **New Tricks**
12.00 M'T **Silent Witness**
2.05 AM **The Bill**
3.00 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBS Drama

147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 11/25. (S4)
12.00 NOON **CSI: NY** (S2)
12.55 PM **The High Chaparral**
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *A Taste of Her Own Medicine:* 5/19. Allison helps a couple look for their missing daughter. (S5)
10.00 **CSI: Miami** *The Score:* 12/25. The team investigate a club that teaches men how to chat up women. (S4)
11.00 **Unsolved Mysteries** An airborne villain who hurled himself out of a 747, and a murderer who put a curse on the electric chair.
12.00 M'T **Judge Judy**
1.00 AM **ER** 8/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Hoarders**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** 11/30. (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 23/26. (S3)
2.05 **CSI: Miami** 9/21. (S6)
3.00 **NCIS** 3/24. (S12)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** 12/30. (S1)
6.00 **Perry Mason**
7.05 **NCIS** 6/24. (S11)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *False Witness:* 10/24. A navy officer preparing to testify in a murder trial goes missing. (S8)
10.00 **NCIS: Los Angeles** *Touch of Death:* 21/24. Conclusion of the crossover episode with *Hawaii Five-0*. (S3)
11.00 **NCIS** 7/24. (S11)
12.00 M'T **CSI: Miami** (S6)
1.00 AM **NCIS** (S8&11)
3.00 **Walker, Texas Ranger**
3.50 **The Fugitive** 12/30. (S1)
4.40 **Mission: Impossible**
5.30 **to 6.00** AM **Dog Patrol**

Challenge

160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
2.30 **Deal or No Deal** High-stakes game show with Noel Edmonds.
4.00 **Weakest Link** Anne Robinson hosts the general knowledge quiz.
5.00 **The Cube** A gym instructor and a student compete in the show.
6.00 **Pointless** Quiz hosted by Alexander Armstrong.
7.00 **The Chase** Quiz show.
10.00 **Classic Who Wants to Be a Millionaire?** Chris Tarrant hosts the big-prize quiz.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **Weakest Link**
5.00 **to 6.00** AM **Pointless**

Comedy Central Extra

127 182 308

6.00 AM **Friends**
6.35 **Impractical Jokers: Inside Jokes**
7.00 **Teleshopping**
9.00 **Wipeout USA**
11.00 **Friends**
1.00 PM **Bob's Burgers**
1.50 **Two and a Half Men**
3.10 **The King of Queens**
5.00 **The Middle**
7.00 **Everybody Loves Raymond** (S4)
9.00 **Russell Howard's Good News** From 2013.
10.00 **South Park** 11/14. The boys launch a news bulletin on the school TV channel. (S8) **10.30** 2/14. Stan tries to persuade everyone to buy hybrid cars. (S10)
11.00 **South Park** (S6&21)
12.00 M'T **Bob's Burgers**
1.00 AM **RuPaul's Drag Race**
2.25 **Russell's Good News**
4.05 **Two and a Half Men**
4.30 **South Park**
5.15 **to 6.00** AM **The Middle**

Sky Documentaries

114 114 814 277 353 368

6.00 AM **Glen Campbell: I'll Be Me** Documentary.
8.00 **Richard E Grant's Hotel Secrets** In New Orleans.
9.00 **Discovering**
10.00 **The Directors**
11.00 **Harrow: A Very British School**
12.00 NOON **Harold Lloyd: Hollywood's Timeless Comedy Genius**
1.00 PM **Richard E Grant's...**
2.00 **Elvis Presley: The Searcher**
3.45 **My Icon**
4.00 **Discovering**
5.00 **The Directors**
6.00 **Harrow: A Very...**
7.00 **Harold Lloyd...**
8.00 **The Seventies**
9.00 **On the Record**
10.45 **Laurel Canyon**
12.30 AM **FILM Anvil! The Story of Anvil** (2008, 15, 90min) ★★★★
2.05 **The Trade**
3.10 **PL Legends: Paul Ince**
3.55 **to 6.00** AM **Highlights**

Sky Nature

130 130 893 279 385 372

6.00 AM **The Wild Wild East** New edition **6.30** Series finale
7.00 **Monkey Life**
8.00 **Wild Latin America** New edition
9.00 **Kenya Wildlife Diaries**
10.00 **Wild Castles** New edition
11.00 **Arctic Secrets**
12.00 NOON **Africa's Wild Horizons** New edition
1.00 PM **Monkey Life**
2.00 **Wild Latin America**
3.00 **Kenya Wildlife Diaries**
4.00 **Wild Castles**
5.00 **Arctic Secrets**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life**
8.00 **Macro Worlds** Series finale
9.00 **Land of Primates** New edition
10.00 **Africa's Wild Horizons**
11.00 **Arctic Secrets**
12.00 M'T **Africa's Underwater Wonders**
1.00 AM **Africa's Hidden...**
2.00 **to 6.00** AM **Highlights**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
9.00 **Total Bellas**
10.00 **News: Daily Pop**
10.30 **Dating: No Filter**
11.00 **Keeping Up with the Kardashians**
3.00 PM **Kourtney and Kim Take Miami**
4.00 **Hollywood Medium with Tyler Henry**
5.00 **Botched by Nature**
6.00 **Keeping Up with the Kardashians** Four editions, including at: **9.00** Jokes made by Rob cause friction.
10.00 **Botched** A patient seeks help fixing her elephant trunk-looking breast.
11.00 **Nightly Pop** New edition
11.30 **Dating: No Filter**
12.00 M'T **Temptation Island**
1.00 AM **Wags Miami**
2.00 **Teleshopping**
3.00 **Mariah's World**
4.00 **to 5.00** AM **Total Divas**

Food Network

140 285 41 148

6.00 AM **Friday Night Feast**
7.00 **Trisha's Southern Kitchen** New editions
8.00 **Giada Entertains**
9.00 **Val's Home Cooking**
10.00 **Girl Meets Farm**
12.00 NOON **Friday Night Feast** Double bill.
2.00 PM **Martin: Delicious**
3.00 **River Cottage: Summer's Here**
4.00 **Burgers, Brew & 'Que** New editions
5.00 **The Pioneer Woman**
5.30 **The Pioneer Woman: Home Sweet Home** New edition
6.00 **Bikers' Mississippi**
7.00 **Rick Stein's Fruits of the Sea** Double bill.
8.00 **River Cottage...**
9.00 **Bikers' Mississippi**
10.00 **Bikers' Best of British**
11.00 **Mystery Diners**
12.00 M'T **Man v Food**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Flipping Virgins**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **19 Kids & Outnumbered: Bringing Up Bates**
12.15 PM **Police Patrol**
1.10 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins** New editions Double bill.
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** New editions
9.00 **Black Sails**
10.15 **Storage Wars**
11.15 **Hardcore Pawn**
12.15 AM **Pawn Stars**
1.10 **Police Patrol**
1.40 **Flipping Virgins**
2.35 **Hardcore Pawn**
3.30 **to 4.00** AM **Police Patrol**

Paramount Network

150 187 150 31 132

9.00 AM **The A-Team**
11.00 **Knight Rider**
12.05 PM **FILM Paratroop Command** World War Two adventure. (1959, b/w, PG, 71min) ★★
1.40 **FILM Island in the Sky** Adventure drama. (1953, U, 109min) ★★★
4.00 **The A-Team** (S5)
6.00 **Traffic Cops**
7.00 **Police Interceptors**
8.00 **Traffic Cops: Criminal Crackdown**
9.00 **Sewermen** Featuring a fatberg which could be well over 200m long. **10.00** The teams have to deal with the largest fatberg ever seen in the North West.
11.00 **Executed on the Streets: Gang Wars**
12.00 M'T **Stephen King's Nightmares & Dreamscapes**
4.45 **to 6.00** AM **The Virginian: Men from Shiloh**

Sky Crime

121 121 819 136 135

6.00 AM **Road Wars**
7.00 **Highway Patrol**
8.00 **Nothing to Declare**
9.00 **Send in the Dogs**
10.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Killer Families**
2.00 **How I Caught the Killer**
3.00 **Nothing to Declare**
4.00 **Road Wars**
5.00 **Brit Cops: Rapid Response**
6.00 **Case of Diren Dede**
7.00 **Snapped**
8.00 **Killer Lovers**
9.00 **World's Most Evil Killers** New edition
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **World's Most Evil**
1.00 AM **Killer in My Village**
2.00 **Snapped**
3.00 **Killer Lovers**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** Officers struggle when evidence is lost. **7.30** A girl's body is discovered 10 days after she disappeared.
8.00 **Something's Killing Me** Chicago residents who died under mysterious medical circumstances.
9.00 **It Takes a Killer** A serial killer lays siege to Jacksonville, Florida. **9.30** A boy from a lawless home goes on a 24-hour shooting spree.
10.00 **Mind of a Murderer**
11.00 **Murderers and Their Mothers**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Mind of a Murderer**
3.00 **City in Fear**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Countryside 999**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** In London.
9.00 **A Place in the Sun: Winter Sun**
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer** As 8.00am.
2.00 **Escape to the Country**
3.00 **Countryside 999**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **Salvage Hunters**
10.00 **Dog Detectives** New recruit Chico finds a huge stash of cannabis up an alleyway.
11.00 **Paranormal Lockdown with Nick Groff**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
9.00 **Conspiracy Files: Unsealed** Double bill.
10.00 **Ancient Aliens**
11.00 **Air Emergency**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
4.00 **Alien Files: Unsealed**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers**
9.00 **Wicked Tuna** Some captains break the rules.
10.00 **Swamp People**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Wicked Tuna**
4.00 **Mountain Men**
5.00 **to 6.00** AM **Storage Wars: Texas**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: Randy Knows Best** Four editions.
8.00 **Say Yes to the Dress: UK** Double bill.
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes to the Dress: Australia** Double bill.
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Lancashire** Double bill.
8.00 **Dr Pimple Popper**
9.00 **sMothered** New edition
10.00 **Cake Boss**
11.00 **Dr Pimple Popper**
1.00 AM **sMothered**
2.00 **Cake Boss**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT

153 152 54 133

9.10 AM **FILM Forgotten Evil** Thriller. (2017, 12) ★★
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Dog Rescuers**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet at the Great Yorkshire Show** Preparing for the Great Yorkshire Show.
9.00 **The Railways That Built Britain with Chris Tarrant**
10.00 **Concorde: From Triumph to Tragedy**
11.00 **The Dog Rescuers**
1.00 AM **World's Deadliest Weather: Caught on Camera**
2.00 **Cruising with Jane McDonald**
3.00 **Secrets of the Mayan Underworld**
3.55 **to 4.00** AM **Access**

Quest

144 144 831 169 12 114 172

6.00 AM **The Salvager**
6.30 **Made by Destruction**
7.00 **EFL on Quest**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Goblin Works Garage**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Plane Reclaimers** New edition
10.00 **Border Control: Spain** New editions
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **Desert Car Kings**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **French Collection**
8.00 **Posh Pawn**
9.00 **Animal Cops Phoenix**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **True Crime with Aphrodite Jones**
4.00 **Say Yes to the Dress**
5.30 **Say Yes... Ireland**
6.00 **Say Yes to the Dress**
7.00 **Long Lost Family US**
8.00 **My 600lb Life: Where Are They Now?** New edition
10.00 **The Nolans Go Cruising** New edition
11.00 **FBI Case Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

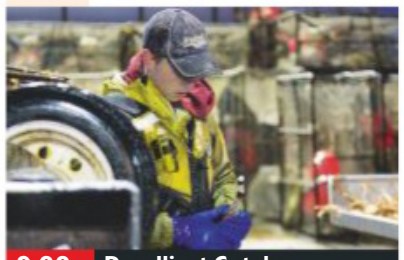
+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Richard Hammond's Big**
8.00 **Insane Pools: Off the Deep End** In Parrish, Florida.
9.00 **Alaska: The Last Frontier**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**



9.00 Deadliest Catch

7.00 **Outback Truckers** Meeting the people who drive trucks along some of Australia's toughest highways.

8.00 **Mighty Ships** Two storms threaten the *Tonsberg* as they cross the Atlantic, leaving its cargo of cranes and trains under threat.

9.00 **Deadliest Catch** New edition Skippers Josh and Casey navigate a tenuous partnership at the Russian line.

10.00 **All on the Line** New edition A storm hits Gloucester, and Danny Jr lands a tuna that may save his season.

11.00 **Homestead Rescue** The Raneys answer an SOS call.
12.00 M'T **Deadliest Catch**
1.00 AM **All on the Line**
2.00 **Deadliest Catch**
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cops Detroit**
7.00 **Miami Animal Police**
8.00 **Pit Bulls & Parolees**
10.00 **Amanda to the Rescue**
12.00 NOON **Jaws of the Deep**
1.00 PM **My Cat from Hell**
2.00 **How Do Animals Do That**
2.30 **Dogs 101: New Tricks**
3.00 **Miami Animal Police**
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **The Zoo**
6.00 **Bondi Vet** Dr Chris Brown attempts to save the life of a frail three-day old foal.

8.00 The Zoo

7.00 **Animal Cops Houston** The SPCA team embark upon the huge task of removing birds from a live crime scene.

8.00 **The Zoo** New edition More than 100 snakes are taken from a private home and given to the zoo for safe keeping.

9.00 **Alaska: The Last Frontier** In the second of three specials, recycling becomes even more important to the Kilchers.

10.00 **Animal Cops Houston** Max Mixson puts his life at risk during a siege when he tries to rescue more than 100 dogs.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **How Do Animals Do That**
2.00 **Alaska: The Last Frontier**
3.00 **Animal Cops Houston**
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Supercar Megabuild**
9.00 **Megafactories**
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
1.00 PM **WW2: Hell Under the Sea** A US submarine deals with jammed torpedoes.
2.00 **Nazi Megastructures** The rail network of Nazi Germany.
3.00 **Drain the Oceans**
4.00 **Car S.O.S** Double bill.
6.00 **Draining the Bermuda Triangle** How wreckage can reveal the truth about mysterious disasters.

9.00 Expedition Amelia

7.00 **Air Crash Investigation** The crash of SilkAir flight 185, which suddenly plunged 35,000ft while flying over Indonesia.

8.00 **Save the Titanic: Treasures from the Deep** Reuniting items found in the wreck with victims' descendants.

9.00 **Expedition Amelia** Bob Ballard heads to a Pacific island to solve the mystery of Amelia Earhart's disappearance.

10.00 **Shipwreck Graveyard** Marine geologist Dr Robert Ballard explores a well-preserved Byzantine wreck in the Black Sea.

11.00 **Air Crash Investigation** Why a plane clipped an elevated highway before crashing into Taipei's Keelung River.
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: Peru**
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Ancient X Files**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Salvage Kings**
11.00 **Ancient Aliens**
12.00 NOON **Curse of Skinwalker Ranch**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** Rick gambles on a World War One helmet.
6.00 **Swamp People** Willie has treble hook troubles.

10.00 Mystery Weapons

7.00 **Forged in Fire** The competition heats up and one competitor cracks, as the bladesmiths must create a san mai billet.

8.00 **Salvage Kings** At the site of the former Yugoslavian Consulate, Ted and Justin hope to salvage secret relics of the Cold War.

9.00 **The UnXplained** New edition Actor William Shatner contemplates whether animals have a mysterious sixth sense.

10.00 **Mystery Weapons** New edition The miracle technology that may soon allow people to transmit their brainwaves.

11.00 **Ancient Aliens** Exploring the accounts of modern-day alien abductees.
12.00 M'T **Treasures Decoded**
1.00 AM **Salvage Kings**
2.00 **Curse of Skinwalker Ranch**
3.00 **Forged in Fire**
4.00 **Swamp People**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **Waterloo Dead**
7.10 **Abandoned Engineering**
8.00 **Forbidden History**
9.00 **Nazi Hunters**
10.00 **Antiques Roadshow**
11.00 **Abandoned Engineering**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **Tarrant: Extreme Railways**
4.00 **Abandoned Engineering**
5.00 **Narrow Escapes of WW2**
6.00 **Inside Hitler's Killing Machine**

8.00 David Jason: Planes...

7.00 **Great British Railway Journeys** A journey from Chester to Conwy. **7.30** Michael Portillo visits the Conwy Valley.

8.00 **David Jason: Planes, Trains and Automobiles** The actor rides a Wild West stagecoach and vintage locomotive.

9.00 **Porridge** Fletcher's bid to find a little peace seems destined to fail. **9.40** Fletch is entrusted with a treasure map while sharing a ward with Blanco in the infirmary. **10.20** Godber enters the prison boxing championships.

11.00 **Open All Hours** Arkwright feels neglected by Nurse Gladys Emmanuel. **11.35** Grumpy grocer Arkwright buys a guard dog. **12.15** AM Granville is left in charge of the shop.
1.00 **Narrow Escapes of WW2**
2.00 **to 3.00** AM **Waterloo Dead**

+1 hour 255 200 75

7 PM **8 PM** **9 PM** **10 PM**

Tuesday

Disc. History

171 257

6.00 AM **Wildest Europe**
7.00 **Secrets Underground**
8.00 **Combat Dealers**
10.00 **Wings of War**
11.00 **Secrets Underground**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Combat Dealers**
5.00 **Deadliest Tech**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs...**
10.00 **American Titans**
11.00 **Silicon Valley: The Untold Story**
12.00 M'T **Expedition...**
1.00 AM **America: Facts vs...**
2.00 **American Titans**
3.00 **Silicon Valley: The Untold Story**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Mountain Gorilla**
11.00 **Life in the Undergrowth**
12.00 NOON **Natural Curiosities**
1.00 PM **Wild Africa**
2.00 **Yellowstone**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Mountain Gorilla**
5.00 **Life in the...**
6.00 **Natural Curiosities**
7.00 **Wild Africa**
8.00 **Yellowstone**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Mountain Gorilla**
11.00 **Life in the...**
12.00 M'T **Natural Curiosities**
1.00 AM **Wild Africa**
2.00 **Yellowstone**
3.00 **The Zoo**
3.25 **Jungle Planet**
3.50 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Wild Arctic**
12.00 NOON **Wild Animal A&E** The Allen family take in a orphaned mink.
1.00 PM **Botswana**
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **The Hidden Kingdoms of China** The wildlife in the jungles of Yunnan.
8.00 **Secrets of the Zoo** New edition A litter of motherless dhole pups seek acceptance from the pack leader.
9.00 **The Incredible Dr Pol** New edition Dr Emily faces a rowdy cow, while Dr Nicole helps a horse.
10.00 **Alaska Animal Rescue** The SeaLife Centre's hotline is inundated with calls about orphaned harbour seal pups.
11.00 **Monster Fish**
12.00 M'T **Animals Gone Wild**
2.00 **to 5.00** AM **Botswana**

Sky History 2

163 163 894 272 330 390

8.00 AM **Doomsday: Ways the World Will End**
9.00 **Soviet Storm: WWII in the East**
10.00 **WW2 Treasure Hunters** A top-secret arms supply depot.
11.00 **Life After People**
12.00 NOON **Ancient Aliens**
2.00 PM **Jurassic Fight Club**
3.00 **Where Did It Come From?**
4.00 **Soviet Storm: WWII in the East**
5.00 **Architects of Darkness**
6.00 **Doomsday: 10 Ways the World Will End**
7.00 **WW2 Treasure Hunters** An iconic Mark IX Spitfire in Belgium.
8.00 **Ancient Discoveries** The advanced technology of the ancient world.
9.00 **Watergate** The story of the Watergate scandal.
12.00 M'T **Ancient Aliens**
2.00 **to 5.00** AM **Watergate**

PBS America

174 273 91 155

8.00 AM **Countdown to Calvary**
9.10 **Saints and Sinners: A Millennium of Monasteries**
10.35 **Byzantium: A Tale of Three Cities**
11.50 **The Siege of Mecca**
1.00 PM **Beautiful Serengeti**
1.30 **Countdown to Calvary**
2.40 **Saints and Sinners: A Millennium of Monasteries**
3.55 **Byzantium: A Tale of Three Cities**
5.00 **The Siege of Mecca**
6.10 **Countdown to Calvary**
7.20 **Saints and Sinners: A Millennium of Monasteries**
8.40 **Byzantium: A Tale of Three Cities**
9.50 **The Siege of Mecca**
11.00 **Saints and Sinners...**
12.20 AM **Byzantium...**
1.30 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **Murdertown**
1.00 PM **Nightmare in Suburbia** Collette Daffin.
2.00 **Secrets of the Morgue**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer**
9.00 **Murder Masterminds**
10.00 **Kids Behind Bars: Life or Parole**
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos** Sylvia Fleming.
1.00 AM **Murder Masterminds**
2.00 **Nightmare in Suburbia**
3.00 **Secrets of the Morgue**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

TUESDAY Films

Tuesday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Boonie Bears: Blast into the Past** As 4.45pm.
7.35 **Sea Fever** (2019) ★★★★
9.15 **The Angry Birds Movie 2**
11.00 **Luce** Thriller. (2019) ★★★★
1.00 PM **Good Boys** As 8.00pm.
2.45 **PREMIERE The Kindness of Strangers** As 9.45pm.
4.45 **Boonie Bears: Blast into the Past** Animation. (2019, U) ★★
6.20 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 97min) ★★★

9.45 The Kindness of Strangers

8 PM

8.00 **Good Boys** Comedy starring Jacob Tremblay. Three lads skip school and embark on an epic journey while attempting to make their way home for a party. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 **PREMIERE The Kindness of Strangers** Drama starring Andrea Riseborough, Zoe Kazan and Caleb Landry Jones. (2019, 15, 112min) ★★★
See review, page 23
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

11.45 **Them That Follow** Thriller starring Olivia Colman. (2019, 15, 98min) ★★★
1.30 AM **Top Ten: Hugh Jackman**
1.45 **Becoming** Fantasy thriller with Toby Kebbell and Jason Patric. (2019, 15, 98min) ★★
3.30 **Palm Beach** Comedy drama. (2018, 15, 100min) ★★★
5.15 **Top Ten: Animation**
5.30 **to 7.05** AM **Boonie Bears: Blast into the Past** Animation, as 4.45pm.

Sky Cinema Disney

307 307 847 405 505

7.25 AM **Dinosaur** As 1.20am.
8.55 **The Sword in the Stone** Animation, as 2.55am.
10.30 **The Lion King** As 6.00pm.
12.35 PM **Cars** As 8.00pm.
2.40 **Hercules** Animation with the voice of Tate Donovan. (1997, U, 92min) ★★★★
4.25 **Mulan II** Animated sequel. (2004, U, 75min) ★★★
6.00 **The Lion King** Animation with the voice of Donald Glover. (2019, PG, 118min) ★★★

6.00 The Lion King

8.00 **Cars** Animated comedy adventure featuring the voices of Owen Wilson and Paul Newman. A hot-shot rookie race car learns the error of his selfish ways after he ends up stranded in a sleepy town. (2006, PG, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Prom** Teen comedy starring Aimee Teegarden and Thomas McDonell. (2011, U, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Mulan II** As 4.25pm.
1.20 AM **Dinosaur** Animated prehistoric adventure with the voices of DB Sweeney and Julianna Margulies. (2000, PG, 82min) ★★★★
2.55 **The Sword in the Stone** Disney animated feature featuring the voices of Rickie Sorenson Sebastian Cabot. (1963, U, 75min) ★★★
4.25 **to 6.05** AM **Hercules** Animation, as 2.40pm.

Sky Cinema Family

306 306 846 406 506

6.30 AM **Herbie Goes Bananas**
8.15 **Beethoven** As 4.20am.
9.55 **Babe: Pig in the City**
11.45 **Dumbo** As 8.50pm.
1.45 PM **Four Kids and It**
3.45 **Homeward Bound: The Incredible Journey** Adventure. (1992, U) ★★★
5.20 **Homeward Bound II: Lost in San Francisco** Adventure sequel. (1996, U, 88min) ★★
7.00 **Babe: Pig in the City** Comedy. (1998, U) ★★★★

7.00 Babe: Pig in the City

8.50 **Dumbo** Tim Burton's live action remake of the Disney fantasy about a magical elephant who can fly, starring Colin Farrell and Eva Green. (2019, PG, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Four Kids and It** Fantasy starring Matthew Goode. A group of children meet a magical creature with the power to grant wishes. (2020, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Homeward Bound: The Incredible Journey** Adventure, as 3.45pm.
2.35 **Homeward Bound II: Lost in San Francisco** As 5.20pm.
4.20 **to 6.00** AM **Beethoven** Comedy with Charles Grodin. (1992, U, 87min) ★★★

Sky Cinema Action

308 308 848 407 507

6.30 AM **Journey 2: The Mysterious Island** Fantasy adventure, as 4.30am.
8.20 **Lethal Weapon** As 8.00pm.
10.25 **Lethal Weapon 2** As 10pm.
12.30 PM **Lethal Weapon 3** Action thriller sequel, as 12.00m't.
2.40 **Lethal Weapon 4** Action thriller comedy sequel. (1998, 15, 128min) ★★★
4.55 **King Kong** Monster movie remake starring Naomi Watts. (2005, 12, 187min) ★★★★

8.00 Lethal Weapon

8.00 **Lethal Weapon** Action thriller with Mel Gibson and Danny Glover. An LA police detective is alarmed to be partnered with a volatile cop, but sees the benefits when they take on a drug ring. With Gary Busey. (1987, 18, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Lethal Weapon 2** Violent action thriller starring Mel Gibson and Danny Glover as hard-hitting LA cops on the trail of a murderous South African drug trafficker. (1989, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Lethal Weapon 3** Comedy action thriller sequel. (1992, 15, 118min) ★★
2.10 AM **Lethal Weapon 4** Action thriller comedy, as 2.40pm.
4.30 **to 6.20** AM **Journey 2: The Mysterious Island** Fantasy adventure sequel. (2012, PG, 94min) ★★★

Sky Cinema Comedy

309 309 849 408 508

6.45 AM **Just Go With It** Romantic comedy, as shown at 2.20pm.
8.45 **Identity Thief** As 8.00pm.
10.45 **3 Men and a Baby** Comedy, as shown at 6.00pm.
12.45 PM **CRSHD** As 10.00pm.
2.20 **Just Go With It** Romantic comedy. (2011, 12, 116min) ★
4.20 **Johnny English Strikes Again** Spy comedy sequel. (2018, PG, 89min) ★★★
6.00 **3 Men and a Baby** Comedy. (1987, PG, 98min) ★★★★

11.25 Jackass: The Movie

8.00 **Identity Thief** Road-movie comedy starring Jason Bateman and Melissa McCarthy. A mild-mannered accountant tries to catch the sticky-fingered spendthrift who has stolen his identity. (2013, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **CRSHD** Comedy drama starring Isabelle Barbier and Deeksha Ketkar. (2018, 15, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Jackass: The Movie** Slapstick comedy with Johnny Knoxville. (2002, 18, 87min) ★
1.00 AM **Jackass Number Two** Slapstick comedy sequel with Johnny Knoxville and Steve-O. (2006, 18, 92min) ★★
2.35 **Jackass 2.5** Slapstick comedy sequel. (2007, 18, 64min) ★
3.50 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
5.30 **to 7.05** AM **Johnny English Strikes Again** As 4.20pm.

primetime

Sky Cinema Hits

303 403 503

7.45 AM **Mary Poppins Returns** Musical starring Emily Blunt. (2018, U, 130min) ★★★★
10.00 **The Mummy Returns** Adventure with Brendan Fraser. (2001, 12, 129min) ★★★★
12.15 PM **Alita: Battle Angel** As 9pm.
2.25 **Armageddon** Sci-fi adventure. (1998, 12, 151min) ★★
5.00 **Bad Education** Drama. (2019, 15, 108min) ★★★★

7.00 **The Kitchen** Action drama starring Melissa McCarthy. In 1970s New York, three Mob wives take business into their own hands when their husbands are sent to prison. (2019, 15, 102min) ★★
9.00 **Alita: Battle Angel** Fantasy adventure starring Rosa Salazar and Christoph Waltz. In the 26th century, cyborg Alita is repaired by a kindly technician with a dark secret. (2019, 12, 122min) ★★★★

11.05 **The Goldfinch** Drama starring Ansel Elgort and Nicole Kidman. (2019, 15, 149min) ★★★
1.40 AM **Widows** Crime thriller. (2018, 15, 129min) ★★★★
3.55 **to 6.10** AM **National Treasure** Action adventure caper. (2004, PG, 131min) ★★★★

Sky Cinema Greats

304 304 845 404 504

7.20 AM **Weird Science** (1985) ★★★
9.00 **Lawrence of Arabia** Biopic. (1962, PG, 221min) ★★★★★
12.40 PM **Star Wars: Episode I – The Phantom Menace** Sci-fi. (1999, U, 132min) ★★★
3.00 **Star Wars: Episode II – Attack of the Clones** Sci-fi. (2002) ★★
5.30 **Star Wars: Episode III – Revenge of the Sith** Sci-fi. (2005, 12, 140min) ★★★★

8.00 **The Shawshank Redemption** Prison drama starring Tim Robbins. A banker convicted of murder forms an unlikely friendship with a fellow convict. (1994, 15, 142min) ★★★★★
10.30 **Terminator 2: Judgment Day Special Edition** Sci-fi sequel starring Arnold Schwarzenegger. A cyborg is sent back in time to protect the future saviour of the human race from a shape-changing assassin. (1991, 15, 155min) ★★★★★

1.05 AM **The Big Lebowski** Offbeat comedy starring Jeff Bridges. (1998, 18, 117min) ★★★★
3.10 **The Omen** Horror thriller. (1976, 15, 111min) ★★★★★
5.10 **to 7.50** AM **The Guns of Navarone** War adventure. (1961, PG, 150min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.20 AM **Wheely** Animation. (2018) ★
8.05 **Robin Hood** As 4.10am.
9.40 **Spy Cat** Animation. (2018) ★★
11.25 **The Prince of Egypt**
1.20 PM **Lilo & Stitch** Animation. (2002, U, 85min) ★★★
3.00 **Cats** Animation. (2018) ★★★
5.00 **Despicable Me** Animation. (2010, U, 94min) ★★★★
6.50 **Despicable Me 2** Animation. (2013, U, 97min) ★★★

8.30 **Pokemon Detective Pikachu** Fantasy adventure starring Justice Smith. A student sets out to find his missing detective father by teaming up with a wise-cracking talking Pikachu. (2019, PG, 104min) ★★★
10.30 **Birds of a Feather** Animated comedy adventure with the voice of Kate Winslet and Josh Keaton. Manou discovers he is not a seagull as he thought, and sets off to learn his true identity. (2019, U, 90min) ★★

12.15 AM **The Prince of Egypt** Animated biblical epic. (1998, U, 99min) ★★★★
2.10 **Cats** As 3.00pm.
4.10 **Robin Hood** Animation. (1973, U, 80min) ★★★
5.45 **to 7.25** AM **Lilo & Stitch** Animation, as 1.20pm.

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.00 **Off Set**
7.25 **Advance to the Rear** (1963) ★
9.15 **Rio Lobo** Western. (1970) ★★★
11.45 **Ten Wanted Men** (1955) ★★★
1.30 PM **The Dirty Dozen** (1967)
4.25 **Hell Bent for Leather** Western. (1959, PG, 83min) ★★
5.55 **Son of a Gunfighter** Western. (1965, U, 92min) ★

7.30 **Oregon Passage** Western starring John Ericson. A young cavalry officer aims to capture a renegade Indian chief without resorting to violence. (1957, b/w, U, 80min) ★★
9.00 **The Fugitive** Action thriller starring Harrison Ford and Tommy Lee Jones. A wrongly convicted man escapes on the way to jail and goes in search of the real culprit while evading the forces of the law. (1993, 15, 128min) ★★★★

11.40 **The Beguiled** Period drama. (1970, 15, 109min) ★★★★
1.45 AM **Canyon River** Western. (1956, U, 80min) ★★
3.05 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **The Team**
6.05 **Circumstantial Evidence**
7.15 **Blood of the Vampire** (1958)
9.00 **The Adventures of William Tell**
9.30 **The Big Job** (1965) ★★
11.15 **The Man in Grey** (1943) ★★★
1.30 PM **Alive and Kicking** (1958)
3.30 **The Big Money** Comedy thriller. (1956, U, 86min) ★★★
5.15 **Come Back Peter** Comedy. (1952, b/w, U, 80min) ★★

6.50 **Champion** Boxing drama starring Kirk Douglas as a ruthlessly ambitious boxer aiming to punch his way to the top. With Marilyn Maxwell. (1949, b/w, PG, 99min) ★★★★
8.50 **Bash and Grab**
9.00 **Budgie**
10.00 **Jack the Ripper** 1/2. Victorian thriller with Michael Caine and Jane Seymour. A detective pursues the serial killer, but becomes convinced a conspiracy seeks to protect his identity.

12.00 M'T **High Tide** Thriller with John Bird. (1980, PG, 98min) ★★
1.50 AM **Scream of Fear** (1961)
3.30 **The Star and the Story** (S1)
4.00 **The Rivals of Sherlock Holmes**
5.00 **Bognor** 9/18. (S1)
5.30 **to 6.00** AM **Overseas Press Club – Exclusive!**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

310 310 850 409 509

6.00 AM **Unstoppable** (2018)
8.10 **The Hand That Rocks the Cradle** As 12.45am.
10.15 **We Die Young** (2018) ★★
12.05 PM **November Criminals** Drama. (2016, 12, 86min) ★★
1.45 **Disturbing the Peace** (2019)
3.30 **Into the Ashes** Thriller. (2018, 15, 98min) ★★★
5.20 **Cold Blood Legacy** Action thriller. (2018, 15, 91min) ★★
7.05 **The Wolf Hour** Psychological drama. (2019, 15, 99min) ★★

7.05 The Wolf Hour

The Wolf Hour (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Manhunter** Thriller based on a novel by the author of *The Silence of the Lambs*, starring Brian Cox and William L Petersen. An ex-FBI agent comes out of retirement to catch a serial killer. (1986, 18, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Come to Daddy** Comedy thriller starring Elijah Wood. (2019, 18, 96min) ★★★
12.45 AM **The Hand That Rocks the Cradle** Thriller starring Rebecca DeMornay. (1992, 15, 110min) ★★★★
2.45 **Disturbing the Peace** Thriller starring Guy Pearce. (2019, 15, 91min) ★
4.25 **to 6.10** AM **Angel Flight Down** True-story adventure. (1996, PG, 88min) ★★

Sky Cinema Drama

311 311 851 410 510

6.00 AM **Tell It to the Bees** Drama, as shown at 12.15am.
8.00 **Boogie Man** As 4.00pm.
9.45 **Days of Thunder** As 8.00pm.
11.45 **Wall Street: Money Never Sleeps** As 10.00pm.
2.00 PM **Boy Erased** Drama. (2018, 15, 115min) ★★★
4.00 **Boogie Man** Comedy. (2017, 15, 94min) ★★
5.45 **The Twilight Saga: New Moon** Romantic fantasy. (2009, 12, 125min) ★★★

10.00 Wall Street: Money...

8.00 **Days of Thunder** Drama starring Tom Cruise. A racing driver enjoys a meteoric rise in the sport until he is involved in a crash, but is then nursed back to health by a beautiful brain specialist. With Nicole Kidman. (1990, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Wall Street: Money Never Sleeps** Business drama sequel starring Michael Douglas and Shia LaBeouf. A disgraced financier seeks to regain his fortune and reconcile with his estranged daughter during the 2008 financial meltdown. (2010, 12, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Tell It to the Bees** Drama. (2018, 15, 108min) ★★★
2.15 **Boy Erased** As 2.00pm.
4.20 **to 6.25** AM **Breakfast at Tiffany's** Romantic comedy. (1961, PG, 106min) ★★★★★

Sky Cinema Sci-Fi/Horror

312 411 511

6.00 AM **Radioflash** Thriller. (2019, 15, 103min) ★★
7.55 **Prey** Horror adventure. (2018, 15, 85min) ★★★
9.35 **Escape Room** Thriller. (2019, 15, 99min) ★★★
11.30 **Captain Marvel** As 9.00pm.
1.45 PM **The Matrix** Sci-fi thriller. (1999, 15, 136min) ★★★★
4.15 **The Matrix Reloaded** Sci-fi. (2003, 15, 137min) ★★★
6.45 **The Matrix Revolutions** Sci-fi. (2003, 15, 129min) ★★★

11.05 Brightburn

The Matrix Revolutions (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Captain Marvel** Fantasy adventure starring Brie Larson and Samuel L Jackson. An alien warrior crashes on Earth and joins forces with agent Nick Fury in an attempt to solve the mysteries of her past. (2019, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Brightburn** Superhero horror starring Elizabeth Banks. (2019, 15, 90min) ★★★
12.40 AM **The Dead Center** Horror. (2018, 18, 92min) ★★★
2.15 **Omen IV: The Awakening** Horror sequel starring Asia Vieira. (1991, 15, 97min) ★
4.00 **The Possession of Hannah Grace** Mystery thriller. (2018, 15, 86min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview – July 2020**

Sky Cinema Harry Potter

302 402 502

6.30 AM **Harry Potter and the Half-Blood Prince** (2009)
9.15 **Harry Potter and the Deathly Hallows: Part I**
11.45 **Harry Potter and the Deathly Hallows: Part II** Fantasy. (2011, 12) ★★★★★
2.00 PM **Fantastic Beasts and Where to Find Them** (2016)
4.15 **Fantastic Beasts: The Crimes of Grindelwald** (2018) ★★★
6.30 **Harry Potter and the Philosopher's Stone** (2001)

2.30 Harry Potter and the...

Harry Potter and the Philosopher's Stone (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **Harry Potter and the Chamber of Secrets** Fantasy starring Daniel Radcliffe. The boy wizard and his friends confront a mysterious dark force that is terrorising their school. (2002, PG, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Harry Potter and the Prisoner of Azkaban** Fantasy adventure sequel. (2004, PG, 142min) ★★★★★
2.30 AM **Harry Potter and the Goblet of Fire** Fantasy starring Daniel Radcliffe. (2005, 12, 157min) ★★★
5.15 **to 7.45** AM **Harry Potter and the Order of the Phoenix** Fantasy adventure. (2007, 12, 132min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Animal Farm** Animation. (1954, U, 72min) ★★★★
12.35 PM **Fantastic Voyage** Sci-fi. (1966, U, 100min) ★★★★
2.40 **Chasing Mavericks** Drama. (2012, PG, 112min) ★★★
4.55 **Before We Go** Romance with Chris Evans and Alice Eve. (2014, 12, 91min) ★★★★
6.45 **Keeping Up with the Joneses** Action comedy. (2016, 12, 105min) ★★★

9.00 Snatched

Keeping Up with the Joneses (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Snatched** Fish-out-of-water comedy starring Amy Schumer and Goldie Hawn. A mother and daughter are kidnapped. (2017, 15, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Ida** Drama starring Agata Trzebuchowska. Subtitled. (2013, b/w, 12, 82min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Ouija** Horror chiller starring Olivia Cooke. A young girl unwittingly unleashes an evil entity after using an old spirit board at a séance with her sister and friends. (2014, 15, 87min) ★★
2.10 **to 4.00** AM **Arthur and Mike** Drama starring Colin Firth. (2012, 15, 91min) ★★

+1 hour 314 430 45 301

8 PM **9 PM** **10 PM** **11 PM**

Horror

317 149 70 138

8.00 AM **Under the Dome** (S3)
9.00 **Star Trek: The Next Generation** 11/26. (S3)
10.00 **Star Trek** 10/30. (S1)
11.00 **The 7th Voyage of Sinbad** Fantasy. (1958, U) ★★★★
1.00 PM **Mysterious Island** Fantasy. (1961, U, 97min) ★★★
3.00 **Mutant X** 4/22. (S1)
4.00 **Empire of the Sharks** Sci-fi thriller. (2017, 15, 86min) ★

6.00 **Star Trek** 11/30. (S1)
7.00 **Star Trek: The Next Generation** 12/26. (S3)
8.00 **First Wave** *Terminal City:* 21/22. Foster searches for a powerful Gua weapon. (S3)
9.00 **Straw Dogs** Violent thriller starring James Marsden and Kate Bosworth. A Hollywood screenwriter and his wife return to her Mississippi hometown where they soon fall foul of her redneck ex-boyfriend. (2011, 18, 116min) ★★★

11.10 **The Shrine** Horror thriller. (2010, 18, 80min) ★★
12.55 AM **Shut In** Psychological thriller. (2016, 15, 91min) ★★
2.45 **to 4.30** AM **The Drownsman** Fantasy. (2014, 15, 88min) ★★

+1 hour 318 202 139

Sony Movies Classic

319 424 50 303

6.00 AM **A Weekend with Lulu** Comedy. (1961, PG, 91min) ★★
7.45 **The Boy with Green Hair** Drama. (1948, U, 82min) ★★★
9.25 **The Wild One** (1953) ★★★
11.05 **The Reckless Moment** Thriller. (1949, b/w, 12, 79min) ★★★
12.50 PM **Gandhi** Biopic. (1982, PG, 188min) ★★★★★
4.35 **The Devil at 4 O'Clock** Adventure. (1961, PG) ★★

7.05 **Killers of Kilimanjaro** Drama starring Robert Taylor. An engineer arrives in the Kilimanjaro region to finish building a railroad, but is beset by hostile natives and wild beasts. (1960, U, 91min) ★★
9.00 **The Secret Life of Walter Mitty** Comic fantasy starring Danny Kaye as a timid proof-reader who escapes into his daydreams until his fantasies start becoming reality. (1947, U, 104min) ★★★★

11.15 **Tom Jones** Period comedy. (1963, 12, 129min) ★★★★
1.50 AM **The Thing... from Another World** Thriller. (1951) ★★★
3.30 **Anything for a Friend** (1973)
5.05 **to 6.00** AM **The Orient Express**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Lost Letter Mysteries: One in a Million** Drama starring Eric Mabius and Kristin Booth.
11.00 **Reverse Angle** Action drama. (2009, PG, 115min) ★
1.00 PM **Stolen Dreams** Thriller. (2016, PG, 85min) ★★
3.05 **Final Verdict** Crime drama. (2009, PG, 110min) ★★
4.55 **Bridge to Terabithia** Fantasy. (2007, PG, 95min) ★★★★★

6.50 **Upside Down** Romantic fantasy centring on star-cross'd lovers separated by the opposing gravitational pull of parallel worlds. Stars Kirsten Dunst. (2012, 12, 115min) ★★
9.00 **Gone in Sixty Seconds** Action thriller starring Nicolas Cage as a legendary former car thief who rounds up his old gang to steal 50 cars in one night in a bid to save his brother's life. With Angelina Jolie and Giovanni Ribisi. (2000, 15, 117min) ★★★

11.20 **Alpha Dog** Crime drama. (2006, 15, 117min) ★★
1.40 AM **Pistol Whipped** Action thriller. (2007, 15, 96min) ★★★
3.45 **to 6.00** AM **My Girl** Comedy. (1991, PG, 105min) ★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Wyatt Earp's Revenge**
7.50 **Rachel and the Stranger** Western. (1948, b/w, PG) ★★★
9.40 **At the Edge**
10.50 **The Caine Mutiny Court-Martial** Drama. (1988) ★★★
1.15 PM **A Lawless Street** (1955)
2.55 **The Scarlet and the Black** Thriller. (1983, PG) ★★★
5.15 **Shady Lady** Documentary drama. (2012, PG, 90min) ★★

7.10 **Collision Earth** Sci-fi thriller starring Kirk Acevedo. A professor races against time to prevent Earth being destroyed by a collision with the planet Mercury. (2011, 12, 95min) ★★
9.00 **The Hard Corps** Action thriller starring Jean-Claude Van Damme. A troubled combat veteran is hired as a bodyguard by a former boxing champion to protect him and his family from a vengeful music mogul. (2006, 15, 110min) ★★★

11.15 **Maximum Risk** Action thriller. (1996, 18, 101min) ★★
1.15 AM **Viking Quest** Fantasy adventure starring Harry Lister Smith. (2014, 12, 88min) ★★
3.00 **to 4.00** AM **Allied Armour**

+1 hour 324

Movies 24

325 419

7.00 AM **Christmas Makeover** (2018)
9.00 **A Twist of Christmas** Romantic drama. (2018, PG, 90min) ★★
11.00 **A Different Kind of Christmas** Drama. (1996, U, 88min) ★★
1.00 PM **Christmas at Holly Lodge** Drama. (2017, U, 90min) ★★
3.00 **Holiday for Heroes** Romantic drama. (2019, PG, 120min) ★★
5.00 **A Very Country Christmas** Drama. (2017, PG, 90min) ★★

7.00 **Christmas at Graceland** Festive romance starring Wes Brown. A Chicago-based business executive travels to Memphis and reunites with an old flame. (2018, U, 85min) ★★
9.00 **Write Before Christmas** Drama starring Torrey DeVitto. A woman sends Christmas cards to people who have influenced her life. As each person receives their card, they are inspired to make their own lives better. (2019, PG, 90min) ★★

11.00 **Christmas in the Air** Festive romance. (2017, U, 90min) ★★
1.00 AM **Two Turtle Doves** Drama. (2019, PG, 120min) ★★
3.00 **to 5.00** AM **A Christmas Tail** Drama. (2012, U, 84min) ★★

+1 hour 326 420

TUESDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **6.00** AM **Sky Sports News**
- **8.00** **Fighting Fit 2020**
- **8.30** **Fit In 5: Power & Endurance**
- **8.40** **Fit In 5: Cardio Combo**
- **8.50** **Fit In 5: Peak Combo**
- **9.00** **Sky Sports News**
- **10.00** **My Icon: Chris Powell** The former footballer talks about the individuals that have inspired him.
- **10.15** **My Icon: Christine Ohuruogu** The athlete speaks about the individuals who have inspired her.
- **10.30** **LIVE Test Cricket England v West Indies.** Coverage of the fifth and final day of the third and concluding Test in the series, held at Emirates Old Trafford.
- **7.00** PM **Test Cricket Bitesize** Action from England v West Indies.
- **7.15** **Cricket Debate** Discussion on England v West Indies.
- **8.00** **Sky Sports News**
- **9.00** **Take the Ball, Pass the Ball** An inside look at one of the most successful sides in club football history – Pep Guardiola's Barcelona – and the philosophy the led them to incredible triumphs.
- **11.00** **Sky Sports News**
- **12.00** M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **PL Legends: Robert Pires**
- **7.30** **PL Legends: Thierry Henry**
- **8.00** **Best PL Goals: Man Utd v Newcastle** Memorable strikes.
- **8.30** **Best PL Goals: Manchester United** Memorable goals.
- **9.00** **Premier League 100 Club**
- **10.00** **Premier League Years**
- **12.00** NOON **Best PL Goals 04/05**
- **1.00** PM **Premier League Years**
- **3.00** **Best PL Goals 07/08**
- **4.00** **PL Greatest Games**
- **5.00** **PL 100 Club: Harry Kane**
- **5.30** **Premier League 100 Club**
- **6.00** **PL Legends: Thierry Henry**
- **6.30** **PL Legends: Ruud van Nistelrooy** A profile of the former Manchester United striker.
- **7.00** **PL Greatest Games**
- **8.00** **Gary Neville's Soccerbox**
- **9.00** **Take the Ball, Pass the Ball**
- **11.00** **Best PL Goals: Man Utd v Newcastle** Memorable strikes.
- **11.30** **Premier League Icons**
- **12.00** M'T **Best PL Goals 13/14**
- **1.00** AM **Premier League Years**
- **3.00** **PL Greatest Games**
- **4.00** **PL Best Goals 14/15**
- **5.00** **Best PL Goals: Newcastle**
- **5.30** **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **Highlights**
- **9.15** **SPFL Greatest Games**
- **9.30** **Football's Greatest Players**
- **10.00** **Football Countdowns**
- **10.30** **Football Years**
- **11.00** **EFL Highlights**
- **12.00** NOON **EFL Greatest Games**
- **12.45** PM **SPFL Greatest Games**
- **1.00** **EFL Highlights**
- **4.00** **EFL Greatest Games**
- **4.15** **SPFL Greatest Games**
- **4.30** **Football's Greatest Players**
- **5.00** **Football Countdowns**
- **5.30** **Football Years**
- **6.00** **Championship Review 15/16**
- **7.00** **EFL Play-Off Final: League 2**
- **8.00** **EFL Play Off Final League 1**
- **9.00** **Best Moments From The Championship Play-Off Final (1993-2019)** Memorable finals.
- **9.30** **Best Moments From The League 1 & 2 Play-Off Final (1993-2019)** Classic finals.
- **10.00** **SPFL Greatest Games**
- **10.30** **Old Firm Derby 2016/17**
- **11.00** **EFL Greatest Games**
- **12.00** M'T **EFL Cup Final 13**
- **1.00** AM **EFL Highlights**
- **2.00** **EFL Play Off Finals League 1**
- **3.00** **Championship Review 15/16**
- **4.00** **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 858 | 514 504

- **6.00** AM **Ashes Memories**
- **7.00** **Talking Cricket: Windrush**
- **7.30** **The Cricket Lockdown Vodcast**
- **8.30** **Test Cricket** England v West Indies: Action from the fourth day of the third and final Test.
- **9.30** **Cricket Debate**
- **10.15** **Test Cricket Bitesize**
- **10.30** **LIVE Test Cricket England v West Indies.** Coverage of the fifth and final day of the third and concluding Test of the series, held at Emirates Old Trafford.
- **7.00** PM **Test Cricket Bitesize** Action from England v West Indies.
- **7.15** **Cricket Debate** Discussion on England v West Indies.
- **8.00** **Test Cricket** England v West Indies: Action from the final day of the third and concluding Test, held at Emirates Old Trafford.
- **9.00** **Cricket Debate** As 7.15pm.
- **9.45** **Test Cricket Bitesize** As 7pm.
- **10.00** **Test Cricket** As 8.00pm.
- **11.00** **Cricket Debate** As 7.15pm.
- **11.45** **Test Cricket Bitesize** As 7pm.
- **12.00** M'T **Ashes Memories**
- **1.00** AM **Best of the 2016 Blast**
- **5.00** **Masterclass: Kevin Pietersen**
- **5.30** **to 6.00** AM **Masterclass: Curtly Ambrose**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **Best of the Open Zone**
- **7.00** **School of Golf**
- **7.30** **Golf Academy**
- **8.00** **British Masters Masterclass**
- **9.00** **PGA Tour Golf**
- **10.00** **Best of the Open Zone**
- **11.00** **Golf Pass with Rory McIlroy**
- **11.30** **The Golf Fitness Show**
- **12.00** NOON **Golf Academy**
- **1.00** PM **School of Golf**
- **2.00** **British Masters Masterclass**
- **3.00** **PGA Tour Golf**
- **4.00** **Golf Pass with Rory McIlroy**
- **4.30** **The Golf Fitness Show**
- **5.00** **School of Golf**
- **5.30** **Golf Academy**
- **6.00** **Nick Dougherty's Tee Time Tips** Expert golf tips.
- **7.00** **PGA Tour Golf**
- **8.00** **Ryder Cup – Official Films**
- **9.30** **The Golf Fitness Show**
- **10.00** **Golf Academy**
- **11.00** **School of Golf**
- **12.00** M'T **Golf Pass with Rory McIlroy**
- **12.30** AM **The Golf Fitness Show**
- **1.00** **Best of the Open Zone**
- **2.00** **British Masters Masterclass**
- **3.00** **Golf Academy**
- **4.00** **School of Golf**
- **5.00** **to 6.00** AM **British Masters Masterclass**

BT Sport 1

413 413 867 | 527 | 408 430

- **6.00** AM **UCL Retro: Man Utd v Real Madrid 2003**
- **7.00** **Premier League Review**
- **9.00** **ESPN FC** Football news.
- **9.30** **Bundesliga Special**
- **10.30** **LIVE Hyundai A-League Melbourne Victory v Brisbane Roar.** Coverage from Bankwest Stadium. Kick-off **10.30am**.
- **12.30** PM **MotoGP** The Moto3 race at the Grand Prix of Andalucia.
- **1.30** **MotoGP** The Moto2 race at the Grand Prix of Andalucia.
- **2.30** **MotoGP** The MotoGP race at the Grand Prix of Andalucia.
- **3.30** **MotoGP Chequered Flag**
- **4.00** **WWE NXT Highlights**
- **5.00** **V8 Supercars Highlights** Action from races 10, 11 and 12 of the Virgin Australia Supercars Championship in Winton.
- **7.00** **Hyundai A-League** Melbourne Victory v Brisbane Roar.
- **8.30** **ESPN FC** Football news.
- **9.00** **WWE Monday Night Raw**
- **11.30** **LIVE MLB Tampa Bay Rays v Atlanta Braves.** From Truist Park. Start-time **11.40pm**.
- **2.30** AM **V8 Supercars Highlights**
- **4.30** **Fishing: On The Bank**
- **5.30** **to 6.00** AM **Inside Sailing**

BT Sport 2

414 414 868 | 528 | 409 431

- **6.00** AM **BT Sport Goals Reload**
- **6.30** **Sport In Focus: Jadon Sancho**
- **7.00** **WWE Friday Night SmackDown** Wrestling action.
- **8.30** **Ali: The Mission**
- **8.45** **Sport In Focus – Kings of Clermont**
- **9.00** **PL Legends: Robert Pires**
- **9.30** **In Depth with Graham Bensinger** With Jesse James.
- **10.00** **FIM Speedway Highlights**
- **12.00** NOON **Rookie 93: Marc Marquez Beyond the Smile**
- **1.30** PM **AFL** Action from West Coast Eagles v Collingwood Magpies.
- **3.30** PM **AFL** Action from Fremantle Dockers v Geelong Cats.
- **5.30** **30 for 30: One and Not Done**
- **7.30** **Inside Sailing**
- **8.00** **Fishing: On The Bank**
- **9.00** **Shoulder to Shoulder** Former Ireland captain Brian O'Driscoll goes on a journey to tell the story of the Irish national rugby team.
- **10.30** **Bundesliga Special**
- **11.30** **WWE NXT** Wrestling action.
- **1.15** AM **MotoGP Rewind**
- **1.30** **Hyundai A-League**
- **3.00** **30 for 30: Nature Boy**
- **4.30** **to 6.00** AM **30 for 30: What Carter Lost**

BT Sport 3

417 417 869 | 529 | 410 432

- **6.00** AM **The Big Match Revisited – 1976/77** Four editions.
- **10.00** **Classic Premier League**
- **12.30** PM **Liverpool: Team of the 80s**
- **1.30** **Manchester United Classics**
- **2.30** **Cricket: Women's Big Bash**
- **3.30** **Cricket: Big Bash League**
- **4.30** **UEFA Champions League – Classics** Triple bill of action.
- **6.00** **The Football Archives: UCL 10/11** A look at the 2010/2011 UEFA Champions League season.
- **6.30** **The Football Archives: UCL 11/12** A look at the 2011/2012 UEFA Champions League season.
- **7.00** **MotoGP Classics: Australia 2015** The Australian Grand Prix.
- **8.00** **MotoGP Classics: Assen 2015**
- **9.00** **MotoGP Rewind**
- **9.15** **UFC 204: Bisping v Henderson** Action from Michael Bisping v Dan Henderson.
- **12.15** AM **UFC 232: Jones v Gustafsson II**
- **1.15** **UFC: The Ultimate Fighter**
- **2.15** **UFC 200 Greatest Fighters of All Time**
- **3.15** **MotoGP Rewind**
- **3.30** **WRC Review: Wales Rally GB**
- **4.30** **to 6.00** AM **Isolation eRacing Series**

Sky Sports Action

407 407 861 | 517 507

- **6.00** AM **NFL: America's Game**
- **8.00** **World Darts Championship**
- **10.00** **Pro Box Classics**
- **12.00** NOON **NBC's Pro-Football Talk**
- **2.00** PM **Savage Sam: Sam Eggington Story** Action from three of the boxer's bouts.
- **2.30** **Fight Night** Action from Sam Eggington v Frankie Gavin.
- **6.00** **World Darts Championship** Action from the third day's play at Alexandra Palace in London.
- **7.00** **World Darts Championship** Action from the fourth day's play at Alexandra Palace in London.
- **8.00** **NFL: Divisional Play Offs 16/17** Kansas City Chiefs v Pittsburgh Steelers: Action from the third divisional play-off match, held at Arrowhead Stadium.
- **9.00** **Fight Night** Jordan Gill v Emmanuel Dominguez: Action from the WBA International Featherweight title bout in 2019.
- **12.30** AM **Top 10 Great Boxing Upsets** The most dramatic boxing upsets to have ever occurred.
- **1.00** **NFL: America's Game** New York Giants' 1986 Super Bowl success.
- **2.00** **World Darts Championship**
- **4.00** **to 6.00** AM **Pro Box Classics**

Sky Sports Mix

145 145 838 | 520 510

- **6.00** AM **My Icon**
- **7.00** **Sporting Greats**
- **7.30** **School of Golf**
- **8.00** **Fighting Fit 2020**
- **8.30** **Fit In 5**
- **9.00** **Motorsport Mundial**
- **9.30** **Wildfly Fishing**
- **10.00** **World Surf League**
- **11.00** **World Cup of Pool**
- **12.00** NOON **F1 2019 Hlts**
- **3.00** PM **My Icon**
- **4.00** **Sporting Greats**
- **4.30** **School of Golf**
- **5.00** **Fighting Fit 2020**
- **5.30** **Fit In 5**
- **6.00** **Motorsport Mundial**
- **6.30** **Wildfly Fishing**
- **7.00** **World Surf League**
- **8.00** **World Cup of Pool Highlights** Action from the 2019 event.
- **9.00** **F1 2019 Hlts** Action from the 2019 Canadian Grand Prix.
- **10.00** **F1 2019 Hlts** Action from the 2019 French Grand Prix.
- **11.00** **F1 2019 Hlts** Action from the 2019 Austrian Grand Prix.
- **12.00** M'T **Motorsport Mundial**
- **12.30** AM **Wildfly Fishing**
- **1.00** **World Surf League**
- **2.00** **World Cup of Pool Highlights**
- **3.00** **to 6.00** AM **F1 2019 Hlts**

BT Sport/ESPN

423 423 872 | 530 | 411 434

- **6.00** AM **ESPN FC** Football news.
- **6.30** **Pardon the Interruption**
- **7.00** **ESPN SportsCenter**
- **7.15** **NCAA Championship Classic**
- **10.15** **ESPN FC** Football news.
- **10.45** **Pardon the Interruption**
- **11.15** **ESPN SportsCenter**
- **11.30** **College Football Classics**
- **1.30** PM **MLB Classic: All-Star 1984**
- **2.00** **MLB: Angels @ Athletics**
- **5.00** **ESPN SportsCenter**
- **5.15** **In Depth with Graham Bensinger** Sporting interview.
- **5.45** **MLB: Braves @ Rays**
- **8.45** **ESPN SportsCenter**
- **9.00** **LIVE MLB Washington Nationals v Toronto Blue Jays.** All the aciton from Nationals Park. Start-time **9.05pm**.
- **12.00** M'T **Major League Lacrosse**
- **2.00** AM **LIVE MLB Houston Astros v New York Mets.** Coverage from Minute Maid Park.
- **5.00** **to 6.00** AM **MLB Network Top 10: Right Fielders**

Eurosport 1

410 410 864 | 521 | 412 435

- **6.00** AM **Snooker: World Championship**
- **7.30** **Snooker Vodcast: The Debate**
- **8.00** **Football: Eliteserien**
- **9.00** **Climbing World Championships**
- **11.00** **Snooker: World Final 2018**
- **1.00** PM **LIVE Snooker: World Championship** Qualifying.
- **4.30** **Snooker Vodcast: The Debate**
- **5.00** **Football: Eliteserien**
- **6.00** **Snooker: World Championship**
- **7.00** **LIVE Snooker: World Championship** Day eight of qualifying at the Crucible Theatre.
- **10.00** **Snooker: World Championship**
- **11.30** **Snooker Vodcast: The Debate**
- **12.00** M'T **World Poker Tour: Alpha 8**
- **12.30** AM **European Rally Championship**
- **1.00** **Hall of Fame – Gymnasts**
- **2.00** **Snooker: World Championship**
- **3.30** **Snooker Vodcast: The Debate**
- **4.00** **to 6.00** AM **Cycling: Paris-Roubaix**

Eurosport 2

411 411 865 | 522 | 413 436

- **6.30** AM **World Superbikes: 2016**
- **8.00** **Snooker: World Championship**
- **9.30** **Snooker Vodcast: The Debate**
- **10.00** **World Superbikes 2019**
- **1.00** PM **Speedway: European Championship**
- **2.00** **WSBK: Phillip Island 2015**
- **3.00** **Superbikes: MotoAmerica**
- **4.00** **World Superbikes: Misano 04**
- **5.00** **World Superbikes: Imola 01**
- **6.00** **Superbikes: Whit & Friends** A look back at the Magny-Cours round of the 2004 World Superbikes campaign.
- **8.00** **World Superbikes: Imola 2002** The 2002 World Superbikes race from Imola.
- **9.00** **World Superbikes 2019**
- **12.00** M'T **World Superbikes: 2016**
- **1.30** AM **World Superbikes: Hockenheim 1996**
- **2.00** **World Superbikes: Monza 99**
- **2.30** **Superbikes: Whit & Friends**
- **4.30** **to 6.30** AM **World Superbikes 2019**

Sky Sports Arena

408 408 862 | 518 508

- **6.00** AM **Super League Gold**
- **7.00** **Super Rugby**
- **9.00** **Netball World Cup 2019**
- **10.45** **NBA Champions 2013**
- **12.00** NOON **Players Only: Kobe & Shaq**
- **1.00** PM **Super Rugby**
- **3.00** **Betfred Super League**
- **4.00** **NBA Retro Games: 2005 Playoffs W/C Finals Game 5**
- **6.00** **Sporting Heroes: Gary Newbon Interviews Stephen Hendry**
- **7.00** **NRL Try Time**
- **8.00** **The Golden Point Vodcast**
- **8.30** **Super League Super 8s**
- **9.00** **Super Rugby** Rebels v Waratahs.
- **11.00** **Super Rugby Classics**
- **12.00** M'T **Betfred Super League**
- **1.00** AM **Sporting Heroes: Gary Newbon Interviews Martin Johnson**
- **2.00** **Netball World Cup 2019**
- **3.45** **NBA Champions 2013**
- **5.00** **to 6.00** AM **Players Only: Kobe & Shaq**

Sky Sports F1

406 406 860 | 516 506

- **6.00** AM **The Home of F1**
- **11.00** **Styrian F1 GP: Practice 1**
- **12.45** PM **Styrian F1 GP: Practice 2**
- **2.30** **Styrian F1 GP: Qualifying**
- **5.00** **Carlos Sainz v Lando Norris**
- **5.30** **Jenson's Memories: Canada 2011** The Canadian Grand Prix.
- **5.40** **Mattia Binotto IV**
- **5.55** **Alfa Romeo 1950**
- **6.00** **Styrian F1 Grand Prix** A re-run of the Styrian Grand Prix.
- **8.00** **Lewis Hamilton: Opening Up**
- **8.15** **The Notebook: Styria**
- **8.45** **Small Talk with Lewis Hamilton**
- **9.00** **F1 Classic Races** A look back at the 1987 British Grand Prix.
- **9.45** **F1 Classic Races** A look back at the 1988 British Grand Prix.
- **10.25** **Alfa Romeo 1950**
- **10.30** **Carlos Sainz v Lando Norris**
- **11.00** **Belgian Grand Prix Watchalong** A look back at the 1995 Belgian Grand Prix.
- **12.00** M'T **Styrian F1 GP Highlights**
- **1.00** **to 6.00** AM **The Home of F1**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Wednesday

29 July

Evening Planner

Travelogue

Great Continental Railway Journeys
BBC2 HD, 8pm
Michael Portillo explores his father's past on a trip from Salamanca to Canfranca

Documentary

Anne: The Princess Royal at 70
ITV HD, 9pm
Princess Anne and her family look back at her achievements in the name of duty

Crime drama

Coroner
Sky Witness HD, 9pm
At the start of series two of the Canadian drama, Jenny makes a connection when she investigates a fire in a block of flats

OnDemand

NETFLIX

Inside the World's Toughest Prisons
Available today
Raphael Rowe joins the inmates in Tacumbú, Paraguay

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Fake Britain	8.00 The Repair Shop		9.00 Celebrity MasterChef		10.00 News	
102 BBC2	7.00 Botham: The Legend of '81		8.00 Great Continental Railway Journeys		9.00 Mrs America			10.40 Grand...
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Paul O'Grady: For the Love of Dogs...		9.00 Anne: The Princess Royal at 70			10.30 News
104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Grand Designs		10.00 Naked Attraction	
105 CHANNEL 5	7.00 Walking Britain's Lost Railways		8.00 How to Stop Your Nuisance Calls		9.00 Traffic Cops		10.00 Shoplifters: At War with the Law	
106 SKY ONE	7.00 The Simpsons		8.00 S.W.A.T.		9.00 Condor		10.00 A League of Their Own	
ENTERTAINMENT								
116 BBC4	7.00 Egyptian...	7.30 The Joy of...	8.00 The Riviera: A History in Pictures		9.00 What We Were Watching: Summer TV...		10.00 Hi-de-Hi!	10.30 The Great...
118 ITV2	7.00 You've Been Framed! Gold		8.00 Superstore		9.00 Family Guy			
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Grand Designs		9.00 24 Hour Baby Hospital		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks@25	7.30 Married at First Sight Australia			9.00 Celebrity Gogglebox USA		10.00 Celebrity Gogglebox	
107 SKY WITNESS	7.00 Paramedics Australia		8.00 Ghost Whisperer		9.00 Coroner		10.00 Station 19	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Penny Dreadful: City of Angels			10.10 Perry Mason
110 GOLD		7.20 Dad's Army		8.35 Fawlty Towers		9.30 Gavin & Stacey	10.05 Not Going Out	
111 DAVE	7.00 Richard Osman's...	7.40 Would I Lie to You?			9.00 Live at the Apollo Christmas Special		10.00 Mock the Week	
119 ITV3	7.00 Agatha Christie's Poirot		8.00 Lewis				10.00 Law & Order: UK	
120 ITV4	◂ 4.05 2005 Champions League Final...		8.00 European Cup Winners: The British...		9.00 Harry's Heroes: Euro Having a Laugh			10.30 Golf: PGA...
112 COMEDY CENTRAL	7.00 Friends				9.00 Greatest Ever Movie Blunders		10.00 Kevin Hart Live: Laugh at My Pain	
152 SYFY	7.00 Marvel's Runaways		8.00 Project Blue Book		9.00 Film: Assassination Games			
109 W	7.00 Top Chef		8.00 Babies: Their Wonderful World		9.00 One Born: Twins and Triplets		10.00 One Born Every Minute	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Silicon Valley			10.15 Girls
124 FOX	7.00 NCIS				9.00 APB		10.00 NCIS: New Orleans	
122 SKY ARTS	7.00 Treasures of the British Library		8.00 The Wars of Coco Chanel		9.00 Landscape Artist of the Year 2019		10.00 Film: Instant Dreams	
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Mighty Ships		9.00 Gold Divers			
162 ANIMAL PLANET	7.00 Animal Cops Houston		8.00 Saved By the Barn		9.00 Alaska: The Last Frontier		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Witness to Disaster		9.00 Rescued		10.00 Wicked Tuna	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Salvage Kings		9.00 Treasures Decoded		10.00 Secret History of Humans	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Britain's Biggest Warship		9.00 Open All Hours			
166 EDEN	7.00 Wild Africa		8.00 Yellowstone		9.00 The Zoo	9.30 Jungle Planet	10.00 Mountain Gorilla	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.15 Good Boys		8.00 The Angry Birds Movie 2				10.00 Babysplitters	
303 HITS	◂ 6.50 Ad Astra				9.00 Spider-Man: Far From Home			
304 GREATS	◂ 4.45 Titanic		8.00 Ocean's Eleven				10.00 Ocean's Twelve	
307 DISNEY	◂ 6.00 Incredibles 2		8.00 Finding Nemo			9.45 The Tigger Movie		
306 FAMILY	7.00 Return to Oz				9.00 Sister Act			
308 ACTION	◂ 6.15 The Darkest Minds		8.00 Godzilla: King of the Monsters					10.20 Fury
309 COMEDY	◂ 6.10 Meet the Parents		8.00 Meet the Fockers				10.00 Sorry to Bother You	
310 THRILLER	7.00 White Boy Rick				9.00 Scarface			
311 DRAMA	◂ 5.50 The Twilight Saga: Eclipse		8.00 Buffaloed			9.55 World Trade Center		
312 SCI-FI	◂ 6.45 Glass				9.00 Ma			
302 HARRY POTTER	◂ 6.00 Harry Potter and the Chamber of Secrets			8.45 Harry Potter and the Prisoner of Azkaban				
313 FILM4	◂ 6.40 Warcraft				9.00 Cold War			
315 TCM MOVIES	◂ 6.20 The Dirty Dozen				9.00 Exit Wounds			
SPORT								
401 MAIN EVENT	7.00 Sky Sports News							
402 PREMIER LEAGUE	7.00 PL World	7.30 PL Greatest...	8.00 Gary Neville's Soccerbox		9.00 PL Retro			
403 FOOTBALL	7.00 EFL – Live: The second leg of a play-off semi-final from the Sky Bet Championship						10.00 SPFL...	10.30 Old Firm...
404 CRICKET	7.00 Test Cricket		8.00 Cricket Debate	8.45 Pictures from...	9.15 Talking Cricket...	9.45 Test Cricket Bitesize		
413 BT SPORT 1	7.00 Premier League Review		8.00 PL 100	8.30 ESPN FC	9.00 MLB – Live: Texas Rangers v Arizona Diamondbacks (Start-time 9.05pm)			
414 BT SPORT 2	7.00 From Harlem...	7.30 I Believe in Miracles			9.00 MotoGP Highlights: GP of Andalucia		10.00 WWE NXT UK	

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Wednesday

BBC1

101 101/115 801 101 108 1 101 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Murder, Mystery and My Family** New edition 3/10. Reinvestigating the notorious shooting of a policeman in Essex in 1927. (S)(AD)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Close Calls: On Camera** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode 3/30. A blood donor session sees some awkward encounters. (S2) (S)(AD)
2.15 **Impossible** Game show. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** (S)(R)
4.30 **Antiques Road Trip** (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

5.15 Pointless

7 PM

7.00 **The One Show** Alex Jones and Michael Ball present the topical show. (S)
7.30 **Fake Britain** The holiday-maker locked up after unwittingly changing a fake £20 note. (S)(R)

8 PM

8.00 **The Repair Shop** Jay Blades and the team bring four more family heirlooms back to life, tackling an old Salford tram seat, a vintage horse-racing game, two stained-glass panels and a mirror box with a theatrical past. (S)(R)(AD)

9 PM

9.00 **Celebrity MasterChef** New edition 13/15. The remaining contestants take part in the first semi-final, in which they must cook up a feast to celebrate Guide Dogs' 90th anniversary. (S)(AD)
■ Concludes tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **NEW TO BBC1 Ibiza Dreams** 1/4. A group of 10 young people try to kick-start their careers in Ibiza. *Previously shown on BBC3 Online*. (S)

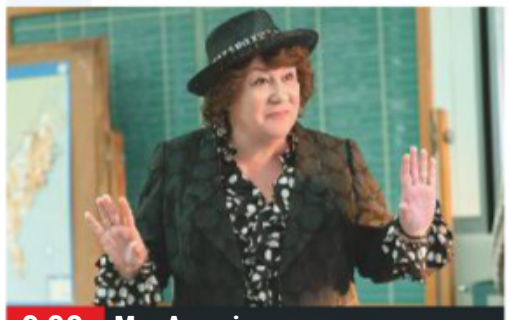
11.25 **NEW FA Cup: The Road to Wembley** The finalists' route to Saturday's showpiece match. (S)
11.55 **A Question of Sport** With Shaun Wright-Phillips, Sally Gunnell, Jazz Carlin and Stephen Hendry. (S)(R)
12.25 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.30 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.05 AM **Pointless** Quiz show. (S)(R)
6.50 **Murder, Mystery and My Family** 2/10. A 1934 murder. (S)(R)(AD)
7.35 **Meerkat Manor** (S)(R)(AD)
8.00 **Sign Zone: Great Asian Railway Journeys** (S)(R)(AD)
9.00 **Lost Land of the Tiger** (S)(R)
10.00 **BBC News** (S)
1.00 PM **The Boss** Quiz show. (S)(R)
1.45 **David Attenborough's Natural Curiosities** (S)(R)(AD)
2.15 **FILM A Town Like Alice** World War Two drama starring Virginia McKenna and Peter Finch. (S) (1956, b/w, PG, 120min) ★★★★
4.15 **Madagascar** (S)(R)(AD)
5.15 **Flog It!** From Crowcombe Court in west Somerset. (S)(R)
6.00 **Eggheads** Quiz show. (S)(R)
6.35 **Meerkat Manor** 3/13. Flower's daughter has pups. (S)(R)(AD)


9.00 Mrs America

7.00 **Botham: The Legend of '81** A look back at Ian Botham's cricketing career, originally shown to mark 30 years since the epic Ashes series that saw the former all-rounder at the peak of his powers. (S)(R)

8.00 **NEW SERIES Great Continental Railway Journeys** 1/6. Armed with a 1936 edition of *Bradshaw's Continental Railway Guide*, Michael Portillo ventures onto the European rail network in Spain. (S)(AD)

9.00 **Mrs America** New episodes *Bella:* 7/9. In 1977, Bella Abzug is appointed to head the revived Women's Commission, and must organise the first National Women's Conference in Houston. (S)(AD)
9.50 *Houston:* 8/9. Alice and Pamela arrive in Houston for the National Women's Conference to find their hotel overbooked. (S1) (S)(AD)
■ Concludes tomorrow
10.40 **Grand Tours of Scotland** Exploring Blaven Caves. (S)(R)
10.45 **Newsnight** (S)

11.25 **Weather** (S)
11.30 **Once Upon a Time in Iraq** 3/5. Eyewitness accounts of the Battle of Fallujah. (S)(R)(AD)
12.30 AM **Sign Zone: The Repair Shop: Fixing Britain** (S)(R)(AD)
1.15 **Sign Zone: Home Is Where the Art Is** Creating seaside-themed pieces in Whitstable. (S)(R)(AD)
2.00 **Sign Zone: Celebrity MasterChef** 9/15. Four contenders battle for a place in the semi-finals. (S)(R)(AD)
2.30 **to 6.05** AM **Previews** (S)

ITV

103 103/176 803 103 103/113 3 103 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.00 **ITV News** (S)
1.20 **Local News** (S)
1.30 **LIVE ITV Racing: Glorious Goodwood** Ed Chamberlin and Francesca Cumani present coverage of day two of the meeting, including the 3.15 Sussex Stakes, with supporting races at 1.45, 2.15, 2.45 and 3.45. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Paul O'Grady: For the Love of...

7.00 **Emmerdale** Andrea is in a state of bliss, and Jamie's mask slips. (S)(AD)
7.30 **Coronation Street** Ed is gutted that Aggie has to isolate at a hotel on their 30th wedding anniversary. (S)(AD)

8.00 **Paul O'Grady: For the Love of Dogs – What Happened Next** New edition The comedian catches up with Chester, the most injured dog he has ever helped, and Sydney, who stole the heart of Tom Hardy. (S)(AD)

9.00 **NEW Anne: The Princess Royal at 70** Documentary marking Princess Anne's 70th birthday, as she talks openly about her life and work, and the reality of growing up as a member of the Royal Family. *See feature, page 20*. (S)(AD)

10.30 **ITV News** (S)

11.00 **Local News** (S)
11.15 **Piers Morgan's Life Stories: Mary Berry** The TV presenter looks back on her life and career. (S)(R)
12.10 AM **Ideal World**
3.00 **James Martin's American Adventure** 2/20. The chef rides his motorbike through Santa Cruz, California. (S)(SL)(R)(AD)
3.50 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 114 33 112

CHANNEL 4

104 104/138 804 104 104/141 4 104 104

6.30 AM **Cheers** 12&13/26. (10) (S)(R)
7.20 **Everybody Loves Raymond** 20–22/26. (S3) (S)(R)(AD)
8.40 **Frasier** 1&2/24. (S5) (S)(R)(AD)
9.40 **The Big Bang Theory** (S)(R)(AD)
10.35 **Ramsay's Kitchen Nightmares USA** In California. (S)(R)
11.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
2.10 **Countdown: Champion of Champions** Game show. (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** Property search in Almería. (S)(R)
5.00 **Four in a Bed** The group head to the Sleeperdorm backpacker hostel in Newcastle. (S)(R)
5.30 **Come Dine with Me** (S)(R)
6.00 **The Simpsons** Double bill of the animated comedy. (S)(R)(AD)

9.00 Grand Designs

7.00 **News** (S)

8.00 **Location, Location, Location** Kirstie Allsopp searches for a family home around Hove on the south coast of England for Duncan, Anna and their three children, as they return to the UK after seven years living in Switzerland. (S)(R)

9.00 **Grand Designs** Kevin McCloud follows the progress of identical twins Nik and Jon as they build two near-identical houses next door to each other in Sheffield, paying tribute to the city's industrial past. (S)(R)(AD)

10.00 **Naked Attraction** Anna Richardson hosts as a model and a veterinary student choose dates after seeing what their potential partners have to offer on a purely physical level. (S)(R)(AD)

11.05 **Ramsay's 24 Hours to Hell and Back** In New York. (S)(R)(AD)
12.00 M'T **Ramsay's Kitchen Nightmares USA** (S)(R)
12.55 AM **Couples Come Dine with Me**
1.50 **FILM Citadel** Horror. (2012, 15) ★★
3.15 **This Is Us** (S1) (S)(SL)(R)(AD)
4.05 **Undercover Boss Australia** (S)(R)
4.55 **Fifteen to One** (S)(R)
5.45 **Kirstie's Vintage Gems** (S)(R)
5.50 **to 6.30** AM **Countdown: Champion of Champions** (S)(R)

+1 hour 204 142 15 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Can't Pay? We'll Take It Away!** A £10,000 debt. (S)(R)
12.05 PM **Access** Showbiz news. (S)
12.10 **News** (S)
12.15 **Nightmare Tenants, Slum Landlords** (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 NEW **A Killer Engagement: Matchmaker Mysteries** Crime drama with Danica McKellar. (S)
4.00 **Friends** 13&14/24. (S2) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Elly considers a move to Switzerland. (S)(R)(AD)
6.00 **Home and Away** Maggie and Ben search for Ziggy. (S)(R)(AD)
6.30 **News** (S)

9.00 Traffic Cops

7.00 Walking Britain's Lost Railways
2/6. Rob Bell heads to the north-east England, beginning on Wearside, where he learns about the world's first railway designed for steam locomotives. (S)(R)

8.00 How to Stop Your Nuisance Calls
Alexis Conran looks into cold calls, asking who is making them, whether enough is being done to deal with them and what customers can do to prevent them. (S)(R)

9.00 Traffic Cops
New edition 3/5.
A dangerous driver pushes officers to their limit in Derbyshire as the vehicle reaches speeds of more than 150mph, before crashing into a ravine. (S)

10.00 Shoplifters: At War with the Law
3/6. The security personnel at Coventry's West Orchards shopping centre receive a tip-off from Birmingham that an organised criminal gang are heading their way. (S)(R)

11.05 **When Talent Shows Go Horribly Wrong** (S)(R)
1.05 AM **21.co.uk Live Casino Show**
3.05 **Access** Showbiz news. (S)
3.10 **The Yorkshire Vet** (S)(R)
4.00 **OMG: My Barbie Body** Three women who had extreme plastic surgery. (S)(SL)(R)
4.45 **World's Most Pampered Pets** A disco for dogs. (S)(SL)(R)
5.35 **to 6.00** AM **House Doctor** (R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal 999** (S)(R)
7.00 **The Flash** 10/23. (S2) (S)(R)
8.00 **Supergirl** 13/22. (S2) (S)(R)
9.00 **The Simpsons** (S)(R)
10.00 **Brit Cops: Rapid Response** (R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **Brit Cops: Law & Disorder** (R)
4.00 **Modern Family** (S8) (S)(R)
5.00 **Futurama** *Mars University:* Fry enrols at Mars University. (S)(R)
5.30 **The Simpsons** *Monty Can't Buy Me Love:* Mr Burns tries to improve his public image. (S)(R)
6.00 *GI (Annoyed Grunt):* With the guest voice of Kiefer Sutherland. (S)(R)(AD)
6.30 *Yokel Chords:* Bart is referred to a therapist who is affected deeply by the experience. (S)(R)

9.00 Condor

7.00 The Simpsons
Rome-old and Juli-eh: Homer accidentally declares himself bankrupt, and Grampa falls in love with Selma. (S)(R)
7.30 *Homerazzi:* Homer becomes a member of the paparazzi. (S)(R)

8.00 S.W.A.T.
Fire in the Sky: 1/21. The team work with a senior LAPD Hollywood Division officer to stop a serial bomber who is using drones as detonation devices. (S3)

9.00 Condor
New episode *A Former KGB Man:* 3/10. Joe is lured back into the danger zone when he suspects that Bob's killer and mole may be the same person. (S2) (S)

10.00 A League of Their Own
Guests Geri Horner, John Terry and Josh Widdicombe join regulars Jamie Redknapp, Andrew Flintoff and Romesh Ranganathan, with James Corden asking the questions. (S)(R)(AD)

11.00 **In the Long Run** (S3) (S)(R)
11.30 **Road Wars** (S)(R)
12.30 AM **The Force: North East** A flood of 999 calls. (S)(R)
1.30 **The Blacklist** 14/18. (S7) (S)(R)
2.30 **Brit Cops: Rapid Response** Officers on patrol. (S)(R)(AD)
3.30 **Road Wars** (S)(R)
4.00 **Highway Patrol** (S)(R)(AD)
5.00 **Futurama** (S)(R)
5.30 **to 6.00** AM **Animal House** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
12.15-1.00pm Politics Scotland Special (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.45pm True North: Under the Bridge (S)(R) **11.15** NEW SERIES Ibiza Dreams (S) **11.55** NEW FA Cup: The Road to Wembley (S) **12.25am** A Question of Sport (S)(R) **12.55-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
7.30-8.00pm Gareth Edwards' Great Welsh Adventure (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Caru Siopa (AD) **12.30pm** Cegin Bryn: Yn Ffrainc **1.00** Heno **1.30** Mamwlad **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Trysorau'r Teulu **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Ty Cymreig **6.30** Gêm Gartre **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Heno Aur New edition **8.25** Y Sioe Fwyd **8.55** Newyddion S4C a'r Tywydd **9.00** Pawb a'i Farn New edition **10.00** Stori Pel-Droed Cymru **10.30** Miwsig Fy Mywyd (AD) **11.30pm-12.05am** Low Box (AD)

TV&Satellite week
More channels than any other TV magazine

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Egyptian Journeys with Dan Cruickshank** 3/6. Examining the truth about Akhenaten.
7.30 **The Joy of Painting** New edition 7/52. How to paint reflections on still waters.
8.00 **The Riviera: A History in Pictures** 2/2. How art and celebrity became intertwined.
9.00 NEW **What We Were Watching: Summer TV Classics** The sights and sounds and schedules of the Great British Summer.
10.00 **Hi-de-Hi!**
10.30 **The Great British Seaside Holiday – Timeshift** A celebration of the British seaside holiday experience.
11.15 **Andrew Marr's Great Scots: The Writers Who Shaped a Nation** 3/3. The life of 20th-century poet Hugh MacDiarmid.
12.15 AM **Hurt Locker Hero – Storyville**
1.35 **There She Goes**
3.10 **to 3.35** AM **The Joy of Painting**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems**
9.15 **A Place in the Sun: Winter Sun** In Florida.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: DIY**
1.15 **Building the Dream**
2.20 **Four in a Bed** Five editions.
4.55 **The Secret Life of the Zoo** A male orangutan struggles to impress the females.
5.55 **The Supervet**
6.55 **Escape to the Chateau: DIY** Billy and his father try to level a patio so it can pass health and safety regulations.
7.55 **Grand Designs** Mark and Candida seek to build a plough-shaped home in rural Devon.
9.00 **24 Hour Baby Hospital** New edition Young couple Sophie and Daryl's choice of names is proving confusing for midwife Veronica. Meanwhile, Ciara is getting ready to welcome her second baby.
10.00 **24 Hours in A&E** Including a construction worker who was trapped under a cherry picker.
11.05 **24 Hours in A&E** A retired dockworker needs immediate surgery.
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **Building the Dream**
2.15 **24 Hour Baby Hospital**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Ellen DeGeneres Show**
8.00 **Funniest Ever You've Been Framed!**
9.00 **You've Been Framed!**
9.25 **Supermarket Sweep**
10.25 **Ellen's Game of Games**
11.20 **Dress to Impress**
12.25 PM **You've Been Framed!**
12.55 **Celebrity Catchphrase**
2.00 **Ellen DeGeneres Show**
2.55 **Ellen's Game of Games** New edition Game show.
3.50 **Supermarket Sweep**
4.55 **Dress to Impress**
6.00 **You've Been Framed!**
8.00 **Superstore** 3/22. Dina blackmails Garrett after Amy hires Dina's nemesis Coleen. **8.30** 4/22. The closure of the shopping centre brings new customers. (S5)
9.00 **Family Guy** *Something, Something, Something Dark Side:* 17&18/22. Peter presents his own version of *The Empire Strikes Back*. (S8) **10.00** *Excellence in Broadcasting:* 3/21. Brian attends a book signing at the Quahog Mall. (S9) **10.30** *Brian and Stewie:* 22/22. Brian and Stewie are locked in a bank vault. (S8)
10.55 **Family Guy**
11.25 **American Dad!**
12.25 AM **The Cleveland Show**
1.20 **Superstore**
2.20 **Iain Stirling's CelebAbility**
3.05 **to 3.30** AM **Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **The Goldbergs**
7.00 **Couples Come Dine with Me** From West Sussex.
8.00 **Don't Tell the Bride**
9.00 **Married at First Sight Australia** Reality series.
10.30 **Melissa & Joey**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **The Goldbergs**
4.00 **Brooklyn Nine-Nine**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks@25** New episode Tony, Lucy, Ruth and Lewis are trapped by Rob.
7.30 **Married at First Sight Australia** New edition The couples must part ways and return home to make the most important decision of their relationships.
9.00 **Celebrity Gogglebox USA** New edition A rolling cast of famous faces in the America critique TV.
10.00 **Celebrity Gogglebox** *The Andrew Neil Interviews* with Jeremy Hunt and Boris Johnson, *Killing Eve* and *Serengeti* are appraised.
11.00 **Buffy the Vampire Slayer**
1.00 AM **The Big Bang Theory**
2.00 **Gogglebox**
2.55 **First Dates**
3.50 **Don't Tell the Bride**
4.40 **to 6.00** AM **Couples Come Dine with Me**

+1 hour 235 | 146 | 28 | 123

Wednesday primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **UK Border Force**
10.00 **Blue Bloods** 18/22. (S2)
11.00 **Elementary** 23/24. (S3)
12.00 NOON **Law & Order** 15/24. A participant on a TV reality show is murdered. (S11)
1.00 PM **Blue Bloods** 20/22. Danny and Jackie are assigned to protect a witness. (S2)
2.00 **CSI** 14/23. A police officer hampers an investigation. (S4)
3.00 **Paramedics Australia** (S2)
4.00 **Nothing to Declare**

9.00 Coroner

7 PM
7.00 **Paramedics Australia** New edition Following Australia's emergency service heroes as they battle to save lives.
8 PM
8.00 **Ghost Whisperer** *Miss Fortune:* 18/22. Melinda comes into contact with the ghost of a bitter magician. (S1)
9 PM
9.00 **NEW SERIES Coroner** *Fire:* Jenny investigates a devastating fire in a low-income apartment complex. (S2)
10 PM
10.00 **Station 19** Series finale *The Ghosts That Haunt Me:* 14/14. Andy and Jack save people trapped in a bowling alley. (S3)
11.00 **Criminal Minds** 11/24. (S9)
12.00 M'T **Ghost Whisperer**
1.00 AM **FBI** (S2)
2.00 **How to Get Away with Murder** (S6)
3.00 **The Good Doctor** (S2)
4.00 **CSI** 22/23. (S4)
5.00 **to 6.00** AM **Brit Cops...**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** Miami's South Beach.
7.00 **Fish Town**
8.00 **The British**
9.00 **Elementary** 7/24. (S2)
10.00 **CSI** Triple bill. (S9)
1.00 PM **Elementary** 8/24. (S2)
2.00 **Blue Bloods** 5&6/22. (S4)
4.00 **CSI** 10/24. The hunt for the copycat serial killer continues. **5.00** 11/24. Langston investigates a murder on his first day with the team. **6.00** 12/24. An undercover federal agent is murdered. (S9)

9.00 Penny Dreadful: City of...

7.00 **Blue Bloods** *Drawing Dead:* 7/22. The NYPD come under increased scrutiny when an officer kills a teenage boy.
8.00 **Blue Bloods** *Justice Served:* 8/22. Frank tries to persuade Angelo Gallo to testify against one of his clients. (S4)
9.00 **Penny Dreadful: City of Angels** New episode 5/10. Mateo grapples with the aftermath of his actions, and Peter receives a call from Elsa. (S1)
10.10 **Perry Mason** *Chapter 6:* 6/8. Origin story of the criminal defence lawyer, with Matthew Rhys. (S1)
11.20 **Dexter** 10/12. Debra identifies two more suspects in the Barrel Girl case. **12.25** AM 11/12. (S5)
1.30 **Get Shorty** (S3)
2.40 **Elementary** 9/24. (S2)
3.40 **Californication** 2/12. (S1)
4.15 **to 6.00** AM **The Guest Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.25 AM **Keeping Up Appearances**
8.35 **Porridge**
9.15 **Are You Being Served?**
9.55 **Last of the Summer Wine**
12.00 NOON **Keeping Up Appearances**
12.40 PM **Fawlty Towers**
1.25 **Porridge**
2.00 **Are You Being Served?**
2.40 **Keeping Up Appearances**
3.20 **Dad's Army**
4.00 **Last of the Summer Wine**
6.00 **Are You Being Served?**
6.40 **Porridge**

8.35 Fawlty Towers

7.20 **Dad's Army** The Home Guard take charge of a large naval gun.
8.00 **Dad's Army** The platoon chases a runaway barrage balloon.
8.35 **Fawlty Towers** Basil goes to great lengths to prove a guest has smuggled a woman into his room.
9.30 **Gavin & Stacey** Smithy goes missing following Nessa's revelation.
10.05 **Not Going Out** Tim joins a band at work and Lucy falls for the guitarist.
10.45 **Live at the Apollo** With guest Nish Kumar.
11.45 **Fawlty Towers** As 8.35pm.
12.35 AM **Gavin & Stacey**
1.10 **Live at the Apollo** Alan Carr hosts, with guests Francesca Martinez and Nish Kumar.
2.10 **Green Wing**
3.00 **to 4.00** AM **My Favourite Sketch**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.00 **Heartbeat**
9.05 **Rising Damp**
10.05 **That's My Boy**
10.40 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple**
5.55 **Heartbeat** *Music of the Spheres:* A Polish violinist staying at Ashfordly Hall plans to perform at the village hall.

8.00 Lewis

7.00 **Agatha Christie's Poirot** *The Million Dollar Bond Robbery:* The sleuth accompanies a precious cargo to New York.
8.00 **Lewis** *Falling Darkness:* A professor is found dead on Halloween with a stake through her heart and Hobson reveals she shared a house with the victim in her university days. A medium visits Lewis claiming to have foreseen the tragedy.
10.00 **Law & Order: UK** *Honour Bound:* 6/6. Brooks agrees to help Jimmy Valentine with an undercover sting. (S2)
11.00 **Scott & Bailey** 7/8. Andy punishes Janet by keeping her out of an investigation into a gangland killing, while Rachel feels ambushed. (S2)
12.00 M'T **Inspector Morse**
2.15 **to 3.25** AM **Agatha Christie's Poirot**

+1 hour 219 174 58 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport**
6.10 **Only When I Laugh**
6.35 **The Saint**
7.25 **Robin of Sherwood**
8.25 **Dempsey and Makepeace**
9.30 **Minder**
10.35 **The Professionals**
11.40 **The Sweeney**
12.50 PM **The Saint**
1.50 **Robin of Sherwood**
3.00 **Dempsey and Makepeace**
4.05 **2005 Champions League Final Revisited** New edition Liverpool v AC Milan.

9.30 Minder

2005 Champions League Final Revisited (started at 4.05pm)
8.00 **European Cup Winners** The pioneering achievements of Celtic and then Manchester United from 1967.
9.00 **Harry's Heroes: Euro Having a Laugh** 3/3. The team embark on the final leg of their tour in Germany, as they prepare to face their arch-rivals at the Wacker Arena.
10.30 **Golf: PGA Tour Highlights** The 3M Open at TPC Twin Cities.
11.40 **FILM Gran Torino** Drama starring Clint Eastwood and Bee Vang. A widower is forced to confront his own prejudices. With Ahney Her and Christopher Carley. (2008, 15, 116min) ★★★★
2.00 **to 3.00** AM **Fishing Impossible**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As BBC2 except:**
12.00 NOON **This Is BBC Scotland**
12.15 PM **Politics Scotland Special**
1.15 **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Fish Town**
7.30 **Scottish Vets Down Under**
8.00 **Great Escapes with Colin and Justin** New edition 4/8. The North American wilderness.
8.25 **Beechgrove Repotted**
8.30 **Test Drive**
9.00 **The Nine**
10.00 **Rab C Nesbitt** Comedy starring Gregor Fisher.
10.30 **Taken Down** 6/6. Abeni is in increasing danger as the gang grow more fearful. (S1)
11.20 **The Chief Does Edinburgh** Spin-off.
11.30 PM **to 12.00** M'T **Des Doesn't Do – Cooking**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules: US**
12.00 NOON **The Chef's Line**
1.00 PM **America's Next Top Model** Double bill.
3.00 **Babylon 5** (S5)
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S6)
8.00 **The Flash** *Fast Enough:* 23/23. A life-changing decision is on the cards for Barry. (S1)
9.00 **SEAL Team** *Never Get Out of the Boat:* 16/22. Jason disobeys orders and puts Sonny's life on the line. (S1)
10.00 **The Russell Howard Hour** Topical comedy.
11.00 **Coroner** (S2)
12.00 M'T **Station 19** (S3)
1.00 AM **Condor** (S2)
2.00 **A Town Called Eureka**
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
10.00 **Border Security: America's Front Line**
11.00 **Neighbourhood Blues**
12.00 NOON **Motorway Patrol**
1.00 PM **Road Wars**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security USA**
5.00 **Neighbourhood Blues**
6.00 **Star Trek: The Next Generation** 4/26. (S6)
7.00 **Hawaii Five-0**
8.00 **Merlin** 6/13. (S5)
9.00 **The Good Doctor** (S1)
10.00 **Paramedics: Life on the Line**
11.00 **CSI** 20/25. (S5)
12.00 M'T **Brit Cops: Frontline Crime UK**
1.00 AM **Road Wars**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Last Stop Garage**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
12.00 NOON **Cop Car Workshop**
1.00 PM **Abandoned Engineering**
2.00 **Top Gear: Top Fails**
3.00 **Rick Stein: From Venice to Istanbul**
4.00 **Top Gear**
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.40 **Would I Lie to You?**
9.00 **Live at the Apollo Christmas Special**
10.00 **Mock the Week**
11.20 **Taskmaster**
12.20 AM **Mock the Week**
1.00 **Would I Lie to You?**
1.40 **Red Dwarf** 6/6. (S5)
2.15 **Mock the Week**
2.50 **Red Dwarf** 6/6. (S11)
3.35 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Bob's Burgers**
10.30 **Everybody Loves Raymond** 3/24. (S4)
11.00 **The King of Queens**
12.00 NOON **My Wife and Kids** 11&12/29. (S2)
1.00 PM **Friends**
9.00 **Greatest Ever Movie Blunders** Elis James points out mistakes in movies.
10.00 **Kevin Hart Live: Laugh at My Pain** A 2011 stand-up performance by the American comedian.
11.00 **Bob's Burgers** 3/21. Bob and Teddy enrol in a stuntman boot camp. **11.30** 4/21. A wild bird attack causes chaos at a festival. (S5)
12.00 M'T **Russell Howard's Good News** Double bill.
2.00 AM **RuPaul's Drag Race** New edition
3.00 **The Daily Show**
3.25 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **The Bachelor USA**
7.45 **Married to Medicine**
8.45 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Real Housewives of Beverly Hills**
1.10 **Million Dollar Listing: NYC**
2.05 **The Only Way Is Essexmas 2015**
3.10 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date** New edition Jainam from Durham chooses three blind dates from five potential partners.
9.00 **Totally Unbelievable**
10.00 **Botched**
11.00 **Atlanta Plastic**
11.55 PM **to 12.55** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S2)
9.00 **Inspector George Gently**
11.00 **New Tricks** 2/10. (S11)
12.00 NOON **Major Crimes** (S4)
1.00 PM **Unforgettable** (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** (S2)
3.00 **Murdoch Mysteries** 12/19. Murdoch investigates the death of an elderly groom. **4.00** 13/19. A man is found dead in a church. **5.00** 14/19. A murder is linked to a feral young woman. (S9)
6.00 **Major Crimes** 10/23. (S4)

9.00 Stumptown

7.00 **Unforgettable** *Bigtime:* 1/13. An investigation into the kidnapping of an 11-year-old girl cuts close to home for Carrie. (S2)
8.00 **Shakespeare & Hathaway – Private Investigators** 9/10. Frank and Lu investigate a death threat. (S2)
9.00 **Stumptown** New episode *'Til Dex Do Us Part:* 14/18. Dex and Hoffman are hired to investigate a bride's fiancé. (S1)
10.00 **Inspector George Gently** *The Burning Man:* A unidentified badly burnt body is found near an RAF base.
12.00 M'T **New Tricks** *Tender Loving Care:* The team members investigate the murder of a junior doctor, and try to cheer up Danny when his daughter leaves home for university.
1.20 AM **Murdoch Mysteries**
3.10 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **Star Trek: Voyager** (S5)
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S5)
1.00 PM **Star Trek: Voyager** 21&22/26. Double bill. (S5)
3.00 **Star Trek: Deep Space Nine** 13/26. Sisko risks all to catch a wayward crew member. **4.00** 14/26. Worf and Garak are taken prisoner. (S5)
5.00 **Star Trek: The Next Generation** 9/26. Guest stars by Matt Frewer. **6.00** 10/26. Worf's parenting skills are put to the test. (S5)

11.00 Monster Island

7.00 **Marvel's Runaways** *Tsunami:* 8/10. The Pride desperately tries to clean up the latest mess without involving Jonah. (S1)
8.00 **Project Blue Book** *War Games:* 8/10. Hynek and Quinn investigate a film documenting an army platoon under attack. (S1)
9.00 **FILM Assassination Games** Action thriller starring Jean-Claude Van Damme. Two rival hitmen join forces to take down a gangster. With Scott Adkins and Ivan Kaye. (2010, 18, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **FILM Monster Island** Thriller. (2019, PG, 90min) ★★
1.00 AM **Star Trek: The Next Generation** As 5pm & 6pm.
3.00 **Pandora**
4.00 **Marvel's Runaways**
5.00 **to 6.00** AM **Project Blue Book**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.15 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Who Do You Think You Are?** Frances de la Tour researches her ancestry.
12.00 NOON **My Dream Home**
1.00 PM **Tipping Point**
4.00 **My Dream Home** A couple who are squeezed into an old bachelor pad condo. **5.00** Jonathan tries to help a couple looking to get over a family crisis.
6.00 **Tipping Point** Game show.

8.00 Babies: Their Wonderful...

7.00 **Top Chef** New edition 13/14. American reality cookery show in which the country's most promising chefs compete.
8.00 **Babies: Their Wonderful World** Exploring the crucial changes during the first two years of a child's life.
9.00 **One Born: Twins and Triplets** Sophie and Carlos try to cope with the premature arrival of their two daughters.
10.00 **One Born Every Minute** Students Brooke and Tim, who met in their first term at university, become parents for the first time.
11.00 **Inside the Ambulance** A student needs medical help.
12.00 M'T **One Born Every Minute** Two eager grandmothers-to-be serve as birthing partners.
1.00 AM **Amazing Hotels: Life Beyond the Lobby**
1.50 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S2)
10.30 **30 Rock** (S6)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S2)
2.30 **Everybody Hates Chris** (S1)
3.30 **Parks and Recreation** (S2)
5.00 **30 Rock** 21/22. Avery is released by the North Koreans and returns to America. **5.30** 22/22. Liz questions her and Criss' plans.(S6) **6.00** 1/13. Liz discovers Jack is trying to ruin NBC. (S7)
6.30 **Modern Family** 9/24. (S2)

9.00 Silicon Valley

7.00 **Modern Family** 10/24. Luke and Manny prepare for the school dance. (S2)
7.30 **The Mindy Project** 22/22. With Sam Page. (S2)
8.00 **The Mindy Project** 1/21. Jeremy struggles to organise a charity event. **8.30** 2/21. Guest stars Rhea Perlman. (S3)
9.00 **Silicon Valley** 7/8. Richard learns an ex has been spreading rumours. **9.35** 8/8. Richard is forced to make changes to his software. (S1)
10.15 **Girls** 3/10. (S4)
10.50 **The Tonight Show Starring Jimmy Fallon** American chat show.
11.50 **Entourage** 2/12. Drama plans a party for Vince. (S4)
12.30 AM **Vice Principals** 5/9. Russell's birthday bash is marred by a revelation. **1.10** 6/9. A plot to sabotage a standardised test jeopardises Russell's job. (S2)
1.50 **Parks and Recreation** (S2)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S4)
9.00 **Bones** 22/22. (S11)
10.00 **Bull** 15/22. (S3)
11.00 **NCIS** 18/24. (S13)
12.00 NOON **Bones** (S1)
2.00 PM **The Mentalist** 3/22. (S5)
3.00 **NCIS** 15/24. The Secretary of the Navy's daughter is kidnapped. Guest stars Christina Chang. (S13)
4.00 **Bull** 16/22. (S3)
5.00 **Bones** 3/22. A boy is found hanging from a tree. (S1)
6.00 **The Mentalist** 4/22. (S5)

9.00 APB

7.00 **NCIS** *Charade:* 20/24. Tony's identity is stolen, and fraudsters begin making use of his status to blackmail US senators.
8.00 **NCIS** *Return to Sender:* 21/24. Gibbs and Fornell try to track down two British prisoners who escaped to the US. (S13)
9.00 **APB** New episode *Daddy's Home:* 6/12. Gideon's father turns to him for assistance after running into trouble. (S1)
10.00 **NCIS: New Orleans** *The Terminator Conundrum:* 2/20. The team investigate the crash of a private plane. (S6)
11.00 **American Dad!** (S4)
12.00 M'T **Family Guy** (S11)
12.30 AM **Family Guy** (S12)
1.00 **American Dad!** (S4)
2.00 **Family Guy** (S11)
3.00 **American Dad!** (S4)
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Wednesday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 21/24. (S1)
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart**
11.00 **Murder, She Wrote**
12.00 NOON **Due South** (S1)
1.00 PM **Hart to Hart** (S2)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** 19/24. Hawkeye bonds with Hot Lips. **7.30** 20/24. A GI marries a call girl. (S3)
8.00 **Randall and Hopkirk (Deceased)** *Could You Recognise the Man Again?* 18/26. Jeannie is kidnapped. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H**
2.00 **Charlie's Angels** (S5)
3.00 **M*A*S*H**
3.30 **Due South** (S3)
4.15 **Sony Movie News**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 123 156

6.00 AM **Ludovico Einaudi: Elements – Live**
7.15 **Andrea Bocelli: Love in Portofino**
9.00 **Tales of the Unexpected**
10.00 **Portrait Artist of the Year 2017**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Hollywood Couples**
3.00 **Portrait Artist of the Year 2017**
4.00 **Classic Albums**
5.00 **Discovering:**
7.00 **Treasures of the British Library**
8.00 NEW **The Wars of Coco Chanel**
9.00 **Landscape Artist of the Year 2019**
10.00 **FILM Instant Dreams** Documentary. (2017, 12, 91min) ★★★
12.00 M'T **The Directors**
1.00 AM **BAFTA: Life in Pictures** 4/6. (S1)
2.00 **Discovering**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **Four in a Bed**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** 15&16/24. (S4)
4.00 **Ramsay's Kitchen Nightmares USA**
5.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Bake Off: The Professionals – The Final** Liam Charles and Tom Allen host the final of the baking contest.
9.00 **Devon and Cornwall**
10.00 **Our Baby: A Modern Miracle**
11.05 **Location, Location, Location**
12.10 AM **24 Hours in A&E**
1.15 **Paramedics: Britain's Lifesavers**
2.15 **Best of Crufts: Best in Show**
3.20 **A Place in the Sun**
4.20 **to 4.50** AM **Four in a Bed**

5USA

141 141 153 21 129

9.10 AM **Rookie Blue**
11.10 **Law & Order**
1.05 PM **Law & Order**
5.05 **NCIS: New Orleans** Four episodes including at: **8.00** *One Good Man:* 6/24. A Navy SEAL candidate is killed. (S3)
9.00 **Law & Order: Criminal Intent** *Frame:* 22/22. After leaving flowers at his mother's grave, Bobby discover a picture that indicates an old enemy has returned. (S7)
10.00 **Law & Order: Special Victims Unit** *Disrobed:* 13/22. A prominent judge is murdered. **10.55** *Limitations:* 14/22. Cragen pursues a serial rapist. (S1)
11.55 **Law & Order: Special Victims Unit** (S1)
1.50 AM **Castle**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **Will & Grace**
9.10 **My Wife and Kids**
10.05 **Nightmare Tenants, Slum Landlords**
12.10 PM **Can't Pay? We'll Take It Away!**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Britain's Council House Millionaires**
8.00 **Can't Pay? We'll Take It Away!**
9.00 **FILM Ghost Rider: Spirit of Vengeance** Comic-book adventure starring Nicolas Cage. (2012, 12, 91min) ★★
10.55 **FILM The Mothman Prophecies** Paranormal chiller starring Richard Gere and Laura Linney. (2001, 12, 118min) ★★★
1.20 AM **Nightmare Tenants, Slum Landlords**
2.20 **Will & Grace**
3.10 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Comedy series.
8.00 **Death in Paradise** *Lost Identity:* 5/8. Humphrey's Aunt Mary gets caught up in an investigation. **9.20** *Dishing Up Murder:* 6/8. A chef is stabbed to death. (S5)
10.40 **New Tricks** *Casualty:* A car accident threatens the team's future.
12.00 M'T **Silent Witness**
2.10 AM **The Bill**
3.00 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY

Documentaries

Wednesday

CBS Drama
147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 12/25. (S4)
12.00 NOON **CSI: NY** (S2)
12.55 PM **The High Chaparral**
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *Apocalypse – Now?* 6/19. Allison becomes convinced the end of the world is approaching. (S5)
10.00 **CSI: Miami** *Silencer:* 13/25. Two people are shot dead on a dance floor during a Latin music festival. (S4)
11.00 **Unsolved Mysteries** The story of a man with several lovers who was murdered under odd circumstances.
12.00 M'T **Judge Judy**
1.00 AM **ER** 9/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Hoarders**
5.00 to 6.00 AM **Matlock**

CBS Justice
148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** 12/30. (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 24/26. (S3)
2.05 **CSI: Miami** 10/21. (S6)
3.00 **NCIS** 4/24. (S12)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** 13/30. (S1)
6.00 **Perry Mason**
7.05 **NCIS** 7/24. (S11)
8.00 **Walker, Texas Ranger** 25/26. Walker tries to rescue a young boy. (S3)
9.00 **NCIS** *Ships in the Night:* 11/24. The death of a Marine during a cruise is investigated. (S8)
10.00 **NCIS: Los Angeles** *Neighbourhood Watch:* 22/24. Kensi and Deeks go undercover. (S3)
11.00 **NCIS** 8/24. (S11)
12.00 M'T **CSI: Miami** (S6)
1.00 AM **NCIS** (S8&11)
3.00 **Walker, Texas Ranger**
3.55 **The Fugitive** 13/30. (S1)
4.45 **Mission: Impossible**
5.35 to 6.00 AM **Dog Patrol**

Challenge
160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
2.30 **Deal or No Deal**
4.00 **Weakest Link** Anne Robinson hosts the general knowledge quiz.
5.00 **The Cube Gold Medallist Special** Double Olympic gold medallist Mo Farah competes in a series of difficult challenges.
6.00 **Pointless** Quiz hosted by Alexander Armstrong.
7.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **Weakest Link**
5.00 to 6.00 AM **Pointless**

Comedy Central Extra
127 182 308

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Wipeout USA**
11.00 **Friends**
1.00 PM **Bob's Burgers**
2.15 **Two and a Half Men**
3.10 **The King of Queens**
5.00 **The Middle**
7.00 **Everybody Loves Raymond** (S4)
9.00 **Russell's Good News**
10.00 **South Park** 3/17. he boys try to get attention deficit disorder. (S4) **10.30** 3/14. The kids try out a new drug. (S12) **11.00** 3/14. Randy gets testicular cancer. (S14) **11.30** 4/10. Randy resolves to move the family to a farm. (S22)
12.00 M'T **Bob's Burgers**
1.00 AM **South Park**
2.00 **Lee Evans: Roadrunner**
3.00 **Russell's Good News**
3.45 **Tosh.0**
4.05 **Bob's Burgers**
4.30 **South Park**
5.15 to 6.00 AM **The Middle**

Sky Documentaries
114 114 814 277 353 368

6.00 AM **Love Means Zero**
7.45 **My Icon: Ryan Atkin**
8.00 **Richard E Grant's Hotel Secrets** In Tokyo.
9.00 **Discovering**
10.00 **The Directors**
11.00 **Harrow: A Very British School**
12.00 NOON **Warren Beatty: A Hollywood Obsession**
1.00 PM **Richard E Grant's...**
2.00 **Love Means Zero**
3.45 **My Icon: Libby Clegg**
4.00 **Discovering**
5.00 **The Directors**
6.00 **Harrow: A Very...**
7.00 **Warren Beatty: A Hollywood Obsession**
8.00 **The Seventies**
9.00 **Showbiz Kids**
10.45 **I Am Heath Ledger**
12.45 AM **FILM The Kid Stays in the Picture** (2002, 15, 93min) ★★★
2.35 **The Putin Interviews**
3.45 **My Icon: Ryan Atkin**
4.00 **Discovering**
5.00 to 6.00 AM **Richard E Grant's Hotel Secrets**

Sky Nature
130 130 893 279 385 372

6.00 AM **NEW SERIES Mysteries of Evolution**
7.00 **Monkey Life**
8.00 **Wild Latin America** Series finale
9.00 **Kenya Wildlife Diaries**
10.00 **Wild Castles** New edition
11.00 **Arctic Secrets**
12.00 NOON **Africa's Wild Horizons** New edition
1.00 PM **Monkey Life**
2.00 **Wild Latin America**
3.00 **Kenya Wildlife Diaries**
4.00 **Wild Castles**
5.00 **Arctic Secrets**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life**
8.00 **Africa's Underwater Wonders**
9.00 **Africa's Hidden Kingdoms** New edition
10.00 **Africa's Wild Horizons**
11.00 **Arctic Secrets**
12.00 M'T **Mysteries of the Mekong**
1.00 AM **Undiscovered Vistas**
2.00 to 6.00 AM **Highlights**

E!
151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
9.00 **Total Bellas**
10.00 **News: Daily Pop**
10.30 **Dating: No Filter**
11.00 **Keeping Up with the Kardashians**
3.00 PM **Kourtney and Kim Take Miami**
4.00 **Hollywood Medium with Tyler Henry**
5.00 **Very Cavallari**
6.00 **Keeping Up with the Kardashians** Four editions, including at: **9.00** Kim struggles to cope with reminders of the robbery.
10.00 **Botched** A three-breasted woman. **11.00** Paul Nassif steps in to help a boxer's crushed nose.
12.00 M'T **Temptation Island**
1.00 AM **Wags Miami**
2.00 **Teleshopping**
3.00 **Mariah's World**
4.00 to 5.00 AM **Total Divas**

Food Network
140 285 41 148

6.00 AM **Jamie Does Marrakech** Street food.
7.00 **Trisha's Southern Kitchen** New editions
8.00 **Giada Entertains**
9.00 **Val's Home Cooking**
10.00 **Girl Meets Farm**
12.00 NOON **Jamie Does...**
2.00 PM **Martin: Delicious**
3.00 **River Cottage: Summer's Here**
4.00 **Burgers, Brew & 'Que** New editions
5.00 **The Pioneer Woman**
5.30 **The Pioneer Woman: Home Sweet Home** New edition
6.00 **Bikers' Mississippi**
7.00 **Rick Stein's Fruits of the Sea** Double bill.
8.00 **River Cottage Heroes**
9.00 **Bikers' Mississippi**
10.00 **Bikers' Best of British**
11.00 **Mystery Diners**
12.00 M'T **Man v Food**
1.00 to 3.00 AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime
187 208 329 384

7.00 AM **Flipping Virgins**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **19 Kids & Outnumbered: Bringing Up Bates**
11.45 **Police Patrol**
1.10 PM **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins** New editions Double bill.
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** New editions
9.00 **X-Company**
10.00 **Storage Wars**
10.55 **Hardcore Pawn**
11.50 **Pawn Stars**
12.45 AM **Police Patrol**
1.40 **Flipping Virgins**
2.35 **Hardcore Pawn**
3.30 to 4.00 AM **Police Patrol**

Paramount Network
150 187 150 31 132

9.10 AM **The A-Team**
11.15 **Knight Rider**
12.10 PM **FILM The Duel at Silver Creek** Western. (1952, U, 77min) ★★
1.50 **FILM Wake of the Red Witch** Adventure. (1948, b/w, PG, 102min) ★★
4.00 **The A-Team**
6.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 **FILM RocknRolla** Guy Ritchie's crime comedy thriller starring Gerard Butler, Tom Wilkinson and Thandie Newton. (2008, 15, 114min) ★★
11.20 **FILM The Rise of The Krays** True-crime drama starring Simon Cotton and Kevin Leslie. (2015, 18, 108min) ★★
1.35 AM **WWE – NXT UK** New edition
2.35 **Stephen King's Nightmares & Dreamscapes**
5.10 to 6.00 AM **Now That's Funny!**

Sky Crime
121 121 819 136 135

6.00 AM **Road Wars**
7.00 **Highway Patrol**
8.00 **Nothing to Declare**
9.00 **Send in the Dogs**
10.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Killer Families**
2.00 **How I Caught the Killer**
3.00 **Nothing to Declare**
4.00 **Road Wars**
5.00 **Brit Cops**
6.00 **The Murder of Carolyn Casey**
7.00 **Snapped**
8.00 **Killer Lovers**
9.00 **Killer in My Village** New edition
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **World's Most Evil**
1.00 AM **In Defense Of**
2.00 **Snapped**
3.00 **Killer Lovers**
4.00 **Brit Cops**
5.00 to 6.00 AM **Motorway Patrol**

+1 hour 221 207

CBS Reality
146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A woman about to testify against her attacker is murdered. **7.30** A murderer who declared he would kill 12 people in New York.
8.00 **Something's Killing Me** Jeanna Giese, who baffled doctors with a sinister illness.
9.00 **It Takes a Killer** Police suspect a woman has been murdered by her ex-lover. **9.30** A woman kills a tenant and a landlord.
10.00 **Mind of a Murderer**
11.00 **Murderers and Their Mothers**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Mind of a Murderer**
3.00 **City in Fear**
3.45 **Unsolved Mysteries**
5.10 to 6.00 AM **Dog Patrol**

+1 hour 246 201 136

Really
142 128 17 160

6.00 AM **Countryside 999**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** In Kent.
9.00 **A Place in the Sun: Winter Sun**
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer** As 8.00am.
2.00 **Escape to the Country**
3.00 **Countryside 999**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **Sarah Beeny's Renovate Don't Relocate** Homeowners transform their homes.
10.00 **Dr Pimple Popper**
11.00 **Paranormal Lockdown with Nick Groff**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 to 6.00 AM **Antiques Road Trip**

Blaze
164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
9.00 **Conspiracy Files: Unsealed** Double bill.
10.00 **Ancient Aliens**
11.00 **Air Emergency**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
4.00 **Alien Files: Unsealed**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers**
9.00 **In Search Of**
10.00 **Weird or What? with William Shatner**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Wicked Tuna**
4.00 **Mountain Men**
5.00 to 6.00 AM **Storage Wars: Texas**

TLC
133 133 827 167 323 377

6.00 AM **Say Yes... Randy Knows Best**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes... Australia**
11.30 **Say Yes to the Dress**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **Unpolished**
8.00 **90 Day Fiancé: The Other Way** New edition
9.00 **90 Day Fiancé: The Other Way – Pillow Talk** New edition
10.00 **Cake Boss**
11.00 **Dr Pimple Popper**
12.00 M'T **90 Day Fiancé: The Other Way**
1.00 AM **90 Day Fiancé... Pillow Talk**
2.00 **Cake Boss**
3.00 to 6.00 AM **Highlights**

+1 hour 233 172

5SELECT
153 152 54 133

9.10 AM **FILM Murder at the Mansion** Thriller. (2018, PG, 90min) ★★
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Dog Rescuers with Alan Davies**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet at the Great Yorkshire Show**
5.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet at Easter**
9.00 **Walking Britain's Roman Roads** New edition Ermin Way.
10.00 **Sacred Sites**
11.05 **The Dog Rescuers with Alan Davies**
1.05 AM **Cruising with Jane McDonald**
2.00 **The Hotel Inspector**
3.00 **Secrets of the Royal Flight**
3.50 to 4.00 AM **Access**

Quest
144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Made by Destruction**
7.10 **Deadliest Catch**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Goblin Works Garage**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **American Pickers**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Salvage Hunters: The Restorers** New edition
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **Desert Car Kings**
4.00 **Countdown to Collision**
5.00 to 6.00 AM **How It's Made**

+1 hour 244 213 72 168

Quest Red
149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **French Collection**
8.00 **Posh Pawn at Christmas**
9.00 **Animal Cops Phoenix**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **True Crime with Aphrodite Jones**
4.00 **Say Yes to the Dress: Ireland** Six editions.
7.00 **Long Lost Family US**
8.00 **My 600lb Life: Where Are They Now?**
9.00 **My Extreme Excess Skin**
10.00 **Call the Cleaners**
11.00 **FBI Case Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops**
4.40 **Bondi Vet**
5.30 to 6.00 AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Richard Hammond's Big**
8.00 **Insane Pools: Off the Deep End** Creating a palatial pool.
9.00 **Alaska: The Last Frontier**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**

11.00 Outback Truckers

7.00 **Outback Truckers** Graham faces storms and grass fires moving a section of railway 5,000km in just five days.
8.00 **Mighty Ships** The *USNS Comfort* which is on a six-month mission to provide humanitarian aid to 11 countries.
9.00 **Gold Divers** New edition The approach of a season-ending storm tests the severity of Nome's gold fever. Shawn digs in deeper water, and Ken pushes the *Myrtle* to its max.
11.00 **Outback Truckers** New edition Steve Grahame races to beat a border shutdown.
12.00 M'T **Gold Divers** As 9.00pm.
2.00 AM **Deadliest Catch**
3.00 **Gold Divers** As 9.00pm.
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cops Detroit**
7.00 **Miami Animal Police**
8.00 **Pit Bulls & Parolees**
10.00 **Amanda to the Rescue**
12.00 NOON **Shark-Croc Showdown** Clashes between the two marine predators.
1.00 PM **My Cat from Hell**
2.00 **How Do Animals Do That**
2.30 **Dogs 101: New Tricks**
3.00 **Miami Animal Police**
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **The Zoo**
6.00 **Bondi Vet**

8.00 Saved by the Barn

7.00 **Animal Cops Houston** A case of neglect turns into a stand-off when investigators discover horses with injuries.
8.00 **Saved by the Barn** New edition Dan and Chris head across Lake Michigan to adopt two little piglets.
9.00 **Alaska: The Last Frontier** The Kilchers share unseen family footage and stories about patriarch Yule.
10.00 **Animal Cops Houston** Investigator Barbra Christiansen responds to a call about 35 cats living in one house.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **How Do Animals Do That**
2.00 **Alaska: The Last Frontier**
3.00 **Animal Cops Houston**
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Supercar Megabuild**
9.00 **Megafactories**
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
1.00 PM **WW2: Hell Under the Sea** A submarine commander bets he can sink 15 vessels.
2.00 **Nazi Megastructures**
3.00 **Drain the Oceans** A 3D survey of the Thai Cave where 12 boys were trapped in 2018.
4.00 **Car S.O.S** Double bill.
6.00 **WW2 Wrecks: Draining the Ocean** Examining shipwrecks from World War Two.

5.00 Car S.O.S.

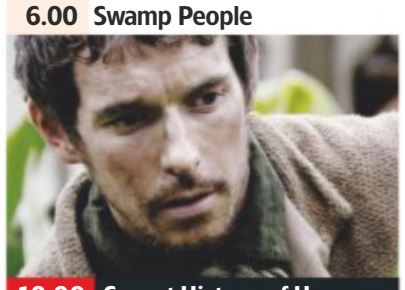
7.00 **Air Crash Investigation** The complicated investigation into the crash of TANS Peru Flight 204 in August 2005.
8.00 **Witness to Disaster** First-hand accounts of famous disasters, beginning with a mine collapse in Chile.
9.00 **Rescued** A team sent to retrieve bodies from a wreck find a survivor, but getting him to the surface proves a challenge.
10.00 **Wicked Tuna** The Gloucester captains push harder than ever in a last bid to beat the new challengers.
11.00 **Air Crash Investigation** Investigators try to prove whether a plane crash was a terrorist attack.
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: Peru**
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Ancient X Files**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Salvage Kings**
11.00 **Ancient Aliens**
12.00 NOON **Curse of Skinwalker Ranch**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** While in Chicago, Rick has a run-in with a wrestling legend.
6.00 **Swamp People**



10.00 Secret History of Humans

7.00 **Forged in Fire** Four smiths forge a Damascus blade. Then, the race is on to recreate two reliable hunting weapons.
8.00 **Salvage Kings** Ted and Justin salvage at a century-old warehouse that was once a depot for a department store.
9.00 **Treasures Decoded** Experts hope to unlock the secrets of the golden city of El Dorado by examining a statue.
10.00 **Secret History of Humans** New editions The vital role played by plants in man's evolution. **10.30** Machinery.
11.00 **American Pickers** Mike and Danielle head out on a pick in Pennsylvania.
12.00 M'T **Forged in Fire**
1.00 AM **Salvage Kings**
2.00 **Curse of Skinwalker Ranch**
3.00 **Forged in Fire**
4.00 **Swamp People**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **The First Silent Night**
7.10 **Abandoned Engineering**
8.00 **Forbidden History**
9.00 **Inside Hitler's Killing Machine**
10.00 **Antiques Roadshow**
11.00 **Abandoned Engineering**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **Tarrant: Extreme Railways**
4.00 **Abandoned Engineering**
5.00 **Narrow Escapes of WW2**
6.00 **Inside Hitler's Killing Machine**

8.00 Britain's Biggest Warship

7.00 **Great British Railway Journeys** A look around the port of Holyhead. **7.30** From Newcastle to Melton Mowbray. — 7 PM
8.00 **Britain's Biggest Warship** The crew of *HMS Queen Elizabeth* complete the trials and return to Portsmouth. — 8 PM
9.00 **Open All Hours** Arkwright feels neglected by Nurse Gladys. **9.35** Arkwright decides to buy a guard dog to keep away burglars. **10.15** Arkwright attends a former customer's funeral, leaving Granville in charge of the store. — 9 PM, 10 PM
11.00 **Abandoned Engineering** The site of the Chernobyl disaster, and a Nazi holiday complex.
12.00 M'T **Inside Hitler's Killing Machine** The research institute set up to support Hitler's ideology.
1.00 **to 3.00** AM **Jackie Stewart: The Flying Scot**

+1 hour 255 200 75

Disc. History

171 257

6.00 AM **Wildest Indochina**
7.00 **Secrets Underground**
8.00 **Combat Dealers**
10.00 **Deadliest Tech**
11.00 **Secrets Underground**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the...**
3.00 **Combat Dealers**
5.00 **Deadliest Tech**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs Fiction** Double bill.
10.00 **American Titans**
11.00 **Silicon Valley: The Untold Story**
12.00 M'T **Expedition...**
1.00 AM **America: Facts vs...**
2.00 **American Titans**
3.00 **Silicon Valley: The...**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Mountain Gorilla**
11.00 **Life in the Undergrowth**
12.00 NOON **Natural Curiosities**
1.00 PM **Wild Africa**
2.00 **Yellowstone**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Mountain Gorilla**
5.00 **Life in the...**
6.00 **Natural Curiosities**
7.00 **Wild Africa**
8.00 **Yellowstone**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Mountain Gorilla**
11.00 **Life in the...**
12.00 M'T **Natural Curiosities**
1.00 AM **Wild Africa**
2.00 **Yellowstone**
3.00 **The Zoo**
3.25 **Jungle Planet**
3.50 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Tiger Wars**
10.00 **Tiger on the Run**
11.00 **The World's Most Famous Tiger**
12.00 NOON **Stranger Than Nature: Unhinged**
1.00 PM **Tiger on the Run**
2.00 **Secrets of Wild India: Kings of the Jungle**
3.00 **Clash of Tigers**
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **The Hidden Kingdoms of China** The wildlife of China's bamboo forests.
8.00 **Secrets of the Zoo: Tigers** A tiger special.
9.00 **The Jungle King**
10.00 **Alaska Animal Rescue**
11.00 **Monster Fish**
12.00 M'T **Animals Gone Wild**
2.00 AM **Tiger on the Run**
3.00 **Secrets of Wild India: Kings of the Jungle**
4.00 **to 5.00** AM **Clash of Tigers**

Sky History 2

163 163 894 272 330 390

8.00 AM **Doomsday: Ways the World Will End**
9.00 **Soviet Storm: WWII in the East**
10.00 **WW2 Treasure Hunters**
11.00 **Life After People**
12.00 NOON **Ancient Aliens**
2.00 PM **Lock 'n' Load**
3.00 **Where Did It Come From?**
4.00 **Soviet Storm: WWII in the East**
5.00 **Engineering an Empire**
6.00 **Doomsday: 10 Ways the World Will End**
7.00 **WW2 Treasure Hunters**
8.00 **Captain Cook's Pacific with Sam Neill**
9.00 **Hot Rods and Muscle Cars** The growing popularity of muscle cars in America.
11.00 **Dogfights**
12.00 M'T **Ancient Aliens**
2.00 AM **Hot Rods and Muscle Cars**
4.00 **to 5.00** AM **Captain Cook's Pacific with Sam Neill**

PBS America

174 273 91 155

8.00 AM **Men at Lunch**
9.15 **Saints and Sinners: A Millennium of Monasteries**
10.40 **Byzantium: A Tale of Three Cities**
11.55 **Marked Man: Martin Luther King and the FBI**
1.00 PM **Beautiful Serengeti**
1.30 **Men at Lunch**
2.45 **Saints and Sinners: A Millennium of Monasteries**
4.00 **Byzantium: A Tale of Three Cities**
5.05 **Marked Man: Martin Luther King and the FBI**
6.05 **Men at Lunch**
7.20 **Saints and Sinners...**
8.40 **Byzantium: A Tale of Three Cities**
9.55 **Marked Man: Martin Luther King and the FBI**
11.00 **Saints and Sinners...**
12.15 AM **Byzantium...**
1.30 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **Murdertown**
1.00 PM **Nightmare in Suburbia**
2.00 **Secrets of the Morgue**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer**
9.00 **Cruise Ship Killers**
10.00 **Sex, Lies and Murder** A self-made millionaire goes missing.
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Cruise Ship Killers**
2.00 **Murdertown**
3.00 **Secrets of the Morgue**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY Films

Wednesday

Sky Cinema Premiere

301 301 842 401 501

7.05 AM **Becoming** Fantasy thriller. (2019, 15, 98min) ★★
8.50 **Good Boys** As 6.15pm.
10.30 **Them That Follow** Thriller. (2019, 15, 98min) ★★★
12.15 PM **The Angry Birds Movie 2**
2.00 **PREMIERE Babysplitters**
4.15 **The Kindness of Strangers** Drama. (2019, 15) ★★★
6.15 **Good Boys** Comedy starring Jacob Tremblay, Keith L Williams and Brady Noon. (2019, 15, 90min) ★★★

10.00 Babysplitters

8 PM

8.00 **The Angry Birds Movie 2** Animated comedy sequel featuring the voice of Peter Dinklage. The flightless birds and scheming green pigs take their war to the next level. (2019, U, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 **Top Ten: Pride**

10 PM

10.00 **PREMIERE Babysplitters** Comedy with Danny Pudi and Maiara Walsh. Two couples with mixed feelings about having kids hatch a plan to share one baby. (2019, 15, 119min) ★★★ *See review, page 22*
SEX ●●● VIOLENCE ●●● LANG ●●●

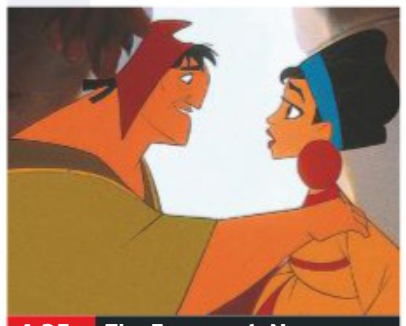
11 PM

12.15 AM **Sea Fever** Thriller. (2019, 15, 95min) ★★★★
1.55 **The Beast** South Korean drama. (2019, 18, 130min) ★★
4.10 **Boonie Bears: Blast into the Past** Animated adventure. (2019, U, 90min) ★★
5.45 **to 6.00** AM **Top Ten: Animation**

Sky Cinema Disney

307 307 847 405 505

6.05 AM **Prom** Comedy drama. (2011, U, 103min) ★★★
7.55 **The Emperor's New Groove**
9.20 **Finding Nemo** As 8.00pm.
11.05 **Remember the Titans** (2000)
1.05 PM **Incredibles 2** As 6.00pm.
3.05 **Snow White and the Seven Dwarfs** (1937) ★★★★★
4.35 **The Emperor's New Groove** Animated musical comedy. (2000, U, 78min) ★★★
6.00 **Incredibles 2** Animation. (2018, PG, 118min) ★★★★


4.35 The Emperor's New...

8.00 **Finding Nemo** Animated adventure with the voice of Albert Brooks. When a young clown fish is taken from the Great Barrier Reef his father sets out to rescue him. (2003, U, 104min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

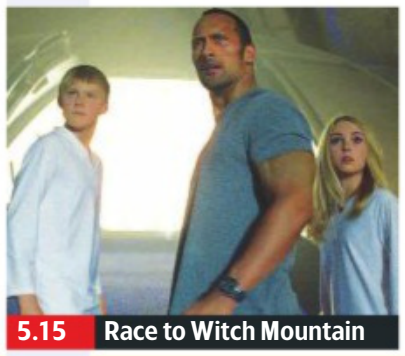
9.45 **The Tigger Movie** Animation featuring the voice of Jim Cummings. Tigger goes through the Hundred-Acre-Wood in search of his family tree. (2000, U, 77min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Remember the Titans** Fact-based sports drama starring Denzel Washington, Will Patton and Wood Harris. (2000, PG, 113min) ★★★
1.20 AM **Snow White and the Seven Dwarfs** As 3.05pm.
2.55 **Herbie Goes Bananas** Comedy adventure sequel starring Cloris Leachman. (1980, U, 93min) ★
4.40 **to 6.10** AM **The Tigger Movie** As shown at 9.45pm.

Sky Cinema Family

306 306 846 406 506

6.00 AM **101 Dalmatians** (1996)
7.55 **Race to Witch Mountain**
9.45 **Return to Oz** As 7.00pm.
11.45 **Star Wars: The Clone Wars** As shown at 2.35am.
1.35 PM **Sister Act** As 9.00pm.
3.25 **Sister Act 2: Back in the Habit** As shown at 10.55pm.
5.15 **Race to Witch Mountain** Sci-fi fantasy adventure. (2009, PG, 94min) ★★★★
7.00 **Return to Oz** Fantasy sequel. (1985, PG, 110min) ★★★


5.15 Race to Witch Mountain

Return to Oz (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Sister Act** Comedy starring Whoopi Goldberg as a nightclub singer who takes sanctuary in a convent after witnessing a gangland murder. (1992, PG, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Sister Act 2: Back in the Habit** Comedy starring Whoopi Goldberg. A nightclub singer gets back into a nun's habit to become a teacher of a failing ghetto school. (1993, PG, 107min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **School Spirits** Comedy. (2017, PG, 88min) ★★
2.35 **Star Wars: The Clone Wars** Animation. (2008, PG) ★★
4.25 **to 6.20** AM **101 Dalmatians** Adventure. (1996, U) ★★★★

Sky Cinema Action

308 308 848 407 507

6.20 AM **The Darkest Minds** (2018)
8.05 **Mad Max Beyond Thunderdome** Action thriller. (1985, 15, 107min) ★★★
9.55 **Godzilla: King of the Monsters** As 8.00pm.
12.10 PM **Fury** As 10.20pm.
2.25 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★
4.25 **The Bourne Supremacy** Thriller. (2004, 12) ★★★★
6.15 **The Darkest Minds** Thriller. (2018, 12, 104min) ★★

6.15 The Darkest Minds

8.00 **Godzilla: King of the Monsters** Fantasy sequel starring Vera Farmiga. The Monarch agency face off against an army of creatures, including Godzilla, Mothra, Rodan and King Ghidorah. With Millie Bobby Brown. (2019, 12, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Fury** Drama starring Brad Pitt and Shia LaBeouf. A veteran American sergeant leads a tank crew on a final dangerous mission behind enemy lines in the last months of World War Two. (2014, 15, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Starship Troopers** Sci-fi drama. (1997, 18, 129min) ★★
3.00 **Desperado** Action thriller. (1995, 18, 105min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

309 309 849 408 508

7.05 AM **Friends with Benefits**
9.00 **Lost in London** As 11.55pm.
10.50 **Sorry to Bother You** Comedy, as shown at 10pm.
12.45 PM **Drunk on Love** Comedy, as shown at 1.50am.
2.25 **The Bromley Boys** Comedy. (2018, PG, 106min) ★★★
4.15 **Friends with Benefits** Romantic comedy. (2011, 15, 109min) ★★★
6.10 **Meet the Parents** Comedy. (2000, 12, 108min) ★★★★

6.10 Meet the Parents

8.00 **Meet the Fockers** Comedy sequel starring Robert De Niro and Ben Stiller. A male nurse undergoes a weekend of embarrassment when he travels to Florida to introduce his prospective in-laws to his parents. (2004, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Sorry to Bother You** Comedy starring Lakeith Stanfield, Danny Glover and Tessa Thompson. (2018, 15, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Lost in London** Comedy filmed in one-take by director and star Woody Harrelson. (2017, 12, 103min) ★★★★
1.50 AM **Drunk on Love** Comedy starring Rosario Dawson. A lovestruck man joins an Alcoholics Anonymous group to be closer to his crush. (2016, 15, 93min) ★★★
3.30 **Meet the Parents** As 6.10pm.
5.25 **to 7.15** AM **The Bromley Boys** As shown at 2.25pm.

primetime

Sky Cinema Hits

303 403 503

6.10 AM **The Nutcracker and the Four Realms** (2018) ★★★
7.55 **The Hate U Give** (2018) ★★★★
10.10 **Ad Astra** As shown at 6.50pm.
12.15 PM **Spider-Man: Far From Home** As shown at 9.00pm.
2.30 **The Mummy: Tomb of the Dragon Emperor** Adventure. (2008, 12, 112min) ★★★
4.25 **Man of Steel** Fantasy adventure. (2013, 12, 143min) ★★★

6.50 **Ad Astra** Sci-fi drama starring Brad Pitt. An astronaut embarks on a daring mission to Neptune to uncover the truth about his missing father and a strange power surge. With Tommy Lee Jones. (2019, 12, 123min) ★★★
9.00 **Spider-Man: Far From Home** Superhero adventure sequel starring Tom Holland. The webslinger's vacation leads to a battle with elemental monsters from another dimension. (2019, 12, 129min) ★★★★

11.15 **The Last Black Man in San Francisco** (2019) ★★★★
1.25 AM **The Curse of La Llorona** Horror. (2018, 15, 93min) ★★
3.10 **The Bodyguard** (1992) ★★★
5.30 **to 6.45** AM **Lego Batman: The Movie – DC Super Heroes Unite** Animation. (2013) ★★

Sky Cinema Greats

304 304 845 404 504

7.50 AM **William Shakespeare's Romeo + Juliet** Romance. (1996, 12, 120min) ★★★★
9.55 **Dangerous Minds** Fact-based drama. (1995, 15, 101min) ★★★
11.40 **Once Upon a Time in the West** Western. (1968, 15) ★★★★★
2.30 PM **Unforgiven** Western. (1992, 15, 130min) ★★★★★
4.45 **Titanic** Epic romantic drama. (1997, 12, 195min) ★★★

8.00 **Ocean's Eleven** Caper thriller starring George Clooney and Brad Pitt. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. With Julia Roberts. (2001, 12, 116min) ★★★★
10.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney, Brad Pitt and Matt Damon. Danny Ocean and his gang find themselves competing with an enigmatic French criminal. (2004, 12, 125min) ★★★★

12.10 AM **Ocean's Thirteen** Caper thriller starring George Clooney. (2007, PG, 122min) ★★★
2.20 **Hoffa** Biopic starring Jack Nicholson and Danny DeVito. (1992, 15, 140min) ★★
4.50 **to 6.50** AM **Father of the Bride** Comedy. (1991) ★★

Sky Cinema Animation

305 305 412 500 514

7.25 AM **Sgt. Stubby: An Unlikely Hero** Animation. (2018) ★★★
8.55 **Peter Pan: The Quest for...**
10.30 **The Little Mermaid** (1989)
12.00 NOON **Harvie and the Magic Museum** As shown at 3.35am.
1.35 PM **Curious George: Royal Monkey** As shown at 12.15am.
3.15 **The Big Wish** (2019, PG) ★★
5.00 **Pokemon Detective Pikachu** Fantasy. (2019, PG) ★★★

7.00 **Birds of a Feather** Animated comedy with the voice of Josh Keaton. (2019, U, 90min) ★★
8.45 **Mission: Panda** Animated adventure featuring the voice of Pauly Shore. A stork delivers a baby panda to the wrong home, so a bear, a moose, a tiger and a rabbit try to return it to its family. (2019, PG, 84min) ★
10.25 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel featuring the voice of Bill Hader. (2013, U, 93min) ★★★

12.15 AM **Curious George: Royal Monkey** Animation. (2019) ★★
1.55 **Peter Pan: The Quest for the Never Book** (2018, PG) ★
3.35 **Harvie and the Magic Museum** Animation. (2017, U, 86min) ★★
5.10 **to 6.40** AM **Sgt. Stubby: An Unlikely Hero** As 7.25am.

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.00 **3 Godfathers** (1948) ★★★
9.00 **Rio Bravo** (1959) ★★★★
11.55 **Apache Territory** Western. (1958, U, 77min) ★★
1.30 PM **Six Black Horses** Western. (1961, PG, 80min) ★★
3.15 **Riding Shotgun** Western. (1954, U, 75min) ★★
4.50 **Inside the Walls of Folsom Prison** Drama. (1951) ★★

6.20 **The Dirty Dozen** Action adventure starring Lee Marvin. A US army major selects a group of death-row criminals and offers them a reprieve if they undertake a suicidal World War Two mission. (1967, 15, 150min) ★★★★
9.00 **Exit Wounds** Action thriller starring Steven Seagal and DMX. A tough cop is drawn into a web of corruption and drugs in an inner-city precinct. (2001, 18, 97min) ★

11.10 **Westworld** Sci-fi thriller. (1973, 15, 89min) ★★★★
1.00 AM **The Fog** (1979) ★★★
2.30 **Close Up** Alec Baldwin.
3.00 **Hollywood's Best Directors**
5.00 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **South of Naples in 1964**
6.20 **The Gilded Cage** (1955) ★★
7.50 **Deadly Record** (1959) ★★
9.00 **The Adventures of Robin Hood**
9.30 **The Goose Steps Out** (1942)
11.05 **A Tale of Two Cities** (1958)
1.25 PM **Vote for Huggett** (1949)
3.05 **Dear Mr Prohack** Comedy. (1949, b/w, U, 91min) ★★
4.50 **The Rainmaker** Period drama. (1956, PG, 121min) ★★★★

7.20 **So Little Time** World War Two drama starring Maria Schell and Marius Goring. A woman in Nazi-occupied Belgium falls in love with a German officer, but is forced to spy on him. (1952, b/w, U, 91min) ★★
9.00 **Rumpole of the Bailey** 6/6. An alleged killer walks free. (S6)
10.05 **Jack the Ripper** 2/2. Thriller with Michael Caine. A detective pursues the serial killer, but becomes convinced a conspiracy seeks to protect his identity.

12.05 AM **The Small World of Sammy Lee** Comedy drama. (1962, b/w, 15, 107min) ★★
2.15 **Salt of the Earth** (1954) ★★★
4.00 **The Rivals of Sherlock Holmes**
5.00 **Bognor** 10/18. (S1)
5.30 **to 6.00** AM **Overseas Press Club – Exclusive!**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

310 310 850 409 509

6.10 AM **White Boy Rick** As 7pm.
8.10 **Killers Anonymous** Mystery thriller. (2019, 15, 95min) ★
9.55 **Grand Isle** Action thriller. (2019, 15, 97min) ★★
11.40 **Accident** Thriller. (2017, 15) ★
1.25 PM **Ride** Thriller. (2017, 15) ★★
2.55 **Spider in the Web** Thriller. (2019, 15, 113min) ★★
4.55 **The Sisters Brothers** Western. (2018, 15) ★★★★
7.00 **White Boy Rick** Crime drama. (2018, 15, 111min) ★★★

7.00 White Boy Rick

White Boy Rick
(film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Scarface** Crime thriller starring Al Pacino, Robert Loggia and Michelle Pfeiffer. A Cuban refugee arrives in Florida where he impresses the local crime boss and rapidly rises through the ranks of the underworld. (1983, 18, 163min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Rise of the Footsoldier: Marbella** Action comedy with Craig Fairbrass and Emily Wyatt. (2019, 18, 85min) ★
1.20 AM **Superfly** Crime thriller starring Trevor Jackson, Jason Mitchell and Lex Scott Davis. (2018, 15, 116min) ★★
3.25 **Pimp** Romantic drama. (2018, 15, 86min) ★★★
5.00 **to 6.45** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

Sky Cinema Drama

311 311 851 410 510

6.25 AM **Two for Joy** As 1.55am.
8.10 **Tyrel** Comedy drama. (2018, 15, 86min) ★
9.50 **World Trade Center** (2006)
12.10 PM **Buffaloed** As 8.00pm.
2.05 **Changeland** As 12.15am.
3.45 **Welcome to Marwen** Drama starring Steve Carell. (2018, 12, 116min) ★★★★
5.50 **The Twilight Saga: Eclipse** Supernatural romance thriller starring Robert Pattinson. (2010, 12, 123min) ★★★

8.00 Buffaloed

8.00 **Buffaloed** Comedy drama starring Zoey Deutch. An impoverished New York hustler wages war with a debt-collecting kingpin. With Jai Courtney and Judy Greer. (2019, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **World Trade Center** Oliver Stone's fact-based drama starring Nicolas Cage and Michael Peña as two cops trapped in the rubble of the World Trade Center after the terrorist attacks on 9/11. With Maria Bello. (2006, 12, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Changeland** Comedy drama starring Seth Green. (2019, 15, 86min) ★★★
1.55 **Two for Joy** Drama starring Samantha Morton and Daniel Mays. (2018, 15, 88min) ★★★
3.40 **to 6.00** AM **Always** Steven Spielberg's romantic fantasy. (1989, PG, 122min) ★★★

Sky Cinema Sci-Fi/Horror

312 411 511

6.00 AM **The Wave** Sci-fi drama. (2018, 15, 90min) ★★★★
7.35 **James vs His Future Self** Sci-fi. (2019, 15, 94min) ★★★
9.15 **I'll Take Your Dead** Horror. (2019, 15, 83min) ★★★★
10.55 **Glass** As shown at 6.45pm.
1.10 PM **Ma** As shown at 9.00pm.
2.55 **Crawl** As shown at 10.45pm.
4.30 **Mortal Engines** Fantasy. (2018, 12, 128min) ★★★
6.45 **Glass** Fantasy thriller. (2019, 15, 129min) ★★★

9.00 Ma

Glass
(film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Ma** Horror with Octavia Spencer. A lonely woman lets a group of teenagers throw a party in her house, but then shows a a far more sinster side behind her kindly nature. (2019, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Crawl** Horror with Kaya Scodelario. A woman attempts to save her father during a hurricane, but finds herself trapped in a flooding house. (2019, 15, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Ring Two** Horror. (2004, 15, 110min) ★★★
2.10 **The Omen** Occult horror. (2006, 15, 110min) ★★
4.05 **Heretiks** Horror. (2018, 18) ★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Harry Potter

302 402 502

7.45 AM **Harry Potter and the Half-Blood Prince** As 4.30am.
10.30 **Harry Potter and the Deathly Hallows: Part I** Fantasy. (2010, 12) ★★★★
1.00 PM **Harry Potter and the Deathly Hallows: Part II** Fantasy. (2011, 12) ★★★★★
3.15 **Harry Potter and the Philosopher's Stone** (2001)
6.00 **Harry Potter and the Chamber of Secrets** Fantasy. (2002, PG, 161min) ★★★★

2.00 Harry Potter and the...

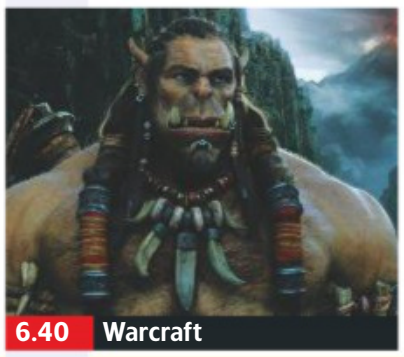
8.45 **Harry Potter and the Prisoner of Azkaban** Fantasy adventure starring Daniel Radcliffe. Teenage wizard Harry finds himself and Hogwarts school under threat from dangerous escaped convict Sirius Black, the man he believes murdered his parents. (2004, PG, 142min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Harry Potter and the Goblet of Fire** Fantasy adventure starring Daniel Radcliffe. (2005, 12, 157min) ★★★
2.00 AM **Harry Potter and the Order of the Phoenix** Fantasy starring Daniel Radcliffe and Emma Watson. (2007, 12, 132min) ★★★
4.30 **to 7.15** AM **Harry Potter and the Half-Blood Prince** Fantasy adventure. (2009, 12, 153min) ★★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Thoroughly Modern Millie** Musical spoof starring Julie Andrews and James Fox. (1967, PG, 138min) ★★★
1.50 PM **Akeelah and the Bee** Inspirational drama starring Laurence Fishburne. (2006, 12, 113min) ★★★★
4.00 **Hulk** Sci-fi fantasy with Eric Bana. (2003, 12, 138min) ★★
6.40 **Warcraft** Fantasy adventure. (2016, 12, 123min) ★★


6.40 Warcraft

Warcraft
(film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **PREMIERE Cold War** Drama with Joanna Kulig. A musical director and a singer are in love, but are doomed to be separated. Subtitled.(2018, 15, 90min) ★★★★★ *See review, page 26*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Lucy** Sci-fi thriller with Scarlett Johansson. (2014, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **PREMIERE Alpha: The Right to Kill** Drama starring Allen Dizon. A corrupt cop and his informant go on the run with a bag full of meth. Subtitled. (2018, 15, 94min) ★★★ *See review, page 27*
2.15 **to 4.00** AM **Tell** Crime drama. (2014, 15, 83min) ★★★

+1 hour 314 430 45 301

8 PM
9 PM
10 PM
11 PM

Horror

317 149 70 138

8.00 AM **Sliders** 1/10. (S1)
9.00 **Star Trek: The Next Generation** 12/26. (S3)
10.00 **Star Trek** 11/30. (S1)
11.00 **Empire of the Sharks** Sci-fi thriller. (2017, 15, 86min) ★
1.00 PM **Jurassic Hunters** Sci-fi thriller. (2015, PG, 89min) ★★
3.00 **Mutant X** 5/22. (S1)
4.00 **Troy: The Odyssey** Fantasy. (2017, PG, 90min) ★★

6.00 **Star Trek** *The Menagerie – Part One:* 12/30. Spock faces a court martial for kidnapping. (S1)
7.00 **Star Trek: The Next Generation** *Deja Q:* 13/26. Q is stripped of his powers. (S3)
8.00 **First Wave** *Twice Blessed:* 22/22. Mabus attempts to initiate the Second Wave. (S3)
9.00 **Gothika** Horror chiller starring Halle Berry as a psychiatrist who ends up as an inmate at the prison where she works. (2003, 15, 98min) ★★

10.55 **Child's Play 3** Horror thriller sequel. (1991, 18, 89min) ★
12.45 AM **I Still Know What You Did Last Summer** Horror. (1998) ★
2.45 **to 4.30** AM **Apartment 143** Thriller. (2011, 15, 77min) ★★★

+1 hour 318 202 139

Sony Movies Classic

319 424 50 303

6.00 AM **The Mouse That Roared** Comedy. (1959, U) ★★★
7.40 **Last Train from Bombay** Thriller. (1952, U, 72min) ★★
9.15 **Lord Jim** Adventure. (1965) ★★
12.20 PM **Picnic** Melodrama. (1955, U, 113min) ★★★
2.40 **The Hound of the Baskervilles** Adventure. (1983, 15) ★★
4.45 **The Wackiest Ship in the Army** Comedy. (1960) ★★★

6.50 **The Toy** Comedy remake of the French comedy *Le Jouet*, starring Richard Pryor and Jackie Gleason. A unsuccessful writer is employed as a playmate for a millionaire's spoilt son. (1982, PG, 98min) ★★
9.00 **Cat Ballou** Comedy Western starring Jane Fonda. When her rancher father is murdered, a schoolteacher in 1890s Wyoming hires a drunken gunfighter to avenge his killing. (1965, PG, 96min) ★★★★

11.05 **There's a Girl in My Soup** (1970)
1.00 AM **Bunny Lake is Missing** Thriller. (1965, b/w, PG) ★★★
3.10 **Tomorrow We Live** (1942) ★★
4.35 **to 6.00** AM **What a Carve Up!** Comedy. (1961, b/w, U) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Lost Letter Mysteries: Lost Without You** (2016, PG) ★★
11.00 **Intimate Stranger** Thriller. (2006, PG, 88min) ★★
1.00 PM **Hunt for Truth** Thriller. (2016, PG, 94min) ★★
2.50 **Fatal Trust** Mystery thriller. (2006, PG, 89min) ★★
4.40 **I Dreamed of Africa** Biopic with Kim Basinger and Vincent Perez. (2000, 12, 114min) ★★

6.55 **Tracker** Action drama starring Ray Winstone and Temuera Morrison. In 1903 New Zealand, a Boer tracker joins a military search party hunting a Maori sailor. With Nicholas McGough. (2010, 12, 101min) ★★★
9.00 **Faster** Action thriller starring Dwayne Johnson and Oliver Jackson-Cohen. An ex-con resolves to avenge his brother's murder, but a veteran cop and a determined hitman are on his trail. (2010, 15, 97min) ★★★

10.55 **The Hunter's Prayer** Action thriller. (2017, 15, 91min) ★★
12.50 AM **21 Grams** Melodrama. (2003, 15, 124min) ★★★★
3.30 **to 6.00** AM **Marie Antoinette** Drama. (2006, 12) ★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Station West** (1948) ★★★
7.50 **A Coffin for the Sheriff** (1965)
9.35 **Culloden 1746** (1994) ★★
11.25 **Candlelight in Algeria** (1943)
1.10 PM **The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
2.55 **Ike: Countdown to D-Day** Drama. (2004, PG) ★★★
4.45 **Breaking the Codes**
5.45 **Paratroop Command** Adventure. (1959, b/w, PG) ★★

7.15 **2012: Doomsday** Sci-fi starring Cliff De Young. As the end of the world beckons, four strangers find themselves drawn to an ancient Mexican temple that may hold the key to the planet's survival. (2008, 12, 90min) ★
9.00 **Scenes of the Crime** Crime thriller starring Jeff Bridges and Jon Abrahams. An LA mechanic, who also chauffeurs for a local mobster, involuntarily gets drawn into a kidnapping. (2001, 15, 87min) ★★

10.50 **Assassination Games** Action thriller. (2010, 18, 95min) ★★
12.50 AM **Sniper 3** Action thriller sequel. (2003, 15, 87min) ★★
2.35 **to 4.00** AM **Criminal Intent** Drama. (2005, 15, 85min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Crown for Christmas**
9.00 **Christmas Homecoming** Drama. (2017, PG, 90min) ★★
11.00 **The Real St Nick** Romantic comedy. (2012, PG, 85min) ★★
1.00 PM **Mr Christmas** Seasonal drama. (2017, PG, 95min) ★★
3.00 **All About Christmas Eve** Drama. ★★ (2012, PG) ★★
5.00 **The Christmas Card** Drama. (2006, PG, 84min) ★★

7.00 **Christmas at Pemberley Manor** Romantic drama starring Jessica Lowndes. In search of a Christmas party venue, an event planner tries to convince the owner of an estate not to sell. (2018, PG, 84min) ★★
9.00 **Crown for Christmas** Comedy starring Danica McKellar. After being fired from her job at a hotel, a maid accepts a role as the governess to a girl who is part of a powerful family in Europe. (2015, PG, 86min) ★★

11.00 **A Christmas Duet** Comedy. (2019, PG, 100min) ★★
1.00 AM **A Rose for Christmas** Drama. (2017, PG, 120min) ★★
3.00 **to 5.00** AM **A Hobo's Christmas** Drama. (1987) ★★

+1 hour 326 420

WEDNESDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

29 July

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Sky Sports News**
8.00 **Fighting Fit 2020**
8.30 **Fit In 5: Full Body Burn** A creative workout designed to tone your entire body.
8.40 **Fit In 5: Push Your Limits** A calorie-torching, strength-building home workout.
8.50 **Fit In 5: Cool Down** A routine to help you cool down.
9.00 **Sky Sports News** The latest sports news and developments.
12.00 NOON **NBC's Pro-Football Talk** Mike Florio and Chris Simms host the NFL talk show, as they discuss the biggest stories from around the league.
2.00 PM **Sky Sports News** The latest sports news and developments.
6.00 **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow, featuring previews and interviews.
11.00 **I Am Bolt** Documentary about the life and career of world-record breaking Jamaican sprinter Usain Bolt, who has won the 100m and 200m gold medals at the last three Olympics.
1.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Ruud van Nistelrooy** A profile of the former Manchester United striker.
7.30 **PL Legends: Paul Ince**
8.00 **Best PL Goals: Manchester City** Memorable strikes.
8.30 **Best PL Goals: Liverpool**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **Best PL Goals 12/13**
1.00 PM **Premier League Years**
3.00 **Best PL Goals 13/14**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **PL Legends: Paul Ince**
6.30 **PL Legends: Teddy Sheringham**
7.00 **Premier League World**
7.30 **PL Greatest Games**
8.00 **Gary Neville's Soccerbox**
9.00 **PL Retro** Chelsea v Liverpool from the 2002/2003 season.
11.00 **Premier League World**
11.30 **Premier League Icons**
12.00 M'T **PL Best Goals 15/16**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 08/09**
5.00 **Best PL Goals: North London Derby** Memorable strikes.
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **Highlights**
8.00 **Football Years**
8.30 **EFL Greatest Games**
9.15 **SPFL Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **EFL Highlights**
12.00 NOON **EFL Greatest Games**
12.45 PM **SPFL Greatest Games**
1.00 **Football's Greatest Players**
1.30 **Football Countdowns**
2.00 **Football Years**
2.30 **EFL Highlights**
3.30 **EFL Greatest Games**
4.15 **SPFL Greatest Games**
4.30 **Football's Greatest Players**
5.00 **Football Countdowns**
5.30 **Football Years**
6.00 **Championship Review 16/17**
7.00 **LIVE EFL** The second leg of a crucial play-off semi-final from the Championship.
10.00 **SPFL Greatest Games**
10.30 **Old Firm Derby 2016/17**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Final 2014**
1.00 AM **EFL Highlights**
2.00 **EFL Play Off Finals League 2**
3.00 **One2Eleven**
3.15 **to 6.00** AM **EFL Cup Retro 16**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Best of England v Windies**
7.00 **Ashes Memories**
12.00 NOON **Test Cricket** England v West Indies: Action from day one of the third and final Test.
1.00 PM **Cricket Debate**
1.45 **Test Cricket** England v West Indies: Action from day two of the third and final Test.
2.45 **Cricket Debate**
3.30 **Test Cricket** England v West Indies: Action from day three of the third and final Test.
4.30 **Cricket Debate**
5.15 **Test Cricket** England v West Indies: Action from day four of the third and final Test.
6.15 **Cricket Debate**
7.00 **Test Cricket** England v West Indies: Action from the final day of the third and concluding Test.
8.00 **Cricket Debate**
8.45 **Pictures In Paradise**
9.15 **Talking Cricket: Dennis Waight**
9.45 **Test Cricket Bitesize**
11.00 **Pictures In Paradise**
11.30 **Talking Cricket: Dennis Waight**
12.00 M'T **Ashes Memories**
1.00 AM **2016 T20 Blast Final**
5.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **World Golf Championships** Action from the final day of the 2014 Bridgestone Invitational.
1.00 PM **World Golf Championships** Action from the final day of the 2019 Fedex St Jude Invitational.
5.00 **World Golf Championships** Action from the final day of the 2017 Bridgestone Invitational.
6.00 **World Golf Championships** Action from the fourth and final day's play of the 2018 WGC-Bridgestone Invitational.
7.00 **Golf Vodcast** Discussion.
8.00 **Tiger Woods: Back** Following the golfer during the 2017/2018 season, as he underwent life-threatening surgery on his back and secured his first PGA Tour win in five years.
10.15 **Golf Vodcast** Discussion.
11.15 **PGA Tour: The Cut** A look behind the scenes of the tour.
11.45 **Feherty Talks To Suzann Pettersen** An interview with the two-time Major winner.
12.45 AM **PGA Tour Profiles**
1.00 **World Golf Championships**
4.00 **Golf Vodcast** Discussion.
5.00 **to 6.00** AM **Feherty Talks To Suzann Pettersen**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **UEFA Champions League Goals Show Retro**
7.00 **WWE Monday Night Raw**
9.30 **Fishing: On The Bank**
10.30 **Bundesliga Goals of the Season**
11.00 **V8 Supercars Highlights**
1.00 PM **WWE The Broken Skull Sessions** With Steve Austin.
2.15 **What I Wore: Jermain Defoe**
2.30 **Fishing: On The Bank**
3.30 **Inside Sailing**
4.00 **WWE SmackDown Highlights**
5.00 **WWE Raw Highlights**
6.00 **Gearing Up**
6.30 **Inside Sailing**
7.00 **Premier League Review**
8.00 **Premier League 100**
8.30 **ESPN FC** Football news.
9.00 **LIVE MLB Texas Rangers v Arizona Diamondbacks.** Start-time 9.05pm.
12.00 M'T **WWE Raw Highlights**
1.00 AM **LIVE WWE NXT** Wrestling coverage from America.
3.15 **Bundesliga Goals of the Season**
3.30 **Gearing Up**
4.00 **Badminton Unlimited**
4.30 **Sailing to Tokyo**
5.00 **The Outdoor Sports Show**
5.30 **to 6.00** AM **UEFA Champions League Magazine**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **BT Sport Goals Reload**
7.00 **Bundesliga Special**
8.00 **Ligue 1 Goals of the Season**
8.30 **ESPN FC** Football news.
9.00 **Inside Sailing**
9.30 **FIM Speedway Highlights**
10.30 **MotoGP**
1.30 PM **MotoGP Chequered Flag**
2.00 **FIM Speedway Highlights**
3.00 **In Depth with Graham Bensinger** With Nico Rosberg.
3.30 **30 for 30: Dominican Dream**
5.30 **30 for 30: Qualified**
7.00 **From Harlem With Love**
7.15 **MotoGP Rewind** Highlights of the Grand Prix of Andalucia.
7.30 **I Believe in Miracles** Documentary about Brian Clough's time in charge of Nottingham Forest.
9.00 **MotoGP Highlights** Action from the Grand Prix of Andalucia.
10.00 **WWE NXT UK**
11.00 **WWE NXT Highlights**
12.00 M'T **LIVE MLB Houston Astros v Los Angeles Dodgers.** Start-time 12.10am.
3.00 AM **MLB Classic: Finding Babe Ruth**
4.00 **E:60 Alex Smith – Project 11**
5.00 **to 6.00** AM **MotoGP Highlights**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **The Big Match Revisited – 1976/77** Four editions.
10.00 **Classic Premier League**
12.30 PM **Liverpool: Team of the 80s**
1.30 **Manchester United Classics**
2.30 **MotoGP Classics: Misano 2015** The San Marino Grand Prix.
3.30 **MotoGP Classics: Mugello 2016** The Italian Grand Prix.
4.30 **UEFA Champions League – Classics** Triple bill of action.
6.00 **Football Archives: UCL 12/13**
6.30 **Football Archives: UCL 13/14**
7.00 **What Went Down: Tyson Fury** A look back at some of the biggest and most memorable fights involving Tyson Fury.
8.30 **ESPN Classic Boxing** Tommy Hearns v Dennis Andries.
9.00 **UFC Ultimate Submissions**
9.30 **UFC** A look back at Daniel Cormier v Jon Jones in 2015.
12.00 M'T **UFC Top 10: Slugfests**
12.30 AM **UFC Main Event: Holloway v Ortega**
1.30 **UFC: The Ultimate Fighter**
2.30 **UFC 200 Greatest Fighters of All Time**
3.30 **WRC Review: Rally Spain**
4.30 **to 6.00** AM **Isolation eRacing Series**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **NFL: America's Game**
8.00 **World Darts Championship**
10.00 **Pro Box Classics**
12.00 NOON **NBC's Pro-Football Talk**
2.00 PM **Fight Night International** Orlando Fiordigiglio v Sam Eggington: Another chance to see the bout for the IBF International Super-Welterweight title.
5.00 **Motorsport Mundial**
5.30 **Wildfly Fishing**
6.00 **World Darts Championship** Action from the second session on day five at Alexandra Palace.
7.00 **World Darts Championship** Action from the second session on day six at Alexandra Palace.
8.00 **NFL: A Football Life** Focusing on the career of Brian Dawkins.
9.00 **Savage Sam: Sam Eggington Story** A look back at action from the boxer's bouts against Frankie Gavin, Paulie Malignaggi and Ceferino Rodriguez.
9.30 **Fight Night** Sam Eggington v Bradley Skeete: Action from the welterweight bout in Birmingham.
1.00 AM **NFL: America's Game**
2.00 **NFL Highlights**
3.00 **World Darts Championship**
4.00 **to 6.00** AM **Pro Box Classics**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Greats**
7.30 **School of Golf**
8.00 **Fighting Fit 2020**
8.30 **Fit In 5 4**
8.40 **Fit In 5: Intro To Fit In 5**
8.50 **Fit In 5 6**
9.00 **NBA Classic Games**
11.00 **NFL: America's Game**
1.00 PM **Netball World Cup 2019** A re-run of South Africa v England.
3.15 **My Icon**
4.00 **Sporting Greats**
4.30 **School of Golf**
5.00 **Fighting Fit 2020**
5.30 **Fit In 5 4**
5.40 **Fit In 5: Intro To Fit In 5**
5.50 **Fit In 5 6**
6.00 **NBA: Sounds of the Finals 2017** Action from Cleveland Cavaliers v Golden State Warriors.
6.30 **NBA: San Antonio @ Toronto** Action from Toronto Raptors v San Antonio Spurs.
10.00 **NFL 2019 Season Rewind**
1.00 AM **NFL: America's Game**
2.00 **NBA Classic Games: Warriors @ Knicks 2013**
3.00 **NBA Special: Making It Rain**
3.45 **to 6.00** AM **Netball World Cup 2019**

BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **Pardon the Interruption**
7.00 **ESPN SportsCenter**
7.15 **MLB: Top 100 Right Now**
8.15 **MLB: Blue Jays @ Nationals**
11.15 **Pardon the Interruption**
11.45 **ESPN SportsCenter**
12.00 NOON **MLB: Rays @ Red Sox**
3.00 PM **ESPN FC** Football news.
3.30 **Pardon the Interruption**
4.00 **MLB: Caps Off**
4.15 **MLB: Mets @ Astros**
7.16 **NHRA Drag Racing Highlights**
8.15 **In Depth with Graham Bensinger** With Michael Strahan.
8.45 **ESPN SportsCenter**
9.00 **NCAA Championship Classic**
12.00 M'T **LIVE MLB New York Yankees v Philadelphia Phillies.** Start-time 12.05am.
3.00 AM **Imperfect: The Roy Halladay Story**
4.00 **College Basketball Classics**
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

Eurosport 1

410 410 864 | 521 | 412 435

6.00 AM **Snooker: World Championship** Day eight.
7.30 **Snooker Vodcast**
8.00 **Cycling: Strade Bianche**
9.00 **Climbing World Championships** In 2018.
12.00 NOON **Snooker: Trump v Higgins** From 2011 Final.
2.00 PM **Snooker Vodcast** Discussion.
2.30 **Snooker 147s**
2.55 **Football**
4.55 **LIVE Football Sarpsborg 08 v FK Haugesund.** Coverage from Sarpsborg Stadion. Kick-off 5pm.
6.55 **World Superbikes**
7.25 **LIVE Football Molde v Valerenga.** Kick-off 7.30pm.
9.25 **European Rally Championship**
10.00 **Snooker: World Champs Final**
12.00 M'T **Porsche Supercup**
1.00 AM **Olympics: Hall of Fame**
2.00 **Cycling: Amstel Gold Race**
3.00 **Cycling: Strade Bianche**
4.00 **to 6.00** AM **Snooker: World Champs Final 2013**

Eurosport 2

411 411 865 | 522 | 413 436

6.30 AM **World Superbikes: Review of 2017** A look back at 2017.
7.30 **Best of Bikes**
8.00 **Snooker: World Championship**
9.30 **Snooker Vodcast: O'Sullivan**
10.00 **World Superbikes 2019**
1.00 PM **Superbikes: MotoAmerica**
2.00 **World Superbikes: Assen 2007**
3.00 **Speedway: European Championship** From Poland.
4.00 **WSBK: Phillip Island 2015**
5.00 **Speedway: European Championship** From Poland.
6.00 **LIVE Speedway: European Championship** The fifth round of the campaign from Poland.
8.30 **World Superbikes**
9.00 **World Superbikes 2019**
12.00 M'T **World Superbikes: Review of 2017** A look back at 2017.
1.00 AM **WSBK: Phillip Island 2015**
2.00 **Best of Bikes – Brands Hatch**
2.30 **Superbikes: Whit & Friends**
4.30 **to 6.30** AM **World Superbikes 2019**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Super League Gold**
7.00 **Super Rugby**
9.00 **Netball World Cup 2019**
11.15 **NBA 2016 Champions**
12.30 PM **NBA: Sounds of the Finals**
1.00 **Super Rugby**
2.00 **NRL Try Time**
3.00 **The Golden Point Vodcast**
3.30 **Wildfly Fishing**
4.00 **NBA: LA Lakers @ Boston**
6.00 **NBA Retro Games: 2012**
8.00 **NBA Heatcheck**
9.00 **NBA Retro Games: 2012 Playoffs E/C Finals Game 6: Miami Heat vs. Boston Celtics**
11.00 **I Am Bolt** Documentary about the life and career of world-record breaking sprinter Usain Bolt.
1.00 AM **Sporting Heroes: Gary Newbon Interviews Martin Johnson**
2.00 **Netball World Cup 2019**
4.15 **NBA 2016 Champions**
5.30 **to 6.00** AM **NBA: Sounds of the Finals**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Hungarian F1 GP: Practice 1**
12.45 PM **Hungarian F1 GP: Practice 2**
2.30 **Hungarian F1 GP: Practice 3**
3.55 **Hungarian F1 GP: Qualifying**
5.40 **Vettel In Fiorano**
5.55 **Alfa Romeo 1950**
6.00 **Hungarian F1 Grand Prix** Another chance to see the Hungarian Grand Prix.
8.15 **Mattia Binotto IV**
8.30 **The Inside Line**
9.00 **F1 Classic Races** A look back at the 1989 British Grand Prix.
9.30 **F1 Classic Races** A look back at the 1991 British Grand Prix.
10.15 **2006 Hungarian F1 GP Watchalong** Jenson Button, David Croft, Martin Brundle and Ted Kravitz rewatch the 2006 Hungarian Grand Prix.
12.00 M'T **Hungarian F1 GP Highlights** Action from the Hungarian Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Thursday

30 July

Evening Planner

Cookery

Celebrity MasterChef
BBC1 HD, 7.30pm & 8.30pm
The concluding double bill, in which a perfect three courses must be prepared for John Torode and Gregg Wallace

Factual

Escape to the Chateau: Make Do and Mend
C4 HD, 8pm
The Strawbridges offer craftwork and design tips to help with home makeovers

Documentary

The Secret World of Your Rubbish
Channel 5 HD, 8pm
The workers who keep Britain tidy, from sewage workers to station litter pickers

Drama

Mrs America
BBC2 HD, 10pm
In the series finale, the 1980 election looms and Phyllis hopes to be of some influence after her small victories

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Celebrity MasterChef			9.00 The Forgotten Frontline		10.00 News	
102 BBC2	7.00 Saving Lives at Sea		8.00 Glow Up: Britain's Next Make-Up Star		9.00 QI	9.30 There She Goes	10.00 Mrs America	
103 ITV	7.00 You've Been...	7.30 Eat, Shop...†	8.00 Wonders of...	8.30 Inside Britain's...	9.00 Inside the Ritz Hotel		10.00 News	
104 CHANNEL 4	7.00 News		8.00 Escape to the Chateau: Make Do and...		9.00 National Treasure		10.00 Gogglebox: Celebrity Special for SU2C	
105 CHANNEL 5	7.00 Railway Journeys with Chris Tarrant		8.00 The Secret World of Your Rubbish		9.00 Levi Bellfield: Five Mistakes That...		10.00 April Jones: The Murder Tapes	
106 SKY ONE	7.00 The Simpsons		8.00 Freddie Down Under		9.00 The Blacklist		10.00 In the Long Run	10.30 Micky...
ENTERTAINMENT								
116 BBC4	7.00 Egyptian...	7.30 The Joy of...	8.00 Emma		9.00 Film: Becoming Jane			
118 ITV2	7.00 Supermarket Sweep		8.00 Superstore		9.00 Family Guy			
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Grand Designs		9.00 Outlander			10.15 8 Out of 10 Cats Does...
135 E4	7.00 Hollyoaks@25	7.30 Married at First Sight Australia			9.00 The Big Bang Theory		10.00 The Good Place	10.30 Brooklyn...
107 SKY WITNESS	7.00 Paramedics Australia		8.00 Ghost Whisperer		9.00 FBI		10.00 How to Get Away with Murder	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Get Shorty			10.10 Penny Dreadful: City of Angels
110 GOLD		7.20 Dad's Army		8.40 Fawlty Towers		9.25 Gavin & Stacey	10.00 Not Going Out	
111 DAVE	7.00 Richard Osman's...	7.40 Would I Lie to You?			9.00 Live at the Apollo		10.00 Famalam	10.30 Mock the Week
119 ITV3	7.00 Downton Abbey		8.00 Midsomer Murders				10.00 Law & Order: UK	
120 ITV4	◂ 5.00 2008 Champions League Final Revisited				9.00 Film: Rocky Balboa			
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: 22 Jump Street			
152 SYFY	7.00 Marvel's Runaways		8.00 Project Blue Book		9.00 Pandora		10.00 Film: Navy SEALs vs Zombies	
109 W	7.00 Top Chef		8.00 Inside the Ambulance		9.00 999 Rescue Squad		10.00 Louis Theroux – A Place for...	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Larry David: Curb Your Enthusiasm			10.15 Girls
124 FOX	7.00 NCIS				9.00 L.A.'s Finest		10.00 Family Guy	
122 SKY ARTS	7.00 BAFTA: Life in Pictures		8.00 Great Film Composers: The Music of...		9.00 The Directors		10.00 Discovering Film: Horror Special	
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Mighty Ships		9.00 Buried Worlds With Don Wildman		10.00 Naked and Afraid XL	
162 ANIMAL PLANET	7.00 Animal Cops Houston		8.00 Dr Jeff: Rocky Mountain Vet		9.00 Alaska: The Last Frontier		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Food Factory		9.00 Superstructures: Engineering Marvels		10.00 Gathering Storm	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Salvage Kings		9.00 Forged in Fire: Beat the Judges		10.00 Arctic Alone	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Abandoned Engineering		9.00 Train Truckers		10.00 The World at War	
166 EDEN	7.00 Wild Africa		8.00 Wild North		9.00 The Zoo	9.30 Jungle Planet	10.00 The Mating Game – Natural World...	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.15 The Angry Birds Movie 2		8.00 Good Boys			9.45 Otherworld		
303 HITS	7.00 Bad Education				9.00 Instant Family			
304 GREATS	◂ 5.10 The Dark Knight Rises		8.00 Interstellar					
307 DISNEY	7.00 Maleficent: Mistress of Evil				9.10 Fantasia 2000			10.30 Old Dogs
306 FAMILY	◂ 6.00 The Legend of Zorro		8.15 Mary Poppins Returns					10.30 Bernie the...
308 ACTION	◂ 6.15 Stuber		8.00 Predator				10.00 The Running Man	
309 COMEDY	◂ 6.10 Bridget Jones's Diary		8.00 Bridget Jones: The Edge of Reason				10.00 The Longest Yard	
310 THRILLER		7.20 The Wedding Guest			9.00 The Intruder			
311 DRAMA	◂ 6.00 The Twilight Saga: Breaking Dawn...		8.00 Can You Ever Forgive Me?				10.00 Once Upon a Time... in Hollywood	
312 SCI-FI	7.00 Star Wars: Episode III – Revenge of the Sith					9.30 Star Wars: Episode IV – A New Hope		
302 HARRY POTTER	◂ 5.30 Harry Potter and the Prisoner of...		8.00 Harry Potter and the Goblet of Fire					10.40 Harry...
313 FILM4	◂ 6.25 Only the Brave				9.00 Jack Ryan: Shadow Recruit			
315 TCM MOVIES	◂ 6.20 Fighter Squadron		8.00 The Pelican Brief					
SPORT								
401 MAIN EVENT	7.00 Live EFL: The second leg of a play-off semi-final						10.00 World Golf Championships – Live	
402 PREMIER LEAGUE	7.00 PL World	7.30 PL Greatest...	8.00 Gary Neville's Soccerbox		9.00 PL Retro			
403 FOOTBALL	7.00 EFL – Live: The second leg of a play-off semi-final from the Sky Bet Championship						10.00 SPFL Greatest...	10.30 Old Firm...
404 CRICKET	◂ 1.30 One-Day International Cricket – Live: England v Ireland: The first ODI in the three-match series taking place at the Ageas Bowl in Southampton							10.30 Pictures from...
413 BT SPORT 1	◂ 6.30 WWE Monday Night Raw				9.00 WWE NXT			
414 BT SPORT 2	7.00 AFL				9.00 PL 100	9.30 BT Sport Films: The Gaffer		

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Thursday

BBC1

101 101/115 801 101 108 1 101 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Murder, Mystery and My Family** New edition 4/10. Sasha Wass and Jeremy Dein reinvestigate the 1884 murder of a policeman. (S)(AD)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Close Calls: On Camera** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode 4/30. Kat's contact with Patch causes alarm. (S2) (S)(AD)
2.15 **Impossible** Game show. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** (S)(R)
4.30 **Antiques Road Trip** (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

10.45 Imagine...

7 PM

7.00 **The One Show** Alex Jones and Michael Ball present the topical show. (S)

7.30 **Celebrity MasterChef** New edition 14/15. The second semi-final sees the six remaining celebrities challenged to recreate a recipe from Italian chef Aldo Zilli, before they serve up a dish inspired by someone they love or admire. (S)(AD) **8.30** Series finale 15/15. The three finalists attempt to cook a faultless three-course meal, hoping it will be enough to win them the 2020 title. (S)(AD)

8 PM

9.00 NEW **The Forgotten Frontline** *Panorama* special in which Alison Holt reports on the struggle of care homes during the COVID-19 pandemic, filming in two very different homes over several months. (S)

9 PM

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 NEW **Imagine... Kate Prince – Every Move She Makes** Alan Yentob meets dance pioneer Kate Prince as she embarks on a new project. (S)
11.50 **New Tricks** *Lottery Curse:* A skeleton uncovered in the foundations of a swimming pool is identified as a young lottery winner who was reported missing 17 years ago. (S)(R)(AD)
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.05 AM **Pointless** Quiz show. (S)(R)
6.50 **Murder, Mystery and My Family** 3/10. A 1927 shooting. (S)(R)(AD)
7.35 **Meerkat Manor** (S)(R)(AD)
8.00 **Sign Zone: Inside the Factory: Keeping Britain Going** (S)(R)(AD)
9.00 **Lost Land of the Jaguar** (S)(R)
10.00 **BBC News** (S)
1.00 PM **The Boss** Quiz show. (S)(R)
1.45 **David Attenborough's Natural Curiosities** (S)(R)(AD)
2.15 FILM **Love is a Many-Splendored Thing** Romantic drama starring Jennifer Jones and William Holden. (S)(AD) (1955, U, 100min) ★★★
4.00 **Put Your Money Where Your Mouth Is** In London. (S)(R)
4.30 **Natural World** (S)(R)(AD)
5.15 **Flog It!** In Worcestershire. (S)(R)
6.00 **Eggheads** Quiz show. (S)(R)
6.35 **Meerkat Manor** (S)(R)(AD)

9.30 There She Goes

7.00 **Saving Lives at Sea** 1/4. A retired nursery teacher is in danger after trying to rescue her dogs when they became cut off by the rising tide, and a volunteer is washed off a cliff after trying to rescue a concussed fisherman. (S)(R)(AD)

8.00 **Glow Up: Britain's Next Make-Up Star** New edition 3/8. The contestants are introduced to the world of theatrical make-up at smash-hit musical *The Lion King*, trying to replicate the faces of the four main characters. (S)

9.00 **QI** New edition 10/11. With Stephen K Amos, Susan Calman and Lou Sanders. (S) **9.30** **There She Goes** New episode 4/5. School staff notice bruising on Rosie's legs and sides. (S2) (S)(AD)

10.00 **Mrs America** Series finale *Reagan:* 9/9. Congress grants a three-year extension on the deadline for the signing of the Equal Rights Amendment. (S1) (S)(AD)
10.50 **Newsnight** (S)
11.30 **Weather** (S)
11.35 **ODI Cricket Highlights** England v Ireland: Action from the first match in a three-game ODI series, which took place at the Ageas Bowl in Southampton. (S)
12.35 AM **The Rise of the Murdoch Dynasty** 3/3. (S)(R)(AD)
1.35 **Sign Zone: The Repair Shop: Fixing Britain** (S)(R)(AD)
2.20 **Sign Zone: The Kemps: All True** Spoof documentary. (S)(R)(AD)
3.20 **to 6.05** AM **Previews** (S)

ITV

103 103/176 803 103 103/113 3 103 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.00 **ITV News** (S)
1.20 **Local News** (S)
1.30 LIVE **ITV Racing: Glorious Goodwood** Ed Chamberlin and Francesca Cumani present coverage of day three of the meeting, including the 3.15 Nassau Stakes, and supporting races at 1.45, 2.15, 2.45 and 3.45. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Inside Britain's Food Factories

7.00 **You've Been Framed!** New edition A pensioner is squashed by a falling TV. (S)
7.30 **Eat, Shop, Save** New edition 2/4. A Devon family spending hundreds on their meat-free diet. (S)

8.00 **Wonders of the Coast Path** New edition 2/6. A trip around the Llyn Peninsula. (S)(AD)
8.30 **Inside Britain's Food Factories** New edition Aunt Bessie's, Birds Eye and Yorkshire Tea. (S)(AD)

9.00 **Inside the Ritz Hotel** 1/2. A peek at the workings The Ritz, one of the most famous luxury hotels in the world. Executive chef John Williams prepares to launch a hotel cookbook, and Penny Lancaster pops in for cocktails. (S)(R)(AD)

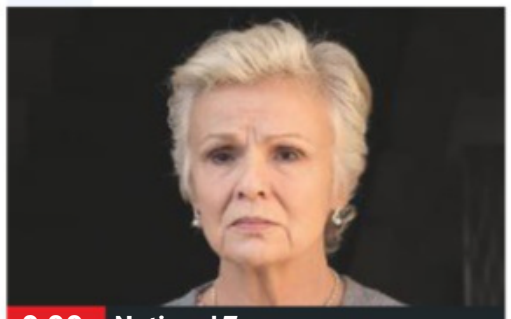
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 NEW **Unforgettable World Cup Moments** Gabriel Clarke looks back memorable moments from the FIFA World Cup. (S)
11.45 **Tenable** Warwick Davis hosts as five friends from Glasgow answer questions about top 10 lists, then try to score a perfect 10 in the final round to take home the prize money. (S)(R)
12.35 AM **Ideal World**
3.00 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** Criminal barrister Robert Rinder takes on real-life cases in a studio courtroom. (S)(SL)(R)

+1 hour 203 114 33 112

CHANNEL 4

104 104/138 804 104 104/141 4 104 104

6.30 AM **Cheers** 14&15/26. (S10) (S)(R)
7.20 **Everybody Loves Raymond** (S)(R)
8.40 **Frasier** 3&4/24. (S5) (S)(R)(AD)
9.40 **The Big Bang Theory** (S)(R)(AD)
10.35 **Ramsay's Kitchen Nightmares USA** From Pennsylvania. (S)(R)
11.30 **Come Dine with Me** (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
2.10 **Countdown: Champion of Champions** Game show. (S)(R)
3.00 **A Place in the Sun** (S)(R)
4.00 **Sun, Sea and Selling Houses** (R)
5.00 **Four in a Bed** At the Parsonage Hotel & Spa near York. (S)(R)
5.30 **Come Dine with Me** (S)(R)
6.00 **The Simpsons** *The Blunder Years:* Homer is hypnotised. (S)(R)(AD) **6.30** *Pay Pal:* Homer manages to ruin any chance of a friendship with his new neighbour. (S)(R)(AD)


9.00 National Treasure

7.00 **News** (S)

8.00 NEW SERIES **Escape to the Chateau: Make Do and Mend** Dick and Angel Strawbridge use the skills with which they have renovated their French chateau to give viewers home-improvement ideas. (S)(AD)

9.00 **National Treasure** 4/4. Paul and his family prepare for the verdict, but the accused entertainer is determined to take the witness stand himself and give his side of the story. (S1) (S)(R)(AD)

10.00 **Gogglebox: Celebrity Special for SU2C** The Stand Up to Cancer edition from October 2018, with Louis Tomlinson and Liam Payne, Danny and Dani Dyer, Dele Alli and Eric Dier, and Peter Crouch and Abbey Clancy. (S)(R)(AD)
11.05 **First Dates** (S)(R)(AD)
12.10 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.00 **Couples Come Dine with Me** (R)
1.55 **Flirty Dancing** (S)(R)(AD)
2.45 FILM **What Maisie Knew** Drama starring Julianne Moore. (S)(SL) (2012, 15, 100min) ★★★★
4.25 **Fifteen to One** (S)(R)
5.20 **All Star Driving School** (S)(R)
5.45 **to 6.25** AM **Countdown: Champion of Champions** (S)(R)

+1 hour 204 142 15 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Can't Pay? We'll Take It Away!** Unpaid invoices. (S)(R)
12.05 PM **Access** Showbiz news. (S)
12.10 **News** (S)
12.15 **Nightmare Tenants, Slum Landlords** (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM PREMIERE **A Killer in My Family** Thriller. (2020, 12) ★★
4.00 **Friends** 15&16/24. (S2) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Chloe tells Pierce about the pregnancy. (S)(R)(AD)
6.00 **Home and Away** Ryder is intent on ignoring Evan's departure. (S)(R)(AD)
6.30 **News** (S)

9.00 Levi Bellfield: Five Mistakes...

7.00 **Railway Journeys with Chris Tarrant** 4/5. The presenter travels through the Middle East to explore what remains of the colonial railways, which were built there more than 100 years ago. (S)(R)

8.00 NEW SERIES **The Secret World of Your Rubbish** 1/4. Documentary meeting people dedicated to keeping Britain tidy, including the owners of a landfill site, sewage workers and railway station litter collectors. (S)

9.00 NEW **Levi Bellfield: Five Mistakes That Caught a Killer** The case of doorman and car clamper Levi Bellfield, who committed three murders, including that of schoolgirl Milly Dowler. (S)

10.00 **April Jones: The Murder Tapes** Examining the murder of five-year-old April Jones, featuring previously unheard tapes of the interviews the police conducted with killer Mark Bridger. (S)(R)

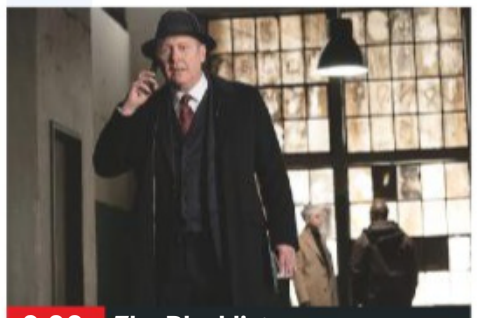
11.30 **Peter Moore: 20 Years of Terror** Documentary. (S)(R)
12.30 AM **Criminals: Caught on Camera** The use of CCTV. (S)(R)
1.00 **21.co.uk Live Casino Show**
3.00 **Access** Showbiz news. (S)
3.10 **The Yorkshire Vet** (S)(R)(AD)
4.00 **The Funny Thing About Dating**
4.45 **Cruising with Jane McDonald** In the Caribbean. (S)(SL)(R)
5.35 **to 6.00** AM **House Doctor** (R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal 999** (S)(R)
7.00 **The Flash** 11/23. (S2) (S)(R)
8.00 **Supergirl** 14/22. (S2) (S)(R)
9.00 **The Simpsons** (S)(R)
10.00 **Brit Cops: Law & Disorder** (R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **Brit Cops: Law & Disorder** (R)
4.00 **Modern Family** (S8) (S)(R)
5.00 **Futurama** *When Aliens Attack:* TV-loving aliens threaten to destroy Earth. (S)(R)(AD)
5.30 **The Simpsons** *They Saved Lisa's Brain:* With the voice of Stephen Hawking. (S)(R)
6.00 *Moe 'n' a Lisa:* Moe becomes a successful poet with Lisa's help. (S)(R)(AD)
6.30 *Marge Gamer:* Brazilian football legend Ronaldo visits the town. (S)(R)


9.00 The Blacklist

7.00 **The Simpsons** *The Boys of Bummer:* Bart costs the local baseball team the championship. (S)(R) **7.30** *Crook and Ladder:* Homer, Moe, Apu and Principal Skinner become stand-in firefighters. (S)(R)

8.00 **Freddie Down Under** 2/6. On Australia's east coast, Andrew Flimtoff and Rob Penn prepare to swim with sharks, before spending the night in an unusual camping spot – suspended over a cliff edge. (S)(R)(AD)

9.00 **The Blacklist** New episode *Gordon Kemp:* 15/18. A case forces Liz to choose sides between Red and the Task Force, while Ilya Koslov believes he is under surveillance. (S7)

10.00 **In the Long Run** New episode 2/6. Mama is concerned about Valentine's lifestyle. (S3) (S) **10.30** **Micky Flanagan Thinking Aloud** The comic tackles the issue of the midlife crisis. (S)(R)

11.30 **The Twilight Zone** 1/10. Jokes lead to people being erased from existence. (S1) (S)(R)
12.40 AM **A League of Their Own: European Road Trip** (S)(R)
1.45 **Brit Cops: Rapid Response** Officers on patrol. (S)(R)(AD)
2.50 **Hawaii Five-0** (S4) (S)(R)
3.55 **Highway Patrol** (S)(R)(AD)
5.00 **Futurama** (S)(R)
5.30 **to 6.00** AM **Animal House** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
12.15-1.00pm Politics Scotland Special (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.45pm Belfast Harbour: Cruises, Cranes & Cargo (S)(R) **11.15** NEW Imagine: Kate Prince – Every Move She Makes (S) **12.20am** New Tricks (S)(R) **1.20-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Ar y Bysus **12.30pm** 04 Wal **1.00** Heno **1.30** Garddio a Mwy **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Cefn Gwlad **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Bae Ceredigion **6.30** Y Sioe Fwyd (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm **8.25** 3 Lle **8.55** Newyddion S4C a'r Tywydd **9.00** NEW Goreuon Lorient (AD) **10.00** Goreuon Priodas Pum Mil (AD) **11.00-11.35pm** Lwp: Curadur

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/68 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Egyptian Journeys with Dan Cruickshank** 4/6. The ancient people's belief in the afterlife.
7.30 **The Joy of Painting** New edition 8/52. A seascape with an approaching storm.
8.00 **Emma** 3/4. The heroine plans a ball with Frank, and wonders whether she has feelings for him. (S1)
9.00 FILM **Becoming Jane** Romantic period drama inspired by the early life of Jane Austen, starring Anne Hathaway, James McAvoy and Julie Walters. (2007, PG, 115min) ★★★★
10.50 **The Treasures of Ancient Rome** 2/3. Documentary.
11.50 **Art, Passion & Power: The Story of the Royal Collection**
12.50 AM **Bought with Love: The Secret History of British Art Collections**
1.50 **The Joy of Painting**
2.20 **Egyptian Journeys with Dan Cruickshank**
2.50 **to 3.50** AM **The Treasures of Ancient Rome**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems**
9.15 **A Place in the Sun: Winter Sun** In Florida.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: DIY**
1.15 **Building the Dream**
2.20 **Four in a Bed** Five editions.
4.55 **The Secret Life of the Zoo** A macaque gives birth.
5.55 **The Supervet** A cockapoo is hit by a lawnmower.
6.55 **Escape to the Chateau: DIY** The Strawbridges need to rescue a children's trampoline from their moat.
7.55 **Grand Designs** A couple of designers converting a Victorian dairy in south-east London into a family home, while retaining as much of the decay and crumbling brickwork as possible.
9.00 **Outlander** Series finale *Man of Worth:* 13/13. Jamie, Claire and Young Ian attempt to rescue Roger from his Mohawk captors, while Brianna worries her family might not return. (S4)
10.15 **8 Out of 10 Cats Does Countdown** With guests Vic Reeves and Aisling Bea.
11.20 **Father Ted** Double bill.
12.25 AM **Emergency Helicopter Medics** The crew take drastic steps to reset a patient's heartbeat.
1.30 **Building the Dream**
2.30 **8 Out of 10 Cats Does Countdown**
3.30 **to 3.55** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Ellen DeGeneres Show**
8.00 **Emmerdale**
8.30 **Coronation Street**
9.00 **You've Been Framed!**
9.25 **Supermarket Sweep**
10.25 **Ellen's Game of Games**
11.20 **Dress to Impress**
12.25 PM **Emmerdale**
12.55 **Coronation Street**
1.30 **You've Been Framed!**
2.00 **Ellen DeGeneres Show**
2.55 **Ellen's Game of Games** New edition Game show.
3.50 **Supermarket Sweep**
4.55 **Dress to Impress**
6.00 **You've Been Framed!**
7.00 **Supermarket Sweep**
8.00 **Superstore** 5/22. Dina takes control of Glenn's diet. **8.30** 6/22. Amy sets up a haunted house. (S5)
9.00 **Family Guy** *And Then There Were Fewer – Part One:* 1/21. The residents try to solve a murder mystery. **9.30** *And Then There Were Fewer – Part Two:* 2/21. (S9) **10.00** *Quagmire's Dad:* 21/22. Quagmire's father visits Quahog. (S8) **10.30** *Family Guy:* 2/22. The doctor informs Lois she is actually Jewish. (S8)
10.55 **Family Guy**
11.25 **American Dad!**
12.25 AM **Superstore**
1.20 **Timewasters**
1.50 **Iain Stirling's CelebAbility**
2.35 **to 3.30** AM **The Almost Impossible Gameshow**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **The Goldbergs**
7.00 **Couples Come Dine with Me** From Bournemouth.
8.00 **Don't Tell the Bride**
9.00 **Married at First Sight Australia** Reality series.
10.30 **Melissa & Joey**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **The Goldbergs**
4.00 **Brooklyn Nine-Nine**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks@25** New episode An escape plan to get out of the water tank.
7.30 **Married at First Sight Australia** New edition The twins and their partners spend a week apart.
9.00 **The Big Bang Theory** (S10)
10.00 **The Good Place** New episode 4/13. Michael meddles in Eleanor, Chidi, Tahani and Jason's lives. (S3)
10.30 **Brooklyn Nine-Nine** (S7)
11.00 **Buffy the Vampire Slayer**
1.00 AM **Rick and Morty**
1.30 **Robot Chicken** New episode Animated comedy.
1.45 **The Jellies!** New episode
2.00 **Rick and Morty**
2.30 **The Big Bang Theory**
3.20 **The Good Place**
3.45 **Brooklyn Nine-Nine**
4.10 **Don't Tell the Bride**
5.00 **to 6.00** AM **Couples Come Dine with Me**

+1 hour 235 | 146 | 28 | 123

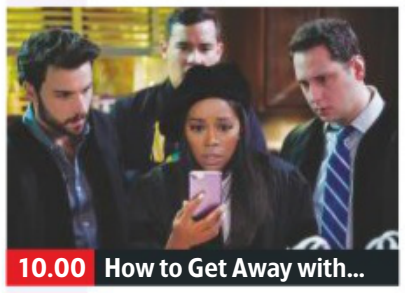
THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **UK Border Force**
10.00 **Blue Bloods** 20/22. (S2)
11.00 **Elementary** 24/24. (S3)
12.00 NOON **Law & Order** 16/24. Briscoe and Green have difficulty pinning the death on their prime suspect. (S11)
1.00 PM **Blue Bloods** 21/22. (S2)
2.00 **CSI** 15/23. A nightclub owner is killed. (S4)
3.00 **Paramedics Australia**
4.00 **Nothing to Declare**


10.00 How to Get Away with...

7 PM
7.00 **Paramedics Australia** New edition Following Australia's emergency service heroes as they battle to save lives.

8 PM
8.00 **Ghost Whisperer** *Fury:* 19/22. The ghost of a murdered man comes back to haunt the prosecutor. (S1)

9 PM
9.00 **FBI** New episode *An Imperfect Science:* Kristen wrestles with her commitment to the Bureau. (S2)

10 PM
10.00 **How to Get Away with Murder** New episode *Are You the Mole?* Michaela, Connor and Asher receive unexpected gifts. (S6)
11.00 **Criminal Minds** 12/24. (S9)
12.00 M'T **Ghost Whisperer** As 8pm.
1.00 AM **Criminal Minds** (S13)
2.00 **CSI** 11/24. (S6)
3.00 **The Good Doctor** (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** Hotels in Hong Kong.
7.00 **Fish Town**
8.00 **The British**
9.00 **Elementary** 8/24. (S2)
10.00 **CSI** Triple bill. (S9)
1.00 PM **Elementary** 10/24. (S2)
2.00 **Blue Bloods** 7&8/22. (S4)
4.00 **CSI** 13/24. A restaurant manager is found dead. **5.00** 14/24. A suicide outside a courtroom sheds new light on a murder case. **6.00** 15/24. Guest stars John Schneider. (S9)

9.00 Get Shorty

7.00 **Blue Bloods** *Bad Blood:* 9/22. A man accuses a highly decorated German shepherd of attacking his young son.
8.00 **Blue Bloods** *Mistaken Identity:* 10/22. Danny and Baez encounter tension while investigating a bombing. (S4)
9.00 **Get Shorty** New episode *What Else Did God Say?* 4/7. Rick comes to terms with the realisation that Amara is still alive and back in Los Angeles. (S3)
10.10 **Penny Dreadful: City of Angels** 5/10. Peter receives an alarming phone call from Elsa. (S1)
11.15 **The Sopranos** (S6)
12.25 AM **Dexter** 12/12. The forensic expert becomes a criminal's target. (S5) **1.35** 1/12. Debra settles into her role as a detective. (S6)
2.40 **Elementary** (S2)
4.20 **to 6.00** AM **The Guest Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.20 AM **Keeping Up Appearances**
8.35 **Porridge**
9.15 **Are You Being Served?**
9.55 **Last of the Summer Wine**
11.55 **Keeping Up Appearances**
12.30 PM **Fawlty Towers**
1.25 **Porridge**
2.00 **Are You Being Served?**
2.40 **Keeping Up Appearances**
3.20 **Dad's Army**
4.00 **Last of the Summer Wine**
6.00 **Are You Being Served?**
6.40 **Porridge** A depressed rock star graces the prison.

10.00 Not Going Out

7.20 **Dad's Army** The Home Guard platoon chase a runaway barrage balloon.
8.00 **Dad's Army** Captain Mainwaring organises a dance in an attempt to boost platoon morale.
8.40 **Fawlty Towers** An abrasive American comes to stay at the hotel.
9.25 **Gavin & Stacey** Stacey looks forward to a trip to see her family.
10.00 **Not Going Out** Lee looks forward to the weekend. Guest stars Bobby Ball. **10.40** The friends go on a camping trip.
11.15 **Fawlty Towers** As 8.40pm.
12.00 AM **Gavin & Stacey**
12.40 **Live at the Apollo** Alan Carr hosts, with guests Francesca Martinez and Nish Kumar.
1.45 **Not Going Out**
2.45 **to 4.00** AM **My Favourite Sketch**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.00 **Heartbeat**
9.05 **Rising Damp**
10.05 **That's My Boy**
10.35 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple**
5.55 **Heartbeat** *Speed:* A group of teenagers plan a 'chicken run' with stolen cars, and Jenny calls off the wedding.

7.00 Downton Abbey

7.00 **Downton Abbey** 3/9. Mr Carson and Mrs Hughes' wedding arrives, bringing with it a few unexpected guests. (S6)
8.00 **Midsomer Murders** *A Dying Art:* Art comes to the village of Angel's Rise with the opening of a new sculpture park, but when its launch is marred by murder, DCI Barnaby and DS Nelson are called to investigate.
10.00 **Law & Order: UK** *Broken:* 1/7. Castle defies his superiors and takes instruction from a victim's mother. (S3)
11.00 **Scott & Bailey** 8/8. Rachel becomes the prime suspect when Nick is assaulted, and even worse, she has no recollection of the night. (S2)
12.00 M'T **Inspector Morse**
2.15 **to 3.25** AM **Agatha Christie's Poirot**

+1 hour 219 174 58 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World Cup Rivalries...**
6.20 **The Saint**
7.10 **Robin of Sherwood**
8.05 **Dempsey and Makepeace**
9.15 **Minder**
10.25 **The Professionals**
11.30 **The Sweeney**
12.35 PM **The Saint**
1.40 **Robin of Sherwood**
2.40 **Dempsey and Makepeace**
3.45 **Minder**
4.50 **World of Sport**
5.00 **2008 Champions League Final Revisited** New edition

9.00 Rocky Balboa

2008 Champions League Final Revisited (started at 5.00pm)
9.00 **FILM Rocky Balboa** Sports drama sequel starring Sylvester Stallone. Former boxer Rocky Balboa lives a quiet life until he's offered the chance to return to the ring to fight. (2006, 12, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **FILM The Purge** Horror thriller starring Ethan Hawke. In 2022 America, a family prepare for the one night of the year when all crime is legal. (2013, 15, 83min) ★★★
12.55 AM **The Sweeney**
1.55 **to 3.00** AM **Minder**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As BBC2 except:**
12.00 NOON **This Is BBC Scotland**
12.15 PM **Politics Scotland Special**
1.15 **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Grand Tours of Scotland's Lochs**
7.30 **Beechgrove** New edition Carole Baxter reveals the container potatoes she planted in the first episode.
8.00 **The Great Food Guys** New edition Nick Nairn and Dougie Vipond cook a rack of lamb.
8.30 **Hidden Lives** 2/6. The Bo'ness Fair.
9.00 **The Nine**
10.00 **Scot Squad** 2/6. The traffic cops tackle a dodgy driver. (S4)
10.30 **Brief Encounters**
11.30 PM **to 12.00** M'T **Mirror Mirror**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules: US**
12.00 NOON **The Chef's Line**
1.00 PM **America's Next Top Model** Double bill.
3.00 **Most Haunted US**
4.00 **Relic Hunter** 1/22. (S1)
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S6)
8.00 **The Flash** *The Man Who Saved Central City:* 1/23. Iris tries to convince Barry he cannot defend the city on his own. (S2)
9.00 **SEAL Team** 17/22. (S1)
10.00 **The Russell Howard Hour** Topical comedy.
11.00 **The Blacklist** (S7)
12.00 M'T **In the Long Run**
12.30 AM **FBI** (S2)
1.30 **How to Get Away with Murder** (S6)
2.30 **A League of Their Own**
3.30 **Wild Vets**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
10.00 **Border Security: America's Front Line**
11.00 **Neighbourhood Blues**
12.00 NOON **Motorway Patrol**
1.00 PM **Road Wars**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security USA**
5.00 **Neighbourhood Blues**
6.00 **Star Trek: The Next Generation** 5/26. (S6)
7.00 **Hawaii Five-0**
8.00 **Merlin** 7/13. (S5)
9.00 **Magnum P.I.** 9/20. (S1)
10.00 **Nick Knowles in Japan**
11.00 **CSI** 21/25. (S5)
12.00 M'T **Brit Cops: Frontline Crime UK**
1.00 AM **Road Wars**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Last Stop Garage**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
12.00 NOON **Cop Car Workshop**
1.00 PM **Abandoned Engineering**
2.00 **Top Gear: Winter Blunderland**
3.00 **Rick Stein: From Venice to Istanbul**
4.00 **Top Gear**
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.40 **Would I Lie to You?**
9.00 **Live at the Apollo**
10.00 **Famalam**
10.30 **Mock the Week**
11.10 **Taskmaster**
12.15 AM **Mock the Week**
12.55 **Would I Lie to You?**
1.35 **Red Dwarf** 1/6. (S6)
2.20 **Famalam**
2.45 **Red Dwarf** 1/6. (S12)
3.15 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Bob's Burgers**
10.00 **Everybody Loves Raymond** (S4)
11.00 **The King of Queens**
12.00 NOON **My Wife and Kids** 13&14/29. (S2)
1.00 PM **Friends**
9.00 **FILM 22 Jump Street** Crime comedy with Jonah Hill and Channing Tatum. Two cops are sent undercover at a university, but their friendship is threatened as they join different student cliques. (2014, 15, 109min) ★★★
11.00 **Lee Evans: Roadrunner** Recorded at London's O2 during the energetic comedian's 2011 tour.
12.00 M'T **Bob's Burgers**
1.00 AM **Russell Howard's Good News**
2.00 **South Park**
3.00 **The Daily Show** New edition
3.25 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Married to Medicine**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **Real Housewives of Beverly Hills**
1.25 **Million Dollar Listing: NYC** The listing for 50 Cent's estate comes in.
2.15 **The Only Way Is Essex**
3.15 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched: Most Outrageous Patients**
9.30 **Botched: Most Outrageous Rejects**
10.00 **Botched by Nature**
10.55 **Married to Medicine: Houston** Monica issues an ultimatum to Imad.
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries** (S3)
9.00 **Inspector George Gently**
11.00 **New Tricks**
12.00 NOON **Major Crimes** (S4)
1.00 PM **Unforgettable** (S1)
2.00 **Shakespeare & Hathaway – Private Investigators** (S2)
3.00 **Murdoch Mysteries** 15/19. The resident of a community workhouse has his throat slit. **4.00** 16/19. The detective investigates police corruption. **5.00** 17/19. A man is killed at the Star Room theatre. (S9)
6.00 **Major Crimes** 11/23. (S4)

9.00 My Life Is Murder

7.00 **Unforgettable** *Incognito:* 2/13. Carrie goes undercover with a band of professional bank robbers. (S2)
8.00 **Shakespeare & Hathaway – Private Investigators** *Too Cold for Hell:* 10/10. Lu makes some unlikely allies. (S2)
9.00 **My Life Is Murder** *Lividity in Lycra:* 3/10. The CFO of a huge hospitality company dies in strange circumstances. (S1)
10.00 **Inspector George Gently** *Bomber's Moon:* The beaten body of a German businessman is found in the harbour.
12.00 M'T **Murdoch Mysteries** *Mary Wept:* The detective investigates when a statue of the Virgin Mary begins weeping tears of blood.
1.00 AM **New Tricks**
2.25 **Murdoch Mysteries**
3.10 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **Star Trek: Voyager** (S5)
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S5)
1.00 PM **Star Trek: Voyager** 23&24/26. Double bill. (S5)
3.00 **Star Trek: Deep Space Nine** 15/26. Cardassia joins forces with the Dominion. **4.00** 16/26. Guest stars Robert Picardo. (S5)
5.00 **Star Trek: The Next Generation** 11/26. A rescue team discover wreckage. **6.00** 12/26. Troi falls into a mysterious coma. (S5)

9.00 Pandora

7.00 **Marvel's Runaways** *Doomsday:* 9/10. Molly arrives with a devastating message from her parents. (S1)
8.00 **Project Blue Book** *Abduction:* 9/10. Hynek and Quinn are held hostage by a couple with a shocking story. (S1)
9.00 **Pandora** *I'll Be Your Baby Tonight:* 11/13. Jax continues to struggle with the revelation that Ralen is married. (S1)
10.00 FILM **Navy SEALs vs Zombies** Action thriller starring Ed Quinn. (2015, 15, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Pandora** As 9.00pm.
1.00 AM **Star Trek: The Next Generation** As 5pm & 6pm.
3.00 **Fact or Faked: Paranormal Files** A UFO sighting.
4.00 **Marvel's Runaways**
5.00 **to 6.00** AM **Project Blue Book**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.15 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Who Do You Think You Are? USA** *Friends* actor Courteney Cox traces her ancestry.
12.00 NOON **My Dream Home**
1.00 PM **Tipping Point**
4.00 **My Dream Home** Katie and Mark are ready for a home that's as quirky as they are. **5.00** Jennifer and David need to find a property where the family can settle down.
6.00 **Tipping Point** Game show.

8.00 Inside the Ambulance

7.00 **Top Chef** Series finale 14/14. American reality cookery show in which the country's most promising chefs compete.
8.00 **Inside the Ambulance** A baby has breathing problems, and paramedics treat an elderly lady who's fallen and hit her head.
9.00 **999 Rescue Squad** The teams stand by for casualties as police launch a raid on the home of a wanted man.
10.00 **Louis Theroux – A Place for Paedophiles** The broadcaster reports from Coalinga State Hospital in California.
11.00 **Inside the Ambulance** Paramedics help a Polish man suffering from agonising abdominal pain.
12.00 M'T **One Born Every Minute**
1.00 AM **Amazing Hotels: Life Beyond the Lobby**
1.50 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S2)
10.30 **30 Rock** (S6)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S2)
2.30 **Everybody Hates Chris** (S1)
3.30 **Parks and Recreation** (S2)
5.00 **30 Rock** 2/13. Liz and Jack agree to keep politics off *TGS*. **5.30** 3/13. Liz tries to convince Tracy that women are funny. **6.00** 4/13. Jack tries to influence the election by offering bribes. (S7)
6.30 **Modern Family** 11/24. (S2)

10.15 Girls

7.00 **Modern Family** 12/24. Jay has regrets. (S2)
7.30 **The Mindy Project** 3/21. Problems with the taxman threaten the practice.
8.00 **The Mindy Project** 4/21. Danny tries something new in the bedroom. **8.30** 5/21. Peter and Jeremy team up. (S3)
9.00 **Larry David: Curb Your Enthusiasm** Spoof documentary about the *Seinfeld* writer. Cameos from Jerry Seinfeld and Jason Alexander.
10.15 **Girls** 4/10. (S4)
10.50 **The Tonight Show Starring Jimmy Fallon** American chat show.
11.50 **Entourage** 3/12. *Medellin* is submitted to Cannes. (S4)
12.30 AM **Vice Principals** 7/9. Gamby receives unexpected company on spring break. **1.10** 8/9. Tensions between Gamby and Russell finally come to a head. (S2)
1.50 **Parks and Recreation** (S2)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S4)
9.00 **Bones** 2/22. (S1)
10.00 **Bull** 16/22. (S3)
11.00 **NCIS** 20/24. (S13)
12.00 NOON **Bones** (S1)
2.00 PM **The Mentalist** 4/22. (S5)
3.00 **NCIS** 21/24. Gibbs and Senior FBI Agent TC Fornell hunt two British fugitives. (S13)
4.00 **Bull** 17/22. (S3)
5.00 **Bones** 5/22. Booth and Brennan investigate the assault and murder of a six-year-old boy. (S1)
6.00 **The Mentalist** 5/22. (S5)

9.00 L.A's Finest

7.00 **NCIS** *Homefront:* 22/24. Gibbs is suspicious when a teenager foils a home invasion. Guest stars Michelle Obama.
8.00 **NCIS** *Dead Letter:* 23/24. The team, alongside the FBI and MI6, continue the manhunt for a vengeful British spy. (S13)
9.00 **L.A.'s Finest** *Dead Man Tell No Tales:* 8/13. McKenna comes clean to her husband about her past. (S1)
10.00 **Family Guy** 20/22. The Griffins move to a farm. **10.30** 21/22. Stewie tries out his new teleportation machine. (S11)
11.00 **American Dad!** (S4)
12.00 M'T **Family Guy** (S13)
1.00 AM **American Dad!** (S4)
2.00 **Family Guy** (S11)
2.30 **Family Guy** (S12)
3.00 **American Dad!** (S4)
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Thursday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South**
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart**
11.00 **Murder, She Wrote**
12.00 NOON **Due South**
1.00 PM **Hart to Hart** (S2)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** 21/24. The camp prepare for a visit by General MacArthur. **7.30** 22/24. Trapper hits the jackpot. (S3)
8.00 **Randall and Hopkirk (Deceased)** *A Sentimental Journey:* 19/26. Jeff encounters a beautiful blonde. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H**
2.00 **Charlie's Angels**
3.00 **M*A*S*H** 20/24. (S3)
3.30 **Due South** 6/26. (S3)
4.15 **Sony Movie News**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Hollywood in Vienna**
8.00 **Exhibition on Screen**
9.00 **Tales of the Unexpected**
10.00 **Portrait Artist 2017**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Hollywood Couples**
3.00 **Portrait Artist of the Year 2017**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **Bafta: Life in Pictures**
8.00 **Great Film Composers: The Music of the Movies** The 1980s.
9.00 **The Directors** New edition Nicolas Roeg.
10.00 **Discovering Film: Horror Special**
11.30 **The Rolling Stones Return to Hyde Park – Sweet Summer Sun**
12.45 AM **David Bowie – A Reality Tour**
2.00 **Discovering**
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
12.30 PM **A Place in the Sun: Summer Sun**
1.30 **Four in a Bed**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** 17&18/24. (S4)
4.00 **Ramsay's Kitchen Nightmares USA**
5.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **How to Build British: The London Cab**
9.00 FILM **The Post** Drama with Meryl Streep. (2017, 12, 113min) ★★★★
11.20 **Hitler's Supercars**
12.25 AM **Skeletons of the Mary Rose: The New Evidence**
1.30 **Our Baby: A Modern Miracle**
2.35 **How to Build British: The London Cab**
3.35 **A Place in the Sun**
4.30 **to 5.00** AM **Four in a Bed**

5USA

141 141 153 21 129

9.10 AM **Rookie Blue**
11.10 **Law & Order**
1.05 PM **Law & Order**
5.05 **NCIS: New Orleans** Four episodes, including at: **8.00** *Music to My Ears:* 8/24. A petty officer is found dead. (S3)
9.00 **Law & Order: Special Victims Unit** *Dare:* 16/24. A surgeon harvests a dead girl's organs without parental consent. (S19) **10.00** *Entitled:* 15/22. The team investigate the murder of a suspected sex offender. **10.55** *The Third Guy:* 16/22. The detectives question two teenagers while investigating a sexual assault case. (S1)
11.55 **Law & Order: Special Victims Unit** (S1)
1.50 AM **Castle**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **Will & Grace**
9.10 **My Wife and Kids**
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Benefit House: Me & My 26 Kids**
8.00 **Rich House, Poor House**
9.00 NEW SERIES **Plastic Surgery Knifemares** What happens when dreams turn into plastic surgery nightmares.
10.00 **Skin A&E**
11.00 FILM **An Officer and a Gentleman** Gritty romantic drama. (1981, 15, 125min) ★★★★
1.40 AM **The Nightmare Neighbour Next Door**
2.35 **Will & Grace**
3.25 **Two and a Half Men**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Comedy series.
8.00 **Death in Paradise** *The Blood Red Sea:* 7/8. A treasure hunter is found dead after a discovery. **9.20** *Flames of Love:* 8/8. A backpacker is found dead with a gun in her hand. (S5)
10.40 **New Tricks**
12.00 M'T **Silent Witness**
2.10 AM **The Bill**
3.00 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

THURSDAY

Thursday

Documentaries

CBS Drama
147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 13/25. (S4)
12.00 NOON **CSI: NY** (S2)
12.55 PM **The High Chaparral**
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *A Necessary Evil:* 7/19. Agent Cooper's ghost helps Allison solve a perplexing case. (S5)
10.00 **CSI: Miami** *Fade Out:* 14/25. A club owner is left hanging from a bridge with both eyes shot out. (S4)
11.00 **Unsolved Mysteries** Detectives investigate new evidence in the case of the Boston Strangler, and a man searches for his sister.
12.00 M'T **Judge Judy**
1.00 AM **ER** 10/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Hoarders**
5.00 **to 6.00** AM **Matlock**

CBS Justice
148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** 13/30. (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 25/26. (S3)
2.05 **CSI: Miami** 11/21. (S6)
3.00 **NCIS** 5/24. (S12)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** 14/30. (S1)
6.00 **Perry Mason**
7.05 **NCIS** *Alibi:* 8/24. (S11)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *Recruited:* 12/24. A US Navy recruitment officer is murdered at a high school. (S8)
10.00 **NCIS: Los Angeles** *Sans Voir – Part One:* 23/24. The agents investigate when two men are killed at a gun shop. (S3)
11.00 **NCIS** 9/24. (S11)
12.00 M'T **CSI: Miami** (S6)
1.00 AM **NCIS** (S8&11)
3.00 **Walker, Texas Ranger**
3.55 **The Fugitive** 14/30. (S1)
4.45 **Mission: Impossible**
5.35 **to 6.00** AM **Dog Patrol**

Challenge
160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Game show.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
2.30 **Deal or No Deal** High-stakes game show with Noel Edmonds.
4.00 **Weakest Link** General knowledge quiz hosted by Anne Robinson.
5.00 **The Cube** A firefighter and a competitive swimmer take part.
6.00 **Pointless** Quiz hosted by Alexander Armstrong.
7.00 **The Chase** Quiz show.
10.00 **Classic Who Wants to Be a Millionaire?** Chris Tarrant hosts the big-prize quiz.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **Weakest Link**
5.00 **to 6.00** AM **Pointless**

Comedy Central Extra
127 182 308

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Wipeout USA**
11.00 **Friends**
1.00 PM **Bob's Burgers**
1.50 **Two and a Half Men**
3.10 **The King of Queens**
5.00 **The Middle**
7.00 **Everybody Loves Raymond** (S4)
9.00 **Russell Howard's Good News** From 2013.
10.00 **Kevin Bridges Live in Glasgow** The comedian brings his unique brand of social commentary, astute observations and sharp one-liners to Glasgow's SECC.
11.00 **South Park**
12.00 M'T **South Park**
1.00 AM **The Alternative Comedy Experience**
2.00 **Russell's Good News**
3.00 **Lee Evans: The Ultimate Experience**
4.25 **Two and a Half Men**
4.45 **South Park**
5.30 **to 6.00** AM **The Middle**

Sky Documentaries
114 114 814 277 353 368

6.00 AM **Hitsville: The Making of Motown**
8.00 **Richard E Grant's Hotel Secrets** In Venice.
9.00 **Discovering**
10.00 **The Directors**
11.00 **Harrow: A Very British School**
12.00 NOON **Lauren Bacall: A Look from the Sky**
1.00 PM **Royalty Close Up**
2.00 **Hitsville: The Making...**
4.00 **Discovering**
5.00 **The Directors**
6.00 **Harrow: A Very...**
7.00 **Josephine Baker: The Story of an Awakening**
8.00 **Twiggy: The Face of the 60s**
9.00 **The Putin Interviews**
10.10 **Kill Chain: Cyber War on America's Elections**
11.55 **Richard Pryor: Omit the Logic**
1.40 AM **On the Record**
3.25 **PL Legends: Zola**
4.00 **Discovering**
5.00 **to 6.00** AM **Twiggy: The Face of the 60s**

Sky Nature
130 130 893 279 385 372

6.00 AM **Mysteries of Evolution** New editions
7.00 **Monkey Life**
8.00 **NEW SERIES Seasons of the Wild**
9.00 **Kenya Wildlife Diaries**
10.00 **Wild Castles** New edition
11.00 **Arctic Secrets**
12.00 NOON **Africa's Wild Horizons** New edition
1.00 PM **Monkey Life**
2.00 **Seasons of the Wild**
3.00 **Kenya Wildlife Diaries**
4.00 **Wild Castles**
5.00 **Arctic Secrets**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life**
8.00 **Mysteries of the Mekong** Series finale
9.00 **Undiscovered Vistas**
10.00 **Africa's Wild Horizons**
11.00 **Arctic Secrets**
12.00 M'T **Dogs with Extraordinary Jobs**
1.00 AM **Guardians of the Wild**
2.00 **Mysteries of the...**
3.00 **to 6.00** AM **Highlights**

E!
151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
9.00 **Total Bellas**
10.00 **News: Daily Pop**
10.30 **Dating: No Filter**
11.00 **Keeping Up with the Kardashians**
3.00 PM **Kourtney and Kim Take Miami**
4.00 **Hollywood Medium with Tyler Henry**
5.00 **Botched**
6.00 **Keeping Up with the Kardashians** Four editions, including at: **8.00** Kim is torn over maintaining a relationship with Cait. **9.00** Kim and Kourtney get a glimpse into Khloe's private life.
10.00 **The Soup** New edition
10.30 **Nightly Pop** New edition
11.00 **Botched**
12.00 M'T **Temptation Island**
1.00 AM **Wags Miami**
2.00 **Teleshopping**
3.00 **Mariah's World**
4.00 **to 5.00** AM **Total Divas**

Food Network
140 285 41 148

6.00 AM **Jamie Does...**
7.00 **Trisha's Southern Kitchen** New editions
8.00 **Giada Entertains**
9.00 **Val's Home Cooking**
10.00 **Girl Meets Farm**
12.00 NOON **Jamie Does...**
1.00 PM **Jamie Does Venice**
2.00 **Martin: Delicious**
3.00 **River Cottage Heroes**
4.00 **Burgers, Brew & 'Que** New editions
5.00 **The Pioneer Woman**
5.30 **The Pioneer Woman: Home Sweet Home** New edition
6.00 **Bikers' Mississippi**
7.00 **Rick's Fruits of the Sea**
7.30 **Rick's Food Heroes**
8.00 **River Cottage**
9.00 **NEW SERIES Tom Kerridge Barbecues**
10.00 **Bikers' Best of British**
11.00 **Mystery Diners**
12.00 M'T **Man v Food**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime
187 208 329 384

7.00 AM **Flipping Virgins**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **19 Kids & Outnumbered: Bringing Up Bates**
11.45 **Police Patrol**
1.10 PM **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins** New editions Double bill.
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** New editions
9.00 **Vikings**
10.00 **Storage Wars**
10.55 **Hardcore Pawn**
11.50 **Pawn Stars**
12.45 AM **Police Patrol**
1.40 **Flipping Virgins**
2.35 **Hardcore Pawn**
3.30 **to 4.00** AM **Police Patrol**

Paramount Network
150 187 150 31 132

9.00 AM **Criminals: Caught on Camera**
9.25 **The A-Team**
11.30 **Knight Rider**
12.30 PM **FILM The Deadly Companions** Western. (1961, PG, 90min) ★★★
2.35 **FILM Hell Squad** Action drama. (1958, b/w, PG, 64min) ★★
4.00 **Knight Rider**
6.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 **Inside the Force: 24/7**
10.00 **The Torture King: Britain's Worst Gangster** The feud between rival gangs.
11.00 **Hard Men: Street Justice**
12.00 M'T **Criminals: Caught on Camera**
1.05 AM **FILM Stephen King's It** Horror thriller. (1990, 15, 188min) ★
4.35 **Trucking Hell**
5.25 **Criminals: Caught on Camera** CCTV footage.
5.50 **to 6.00** AM **Access**

Sky Crime
121 121 819 136 135

6.00 AM **Road Wars**
7.00 **Highway Patrol**
8.00 **Nothing to Declare**
9.00 **Send in the Dogs**
10.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Killer Families**
2.00 **How I Caught the Killer**
3.00 **Nothing to Declare**
4.00 **Road Wars**
5.00 **Brit Cops: Law & Disorder**
6.00 **Murder in the Family**
7.00 **Snapped**
8.00 **Killer Families**
9.00 **In Defense Of**
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **World's Most Evil**
1.00 AM **The Death of Diane Mciver: Deadly Detour**
2.00 **Snapped**
3.00 **Killer Families**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

CBS Reality
146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** An apparently healthy man dies in his sleep. **7.30** The murder of Kathleen Lipscomb.
8.00 **Something's Killing Me** Symptoms of a common cold soon spiral into a life or death situation.
9.00 **It Takes a Killer** A self-taught killer murders victims with 'kill kits'. **9.30** The mysterious disappearance of a surgeon's wife.
10.00 **The Mind of a Murderer** Examining the case of Levi King.
11.00 **Murderers and Their Mothers**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Mind of a Murderer**
3.00 **City in Fear**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 136

Really
142 128 17 160

6.00 AM **Countryside 999**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** In Cumbria.
9.00 **A Place in the Sun: Winter Sun**
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer** As 8.00am.
2.00 **Escape to the Country**
3.00 **Countryside 999**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **Ghost Nation** New edition A poltergeist at a decommissioned New York prison.
10.00 **Ghost Adventures: Quarantine**
11.00 **Paranormal Lockdown with Nick Groff**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze
164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
9.00 **Conspiracy Files: Unsealed** Double bill.
10.00 **Ancient Aliens**
11.00 **Air Emergency**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
4.00 **Alien Files: Unsealed**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers**
9.00 **World's Toughest Prisons**
10.00 **Storage Wars**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Wicked Tuna**
4.00 **Mountain Men**
5.00 **to 6.00** AM **Storage Wars: Texas**

TLC
133 133 827 167 323 377

6.00 AM **Say Yes... Randy Knows Best**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes to the Dress**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **90 Day Fiancé: Happily Ever After?** New edition
9.00 **90 Day Fiancé: Happily Ever After? (Pillow Talk)** New edition
10.00 **Dr Pimple Popper**
11.00 **Cake Boss**
12.00 M'T **90 Day Fiancé: Happily Ever After?**
2.00 AM **90 Day Fiancé... (Pillow Talk)**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT
153 152 54 133

9.10 AM **FILM Evil Nanny** Thriller. (2016, 12) ★★
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Dog Rescuers with Alan Davies**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet at Easter**
5.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **The Queen and Charles: Mother and Son** Documentary.
10.30 **Secrets of the Royal Train** The trains used by the monarchy.
11.30 **The Dog Rescuers with Alan Davies**
1.35 AM **The Hotel Inspector**
2.35 **Egypt's Secret Tomb: Revealed**
3.30 **Criminals: Caught on Camera** CCTV footage.
3.55 **to 4.00** AM **Access**

Quest
144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Made by Destruction**
7.10 **Deadliest Catch**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Goblin Works Garage**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **American Pickers**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Vintage Voltage** New edition
10.00 **Chasing Classic Cars**
11.00 **EFL on Quest**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **Desert Car Kings**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 213 72 168

Quest Red
149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **French Collection**
8.00 **Posh Pawnbrokers**
9.00 **Animal Cops Phoenix**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **True Crime with Aphrodite Jones**
4.00 **Say Yes to the Dress: Ireland** Six editions.
7.00 **Long Lost Family US**
8.00 **My 600lb Life: Where Are They Now?**
9.00 **The Nolans Go Cruising** In Barcelona.
10.00 **Born to Kill?**
11.00 **FBI Case Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Richard Hammond's Big**
8.00 **Insane Pools: Off the Deep End** A luxurious space.
9.00 **Alaska: The Last Frontier**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**

10.00 Naked and Afraid XL

7.00 **Outback Truckers** A cyclone threatens tanker driver Michael's delivery of hazardous chemicals to a desert mine site.
8.00 **Mighty Ships** A look at the *Northern Leader*, Alaska's biggest and toughest longliner, sailing the Bering Sea.
9.00 **Buried Worlds with Don Wildman** New edition Don investigates new evidence that could prove that vampires exist.
10.00 **Naked and Afraid XL** New edition The survivalists are desperately hungry until Bulent has a positive hunt.
11.00 **Homestead Rescue**
12.00 M'T **Buried Worlds with Don...**
1.00 AM **Naked and Afraid XL**
2.00 **Deadliest Catch**
3.00 **Buried Worlds with Don...**
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cops Detroit**
7.00 **Miami Animal Police**
8.00 **Pit Bulls & Parolees**
10.00 **Amanda to the Rescue**
12.00 NOON **Spawn of Jaws 2: The Birth** Attempts to find the Great White's mating waters.
1.00 PM **My Cat from Hell**
2.00 **How Do Animals Do That**
2.30 **Dogs 101: New Tricks**
3.00 **Miami Animal Police**.
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **The Zoo**
6.00 **Bondi Vet**

8.00 Dr Jeff: Rocky Mountain...

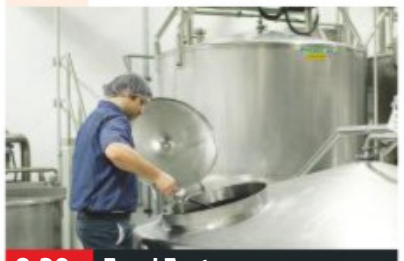
7.00 **Animal Cops Houston** Investigators find themselves tackling one of their biggest ever hoarding cases.
8.00 **Dr Jeff: Rocky Mountain Vet** The team head to Romania to help out with an out-of-control street dog problem.
9.00 **Alaska: The Last Frontier** Eivin and Atz get caught overnight in the back country, and Otto helps an orphan calf.
10.00 **Animal Cops Houston** The agents are sent to rescue a Labrador and bring the animal back to the sanctuary.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **How Do Animals Do That**
2.00 **Alaska: The Last Frontier**
3.00 **Animal Cops Houston**
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Expedition Everest**
9.00 **Megafactories**
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
1.00 PM **WW2: Hell Under the Sea** Werner Henke and his crew face one of their toughest tests of the war.
2.00 **Nazi Megastructures**
3.00 **Drain the Oceans**
4.00 **Car S.O.S** Double bill.
6.00 **Drain the Oceans: Ghost Ships of the Atlantic** One-off special exploring the bottom of the Atlantic Ocean.



8.30 Food Factory

7.00 **Air Crash Investigation** Experts investigate the 1956 collision of two planes over the Grand Canyon in Arizona.
8.00 **Food Factory** Taking a look at the manufacture of hot chocolate. **8.30** The production of smoked salmon.
9.00 **Superstructures: Engineering Marvels** The engineering of the 55,000-seat Singapore National Stadium.
10.00 **Gathering Storm** A journey along America's North East during a deadly Atlantic Ocean fishing season.
11.00 **Air Crash Investigation** The reasons behind a devastating plane crash in Buenos Aires.
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: Peru**
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Europe from Above**

+1 hour 229 267

Sky History

123 123 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Salvage Kings**
11.00 **Ancient Aliens**
12.00 NOON **Curse of Skinwalker Ranch**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** Rick and Chum look to make a deal on an old weight-loss device.
6.00 **Swamp People**

9.00 Forged in Fire: Beat...

7.00 **Forged in Fire** The smiths turn a snowmobile's blades into a kukri knife, before the last two forge a sacrificial sword.
8.00 **Salvage Kings** While hunting for salvage in an 1870s farmhouse, Ted finds something rare hidden behind the walls.
9.00 NEW SERIES **Forged in Fire: Beat the Judges** Champion smiths return to square off against the show's renowned judges.
10.00 **Arctic Alone** New edition Faced with the arduous task of lasting 100 days, the participants get to work building shelters.
11.30 **Brothers in Arms** Rocco wants to create the ultimate 21-gun salute.
12.30 AM **Secret Wars Uncovered**
1.30 **Salvage Kings** As 8.00pm.
2.30 **Curse of Skinwalker Ranch**
3.30 **Forged in Fire**
4.30 **Swamp People**
5.30 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **Surviving Alcatraz**
7.10 **Abandoned Engineering**
8.00 **Forbidden History**
9.00 **Inside Hitler's Killing Machine**
10.00 **Antiques Roadshow**
11.00 **Abandoned Engineering**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **Extreme Railway Journeys**
4.00 **Abandoned Engineering**
5.00 **Narrow Escapes of WW2**
6.00 **Inside Hitler's Killing Machine**

8.00 Abandoned Engineering

7.00 **Great British Railway Journeys** Michael Portillo visits Durham and Whitby. **7.30** Michael visits Harrogate and Saltaire.
8.00 **Abandoned Engineering** New edition Stone buildings near Hadrian's Wall built to keep Northern hoards at bay.
9.00 **Train Truckers** Ian Bagladi and Jamie Turnbull need to move a classical but abandoned 63-year-old locomotive.
10.00 **The World at War** Bomber Command are unable to hit their targets and attack German cities under cover of darkness.
11.00 **Abandoned Engineering**
12.00 M'T **Inside Hitler's Killing Machine** How a system of concentration populations turned into a tool for murder.
1.00 AM **Narrow Escapes of World War Two**
2.00 **to 3.00** AM **Surviving Alcatraz: Escaping the Rock**

+1 hour 255 200 75

Thursday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 257

6.00 AM **Wildest Indochina**
7.00 **Secrets Underground**
8.00 **Combat Dealers**
10.00 **Deadliest Tech**
11.00 **Secrets Underground**
12.00 NOON **Blowing Up...**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Combat Dealers**
5.00 **Deadliest Tech**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **America: Facts vs Fiction** Double bill.
10.00 **American Titans**
11.00 **Justice for MLK: Hunt for James Earl Ray**
1.00 AM **America: Facts vs...**
2.00 **American Titans**
3.00 **Justice for MLK: Hunt for James Earl Ray**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Mating Game – Natural World Special**
11.00 **Life in the Undergrowth**
12.00 NOON **Natural Curiosities**
1.00 PM **Wild Africa**
2.00 **Wild North**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **The Mating Game...**
5.00 **Life in the...**
6.00 **Natural Curiosities**
7.00 **Wild Africa**
8.00 **Wild North**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **The Mating Game...**
11.00 **Life in the...**
12.00 M'T **Natural Curiosities**
1.00 AM **Wild Africa**
2.00 **Wild North**
3.00 **The Zoo**
3.25 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Fish My City**
12.00 NOON **Stranger Than Nature: Unhinged**
1.00 PM **Predator Land**
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **The Hidden Kingdoms of China** The residents of China's vast grasslands raise their young during summer.
8.00 **Snakes in the City** Simon must face his fear of heights to capture a black mamba.
9.00 **King Cobra: Cannibal Snake** Experts track snakes in India.
10.00 **Alaska Animal Rescue** Alaska is devastated by raging wildfires during the summer.
11.00 **Monster Fish**
12.00 M'T **Incredible Dr Pol**
2.00 **to 5.00** AM **Predator Land**

Sky History 2

163 163 894 272 330 390

8.00 AM **Doomsday: Ways the World Will End**
9.00 **Soviet Storm: WWII in the East**
10.00 **WW2 Treasure Hunters**
11.00 **Life After People**
12.00 NOON **Ancient Aliens**
2.00 PM **Lock 'n' Load**
3.00 **Where Did It Come From?**
4.00 **Soviet Storm: WWII in the East**
5.00 **Engineering an Empire**
6.00 **Doomsday: 10 Ways the World Will End**
7.00 **WW2 Treasure Hunters**
8.00 **Captain Cook's Pacific with Sam Neill**
9.00 **Last Days of the Nazis**
10.00 **The Lost Evidence**
11.00 **Dogfights** Air combat in the first Gulf War.
12.00 M'T **Ancient Aliens**
2.00 AM **Last Days of the...**
3.00 **The Lost Evidence**
4.00 **to 5.00** AM **Captain Cook's Pacific with Sam Neill**

PBS America

174 273 91 155

8.00 AM **Who Killed the Princes in the Tower?**
9.05 **The Queen Mary: Greatest Ocean Liner**
10.30 NEW SERIES **The Gene: An Intimate History**
1.00 PM **Beautiful Serengeti**
1.35 **Who Killed the Princes in the Tower?**
2.35 **The Queen Mary: Greatest Ocean Liner**
3.55 **Robot Warriors**
4.55 **Exotic Invaders: Pythons in the Everglades**
6.10 **Who Killed the Princes in the Tower?**
7.15 **The Queen Mary: Greatest Ocean Liner**
8.30 **The Gene: An Intimate History** The revolution in modern genetic science.
11.00 **The Queen Mary: Greatest Ocean Liner**
12.20 AM **Love Me**
1.30 **to 2.00** AM **Beautiful Serengeti**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **Murdertown**
1.00 PM **Nightmare in Suburbia**
2.00 **Secrets of the Morgue**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour**
8.00 **I Knew My Murderer**
9.00 **The First 48** Police investigate when two young men are gunned down in 12 hours.
10.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos** The case of Malcolm Webster.
1.00 AM **The First 48**
2.00 **Murdertown**
3.00 **Secrets of the Morgue**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

THURSDAY Films

Thursday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Babysplitters** As 3.45pm.
8.15 **Top Ten: Hugh Jackman**
8.30 **The Angry Birds Movie 2**
10.15 **Good Boys** As 8.00pm.
12.00 NOON **The Kindness of Strangers** (2019, 15) ★★★
2.00 PM **PREMIERE Otherworld**
3.45 **Babysplitters** Comedy. (2019, 15, 119min) ★★★
6.00 **Top Ten: Animation**
6.15 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 97min) ★★★

9.45 Otherworld

8 PM

8.00 **Good Boys** Comedy starring Jacob Tremblay. Three 12-year-old boys skip school and embark on an epic journey while attempting to make their way home for a party. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 **PREMIERE Otherworld** Fantasy starring Eamon Farren. A woman with special powers clashes with a storm of negative energy. (2018, 15, 90min) ★ *See review, page 23*
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.30 **Them That Follow** Thriller starring Olivia Colman, Kaitlyn Dever and Walton Goggins. (2019, 15, 98min) ★★★
1.15 AM **Sea Fever** Thriller starring Connie Nielsen. (2019, 15, 95min) ★★★★
2.55 **Becoming** Fantasy with Toby Kebbell and Penelope Mitchell. (2019, 15, 98min) ★★
4.40 **to 6.15** AM **Boonie Bears: Blast into the Past** Animation. (2019, U, 90min) ★★

11 PM

Sky Cinema Disney

307 307 847 405 505

6.10 AM **Fantasia 2000** As 9.10pm.
7.40 **Tangled** As shown at 5.10pm.
9.35 **Maleficent: Mistress of Evil**
11.45 **Bedknobs and Broomsticks**
1.45 PM **Beverly Hills Chihuahua 2** As shown at 12.10am.
3.25 **Beverly Hills Chihuahua 3: Viva La Fiesta!** Comedy sequel. (2012, U, 85min) ★★
5.10 **Tangled** Animated fairy tale. (2010, PG, 100min) ★★★★
7.00 **Maleficent: Mistress of Evil** Fantasy. (2019, PG) ★★★

9.10 Fantasia 2000

Maleficent: Mistress of Evil (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 **Fantasia 2000** Remake of the Disney classic, featuring animation sequences set to classical music. (1999, U, 74min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Old Dogs** Comedy with John Travolta and Robin Williams. Two best friends and business partners are saddled with babysitting six-year-old twins. (2009, PG, 84min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Beverly Hills Chihuahua 2** Comedy. (2011, U, 80min) ★
1.50 **Beverly Hills Chihuahua 3: Viva La Fiesta!** As 3.25pm.
3.35 **Bedknobs and Broomsticks** Fantasy. (1971, U) ★★★★
5.40 **to 7.25** AM **Old Dogs** (2009)

Sky Cinema Family

306 306 846 406 506

6.20 AM **Bernie the Dolphin** (2018)
8.00 **Mary Poppins Returns** (2018)
10.15 **The Legend of Zorro** As shown at 6.00pm.
12.30 PM **Underdog** As 12.05am.
2.05 **Eight Below** Adventure. (2006, PG, 120min) ★★★
4.10 **Labyrinth** Fantasy adventure. (1986, U, 97min) ★★★★
6.00 **The Legend of Zorro** Swashbuckling adventure sequel with Antonio Banderas. (2005, PG, 130min) ★★★

4.10 Labyrinth

8.15 **Mary Poppins Returns** Musical fantasy starring Emily Blunt, Dick Van Dyke and Meryl Streep. The practically perfect nanny returns, using her magical skills to dazzle the Banks family once again. With Ben Whishaw and Emily Mortimer. (2018, U, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Bernie the Dolphin** Adventure starring Lola Sultan. After befriending a dolphin in Florida, a brother and sister uncover a plot that could destroy their new pal's home. (2018, U, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Underdog** Comedy. (2007, U, 78min) ★★
1.35 **Labyrinth** As 4.10pm.
3.25 **Eight Below** As 2.05pm.
5.35 **to 7.15** AM **Bernie the Dolphin** As 10.30pm.

Sky Cinema Action

308 308 848 407 507

6.00 AM **Hudson Hawk** Comedy. (1991, 15, 97min) ★★★
7.55 **Final Score** Action drama. (2018, 15, 104min) ★★★
9.50 **Stuber** As shown at 6.15pm.
11.35 **Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
1.25 PM **The Bourne Legacy** Thriller. (2012, 12) ★★★
3.50 **Pacific Rim** Sci-fi thriller. (2013, 12, 131min) ★★★
6.15 **Stuber** Action comedy. (2019, 15, 93min) ★★

10.00 The Running Man

8.00 **Predator** Sci-fi action fantasy starring Arnold Schwarzenegger as the leader of a commando team battling a ferocious alien in the South American jungle. With Carl Weathers. (1987, 18, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Running Man** Sci-fi adventure starring Arnold Schwarzenegger and Maria Conchita Alonso. (1987, 18, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Red Heat** Thriller with Arnold Schwarzenegger, James Belushi and Peter Boyle. (1988, 18, 106min) ★★★
1.40 AM **Red Sonja** Fantasy starring Brigitte Nielsen and Arnold Schwarzenegger. (1985, 15, 89min) ★
3.20 **Terminator 3: Rise of the Machines** Sci-fi action thriller. (2003, 12, 109min) ★★★
5.15 **to 6.00** AM **Sky Cinema Preview – July 2020**

Sky Cinema Comedy

309 309 849 408 508

7.15 AM **You, Me and Him** Comedy, as shown at 3.40am.
8.55 **The Longest Yard** As 10pm.
10.55 **Bridget Jones's Diary** Comedy, as shown at 6.10pm.
12.35 PM **Bridget Jones: The Edge of Reason** As 8.00pm.
2.35 **Little Monsters** As 12.00m't.
4.20 **Grand-Daddy Day Care** Comedy. (2019, 12, 96min) ★
6.10 **Bridget Jones's Diary** Romantic comedy drama. (2001, 15, 96min) ★★★★

6.10 Bridget Jones's Diary

8.00 **Bridget Jones: The Edge of Reason** Romantic comedy starring Renée Zellweger, Colin Firth and and Hugh Grant. The thirtysomething's new relationship comes under threat when she is thrown together with her ex-boss. (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Longest Yard** Comedy remake starring Adam Sandler and Chris Rock. An American football quarterback is sentenced to three years in a brutal penitentiary and is coerced into coaching the prison team. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Little Monsters** Comedy. (2019, 15, 93min) ★★★★
1.50 AM **Grand-Daddy Day Care**
3.40 **You, Me and Him** Comedy. (2017, 15, 98min) ★★
5.30 **to 7.20** AM **Gideon** Drama. (1999, PG, 102min) ★★

Sky Cinema Hits

303 403 503

6.45 AM **Captain America: The First Avenger** Action fantasy. (2011, 12, 123min) ★★★
8.55 **Instant Family** As 9.00pm.
11.00 **It: Chapter Two** As 11.00pm.
2.00 PM **Avengers: Endgame** Fantasy action adventure. (2019, 12, 181min) ★★★★
5.00 **Tolkien** JRR Tolkien biopic starring Nicholas Hoult. (2019, 12, 112min) ★★★★

7.00 **Bad Education** Fact-based drama starring Hugh Jackman. The superintendent of a New York school and his staff become prime suspects in a school embezzlement scandal. (2019, 15, 108min) ★★★★
9.00 **Instant Family** Comedy starring Mark Wahlberg and Rose Byrne. A couple decide to adopt, but get more than they bargained for when they take in a rebellious teen and her siblings. (2018, 12, 118min) ★★★★

11.00 **It: Chapter Two** Horror thriller starring Jessica Chastain. (2019, 15, 169min) ★★★
2.00 AM **Hotel Mumbai** Thriller. (2018, 15, 123min) ★★★★
4.15 **to 6.15** AM **The Sorcerer's Apprentice** Action fantasy. (2010, PG, 108min) ★★★★

Sky Cinema Greats

304 304 845 404 504

6.50 AM **The Goonies** Adventure. (1985, 12, 111min) ★★★★
9.00 **Interstellar** As 8.00pm.
12.00 NOON **Batman Begins** Thriller. (2005, 12, 140min) ★★★★★
2.30 PM **The Dark Knight** Action thriller, as shown at 10.50pm.
5.10 **The Dark Knight Rises** Crime action drama sequel starring Christian Bale and Tom Hardy. (2012, 12, 164min) ★★★★

8.00 **Interstellar** Sci-fi drama with Matthew McConaughey and Anne Hathaway. A spacecraft goes in search of a new home for humans before a devastated Earth becomes uninhabitable. (2014, 12, 166min) ★★★★
10.50 **The Dark Knight** Comic-book action thriller starring Christian Bale and Heath Ledger. Batman encounters a dangerous new adversary when The Joker unleashes a wave of anarchy. (2008, 12, 152min) ★★★★

1.25 AM **The Rock** Action thriller. (1996, 15, 136min) ★★★★
3.45 **High Anxiety** Mel Brooks' spoof of Hitchcock's suspense movies. (1977, 15, 94min) ★★★★
5.30 **to 7.00** AM **The Muppet Christmas Carol** Musical. (1992, U, 86min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.40 AM **The Little Mermaid** (1989)
8.10 **Monster Family** As 3.00am.
9.45 **Tarzan II** As shown at 12.00m't.
11.00 **Anchors Up** As 4.45am.
12.20 PM **The Big Wish** (2019) ★★
2.00 **Sinbad: Legend of the Seven Seas** As shown at 1.20am.
3.30 **Luis and the Aliens** Animated comedy. (2018, U, 86min) ★★
5.00 **Mission: Panda** Animation. (2019, PG, 84min) ★

6.40 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel featuring the voice of Bill Hader. (2013, U, 93min) ★★★
8.20 **The Lego Movie** Animated comedy featuring the voice of Chris Pratt. A man living in a city made of Lego is mistakenly chosen to save the world. (2014, U, 100min) ★★★★
10.10 **The Lego Movie 2: The Second Part** Animated sequel featuring the voice of Chris Pratt. (2019, U, 107min) ★★★★

12.00 M'T **Tarzan II** Animated musical. (2005, U, 68min) ★★★
1.20 AM **Sinbad: Legend of the Seven Seas** (2003, U) ★
3.00 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
4.45 **to 6.15** AM **Anchors Up** Animation. (2017, U, 73min) ★★

TCM Movies

315 415 416 512 526

6.00 AM **Close Up** Double bill.
7.00 **Hollywood's Best Directors**
7.55 **Inside the Walls of Folsom Prison** Drama. (1951, b/w) ★★
9.30 **The Cowboys** (1971) ★★★
12.05 PM **I Killed Wild Bill Hickock** Western. (1956, PG, 63min) ★★
1.30 **Raid on Rommel** Adventure. (1971, 15, 94min) ★★
3.35 **Kelly's Heroes** Action comedy. (1970, PG, 143min) ★★★★

6.20 **Fighter Squadron** War drama starring Edmond O'Brien as the hardened commander of a squadron of US airmen fighting the Luftwaffe during World War Two. (1948, U, 96min) ★★
8.00 **The Pelican Brief** Conspiracy thriller based on John Grisham's bestseller, starring Julia Roberts as a law student who puts her life in danger when she solves the murders of two judges. With Denzel Washington and Tony Goldwyn. (1993, 12, 141min) ★★

10.50 **Fire Down Below** Action thriller. (1997, 18, 101min) ★
1.05 AM **Animal Crackers** (1930)
2.50 **Off Set** With Jamie Cullum.
3.00 **Hollywood's Best Directors**
5.00 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **The Voice of Merrill** (1952)
7.40 **One Jump Ahead** (1955) ★★
9.00 **The Adventures of Sir Lancelot** 8/30. (S1)
9.30 **Who Killed The Cat** (1966) ★★
11.15 **My Brother's Keeper** (1948)
1.00 PM **Target: The Corruptors**
2.00 **Rooms** (S2)
2.30 **The Star and the Story** (S1)
3.00 **Funny Face** (1956) ★★★★★
5.05 **Out of the Clouds** (1954) ★★

6.50 **Defence of the Realm** Political thriller starring Gabriel Byrne as an investigative journalist who exposes a sinister government cover-up. With Greta Scacchi. (1985, PG, 96min) ★★★★
8.50 **Bash and Grab** Public information film from the 1960s.
9.00 **Framed** Action melodrama starring Joe Don Baker. A man vows revenge on the corrupt cops who framed him and sent him to prison. With Conny Van Dyke. (1974, 18, 100min) ★★

11.10 **Take a Girl Like You** (1970) ★★
1.10 AM **Pandora and the Flying Dutchman** Drama. (1951) ★★
3.40 **From the Four Corners**
4.00 **The Rivals of Sherlock Holmes**
5.00 **Bognor** 11/18. (S1)
5.30 **to 6.00** AM **Overseas Press Club – Exclusive!**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

310 310 850 409 509

6.45 AM **Hammer** (2019) ★★★★
8.15 **The Hummingbird Project**
10.20 **Inside Man: Most Wanted** Thriller. (2019, 15, 105min) ★★
12.20 PM **Greta** As 10.45pm.
2.10 **The Intruder** As 9.00pm.
3.55 **The Bouncer** Action thriller. (2018, 15, 94min) ★★★
5.25 **Butch Cassidy and the Sundance Kid** Western comedy. (1969, PG) ★★★★★
7.20 **The Wedding Guest** Thriller. (2018, 15, 94min) ★★★

9.00 The Intruder

The Wedding Guest (film started at 7.20pm)

9.00 **The Intruder** Mystery horror starring Michael Ealy. A married couple buy a house, only to find out that the man they bought it from refuses to let go of the property. (2019, 15, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Greta** Suspense thriller starring Isabelle Huppert. A waitress gets more than she bargained for after returning a lost handbag to its owner. (2018, 15, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Kiss of the Dragon** Thriller. (2001, 18) ★★★
2.20 **The Hummingbird Project** Drama. (2018, 15) ★★★★
4.20 **to 6.20** AM **Butch Cassidy and the Sundance Kid**

Sky Cinema Drama

311 311 851 410 510

6.00 AM **Berlin, I Love You**
8.00 **Becks** As shown at 12.35am.
9.40 **Trial by Fire** As 2.15am.
11.50 **Can You Ever Forgive Me?**
1.40 PM **The Best of Enemies** Drama. (2019, 12) ★★★
4.00 **Berlin, I Love You** Romantic drama starring Keira Knightley. (2018, 15, 120min) ★★
6.00 **The Twilight Saga: Breaking Dawn – Part 1** Supernatural thriller with Robert Pattinson. (2011, 12, 117min) ★★

8.00 Can You Ever Forgive Me?

8.00 **Can You Ever Forgive Me?** Comedy starring Melissa McCarthy. While suffering financially, writer Lee Israel finds a new way to make ends meet – forging letters from literary legends. With Richard E Grant. (2018, 15, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Once Upon a Time... in Hollywood** Drama starring Leonardo DiCaprio and Brad Pitt. A faded TV actor and his stunt double strive to achieve success in the film industry during the final years of Hollywood's Golden Age. (2019, 18, 161min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Becks** Romantic drama. (2017, 15, 98min) ★★★★
2.15 **Trial by Fire** Drama. (2018, 15, 127min) ★★★
4.25 **to 6.00** AM **The Christmas Swap** Fantasy. (2018, U) ★★

Sky Cinema Sci-Fi/Horror

312 411 511

6.00 AM **Star Wars: Episode IV _ A New Hope** As 9.30pm.
8.05 **Star Wars: Episode V – The Empire Strikes Back**
10.15 **Star Wars: Episode VI – Return of the Jedi** As 1.45am.
12.35 PM **Star Wars: Episode I – The Phantom Menace** (1999)
2.55 **Star Wars: Episode II – Attack of the Clones** (2002)
5.20 **Star Wars: The Clone Wars**
7.00 **Star Wars: Episode III – Revenge of the Sith** (2005)

9.30 Star Wars: Episode IV...

Star Wars: Episode III – Revenge of the Sith (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

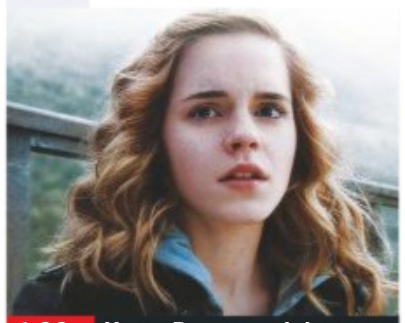
9.30 **Star Wars: Episode IV – A New Hope** Sci-fi adventure starring Mark Hamill and Harrison Ford. A young farm boy undertakes to rescue a princess and defeat an evil empire. (1977, U, 124min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi starring Harrison Ford, Mark Hamill and Carrie Fisher. (1980, U, 124min) ★★★★★
1.45 AM **Star Wars: Episode VI – Return of the Jedi** Sci-fi adventure starring Harrison Ford. (1983, U, 133min) ★★
4.10 **to 6.40** AM **Star Wars: Episode I – The Phantom Menace** Sci-fi prequel. (1999, U, 132min) ★★★

Sky Cinema Harry Potter

302 402 502

7.15 AM **Harry Potter and the Deathly Hallows: Part I**
9.45 **Harry Potter and the Deathly Hallows: Part II** Fantasy. (2011, 12) ★★★★★
12.00 NOON **Harry Potter and the Philosopher's Stone** (2001)
2.45 PM **Harry Potter and the Chamber of Secrets** Fantasy. (2002, PG, 161min) ★★★★
5.30 **Harry Potter and the Prisoner of Azkaban** Fantasy. (2004, PG, 142min) ★★★★★



1.00 Harry Potter and the...

8.00 **Harry Potter and the Goblet of Fire** Fantasy based on JK Rowling's bestselling book, starring Daniel Radcliffe, Rupert Grint and Emma Watson. Harry Potter faces the perils of the Triwizard Tournament in his fourth year at Hogwarts. With Robbie Coltrane and Ralph Fiennes. (2005, 12, 157min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Harry Potter and the Order of the Phoenix** Fantasy adventure with Daniel Radcliffe, Rupert Grint and Emma Watson. (2007, 12, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Harry Potter and the Half-Blood Prince** Fantasy. (2009, 12, 153min) ★★★★★
3.35 **to 6.05** AM **Harry Potter and the Deathly Hallows: Part I** Fantasy adventure. (2010, 12, 146min) ★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Capture the Flag** Sci-fi. (2015, PG, 94min) ★★★
12.50 PM **Run Wild, Run Free** Children's tale with Mark Lester. (1969, U, 98min) ★★★
2.50 **Garfield 2: A Tale of Two Kitties** Family comedy. (2006, U, 80min) ★★
4.25 **Home Alone 3** Comedy sequel. (1997, PG, 102min) ★
6.25 **Only the Brave** Drama. (2017, 12, 134min) ★★★

6.25 Only the Brave

Only the Brave (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Jack Ryan: Shadow Recruit** Spy thriller starring Chris Pine and Keira Knightley. An analyst for the CIA is forced into an undercover assignment when he discovers a plot to destroy the US economy. (2014, 12, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.10 **Sabotage** Thriller with Arnold Schwarzenegger. The leader of an elite Drug Enforcement Administration team tries to discover who is murdering his men. (2013, 15, 107min) ★★
1.20 **to 3.45** AM **Quadrophenia** Cult teenage drama, based on the rock album by *The Who*, starring Phil Daniels (1979, 18, 115min) ★★★

11 PM

+1 hour 314 430 45 301

Horror

317 149 70 138

8.00 AM **Sliders** 2/10. (S1)
9.00 **Star Trek: The Next Generation**
10.00 **Star Trek** 12/30. (S1)
11.00 **Troy: The Odyssey** Fantasy. (2017, PG, 90min) ★★
1.00 PM **Treasure Guards** Adventure. (2011, PG) ★★
3.00 **Mutant X** 6/22. (S1)
4.00 **Malibu Shark Attack** Disaster thriller. (2009, 15, 120min) ★★
6.00 **Star Trek** 13/30. (S1)

7.00 **Star Trek: The Next Generation** *A Matter of Perspective:* 14/26. Riker is accused of murder. (S3)
8.00 **seaQuest DSV** *To Be or Not to Be:* 1/24. Underwater adventure starring Roy Scheider. (S1)
9.00 **Cabin Fever** Horror starring Gage Golightly and Matthew Daddario. Five teenagers staying in a remote cabin are infected with a flesh-eating virus and attacked by angry locals. (2016, 15, 99min) ★

10.55 **Hostel: Part III** Horror thriller sequel. (2011, 18, 84min) ★★
12.40 AM **The Sand** Horror thriller. (2015, 15, 81min) ★★
2.25 **to 4.30** AM **The Tall Man** Mystery. (2012, 15) ★★★

+1 hour 318 202 139

Sony Movies Classic

319 424 50 303

6.00 AM **Rhythm Serenade** (1943)
7.45 **Ladies of the Chorus** (1948)
9.05 **The Toy** Comedy. (1982) ★★
11.15 **The Admirable Crichton** Comedy. (1957, U, 93min) ★★★
1.10 PM **The Wild One** Drama. (1953, b/w, PG, 80min) ★★★
2.50 **On the Waterfront** Drama. (1954, b/w, PG) ★★★★★
5.05 **Saturday Night and Sunday Morning** Drama. (1960) ★★★★

6.55 **Georgy Girl** Swinging Sixties drama starring Lynn Redgrave, James Mason and Charlotte Rampling. A frumpy young woman fends off her father's employer's amorous advances. (1966, b/w, 15, 100min) ★★★
9.00 **A Taste of Honey** Drama based on the play by Shelagh Delaney, starring Rita Tushingham as a teenager who becomes pregnant after an affair with a sailor. With Dora Bryan. (1961, b/w, 12, 100min) ★★★★

11.05 **The Fisher King** Fantasy. (1991, 15, 137min) ★★★★★
1.50 AM **The Gorgon** (1964) ★★★
3.30 **Appointment in London** Drama. (1952, b/w, U) ★★★
5.05 **to 6.00** AM **The Orient Express**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Lost Letter Mysteries: Higher Ground** (2017) ★★
11.00 **Wandering Eye** (2011) ★★
1.00 PM **Wrong Swipe** Thriller. (2016, U, 122min) ★★
2.45 **A Mother Betrayed** Suspense thriller starring Lynn Collins. (2015, PG, 105min) ★★
4.30 **Bicentennial Man** Romantic sci-fi drama with Robin Williams. (1999, PG, 131min) ★★★

7.00 **Push** Sci-fi thriller starring Chris Evans and Dakota Fanning. Two fugitives from a government agency that imprisons people with paranormal abilities try to track down a fellow runaway. (2008, 12, 111min) ★
9.00 **Salt** Thriller starring Angelina Jolie. A CIA agent goes on the run after a Russian defector convinces her superiors that she is a double agent. With Liev Schreiber and Chiwetel Ejiofor. (2010, 12, 99min) ★★★

11.05 **Momentum** Action thriller. (2015, 15, 94min) ★★★
1.10 AM **Equals** Sci-fi romance. (2015, 12, 101min) ★★
3.20 **to 6.00** AM **Stepmom** Drama. (1998, 12, 121min) ★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Age of the Gunslinger** Western. (2009, 12) ★★
8.10 **Rattler Kid** Western. (1967) ★★
9.50 **Marine Raiders** (1944) ★★
11.35 **Strongroom** Thriller. (1961) ★★
1.15 PM **The Tall T** Action Western. (1957, PG, 78min) ★★
2.55 **Killers of Kilimanjaro** Drama. (1960, U, 91min) ★★
4.50 **Tunes of Glory** Drama. (1960, PG, 107min) ★★★★

7.05 **The Apocalypse** Adventure starring Rhett Giles and Jill Stapley. As a giant asteroid the size of Texas heads towards Earth, threatening to wipe out the human race, a mother and father search for their missing child. (2007, PG, 94min) ★★
9.00 **Stormageddon** Fantasy starring Joseph Gatt. A software system takes control of the US defence network's computers, gaining the ability to manipulate the weather. (2015, PG, 90min) ★★

10.45 **The Day the Earth Stopped** Sci-fi. (2008, 15, 90min) ★★
12.30 AM **Replicant** Sci-fi action thriller. (2001, 18, 96min) ★
2.30 **to 4.00** AM **4 Minute Mile** Drama. (2014, 15, 96min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Love at the Parade** (2012)
9.00 **Christmas in the Air** Festive romance. (2017, U, 90min) ★★
11.00 **My Christmas Love** Comedy. (2016, PG, 120min) ★★
1.00 PM **A Christmas Visitor** Melodrama. (2002, PG) ★★
3.00 **Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
5.00 **Two Turtle Doves** Festive drama. (2019, PG, 120min) ★★

7.00 **Merry & Bright** Romantic drama starring Jodie Sweetin and Andrew W Walker. During the busy Christmas period, a candy cane company owner meets a mysterious man. (2019, U, 84min) ★★
9.00 **Christmas at Holly Lodge** Romantic drama starring Alison Sweeney. The owner of a struggling inn in the mountains begins to fall for a man sent to assess the value of the property. (2017, U, 90min) ★★

11.00 **Christmas Makeover** Romance. (2018, PG, 90min) ★★
1.00 AM **Mr Christmas** Seasonal drama. (2017, U, 95min) ★★
3.00 **to 5.00** AM **A Grandpa for Christmas** Comedy. (2007) ★★

+1 hour 326 420

THURSDAY Sport

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

30 July

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Sky Sports News**
8.00 **LIVE ANZ Premiership Netball Tactix v Stars.** Centre-pass 8.00am.
9.30 **My Icon**
10.00 **Sky Sports News**
12.00 NOON **LIVE European Tour Golf** Coverage of the opening day of the English Open from the Forest of Arden Marriott Hotel & Country Club, near Birmingham.
1.30 PM **LIVE One-Day International Cricket England v Ireland.** Coverage of the first ODI in the three-match series, taking place at the Ageas Bowl in Southampton.
7.00 **LIVE EFL** Coverage of the second leg of a play-off semi-final in the Championship.
10.00 **LIVE World Golf Championships** Coverage of the opening day of the Fedex St Jude Invitational from TPC Southwind in Memphis, Tennessee
12.00 M'T **Sky Sports News**
2.00 AM **LIVE NBA Los Angeles Lakers v Los Angeles Clippers.** Tip-off 2.00am.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Teddy Sheringham** A profile of the former England striker.
7.30 **PL Legends: David Seaman**
8.00 **Best PL Goals: Chelsea**
8.30 **Best PL Goals: Newcastle**
9.00 **Premier League 100 Club**
10.00 **Premier League Years**
12.00 NOON **PL Best Goals 14/15**
1.00 PM **Premier League Years**
3.00 **PL Best Goals 15/16**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **PL Legends: David Seaman**
6.30 **PL Legends: Paolo Di Canio**
7.00 **Premier League World**
7.30 **PL Greatest Games**
8.00 **Gary Neville's Soccerbox**
9.00 **PL Retro** A look back at Fulham v Manchester United from 2007.
11.00 **Premier League World**
11.30 **Premier League Icons**
12.00 M'T **PL Best Goals 98/99**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 1999/2000**
5.00 **Best PL Goals: Tottenham v Chelsea** Memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
6.45 **SPFL Greatest Games**
7.00 **Football's Greatest Players**
7.30 **Football Countdowns**
8.00 **Football Years**
8.30 **EFL Greatest Games**
9.15 **SPFL Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **Championship Review 17/18**
12.00 NOON **EFL Greatest Games**
12.45 PM **SPFL Greatest Games**
1.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.15 **SPFL Greatest Games**
4.30 **Football's Greatest Players**
5.00 **Football Countdowns**
5.30 **Football Years**
6.00 **Championship Review 17/18**
7.00 **LIVE EFL** Coverage of the second leg of a play-off semi-final in the Championship.
10.00 **SPFL Greatest Games**
10.30 **Old Firm Derby 2016/17**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Final 15**
1.00 AM **EFL Highlights**
2.30 **Best Championship Goals**
3.00 **Championship Review 16/17**
4.00 **to 6.00** AM **EFL Cup Retro 17**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **The World Cup Through Their Eyes** As 11.30am.
8.00 **ICC World Cup Final Watchalong** Action from England v New Zealand in the final of the 2019 ICC World Cup.
11.30 **The World Cup Through Their Eyes** A look back at England's victorious 2019 ICC World Cup through the eyes of the players.
1.30 PM **LIVE One-Day International Cricket England v Ireland.** Coverage of the first ODI in the three-match series, taking place at the Ageas Bowl in Southampton.
10.30 **Pictures In Paradise** Triple bill of editions looking back to 1990, as a young and unfancied England side toured the Caribbean against the mighty West Indies.
12.00 M'T **Best of England v Windies**
1.00 AM **Best of the 2017 Blast** Essex Eagles v Surrey from the County Ground in Chelmsford.
4.30 **Best of England v Windies**
4.40 **Ireland's Finest Hour** The 2011 Cricket World Cup match between Ireland and England.
5.00 **to 6.00** AM **Best of England v Windies**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **PGA Tour: The Cut**
6.30 **World Golf Championships**
9.30 **PGA Tour: The Cut**
10.00 **Golf Vodcast**
11.00 **Feherty Talks To Suzann Pettersen** David Feherty chats to the two-time Major winner.
12.00 NOON **LIVE European Tour Golf** Coverage of the opening day of the English Open from the Forest of Arden Marriott Hotel & Country Club, near Birmingham.
2.00 PM **Golf Academy**
2.30 **PGA Tour: The Cut**
3.00 **LIVE European Tour Golf** Further coverage of the opening day's play of the English Open.
6.00 **LIVE World Golf Championships** Coverage of the featured groups on the opening day of the Fedex St Jude Invitational from TPC Southwind in Memphis, Tennessee.
7.00 **LIVE World Golf Championships** Further coverage of the opening day of the Fedex St Jude Invitational.
12.00 M'T **European Tour Golf**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Gearing Up**
6.30 **Inside Sailing**
7.00 **WWE Monday Night Raw**
9.30 **ESPN FC** Football news.
10.00 **Champions League Magazine**
10.30 **LIVE Hyundai A-League Adelaide United v Perth Glory.** Coverage of the Australian top-flight clash from Bankwest Stadium. Kick-off 10.30am.
12.30 PM **MotoGP Highlights** Action from the Grand Prix of Andalucia.
1.30 **Inside Sailing**
2.00 **V8 Supercars Highlights** Races 10, 11 and 12 from Winton.
4.00 **Gearing Up**
4.30 **ESPN FC** Football news.
5.00 **WWE Friday Night SmackDown** Wrestling action.
6.30 **WWE Monday Night Raw** Wrestling action from America.
9.00 **WWE NXT** The next generation of stars showcase their talents.
10.45 **MotoGP Rewind**
11.00 **LIVE MLB Cincinnati Reds v Chicago Cubs.** The National League match at Great American Ball Park. Start-time 11.10pm.
2.00 AM **V8 Supercars Highlights**
4.00 **Gearing Up**
4.30 **to 6.00** AM **Hyundai A-League**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **FIM CEV Repsol**
9.45 **MotoGP Rewind**
10.00 **Inside Sailing**
10.30 **LIVE AFL** Coverage from the Australian Football League.
1.30 PM **Sarah & Suzanne**
2.30 **The Stars Are Aligned**
3.30 **Bo, Barkley & the Big Hurt**
4.30 **MotoGP Rewind**
4.45 **30 for 30 Shorts**
5.00 **Gearing Up**
5.30 **Adelaide United v Perth Glory**
7.00 **AFL** Recent action from the Australian Football League.
9.00 **Premier League 100**
9.30 **BT Sport Films: The Gaffer** A behind-the-scenes look into the lives of several non-league football managers as their teams fight for promotion and survival in the fifth tier of English football.
11.15 **Celtics/Lakers: Best of Enemies** 1-3/3. An examination of the rivalry between the sides.
4.15 AM **Arthur & Johnnie**
4.30 **Marquette**
4.45 **The Schedule Makers**
5.00 **Collision Course: The Murder of Don Aronow**
5.15 **to 6.00** AM **The Return of the Gypsy King**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **The Big Match Revisited – 1976/77** Four editions.
10.00 **Classic Premier League**
12.30 PM **Liverpool: Team of the 80s**
1.30 **Manchester United Classics**
2.30 **MotoGP Classics: Assen 2016**
3.30 **MotoGP Classics: Brno 2016**
4.30 **UEFA Champions League – Classics** Triple bill of action.
6.00 **The Football Archives: UCL 14/15** A look at the 2014/2015 UEFA Champions League season.
6.30 **The Football Archives: UCL 15/16** A look at the 2015/2016 UEFA Champions League season.
7.00 **What Went Down: David Haye** A look back at some of the biggest and most memorable fights involving David Haye.
9.00 **UFC** Action from Robert Whittaker v Darren Till.
12.00 M'T **UFC Main Event: Adesanya v Silva**
1.00 AM **UFC: The Ultimate Fighter**
2.00 **UFC: Beyond The Octagon Classic Fights**
2.30 **WRC Review: Season Review**
3.30 **WRC Greatest Moments – Rally Italy**
4.30 **to 6.00** AM **Isolation eRacing Series**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **NFL: America's Game**
8.00 **World Matchplay Darts**
10.00 **Pro Box Classics**
12.00 NOON **NBC's Pro-Football Talk**
2.00 PM **Inside the Huddle**
3.00 **Motorsport Mundial**
3.30 **The Rise of Fallon Sherrock**
4.00 **Paddy Power's Darts at Home** Phil Taylor v Fallon Sherrock.
4.45 **Legends of Darts: Phil Taylor**
5.00 **Darts Gold** Action from Fallon Sherrock v Mensur Suljovic in the 2020 PDC World Championship.
6.00 **World Matchplay Darts** Another chance to see the final of the tournament from Marshall Arena in Milton Keynes.
8.00 **Inside the Huddle** The Sky Sports NFL team discuss all of the big stories from around the league during the off-season.
9.00 **Fight Night** Sergio Garcia v Ted Cheeseman: Another chance to see the European light-middleweight title bout at London's O2 Arena from 2019.
1.00 AM **NFL: America's Game** A look back at San Francisco 49ers' 1989 Super Bowl triumph.
2.00 **World Matchplay Darts**
4.00 **to 6.00** AM **Pro Box Classics**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Fighting Fit 2020**
7.30 **Fit In 5**
8.00 **LIVE ANZ Premiership Netball Tactix v Stars.** Coverage of the match from the eighth round of fixtures, taking place at Auckland Netball Centre. Centre-pass 8.00am.
9.30 **World Club Challenge**
10.00 **S/Lge Retro**
12.00 NOON **World Cup of Darts**
3.00 PM **My Icon**
4.00 **Sporting Greats**
4.30 **School of Golf**
5.00 **Fighting Fit 2020**
5.30 **Fit In 5**
6.00 **ANZ Premiership Netball** A re-run of Tactix v Stars.
7.30 **S/Lge Retro** London Broncos v Canberra Raiders from 1997.
9.30 **World Club Challenge** Wigan Warriors v Sydney Roosters.
9.45 **World Club Challenge** Melbourne Storm v Leeds Rhinos.
10.00 **World Cup of Darts** Republic of Ireland v Netherlands in the 2019 second semi-final from Hamburg.
12.00 M'T **World Club Challenge**
1.00 AM **S/Lge Retro**
3.00 **to 6.00** AM **World Cup of Darts**

BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **Pardon the Interruption**
7.00 **ESPN SportsCenter**
7.15 **MLB: Caps Off**
7.30 **College Football Classics**
10.15 **MLB: Diamondbacks @ Rangers**
1.15 PM **ESPN FC** Football news.
1.45 **Pardon the Interruption**
2.15 **ESPN SportsCenter**
2.30 **In Depth with Graham...**
3.00 **MLB: Dodgers @ Astros**
6.00 **MLB Classic**
6.30 **Pardon the Interruption**
7.00 **MLB: Phillies @ Yankees**
10.00 **MLB: Caps Off**
10.15 **ESPN SportsCenter**
10.30 **In Depth with Graham...**
11.00 **NHRA Drag Racing Highlights**
12.00 M'T **LIVE MLB Atlanta Braves v Tampa Bay Rays.** From Truist Park. Start-time 12.10am.
3.00 AM **MLB Classic**
3.30 **College Basketball Classics**
5.00 **MLB Classic: All-Star 1970**
5.30 **to 6.00** AM **In Depth with...**

Eurosport 1

410 410 864 | 521 | 412 435

6.00 AM **Cycling: Paris-Roubaix**
7.00 **Norwegian Football**
8.00 **Snooker: World Champs Final 2011** Judd Trump v John Higgins.
10.00 **Snooker: World Champs Final 2012** Carter v O'Sullivan.
12.00 NOON **Snooker: World Champs Final 2013** O'Sullivan v Hawkins.
2.00 PM **Snooker: World Champs Final 2014** O'Sullivan v Selby.
4.00 **Snooker: World Champs Final 2016** Mark Selby v Ding Junhui.
6.00 **Snooker: World Champs Final 2017** Mark Selby v John Higgins.
8.00 **Snooker: World Champs Final 2018** Higgins v Williams.
10.00 **Snooker: World Champs Final 2019** Trump v Higgins.
12.00 M'T **European Rally Champs**
12.30 AM **Motorsport: Electric Records**
1.00 **Olympics: Hall of Fame**
2.00 **Cycling: Tour of Flanders**
3.00 **Cycling: Strade Bianche**
4.00 **to 6.00** AM **Snooker: World Champs Final 2019**

Eurosport 2

411 411 865 | 522 | 413 436

6.30 AM **World Superbikes: Review of 2018** Season review.
8.00 **Superbikes: MotoAmerica**
9.00 **Speedway: European Champs**
10.00 **World Superbikes** Triple bill.
1.00 PM **Speedway: European Champs** From Torun, Poland.
2.00 **World Superbikes: Donington**
3.00 **Superbikes: MotoAmerica**
4.00 **World Superbikes: Monza**
4.30 **Best of Bikes** Double bill.
4.55 **LIVE Norwegian Football Stabaek v Bodo/Glimt.** From Nadderud Stadion. Kick-off 4.55pm.
6.55 **Best of Bikes – Brands Hatch**
7.25 **LIVE Norwegian Football Rosenborg v Viking FK.** From Lerkendal Stadion. Kick-off 7.25pm.
9.25 **World Superbikes** Triple bill.
12.25 AM **World Superbikes: Review of 2018** Season review.
1.55 **Best of Bikes** Classic action.
2.00 **World Superbikes**
2.30 **Superbikes Vodcast**
4.30 **to 6.30** AM **World Superbikes**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Wildfly Fishing**
6.30 **Super League Gold**
7.00 **Super Rugby Classics**
8.00 **LIVE ANZ Premiership Netball Tactix v Stars.**
9.30 **Head To Head Quiz: Rugby v Cricket**
10.15 **Rugby Union Retro**
10.45 **Super League Gold**
10.50 **LIVE NRL St George Illawarra Dragons v South Sydney Rabbitohs.** Kick-off 10.50am.
12.45 PM **Super League Gold**
1.00 **NBA Heatcheck**
2.00 **NBA Classic Games**
3.00 **Wildfly Fishing**
3.30 **Super League Super 8s**
4.00 **Netball World Cup**
8.30 **Super Rugby** Blues v Chiefs.
10.30 **NBA Heatcheck**
11.30 **LIVE NBA New Orleans Pelicans v Utah Jazz.**
2.00 AM **LIVE NBA Los Angeles Lakers v Los Angeles Clippers.**
4.30 **to 6.00** AM **NBA Champions**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **British F1 Grand Prix 2019**
12.55 PM **Alfa Romeo 1950**
1.00 **Hungarian F1 Grand Prix**
3.15 **Classic British GP's**
5.00 **Johnny & Damon Relive '95**
5.25 **Alfa Romeo 1950**
5.30 **British F1 Grand Prix 2019**
6.30 **Box Box Box: Red Bull's First Win** With Christian Horner.
7.00 **Hungarian F1 GP Highlights** Action from the Hungarian Grand Prix at the Hungaroring.
8.00 **F1 Drivers Press Conference** The drivers face the media ahead of the British Grand Prix.
9.00 **F1 Classic Races** A look back at the 2003 British Grand Prix.
10.40 **Brazilian Grand Prix Watchalong** A look back at the 2008 Brazilian Grand Prix.
12.00 M'T **British F1 Grand Prix 2019 Hlts** Action from the 2019 British Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Friday

31 July

Evening Planner

Action comedy

Charlie's Angels
Sky Premiere HD, 12.30pm & 8pm
Ella Balinska, Naomi Scott and Kristen Stewart are the new trio of crime-fighters, taking on a dangerous tech firm

Awards

BAFTA TV Awards
BBC1 HD, 7pm
Richard Ayoade hosts a social distance event, as the winners collect online, with *Chernobyl* and *The Crown* the favourites

OnDemand

Disney+

Muppets Now
Available today
Kermit goes all out to deliver streaming episodes of the show, in an improvised comedy with celebrity turns

OnDemand

NETFLIX

The Umbrella Academy
Available today
Series two finds the siblings in 1960s Texas and Ellen Page's Vanya with no memory

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 BAFTA TV Awards			8.30 Jack...	9.00 Peter Kay's...	9.30 The Young...	10.00 News	
102 BBC2	7.00 Snooker: The World Championship – Live		8.00 Gardeners' World		9.00 Miriam Margolyes: Almost Australian		10.00 I Love 1984	10.30 State of the...
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Vera				10.00 News	
104 CHANNEL 4	7.00 News		8.00 Travel Man's Greatest Trips: Out and...		9.00 8 Out of 10 Cats Does Countdown		10.00 Film: The Heat	
105 CHANNEL 5	7.00 The Gadget Show		8.00 Celeb 5 Go Caravanning: Back on the...		9.00 QE2: The World's Most Luxurious Hotel		10.00 Film: Bridget Jones's Diary	
106 SKY ONE	7.00 The Simpsons		8.00 Modern Family		9.00 Cricket's Funniest Moments		10.00 Micky Flanagan's Out Out Tour	
ENTERTAINMENT								
116 BBC4	7.00 Gershwin's Summertime: The Song...		8.00 Top of the Pops: 1989		9.00 Gospel According to Mica – The Story...		10.00 The Last Pirates: Britain's Rebel DJs	
118 ITV2	7.00 You've Been Framed! Gold: Top 100...		8.00 Superstore		9.00 Film: Pitch Perfect			
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 Code 37: Sex Crimes			10.15 24 Hours in A&E
135 E4	7.00 Hollyoaks@25	7.30 Married at First Sight Australia		8.35 The Big...	9.00 Gogglebox			
107 SKY WITNESS	7.00 Paramedics Australia		8.00 Ghost Whisperer		9.00 Criminal Minds		10.00 CSI	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Chernobyl			10.10 The Plot Against America
110 GOLD		7.20 Dad's Army		8.40 Fawlty Towers		9.25 Gavin & Stacey	10.00 Not Going Out	10.40 Live at...
111 DAVE	7.00 Richard Osman's...	7.40 Would I Lie to You?...		8.20 Would I Lie to You?	9.00 Live at the Apollo		10.00 Mock the Week	
119 ITV3	7.00 Downton Abbey		8.00 Doc Martin				10.00 Law & Order: UK	
120 ITV4	◂ 5.00 2012 Champions League Final Revisited				9.00 Film: Windtalkers			
112 COMEDY CENTRAL	7.00 Film: My Super Ex-Girlfriend				9.00 Film: The Longest Yard			
152 SYFY	7.00 Marvel's Runaways		8.00 Project Blue Book		9.00 The Leftovers			
109 W	7.05 Masterchef USA Celebrity Showdown				9.00 The Shift: Women on the Force		10.00 Gavin & Stacey	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Veep			10.15 Girls
124 FOX	7.00 NCIS		8.00 NCIS: New Orleans				10.00 NCIS	
122 SKY ARTS	7.00 Queen Rock Montreal				9.00 Roger Waters: The Wall			
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Mighty Ships		9.00 The Alaska Triangle		10.00 Expedition Unknown	
162 ANIMAL PLANET	7.00 Animal Cops Houston		8.00 Pit Bulls & Parolees		9.00 Alaska: The Last Frontier		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Battleground Brothers		9.00 Alaska State Troopers		10.00 No Man Left Behind	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Salvage Kings		9.00 Secret Wars Uncovered		10.00 Hitler's War	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Wonders of the Solar System		9.00 Abandoned Engineering		10.00 WW2 – Battles for Europe	
166 EDEN	7.00 Wild Africa		8.00 Wild North		9.00 The Zoo	9.30 Jungle Planet	10.00 Natural World	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.15 The Angry Birds Movie 2		8.00 Charlie's Angels				10.00 Good Boys	
303 HITS		7.15 Dora and the Lost City of Gold			9.00 Fast & Furious Presents Hobbs & Shaw			
304 GREATS	◂ 6.00 Men in Black 3		8.00 Rise of the Planet of the Apes				10.00 Snatch	
307 DISNEY	7.00 Toy Story 4			8.45 Pocahontas				10.20 Pocahontas II: Journey...
306 FAMILY	◂ 6.00 Bean	7.45 Mr Bean's Holiday				9.30 Zathura – A Space Adventure		
308 ACTION	◂ 6.05 The Incredible Hulk		8.00 The Matrix					10.20 The Matrix Reloaded
309 COMEDY	◂ 6.20 Family		8.00 Good Boys			9.45 Drunk Parents		
310 THRILLER	◂ 5.25 Killerman	7.25 Disturbing the Peace			9.00 Argo			
311 DRAMA	◂ 6.00 The Twilight Saga: Breaking Dawn...		8.00 Downton Abbey					10.10 Beats
312 SCI-FI	7.00 Thor				9.00 A.I. Artificial Intelligence			
302 HARRY POTTER	7.00 Harry Potter and the Order of the Phoenix					9.20 Harry Potter and the Half-Blood Prince		
313 FILM4	◂ 6.25 Star Trek Into Darkness				9.00 Star Trek Beyond			
315 TCM MOVIES	◂ 6.35 Advance to the Rear			8.35 TCM Shorts...	9.00 The Fog			
SPORT								
401 MAIN EVENT	7.00 World Golf Championships – Live: Day two of the Fedex St Jude Invitational at TPC Southwind in Memphis, Tennessee							
402 PREMIER LEAGUE	7.00 PL World	7.30 PL Greatest...	8.00 Gary Neville's Soccerbox		9.00 PL Retro			
403 FOOTBALL	7.00 Retro C'Ship 19				9.00 Championship Season Review 18/19		10.00 SPFL Greatest Games	
404 CRICKET	7.00 The Cricket Lockdown Vodcast		8.00 One-Day International Cricket		9.00 Best of Sky Cricket Vodcast		10.00 One-Day International Cricket	
413 BT SPORT 1	7.00 BT Sport Fight Night – Live: Boxing action							
414 BT SPORT 2	◂ 6.00 Hyundai...	7.30 French League Cup – Live: Paris Saint-Germain v Lyon: From Stade de France (Kick-off 7.45)					10.00 WWE NXT UK	

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Friday

BBC1

101 101/115 801 101 108 1 101 101 101/106

6.00 AM **Breakfast** (S)
9.00 **BBC News** (S)
10.00 **Murder, Mystery and My Family** New edition 5/10. A farm labourer charged with the murder of a watch repairman in 1880. (S)(AD)
10.45 **Homes Under the Hammer** (S)(R)
11.45 **Close Calls: On Camera** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Heights** New episode 5/30. Renee considers her family, and Sabine is texted by her ex. (S2) (S)
2.15 **Impossible** Game show. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Home Is Where the Art Is** (S)(R)
4.30 **Antiques Road Trip** (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.30 Jack Whitehall's Sporting...

7 PM

7.00 **NEW BAFTA TV Awards** Richard Ayoade hosts the annual ceremony celebrating the best of both British and international talent in front of and behind the camera, which was postponed from its usual mid-May slot by COVID-19. Nominees include Mo Gilligan, Pheobe Waller-Bridge, Jodie Comer, Guz Khan and Stephen Graham. *See feature, page 8.* (S)

8 PM

8.30 **Jack Whitehall's Sporting Nation** New edition 4/6. How class is woven into the DNA of British sports moments. (S)

9 PM

9.00 **Peter Kay's Car Share – The Finale** Last episode of the comedy starring Peter Kay. (S)(R)(AD)
9.30 **The Young Offenders** New episode 2/6. Sergeant Healy corners the lads. (S3) (S)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **FILM Poltergeist** Horror drama co-written and produced by Steven Spielberg, about a California suburban family beset by malevolent spirits. Stars Craig T Nelson, JoBeth Williams and Heather O'Rourke. (S) (1982, 15, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 102 102 2 102 102 102/106

6.05 AM **Pointless** Quiz show. (S)(R)
6.50 **Murder, Mystery and My Family** 4/10. An 1884 murder. (S)(R)(AD)
7.35 **Meerkat Manor** (S)(R)(AD)
8.00 **Sign Zone: The Pembrokeshire Coast: A Wild Year** (S)(R)(AD)
9.00 **Lost Land of the Jaguar** (S)(R)(AD)
10.00 **LIVE Snooker: The World Championship** First-round coverage as the tournament gets under way on day one at the Crucible Theatre in Sheffield. *See feature, page 28.* (S)
12.00 NOON **BBC News** (S)
1.00 PM **LIVE Snooker: The World Championship** First-round coverage continues at the Crucible Theatre in Sheffield. (S)
6.00 **Eggheads** Quiz show. (S)(R)
6.35 **Meerkat Manor** 5/13. The family shelter in a rival group's den. (S)(R)

9.00 Miriam Margolyes: Almost...

7 PM

7.00 **LIVE Snooker: The World Championship** The evening session gets under way at the Crucible Theatre in Sheffield, where defending champion Judd Trump aims to try to book his place in the second round. (S)

8 PM

8.00 **Gardeners' World** New edition Monty Don refreshes a container of overgrown herbs, while Arit Anderson meets a designer who is placing sustainability and the environment at the heart of the gardens she designs. (S)

9 PM

9.00 **Miriam Margolyes: Almost Australian** New edition 2/3. Miriam is intrigued by the Australian concept of 'mateship' and how Australia is the only country in the world to enshrine this in its culture. (S)(AD)

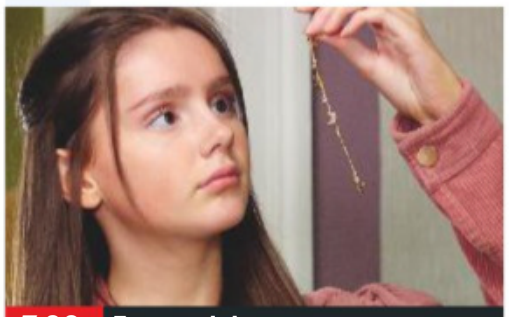
10 PM

10.00 **I Love 1984** Holly Johnson takes a look back at the year. (S)(R)
10.30 **State of the Union** 4/10. Tom tries talking Louise into helping him. (S1) (S)(R)(AD)
10.45 **Newsnight** (S)
11.15 **Weather** (S)
11.20 **Snooker: The World Championship** Highlights of the evening session on day one at the Crucible Theatre in Sheffield. (S)
12.10 AM **Snooker: World Championship Extra** Extended action from the opening day. (S)
2.10 **Sign Zone: China's Coronavirus Cover-Up – Panorama** (S)(R)
2.40 **Sign Zone: The Rise of the Murdoch Dynasty** (S)(R)(AD)
3.40 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 103 103/113 3 103 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.00 **ITV News** (S)
1.20 **Local News** (S)
1.30 **LIVE ITV Racing: Glorious Goodwood** Ed Chamberlin and Francesca Cumani host coverage of day four of the meeting, including the 3.15 King George Stakes, and supporting races at 1.45, 2.15, 2.45 and 3.45. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)


7.00 Emmerdale

7 PM

7.00 **Emmerdale** Charity and Sarah overhear something. (S)(AD)
7.30 **Coronation Street** As Gary fights for his life, Adam senses Sarah is lying about the showdown with her ex. (S)(AD)

8 PM

8.00 **Vera** *Dark Road:* A body is discovered on the Northumberland moors, and identified as a woman who made a distressed 999 call on the night of her death – suggesting she may have been abducted by someone she knew. Vera takes on the case, and discovers the victim was a controversial figure in her home town, who had a complicated relationship with her family and a number of well-hidden secrets. (S)(R)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Sherlock Holmes: A Game of Shadows** Guy Ritchie's action adventure sequel starring Robert Downey Jr and Jude Law. Sherlock Holmes and Dr Watson strive to thwart Professor Moriarty, the evil genius behind a wave of bombings and assassinations across Europe. With Noomi Rapace. (S)(AD) (2011, 12, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM **Ideal World**
3.00 **1000 Heartbeats** Quiz show hosted by Vernon Kay. (S)(SL)(R)
3.50 **to 6.00** AM **Nightscreen**

+1 hour 203 114 33 112

CHANNEL 4

104 104/138 804 104 104/141 4 104 104

6.25 AM **Cheers** 16-18/26. (S10) (S)(R)
7.40 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 5&6/24. (S5) (S)(R)(AD)
10.05 **The Big Bang Theory** (S)(R)(AD)
10.55 **LIVE Formula 1 British Grand Prix Practice 1** Lee McKenzie presents coverage from the fourth round of the season at Silverstone. (S)
12.35 PM **News** (S)
12.40 **Couples Come Dine with Me**(R)
1.40 **A Place in the Sun** (S)(R)
2.05 **Countdown: Champion of Champions** Game show. (S)(R)
2.55 **LIVE Formula 1 British Grand Prix Practice 2** Further coverage from Silverstone. (S)
4.35 **A Place in the Sun** (S)(R)
5.00 **Four in a Bed** (S)(R)
5.30 **Come Dine with Me** (S)(R)
6.00 **The Simpsons** Double bill of the animated comedy. (S)(R)(AD)

8.00 Travel Man's Greatest Trips...

7 PM

7.00 **News** (S)

8 PM

8.00 **NEW SERIES Travel Man's Greatest Trips: Out and About** Richard Ayoade raids the *Travel Man* archive to look back at his favourite trips, recalling escapades with Chris O'Dowd and Rebel Wilson. (S)(AD)

9 PM

9.00 **NEW SERIES 8 Out of 10 Cats Does Countdown** Sean Lock and Kerry Godliman take on Jon Richardson and Joe Wilkinson, while Mr Swallow – aka Nick Mohammed – joins Susie Dent in Dictionary Corner. Hosted by Jimmy Carr. (S)

10 PM

10.00 **FILM The Heat** Crime comedy starring Sandra Bullock and Melissa McCarthy. A strait-laced FBI agent and a brash Boston cop reluctantly team up to catch a drug lord. (S) (AD) (2013, 15, 145min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.25 AM **FILM Brotherhood** Drama sequel starring Noel Clarke. (S) (2016, 15, 110min) ★
2.15 **Come Dine with Me** Five editions from Cambridge. (S)(R)
4.30 **Undercover Boss Australia** A meat-processing company executive goes undercover. (S)(R)
5.20 **All Star Driving School** With singer Vanessa White. (S)(R)
5.45 **to 6.05** AM **Kirstie's Handmade Treasures** (S)(R)

+1 hour 204 142 15 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Can't Pay? We'll Take It Away!** Unpaid vet fees. (S)(R)
12.10 PM **News** (S)
12.15 **Nightmare Tenants, Slum Landlords** (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 NEW **Countdown to Murder: A Morning Show Mystery** Drama with Holly Robinson Peete. (S)
4.00 **Friends** 17&18/24. (S2) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Karl and Susan arrive home. (S)(R)(AD)
6.00 **Home and Away** Tori stops to help an unsteady John, but her car is stolen. (S)(R)(AD)
6.30 **News** (S)

9.00 QE2: The World's Most ...

7.00 **The Gadget Show** New edition 8/12. Jon Bentley takes three battery-powered lawnmowers for a round of golf on a Ryder Cup course, while Georgie Barrat rides in a state-of-the-art autonomous car. (S)

8.00 **Celeb 5 Go Caravanning: Back on the Road** New edition 2/5. Previously unseen footage from the travelogue series following Colin Baker, Sherrie Hewson, Todd Carty, Tony Blackburn, Brian Capron and Sonia. (S)

9.00 **QE2: The World's Most Luxurious Hotel** New edition 2/3. Valentine's Day sees two big events happening on board the floating hotel – a brunch for 450, followed by a romantic opera gala dinner. (S)

10.00 FILM **Bridget Jones's Diary** Romantic comedy based on the best-selling novel by Helen Fielding, starring Renée Zellweger, Colin Firth and Hugh Grant. (S) (2001, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.05 AM **Greatest Ever Movie Blunders** Elis James points out mistakes in movies. (S)(R)
1.00 **21.co.uk Live Casino Show**
3.00 **Access** Showbiz news. (S)
3.10 **The Yorkshire Vet** (S)(R)
4.00 **Police Code Zero: Officer Under Attack** (S)(R)
4.45 **Cruising with Jane McDonald** In Scotland. (S)(SL)(R)
5.35 **to 6.00** AM **House Doctor** (R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Animal 999** (S)(R)
7.00 **The Flash** 12/23. (S2) (S)(R)
8.00 **Supergirl** 15/22. (S2) (S)(R)
9.00 **The Simpsons** (S)(R)
10.00 **Brit Cops: Law & Disorder** (R)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **Brit Cops: Law & Disorder** (R)
4.00 **Modern Family** (S8) (S)(R)
5.00 **Futurama** (S)(R)(AD)
5.30 **The Simpsons** *Thirty Minutes Over Tokyo:* The family set off for a cheap break in Japan. (S)(R) **6.00** *Ice-Cream of Margie (With the Light Blue Hair)* Homer is sacked and becomes an ice-cream man. (S)(R) **6.30** *Stop or My Dog Will Shoot!* Santa's Little Helper is enrolled in the Animal Police Academy. (S)(R)

10.00 Micky Flanagan's Out Out...

7.00 **The Simpsons** *24 Minutes:* With the voice of Kiefer Sutherland. (S)(R) **7.30** *You Kent Always Say What You Want:* Homer accidentally causes the sacking of newsreader Kent Brockman. (S)(R)

8.00 **Modern Family** 17/24. Phil finds himself in an awkward situation when he meets his former high-school girlfriend. (S)(R) **8.30** 18/24. Phil and Claire help out with their children's school projects. (S1) (S)(R)

9.00 **Cricket's Funniest Moments** A selection of comical clips from international and domestic cricket. (S)(R)

10.00 **Micky Flanagan's Out Out Tour** A performance from the comedian's 2011 tour, featuring recollections of his upbringing in London's East End and observations about the class system. (S)(R)

12.00 M'T **In the Long Run** 2/6. Mama is concerned about Valentine's lifestyle. (S3) (S)(R)
12.30 AM **Rob & Romesh vs Cricket: South Africa** (S)(R)(AD)
1.30 **Road Wars** (S)(R)
2.00 **The Force: North East** (S)(R)
3.00 **Brit Cops: Law & Disorder** (R)
4.00 **Highway Patrol** (S)(R)
5.00 **Futurama** (S)(R)
5.30 **to 6.00** AM **Animal House** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
9.00-9.30pm Keepin 'er Country (S)(R) **10.45** Peter Kay's Car Share – The Finale (S)(R) **11.15** FILM Poltergeist: Horror. (S) (1982, 15, 110min) ★★★★★ **1.05-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am Bargain Hunt (S)(R)(AD) **12.30-1.00pm** Wales Today Coronavirus Update New edition (S) **8.30** Tudur's TV Flashback New edition (S) **9.00** Rhod Gilbert's Work Experience (S)(R) **9.30-10.00** Jack Whitehall's Sporting Nation New edition (S) **10.45** Peter Kay's Car Share – The Finale (S)(R) **11.15** The Young Offenders New episode (S) **11.45** FILM Poltergeist: As N. Ireland. **1.35-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
7.00pm University Challenge New edition (S) **7.30-10.00pm** LIVE Irish Cup Final (S)

WALES
Sky **971**, Freesat **971**
12.55pm Wales Today Coronavirus Update New edition (S) **1.15-6.00pm** LIVE Snooker: The World Championship (S)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Ysgol Ddawns Anti Karen **12.30pm** Datganiad Dyddiol COVID-19 New edition **1.00** Heno **1.30** Y Sioe Fwyd (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Miwsig Fy Mywyd (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Alpau Eric Jones **6.30** Garddio a Mwy **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Gêm Gartre New edition **8.25** Hwyl y Noson Lawen (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Syr Gareth Edwards yn 70 **10.00** Sgwrs Dan y Lloer **10.30-11.35pm** Ail Agor Ysgol Maesincla

TV&Satellite week
New issue on sale now

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Gershwin's Summertime: The Song That Conquered the World** How the song *Summertime* became a standard around the world.
8.00 **Top of the Pops: 1989** Performances by Kim Wilde, Aswad and Band Aid II.
9.00 NEW **Gospel According to Mica – The Story of Gospel Music in Six Songs** Soul singer Mica Paris revisits the gospel songs she sang as a child.
10.00 **The Last Pirates: Britain's Rebel DJs** Rapper Rodney P presents the story of Britain's second wave of pirate radio DJs.
11.00 **Classic Albums: Amy Winehouse – Back to Black** The 2006 album.
12.00 M'T **Radio 1 Ibiza Prom: BBC Proms Classics**
1.35 AM **I Can Go for That: The Smooth World of Yacht Rock** Soft rock.
2.35 **to 3.15** AM **The Defiant Ones**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems**
9.15 **A Place in the Sun: Winter Sun** In Florida.
10.15 **Find It, Fix It, Flog It**
12.15 PM **Escape to the Chateau: DIY**
1.15 **Building the Dream**
2.20 **Four in a Bed** Five editions.
4.55 **The Secret Life of the Zoo** Sumatran tiger Kirana faces losing her cubs.
5.55 **The Supervet**
6.55 **Escape to the Chateau: DIY** Tim and Margreeth start to research their new business idea.
7.55 **Grand Designs** Kevin McCloud visits a house that resembles a giant snake, combining natural materials with modern technology.
9.00 **Code 37: Sex Crimes** New episode *Teamwork:* Lotte Lambert contacts the police claiming that her sister Eva has been sexually harassed. Subtitled. (S3)
10.15 **24 Hours in A&E** A man is brought in with a suspected abdominal aortic aneurysm, and a 33-year-old is treated after a suicide attempt.
11.15 **24 Hours in A&E** A man with schizophrenia makes his 19th visit of the year.
12.20 AM **Ramsay's Kitchen Nightmares USA** The Burger Kitchen in LA.
1.15 **Building the Dream**
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Ellen DeGeneres Show**
8.00 **Funniest Ever You've Been Framed!**
9.00 **You've Been Framed!**
9.25 **Supermarket Sweep**
10.25 **Ellen's Game of Games**
11.20 **Dress to Impress**
12.25 PM **You've Been Framed!**
12.55 **Celebrity Catchphrase**
2.00 **Ellen DeGeneres Show**
2.55 **Ellen's Game of Games** New edition Game show.
3.50 **Supermarket Sweep**
4.55 **Dress to Impress**
6.00 **You've Been Framed!**
7.00 **You've Been Framed! Gold: Top 100 Animals**
8.00 **Superstore** 7/22. Jonah and Glenn help Amy to look like a tough boss. **8.30** 8/22. Jerry and Sandra ask Glenn to officiate their wedding. (S5)
9.00 FILM **Pitch Perfect** Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. With Skylar Astin and Rebel Wilson. (2012, 12, 112min) ★★★★
11.15 **Family Guy**
12.10 AM **American Dad!**
1.10 **The Cleveland Show**
2.05 **Superstore**
3.00 **to 3.25** AM **Totally Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **The Goldbergs**
7.00 **Couples Come Dine with Me** From Dorset.
8.00 **Don't Tell the Bride**
9.00 **Married at First Sight Australia** Reality series.
10.30 **Melissa & Joey**
11.00 **Brooklyn Nine-Nine**
12.00 NOON **Young Sheldon**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **The Goldbergs**
4.00 **Brooklyn Nine-Nine**
5.00 **Young Sheldon**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks@25** New episode Tony, Lucy, Ruth and Lewis find a way out but the danger is far from over.
7.30 **Married at First Sight Australia** New edition Nadia reflects on the pros and cons of her relationship with Anthony.
8.35 **The Big Bang Theory** 1/24. Penny struggles with Leonard's confession. (S9)
9.00 **Gogglebox** Shows reviewed include *The Stranger, Love Is Blind* and *EastEnders*. **10.00** Reviews of *EastEnders, This Morning* and *The Sex Clinic*.
11.00 **Buffy the Vampire Slayer**
1.00 AM **The Big Bang Theory**
2.00 **Gogglebox**
2.55 **8 Out of 10 Cats**
3.40 **Don't Tell the Bride**
4.35 **to 6.00** AM **Couples Come Dine with Me**

+1 hour 235 | 146 | 28 | 123

Friday primetime

Friday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

FRIDAY Entertainment

Friday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **UK Border Force**
10.00 **Blue Bloods** 21/22. (S2)
11.00 **Air Ambulance ER**
12.00 NOON **Law & Order** 17/24. A body is found in a river. (S11)
1.00 PM **Blue Bloods** 1/22. A police officer is killed during an armed robbery. (S4)
2.00 **CSI** 16/23. A clown is found murdered. (S4)
3.00 **Paramedics Australia** (S2)
4.00 **Nothing to Declare**

10.00 CSI

7 PM
7.00 **Paramedics Australia** New edition Following Australia's emergency service heroes as they battle to save lives.

8 PM
8.00 **Ghost Whisperer** *The Vanishing:* 20/22. Melinda fears her abilities are starting to fade away after suffering an injury. (S1)

9 PM
9.00 **Criminal Minds** *Dust and Bones:* 7/22. A killer in Texas is targeting prominent members of the community. (S13)

10 PM
10.00 **CSI** *Daddy's Little Girl:* 12/24. The team delve into the complex private life of a murder victim's girlfriend. (S6)
11.00 **Criminal Minds** 13/24. (S9)
12.00 M'T **Ghost Whisperer**
1.00 AM **The InBetween** (S1)
2.00 **CSI** 17/23. (S4)
3.00 **The Good Doctor** (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** Exploring Berlin.
7.00 **Fish Town**
9.00 **Elementary** 10/24. (S2)
10.00 **CSI** Triple bill. (S9)
1.00 PM **Elementary** 13/24. Sherlock and Joan delve into the criminal underworld. (S2)
2.00 **Blue Bloods** 9&10/22. (S4)
4.00 **CSI** 16/24. Nick tries to solve three murders a motel.
5.00 17/24. Langston and Riley are taken hostage.
6.00 18/24. One of Langston's former students is killed. (S9)

9.00 Chernobyl

7.00 **Blue Bloods** *Ties That Bind:* 11/22. Danny has to investigate a case involving a childhood friend. Guest stars Tom Cavanagh.
8.00 **Blue Bloods** *The Bogeyman:* 12/22. Danny begins a manhunt for the distributor of a deadly new form of heroin. (S4)
9.00 **Chernobyl** *Please Remain Calm:* 2/5. Ulana races to warn a leading Soviet nuclear physicist about the threat of a second explosion. (S1)
10.10 **The Plot Against America** *Part 5:* 5/6. Bess gives Herman an ultimatum. (S1)
11.20 **The Plot Against America** 6/6. Riots spread across the country in the lead up to election day, and Herman tries to keep his family safe. (S1)
12.50 AM **Boardwalk Empire** (S4)
3.15 **Dexter** 2/12. (S6)
4.20 **to 6.00** AM **Storm City**

+1 hour 208

GOLD

110 110 810 124 310 392

7.30 AM **Keeping Up Appearances**
8.40 **Porridge**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
12.00 NOON **Keeping Up Appearances**
12.40 PM **Fawlty Towers**
1.25 **Porridge**
2.00 **Are You Being Served?**
2.40 **Dad's Army**
4.00 **Last of the Summer Wine**
6.00 **Are You Being Served?**
6.40 **Porridge**

10.40 Live at the Apollo

7.20 **Dad's Army** Mainwaring organises a dance to boost platoon morale.
8.00 **Dad's Army** Mainwaring and the platoon are marooned on a pier.
8.40 **Fawlty Towers** The death of a guest leads to all manner of mayhem. Guest stars Geoffrey Palmer.
9.25 **Gavin & Stacey** The newlyweds argue while at the bowling alley.
10.00 **Not Going Out** Lee tries to prove his manliness by joining a camping trip to a spooky forest.
10.40 **Live at the Apollo**
11.40 **Fawlty Towers** As 8.40pm.
12.25 AM **Gavin & Stacey**
1.05 **Green Wing** 8/9. Joanna and Statham are completely overwhelmed by paranoia, and decide there's only one way to break the cycle. (S2)
2.15 **to 4.00** AM **Green Wing**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.00 **Heartbeat**
9.05 **Rising Damp**
10.05 **That's My Boy**
10.40 **Agatha Christie's Marple**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple**
5.55 **Heartbeat** *Dog Days:* PC Steve Crane is shocked to find out Peter Pyke's warehouse has gone up in smoke.

10.00 Law & Order: UK

7.00 **Downton Abbey** 4/9. Tom and Sybbie return to Downton, but the peace is disrupted by an unexpected visit. (S6)
8.00 **Doc Martin** *Mother Knows Best:* 4/8. Louisa's mother Eleanor arrives in the village and a culinary rivalry develops.
9.00 **Doc Martin** *Remember Me:* 5/8. PC Penhale is shocked by the unexpected arrival of his ex-wife Maggie. (S5)
10.00 **Law & Order: UK** *Hounded:* 2/7. Steel pushes the boundaries of the law to the limit to prosecute a rapist. (S3)
11.00 **Scott & Bailey** 1/8. Janet makes a discovery in a couple's home and Rachel starts to feel claustrophobic in her marriage. (S3)
12.00 M'T **Inspector Morse**
2.15 **to 3.25** AM **Agatha Christie's Poirot**

+1 hour 219 174 58 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **The Saint**
7.15 **Robin of Sherwood**
8.10 **Dempsey and Makepeace**
9.15 **Minder**
10.20 **The Professionals**
11.20 **The Sweeney**
12.30 PM **The Saint**
1.35 **Robin of Sherwood**
2.40 **Dempsey and Makepeace**
3.45 **Minder**
4.50 **World Cup Top Goalscorers**
5.00 **2012 Champions League Final Revisited** New edition

9.00 Windtalkers

2012 Champions League Final Revisited (started at 5.00pm)
9.00 **FILM Windtalkers** Wartime drama starring Nicolas Cage as a Marine sergeant charged with protecting a young Navajo Indian, whose native language is being used to transmit coded messages. (2002, 15, 134min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **All Elite Wrestling: Dynamite** Hard-hitting action from the world of All Elite Wrestling, featuring all of the biggest stars on the roster, including Adam Page, Chris Jericho, Cody and Jon Moxley.
1.50 **to 2.55** AM **Minder**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **This Is BBC Scotland**
7.00 PM **Sportscene Classics** Series finale A look at Scotland's medal winners at the 2016 Rio Olympics, including tennis star Andy Murray.
9.00 **The Nine**
10.00 **Still Game** 4/6. Jack and Victor enlist an old friend to help them clean up the streets. (S3)
10.30 **Mirror Mirror** New edition 9/12. Ashleigh recounts the joys of being on a gold Megabus in Glasgow, while Norrie reminisces to Lorraine about his salad days in Dundee.
11.00 **Gary: Tank Commander** 3/6. Gary and the lads are put on kitchen duty as punishment for a prank that went wrong. (S2)
11.30 PM **to 12.00** M'T **Scot Squad**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Four Weddings**
10.00 **My Kitchen Rules: US**
12.00 NOON **The Chef's Line**
1.00 PM **The Crystal Maze**
3.00 **Most Haunted US**
4.00 **Relic Hunter** 2/22. (S1)
5.00 **A Town Called Eureka**
6.00 **Stargate SG-1** (S6)
8.00 **The Flash** *Flash of Two Worlds:* 2/23. A stranger from Earth-2 arrives with an urgent warning. (S2)
9.00 **SEAL Team** *Credible Threat:* 18/22. Bravo get the near-impossible job of protecting a group of congressmen. (S1)
10.00 **The Russell Howard Hour** Topical comedy.
11.00 **Sun, Sea and A&E**
2.00 AM **Duck Quacks Don't Echo** Panel show.
3.00 **A League of Their Own**
4.00 **RSPCA Animal Rescue**
5.00 **to 6.00** AM **Four Weddings**

Pick

159 159 895 165 11 144 147

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
10.00 **Border Security: America's Front Line**
11.00 **Neighbourhood Blues**
12.00 NOON **Motorway Patrol**
1.00 PM **Road Wars**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security USA**
5.00 **Neighbourhood Blues**
6.00 **Star Trek: The Next Generation** 6/26. (S6)
7.00 **Hawaii Five-0**
8.00 **Merlin** 8/13. (S5)
9.00 **Frontline Police**
10.00 **The Force: North East**
11.00 **CSI** 22/25. (S5)
12.00 M'T **Brit Cops: Frontline Crime UK**
1.00 AM **Road Wars**
2.00 **Banged Up Abroad**
3.00 **Police Force: Australia**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Dave

111 111 127 227 19 157 19

7.10 AM **Last Stop Garage**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
12.00 NOON **Cop Car Workshop**
1.00 PM **Abandoned Engineering**
2.00 **Top Gear: Winter Blunderland**
3.00 **Rick Stein: From Venice to Istanbul**
4.00 **Top Gear**
6.00 **Taskmaster**
7.00 **Richard Osman's House of Games**
7.40 **Would I Lie to You? – The Unseen Bits**
8.20 **Would I Lie to You?**
9.00 **Live at the Apollo** With Felicity Ward.
10.00 **Mock the Week**
11.20 **Taskmaster**
12.20 AM **Mock the Week**
1.00 **Would I Lie to You? – The Unseen Bits**
1.40 **to 4.00** AM **Red Dwarf**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Bob's Burgers**
10.00 **Everybody Loves Raymond** (S4)
11.00 **The King of Queens**
12.00 NOON **My Wife and Kids** 15&16/29. (S2)
1.00 PM **Friends**
7.00 **FILM My Super Ex-Girlfriend** Fantasy comedy starring Uma Thurman. An ordinary man discovers his lover is a superhero. (2006, 12, 96min) ★★★
9.00 **FILM The Longest Yard** Comedy remake starring Adam Sandler. (2005, 12, 113min) ★★
11.15 **Kevin Hart Live: Laugh at My Pain**
12.15 AM **FILM Jackass 2.5** Comedy sequel. (2007, 18, 64min) ★
1.35 **Bob's Burgers**
2.30 **South Park**
3.50 **The Daily Show** New edition
4.15 **to 5.00** AM **Friends**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Married to Medicine**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Unboxed**
12.25 PM **Real Housewives of Beverly Hills**
1.25 **Million Dollar Listing: NYC**
2.25 **The Only Way Is Essex**
3.10 **Dallas Cowboys Cheerleaders**
4.05 **The Real Housewives of Orange County**
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
8.00 **Dinner Date** Sam from Birmingham picks three blind dates.
9.00 **Botched** An Irish model travels to the United States for larger breasts.
10.00 Medic Paul Nassif takes on a patient with a hole in her nose.
11.00 **Chrisley Knows Best**
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Murdoch Mysteries**
9.00 **Inspector George Gently**
11.00 **New Tricks**
12.00 NOON **Major Crimes** (S4)
1.00 PM **Unforgettable** (S1)
2.00 **Miss Fisher's Murder Mysteries** As 8.00pm.
3.00 **Murdoch Mysteries** 18/19. The detective's wife is shot. **4.00** 1/18. A woman is murdered at a society ball. **5.00** 2/18. Julia is lured into a blazing dress shop by an apparition of Eva Pearce. (S10)
6.00 **Major Crimes** 12/23. (S4)

9.00 Reef Break

7.00 **Unforgettable** *Day of the Jackie:* 3/13. Carrie investigates a lethal poisoning in a hotel and discovers a bug. (S2)
8.00 **Miss Fisher's Murder Mysteries** *Cocaine Blues:* 1/13. Phryne Fisher becomes embroiled in a case involving poison. (S1)
9.00 **Reef Break** New episode *The Comeback:* 8/13. Cat's former surfer-rival is at the centre of the surf competition. (S1)
10.00 **Inspector George Gently** *Gently in the Cathedral:* The detective comes up against an old adversary from London.
12.00 M'T **New Tricks** *Ghosts:* A woman with dementia turns up at a police station to report a murder – sparking a reinvestigation into the disappearance of her husband.
1.20 AM **Murdoch Mysteries**
3.10 **to 4.00** AM **Rush**

+1 hour 232 191

Syfy

152 152 892 | 138 137 | 319 375

6.00 AM **Star Trek: Voyager** (S5)
8.00 **Teleshopping**
11.00 **Stargate Atlantis** (S5)
1.00 PM **Star Trek: Voyager** 25&26/26. (S5)
3.00 **Star Trek: Deep Space Nine** 17/26. Odo falls in love. **4.00** 18/26. Quark works for an arms dealer. (S5)
5.00 **Star Trek: The Next Generation** 13/26. Picard tries to save a genetically engineered society. **6.00** 14/26. The crew suffer from amnesia. (S5)

9.00 The Leftovers

7.00 **Marvel's Runaways** *Hostile:* 10/10. The team face off with their parents, but realise they are in over their heads. (S1)
8.00 **Project Blue Book** *The Washington Merry-Go Round:* 10/10. Hynek and Quinn must uncover the truth. (S1)
9.00 **The Leftovers** *A Most Powerful Adversary:* 7/10. Jill goes on an adventure, and Laurie makes a rash decision. (S2)
10.10 **The Leftovers** *International Assassin:* 8/10. Kevin battles to rid himself of Patti, and faces an impossible choice. (S2)
11.20 **Spides** 7/8. (S1)
12.20 AM **FILM The Last Sharknado: It's About Time** Sci-fi. (2018, 15, 90min) ★★
2.10 **Star Trek: TNG**
4.00 **Marvel's Runaways**
5.00 **to 6.00** AM **Project Blue Book**

+1 hour 252 229

W

109 109 809 | 125 211 | 311 383

6.15 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Who Do You Think You Are? USA** *Modern Family* actor Julie Bowen traces her ancestry.
12.00 NOON **My Dream Home**
1.00 PM **Tipping Point**
4.00 **My Dream Home** Serial movers Lesli and Dave are ready to call Nashville home. **5.00** Leanne and Jordan are ready to move into a cozy cottage of their own.
6.00 **Tipping Point** Game show.

7.05 Masterchef USA...

7.05 **Masterchef USA Celebrity Showdown** More celebrity foodies compete, including a 'music v muscle' battle as former American football stars Ronde and Tiki Barber take on Joel and Benji Madden from Good Charlotte.
9.00 **The Shift: Women on the Force** Acting Sergeant Charlotte is called out after a stolen car chase in Huddersfield.
10.00 **Gavin & Stacey** Stacey travels from Wales to London to meet Gavin. **10.40** The couple have their first lovers' tiff.
11.20 **Gavin & Stacey**
12.00 M'T **One Born Every Minute**
1.00 AM **Amazing Hotels: Life Beyond the Lobby** Giles Coren and Monica Galetti work in Icehotel in Jukkasjarvi, Sweden.
1.50 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S2)
10.30 **30 Rock** (S7)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S2)
2.30 **Everybody Hates Chris** (S1)
3.30 **Parks and Recreation** (S2)
5.00 **30 Rock** 5/13. Liz tries to get Jenna to sway the electorate. **5.30** 6/13. Jack plans to sue Tracy after his name is used as a villain in several of his films. **6.00** 7/13. Liz and Criss try to plan a simple wedding. (S7)
6.30 **Modern Family** 13/24. (S2)

9.00 Veep

7.00 **Modern Family** 14/24. Cameron grows weary of Mitchell's PA. (S2)
7.30 **The Mindy Project** 6/21. Peter has a blind date.
8.00 **The Mindy Project** 7/21. Mindy gets a shock. **8.30** 8/21. Danny makes the mistake of reading Mindy's diary. (S3)
9.00 **Veep** 5/10. Selina and Mike work on her book. **9.35** 6/10. Things heat up for Selina as she makes a visit to Qatar. (S6)
10.15 **Girls** 5/10. Hannah has a new crisis. (S4)
10.50 **The Tonight Show Starring Jimmy Fallon** American chat show.
11.50 **Entourage** 4/12. Vince has to back out of a deal. (S4)
12.30 AM **Vice Principals** 9/9. The school year comes to a startling end. (S2)
1.10 **Girls** 1/10. Hannah enrols in a writers' workshop at the University of Iowa. (S4)
1.50 **Parks and Recreation** (S2)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S4)
9.00 **Bones** 4/22. (S1)
10.00 **Bull** 17/22. (S3)
11.00 **NCIS** 22/24. (S13)
12.00 NOON **Bones** (S1)
2.00 PM **The Mentalist** 5/22. (S5)
3.00 **NCIS** 23/24. The team continue the manhunt for a vengeful British spy. (S13)
4.00 **Bull** 18/22. (S3)
5.00 **Bones** 7/22. (S1)
6.00 **The Mentalist** 6/22. A security guard is found murdered in an upmarket neighbourhood. (S5)

9.00 NCIS: New Orleans

7.00 **NCIS** *Family First:* 24/24. Former NCIS agent Ziva is reported dead in an explosion on her farm in Israel. (S13)
8.00 **NCIS: New Orleans** *Sister City – Part Two:* 12/24. The final part of a crossover with the original *NCIS* series. (S2)
9.00 **NCIS: New Orleans** New episode *Bad Apple:* 3/20. Pride travels to New York after new DNA evidence is linked to a cold case. (S6)
10.00 **NCIS** *Loose Cannons:* 16/24. Gibbs' surgeon Dr Cyril Taft helps the team investigate a raid on a naval base. (S13)
11.00 **American Dad!** (S4)
12.00 M'T **Family Guy** (S13)
12.30 AM **Family Guy** (S13)
1.00 **American Dad!** (S4)
2.00 **Family Guy** (S13)
3.00 **American Dad!** (S4)
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South**
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart**
11.00 **Murder, She Wrote**
12.00 NOON **Due South**
1.00 PM **Hart to Hart**
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** 23/24. Colonel Flagg gets appendicitis. **7.30** 24/24. Henry bids the team farewell. (S3)
8.00 **Randall and Hopkirk (Deceased)** *Money to Burn:* 20/26. Jeff is accused of stealing some money. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H**
2.00 **Charlie's Angels**
3.00 **M*A*S*H**
3.30 **Due South**
4.15 **Sony Movie News**
4.25 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Darbar Festival 2018** 1/6. (S1)
7.00 **Royal Ballet: MacMillan – Anastasia**
9.00 **Tales of the Unexpected**
10.00 **Portrait Artist of the Year 2017**
11.00 **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Hollywood Couples**
3.00 **Portrait Artist of the Year 2017**
4.00 **Classic Albums**
5.00 **Discovering**
7.00 **Queen Rock Montreal**
9.00 **Roger Waters: The Wall** The musician performs the album in full.
11.30 **John Lennon: Live in New York**
12.45 AM **Liam Gallagher: Live in New York**
2.00 **FILM The Godfathers of Hardcore** Documentary. (2018, 18, 95min) ★★★
4.00 **The Directors**
5.00 **to 6.00** AM **Auction**

4seven

137 143 203 47 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
12.30 PM **A Place in the Sun: Winter Sun**
1.30 **Four in a Bed**
2.00 **Sun, Sea and Selling Houses**
3.00 **Frasier** 19&20/24. (S4)
4.00 **Ramsay's Kitchen Nightmares USA**
5.00 **A Place in the Sun**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Supervet**
9.00 **24 Hours in A&E** A man falls into a hole and dislocates his shoulder.
10.00 **Ramsay's 24 Hours to Hell and Back**
11.05 **8 Out of 10 Cats Does Countdown**
12.10 AM **Naked Attraction**
1.15 **Travel Man's Greatest Trips: Out and About**
2.20 **Escape to the Chateau: Make Do and Mend**
3.25 **A Place in the Sun**
4.20 **to 4.50** AM **Four in a Bed**

5USA

141 141 153 21 129

9.10 AM **Rookie Blue**
11.05 **Law & Order**
1.05 PM **Law & Order**
5.05 **NCIS: New Orleans** Four episodes of the US drama including at: **8.00** *Follow the Money:* 10/24. The team look into a pair of murders on board a yacht. (S3)
9.00 **Private Eyes** *The Grape Deception:* 5/14. Angie's college roommate calls for help when a bottle of wine is stolen. (S3)
10.00 **Law & Order: Special Victims Unit** *Misleader:* 17/22. A pregnant woman is murdered. **10.55** *Chat Room:* 18/22. A girl claims she was attacked. (S1)
11.55 **Law & Order: Special Victims Unit** (S1)
1.50 AM **Castle** 23/23. (S7)
2.50 **Law & Order** (S16)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 30 131

8.00 AM **Will & Grace**
9.10 **My Wife and Kids**
10.05 **Nightmare Tenants, Rogue Landlords**
11.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
4.00 **Police Interceptors**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Nightmare Tenants, Slum Landlords**
8.00 **The Nightmare Neighbour Next Door** A family who have generated over 600 complaints from angry neighbours.
9.00 **FILM Blade 2** Action horror sequel. (2002, 18, 117min) ★★★★
11.15 **FILM Kickboxer: Vengeance** Thriller. (2016, 18, 90min) ★★
1.15 AM **Impact Wrestling**
3.10 **Two and a Half Men**
3.55 **to 4.00** AM **Access**

+1 hour 228 186 141

Drama

143 130 20 158

7.10 AM **London's Burning**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **London's Burning**
3.20 **Peak Practice**
4.20 **Dangerfield**
5.20 **Birds of a Feather**
6.00 **Waiting for God**
6.40 **'Allo 'Allo!**
7.20 **Last of the Summer Wine** Comedy series.
8.00 **Death in Paradise** *Erupting in Murder:* 1/6. Humphrey investigates the death of a scientist studying a volcano. **9.20** *The Secret of the Flame Tree:* 2/6. A student is pushed off a cliff to her death. (S2)
10.40 **New Tricks**
12.00 M'T **Silent Witness**
2.10 AM **The Bill**
3.10 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBS Drama

147 197 67 134

9.00 AM **NCIS: Los Angeles**
11.00 **CSI: Miami** 14/25. (S4)
12.00 NOON **CSI: NY** (S2)
12.55 PM **The High Chaparral**
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *Truth Be Told:* 8/19. Allison develops the ability to tell when people are lying. (S5)
10.00 **CSI: Miami** *Skeletons:* 15/25. Horatio investigates a murder suspect he has previously been unable to convict. (S4)
11.00 **Unsolved Mysteries** Pets that saved lives and an investigation into whether a boy's suicide was actually murder.
12.00 M'T **Judge Judy**
1.00 AM **ER** 11/22. (S4)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Hoarders**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** 14/30. (S1)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 26/26. (S3)
2.05 **CSI: Miami** 12/21. (S6)
3.00 **NCIS** 6/24. (S12)
4.00 **NCIS: Los Angeles** (S3)
5.00 **The Fugitive** 15/30. (S1)
6.00 **Perry Mason**
7.05 **NCIS** 9/24. (S11)
8.00 **Walker, Texas Ranger** *Higher Power:* 1/27. (S4)
9.00 **NCIS** *Freedom:* 13/24. The team suspect a US Marine has beaten her husband to death. (S8)
10.00 **NCIS: Los Angeles** *Sans Voir – Part Two:* 24/24. The Chameleon leads the team on a wild goose chase. (S3)
11.00 **NCIS** 10/24. (S11)
12.00 M'T **CSI: Miami** (S6)
1.00 AM **NCIS** (S8&11)
3.00 **Walker, Texas Ranger**
3.55 **The Fugitive** 15/30. (S1)
4.45 **Mission: Impossible**
5.35 **to 6.00** AM **Dog Patrol**

Challenge

160 164 46 146

7.00 AM **The Chase**
10.00 **Dale's Supermarket Sweep** Game show.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
2.30 **Deal or No Deal**
4.00 **Weakest Link**
5.00 **The Cube: Celebrity Special** Former *EastEnders* star Charlie Brooks and retired rugby player Ben Cohen tackle a series of fiendishly difficult challenges for charity.
6.00 **Pointless** Quiz hosted by Alexander Armstrong.
7.00 **The Chase**
10.00 **Classic Who Wants to Be a Millionaire?** Big-prize quiz.
11.00 **Bullseye**
12.00 M'T **The Chase**
4.00 AM **Weakest Link**
5.00 **to 6.00** AM **Pointless**

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers: Inside Jokes**
7.00 **Teleshopping**
9.00 **Wipeout USA**
11.00 **Friends**
1.00 PM **Bob's Burgers**
1.25 **Two and a Half Men**
3.10 **The King of Queens**
5.00 **The Middle** (S8)
7.00 **Everybody Loves Raymond** (S4)
9.00 **Russell Howard's Good News** Highlights from the 2013 series.
10.00 **South Park**
12.00 M'T **Bob's Burgers**
1.00 AM **Most Ridiculous Friends** New edition With Katherine Ryan.
1.30 **Most Ridiculous Holidays** New edition
2.00 **Impractical Jokers: Inside Jokes**
3.00 **Russell Howard's Good News** From 2013.
3.45 **Nathan for You**
4.30 **South Park**
5.15 **to 6.00** AM **The Middle**

Sky Documentaries

114 114 814 277 353 368

6.00 AM **John McEnroe: In the Realm of Perfection**
7.45 **My Icon**
8.00 **Hollywood Couples**
9.00 **Discovering**
10.00 **The Directors**
11.00 **Harrow: A Very British School**
12.00 NOON **John Wayne: America at All Costs**
1.00 PM **Royalty Close Up**
2.00 **John McEnroe: In the...**
3.45 **Discovering**
4.45 **The Directors**
5.45 **Harrow: A Very...**
6.45 **The Fall: Decker Vs Budd** Documentary.
8.30 **America's Sporting Shame** Documentary.
9.00 **FILM Undefeated** (2011, 12, 113min) ★★★★★
11.05 **Women of Troy**
12.20 AM **FILM Ali & Cavett: The Tale of the Tapes** (2018, PG) ★★★
2.10 **Laurel Canyon**
4.00 **Discovering**
5.00 **to 6.00** AM **Josephine Baker...**

Sky Nature

130 130 893 279 385 372

6.00 AM **Mysteries of Evolution** New edition
6.30 Series finale
7.00 **Monkey Life**
8.00 **Seasons of the Wild** Series finale
9.00 **Kenya Wildlife Diaries**
10.00 **Wild Castles** New edition
11.00 **Arctic Secrets**
12.00 NOON **Africa's Wild Horizons** New edition
1.00 PM **Monkey Life**
2.00 **Seasons of the Wild**
3.00 **Kenya Wildlife Diaries**
4.00 **Wild Castles**
5.00 **Arctic Secrets**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life**
8.00 **Dogs with Extraordinary Jobs**
9.00 **Wild Crusades: The Monkey Diaries**
10.00 **Africa's Wild Horizons**
11.00 **Arctic Secrets**
12.00 M'T **Africa's Hunters**
1.00 AM **Attack and Defend**
2.00 **Dogs with...**
3.00 **to 6.00** AM **Highlights**

E!

151 151 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
8.30 **In the Room**
9.00 **Total Bellas**
10.00 **News: Daily Pop**
10.30 **Dating: No Filter**
11.00 **Keeping Up with the Kardashians**
3.00 PM **Kourtney and Kim Take Miami**
4.00 **Hollywood Medium with Tyler Henry**
5.00 **Meet the Frasers**
6.00 **Keeping Up with the Kardashians** Four editions, including at: **9.00** Khloe's mistrust of her mother's boyfriend resurfaces.
10.00 **Botched**
11.00 **Nightly Pop** New edition
11.30 **Dating: No Filter**
12.00 M'T **Hollywood Medium with Tyler Henry**
1.00 AM **Wags Miami**
2.00 **Teleshopping**
3.00 **Second Wives Club**
4.00 **to 5.00** AM **Total Divas**

Food Network

140 285 41 148

6.00 AM **Jamie Does...**
7.00 **Trisha's Southern Kitchen** New editions
8.00 **Giada Entertains**
9.00 **Val's Home Cooking**
10.00 **Girl Meets Farm**
12.00 NOON **Jamie Does...**
1.00 PM **Jamie Does Athens**
2.00 **Martin: Delicious**
3.00 **River Cottage**
4.00 **Burgers, Brew & 'Que** New editions
5.00 **The Pioneer Woman: Summer Summer Summer** New edition
5.30 **The Pioneer Woman: Home Sweet Home** New edition
6.00 **Kerridge Barbecues**
7.00 **Rick's Food Heroes**
8.00 **River Cottage**
9.00 **United Cakes of...**
10.00 **Bikers' Best of British**
11.00 **Mystery Diners**
12.00 M'T **Man v Food**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Flipping Virgins**
7.50 **Storage Wars**
8.45 **Bring It!**
9.45 **Dance Moms**
10.45 **19 Kids & Outnumbered: Bringing Up Bates**
11.45 **Police Patrol**
1.10 PM **Pawn Stars**
2.05 **Storage Wars**
3.05 **Hardcore Pawn**
4.00 **Bring It!**
5.00 **Property Virgins** New editions Double bill.
6.00 **Flipping Virgins**
7.00 **Dance Moms**
8.00 **19 Kids & Outnumbered: Bringing Up Bates** New editions
9.00 **FILM Sinister Minister** Thriller. (2017, 12) ★★
10.45 **Storage Wars**
11.35 **Hardcore Pawn**
12.30 AM **Pawn Stars**
1.20 **Police Patrol**
1.45 **Flipping Virgins**
2.40 **Hardcore Pawn**
3.30 **to 4.00** AM **Police Patrol**

Paramount Network

150 187 150 31 132

9.00 AM **Criminals: Caught on Camera**
9.30 **The A-Team** (S4)
10.30 **FILM The Hallelujah Trail** Comedy. (1965, U, 167min) ★★★
1.25 PM **FILM McLintock!** Comic Western. (1963, U, 127min) ★★★
4.00 **Knight Rider** (S2)
6.00 **Traffic Cops: Under Attack**
7.00 **Police Interceptors**
8.00 **Traffic Cops: Criminal Crackdown**
9.00 **Traffic Cops**
10.00 **World's Toughest Prisons** In Bulgaria.
11.00 **Sewermen**
1.00 AM **FILM Miami Magma** Sci-fi. (2011, 15) ★★
2.50 **FILM Mega Storm: Days of Destruction** Sci-fi. (2011, PG) ★★
4.25 **The X-Files** (S8)
5.10 **to 6.00** AM **Caught on Camera: Funniest Moments**

Sky Crime

121 121 819 136 135

6.00 AM **Road Wars**
7.00 **Highway Patrol**
8.00 **Nothing to Declare**
9.00 **Send in the Dogs**
10.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Killer Families**
2.00 **How I Caught the Killer**
3.00 **Nothing to Declare**
4.00 **Road Wars**
5.00 **Brit Cops**
6.00 **Murder of Ashley Fallis**
7.00 **Snapped**
8.00 **Killer Families**
9.00 **The Murder of Amber Belken** New edition
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **World's Most Evil**
1.00 AM **A Wedding and a Murder**
2.00 **Snapped**
3.00 **Killer Families**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A retired police officer is found murdered. **7.30** A small blood sample helps a police investigation.
8.00 **Something's Killing Me** A dog's genetic code can help provide a cure for a child's disorder.
9.00 **It Takes a Killer** The case of a woman who appeared to die from an accidental fall. **9.30** A street preacher and his teenage protégé run an Internet scam.
10.00 **Mind of a Murderer**
11.00 **Murderers and Their Mothers**
12.00 M'T **48 Hours: Mystery**
1.00 AM **It Takes a Killer**
2.00 **Mind of a Murderer**
3.00 **City in Fear**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Countryside 999**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** In Cumbria.
9.00 **A Place in the Sun: Winter Sun**
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Homes Under the Hammer** As 8.00am.
2.00 **Escape to the Country**
3.00 **Countryside 999**
4.00 **Animal Cops Houston**
5.00 **Animal Cops Phoenix**
6.00 **Antiques Road Trip**
9.00 **Ghost Adventures** New edition A dark ritual at a building in Salt Lake City.
10.00 **NEW SERIES Ghost Bait** Double bill.
11.00 **Help! My House Is Haunted**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 5.00** AM **Antiques Road Trip**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Auction Hunters**
8.00 **Curse of Oak Island**
9.00 **Conspiracy Files: Unsealed** Double bill.
10.00 **Ancient Aliens**
11.00 **Air Emergency**
12.00 NOON **Storage Wars: Texas** Double bill.
1.00 PM **Pawn Stars**
2.00 **Hardcore Pawn**
3.00 **Curse of Oak Island**
4.00 **Alien Files: Unsealed**
5.00 **Ancient Aliens**
6.00 **Auction Hunters**
7.00 **Storage Wars: Texas**
8.00 **American Pickers**
9.00 **Air Crash: Disasters Uncovered**
10.00 **Storage Wars**
11.00 **Auction Hunters**
12.00 M'T **Hardcore Pawn**
1.00 AM **Pawn Stars**
2.00 **American Pickers**
3.00 **Wicked Tuna**
4.00 **Mountain Men**
5.00 **to 6.00** AM **Storage Wars: Texas**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes... Randy Knows Best**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes... Ireland**
11.30 **Say Yes to the Dress**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress** New editions
9.00 **Say Yes to the Dress: Lancashire**
10.00 **Cake Boss**
11.00 **Dr Pimple Popper**
12.00 M'T **Say Yes to the Dress** Double bill.
1.00 AM **Say Yes to the Dress: Lancashire**
2.00 **Cake Boss**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

5SELECT

153 152 54 133

9.10 AM **FILM He Knows Your Every Move** Thriller starring Rosalie McIntire. (2018, PG, 86min) ★★
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **The Dog Rescuers with Alan Davies**
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **Walking Britain's Roman Roads**
9.00 **World War II in Colour** The effectiveness of the German blitzkrieg.
10.05 **FILM Cold Mountain** Romantic epic with Jude Law, Nicole Kidman and Renée Zellweger. (2003, 15, 152min) ★★★
1.00 AM **The Dog Rescuers with Alan Davies**
3.00 **Conspiracy: The Lockerbie Plot**
3.50 **to 4.00** AM **Access**

Quest

144 144 831 169 12 114 172

6.00 AM **Made by Destruction**
7.00 **EFL on Quest**
8.00 **Aussie Gold Hunters**
9.00 **Outback Truckers**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Goblin Works...**
1.00 PM **Aussie Gold Hunters**
2.00 **Deadliest Catch**
3.00 **American Pickers**
4.00 **Salvage Hunters**
5.00 **Outback Truckers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Hunting Hitler**
10.00 **Mummies Unwrapped**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **American Pickers**
2.00 **American Chopper**
3.00 **Desert Car Kings**
4.00 **Cruise Ship Disaster: Inside the Concordia**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 72 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress: Atlanta**
7.00 **French Collection**
8.00 **Posh Pawnbrokers**
9.00 **Animal Cops Phoenix**
11.00 **Forensic Detectives**
1.00 PM **Disappeared**
3.00 **True Crime with Aphrodite Jones**
4.00 **Say Yes to the Dress**
5.00 **Say Yes to the Dress: Randy Knows Best**
7.00 **Long Lost Family US**
8.00 **My 600lb Life**
9.00 **Nurses Who Kill**
10.00 **Dr G: Medical Examiner**
11.00 **FBI Case Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress: Bridesmaids**

+1 hour 249 78 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Richard Hammond's Big**
8.00 **Insane Pools: Off the Deep End** A pool at a bird sanctuary.
9.00 **Alaska: The Last Frontier**
10.00 **Homestead Rescue**
11.00 **Wheeler Dealers**
12.00 NOON **Iron Resurrection**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud**

9.00 **The Alaska Triangle**

7.00 **Outback Truckers** Husband-and-wife team Nick and Jo face tough driving conditions with volatile cargo.

8.00 **Mighty Ships** The crew of a drilling vessel that is carrying out the tough task of digging an oil well in the Gulf of Mexico.

9.00 **The Alaska Triangle** New edition Bigfoot hunters investigate a string of disappearances and mutilations in Alaska.

10.00 **Expedition Unknown** New edition Josh Gates investigates unsolved stories across the globe.

11.00 **Homestead Rescue**
12.00 M'T **The Alaska Triangle**
1.00 AM **Expedition Unknown**
2.00 **Deadliest Catch**
3.00 **The Alaska Triangle**
3.50 **Kindig Customs**
4.40 **Iron Resurrection**
5.30 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 836 251 325 378

6.00 AM **Animal Cops Detroit**
7.00 **Miami Animal Police**
8.00 **Pit Bulls & Parolees**
10.00 **Amanda to the Rescue**
12.00 NOON **Alien Sharks: Stranger Fins**
1.00 PM **My Cat from Hell**
2.00 **How Do Animals Do That**
2.30 **Dogs 101: New Tricks**
3.00 **Miami Animal Police**
4.00 **The Vet Life**
5.00 **The Zoo**
6.00 **Bondi Vet** Chris heads to Abu Dhabi after a special invitation.

7.00 **Animal Cops Houston**

7.00 **Animal Cops Houston** SPCA's investigators are called to an affluent suburb in the Houston area to rescue horses.

8.00 **Pit Bulls & Parolees** Tia rescues a dog hit by a car, but it is touch and go whether she can save him before it is too late.

9.00 **Alaska: The Last Frontier** Atz Sr and his sons build a bridge across a river before the spring thaw floods the area.

10.00 **Animal Cops Houston** A man is caught on camera abusing a dog, and a horse needs help after collapsing.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **How Do Animals Do That**
2.00 **Alaska: The Last Frontier**
3.00 **Animal Cops Houston**
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Supercar Megabuild**
9.00 **Megafactories**
10.00 **Strippers: Cars for Cash**
11.00 **Air Crash Investigation**
1.00 PM **WW2: Hell Under the Sea** How two British submarines accidentally targeted each other.
2.00 **Nazi Megastructures**
3.00 **Drain the Oceans**
4.00 **Car S.O.S** Double bill.
6.00 **Drain the Oceans: Villains of the Underworld** Examining sunken remains associated with criminals.

9.00 **Alaska State Troopers**

7.00 **Air Crash Investigation** Investigation into the 1979 crash of American Airlines Flight 191, which killed 271 people.

8.00 **Battleground Brothers** A squadron set out to destroy an enemy stronghold in the Helmand Province.

9.00 **Alaska State Troopers** An armed and wanted man has the team racing through Fairbanks' frozen back country.

10.00 **No Man Left Behind** SAS commando Chris Ryan tells of how he had to race across the desert to evade Iraqi forces.

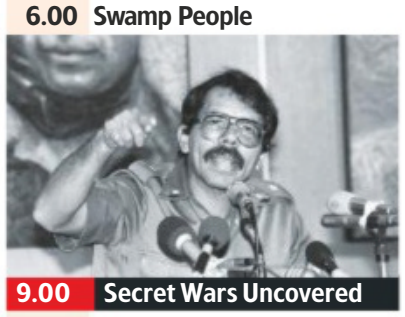
11.00 **Air Crash Investigation** A plane is found in a mountain range far from its flight path.
12.00 M'T **Air Crash Investigation**
1.00 AM **Airport Security: Peru**
2.00 **Ultimate Airport Dubai**
3.00 **Car S.O.S**
4.00 **to 5.00** AM **Europe from Above**

+1 hour 229 267

Sky History

123 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Salvage Kings**
11.00 **Ancient Aliens**
12.00 NOON **Curse of Skinwalker Ranch**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
4.00 **Storage Wars**
5.00 **Pawn Stars** Rick heads to Boston in order to check out an iconic warship.
6.00 **Swamp People**



9.00 **Secret Wars Uncovered**

7.00 **Forged in Fire** The contestants make knives from old toys and recreate an iconic American blade.

8.00 **Salvage Kings** Ted has to race to save vintage paraphernalia before a classic ten-pin bowling alley is torn down.

9.00 **Secret Wars Uncovered** New edition Revealing the shocking facts behind battles that were fought covertly.

10.00 **Hitler's War** The role of U-boats in World War Two, featuring expert analysis, first-person accounts and footage.

11.00 **Pawn Stars**
12.00 M'T **Lost Gold of WWII** Exploration is put on hold after an explosive find.
1.00 AM **Salvage Kings**
2.00 **Curse of Skinwalker Ranch**
3.00 **Forged in Fire**
4.00 **Swamp People**
5.00 **to 6.00** AM **Storage Wars**

+1 hour 223 271

Yesterday

155 129 25 159

6.00 AM **Shakespeare – Legacy**
7.10 **Abandoned Engineering**
8.00 **Forbidden History**
9.00 **Inside Hitler's Killing Machine**
10.00 **Antiques Roadshow**
11.00 **Abandoned Engineering**
12.00 NOON **Great British Railway Journeys** Double bill.
1.00 PM **Antiques Roadshow**
2.00 **Natural Curiosities**
3.00 **Extreme Railway Journeys**
4.00 **Abandoned Engineering**
5.00 **Narrow Escapes of WW2**
6.00 **Secrets of the Third Reich**

6.00 **Secrets of the Third Reich**

7.00 **Great British Railway Journeys** An old recycling industry in Batley. **7.30** Michael Portillo visits Melton Mowbray.

8.00 **Wonders of the Solar System** A comparison between Earth and Mars, which have many features in common.

9.00 **Abandoned Engineering** A complex of buildings near Hadrian's Wall that were built to keep Northern hoards at bay.

10.00 **WW2 – Battles for Europe** The British and Canadians who fought elite German divisions to capture the city of Caen.

11.00 **Abandoned Engineering** The world's most impressive disused railway bridges.
12.00 M'T **Secrets of the Third Reich: The Nazi Gold Train** The search for a missing train containing Nazi treasure.
1.00 **to 3.00** AM **Jackie Stewart: The Flying Scot**

+1 hour 255 200 75

7 PM **8 PM** **9 PM** **10 PM**

Disc. History

171 257

6.00 AM **Wildest Indochina**
7.00 **Secrets Underground**
8.00 **Combat Dealers**
10.00 **Deadliest Tech**
11.00 **Secrets Underground**
12.00 NOON **Blowing Up History**
1.00 PM **Expedition Unknown**
2.00 **Mysteries at the Museum**
3.00 **Combat Dealers**
5.00 **Deadliest Tech**
6.00 **Blowing Up History**
7.00 **Mysteries at the Museum** A painting at the centre of an art world scandal.
8.00 **Expedition Unknown** Double bill of editions.
10.00 **American Titans**
12.00 M'T **Capturing Oswald**
1.00 AM **Expedition Unknown**
3.00 **American Titans**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
9.30 **Jungle Planet**
10.00 **Natural World**
11.00 **Life in the Undergrowth**
12.00 NOON **Natural Curiosities**
1.00 PM **Wild Africa**
2.00 **Wild North**
3.00 **The Zoo**
3.30 **Jungle Planet**
4.00 **Natural World**
5.00 **Life in the...**
6.00 **Natural Curiosities**
7.00 **Wild Africa**
8.00 **Wild North**
9.00 **The Zoo**
9.30 **Jungle Planet**
10.00 **Natural World**
11.00 **Life in the...**
12.00 M'T **Natural Curiosities**
1.00 AM **Wild Africa**
2.00 **Wild North**
3.00 **The Zoo**
3.25 **Jungle Planet**
3.50 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Fish My City**
12.00 NOON **Stranger Than Nature: Unhinged**
1.00 PM **Born in Africa**
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **The Hidden Kingdoms of China** The first year of a baby golden snub-nosed monkey living in the seasonal forests of Central China.
8.00 **When Sharks Attack** A string of shark attacks in Hawaii. **9.00** How the Egyptian resort of Sharm El Sheikh suffered five shark attacks in a week.
10.00 **Alaska Animal Rescue** The wolf pack are plagued by a series of unexplained injuries.
11.00 **Monster Fish**
12.00 M'T **Animals Gone Wild**
2.00 **to 5.00** AM **Born in Africa**

Sky History 2

163 163 894 272 330 390

8.00 AM **Doomsday: Ways the World Will End**
9.00 **Soviet Storm: WWII in the East**
10.00 **WW2 Treasure Hunters**
11.00 **Life After People**
12.00 NOON **Ancient Aliens**
2.00 PM **Lock 'n' Load**
3.00 **Where Did It Come From?**
4.00 **Soviet Storm: WWII in the East**
5.00 **Engineering an Empire**
6.00 **Doomsday: 10 Ways the World Will End**
7.00 **WW2 Treasure Hunters**
8.00 **Captain Cook's Pacific with Sam Neill**
9.00 **Lost Worlds** Edinburgh's grave robbers.
10.00 **The Lost Evidence**
11.00 **Dogfights**
12.00 M'T **Ancient Aliens**
2.00 AM **Lost Worlds**
3.00 **The Lost Evidence**
4.00 **to 5.00** AM **Captain Cook's Pacific with Sam Neill**

PBS America

174 273 91 155

8.00 AM **Robot Warriors**
9.05 **Exotic Invaders: Pythons in the Everglades**
10.25 **The Gene: An Intimate History** Series finale
1.00 PM **Inside the Megafire**
2.10 **Amazon Empire: The Rise and Reign of Jeff Bezos**
4.30 **Can Alzheimer's Be Stopped?**
5.35 **Distracted While Driving**
6.50 **Prosecuting Evil: The Extraordinary World of Ben Ferencz**
8.30 **The Gene: An Intimate History**
11.00 **FILM** **Mea Maxima Culpa: Silence in the House of God** Investigating paedophilia in the Catholic Church. (2012, 15) ★★★★
12.50 **to 2.00** AM **Distracted While Driving**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **I Knew My Murderer**
12.00 NOON **Murdertown**
1.00 PM **Nightmare in Suburbia**
2.00 **Secrets of the Morgue**
3.00 **Homicide Hunter**
5.00 **Homicide: Hours to Kill**
6.00 **Killer in Plain Sight**
7.00 **Fear Thy Neighbour** A neighbourly feud leads to a shootout.
8.00 **I Knew My Murderer**
9.00 **Court Cam**
10.00 **Police Patrol**
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos** The murder of Laura Wilson.
1.00 AM **Court Cam**
2.00 **Murdertown**
3.00 **Secrets of the Morgue**
4.00 **Fear Thy Neighbour**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY Films

Friday

Sky Cinema Premiere

301 301 842 401 501

6.15 AM **The Kindness of Strangers** (2019) ★★★
8.15 **Babysplitters** (2019) ★★★
10.30 **Top Ten: Harry Potter**
10.45 **The Angry Birds Movie 2**
12.30 PM **PREMIERE Charlie's Angels** As shown at 8.00pm.
2.30 **Good Boys** As 10.00pm.
4.15 **Sea Fever** (2019) ★★★★
6.00 **Top Ten: DC**
6.15 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 97min) ★★★

8.00 Charlie's Angels

8 PM

8.00 **PREMIERE Charlie's Angels** Comedy thriller starring Kristen Stewart and Ella Balinska. A former MI6 agent and a heiress jailbird are among the crimebusters trying to halt a weaponised energy device. (2019, 12, 118min) ★★ *See review, page 23*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **Good Boys** Comedy starring Jacob Tremblay and Keith L Williams. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.45 **Otherworld** Fantasy thriller with Eamon Farren, Jerome Meyer and Jessica Falkholt. (2018, 15, 90min) ★
1.30 AM **The Beast** Korean drama with Sung-min Lee. Subtitled. (2019, 18, 130min) ★★
3.45 **Them That Follow** Thriller starring Olivia Colman. (2019, 15, 98min) ★★★
5.30 **Top Ten: DC**
5.45 **to 6.00** AM **Top Ten: Must-see Movies**

Sky Cinema Disney

307 307 847 405 505

7.25 AM **101 Dalmatians** (1996)
9.20 **Pocahontas** As 8.45pm.
10.55 **Pocahontas II: Journey to a New World** As 10.20pm.
12.25 PM **Toy Story 4** As 7.00pm.
2.20 **The Aristocats** Animation. (1970, U, 78min) ★★★★★
3.55 **The Haunted Mansion** Comedy. (2003, PG) ★★
5.40 **Dumbo** Animated fantasy. (1941, U, 64min) ★★★★★
7.00 **Toy Story 4** Animated sequel. (2019, U, 100min) ★★★★★

7.00 Toy Story 4

8.45 **Pocahontas** Animated adventure about the love between the daughter of an American Indian chief and an English sailor. With the voices of Mel Gibson and Irene Bedard. (1995, U, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Pocahontas II: Journey to a New World** Animated sequel. (1998, U, 70min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Tomorrowland: A World Beyond** Fantasy adventure starring George Clooney, Hugh Laurie and Britt Robertson. (2015, 12, 130min) ★★★★
2.05 AM **The Haunted Mansion** Comedy, as shown at 3.55pm.
3.45 **The Aristocats** As 2.20pm.
5.15 **to 7.10** AM **101 Dalmatians** Live-action adaptation of the classic novel by Dodie Smith, starring Glenn Close. (1996, U, 102min) ★★★★

Sky Cinema Family

306 306 846 406 506

7.15 AM **An Elephant's Journey**
9.05 **A Boy Called Sailboat** (2017)
10.45 **Bean** As shown at 6.00pm.
12.30 PM **Mr Bean's Holiday** (2007)
2.15 **The Nutcracker and the Four Realms** As 11.15pm.
4.10 **Bedtime Stories** Fantasy. (2008, PG, 99min) ★★★
6.00 **Bean** Slapstick comedy. (1997, PG, 90min) ★★★
7.45 **Mr Bean's Holiday** Comedy starring Rowan Atkinson. (2007, PG, 89min) ★★★

9.30 Zathura – A Space...

Mr Bean's Holiday (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Zathura – A Space Adventure** Sci-fi adventure starring Josh Hutcherson. A pair of siblings are plunged into a series of intergalactic adventures. (2005, PG, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Nutcracker and the Four Realms** Fantasy adventure starring Mackenzie Foy. (2018, PG, 99min) ★★★
1.05 AM **Bedtime Stories** Fantasy, as shown at 4.10pm.
2.55 **A Boy Called Sailboat** Family drama starring JK Simmons. (2017, 12, 92min) ★★★
4.35 **to 6.25** AM **An Elephant's Journey** Drama starring David Arquette and Jenna Ortega. (2018, PG, 95min) ★★

Sky Cinema Action

308 308 848 407 507

6.00 AM **Batman: The Killing Joke** Animated comic-book thriller. (2016, 15, 75min) ★★
7.25 **The Matrix** As 8.00pm.
9.45 **The Matrix Reloaded** (2003)
12.05 PM **The Matrix Revolutions**
2.20 **300** Epic historical adventure. (2006, 15, 116min) ★★★★
4.20 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
6.05 **The Incredible Hulk** Fantasy. (2008, 12, 107min) ★★★

6.05 The Incredible Hulk

8.00 **The Matrix** Sci-fi thriller starring Keanu Reeves. A computer hacker learns that he is destined to save humanity from enslavement by a network of computers. With Laurence Fishburne and Carrie-Anne Moss. (1999, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Matrix Reloaded** Sci-fi thriller sequel starring Keanu Reeves. With only 36 hours to go before a machine army overwhelms the city of Zion, hope rests on the messiah-like Neo. (2003, 15, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **The Matrix Revolutions** Sci-fi starring Keanu Reeves. (2003, 15, 129min) ★★★
3.05 **Jarhead: Law of Return** War drama. (2019, 15, 103min) ★
5.00 **to 6.00** AM **Sky Cinema Preview – July 2020**

Sky Cinema Comedy

309 309 849 408 508

7.20 AM **Arizona** As 11.35pm.
9.00 **Action Point** Comedy. (2018, 15, 90min) ★
10.40 **Good Boys** As 8.00pm.
12.25 PM **Drunk Parents** Comedy, as shown at 9.45pm.
2.15 **You Don't Mess with the Zohan** As shown at 1.15am.
4.20 **Twins** Action comedy. (1988, PG, 107min) ★★★
6.20 **Family** Comedy starring Taylor Schilling and Kate McKinnon. (2018, 15, 85min) ★★★

9.45 Drunk Parents

8.00 **Good Boys** Comedy starring Jacob Tremblay. Three 12-year-old boys skip school and embark on an epic journey while attempting to make their way home for a party. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Drunk Parents** Comedy starring Alec Baldwin. Two inebriated parents try to hide their financial difficulties from their daughter and social circle. (2019, 15, 97min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Arizona** Dark comedy starring Danny McBride, Rosemarie DeWitt and Luke Wilson. A real estate agent's life spirals after she witnesses a murder. (2017, 15, 85min) ★★
1.15 AM **You Don't Mess with the Zohan** Comedy starring Adam Sandler and John Turturro. (2008, 12, 112min) ★★★
3.15 **Family** As shown at 6.20pm.
4.55 **to 6.50** AM **Twins** Comedy, as shown at 4.20pm.

primetime

Sky Cinema Hits

303 403 503

6.15 AM **Annie** Musical remake. (2014, PG, 115min) ★★★
8.20 **Prince of Persia: The Sands of Time** Fantasy. (2010, 12) ★★★
10.20 **Dora and the Lost City of Gold**
12.10 PM **Fast & Furious Presents Hobbs & Shaw** As 9.00pm.
2.30 **Star Wars: The Rise of Skywalker** As 11.20pm.
5.00 **Aladdin** Fantasy with Will Smith. (2019, PG, 128min) ★★★★

7.15 **Dora and the Lost City of Gold** Adventure starring Isabela Moner. Dora finds herself leading a quest to save her parents and solve the impossible mystery behind a lost city of gold. (2019, PG, 102min) ★★★
9.00 **Fast & Furious Presents Hobbs & Shaw** Adventure starring Dwayne Johnson and Jason Statham. Luke Hobbs and Deckard Shaw must team up to stop a major terror threat. (2019, 12, 137min) ★★★

11.20 **Star Wars: The Rise of Skywalker** Fantasy adventure. (2019, 12, 142min) ★★★
1.45 AM **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
4.05 **to 6.20** AM **National Treasure: Book of Secrets** Adventure caper. (2007, PG, 119min) ★★★

Sky Cinema Greats

304 304 845 404 504

7.00 AM **Gone With the Wind** Drama. (1939, PG) ★★★★★
10.45 **Flash Gordon** (1980) ★★★
12.45 PM **Twister** Disaster movie. (1996, PG, 114min) ★★★
2.45 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
4.30 **Men in Black II** Sci-fi sequel. (2002, PG, 88min) ★★★
6.00 **Men in Black 3** Sci-fi sequel. (2012, PG, 105min) ★★★★

8.00 **Rise of the Planet of the Apes** Sci-fi thriller starring James Franco, Andy Serkis and Freida Pinto. A laboratory ape born with super-intelligence grows up determined to release his fellow apes from bondage. (2011, 12, 104min) ★★★★
10.00 **Snatch** Crime comedy drama starring Jason Statham and Brad Pitt. A group of small-time crooks plan to steal a diamond from an American mobster. (2000, 18, 102min) ★★

11.50 **Dragon – The Bruce Lee Story** Biopic starring Jason Scott Lee. (1993, 15, 114min) ★★★
1.55 AM **Halloween** Classic horror. (1978, 18, 92min) ★★★★★
3.35 **to 6.10** AM **2001: A Space Odyssey** Epic sci-fi fantasy. (1968, U, 136min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.15 AM **Luis and the Aliens** (2018)
7.55 **The Swan Princess** As 4.05am.
9.40 **Open Season** As 11.20pm.
11.20 **Open Season 2** As 1.00am.
12.50 PM **Open Season 3** As 2.35am.
2.20 **A Bug's Life** (1998) ★★★★★
4.10 **The Lego Movie** Animation. (2014, U, 100min) ★★★★
6.00 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★

8.00 **Hop** Partly-animated family comedy starring James Marsden and featuring the voice of Russell Brand. The teenage son of the Easter Bunny leaves home to pursue his dreams of becoming a rock musician. (2011, U, 94min) ★★★
9.50 **Two Tails** Animation featuring the voice of Diomid Vinogradov. A cat and a beaver embark on a mission to rescue their friends who were abducted by extra-terrestrials. (2018, U, 75min) ★

11.20 **Open Season** Animation. (2006, PG, 86min) ★★★
1.00 AM **Open Season 2** Animated sequel. (2008, PG) ★★★
2.35 **Open Season 3** Animated sequel. (2010, U, 74min) ★★
4.05 **The Swan Princess** (1994)
5.50 **to 7.25** AM **A Stork's Journey**

TCM Movies

315 415 416 512 526

6.00 AM **Close Up** Jake Gyllenhaal.
6.30 **It's a Gift** (1934) ★★★★
7.40 **Oregon Passage** (1957) ★★
9.00 **The Man Who Knew Too Much** Thriller. (1956, PG) ★★★★
11.30 **Son of a Gunfighter** (1965) ★
1.30 PM **Ten Wanted Men** (1955)
3.15 **Murder Ahoy** Murder mystery. (1964, b/w, U, 93min) ★★★
5.10 **Gunsmoke in Tucson** Western. (1958, U, 76min) ★★

6.35 **Advance to the Rear** Western about a company of misfits during the US Civil War, starring Glenn Ford and Stella Stevens. (1963, b/w, PG, 93min) ★
8.35 **Off Set** With Michael Caine.
9.00 **The Fog** Horror starring Jamie Lee Curtis. The ghosts of drowned mariners invade a small Californian coastal town. (1979, 15, 90min) ★★★
10.55 **Exit Wounds** Action thriller starring Steven Seagal and DMX. (2001, 18, 97min) ★

1.00 AM **To Each His Own** Drama. (1946, U, 122min) ★★★
3.05 **Close Up** Christoph Waltz.
3.30 **Hollywood's Best Film Directors** Triple bill.
5.00 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Serious Charge** (1959)
8.00 **The Sleeping Tiger** (1954)
9.45 **Faces in the Dark** (1960) ★★★
11.25 **Sabotage** Thriller. (1936) ★★★
1.00 PM **Target: The Corruptors**
2.00 **Rooms** (S2)
2.30 **Stars from the Screen**
2.45 **No, My Darling Daughter!** Comedy. (1961, b/w, U) ★★
4.45 **West Riding 1945**
5.00 **Home at Seven** (1952) ★★★

6.40 **The Black Orchid** Romantic drama starring Sophia Loren and Anthony Quinn. An Italian widower woos a gangster's widow. With Ina Balin. (1958, b/w, PG, 97min) ★★★
8.30 **Bognor** 2/18. (S1)
9.00 **Van der Valk** 4/12. (S3)
10.00 **Phase IV** Sci-fi thriller starring Nigel Davenport, Lynne Frederick and Michael Murphy. Intelligent ants attack a scientific installation in the Arizona desert. (1973, PG, 86min) ★★★

11.40 **The Great Smokey Roadblock** Comedy. (1976, 15, 106min) ★
1.45 AM **The Black Orchid**
3.35 **The Atlantic Community**
4.00 **The Rivals of Sherlock Holmes**
5.00 **Bognor** 12/18. (S1)
5.30 **to 6.00** AM **Overseas Press Club – Exclusive!**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

310 310 850 409 509

6.20 AM **Dirty Harry** As 11.05pm.
8.15 **Eye for an Eye** (2019) ★
9.55 **Out of Blue** Offbeat thriller. (2018, 15, 109min) ★★★
11.50 **The Vanishing** Thriller. (2018, 15, 107min) ★★★
1.40 PM **Argo** As 9.00pm.
3.45 **Poseidon** Disaster movie. (2006, 12, 98min) ★★★
5.25 **Killerman** Action drama. (2018, 15, 112min) ★★★
7.25 **Disturbing the Peace** Thriller. (2019, 15, 91min) ★

7.25 Disturbing the Peace

Disturbing the Peace (film started at 7.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Argo** Fact-based thriller directed by and starring Ben Affleck. A CIA agent creates a fake sci-fi movie project as a cover story for his plot to smuggle six fugitive American diplomats out of Iran. With Alan Arkin. (2012, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Dirty Harry** Police thriller starring Clint Eastwood, Harry Guardino and Andy Robinson. (1971, 18, 103min) ★★★★★
12.55 AM **Magnum Force** Thriller sequel to *Dirty Harry*, starring Clint Eastwood. (1973, 18, 117min) ★★★★
3.10 **Poseidon** As 3.45pm.
5.00 **to 6.40** AM **Deep Family Secrets** Thriller starring Angie Dickinson and Richard Crenna. (1997, PG, 89min) ★★

Sky Cinema Drama

311 311 851 410 510

6.00 AM **We Have Always Lived in the Castle** As 11.55pm.
7.40 **Breakthrough** As 1.50pm.
9.40 **Downton Abbey** As 8.00pm.
11.50 **Corpus Christi** Drama. (2019, 15, 115min) ★★★★
1.50 PM **Breakthrough** Drama. (2019, 12, 116min) ★★
3.50 **The Blind Side** Drama. (2009, 12, 129min) ★★★
6.00 **The Twilight Saga: Breaking Dawn – Part 2** Thriller sequel. (2012, 12, 110min) ★★★

10.10 Beats

8.00 **Downton Abbey** Drama based on the TV series, starring Hugh Bonneville Maggie Smith and Michelle Dockery. The Crawley family prepare for a royal visit. (2019, PG, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Beats** Comedy drama starring Martin Donaghy and Brian Ferguson. (2018, 18, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **We Have Always Lived in the Castle** Mystery thriller starring Taissa Farmiga, Crispin Glover and Alexandra Daddario. A trio of relatives are rocked by the arrival of a cousin who has ulterior motives. (2017, 15, 90min) ★★★
1.35 AM **The Blind Side** Fact-based drama, as shown at 3.50pm.
3.45 **to 6.00** AM **Evita** Epic musical starring Madonna. (1996, PG, 134min) ★★★

Sky Cinema Sci-Fi/Horror

312 411 511

6.40 AM **The Possession of Hannah Grace** Thriller. (2018, 15, 86min) ★★★
8.20 **The Head Hunter** Fantasy. (2018, 15, 72min) ★★★★
9.45 **King Kong** Monster movie. (2005, 12, 187min) ★★★★
12.55 PM **A.I. Artificial Intelligence**
3.25 **The Scorpion King** (2002)
5.10 **Pet Sematary** Horror thriller. (2019, 15, 101min) ★★★
7.00 **Thor** Fantasy adventure. (2011, 12, 114min) ★★★

5.10 Pet Sematary

Thor (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

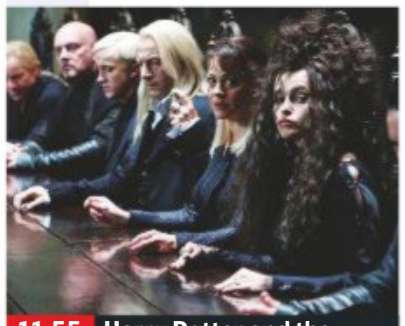
9.00 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy starring Haley Joel Osment as a robot child who goes on a quest to become a real boy and win his human mother's love. With Frances O'Connor. (2001, 12, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **The Scorpion King** Fantasy adventure starring The Rock. (2002, 12, 91min) ★★★
1.00 AM **Evil Dead 2** Horror sequel starring Bruce Campbell. (1987, 18, 85min) ★★★
2.30 **The Drone** Horror with Sam Adegoke and Anita Briem. (2019, 18, 82min) ★★★
3.55 **Prey** Horror adventure. (2018, 15, 85min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview – July 2020**

Sky Cinema Harry Potter

302 402 502

6.05 AM **Harry Potter and the Deathly Hallows: Part II**
8.20 **Top Ten: Harry Potter**
8.35 **Harry Potter and the Philosopher's Stone** (2001)
11.10 **Harry Potter and the Chamber of Secrets** (2002)
1.55 PM **Harry Potter and the Prisoner of Azkaban** (2004)
4.20 **Harry Potter and the Goblet of Fire** Fantasy. (2005) ★★★
7.00 **Harry Potter and the Order of the Phoenix** (2007) ★★★


11.55 Harry Potter and the...

Harry Potter and the Order of the Phoenix (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 **Harry Potter and the Half-Blood Prince** Fantasy starring Daniel Radcliffe. Harry Potter attempts to gain crucial information about the past of dark wizard Lord Voldemort. (2009, 12, 153min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Harry Potter and the Deathly Hallows: Part I** Fantasy with Daniel Radcliffe. (2010, 12, 146min) ★★★★
2.25 AM **Harry Potter and the Deathly Hallows: Part II** Fantasy with Daniel Radcliffe. (2011, 12, 130min) ★★★★★
4.40 **to 7.15** AM **Harry Potter and the Philosopher's Stone** Fantasy adventure starring Daniel Radcliffe. (2001, PG, 152min) ★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Rugrats Movie** Children's animated comedy. (1998, U, 80min) ★★★
12.35 PM **Step Up: All In** Drama. (2014, PG, 110min) ★★★
2.50 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
4.35 **Beneath the Planet of the Apes** Sci-fi adventure sequel. (1970, 15, 95min) ★★★★
6.25 **Star Trek Into Darkness** Sci-fi. (2013, 12, 133min) ★★★★

6.25 Star Trek Into Darkness

Star Trek Into Darkness (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Star Trek Beyond** Sci-fi adventure starring Chris Pine, Zachary Quinto and Idris Elba. The *USS Enterprise* is lured into a deadly trap, which leaves the crew stranded on an alien world. (2016, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.25 **Chaos** Police conspiracy thriller starring Jason Statham. When a bank heist ends in chaos, a veteran cop and his partner uncover a conspiracy. (2005, 15, 106min) ★★★
1.35 **to 3.55** AM **The Principles of Lust** Dark romantic drama starring Alec Newman, Marc Warren and Sienna Guillory. (2002, 18, 108min) ★

11 PM

+1 hour 314 430 45 301

Horror

317 149 70 138

8.00 AM **Sliders** 3/10. (S1)
9.00 **Star Trek: The Next Generation** 14/26. (S3)
10.00 **Star Trek** 13/30. (S1)
11.00 **Malibu Shark Attack** (2009)
1.00 PM **Lavalantula** Monster thriller. (2015, 15, 81min) ★★
2.35 **Tales from the Darkside** (S1)
3.00 **Mutant X** 7/22. (S1)
4.00 **Turbulent Skies** Sci-fi. (2010) ★
6.00 **Star Trek** 14/30. (S1)

7.00 **Star Trek: The Next Generation** 15/26. (S3)
8.00 **seaQuest DSV** 2/24. (S1)
9.00 **Vanishing on 7th Street** Thriller starring Hayden Christensen. In Detroit, a journalist, a cinema projectionist, a therapist and a young boy are the only survivors after a mysterious blackout causes everyone else to vanish. (2010, 15, 87min) ★★
10.50 **Maniac** Serial killer thriller remake starring Elijah Wood. (2012, 18, 87min) ★★★

12.40 AM **The Void** Thriller starring Aaron Poole and Kenneth Welsh. (2016, 18, 90min) ★★
2.30 **to 4.30** AM **Final Girl** Thriller starring Abigail Breslin and Wes Bentley. (2015, 15, 81min) ★★

+1 hour 318 202 139

Sony Movies Classic

319 424 50 303

6.00 AM **Revolution** (1985, PG) ★
8.25 **Picnic** Drama. (1955, U) ★★★
10.45 **Loss of Innocence** Drama. (1961, PG, 97min) ★★
12.50 PM **The Wackiest Ship in the Army** World War Two comedy. (1960, U, 95min) ★★★
2.55 **Like Father, Like Son** Comedy. (1987, 15, 98min) ★
4.50 **The Ambushers** Spy spoof. (1967, PG, 98min) ★

6.55 **The Silencers** Adventure with Dean Martin. Secret agent Matt Helm comes out of retirement to prevent the destruction of a US atomic testing site. (1966, PG, 103min) ★★★
9.00 **Bugsy** Gangster biopic set during World War Two, starring Warren Beatty and Annette Bening. Mobster 'Bugsy' Siegel goes to LA to take over crime rackets but is seduced by Hollywood, and starlet Virginia Hill. (1991, 18, 136min) ★★★

11.45 **Eyes of Laura Mars** Thriller. (1978, 15, 104min) ★★★
1.45 AM **Jet Attack** (1958) ★
3.10 **Candlelight in Algeria** (1943)
4.35 **to 6.00** AM **Machine-Gun Kelly** Crime drama. (1958) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Framed for Murder: A Fixer Upper Mystery** Drama. (2017, PG, 83min) ★★
11.00 **Crimes of Passion** Thriller. (2005, PG, 86min) ★★★
1.00 PM **Hidden Crimes** Crime thriller. (2009, 12, 90min) ★★
2.50 **Stolen Daughter** Crime drama. (2015, PG, 105min) ★★
4.45 **Marie Antoinette** Period drama. (2006, 12, 123min) ★★★

7.10 **Nick & Norah's Infinite Playlist** Teen romantic comedy starring Michael Cera and Kat Dennings. A mismatched young couple are thrown together while searching for a secret concert. (2008, 12, 90min) ★★★★
9.00 **Babel** Epic global drama starring Brad Pitt. A rifle shot on a Moroccan hillside reverberates around the world and affects the lives of strangers on three continents. Partly subtitled. (2006, 15, 143min) ★★★

11.50 **Transsiberian** Thriller. (2008, 15, 106min) ★★★
2.05 AM **Meadowland** Drama. (2015, 18, 105min) ★★
3.55 **to 6.00** AM **Little Nikita** Thriller. (1988, 15, 92min) ★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **The Last Days of Frank and Jesse James** (1985) ★★★
8.00 **Wagon Master** (1950) ★★★★
9.40 **The Body Snatcher** (1945)
11.15 **Nocturne** Thriller. (1946) ★★★
1.05 PM **The Legend of Hell's Gate** Adventure. (2011, 12) ★★
3.10 **Back to Bataan** War drama. (1945, b/w, PG, 97min) ★
5.00 **Flying Leathernecks** War drama. (1951, PG, 102min) ★★

7.10 **Airplane vs Volcano** Disaster movie starring Dean Cain. An airliner flies into the middle of a ring of erupting volcanos, and a passenger must fly the plane to a safe landing ground. (2014, 15, 91min) ★
9.00 **TimeCop** Sci-fi thriller starring Jean-Claude Van Damme. A 21st-century TimeCop discovers that an unscrupulous US senator is manipulating the past to his own advantage. With Mia Sara. (1994, 18, 94min) ★★★

10.55 **Mercenary: Absolution** Thriller. (2015, 18, 91min) ★★
12.45 AM **Into the Sun** Martial arts thriller. (2005, 18, 93min) ★★
2.35 **to 4.00** AM **Fatal Flip** Thriller. (2015, 15, 86min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Write Before Christmas**
9.00 **A Rose for Christmas** Festive drama. (2017, U, 120min) ★★
11.00 **Christmas at Graceland** Festive romance. (2018, U, 85min) ★★
1.00 PM **A Christmas Duet** Comedy. (2019, PG, 100min) ★★
3.00 **A Christmas Visitor** Drama. (2002, PG, 100min) ★★
5.00 **Christmas Homecoming** Drama. (2017, U, 90min) ★★

7.00 **A Twist of Christmas** Romantic drama starring Vanessa Lachey. Two single parents' toy purchases get muddled in a busy shop, and they must work together to salvage Christmas. (2018, PG, 90min) ★★
9.00 **All About Christmas Eve** Romantic drama starring Haylie Duff. Two versions of a woman's life unfold, with the turning point being whether she catches a plane on Christmas Eve. (2012, PG, 71min) ★★

11.00 **Write Before Christmas** Drama. (2019, PG, 90min) ★★
1.00 AM **The Christmas Card** Drama. (2006, PG, 84min) ★★
3.00 **to 5.00** AM **My Christmas Love** Comedy. (2016, PG) ★★

+1 hour 326 420

Due to the coronavirus pandemic, all this week's sports channel listings are subject to late change

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Sky Sports News**
8.00 **Fighting Fit 2020**
8.30 **Fit In 5: Full Body Burn**
8.40 **Fit In 5: Push Your Limits**
8.50 **Fit In 5: Cool Down**
9.00 LIVE **NRL Wests Tigers v New Zealand Warriors.** All the action from Campbelltown Stadium. Kick-off 9.00am.
10.55 LIVE **NRL Brisbane Broncos v Cronulla-Sutherland Sharks.** All the action from Suncorp Stadium. Kick-off 10.55am.
12.50 PM **Super League Gold**
1.00 **Sky Sports News**
3.00 LIVE **European Tour Golf** Coverage of day two of the English Open from the Forest of Arden Marriott Hotel & Country Club.
6.00 LIVE **World Golf Championships** Coverage of day two of the Fedex St Jude Invitational at TPC Southwind in Memphis, Tennessee.
12.00 M'T **Sky Sports News**
2.00 AM LIVE **NBA Dallas Mavericks v Houston Rockets.** From ESPN Wide World of Sports Complex in Orlando. Tip-off 2am.
4.30 **to 5.55** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Paolo Di Canio**
7.30 **PL Legends: Andrew Cole**
8.00 **Best PL Goals: Man City v Liverpool** Memorable strikes.
8.30 **Best PL Goals: Chelsea v Arsenal** Memorable goals.
9.00 **Premier League 100 Club**
9.30 **PL 100 Club: England's Finest**
10.00 **Premier League Years**
12.00 NOON **PL Best Goals 08/09**
1.00 PM **Premier League Years**
3.00 **PL Best Goals 98/99**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **PL Legends: Andrew Cole**
6.30 **PL Legends: Jamie Carragher**
7.00 **Premier League World**
7.30 **PL Greatest Games**
8.00 **Gary Neville's Soccerbox**
9.00 **PL Retro** Arsenal v Wigan Athletic from 2006.
11.00 **Premier League World**
11.30 **Premier League Icons**
12.00 M'T **PL Best Goals 01/02**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 05/06**
5.00 **Best PL Goals: Merseyside Derby** Memorable strikes.
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **Highlights**
8.30 **EFL Greatest Games**
9.15 **SPFL Greatest Games**
9.30 **Football's Greatest Players**
10.00 **Football Countdowns**
10.30 **Football Years**
11.00 **EFL Cup Final 2018**
11.30 **Best Championship Goals**
12.00 NOON **EFL Greatest Games**
12.45 PM **SPFL Greatest Games**
1.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.15 **SPFL Greatest Games**
4.30 **Football's Greatest Players**
5.00 **Football Countdowns**
5.30 **Football Years**
6.00 **Best Moments From The League 1 & 2 Play-Off Final (1993-2019)** Classic finals.
6.30 **Best Moments From The Championship Play-Off Final (1993-2019)** Memorable finals.
7.00 **Retro Championship 2019**
9.00 **Championship Review 18/19**
10.00 **SPFL Greatest Games**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Final 16**
1.00 AM **EFL Highlights**
2.00 **EFL Play Off Final League 1**
3.00 **Championship Review 17/18**
4.00 **to 6.00** AM **EFL Cup Retro 18**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Cricket Lockdown Vodcast**
7.00 **The World Cup Through Their Eyes** As shown at 1.00pm.
9.00 **One-Day International Cricket**
10.00 **Mind Games: The Zone**
10.30 **Mind Games: Good Enough?**
11.00 **Mind Games: The Hard Yards**
11.30 **Mind Games: The Next Frontier**
12.00 NOON **One-Day International Cricket** As shown at 10.00pm.
1.00 PM **The World Cup Through Their Eyes** England's victorious 2019 Cricket World Cup.
3.00 **One-Day International Cricket**
4.00 **KP: Story of a Genius**
6.00 **One-Day International Cricket**
7.00 **The Cricket Lockdown Vodcast**
8.00 **One-Day International Cricket**
9.00 **Best of Sky Cricket Vodcast**
10.00 **One-Day International Cricket** England v Ireland: Action from the first ODI in the three-match series, held at the Ageas Bowl.
11.00 **The Cricket Lockdown Vodcast**
12.00 M'T **One-Day International Cricket** As shown at 10.00pm.
1.00 AM **Best of the 2017 Blast**
4.30 **Ireland's Finest Hour**
4.50 **Best of England v Windies**
5.00 **to 6.00** AM **One-Day International Cricket**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **World Golf Championships**
11.00 **School of Golf** Double bill.
12.00 NOON LIVE **European Tour Golf** Coverage of the second day of the English Open from the Forest of Arden Marriott Hotel & Country Club near Birmingham.
2.00 PM **Hall or Nothing: Georgia's Story** Documentary about 2018 Women's British Open champion Georgia Hall.
3.00 LIVE **European Tour Golf** Further coverage of the second day's play of the English Open.
6.00 LIVE **World Golf Championships** Coverage of the featured groups on the second day of the Fedex St Jude Invitational from TPC Southwind in Memphis, Tennessee.
7.00 LIVE **World Golf Championships** Further coverage of the second day of the Fedex St Jude Invitational.
12.00 M'T **LPGA Tour Golf** Day one of the LPGA Drive On Championship.
1.30 AM **European Tour Golf** Action from day two of the English Open.
4.30 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Gearing Up**
6.30 **Premier League 100**
7.00 **WWE Raw Highlights**
8.00 **WWE NXT** Wrestling action.
9.45 **MotoGP Rewind**
10.00 **ESPN FC** Football news.
10.30 LIVE **Hyundai A-League Western Sydney Wanderers v Wellington Phoenix.** Coverage of the Australian top-flight encounter from Bankwest Stadium. Kick-off 10.30am.
12.30 PM **Meet The Managers**
1.30 **MotoGP Highlights**
2.30 **ESPN FC** Football news.
3.00 **Bundesliga Special**
4.00 **WWE Ruthless Aggression**
5.00 **WWE NXT Highlights**
6.00 **Premier League 100**
6.30 **In Depth with Graham Bensinger** Oscar De La Hoya.
7.00 LIVE **BT Sport Fight Night** Coverage of a top bout.
11.00 **WWE NXT Highlights**
12.00 M'T **WWE SmackDown Highlights** Wrestling action.
1.00 AM LIVE **WWE Friday Night SmackDown** Wrestling action.
3.00 **MotoGP Highlights**
4.00 **to 6.00** AM **V8 Supercars Highlights**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **MotoGP Rewind**
6.15 **FIM CEV Repsol**
9.15 **Sport in Focus: Marc Marquez**
9.30 **In Depth with Graham Bensinger** With Michael Strahan.
10.00 **Gearing Up**
10.30 LIVE **AFL** Action from the Australian Football League.
1.30 PM **Inside Sailing**
2.00 **Imperfect: The Roy Halladay Story** Documentary.
3.00 **Going Big**
4.00 **Badminton Unlimited**
4.30 **Kite Masters**
5.00 **MotoGP Highlights**
6.00 **Hyundai A-League** Action Western Sydney Wanderers v Wellington Phoenix.
7.30 LIVE **French League Cup Paris Saint-Germain v Lyon.** Coverage of the final from Stade de France. Kick-off 7.45pm.
10.00 **WWE NXT UK**
11.00 **Bundesliga Special**
12.00 M'T **Brian and The Boz**
1.30 AM **Pat XO**
2.30 **Let Them Wear Towels**
3.30 **No Limits**
4.30 **Herschel Walker**
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **The Big Match Revisited – 1976/77** Triple bill of editions.
9.00 **Premiership Rugby Top Tries 18/19** Memorable tries.
9.30 **Inside Sailing**
10.00 **Classic Premier League**
11.30 **Premier League Review 12/13**
12.30 PM **Liverpool: Team of the 80s**
1.30 **Manchester United Classics**
2.30 **MotoGP Classics: Spielberg 2017** The Austrian Grand Prix.
3.30 **MotoGP Classics: Motegi 2017** The 2017 Japan Grand Prix.
4.30 **UEFA Champions League – Classics** Double bill.
5.30 **Football Archives: UCL 16/17**
6.00 **Football Archives: UCL 17/18**
6.30 **Football Archives: UCL 18/19**
7.00 LIVE **MLB Milwaukee Brewers v St. Louis Cardinals.** The National League match from Miller Park. Start-time 7.10pm.
10.00 **UFC Fight Camp**
10.30 **UFC 211: Miocic v Dos Santos**
1.30 AM **UFC: The Ultimate Fighter**
2.30 **UFC Fight Camp**
3.00 **UFC: Beyond The Octagon Classic Fights** Junior Dos Santos v Cain Velasquez.
3.30 **to 6.00** AM **Gallagher Premiership Rugby Highlights**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **NFL: America's Game**
8.00 **World Darts Championship**
10.00 LIVE **Super Rugby Western Force v Rebels.** Coverage from HBF Park. Kick-off 10.05am.
11.45 **Rugby Union Retro**
12.00 NOON **NBC's Pro-Football Talk**
2.00 PM **NFL: Wildcard Hlts 16/17**
3.00 **NFL: Wildcard Hlts 17/18**
4.00 **NFL: Wildcard Hlts 18/19**
5.00 **Motorsport Mundial**
5.30 **Wildfly Fishing**
6.00 **NFL: A Football Life**
7.00 **Conor McGregor: Notorious** Following the MMA fighter over the course of four years.
9.00 **Savage Sam: Sam Eggington Story** The boxer's bouts against Frankie Gavin, Paulie Malignaggi and Ceferino Rodriguez.
9.30 **Fight Night International** Orlando Fiordigiglio v Sam Eggington: Another chance to see the bout for the IBF international Super-Welterweight title.
12.30 AM **Savage Sam: Sam Eggington Story** As 9.00pm.
1.00 **NFL: America's Game**
2.00 **Super Rugby**
3.45 **Rugby Union Retro**
4.00 **to 6.00** AM **Pro Box Classics**

Sky Sports Mix

145 145 838 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Greats**
7.30 **School of Golf**
8.00 **Fighting Fit 2020**
8.30 **Fit In 5**
9.00 **Super Rugby** Double bill.
1.00 PM **Anthony Joshua: 1989–2014**
2.00 **Savage Sam: Sam Eggington Story** Three of the boxer's bouts.
2.30 **Top 10 Great Boxing Upsets**
3.00 **My Icon**
4.00 **Sporting Greats**
4.30 **School of Golf**
5.00 **NBA: Utah @ New Orleans** Action from New Orleans Pelicans v Utah Jazz.
7.00 **Fight Night International** Orlando Fiordigiglio v Sam Eggington: Another chance to see the bout for the IBF International Super-Welterweight title, held at Tuscany Hall in Florence, Italy.
10.00 **Anthony Joshua: 1989–2014**
11.00 **Bellator MMA** Action from AJ McKee v Brian Moore.
12.00 M'T **LPGA Tour Golf** Action from the opening day's play of the LPGA Drive On Championship.
1.30 AM **Ashes in the 80s**
2.00 **to 6.00** AM **Super Rugby**

BT Sport/ESPN

423 423 872 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **Pardon the Interruption**
7.00 **ESPN SportsCenter**
7.15 **NCAA Championship Classic**
10.15 **In Depth with Graham Bensinger** Sporting interview.
10.45 **Pardon the Interruption**
11.15 **ESPN FC** Football news.
11.45 **ESPN SportsCenter**
12.00 NOON **MLB** Action from Chicago Cubs v St. Louis Cardinals.
3.00 PM **MLB: Caps Off**
3.15 **MLB** Action from Atlanta Braves v Tampa Bay Rays.
6.15 **In Depth with Graham Bensinger** Sporting interview.
6.45 **ESPN SportsCenter**
7.00 **NCAA Championship Classic**
10.00 **MLB: Top 100 Right Now**
12.00 M'T LIVE **MLB New York Yankees v Boston Red Sox.** The American League match at Yankee Stadium. Start-time 12.05am.
3.00 **to 6.00** AM **MLB: Top 100 Right Now**

Eurosport 1

410 410 864 | 521 | 412 435

6.00 AM **Cycling: Paris-Roubaix**
7.00 **Football**
8.00 **Snooker World Final 2019**
10.00 LIVE **Snooker: World Championship** Day one.
1.00 PM **Snooker: World Championship**
2.30 LIVE **Snooker: World Championship** First-round coverage continues at the Crucible Theatre in Sheffield.
5.30 **Snooker: World Championship**
6.45 LIVE **Snooker: World Championship** The evening session takes place at the Crucible.
10.00 **Snooker: World Championship** Highlights of day one in Sheffield.
12.00 M'T **Porsche Supercup**
1.00 AM **Hall of Fame – Greatest Swimmers**
2.00 **Cycling: Tour of Flanders**
3.00 **Cycling: Strade Bianche**
4.00 **to 6.00** AM **Snooker: World Championship**

Eurosport 2

411 411 865 | 522 | 413 436

6.30 AM **Olympic Games**
8.30 **World Superbikes 2019**
9.30 **Best of Bikes – Brands Hatch**
10.00 LIVE **Snooker: World Championship** First-round coverage on day one in Sheffield.
1.00 PM **Superbikes: MotoAmerica**
2.00 **European Rally Championship**
2.30 LIVE **Snooker: World Championship** Day one.
5.30 **World Superbikes: Monza 99**
6.00 **World Superbikes** From Jerez.
7.00 LIVE **Snooker: World Championship** Day one.
10.00 **World Superbikes**
11.00 **Speedway: European Championship**
12.00 M'T **World Superbikes**
1.00 AM **Superbikes: Whit & Friends**
2.00 **Snooker: World Championship**
4.00 **British Superbikes 2019**
4.30 **Best of Bikes**
4.45 **to 6.45** AM **Superbikes: Whit & Friends**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Super League Gold**
6.30 **Wildfly Fishing**
7.00 **Super Rugby**
9.00 LIVE **NRL Wests Tigers v New Zealand Warriors.** Kick-off 9am.
10.55 LIVE **NRL Brisbane Broncos v Cronulla-Sutherland Sharks.** Kick-off 10.55am.
12.50 PM **Super League Gold**
1.00 **Super Rugby**
3.00 **Betfred Super League**
4.00 **How the 2019 Netball World Cup Was Won**
5.30 **NBA: LA Clippers @ LA Lakers**
7.30 LIVE **NBA Brooklyn Nets v Orlando Magic.** Tip-off 7.30pm.
10.00 **NBA Special: The 1984 Draft**
11.30 LIVE **NBA Milwaukee Bucks v Boston Celtics.** Tip-off 11.30pm.
2.00 AM LIVE **NBA Dallas Mavericks v Houston Rockets.** Tip-off 2.00am.
4.30 **to 5.55** AM **How the 2019 Netball World Cup Was Won**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **Highlights**
9.30 LIVE **British F3 GP** The British Grand Prix practice session.
10.20 **Alfa Romeo 1950**
10.25 **F1 Cars Through 1000 Races**
10.30 **Welcome To The Weekend**
11.00 LIVE **British F1 GP** The British Grand Prix first practice session.
12.50 PM LIVE **British F2 GP** The British Grand Prix practice session.
1.40 **Lewis Hamilton: Opening Up**
1.55 **F1 Cars Through 1000 Races**
2.00 LIVE **British F3 GP** The British Grand Prix qualifying session.
2.45 LIVE **British F1 GP** The British GP second practice session.
4.45 **F1 Cars Through 1000 Races**
4.50 **Alfa Romeo 1950**
4.55 LIVE **British F2 GP** The British Grand Prix qualifying session.
5.30 **Story So Far – Britain**
6.00 **F1 Classic Races**
6.30 **Lewis & Martin: Secret Cinema**
7.00 **British F1 GP: Practice 1&2**
10.30 PM **to 6.00** AM **Highlights**

Sports channel listings are subject to late change. For updates visit www.whatsontv.co.uk/tv-guide

SKY HD SD | VIRGIN HD | BT HD

Kids' Weekly TV Guide

25-31 July

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBBC

613 613 646 | 701 | 201 204 | 607 600

SATURDAY **7.00am** Arthur **7.15** Shaun the Sheep **7.20** Danger Mouse **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** Match of the Day Kickabout New **8.05** The Playlist New **8.25** Newsround **8.30** Horrible Histories **9.00** Dragons: Race to the Edge **9.25** Boy Girl Dog Cat Mouse Cheese **9.40** She-Ra **10.00** Odd Squad **10.15** Show Me What You're Made Of **10.40** Diddy TV **10.55** The Dog Ate My Homework **11.25** Hey You What If? **11.30** Dumping Ground **11.45** Nikki Lilly Bakes **11.55** 4 O'Clock Club **12.25pm** A Week to Beat the World **12.50** Newsround **1.00** Jamie Johnson **1.30** Mystic **1.55** Newsround **2.05** The Next Step **5.30** Nikki Lilly Meets **5.35** My Life **6.05** All Over the Place: Asia **6.35** Marrying Mum and Dad **7.00** Show Me What You're Made Of **7.30** Step Up to the Plate **8.00** Operation Ouch! **8.30-9.00pm** Horrible Histories

SUNDAY As Saturday except:
7.45am The Zoo **7.55** Diddy Bits **8.05** Class Dismissed **8.15** Nikki Lilly Bakes **8.30** The Dengineers **9.00** Horrible Histories **9.30** Craft Party **9.45** Newsround **9.50** Matilda and the Ramsay Bunch **10.05** Gym Stars **10.25** My Life **10.55** Odd Squad **11.20** Horrible Histories **11.45** Newsround **11.55** Deadly 60 **12.20pm** All Over the Place **12.50** Operation Ouch! **1.20** Show Me What You're Made Of: UK **1.50** Newsround **1.55** FILM Bee Movie **3.15** The Next Step **4.00** The Dengineers **4.30** My Life: Hike to Happiness **5.00** The Playlist **5.25** Gym Stars **5.45** The Demon Headmaster **6.20** Mystic **6.50** Mustangs FC **7.10** Jamie Johnson **7.40** The Real Jamie Johnson **7.50** The Dumping Ground **8.35-9.00pm** The Next Step

MONDAY **7.00am** Arthur New **7.15** Dennis & Gnasher New **7.25** Little Big Awesome **7.40** Boy Girl Dog Cat Mouse Cheese **7.50** Odd Squad **8.05** The Next Step **8.30** Junior Bake Off **9.00** Wild & Weird **9.15** Newsround **9.20** Hey You What If? **9.25** Absolute Genius **9.55** Operation Ouch! **10.25** Art Ninja **10.45** Almost Never **12.10pm** Newsround **12.15** Almost Never **2.10** Gym Stars **2.35** Operation Ouch! **3.05** Art Ninja **3.25** Danger Mouse **3.35** Dennis & Gnasher **3.50** Boy Girl Dog Cat Mouse Cheese **4.00** Newsround **4.05** Hey You What If? **4.10** Odd Squad **4.25** Danny & Mick **4.35** The Pets Factor **5.00** NEW Endlings **5.25** Horrible Histories New **5.55** Dragons: Race to the Edge **6.20** Operation Ouch! **6.45** Deadly 60 **7.15** Horrible Histories **7.45** Millie Inbetween **8.10** My Perfect Landing **8.35-9.00pm** Endlings

TUESDAY As Monday except:
9.20-9.55am Absolute Genius **12.15pm** Almost Never: Christmas Wonderland **1.15-2.10** Almost Never **5.00** Mystic New **5.30-6.00** My Life: Into the Sun **6.25** Deadly 60 **6.50** Horrible Histories **7.20** My Life: Into the Sun **7.50** Nikki Lilly Meets **8.00** The Next Step **8.25** Mystic **8.55-9.00pm** Lifebabble

WEDNESDAY As Monday except:
12.20-2.15pm Step Up **4.25-4.35** Jamie Johnson New **5.00** Next Step New **5.25** My Perfect Landing **5.50** My Life **6.20** Little Big Awesome **6.30** Operation Ouch! **7.00** Horrible Histories **7.30** Hank Zipzer **7.55** Nine Minute Ninja **8.05** My Life **8.35-9.00pm** Next Step

THURSDAY As Monday except:
10.45am-12.10pm Step Up to the Plate **12.15pm** Step Up to the Plate **5.00** Jamie Johnson New **5.30-6.00** NEW Summer Mash-Up! **6.50** Horrible Histories **7.20** Summer Mash-Up! **7.50** The Dumping Ground **8.20** Nikki Lilly Meets **8.30-9.00pm** Jamie Johnson

FRIDAY As Monday except:
9.20am Odd Squad **10.30** Absolute Genius **11.00** Operation Ouch! **11.30** So Awkward Files **11.40am-12.10pm** Step Up to the Plate **12.15** Step Up to the Plate **2.00** Gym Stars **2.25** Operation Ouch! **2.50** Art Ninja **3.10-3.35** Danger Mouse **5.00** Dumping Ground **5.30** Nikki Lilly Bakes New **5.40** She-Ra **6.05** Dragons **6.25** Operation Ouch! **6.55** Blue Peter **7.00** Horrible Histories **7.30** She-Ra **7.50** Nikki Lilly Bakes **8.00** So Awkward **8.30-9.00pm** The Dumping Ground

CBEEBIES

614 614 647 | 702 | 202 205 | 608 601

Monty & Co

SATURDAY **6.00am** Show Me Show Me **6.25** Baby Jake **6.35** Teletubbies **6.50** Raa Raa **7.00** Postman Pat **7.15** Bing **7.35** Hey Duggee **7.50** Go Jetters **8.00** Peter Rabbit **8.15** Octonauts **8.25** Timmy Time **8.30** Tee and Mo **8.35** Furchester Hotel **8.50** Biggleton **9.00** Something Special **9.20** Popcast New **9.25** Baby Club New **9.35** Alice in Wonderland **10.15** Band Jam **10.30** Justin's House **10.55** Baby Animals **11.05** Amazing Machines **11.20** Waffle **11.35** Molly and Mack **11.45** Topsy and Tim **12.00noon** My World Kitchen **12.15pm** Apple Tree House **12.30** Melody **12.35** Patchwork Pals **12.40** Down on the Farm **1.00** Where in the World? **1.15** Our Family **1.25** What's the Big Idea? **1.30** My Pet and Me **1.45** NEW Monty & Co **1.55** Olobob Top **2.00** Something Special **2.20** Aquatic Adventures **2.35** Do You Know? **2.50** Amazing Machines **3.05** Go Jetters **3.15** JoJo & Gran Gran **3.30** Waffle **3.40** Vet Tales **3.55** Let's Go **4.10** Baby Club **4.25** Magic Hands **4.35** Treasure Champs **4.50** Tinga Tales **5.00** Safari Adventures **5.15** Molly and Mack **5.30** Katie Morag **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05** Tee and Mo **6.10** Clangers **6.20** Night Garden **6.50-7.00pm** Bedtime Stories

SUNDAY As Saturday except:
9.20-9.25am Story Time **9.35** Numberblocks **9.40** Octonauts **10.05-10.15am** Go Jetters

MONDAY **6.00am** Something Special **6.20** Twirlywoos **6.35** Teletubbies **6.50** Timmy Time **6.55** Numberblocks **7.00** Bing **7.15** Duggee **7.30** Go Jetters **7.40** Peter Rabbit **7.55** Bitz & Bob **8.05** Octonauts **8.20** Love Monster **8.25** Boogie Beebies **8.35** Justin's House **9.00** Raa Raa **9.10** Timmy Time **9.15** Dog Loves Books **9.25** Bing **9.30** Twirlywoos **9.45** Something Special **10.05** Teletubbies **10.20** Baby Club **10.35** Hey Duggee **10.40** School of Roars **10.50** Let's Play **11.10** Let's Go **11.25** Pablo **11.35** Patchwork Pals **11.40** Our Family **11.50** Tinga Tales **12.00noon** World Kitchen **12.15pm** Waffle **12.25** Timmy Time **12.30** Molly and Mack **12.45** Sarah & Duck **1.00** Tee and Mo **1.05** Alphablocks **1.10** Yakka Dee! **1.15** Numberblocks **1.20** Bing **1.30** Twirlywoos **1.45** Something Special **2.05** Teletubbies **2.20** Tinpo **2.25** Olobob Top **2.30** Pablo **2.45** Big Idea? **2.50** Our Family **3.00** Amazing Machines **3.15** Swashbuckle **3.40** Hey Duggee **3.45** Peter Rabbit **4.00** Love Monster **4.05** Aquatic Adventures **4.20** Do You Know? **4.35** Bitz & Bob **4.50** Go Jetters **5.00** Molly and Mack **5.15** Waffle **5.25** JoJo & Gran Gran New **5.40** Sarah & Duck **5.45** Moon and Me **6.10** Clangers **6.20** Night Garden **6.50-7.00pm** Bedtime Stories

TUESDAY As Monday except:
5.00-5.15pm Topsy and Tim

WEDNESDAY As Monday except:
5.00-5.15pm Apple Tree House

THURSDAY As Monday except:
2.40pm Tee and Mo Songtime **2.45-3.00** My First Festival **5.00-5.15pm** Gigglebiz

FRIDAY As Monday except:
11.30am Tee and Mo Songtime **11.35-11.50** My First Festival **5.00pm** Band Jam **5.15-5.40pm** JoJo & Gran Gran New

CITV

621 | 734 711 | 203 | 602

SATURDAY **6.00am** Dino Dana **6.10** Mr Magoo **6.35** Thunderbirds Are Go **7.00** Mission Employable **7.05** Mr Magoo **7.30** Mighty Mike **7.40** Buck & Buddy **7.45** Mr Bean: The Animated Series **8.00** NinjaGo: Secrets of the Forbidden Spinjitzu **8.15** Ben 10 **8.30** Drop Dead Weird New episode Comedy drama. **9.25** Mr Bean: The Animated Series: Chaotic cartoon capers voiced by Rowan Atkinson. **10.25** Buck & Buddy **10.30** Mighty Mike **11.00** Hotel Transylvania **11.25** Be Cool, Scooby-Doo! **1.40pm** Scrambled! Bites **1.45** Robozuna **2.10** Thunderbirds Are Go **2.35** The Rubbish World of Dave Spud **3.15** Mr Bean: The Animated Series **4.10** Mr Magoo **4.45** Mighty Mike **5.15** Hotel Transylvania **6.00** Gormiti 3D: The Herald of Gorm **6.25** NinjaGo: Hunted **6.50** Buck & Buddy **6.55** ToonMarty **7.20** The Bagel and Becky Show **8.00** Drop Dead Weird **8.25** Spy School **8.55-9.00pm** Mission Employable

SUNDAY As Saturday except:
7.50-8.00am Mr Bean: The Animated Series **8.30-9.25am** The Rubbish World of Dave Spud: Animated adventure series.

MONDAY-THURSDAY
6.00am Super 4 **6.25** ToonMarty **6.50** Ben 10 **7.20** Gormiti 3D: The Herald of Gorm **7.45** Buck & Buddy **7.50** Mr Magoo **8.25** Scrambled! Bites **8.30** Be Cool, Scooby-Doo! **9.25** Mr Bean: The Animated Series **10.30** Mighty Mike **11.00** Hotel Transylvania: Animated adventures. **11.40** Dare Master **11.45** LEGO Jurassic World: The Legend of Isla Nublar **12.10pm** Thunderbirds Are Go **12.35** Nicky, Ricky, Dicky & Dawn **1.00** Scrambled! Bites **1.05** Hunter Street **1.30** NinjaGo: Sons of Garmadon: Four ninja warriors battle dark Lord Garmadon. **1.55** The Rubbish World of Dave Spud **2.30** Mr Magoo **3.00** Mr Bean: The Animated Series **4.10** Be Cool, Scooby-Doo! **5.00** Nicky, Ricky, Dicky & Dawn **5.30** Scrambled! Bites **5.35** Hunter Street **6.05** Ben 10 **6.35** Robozuna: Children's sci-fi fantasy series. **7.05** LEGO Jurassic World: The Legend of Isla Nublar **7.30** Buck & Buddy **7.35** The Rubbish World of Dave Spud **8.00** Drop Dead Weird **8.55-9.00pm** Dare Master

FRIDAY As Monday except:
11.45-12.10pm Kung Fu Panda: The Paws of Destiny: Cartoon adventures. **1.30-1.55** NinjaGo: Hunted **7.05-7.30pm** Kung Fu Panda: The Paws of Destiny

NICK JR

615 648 | 715 | 484

SATURDAY & SUNDAY
6.00am Ben and Holly's Little Kingdom **6.30** Peppa Pig **8.00** Paw Patrol **8.30** Blaze and the Monster Machines **9.00** Ryan's Mystery Playdate **9.30** Paw Patrol: Animated adventure following a squad of six heroic puppies and their tech-savvy 10-year-old leader as they protect the community of Adventure Bay. **11.30** The Adventures of Paddington **12.00noon** Ben and Holly's Little Kingdom **12.30pm** Peppa Pig **1.15** Calvin & Kaison's Play Power **1.30** Paw Patrol **3.30** Peppa Pig **4.30** The Adventures of Paddington **5.00** Blue's Clues & You **5.30** Paw Patrol **6.30** Peppa Pig **8.00** The Adventures of Paddington **8.30** Paw Patrol **9.00** Peppa Pig **12.00m't** Nella the Princess Knight **1.00am** Bubble Guppies **1.30** Team Umizoomi **2.00** Dora the Explorer: Adventurous escapades with the diminutive heroine. **2.30** Paw Patrol **4.00** Rusty Rivets **5.00-6.00am** Paw Patrol

MONDAY & TUESDAY
6.00am Paw Patrol **7.00** Ready Set Dance **7.15** Peppa Pig **7.30** The Adventures of Paddington New episode **8.00** Paw Patrol **8.30** Blue's Clues & You **9.00** Blaze and the Monster Machines **9.30** Ryan's Mystery Playdate **10.00** Paw Patrol **10.30** Peppa Pig **11.00** The Adventures of Paddington **11.30** Butterbean's Cafe **12.00noon** Ben and Holly's Little Kingdom: Animation. **12.30pm** Peppa Pig **3.30** Ricky Zoom **4.00** Ready Set Dance **4.15** Peppa Pig **4.30** The Adventures of Paddington **5.00** Paw Patrol **5.30** Blue's Clues & You **6.00** Blaze and the Monster Machines **6.30** Peppa Pig **7.30** Butterbean's Cafe **8.00** Paw Patrol **12.00m't** Nella the Princess Knight **1.00am** Bubble Guppies **1.30** Team Umizoomi: Milli, Geo and Bot entertain and educate younger viewers. **2.00** Dora the Explorer **2.30** Paw Patrol **4.00** Butterbean's Cafe **4.30** Rusty Rivets **5.00-6.00am** Paw Patrol

WEDNESDAY As Monday except:
4.00am Rusty Rivets: Cartoon adventures. **4.30-5.00am** Butterbean's Cafe

THURSDAY As Monday except:
4.00-4.30am Ryan's Mystery Playdate

FRIDAY As Monday except:
11.30pm Paw Patrol: Mighty Pups **11.45pm-12.00m't** Paw Patrol **4.00am** Rusty Rivets **4.30-5.00am** Butterbean's Cafe

+1 hour 628

Highlights

Endlings

Mon, CBBC HD, 5pm
In a futuristic Canadian drama, an alien collecting the last creatures of their species crash-lands on a farm and is helped by four foster children.

Horrible Histories

Mon, CBBC HD, 5.25pm
A compilation show of *Fantastic Firsts*, featuring King Tut's intact tomb, a visit to the Library of Alexandria and the evolution of the Olympic Games.

Coming soon

FIRST LOOK

Ray Panthaki and Hilary Swank star

Away

Hilary Swank plays a troubled astronaut in a moving drama

Check out this first exciting shot from Hilary Swank's powerful new space drama *Away*, available on Netflix from Friday 4 September.

The 10-part series, executive-produced by *Friday Night Lights* creator Jason Katims, sees Swank as spirited US astronaut and former Navy pilot Emma Green, who has to leave her family behind for three years to lead an international space crew making the first mission to Mars.

But Emma's decision to take part in the highly complex project sits heavily on her because her husband Matt Logan (Josh Charles), a NASA engineer working on the mission on the ground, faces a huge crisis as he raises their teenage daughter Lex (Talitha Bateman) alone.

Meanwhile, during their increasingly challenging journey to Mars, the rest of Emma's crew also have problems of their own as they struggle to deal with being thrown together.

While Indian fighter pilot Ram Arya (Ray Panthaki), Emma's right-hand man and the crew's medic, is alone in the world, egotistical Russian engineer Misha Popov (Mark Ivanir) contemplates what he has left behind, religious British-Ghanaian botanist Kwesi Weisberg-Adebayo (Ato Essandoh) wants to cultivate life on Mars and Chinese chemist Lu Wang (Vivian Wu) has issues in her personal life.

'We are so excited for this adventure in space,' explains showrunner Jessica Goldberg, who has co-created the drama with Andrew Hinderaker.

WHAT'S NEXT FOR...

Dominic West

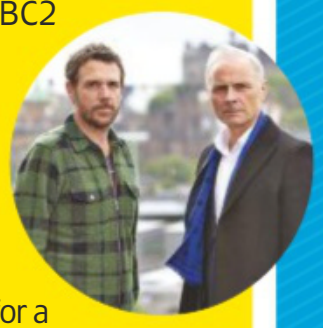
The actor is in talks to star alongside Damian Lewis in BritBox's adaptation of Ben Macintyre's Cold War book **A Spy Among Friends**, about double agent Kim Philby and his MI6 colleague Nicholas Elliott.

Harry Hill

In BBC2's **Harry Hill's World of TV**, the big-collared comic will take a fun look through the archives to uncover classic clips and send up various small-screen genres from cop dramas to cookery shows.

Coming Back

Darkly comic BBC2 thriller **Guilt,** following brothers (Jamie Sives and Mark Bonnar) who accidentally kill a man, is back for a second series in 2021. 'It's going to be a corker,' says executive producer Neil Webster.



Netflix comedy **Dead to Me**, starring Christina Applegate and Linda Cardellini as women who meet at a grief group, will return for a third and final series. 'This was the best way to tie up the story,' says Applegate.

Next week *On sale Tuesday 28 July*

Barkskins

The National Geographic drama follows the turbulent lives of settlers in 17th-century Canada.

Squeamish About...

In BBC2's offbeat comedy, Matt Berry takes on the comic persona of 'historian' Michael Squeamish.

Semi-Detached

Lee Mack returns in this BBC2 comedy about the misadventures of a rather colourful family.

Little Birds

Sky Atlantic's 1950s-set drama sees Juno Temple as a young American living in Morocco.

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